

CODING MANUAL

EXERCISE AND HEALTH QUESTIONNAIRE, EXAM 5

SAS NAME: PHYSACT5

SAS VARIABLE NAMES: RANDOMID EH_1 EH_2 EH_3 EH_4A
EH_5A_1 EH_5A_2 EH_5A_3 EH_5B_1 EH_5B_2 EH_5B_3
EH_5C_1 EH_5C_2 EH_5C_3 EH_5D_1 EH_5D_2 EH_5D_3
EH_5E_1 EH_5E_2 EH_5E_3 EH_5F_1 EH_5F_2 EH_5F_3
EH_6A_1 EH_6A_2 EH_6A_3 EH_6A_4
EH_6B_1 EH_6B_2 EH_6B_3 EH_6B_4
EH_6C_1 EH_6C_2 EH_6C_3 EH_6C_4
EH_6D_1 EH_6D_2 EH_6D_3 EH_6D_4

EH_6E_1 EH_6E_2 EH_6E_3 EH_6E_4
EH_6F_1 EH_6F_2 EH_6F_3 EH_6F_4
EH_6G_1 EH_6G_2 EH_6G_3 EH_6G_4
EH_6H_1 EH_6H_2 EH_6H_3 EH_6H_4
EH_6I_1 EH_6I_2 EH_6I_3 EH_6I_4
EH_6J_1 EH_6J_2 EH_6J_3 EH_6J_4
EH_6K_1 EH_6K_2 EH_6K_3 EH_6K_4
EH_6L_1 EH_6L_2 EH_6L_3 EH_6L_4
EH_6M_1 EH_6M_2 EH_6M_3 EH_6M_4
EH_6N_1 EH_6N_2 EH_6N_3 EH_6N_4
EH_6O_1 EH_6O_2 EH_6O_3 EH_6O_4
EH_6P_1 EH_6P_2 EH_6P_3 EH_6P_4
EH_6Q_1 EH_6Q_2 EH_6Q_3 EH_6Q_4
EH_7 EH_7A EH_7B EH_7C EH_7D
EH_8 EH_8A EH_8B EH_8C EH_8D
EH_9A EH_9B
EH_10A EH_10B EH_10C EH_10D EH_10E EH_10F
KCAL1-KCAL46 ACTWK1-ACTWK6 ACTYR1-ACTYR17
MINWK1-MINWK46 MINYR1-MINYR46 N WEEK1-NWEEK46
TOTKCW TOTKCY

FRAMINGHAM HEART STUDY
3742 RECORDS

VARIABLE	INFORMATION
+ _____	_____
RANDOMID	RECORD NUMBER 2924-9995187
EH_1	NUMBER OF TIMES/WEEK WORK UP A SWEAT 0-72 . UNKNOWN (83)
EH_2	LAST WEEK'S ACTIVITY COMPARED TO USUAL ACTIVITY 1 LESS ACTIVE 2 SAME AS USUAL 3 MORE ACTIVE . UNKNOWN (28)
EH_3	ACTIVITY COMPARED TO OTHERS OF SAME AGE 1 LESS ACTIVE 2 SAME 3 MORE ACTIVE . UNKNOWN (50)

EH_4A

OCCUPATION CODE

- 0 - UNEMPLOYED
- 1 - HOMEMAKER
- 2 - RETIRED
- 3 - SELF EMPLOYED BUSINESS OWNER
- 4 - M.D. / DENTIST / SCIENTIST/ RESEARCH
- 5 - LAWYER / JUDGE
- 6 - PSYCHOLOGIST/SOCIAL WORKER/MENTAL HEALTH COUNSELLOR
- 8 - ENGINEER/COMPUTER SCIENCE
- 9 - BANKER/ACCOUNTANT
- 10 - MANAGER/CONSULTANT (e.g. PRODUCTION MANAGER)
- 11 - ADMINISTRATIVE (e.g. PERSONNEL)
- 12 - EDUCATOR
- 13 - NURSE / MEDICAL PERSONNEL
 - LABORATORY TECHNICIAN
 - PHYSICAL/OCCUPATIONAL/SPEECH THERAPIST
- 16 - SECRETARY/CLERK/DATA ENTRY
- 17 - RETAIL / CASHIER
- 18 - SALES / MARKETING / INSURANCE
- 19 - REALTOR
- 20 - WRITER / EDITOR / MUSICIAN
 - ARTIST / GRAPHIC DESIGNER / CRAFTSPERSON
- 23 - POLICE / FIRE/ SECURITY / MILITARY
- 24 - FACTORY / ASSEMBLY / MECHANIC
- 26 - RESTAURANT / FOODWORKER
- 27 - SKILLED LABOR (e.g. PLUMBER, CARPENTER, PAINTER,
 - HAIRDRESSER)
- 28 - GENERAL LABOR (e.g. CUSTODIAN, DELIVERY, MAILMAN,
 - TRUCK DRIVER)
- 29 - HEAVY LABOR (e.g. CONSTRUCTION, LANDSCAPING)
- 30 - CLERGY (MINISTER, PRIEST, RABBI)
 - SPORTS PRO / COACH / EXERCISE INSTRUCTOR
 - OTHER (INCLUDES COMBINATIONS OF JOBS
 - e.g. EMT/CLERICAL/PHOTOGRAPHY)
- . UNKNOWN (51)

ACTIVITY CODES

NOTE: CODES NOT IN PARENTHESIS ARE OLD CODES USED IN VARIABLES EH_5A_1 TO EH_5F_1 AND EH_6A_1 TO EH_6Q_1. CODES IN PARENTHESIS ARE NEW CODES THAT ARE USED FOR VARIABLES ACTWK1 TO ACTWK6 AND ACTYR1 TO ACTYR17

ACTIVITY	JOB	HOME	SPORT OR RECREATION

VERY HARD			
(32) 60	Carrying heavy loads such as bricks or lumber	(34) 70 Digging or tilling	(37) 78 Jogging (or stairwalker set to difficult)
		(35) 71 Chopping, stacking or splitting wood	(38) 79 Basketball (in game)
(33) 61	Carrying moderate loads up stairs (16-40 lbs)	(36) 72 Gardening with heavy tools	(39) 80 Soccer (in game)
			(40) 81 Backpacking uphill
			(41) 82 Cycling (uphill or racing)
			(42) 83 Tennis (singles)
			(43) 84 Skiing (cross country)
			(44) 85 Swimming laps (hard effort)
			(45) 86 Aerobics
			(46) 87 Circuit training (Nautilus or par-course)

HARD			
(19) 40	Construction work	(23) 49 Scrubbing floors	(25) 53 Brisk walking uphill or stairwalker at moderate
		(24) 50 Mowing lawn with non-power mower	(26) 54 Backpacking on level ground
(20) 41	Shoveling dirt, coal, etc.		(27) 55 Brisk cycling on level ground or exercise bike
(21) 42	Lifting moderate loads (5-16 lbs)		(28) 56 Tennis (doubles)
			(29) 57 Skiing downhill
(22) 43	Climbing ladder, stairs		(30) 58 Swimming laps (moderate effort)
			(31) 59 Rowing

MODERATE

(5)	20	Lifting or carrying light objects (up to 5 pounds)	(7)	25	Sweep, mop, vacuum	(13)	33	Brisk walking
			(8)	26	Clipping hedge	(14)	34	Shooting baskets
			(9)	27	Raking, light gardening	(15)	35	Throwing frisbee
			(10)	28	Mowing (power mower)	(16)	36	Cycle leisurely
						(17)	37	Swimming laps (easy effort)
(6)	21	Painting outside of house	(11)	29	Cleaning windows	(18)	38	Weightlifting
			(12)	30	Pushing stroller or grocery cart			

LIGHT

(1)	5	Leisurely walk or golf
(2)	6	Softball
(3)	7	Bowling
(4)	8	Playing musical instrument

EH_5A_1 ACTIVITIES IN PAST WEEK (LINE 1):
SEE OLD ACTIVITY CODES ABOVE
. UNKNOWN (30)

EH_5A_2 ACTIVITIES IN PAST WEEK (LINE1):
TIME IN HOURS FOR EACH ACTIVITY
0-55
. UNKNOWN (25)

EH_5A_3 ACTIVITIES IN PAST WEEK (LINE 1):
TIME IN MINUTES FOR EACH ACTIVITY
0-50
. UNKNOWN (25)

EH_5B_1 ACTIVITIES IN PAST WEEK (LINE 2):
SEE OLD ACTIVITY CODES ABOVE
. UNKNOWN (57)

EH_5B_2 ACTIVITIES IN PAST WEEK (LINE 2):
TIME IN HOURS FOR EACH ACTIVITY
0-70
. UNKNOWN (56)

EH_5B_3 ACTIVITIES IN PAST WEEK (LINE 2):
TIME IN MINUTES FOR EACH ACTIVITY
0-50
. UNKNOWN (56)

EH_5C_1 ACTIVITIES IN PAST WEEK (LINE 3):
 SEE OLD ACTIVITY CODES ABOVE
 .UNKNOWN (121)

EH_5C_2 ACTIVITIES IN PAST WEEK (LINE 3):
 TIME IN HOURS FOR EACH ACTIVITY
 0-65
 . UNKNOWN (126)

EH_5C_3 ACTIVITIES IN PAST WEEK (LINE 3):
 TIME IN MINUTES FOR EACH ACTIVITY
 0-55
 . UNKNOWN (126)

EH_5D_1 ACTIVITIES IN PAST WEEK (LINE 4):
 SEE OLD ACTIVITY CODES ABOVE
 . UNKNOWN (329)

EH_5D_2 ACTIVITIES IN PAST WEEK (LINE 4):
 TIME IN HOURS FOR EACH ACTIVITY
 0-80
 . UNKNOWN (329)

EH_5D_3 ACTIVITIES IN PAST WEEK (LINE 4):
 TIME IN MINUTES FOR EACH ACTIVITY
 0-52
 . UNKNOWN (329)

EH_5E_1 ACTIVITIES IN PAST WEEK (LINE 5):
 SEE OLD ACTIVITY CODES ABOVE
 . UNKNOWN (705)

EH_5E_2 ACTIVITIES IN PAST WEEK (LINE 5):
 TIME IN HOURS FOR EACH ACTIVITY
 0-70
 . UNKNOWN (701)

EH_5E_3 ACTIVITIES IN PAST WEEK (LINE 5):
 TIME IN MINUTES FOR EACH ACTIVITY
 0-50
 . UNKNOWN (701)

EH_5F_1 ACTIVITIES IN PAST WEEK (LINE 6):
 SEE OLD ACTIVITY CODES ABOVE
 . UNKNOWN (1423)

EH_5F_2 ACTIVITIES IN PAST WEEK (LINE 6):
 TIME IN HOURS FOR EACH ACTIVITY
 0-42
 . UNKNOWN (1430)

EH_5F_3 ACTIVITIES IN PAST WEEK (LINE 6):
 TIME IN MINUTES FOR EACH ACTIVITY
 0-50
 . UNKNOWN (1430)

EH_6A_1 ACTIVITIES IN PAST YEAR (LINE 1):
 SEE OLD ACTIVITY CODES ABOVE
 . UNKNOWN (31)

EH_6A_2 ACTIVITIES IN PAST YEAR (LINE 1):
 TIME IN HOURS/WEEK FOR EACH ACTIVITY
 0-70
 . UNKNOWN (37)

EH_6A_3 ACTIVITIES IN PAST YEAR (LINE 1):
 TIME IN MINUTES/WEEK FOR EACH ACTIVITY
 0-52
 . UNKNOWN (37)

EH_6A_4 ACTIVITIES IN PAST YEAR (LINE 1):
 NUMBER OF WEEKS PARTICIPATED
 1-52
 . UNKNOWN (36)

EH_6B_1 ACTIVITIES IN PAST YEAR (LINE 2):
 SEE OLD ACTIVITY CODES ABOVE
 . UNKNOWN (42)

EH_6B_2 ACTIVITIES IN PAST YEAR (LINE 2):
 TIME IN HOURS/WEEK FOR EACH ACTIVITY
 0-56
 . UNKNOWN (47)

EH_6B_3 ACTIVITIES IN PAST YEAR (LINE 2):
 TIME IN MINUTES/WEEK FOR EACH ACTIVITY
 0-55
 . UNKNOWN (47)

EH_6B_4 ACTIVITIES IN PAST YEAR (LINE 2):
 NUMBER OF WEEKS PARTICIPATED
 1-52
 . UNKNOWN (58)

EH_6C_1 ACTIVITIES IN PAST YEAR (LINE 3):
 SEE OLD ACTIVITY CODES ABOVE
 . UNKNOWN (58)

EH_6C_2 ACTIVITIES IN PAST YEAR (LINE 3):
 TIME IN HOURS/WEEK FOR EACH ACTIVITY
 0-80
 . UNKNOWN (74)

EH_6C_3 ACTIVITIES IN PAST YEAR (LINE 3):
 TIME IN MINUTES/WEEK FOR EACH ACTIVITY
 0-50
 . UNKNOWN (74)

EH_6C_4 ACTIVITIES IN PAST YEAR (LINE 3):
 NUMBER OF WEEKS PARTICIPATED
 1-52
 . UNKNOWN (67)

EH_6D_1 ACTIVITIES IN PAST YEAR (LINE 4):
 SEE OLD ACTIVITY CODES ABOVE
 . UNKNOWN (93)

EH_6D_2 ACTIVITIES IN PAST YEAR (LINE 4):
 TIME IN HOURS/WEEK FOR EACH ACTIVITY
 0-60
 . UNKNOWN (104)

EH_6D_3 ACTIVITIES IN PAST YEAR (LINE 4):
 TIME IN MINUTES/WEEK FOR EACH ACTIVITY
 0-56
 . UNKNOWN (104)

EH_6D_4 ACTIVITIES IN PAST YEAR (LINE 4):
 NUMBER OF WEEKS PARTICIPATED
 1-52
 . UNKNOWN (106)

EH_6E_1 ACTIVITIES IN PAST YEAR (LINE 5):
 SEE OLD ACTIVITY CODES ABOVE
 . UNKNOWN (197)

EH_6E_2 ACTIVITIES IN PAST YEAR (LINE 5):
 TIME IN HOURS/WEEK FOR EACH ACTIVITY
 0-70
 . UNKNOWN (208)

EH_6E_3 ACTIVITIES IN PAST YEAR (LINE 5):
 TIME IN MINUTES/WEEK FOR EACH ACTIVITY
 0-45
 . UNKNOWN (209)

EH_6E_4 ACTIVITIES IN PAST YEAR (LINE 5):
 NUMBER OF WEEKS PARTICIPATED
 1-52
 . UNKNOWN (203)

EH_6F_1 ACTIVITIES IN PAST YEAR (LINE 6):
 SEE OLD ACTIVITY CODES ABOVE
 . UNKNOWN (359)

EH_6F_2 ACTIVITIES IN PAST YEAR (LINE 6):
 TIME IN HOURS/WEEK FOR EACH ACTIVITY
 0-70
 . UNKNOWN (367)

EH_6F_3 ACTIVITIES IN PAST YEAR (LINE 6):
 TIME IN MINUTES/WEEK FOR EACH ACTIVITY
 0-50
 . UNKNOWN (367)

EH_6F_4 ACTIVITIES IN PAST YEAR (LINE 6):
 NUMBER OF WEEKS PARTICIPATED
 1-52
 . UNKNOWN (369)

EH_6G_1 ACTIVITIES IN PAST YEAR (LINE 7):
 SEE OLD ACTIVITY CODES ABOVE
 . UNKNOWN (669)

EH_6G_2 ACTIVITIES IN PAST YEAR (LINE 7):
 TIME IN HOURS/WEEK FOR EACH ACTIVITY
 0-50
 . UNKNOWN (674)

EH_6G_3 ACTIVITIES IN PAST YEAR (LINE 7):
 TIME IN MINUTES/WEEK FOR EACH ACTIVITY
 0-50
 . UNKNOWN (674)

EH_6G_4 ACTIVITIES IN PAST YEAR (LINE 7):
 NUMBER OF WEEKS PARTICIPATED
 1-52
 . UNKNOWN (672)

EH_6H_1 ACTIVITIES IN PAST YEAR (LINE 8):
 SEE OLD ACTIVITY CODES ABOVE
 . UNKNOWN (1082)

EH_6H_2 ACTIVITIES IN PAST YEAR (LINE 8):
 TIME IN HOURS/WEEK FOR EACH ACTIVITY
 0-80
 . UNKNOWN (1087)

EH_6H_3 ACTIVITIES IN PAST YEAR (LINE 8):
 TIME IN MINUTES/WEEK FOR EACH ACTIVITY
 0-56
 . UNKNOWN (1087)

EH_6H_4 ACTIVITIES IN PAST YEAR (LINE 8):
 NUMBER OF WEEKS PARTICIPATED
 1-52
 . UNKNOWN (1078)

EH_6I_1 ACTIVITIES IN PAST YEAR (LINE 9):
 SEE OLD ACTIVITY CODES ABOVE
 . UNKNOWN (1542)

EH_6I_2 ACTIVITIES IN PAST YEAR (LINE 9):
 TIME IN HOURS/WEEK FOR EACH ACTIVITY
 0-70
 . UNKNOWN (1538)

EH_6I_3 ACTIVITIES IN PAST YEAR (LINE 9):
 TIME IN MINUTES/WEEK FOR EACH ACTIVITY
 0-45
 . UNKNOWN (1538)

EH_6I_4 ACTIVITIES IN PAST YEAR (LINE 9):
 NUMBER OF WEEKS PARTICIPATED
 1-52
 . UNKNOWN (1540)

EH_6J_1 ACTIVITIES IN PAST YEAR (LINE 10):
 SEE OLD ACTIVITY CODES ABOVE
 . UNKNOWN (1965)

EH_6J_2 ACTIVITIES IN PAST YEAR (LINE 10):
 TIME IN HOURS/WEEK FOR EACH ACTIVITY
 0-60
 . UNKNOWN (1966)

EH_6J_3 ACTIVITIES IN PAST YEAR (LINE 10):
 TIME IN MINUTES/WEEK FOR EACH ACTIVITY
 0-50
 . UNKNOWN (1966)

EH_6J_4 ACTIVITIES IN PAST YEAR (LINE 10):
 NUMBER OF WEEKS PARTICIPATED
 1-52
 . UNKNOWN (1967)

EH_6K_1 ACTIVITIES IN PAST YEAR (LINE 11):
 SEE OLD ACTIVITY CODES ABOVE
 . UNKNOWN (2374)

EH_6K_2 ACTIVITIES IN PAST YEAR (LINE 11):
 TIME IN HOURS/WEEK FOR EACH ACTIVITY
 0-60
 . UNKNOWN (2373)

EH_6K_3 ACTIVITIES IN PAST YEAR (LINE 11):
 TIME IN MINUTES/WEEK FOR EACH ACTIVITY
 0-50
 . UNKNOWN (2373)

EH_6K_4 ACTIVITIES IN PAST YEAR (LINE 11):
 NUMBER OF WEEKS PARTICIPATED
 1-52
 . UNKNOWN (2375)

EH_6L_1 ACTIVITIES IN PAST YEAR (LINE 12):
 SEE OLD ACTIVITY CODES ABOVE
 . UNKNOWN (2733)

EH_6L_2 ACTIVITIES IN PAST YEAR (LINE 12):
 TIME IN HOURS/WEEK FOR EACH ACTIVITY
 0-70
 . UNKNOWN (2731)

EH_6L_3 ACTIVITIES IN PAST YEAR (LINE 12):
 TIME IN MINUTES/WEEK FOR EACH ACTIVITY
 0-45
 . UNKNOWN (2731)

EH_6L_4 ACTIVITIES IN PAST YEAR (LINE 12):
 NUMBER OF WEEKS PARTICIPATED
 1-52
 . UNKNOWN (2730)

EH_6M_1 ACTIVITIES IN PAST YEAR (LINE 13):
 SEE OLD ACTIVITY CODES ABOVE
 . UNKNOWN (3034)

EH_6M_2 ACTIVITIES IN PAST YEAR (LINE 13):
 TIME IN HOURS/WEEK FOR EACH ACTIVITY
 0-42
 . UNKNOWN (3028)

EH_6M_3 ACTIVITIES IN PAST YEAR (LINE 13):
 TIME IN MINUTES/WEEK FOR EACH ACTIVITY
 0-45
 . UNKNOWN (3028)

EH_6M_4 ACTIVITIES IN PAST YEAR (LINE 13):
 NUMBER OF WEEKS PARTICIPATED
 1-52
 . UNKNOWN (3030)

EH_6N_1 ACTIVITIES IN PAST YEAR (LINE 14):
SEE OLD ACTIVITY CODES ABOVE
. UNKNOWN (3244)

EH_6N_2 ACTIVITIES IN PAST YEAR (LINE 14):
TIME IN HOURS/WEEK FOR EACH ACTIVITY
0-56
. UNKNOWN (3242)

EH_6N_3 ACTIVITIES IN PAST YEAR (LINE 14):
TIME IN MINUTES/WEEK FOR EACH ACTIVITY
0-45
. UNKNOWN (3242)

EH_6N_4 ACTIVITIES IN PAST YEAR (LINE 14):
NUMBER OF WEEKS PARTICIPATED
1-52
. UNKNOWN (3242)

EH_6O_1 ACTIVITIES IN PAST YEAR (LINE 15):
SEE OLD ACTIVITY CODES ABOVE
. UNKNOWN (3423)

EH_6O_2 ACTIVITIES IN PAST YEAR (LINE 15):
TIME IN HOURS/WEEK FOR EACH ACTIVITY
0-50
. UNKNOWN (3420)

EH_6O_3 ACTIVITIES IN PAST YEAR (LINE 15):
TIME IN MINUTES/WEEK FOR EACH ACTIVITY
0-50
. UNKNOWN (3420)

EH_6O_4 ACTIVITIES IN PAST YEAR (LINE 15):
NUMBER OF WEEKS PARTICIPATED
1-52
. UNKNOWN (3420)

EH_6P_1 ACTIVITIES IN PAST YEAR (LINE 16):
SEE OLD ACTIVITY CODES ABOVE
. UNKNOWN (3540)

EH_6P_2 ACTIVITIES IN PAST YEAR (LINE 16):
TIME IN HOURS/WEEK FOR EACH ACTIVITY
0-25
. UNKNOWN (3539)

EH_6P_3 ACTIVITIES IN PAST YEAR (LINE 16):
 TIME IN MINUTES/WEEK FOR EACH ACTIVITY
 0-45
 . UNKNOWN (3539)

EH_6P_4 ACTIVITIES IN PAST YEAR (LINE 16):
 NUMBER OF WEEKS PARTICIPATED
 1-52
 . UNKNOWN (3537)

EH_6Q_1 ACTIVITIES IN PAST YEAR (LINE 17):
 SEE OLD ACTIVITY CODES ABOVE
 . UNKNOWN (3627)

EH_6Q_2 ACTIVITIES IN PAST YEAR (LINE 17):
 TIME IN HOURS/WEEK FOR EACH ACTIVITY
 0-40
 . UNKNOWN (3624)

EH_6Q_3 ACTIVITIES IN PAST YEAR (LINE 17):
 TIME IN MINUTES/WEEK FOR EACH ACTIVITY
 0-30
 . UNKNOWN (3624)

EH_6Q_4 ACTIVITIES IN PAST YEAR (LINE 17):

 NUMBER OF WEEKS PARTICIPATED
 1-52
 . UNKNOWN (3625)

EH_7 DO YOU WALK ON A REGULAR BASIS FOR EXERCISE?
 0 NO
 1 YES
 . UNKNOWN (18)

EH_7A NUMBER OF MILES AVERAGED PER SESSION (WALKING)
 0 NON-WALKER
 0.2-10
 . UNKNOWN (39)

EH_7B AVERAGE TIME PER MILE - MINUTES (WALKING)
 0 NON-WALKER
 10-45
 . UNKNOWN (134)

EH_7C AVERAGE TIME PER MILE - SECONDS (WALKING)
 0 NON-WALKER (OR EVEN MINUTE MILE)
 0-30
 . UNKNOWN (134)

EH_7D NUMBER OF TIMES (WALKS) EACH WEEK
0 NON-WALKER
0.5-26
. UNKNOWN (35)

EH_8 DO YOU RUN ON A REGULAR BASIS FOR EXERCISE?
0 NO
1 YES
. UNKNOWN (23)

EH_8A NUMBER OF MILES AVERAGED PER SESSION (RUNNING)
0 NON-RUNNER
0.5-10
. UNKNOWN (26)

EH_8B AVERAGE TIME PER MILE - MINUTES (RUNNING)
0 NON-RUNNER
5-30
. UNKNOWN (33)

EH_8C AVERAGE TIME PER MILE - SECONDS (RUNNING)
0 NON-RUNNER (OR EVEN MINUTE MILE)
0-45
. UNKNOWN (33)

EH_8D NUMBER OF TIMES (RUNS) EACH WEEK
0 NON-RUNNER
1-8
. UNKNOWN (27)

EH_9A NUMBER FLIGHTS OF STAIRS CLIMBED EACH DAY
0-200

. UNKNOWN (26)

EH_9B NUMBER CITY BLOCKS WALKED EACH DAY
0-288
. UNKNOWN (57)

EH_10A NUMBER OF HOURS OF SLEEP EACH DAY
2-14
. UNKNOWN (18)

EH_10B NUMBER OF HOURS OF SEDENTARY ACTIVITY EACH DAY
1-19
. UNKNOWN (59)

EH_10C NUMBER OF HOURS OF SLIGHT ACTIVITY EACH DAY
0-16
. UNKNOWN (58)

EH_10D NUMBER OF HOURS OF MODERATE ACTIVITY EACH DAY
0-13
. UNKNOWN (58)

EH_10E NUMBER OF HOURS OF HEAVY ACTIVITY EACH DAY
0-14
. UNKNOWN (59)

EH_10F TOTAL HOURS IN A DAY - SUM OF EH_10A-EH_10E
22-26
. UNKNOWN (59)
 ** NOTE - FOR EACH INDIVIDUAL WHOSE SUM OF
 HOURS WAS BETWEEN 22-26, ALL ACTIVITY
 VALUES WERE KEPT. IF SUM<22 OR SUM>26,
 HOURS OF SLEEP (EH_10A) WAS KEPT AND
 EH_10B THROUGH EH_10F WERE SET TO MISSING.

ACTWK1-ACTWK6 ACTIVITY IN PAST WEEK USING NEW ACTIVITY
 CODES 1-46
0 NO
1-46

ACTYR1-ACTYR17 ACTIVITY IN PAST YEAR USING NEW ACTIVITY
 CODES 1-46
0 NO
1-46

TOTKCW ACTIVITIES IN PAST WEEK:
 TOTAL ENERGY EXPENDITURE FOR ALL ACTIVITIES
0 NO
8-60870 KNOWN

TOTKCY ACTIVITIES IN PAST YEAR:
 TOTAL ENERGY EXPENDITURE FOR ALL ACTIVITIES IN PAST YEAR
0 NO
2700-6191640 KNOWN

KCAL1-KCAL46 EACH OF 46 ACTIVITIES:
 ENERGY EXPENDITURE RATING
0 NO
2.4-10 KC/MIN

MINWK1-MINWK46 EACH OF 46 ACTIVITIES:
 MINUTES AT EACH ACTIVITY IN PAST WEEK
0 NO
1-4800 MINUTES

MINYR1-MINYR46

EACH OF 46 ACTIVITIES:
MINUTES AT EACH ACTIVITY IN PAST YEAR
0 NO
1-235200 MINUTES

NWEEK1-NWEEK46

EACH OF 46 ACTIVITIES:
NUMBER WEEKS PARTICIPATED ACTIVITY IN PAST YEAR
0 NO
1-52 WEEKS