



**Sleep Heart Health Study**

**Technician Form for Simultaneous  
Blood Pressure Observations**

Field Center: \_\_\_\_\_

Technician ID#: \_\_\_\_\_

Date form initiated: \_\_ - \_\_ - 200\_\_

Every other month each technician should, with a second technician, simultaneously measure blood pressure with a standard sphygmomanometer using a Y-tube on a volunteer, not a participant.

Each technician should separately (and out of each other's view) record his/her measurements on a copy of this form.

The QC Supervisor will transfer the results to another form, *Supervisor Form for Simultaneous Blood Pressure Observation*, and calculate the differences between the two sets of measurements.

Initial Arm Circumference (cm) \_\_\_\_\_

Initial Cuff Size Selected \_\_\_\_\_

Palpated Systolic Pressure \_\_\_\_\_

First Systolic Blood Pressure \_\_\_\_\_

First Diastolic Blood Pressure \_\_\_\_\_

Second Systolic Blood Pressure \_\_\_\_\_

Second Diastolic Blood Pressure \_\_\_\_\_

**Average Systolic Blood Pressure** \_\_\_\_\_

**Average Diastolic Blood Pressure** \_\_\_\_\_