



Participant ID

Variable # 1

Usage Notes: none

Sas Name: ID

Categories: Study: Administration

Sas Label: Participant ID

F145 Days since enrollment

Variable # 2

Usage Notes: none

Sas Name: F145DAYS

Categories: Study: Administration

Sas Label: F145 Days since enrollment

N	Min	Max	Mean	Std Dev
82414	1022	2974	1820.8628	51.61164

F145 Current weight lbs

What is your current weight?

Variable # 3

Usage Notes: none

Sas Name: WTCUR_5

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Sas Label: Current weight lbs

N	Min	Max	Mean	Std Dev
80337	66	420	154.64476	33.12632

F145 Highest weight in past year (lbs)

In the past year, what was your highest weight?

Variable # 4

Usage Notes: none

Sas Name: WTMAX_5

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Sas Label: Highest weight in past year

N	Min	Max	Mean	Std Dev
79821	68	435	159.68496	34.94435

F145 Lowest weight in past year (lbs)

In the past year, what was your lowest weight?

Variable # 5

Usage Notes: none

Sas Name: WTMIN_5

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Sas Label: Lowest weight in past year

N	Min	Max	Mean	Std Dev
79563	66	434	150.72613	32.14709

**F145 Walk more than 10 minutes**

Think about the walking you do outside the home. How often do you walk outside the home for more than 10 minutes without stopping? (Mark only one.)

Variable # 6

Usage Notes: none

Sas Name: WALKSWK_5

Categories: Physical Activity

Sas Label: Walk more than 10 minutes

Values		N	%
0	Rarely or never	15,570	18.9%
1	1-3 times each month	12,350	15.0%
2	1 time each week	8,519	10.3%
3	2-3 times each week	22,304	27.1%
4	4-6 times each week	17,013	20.6%
5	7 or more times each week	5,956	7.2%
.	Missing	702	0.9%
		82,414	

F145 How many minutes walking

When you walk outside the home for more than 10 minutes without stopping, for how many minutes do you usually walk?

Variable # 7

Usage Notes: Sub-question of F145 V1 Q4 "Walk more than 10 minutes".

Sas Name: MINSWALK_5

Categories: Physical Activity

Sas Label: How many minutes walking

Values		N	%
1	Less than 20 min	19,182	23.3%
2	20-39 min	31,149	37.8%
3	40-59 min	10,758	13.1%
4	1 hour or more	4,357	5.3%
.	Missing	16,968	20.6%
		82,414	

F145 Usual walking speed

What is your usual speed?

Variable # 8

Usage Notes: Sub-question of F145 V1 Q4 "Walk more than 10 minutes".

Sas Name: WALKSPD_5

Categories: Physical Activity

Sas Label: Usual walking speed

Values		N	%
2	Casual strolling	14,014	17.0%
3	Average or normal	33,308	40.4%
4	Fairly fast	14,768	17.9%
5	Very fast	644	0.8%
9	Don't know	2,772	3.4%
.	Missing	16,908	20.5%
		82,414	



F145 Strenuous exercise

STRENUOUS OR VERY HARD EXERCISE (You work up a sweat and your heart beats fast). For example, aerobics, aerobic dancing, jogging, tennis, swimming laps.

Variable # 9

Usage Notes: none

Sas Name: HDEXFREQ_5

Categories: Physical Activity

Sas Label: Strenuous exercise

Values		N	%
0	None	56,131	68.1%
1	1 day per week	5,425	6.6%
2	2 days per week	6,707	8.1%
3	3 days per week	7,397	9.0%
4	4 days per week	2,248	2.7%
5	5 or more days per week	2,603	3.2%
.	Missing	1,903	2.3%
		82,414	

F145 Strenuous/how long

How long do usually exercise like this at one time?

Variable # 10

Usage Notes: Sub-question of F145 V1 Q5.1 "Strenuous exercise".

Sas Name: HARDMINS_5

Categories: Physical Activity

Sas Label: Strenuous/how long

Values		N	%
1	Less than 20 min	4,396	5.3%
2	20-39 min	8,258	10.0%
3	40-59 min	5,807	7.0%
4	1 hour or more	5,429	6.6%
.	Missing	58,524	71.0%
		82,414	

F145 Moderate exercise

MODERATE EXERCISE (Not exhausting). For example, biking outdoors, use of an exercise machine (like a stationary bike or treadmill), calisthenics, easy swimming, popular and folk dancing.

Variable # 11

Usage Notes: none

Sas Name: MDEXFREQ_5

Categories: Physical Activity

Sas Label: Moderate exercise

Values		N	%
0	None	41,411	50.2%
1	1 day per week	8,635	10.5%
2	2 days per week	10,113	12.3%
3	3 days per week	11,169	13.6%
4	4 days per week	3,622	4.4%
5	5 or more days per week	5,563	6.8%
.	Missing	1,901	2.3%
		82,414	



F145 Moderate/how long

How long do usually exercise like this at one time?

Variable # 12

Sas Name: MODMINS_5

Sas Label: Moderate/how long

Usage Notes: Sub-question of F145 V1 Q5.3 "Moderate exercise".

Categories: Physical Activity

Values		N	%
1	Less than 20 min	9,635	11.7%
2	20-39 min	16,994	20.6%
3	40-59 min	6,652	8.1%
4	1 hour or more	4,667	5.7%
.	Missing	44,466	54.0%
		82,414	

F145 Mild exercise

MILD EXERCISE. For example, slow dancing, bowling, golf.

Variable # 13

Sas Name: MLEXFREQ_5

Sas Label: Mild exercise

Usage Notes: none

Categories: Physical Activity

Values		N	%
0	None	52,107	63.2%
1	1 day per week	9,728	11.8%
2	2 days per week	6,708	8.1%
3	3 days per week	4,789	5.8%
4	4 days per week	1,708	2.1%
5	5 or more days per week	3,608	4.4%
.	Missing	3,766	4.6%
		82,414	

F145 Mild/how long

How long do usually exercise like this at one time?

Variable # 14

Sas Name: MILDMINS_5

Sas Label: Mild/how long

Usage Notes: Sub-question of F145 V1 Q5.5 "Mild exercise".

Categories: Physical Activity

Values		N	%
1	Less than 20 min	6,950	8.4%
2	20-39 min	7,382	9.0%
3	40-59 min	2,755	3.3%
4	1 hour or more	8,354	10.1%
.	Missing	56,973	69.1%
		82,414	



F145 Smoke cigarettes now

Do you smoke cigarettes now?

Variable # 15

Usage Notes: none

Sas Name: SMOKENW_5

Categories: Lifestyle: Smoking

Sas Label: Smoke cigarettes now

Values		N	%
0	No	78,412	95.1%
1	Yes	3,386	4.1%
.	Missing	616	0.7%
		82,414	

F145 Cigarettes per day

How many cigarettes do you usually smoke each day? (Mark one.)

Variable # 16

Usage Notes: Sub-question of F145 V1 Q6 "Smoke cigarettes now".

Sas Name: CIGSDAY_5

Categories: Lifestyle: Smoking

Sas Label: Cigarettes per day

Values		N	%
1	Less than 5	726	0.9%
2	5-14	1,324	1.6%
3	15-24	967	1.2%
4	25-34	231	0.3%
5	35-44	95	0.1%
6	45 or more	31	0.0%
.	Missing	79,040	95.9%
		82,414	

F145 Sit in front of computer screen

In the past four years, did you ever sit in front of a computer screen within three feet with the power turned "on" (for example, when writing letters)?

Variable # 17

Usage Notes: none

Sas Name: COMPUTER_5

Categories: Lifestyle

Sas Label: Sit in front of computer screen

Values		N	%
0	No	28,645	34.8%
1	Yes	52,466	63.7%
.	Missing	1,303	1.6%
		82,414	



F145 Days each week computer screen

In the past four years, what was the average number of days each week that you sat in front of a computer screen with the power turned "on"? (Mark one.)

Variable # 18

Usage Notes: Sub-question of F145 V1 Q7 "Computer screen".

Sas Name: COMPDYWK_5

Categories: Lifestyle

Sas Label: Days each week computer screen

Values		N	%
0	Less than 1 day each week	9,312	11.3%
1	1 day each week	3,030	3.7%
2	2 days each week	3,909	4.7%
3	3 days each week	5,595	6.8%
4	4 days each week	5,786	7.0%
5	5 or more days each week	24,741	30.0%
.	Missing	30,041	36.5%
		82,414	

F145 Hours per day computer screen

On the days that you used a computer, what was the average number of hours that you sat in front of a computer screen with the power turned "on"? (Mark one.)

Variable # 19

Usage Notes: Sub-question of F145 V1 Q7 "Computer screen".
Sub-question of F145 V1 Q7.1 "Days each week computer screen".

Sas Name: COMPHRDY_5

Categories: Lifestyle

Sas Label: Hours per day computer screen

Values		N	%
1	Less than 1 hour each day	12,318	14.9%
2	1-3 hours each day	19,885	24.1%
3	4-6 hours each day	6,647	8.1%
4	7 or more hours each day	4,084	5.0%
.	Missing	39,480	47.9%
		82,414	

F145 I feel peaceful

I feel peaceful.

Variable # 20

Usage Notes: none

Sas Name: PEACEFUL_5

Categories: Psychosocial/Behavioral

Sas Label: I feel peaceful

Values		N	%
0	Not at all	2,200	2.7%
1	A little bit	5,948	7.2%
2	Somewhat	21,156	25.7%
3	Quite a bit	32,967	40.0%
4	Very much	18,582	22.5%
.	Missing	1,561	1.9%
		82,414	



F145 I have a reason for living

I have a reason for living.

Variable # 21

Usage Notes: none

Sas Name: REASLIVG_5

Categories: Psychosocial/Behavioral

Sas Label: I have a reason for living

Values		N	%
0	Not at all	503	0.6%
1	A little bit	1,744	2.1%
2	Somewhat	6,471	7.9%
3	Quite a bit	18,488	22.4%
4	Very much	53,805	65.3%
.	Missing	1,403	1.7%
		82,414	

F145 I feel purpose in my life

I feel a sense of purpose in my life.

Variable # 22

Usage Notes: none

Sas Name: SENSPURP_5

Categories: Psychosocial/Behavioral

Sas Label: I feel purpose in my life

Values		N	%
0	Not at all	1,186	1.4%
1	A little bit	3,287	4.0%
2	Somewhat	12,511	15.2%
3	Quite a bit	24,816	30.1%
4	Very much	38,704	47.0%
.	Missing	1,910	2.3%
		82,414	

F145 Able to reach down for comfort

I am able to reach down deep into myself for comfort

Variable # 23

Usage Notes: none

Sas Name: DOWNDEEP_5

Categories: Psychosocial/Behavioral

Sas Label: Able to reach down for comfort

Values		N	%
0	Not at all	1,979	2.4%
1	A little bit	5,318	6.5%
2	Somewhat	17,467	21.2%
3	Quite a bit	31,209	37.9%
4	Very much	24,474	29.7%
.	Missing	1,967	2.4%
		82,414	



F145 Sense of harmony

I feel a sense of harmony within myself.

Variable # 24

Usage Notes: none

Sas Name: HARMONY_5

Categories: Psychosocial/Behavioral

Sas Label: Sense of harmony

Values		N	%
0	Not at all	1,938	2.4%
1	A little bit	5,418	6.6%
2	Somewhat	17,765	21.6%
3	Quite a bit	30,835	37.4%
4	Very much	24,290	29.5%
.	Missing	2,168	2.6%
		82,414	

F145 Comfort in my faith

I find a comfort in my faith.

Variable # 25

Usage Notes: none

Sas Name: COMFAITH_5

Categories: Psychosocial/Behavioral

Sas Label: Comfort in my faith

Values		N	%
0	Not at all	7,448	9.0%
1	A little bit	5,921	7.2%
2	Somewhat	10,962	13.3%
3	Quite a bit	17,921	21.7%
4	Very much	38,163	46.3%
.	Missing	1,999	2.4%
		82,414	

F145 Strength in my faith

I find strength in my faith.

Variable # 26

Usage Notes: none

Sas Name: STRFAITH_5

Categories: Psychosocial/Behavioral

Sas Label: Strength in my faith

Values		N	%
0	Not at all	8,187	9.9%
1	A little bit	6,375	7.7%
2	Somewhat	10,870	13.2%
3	Quite a bit	16,832	20.4%
4	Very much	38,079	46.2%
.	Missing	2,071	2.5%
		82,414	



F145 Attend regular religious services

In the past year, how often did you attend regular religious services?

Variable # 27

Usage Notes: none

Sas Name: RELGSERV_5

Categories: Psychosocial/Behavioral

Sas Label: Attend regular religious services

Values		N	%
0	Never attended	16,396	19.9%
1	Watched/listened onTV or radio	2,747	3.3%
2	A few times per year	14,346	17.4%
3	A few times per month	6,500	7.9%
4	About once a week	26,486	32.1%
5	More than once a week	15,234	18.5%
.	Missing	705	0.9%
		82,414	

F145 Time in private religious activities

In the past year, how often did you spend time in private religious activities such as prayer, meditation, bible reading, or reading religious literature?

Variable # 28

Usage Notes: none

Sas Name: RELGPRIV_5

Categories: Psychosocial/Behavioral

Sas Label: Time in private religious activiti

Values		N	%
0	Never	13,819	16.8%
1	A few times per year	9,903	12.0%
2	A few times per month	6,667	8.1%
3	About once per week	5,358	6.5%
4	A few times per week	14,757	17.9%
5	Every day	31,155	37.8%
.	Missing	755	0.9%
		82,414	

F145 Alternative medical treatments

In the past year, have you used a non-traditional or alternative medicine treatment or technique, such as herbal remedies, mental imagery, spiritual healing, acupuncture, or homeopathy?

Variable # 29

Usage Notes: none

Sas Name: NONTRDMD_5

Categories: Medications: Alternative

Sas Label: Alternative medical treatments

Values		N	%
0	No	55,327	67.1%
1	Yes	25,025	30.4%
9	Don't know	1,356	1.6%
.	Missing	706	0.9%
		82,414	



F145 Condition of mouth and teeth

How would you describe the condition of your mouth and teeth?

Variable # 30

Usage Notes: none

Sas Name: TEETHCND_5

Categories: Health Care: Dental

Sas Label: Condition of mouth and teeth

Values		N	%
1	Poor	2,202	2.7%
2	Fair	10,587	12.8%
3	Good	26,608	32.3%
4	Very good	29,329	35.6%
5	Excellent	13,191	16.0%
.	Missing	497	0.6%
		82,414	

F145 Mouth feel dry when eat

Does your mouth feel dry when you eat a meal?

Variable # 31

Usage Notes: none

Sas Name: DRYMOUTH_5

Categories: Health Care: Dental

Sas Label: Mouth feel dry when eat

Values		N	%
0	No	76,563	92.9%
1	Yes	5,254	6.4%
.	Missing	597	0.7%
		82,414	

F145 Limited food problems with teeth or dentures

How often have you limited the kinds or amounts of food you eat because of problems with your teeth or dentures?

Variable # 32

Usage Notes: none

Sas Name: TEETHPRB_5

Categories: Health Care: Dental

Sas Label: Limited food/problems teeth or dentures

Values		N	%
0	Never	51,270	62.2%
1	Seldom	20,481	24.9%
2	Sometimes	8,022	9.7%
3	Often	1,724	2.1%
4	Always	483	0.6%
.	Missing	434	0.5%
		82,414	



F145 Routine dental check-ups

During the past 3 years, how often have you gone to the dentist or dental hygienist for routine check-ups or cleanings?

Variable # 33

Usage Notes: none

Sas Name: VISITDNT_5

Categories: Health Care: Dental

Sas Label: Routine dental check-ups

Values		N	%
0	I have not gone in past three years	5,262	6.4%
1	2 or more times per year	55,535	67.4%
2	Once per year	12,285	14.9%
3	Less than once per year	2,350	2.9%
4	Whenever needed	6,493	7.9%
.	Missing	489	0.6%
		82,414	

F145 Periodontal or gum disease

Has a dentist or dental hygienist ever told you that you had periodontal or gum disease?

Variable # 34

Usage Notes: none

Sas Name: GUMDIS_5

Categories: Health Care: Dental

Sas Label: Periodontal or gum disease

Values		N	%
0	No	60,363	73.2%
1	Yes	21,440	26.0%
.	Missing	611	0.7%
		82,414	

F145 Lost all permanent teeth

Have you lost ALL of your permanent teeth, both upper and lower?

Variable # 35

Usage Notes: none

Sas Name: NOTEETH_5

Categories: Health Care: Dental

Sas Label: Lost all permanent teeth

Values		N	%
0	No	76,064	92.3%
1	Yes	5,927	7.2%
.	Missing	423	0.5%
		82,414	



F145 Natural hormones in past year

In the past year, did you use any natural hormones that you can get without a doctor's prescription? These are usually made from plants and often obtained from health food stores or by mail order. They may be in the form of a pill, vaginal cream or suppository, or skin cream.

Variable # 36

Usage Notes: none

Sas Name: NATHOR_5

Categories: Medical History: Reproductive
Reproductive: Hormones

Sas Label: Natural hormones in past year

Values		N	%
0	No	75,219	91.3%
1	Yes	5,732	7.0%
9	Don't know	817	1.0%
.	Missing	646	0.8%
		82,414	

F145 Natural/wild yam or prog cream

Wild yam or progesterone creams

Variable # 37

Usage Notes: Sub-question of F145 V1 Q17 "Natural hormones in past year".

Sas Name: YAMCRM_5

Categories: Medical History: Reproductive
Reproductive: Hormones

Sas Label: Natural/wild yam or prog cream

Values		N	%
0	No	4,433	5.4%
1	Yes	1,260	1.5%
.	Missing	76,721	93.1%
		82,414	

F145 Natural/wild yam pills

Wild yam pills

Variable # 38

Usage Notes: Sub-question of F145 V1 Q17 "Natural hormones in past year".

Sas Name: YAMPLS_5

Categories: Medical History: Reproductive
Reproductive: Hormones

Sas Label: Natural/wild yam pills

Values		N	%
0	No	5,472	6.6%
1	Yes	221	0.3%
.	Missing	76,721	93.1%
		82,414	

F145 Natural/Progest suppositories

Progesterone suppositories

Variable # 39

Usage Notes: Sub-question of F145 V1 Q17 "Natural hormones in past year".

Sas Name: PRGSUP_5

Categories: Medical History: Reproductive
Reproductive: Hormones

Sas Label: Natural/Progest suppositories

Values		N	%
0	No	5,670	6.9%
1	Yes	23	0.0%
.	Missing	76,721	93.1%
		82,414	



F145 Natural/DHEA pills

DHEA (dehydroepiandrosterone pills)

Variable # 40

Sas Name: DHEAPL_5

Sas Label: Natural/DHEA pills

Usage Notes: Sub-question of F145 V1 Q17 "Natural hormones in past year".

Categories: Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	5,021	6.1%
1	Yes	672	0.8%
.	Missing	76,721	93.1%
		82,414	

F145 Natural/Phytoestrogen pills

Phytoestrogen pills (soy or flax)

Variable # 41

Sas Name: PHYPLS_5

Sas Label: Natural/Phytoestrogen pills

Usage Notes: Sub-question of F145 V1 Q17 "Natural hormones in past year".

Categories: Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	4,377	5.3%
1	Yes	1,316	1.6%
.	Missing	76,721	93.1%
		82,414	

F145 Natural/Phytoestrogen creams

Phytoestrogen creams (soy or flax)

Variable # 42

Sas Name: PHYCRM_5

Sas Label: Natural/Phytoestrogen creams

Usage Notes: Sub-question of F145 V1 Q17 "Natural hormones in past year".

Categories: Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	5,456	6.6%
1	Yes	237	0.3%
.	Missing	76,721	93.1%
		82,414	

F145 Natural/Phytoestrogen foods

Phytoestrogen containing foods (tofu, soybeans)

Variable # 43

Sas Name: PHYFDS_5

Sas Label: Natural/Phytoestrogen foods

Usage Notes: Sub-question of F145 V1 Q17 "Natural hormones in past year".

Categories: Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	2,890	3.5%
1	Yes	2,803	3.4%
.	Missing	76,721	93.1%
		82,414	



F145 Natural/Other

Other

Variable # 44

Sas Name: NTOTHR_5

Sas Label: Natural/Other

Usage Notes: Sub-question of F145 V1 Q17 "Natural hormones in past year".

Categories: Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	4,561	5.5%
1	Yes	1,132	1.4%
.	Missing	76,721	93.1%
		82,414	

F145 Natural/Don't know

Don't know

Variable # 45

Sas Name: NTDNTK_5

Sas Label: Natural/Don't know

Usage Notes: Sub-question of F145 V1 Q17 "Natural hormones in past year".

Categories: Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	5,480	6.6%
1	Yes	213	0.3%
.	Missing	76,721	93.1%
		82,414	

F145 Used female hormones/past year

In the past year, did you use female hormones (ESTROGEN or PROGESTERONE) that were prescribed by a doctor? (This may have been in the form of a pill, skin patch, shot, or vaginal cream or suppository.)

Variable # 46

Sas Name: HRPST1YR_5

Sas Label: Used female hormones/past year

Usage Notes: none

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	41,265	50.1%
1	Yes	40,075	48.6%
9	Don't know	440	0.5%
.	Missing	634	0.8%
		82,414	



F145 Combined estr/progest pills

In the past year, did you use female hormone PILLS prescribed by a doctor which contained both ESTROGEN and progestin (PROGESTERONE) COMBINED in the same pill or package (for example, Prempro, Premphase)? (Do not include use of two separate estrogen and progestin pills used at the same time.)

Variable # 47

Sas Name: EPPL_5

Sas Label: Combined estr/progest pills

Values		N	%
0	No	29,930	36.3%
1	Yes	8,581	10.4%
9	Don't know	1,281	1.6%
.	Missing	42,622	51.7%
		82,414	

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F145 Months used estr/progest pills

In the past year, how many months did you use COMBINED female hormone PILLS which contained both ESTROGEN and PROGESTIN?

Variable # 48

Sas Name: EPDUR_5

Sas Label: Months used estr/progest pills

Values		N	%
1	Less than 1 month	244	0.3%
2	1-6 months	1,447	1.8%
3	7-10 months	932	1.1%
4	11-12 months	5,885	7.1%
.	Missing	73,906	89.7%
		82,414	

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".
Sub-question of F145 V1 Q19 "Combined estr/progest pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F145 Combined estr/testost pills

In the past year, did you use female hormone PILLS prescribed by a doctor which contained both ESTROGEN and TESTOSTERONE COMBINED in the same pill (for example, Estratest)?

Variable # 49

Sas Name: ETPL_5

Sas Label: Combined estr/testost pills

Values		N	%
0	No	36,501	44.3%
1	Yes	1,540	1.9%
9	Don't know	1,476	1.8%
.	Missing	42,897	52.1%
		82,414	

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones



F145 Months used estr/testost pills

In the past year, how many months did you use COMBINED female hormone PILLS which contained both ESTROGEN and TESTOSTERONE?

Variable # 50

Sas Name: ETDUR_5

Sas Label: Months used estr/testost pills

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".
Sub-question of F145 V1 Q20 "Combined estr/testost pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	Less than 1 month	101	0.1%
2	1-6 months	300	0.4%
3	7-10 months	160	0.2%
4	11-12 months	948	1.2%
.	Missing	80,905	98.2%
		82,414	

F145 Estr/testost pill used longest

In the past year, what type of COMBINED ESTROGEN and TESTOSTERONE pill did you use the longest?

Variable # 51

Sas Name: ETTYPE_5

Sas Label: Estr/testost pill used longest

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".
Sub-question of F145 V1 Q20 "Combined estr/testost pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	Estratest	623	0.8%
2	Estratest HS	469	0.6%
8	Other	378	0.5%
.	Missing	80,944	98.2%
		82,414	

F145 Used estrogen pills

In the past year, did you use ESTROGEN PILLS which were prescribed by a doctor (for example, Premarin, Estrace, Ogen)? (Do not include the combined pill of estrogen progestin or the combined pill of estrogen and testosterone.)

Variable # 52

Sas Name: EPL_5

Sas Label: Used estrogen pills

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	13,090	15.9%
1	Yes	26,194	31.8%
9	Don't know	377	0.5%
.	Missing	42,753	51.9%
		82,414	

**F145 Months used estrogen pills**

In the past year, how many months did you use ESTROGEN PILLS?

Variable # 53**Sas Name:** EPLDUR_5**Sas Label:** Months used estrogen pills

Values		N	%
1	Less than 1 month	227	0.3%
2	1-6 months	2,135	2.6%
3	7-10 months	1,772	2.2%
4	11-12 months	21,878	26.5%
.	Missing	56,402	68.4%
		82,414	

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".
Sub-question of F145 V1 Q21 "Used estrogen pills".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F145 Estrogen pills days per month**

In the past year, when you were using ESTROGEN pills, what was the average number of days each month you used the pills?

Variable # 54**Sas Name:** EPLDAYS_5**Sas Label:** Estrogen pills days per month

Values		N	%
0	Less than 1 day	71	0.1%
1	1-7 days	356	0.4%
2	8-14 days	452	0.5%
3	15-21 days	1,889	2.3%
4	22-27 days	3,386	4.1%
5	28 or more days	19,880	24.1%
.	Missing	56,380	68.4%
		82,414	

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".
Sub-question of F145 V1 Q21 "Used estrogen pills".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F145 Estrogen pills used longest**

In the past year, what type of ESTROGEN pills did you use the longest?

Variable # 55**Sas Name:** EPLTYPE_5**Sas Label:** Estrogen pills used longest

Values		N	%
1	Premarin or conjugated equine estrogens	19,999	24.3%
2	Estrace	2,894	3.5%
3	Ogen	1,049	1.3%
8	Other	1,730	2.1%
9	Don't know	363	0.4%
.	Missing	56,379	68.4%
		82,414	

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".
Sub-question of F145 V1 Q21 "Used estrogen pills".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

**F145 Estrogen pill dose per day**

What dose did you usually take each day? (Mark one. If you regularly take more than one dose, mark the lowest dose.)

Variable # 56

Sas Name: EPLDOSE_5

Sas Label: Estrogen pill dose per day

Values		N	%
1	0.3 mg	3,230	3.9%
2	0.625 mg	15,906	19.3%
3	0.9 mg	850	1.0%
4	1 mg	2,001	2.4%
5	1.25 mg	1,465	1.8%
6	2 mg	335	0.4%
7	2.5 mg	350	0.4%
8	Other	813	1.0%
9	Don't know	835	1.0%
.	Missing	56,629	68.7%
		82,414	

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".
Sub-question of F145 V1 Q21 "Used estrogen pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F145 Took estrogen shots

In the past year, did you take shots containing the hormone ESTROGEN?

Variable # 57

Sas Name: ESHT_5

Sas Label: Took estrogen shots

Values		N	%
0	No	39,517	47.9%
1	Yes	163	0.2%
9	Don't know	60	0.1%
.	Missing	42,674	51.8%
		82,414	

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F145 Months took estrogen shots

In the past year, how many months did you take the shots? (Count each shot as one month.)

Variable # 58

Sas Name: ESHTDUR_5

Sas Label: Months took estrogen shots

Values		N	%
1	Less than 1 month	15	0.0%
2	1-6 months	42	0.1%
3	7-10 months	17	0.0%
4	11-12 months	86	0.1%
.	Missing	82,254	99.8%
		82,414	

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".
Sub-question of F145 V1 Q22 "Took estrogen shots".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

**F145 Used estrogen vaginally**

In the past year, did you use a vaginal cream or suppository containing ESTROGEN which was prescribed by a doctor?

Variable # 59

Sas Name: ECRM_5

Sas Label: Used estrogen vaginally

Values		N	%
0	No	33,637	40.8%
1	Yes	6,088	7.4%
9	Don't know	103	0.1%
.	Missing	42,586	51.7%
		82,414	

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F145 Months used vaginal estrogen

In the past year, how many months did you use the vaginal cream or suppository?

Variable # 60

Sas Name: ECRMDUR_5

Sas Label: Months used vaginal estrogen

Values		N	%
1	Less than 1 month	1,651	2.0%
2	1-6 months	1,739	2.1%
3	7-10 months	582	0.7%
4	11-12 months	2,084	2.5%
.	Missing	76,358	92.7%
		82,414	

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".
Sub-question of F145 V1 Q23 "Used estrogen vaginally".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F145 Used estrogen skin patch

In the past year, did you use a SKIN PATCH containing the hormone ESTROGEN with or without PROGESTOERONE (for example, Estraderm, Climara, Vivelle)?

Variable # 61

Sas Name: EPCH_5

Sas Label: Used estrogen skin patch

Values		N	%
0	No	36,996	44.9%
1	Yes	2,664	3.2%
9	Don't know	41	0.0%
.	Missing	42,713	51.8%
		82,414	

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".

On forms 146-148 this variable reflects non-combination estrogen use only.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones



F145 Months used skin patch

In the past year, how many months did you use the patch?

Variable # 62

Sas Name: EPCHDUR_5

Sas Label: Months used skin patch

Values		N	%
1	Less than 1 month	131	0.2%
2	1-6 months	405	0.5%
3	7-10 months	241	0.3%
4	11-12 months	1,880	2.3%
.	Missing	79,757	96.8%
		82,414	

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".
Sub-question of F145 V1 Q24 "Used estrogen skin patch".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F145 Skin patch used longest

In the past year, what type of patch did you use the longest?

Variable # 63

Sas Name: EPCHTYPE_5

Sas Label: Skin patch used longest

Values		N	%
1	Estrogen	2,362	2.9%
2	Estrogen plus progesterone	177	0.2%
8	Other	48	0.1%
9	Don't know	61	0.1%
.	Missing	79,766	96.8%
		82,414	

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".
Sub-question of F145 V1 Q24 "Used estrogen skin patch".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F145 Skin patch dose

What dose of ESTROGEN was in the skin patch you usually used?

Variable # 64

Sas Name: EPCHDOSE_5

Sas Label: Skin patch dose

Values		N	%
1	0.05 mg	1,809	2.2%
2	0.1 mg	455	0.6%
8	Other	213	0.3%
9	Don't know	154	0.2%
.	Missing	79,783	96.8%
		82,414	

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".
Sub-question of F145 V1 Q24 "Used estrogen skin patch".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones



F145 Skin patch changed per week

What was the average number of times each week that you changed your skin patch?

Variable # 65

Sas Name: EPCHCHNG_5

Sas Label: Skin patch changed per week

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".
Sub-question of F145 V1 Q24 "Used estrogen skin patch".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	Less than once each week	244	0.3%
2	1-2 times each week	2,354	2.9%
3	3-4 times each week	40	0.0%
4	5 or more times each week	4	0.0%
.	Missing	79,772	96.8%
		82,414	

F145 Used progesterone pills

In the past year, did you use the female hormone PILL called PROGESTERONE or progestin (for example, Provera, Cycrin, Aman, Megace)? (Do not included the combined pill of estrogen and progestin.)

Variable # 66

Sas Name: PPL_5

Sas Label: Used progesterone pills

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	31,329	38.0%
1	Yes	7,729	9.4%
9	Don't know	402	0.5%
.	Missing	42,954	52.1%
		82,414	

F145 Months used progest pills

In the past year, how many months did you use PROGESTERONE or progestin pills?

Variable # 67

Sas Name: PPLDUR_5

Sas Label: Months used progest pills

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".
Sub-question of F145 V1 Q25 "Used progesterone pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	Less than 1 month	113	0.1%
2	1-6 months	1,187	1.4%
3	7-10 months	775	0.9%
4	11-12 months	5,549	6.7%
.	Missing	74,790	90.7%
		82,414	



F145 Progest pills days per month

In the past year, when you were using PROGESTERONE or progestin pills, what was the average number of days each month you used the pills?

Variable # 68

Sas Name: PPLDAY_5

Sas Label: Progest pills days per month

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".
Sub-question of F145 V1 Q25 "Used progesterone pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	Less than 1 day	26	0.0%
2	1-9 days	351	0.4%
3	10-12 days	1,361	1.7%
4	13-18 days	469	0.6%
5	19-27 days	510	0.6%
6	28 or more days	4,903	5.9%
.	Missing	74,794	90.8%
		82,414	

F145 Progest pills used longest

In the past year, what type of PROGESTERONE or progestin pills did you use the longest?

Variable # 69

Sas Name: PPLTYPE_5

Sas Label: Progest pills used longest

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".
Sub-question of F145 V1 Q25 "Used progesterone pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	Provera, Cycrin, Amen	6,519	7.9%
2	Megace	24	0.0%
3	Micronized progesterone	267	0.3%
8	Other	609	0.7%
9	Don't know	210	0.3%
.	Missing	74,785	90.7%
		82,414	



F145 Progest pill dose per day

What dose did you usually take each day? (Mark one. If you regularly take more than one dose, mark the lowest dose).

Variable # 70

Sas Name: PPLDOSE_5

Sas Label: Progest pill dose per day

Usage Notes: Sub-question of F145 V1 Q18 "Used female hormones/past year".
Sub-question of F145 V1 Q25 "Used progesterone pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	2.5 mg	4,498	5.5%
2	5 mg	1,236	1.5%
3	7.5 mg	5	0.0%
4	10 mg	660	0.8%
5	20 mg	14	0.0%
6	40 mg	11	0.0%
7	More than 40 mg	423	0.5%
8	Other	243	0.3%
9	Don't know	510	0.6%
.	Missing	74,814	90.8%
		82,414	

F145 Cataract(s)

Cataract(s)

Variable # 71

Sas Name: CATARACT_5

Sas Label: Cataract(s)

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	No	61,302	74.4%
1	Yes	19,468	23.6%
.	Missing	1,644	2.0%
		82,414	

F145 Macular degeneration of retina

Macular degeneration of the retina

Variable # 72

Sas Name: MACDEGNR_5

Sas Label: Macular degeneration of retina

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	No	76,036	92.3%
1	Yes	3,745	4.5%
.	Missing	2,633	3.2%
		82,414	



F145 Asthma

Asthma

Variable # 73
Sas Name: ASTHMA_5
Sas Label: Asthma

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	No	74,727	90.7%
1	Yes	4,964	6.0%
.	Missing	2,723	3.3%
		82,414	

F145 Emphysema / chronic bronchitis

Emphysema or chronic bronchitis

Variable # 74
Sas Name: EMPHYSEM_5
Sas Label: Emphysema / chronic bronchitis

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	No	76,722	93.1%
1	Yes	2,945	3.6%
.	Missing	2,747	3.3%
		82,414	

F145 Heart failure

Heart failure or congestive heart failure

Variable # 75
Sas Name: CHF_5
Sas Label: Heart failure

Usage Notes: none

Categories: Medical History: Cardiovascular

Values		N	%
0	No	78,105	94.8%
1	Yes	1,520	1.8%
.	Missing	2,789	3.4%
		82,414	

F145 Angina

Angina (chest pains from the heart)

Variable # 76
Sas Name: ANGINA_5
Sas Label: Angina

Usage Notes: none

Categories: Medical History: Cardiovascular

Values		N	%
0	No	76,950	93.4%
1	Yes	2,730	3.3%
.	Missing	2,734	3.3%
		82,414	



F145 Atrial fibrillation

Atrial fibrillation

Variable # 77

Sas Name: ATRIALFB_5

Sas Label: Atrial fibrillation

Usage Notes: none

Categories: Medical History: Cardiovascular

Values		N	%
0	No	76,429	92.7%
1	Yes	3,059	3.7%
.	Missing	2,926	3.6%
		82,414	

F145 Kidney or bladder stones

Kidney or bladder stones (renal or urinary calculi)

Variable # 78

Sas Name: KIDNEYST_5

Sas Label: Kidney or bladder stones

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	No	78,770	95.6%
1	Yes	842	1.0%
.	Missing	2,802	3.4%
		82,414	

F145 Dialysis for kidney failure

Dialysis for kidney or renal failure

Variable # 79

Sas Name: KIDDIALY_5

Sas Label: Dialysis for kidney failure

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	No	79,382	96.3%
1	Yes	171	0.2%
.	Missing	2,861	3.5%
		82,414	

F145 Stomach or duodenal ulcer

Stomach or duodenal ulcer

Variable # 80

Sas Name: STOMULCR_5

Sas Label: Stomach or duodenal ulcer

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	No	78,253	95.0%
1	Yes	1,372	1.7%
.	Missing	2,789	3.4%
		82,414	



F145 Diverticulitis

Diverticulitis

Variable # 81

Usage Notes: none

Sas Name: DIVERTIC_5

Categories: Medical History: Other Disease/Condition

Sas Label: Diverticulitis

Values		N	%
0	No	74,183	90.0%
1	Yes	5,491	6.7%
.	Missing	2,740	3.3%
		82,414	

F145 Pancreatitis

Pancreatitis (inflamed pancreas)

Variable # 82

Usage Notes: none

Sas Name: PANCREAT_5

Categories: Medical History: Other Disease/Condition

Sas Label: Pancreatitis

Values		N	%
0	No	79,198	96.1%
1	Yes	292	0.4%
.	Missing	2,924	3.5%
		82,414	

F145 Liver disease

Liver disease (chronic active hepatitis, cirrhosis, or yellow jaundice)

Variable # 83

Usage Notes: none

Sas Name: LIVRDIS_5

Categories: Medical History: Other Disease/Condition

Sas Label: Liver disease

Values		N	%
0	No	79,044	95.9%
1	Yes	424	0.5%
.	Missing	2,946	3.6%
		82,414	

F145 Overactive thyroid

Overactive thyroid

Variable # 84

Usage Notes: none

Sas Name: OVRTHY_5

Categories: Medical History: Thyroid

Sas Label: Overactive thyroid

Values		N	%
0	No	78,265	95.0%
1	Yes	1,023	1.2%
.	Missing	3,126	3.8%
		82,414	



F145 Underactive thyroid

Underactive thyroid

Variable # 85

Usage Notes: none

Sas Name: UNDTHY_5

Categories: Medical History: Thyroid

Sas Label: Underactive thyroid

Values		N	%
0	No	70,894	86.0%
1	Yes	8,696	10.6%
.	Missing	2,824	3.4%
		82,414	

F145 Alzheimer's disease

Alzheimer's disease

Variable # 86

Usage Notes: none

Sas Name: ALZHEIM_5

Categories: Medical History: Other Disease/Condition

Sas Label: Alzheimer's disease

Values		N	%
0	No	79,241	96.1%
1	Yes	302	0.4%
.	Missing	2,871	3.5%
		82,414	

F145 Multiple sclerosis

Multiple sclerosis

Variable # 87

Usage Notes: none

Sas Name: MS_5

Categories: Medical History: Other Disease/Condition

Sas Label: Multiple sclerosis

Values		N	%
0	No	79,244	96.2%
1	Yes	217	0.3%
.	Missing	2,953	3.6%
		82,414	

F145 Parkinson's disease

Parkinson's disease

Variable # 88

Usage Notes: none

Sas Name: PARKINS_5

Categories: Medical History: Other Disease/Condition

Sas Label: Parkinson's disease

Values		N	%
0	No	79,093	96.0%
1	Yes	381	0.5%
.	Missing	2,940	3.6%
		82,414	



F145 ALS/Lou Gehrig's disease

Amyotrophic Lateral Sclerosis (ALS, motor neuron disease, or Lou Gehrig's disease)

Variable # 89

Usage Notes: none

Sas Name: ALS_5

Categories: Medical History: Other Disease/Condition

Sas Label: ALS/Lou Gehrig's disease

Values		N	%
0	No	79,046	95.9%
1	Yes	123	0.1%
.	Missing	3,245	3.9%
		82,414	

F145 Current marital status

What is your current marital status? (Mark the one that best describes you.)

Variable # 90

Usage Notes: none

Sas Name: MARITAL_5

Categories: Demographic

Sas Label: Current marital status

Values		N	%
1	Never married	3,658	4.4%
2	Divorced or separated	11,690	14.2%
3	Widowed	17,988	21.8%
4	Presently married	46,450	56.4%
5	Living in a marriage-like relationship	2,168	2.6%
.	Missing	460	0.6%
		82,414	

Recreational phys activity per week

Computed from Form 145, questions 6, 7.1, 7.3, and 7.5. Total number of episodes per week of recreational physical activity (includes walking, mild, moderate and strenuous physical activity).

Variable # 91

Usage Notes: none

Sas Name: TEPIWK_5

Categories: Computed Variables
Physical Activity

Sas Label: Recreational phys activity per week

N	Min	Max	Mean	Std Dev
82094	0	25	5.27324	4.13545

Recr. phys activity per week >= 20 Min

Computed from Form 145, questions 6, 6.1, 7.1, 7.2, 7.3, 7.4, 7.5 and 7.6. Episodes per week of recreational physical activity of >=20 minutes duration (includes walking, mild, moderate and strenuous physical activity).

Variable # 92

Usage Notes: none

Sas Name: LEPIOTOT_5

Categories: Computed Variables
Physical Activity

Sas Label: Recr. phys activity per week >= 20 Min

N	Min	Max	Mean	Std Dev
82094	0	25	4.17134	3.93211



Mod. to strenuous phys activity per week

Computed from Form 145, questions 6.2, 7.1, and 7.3. Episodes per week of moderate and strenuous recreational physical activity (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).

Variable # 93

Usage Notes: none

Sas Name: MSEPIWK_5

Categories: Computed Variables
Physical Activity

Sas Label: Mod. to strenuous phys activity per week

N	Min	Max	Mean	Std Dev
82094	0	19	2.83998	3.2216

Mod-stren activity > 20 min/week

Computed from Form 145, questions 6, 6.1, 6.2, 7.1, 7.2, 7.3 and 7.4. Episodes per week of moderate and strenuous recreational physical activity of >=20 minutes duration (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).

Variable # 94

Usage Notes: none

Sas Name: XLMSEPI_5

Categories: Computed Variables
Physical Activity

Sas Label: Mod-stren activity > 20 min/week

N	Min	Max	Mean	Std Dev
82094	0	19	2.3581	3.05643

Mod-stren activity >20 min/week (categ)

Computed from Form 145, questions 6, 6.1, 6.2, 7.1, 7.2, 7.3, and 7.4. Categorical variable of episodes per week of moderate and strenuous recreational physical activity of >= 20 minutes duration (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity). Computed from XLMSEPI and TEPIWK.

Variable # 95

Usage Notes: none

Sas Name: LMSEPI_5

Categories: Computed Variables
Physical Activity

Sas Label: Mod-stren activity >20 min/week (categ)

Values	N	%
1 No activity	12,399	15.0%
2 Some activity of limited duration	30,826	37.4%
3 2 to <4 episodes per week	16,282	19.8%
4 4 episodes per week	22,587	27.4%
. Missing	320	0.4%
	82,414	



Strenuous activity episodes per week

Computed from Form 145, question 7.1. Episodes per week of strenuous recreational physical activity.

Variable # 96

Usage Notes: none

Sas Name: SEPIWK_5

Categories: Computed Variables
Physical Activity

Sas Label: Strenuous activity episodes per week

Values	N	%
0	57,714	70.0%
1	5,425	6.6%
2	6,707	8.1%
3	7,397	9.0%
4	2,248	2.7%
6	2,603	3.2%
.	320	0.4%
82,414		

Minutes of recr. phys activity per week

Computed from Form 145, questions 6, 6.1, 7.1, 7.2, 7.3, 7.4, 7.5, and 7.6. Total minutes per week of recreational physical activity (includes walking, mild, moderate and strenuous physical activity).

Variable # 97

Usage Notes: none

Sas Name: TMINWK_5

Categories: Computed Variables
Physical Activity

Sas Label: Minutes of recr. phys activity per week

N	Min	Max	Mean	Std Dev
82094	0	1750	190.25763	180.75025

Minutes of mod-stren activity per week

Computed from Form 145, questions 6, 6.2, 7.1, and 7.3. Minutes per week of moderate and strenuous recreational physical activity (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).

Variable # 98

Usage Notes: none

Sas Name: MSMINWK_5

Categories: Computed Variables
Physical Activity

Sas Label: Minutes of mod-stren activity per week

N	Min	Max	Mean	Std Dev
82094	0	1330	106.43951	141.89554

Minutes of stren. phys activity per week

Computed from Form 145, questions 7.1 and 7.2. Minutes per week of strenuous recreational physical activity.

Variable # 99

Usage Notes: none

Sas Name: SMINWK_5

Categories: Computed Variables
Physical Activity

Sas Label: Minutes of stren. phys activity per week

N	Min	Max	Mean	Std Dev
82094	0	420	33.21363	70.45045



Total MET-hours per week

Computed from Form 145, questions 6, 6.1, 6.2, 7.1, 7.2, 7.3, 7.4, 7.5, and 7.6. Total MET-hours per week. Expenditure of energy from recreational physical activity (includes walking, mild, moderate and strenuous physical activity in kcal/week/kg).

Variable # 100

Usage Notes: none

Sas Name: TEXPWK_5

Categories: Computed Variables
Physical Activity

Sas Label: Total MET-hours per week

N	Min	Max	Mean	Std Dev
82094	0	142.33333	13.18886	13.78493

MET-hours per week from walking

Computed from Form 145, questions 6, 6.1, and 6.2. Expenditure of energy from physical activity from walking in kcal/week/kg (MET-hours per week).

Variable # 101

Usage Notes: none

Sas Name: WALKEXP_5

Categories: Computed Variables
Physical Activity

Sas Label: MET-hours per week from walking

N	Min	Max	Mean	Std Dev
82094	0	40.83333	4.38166	5.73414

Energy expend from avg walking

Computed from Form 145, questions 6, 6.1 and 6.2. Energy expenditure from average walking (2-3 mph) in MET-hours per week. If question 6.2 (speed of walking) was marked as 'don't know' or was missing, the speed was assumed to be 2-3 mph.

Variable # 102

Usage Notes: none

Sas Name: AVWKEXP_5

Categories: Computed Variables
Physical Activity

Sas Label: Energy expend from avg walking

N	Min	Max	Mean	Std Dev
82094	0	24.5	2.16348	3.97421

Energy expend from walking fairly fast

Computed from Form 145, questions 6, 6.1 and 6.2. Energy expenditure from walking fairly fast (3-4 mph) in MET-hours per week.

Variable # 103

Usage Notes: none

Sas Name: FFWKEXP_5

Categories: Computed Variables
Physical Activity

Sas Label: Energy expend fr walking fairly fast

N	Min	Max	Mean	Std Dev
82094	0	32.66667	1.76319	4.86925

Energy expend from walking very fast

Computed from Form 145, questions 6, 6.1, and 6.2. Energy expenditure from walking very fast (> 4 mph) in MET-hours per week.

Variable # 104

Usage Notes: none

Sas Name: VFWKEXP_5

Categories: Computed Variables
Physical Activity

Sas Label: Energy expend from walking very fast

N	Min	Max	Mean	Std Dev
82094	0	40.83333	.13164	1.75437



Energy expenditure from hard exercise

Computed from Form 145, questions 7.1 and 7.2. Energy expenditure from strenuous or very hard exercise (for example, aerobics, aerobic dancing, jogging, tennis, swimming laps) in MET-hours per week.

Variable # 105

Usage Notes: none

Sas Name: HARDEXP_5

Categories: Computed Variables
Physical Activity

Sas Label: Energy expenditure from hard exercise

N	Min	Max	Mean	Std Dev
82094	0	49	3.87492	8.21922

Energy expenditure from mod. exercise

Computed from Form 145, questions 7.3 and 7.4. Energy expenditure from moderate exercise (for example, biking outdoors, using an exercise machine, calisthenics, easy swimming, popular or folk dancing) in MET-hours per week.

Variable # 106

Usage Notes: none

Sas Name: MODEXP_5

Categories: Computed Variables
Physical Activity

Sas Label: Energy expend from moderate exercise

N	Min	Max	Mean	Std Dev
82094	0	31.5	3.38988	5.41569

Energy expenditure from mild exercise

Computed from Form 145, questions 7.5 and 7.6. Energy expenditure from mild exercise (for example, slow dancing, bowling, golf) in MET-hours per week.

Variable # 107

Usage Notes: none

Sas Name: MILDEXP_5

Categories: Computed Variables
Physical Activity

Sas Label: Energy expenditure from mild exercise

N	Min	Max	Mean	Std Dev
82094	0	21	1.54238	3.33246

Estrogen use last year

Variable # 108

Usage Notes: none

Sas Name: EST_5

Categories: Computed Variables
Reproductive: Hormones

Sas Label: Estrogen use last year

Values	N	%
0 No	44,293	53.7%
1 Yes	36,309	44.1%
. Missing	1,812	2.2%
	82,414	



Progesterone use last year

Variable # 109

Usage Notes: none

Sas Name: PRG_5

Categories: Computed Variables
Reproductive: Hormones

Sas Label: Progesterone use last year

Values		N	%
0	No	63,398	76.9%
1	Yes	15,736	19.1%
.	Missing	3,280	4.0%
		82,414	

Hormone use last year (estrog. or progest.)

Variable # 110

Usage Notes: none

Sas Name: HRT_5

Categories: Computed Variables
Reproductive: Hormones

Sas Label: Hormone use last year (estrogen or progesterone)

Values		N	%
0	No	44,074	53.5%
1	Yes	36,574	44.4%
.	Missing	1,766	2.1%
		82,414	