

CODING MANUAL

EXERCISE AND HEALTH QUESTIONNAIRE, EXAM 5

SAS NAME: PHYSACT5

SAS VARIABLE NAMES: RANDOMID EXAM EH\_1 EH\_2 EH\_3 EH\_4A  
EH\_5A\_1 EH\_5A\_2 EH\_5A\_3 EH\_5B\_1 EH\_5B\_2 EH\_5B\_3  
EH\_5C\_1 EH\_5C\_2 EH\_5C\_3 EH\_5D\_1 EH\_5D\_2 EH\_5D\_3  
EH\_5E\_1 EH\_5E\_2 EH\_5E\_3 EH\_5F\_1 EH\_5F\_2 EH\_5F\_3  
EH\_6A\_1 EH\_6A\_2 EH\_6A\_3 EH\_6A\_4  
EH\_6B\_1 EH\_6B\_2 EH\_6B\_3 EH\_6B\_4  
EH\_6C\_1 EH\_6C\_2 EH\_6C\_3 EH\_6C\_4  
EH\_6D\_1 EH\_6D\_2 EH\_6D\_3 EH\_6D\_4  
  
EH\_6E\_1 EH\_6E\_2 EH\_6E\_3 EH\_6E\_4  
EH\_6F\_1 EH\_6F\_2 EH\_6F\_3 EH\_6F\_4  
EH\_6G\_1 EH\_6G\_2 EH\_6G\_3 EH\_6G\_4  
EH\_6H\_1 EH\_6H\_2 EH\_6H\_3 EH\_6H\_4  
EH\_6I\_1 EH\_6I\_2 EH\_6I\_3 EH\_6I\_4  
EH\_6J\_1 EH\_6J\_2 EH\_6J\_3 EH\_6J\_4  
EH\_6K\_1 EH\_6K\_2 EH\_6K\_3 EH\_6K\_4  
EH\_6L\_1 EH\_6L\_2 EH\_6L\_3 EH\_6L\_4  
EH\_6M\_1 EH\_6M\_2 EH\_6M\_3 EH\_6M\_4  
EH\_6N\_1 EH\_6N\_2 EH\_6N\_3 EH\_6N\_4  
EH\_6O\_1 EH\_6O\_2 EH\_6O\_3 EH\_6O\_4  
EH\_6P\_1 EH\_6P\_2 EH\_6P\_3 EH\_6P\_4  
EH\_6Q\_1 EH\_6Q\_2 EH\_6Q\_3 EH\_6Q\_4  
EH\_7 EH\_7A EH\_7B EH\_7C EH\_7D  
EH\_8 EH\_8A EH\_8B EH\_8C EH\_8D  
EH\_9A EH\_9B  
EH\_10A EH\_10B EH\_10C EH\_10D EH\_10E EH\_10F  
KCAL1-KCAL46 ACTWK1-ACTWK6 ACTYR1-ACTYR17  
MINWK1-MINWK46 MINYR1-MINYR46 NWEK1-NWEK46  
TOTKCW TOTKCY

-1-

FRAMINGHAM HEART STUDY  
3742 RECORDS

VARIABLE	INFORMATION
+ _____	_____
RANDOMID	RECORD NUMBER

2924-9995187

EH\_1

NUMBER OF TIMES/WEEK WORK UP A SWEAT

0-72

. UNKNOWN (83)

EH\_2

LAST WEEK'S ACTIVITY COMPARED TO USUAL ACTIVITY

1 LESS ACTIVE

2 SAME AS USUAL

3 MORE ACTIVE

. UNKNOWN (28)

EH\_3

ACTIVITY COMPARED TO OTHERS OF SAME AGE

1 LESS ACTIVE

2 SAME

3 MORE ACTIVE

. UNKNOWN (50)

EH\_4A

OCCUPATION CODE

0 - UNEMPLOYED

1 - HOMEMAKER

2 - RETIRED

3 - SELF EMPLOYED BUSINESS OWNER

4 - M.D. / DENTIST / SCIENTIST/ RESEARCH

5 - LAWYER / JUDGE

6 - PSYCHOLOGIST/SOCIAL WORKER/MENTAL HEALTH COUNSELLOR

8 - ENGINEER/COMPUTER SCIENCE

9 - BANKER/ACCOUNTANT

10 - MANAGER/CONSULTANT (e.g. PRODUCTION MANAGER)

11 - ADMINISTRATIVE (e.g. PERSONNEL)

12 - EDUCATOR

13 - NURSE / MEDICAL PERSONNEL

- LABORATORY TECHNICIAN

- PHYSICAL/OCCUPATIONAL/SPEECH THERAPIST
- 16 - SECRETARY/CLERK/DATA ENTRY
- 17 - RETAIL / CASHIER
- 18 - SALES / MARKETING / INSURANCE
- 19 - REALTOR
- 20 - WRITER / EDITOR / MUSICIAN
- ARTIST / GRAPHIC DESIGNER / CRAFTSPERSON
- 23 - POLICE / FIRE/ SECURITY / MILITARY
- 24 - FACTORY / ASSEMBLY / MECHANIC
- 26 - RESTAURANT / FOODWORKER
- 27 - SKILLED LABOR (e.g. PLUMBER, CARPENTER, PAINTER,  
- HAIRDRESSER)
- 28 - GENERAL LABOR (e.g. CUSTODIAN, DELIVERY, MAILMAN,  
- TRUCK DRIVER)
- 29 - HEAVY LABOR (e.g. CONSTRUCTION, LANDSCAPING)
- 30 - CLERGY (MINISTER, PRIEST, RABBI)
- SPORTS PRO / COACH / EXERCISE INSTRUCTOR
- OTHER (INCLUDES COMBINATIONS OF JOBS  
- e.g. EMT/CLERICAL/PHOTOGRAPHY)
- . UNKNOWN (51)

ACTIVITY CODES

NOTE: CODES NOT IN PARENTHESIS ARE OLD CODES USED IN VARIABLES EH\_5A\_1 TO EH\_5F\_1 AND EH\_6A\_1 TO EH\_6Q\_1. CODES IN PARENTHESIS ARE NEW CODES THAT ARE USED FOR VARIABLES ACTWK1 TO ACTWK6 AND ACTYR1 TO ACTYR17

ACTIVITY	JOB	HOME	SPORT OR RECREATION
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VERY HARD			
(32) 60	Carrying heavy loads such as bricks or lumber	(34) 70 Digging or tilling	(37) 78 Jogging (or stairwalker set to difficult)
		(35) 71 Chopping, stacking or splitting wood	(38) 79 Basketball (in game)
(33) 61	Carrying moderate loads up stairs (16-40 lbs)	(36) 72 Gardening with heavy tools	(39) 80 Soccer (in game)
			(40) 81 Backpacking uphill
			(41) 82 Cycling (uphill or racing)
			(42) 83 Tennis (singles)
			(43) 84 Skiing (cross country)
			(44) 85 Swimming laps (hard effort)
			(45) 86 Aerobics
			(46) 87 Circuit training (Nautilus or par-course)
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HARD			
(19) 40	Construction work	(23) 49 Scrubbing floors	(25) 53 Brisk walking uphill or

- (20) 41 Shoveling dirt,  
coal, etc.
- (21) 42 Lifting  
moderate  
loads (5-16 lbs)
- (22) 43 Climbing  
ladder,  
stairs
- (24) 50 Mowing lawn with  
non-power mower
- stairwalker at  
moderate
- (26) 54 Backpacking on  
level ground
- (27) 55 Brisk cycling on  
level ground or  
exercise bike
- (28) 56 Tennis (doubles)
- (29) 57 Skiing downhill
- (30) 58 Swimming laps  
(moderate effort)
- (31) 59 Rowing

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MODERATE

(5)	20	Lifting or carrying light objects (up to 5 pounds)	(7)	25	Sweep,mop,vacuum	(13)	33	Brisk walking
			(8)	26	Clipping hedge	(14)	34	Shooting baskets
			(9)	27	Raking, light gardening	(15)	35	Throwing frisbee
			(10)	28	Mowing (power mower)	(16)	36	Cycle leisurely
						(17)	37	Swimming laps (easy effort)
(6)	21	Painting outside of house	(11)	29	Cleaning windows	(18)	38	Weightlifting
			(12)	30	Pushing stroller or grocery cart			

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LIGHT

(1) 5 Leisurely walk or golf  
(2) 6 Softball  
(3) 7 Bowling  
(4) 8 Playing musical instrument

EH\_5A\_1           ACTIVITIES IN PAST WEEK (LINE 1):  
SEE OLD ACTIVITY CODES ABOVE  
. UNKNOWN (30)

EH\_5A\_2           ACTIVITIES IN PAST WEEK (LINE1 ):  
TIME IN HOURS FOR EACH ACTIVITY  
0-55  
. UNKNOWN (25)

EH\_5A\_3           ACTIVITIES IN PAST WEEK (LINE 1):  
TIME IN MINUTES FOR EACH ACTIVITY  
0-50  
. UNKNOWN (25)

EH\_5B\_1           ACTIVITIES IN PAST WEEK (LINE 2):  
SEE OLD ACTIVITY CODES ABOVE  
. UNKNOWN (57)

EH\_5B\_2           ACTIVITIES IN PAST WEEK (LINE 2):  
TIME IN HOURS FOR EACH ACTIVITY  
0-70  
. UNKNOWN (56)

EH\_5B\_3           ACTIVITIES IN PAST WEEK (LINE 2):  
TIME IN MINUTES FOR EACH ACTIVITY  
0-50  
. UNKNOWN (56)

EH\_5C\_1           ACTIVITIES IN PAST WEEK (LINE 3):  
SEE OLD ACTIVITY CODES ABOVE  
.UNKNOWN (121)

EH\_5C\_2           ACTIVITIES IN PAST WEEK (LINE 3):  
TIME IN HOURS FOR EACH ACTIVITY  
0-65  
. UNKNOWN (126)

EH\_5C\_3           ACTIVITIES IN PAST WEEK (LINE 3):

TIME IN MINUTES FOR EACH ACTIVITY  
0-55  
. UNKNOWN (126)

EH\_5D\_1           ACTIVITIES IN PAST WEEK (LINE 4):  
SEE OLD ACTIVITY CODES ABOVE  
. UNKNOWN (329)

EH\_5D\_2           ACTIVITIES IN PAST WEEK (LINE 4):  
TIME IN HOURS FOR EACH ACTIVITY  
0-80  
. UNKNOWN (329)

EH\_5D\_3           ACTIVITIES IN PAST WEEK (LINE 4):  
TIME IN MINUTES FOR EACH ACTIVITY  
0-52  
. UNKNOWN (329)

EH\_5E\_1           ACTIVITIES IN PAST WEEK (LINE 5):  
SEE OLD ACTIVITY CODES ABOVE  
. UNKNOWN (705)

EH\_5E\_2           ACTIVITIES IN PAST WEEK (LINE 5):  
TIME IN HOURS FOR EACH ACTIVITY  
0-70  
. UNKNOWN (701)

EH\_5E\_3           ACTIVITIES IN PAST WEEK (LINE 5):  
TIME IN MINUTES FOR EACH ACTIVITY  
0-50  
. UNKNOWN (701)

EH\_5F\_1           ACTIVITIES IN PAST WEEK (LINE 6):  
SEE OLD ACTIVITY CODES ABOVE  
. UNKNOWN (1423)

EH\_5F\_2           ACTIVITIES IN PAST WEEK (LINE 6):  
TIME IN HOURS FOR EACH ACTIVITY  
0-42  
. UNKNOWN (1430)

EH\_5F\_3           ACTIVITIES IN PAST WEEK (LINE 6):  
TIME IN MINUTES FOR EACH ACTIVITY  
0-50  
. UNKNOWN (1430)

EH\_6A\_1           ACTIVITIES IN PAST YEAR (LINE 1):  
SEE OLD ACTIVITY CODES ABOVE  
. UNKNOWN (31)

EH\_6A\_2           ACTIVITIES IN PAST YEAR (LINE 1):  
TIME IN HOURS/WEEK FOR EACH ACTIVITY  
0-70  
. UNKNOWN (37)

EH\_6A\_3           ACTIVITIES IN PAST YEAR (LINE 1):  
TIME IN MINUTES/WEEK FOR EACH ACTIVITY  
0-52  
. UNKNOWN (37)

EH\_6A\_4           ACTIVITIES IN PAST YEAR (LINE 1):

NUMBER OF WEEKS PARTICIPATED  
 1-52  
 . UNKNOWN (36)

EH\_6B\_1      ACTIVITIES IN PAST YEAR (LINE 2):  
 SEE OLD ACTIVITY CODES ABOVE  
 . UNKNOWN (42)

EH\_6B\_2      ACTIVITIES IN PAST YEAR (LINE 2):  
 TIME IN HOURS/WEEK FOR EACH ACTIVITY  
 0-56  
 . UNKNOWN (47)

EH\_6B\_3      ACTIVITIES IN PAST YEAR (LINE 2):  
 TIME IN MINUTES/WEEK FOR EACH ACTIVITY  
 0-55  
 . UNKNOWN (47)

EH\_6B\_4      ACTIVITIES IN PAST YEAR (LINE 2):  
 NUMBER OF WEEKS PARTICIPATED  
 1-52  
 . UNKNOWN (58)

EH\_6C\_1      ACTIVITIES IN PAST YEAR (LINE 3):  
 SEE OLD ACTIVITY CODES ABOVE  
 . UNKNOWN (58)

EH\_6C\_2      ACTIVITIES IN PAST YEAR (LINE 3):  
 TIME IN HOURS/WEEK FOR EACH ACTIVITY  
 0-80  
 . UNKNOWN (74)

EH\_6C\_3      ACTIVITIES IN PAST YEAR (LINE 3):  
 TIME IN MINUTES/WEEK FOR EACH ACTIVITY  
 0-50  
 . UNKNOWN (74)

EH\_6C\_4      ACTIVITIES IN PAST YEAR (LINE 3):  
 NUMBER OF WEEKS PARTICIPATED  
 1-52  
 . UNKNOWN (67)

EH\_6D\_1      ACTIVITIES IN PAST YEAR (LINE 4):  
 SEE OLD ACTIVITY CODES ABOVE  
 . UNKNOWN (93)

EH\_6D\_2      ACTIVITIES IN PAST YEAR (LINE 4):  
 TIME IN HOURS/WEEK FOR EACH ACTIVITY  
 0-60  
 . UNKNOWN (104)

EH\_6D\_3      ACTIVITIES IN PAST YEAR (LINE 4):  
 TIME IN MINUTES/WEEK FOR EACH ACTIVITY  
 0-56  
 . UNKNOWN (104)

EH\_6D\_4      ACTIVITIES IN PAST YEAR (LINE 4):  
 NUMBER OF WEEKS PARTICIPATED  
 1-52  
 . UNKNOWN (106)

EH\_6E\_1      ACTIVITIES IN PAST YEAR (LINE 5):

SEE OLD ACTIVITY CODES ABOVE  
. UNKNOWN (197)

EH\_6E\_2           ACTIVITIES IN PAST YEAR (LINE 5):  
                  TIME IN HOURS/WEEK FOR EACH ACTIVITY  
                  0-70  
                  . UNKNOWN (208)

EH\_6E\_3           ACTIVITIES IN PAST YEAR (LINE 5):  
                  TIME IN MINUTES/WEEK FOR EACH ACTIVITY  
                  0-45  
                  . UNKNOWN (209)

EH\_6E\_4           ACTIVITIES IN PAST YEAR (LINE 5):  
                  NUMBER OF WEEKS PARTICIPATED  
                  1-52  
                  . UNKNOWN (203)

EH\_6F\_1           ACTIVITIES IN PAST YEAR (LINE 6):  
                  SEE OLD ACTIVITY CODES ABOVE  
                  . UNKNOWN (359)

EH\_6F\_2           ACTIVITIES IN PAST YEAR (LINE 6):  
                  TIME IN HOURS/WEEK FOR EACH ACTIVITY  
                  0-70  
                  . UNKNOWN (367)

EH\_6F\_3           ACTIVITIES IN PAST YEAR (LINE 6):  
                  TIME IN MINUTES/WEEK FOR EACH ACTIVITY  
                  0-50  
                  . UNKNOWN (367)

EH\_6F\_4           ACTIVITIES IN PAST YEAR (LINE 6):  
                  NUMBER OF WEEKS PARTICIPATED  
                  1-52  
                  . UNKNOWN (369)

EH\_6G\_1           ACTIVITIES IN PAST YEAR (LINE 7):  
                  SEE OLD ACTIVITY CODES ABOVE  
                  . UNKNOWN (669)

EH\_6G\_2           ACTIVITIES IN PAST YEAR (LINE 7):  
                  TIME IN HOURS/WEEK FOR EACH ACTIVITY  
                  0-50  
                  . UNKNOWN (674)

EH\_6G\_3           ACTIVITIES IN PAST YEAR (LINE 7):  
                  TIME IN MINUTES/WEEK FOR EACH ACTIVITY  
                  0-50  
                  . UNKNOWN (674)

EH\_6G\_4           ACTIVITIES IN PAST YEAR (LINE 7):  
                  NUMBER OF WEEKS PARTICIPATED  
                  1-52  
                  . UNKNOWN (672)

EH\_6H\_1           ACTIVITIES IN PAST YEAR (LINE 8):  
                  SEE OLD ACTIVITY CODES ABOVE  
                  . UNKNOWN (1082)

EH\_6H\_2           ACTIVITIES IN PAST YEAR (LINE 8):  
                  TIME IN HOURS/WEEK FOR EACH ACTIVITY

0-80  
. UNKNOWN (1087)

EH\_6H\_3           ACTIVITIES IN PAST YEAR (LINE 8):  
                  TIME IN MINUTES/WEEK FOR EACH ACTIVITY  
0-56  
. UNKNOWN (1087)

EH\_6H\_4           ACTIVITIES IN PAST YEAR (LINE 8):  
                  NUMBER OF WEEKS PARTICIPATED  
1-52  
. UNKNOWN (1078)

EH\_6I\_1           ACTIVITIES IN PAST YEAR (LINE 9):  
                  SEE OLD ACTIVITY CODES ABOVE  
. UNKNOWN (1542)

EH\_6I\_2           ACTIVITIES IN PAST YEAR (LINE 9):  
                  TIME IN HOURS/WEEK FOR EACH ACTIVITY  
0-70  
. UNKNOWN (1538)

EH\_6I\_3           ACTIVITIES IN PAST YEAR (LINE 9):  
                  TIME IN MINUTES/WEEK FOR EACH ACTIVITY  
0-45  
. UNKNOWN (1538)

EH\_6I\_4           ACTIVITIES IN PAST YEAR (LINE 9):  
                  NUMBER OF WEEKS PARTICIPATED  
1-52  
. UNKNOWN (1540)

EH\_6J\_1           ACTIVITIES IN PAST YEAR (LINE 10):  
                  SEE OLD ACTIVITY CODES ABOVE  
. UNKNOWN (1965)

EH\_6J\_2           ACTIVITIES IN PAST YEAR (LINE 10):  
                  TIME IN HOURS/WEEK FOR EACH ACTIVITY  
0-60  
. UNKNOWN (1966)

EH\_6J\_3           ACTIVITIES IN PAST YEAR (LINE 10):  
                  TIME IN MINUTES/WEEK FOR EACH ACTIVITY  
0-50  
. UNKNOWN (1966)

EH\_6J\_4           ACTIVITIES IN PAST YEAR (LINE 10):  
                  NUMBER OF WEEKS PARTICIPATED  
1-52  
. UNKNOWN (1967)

EH\_6K\_1           ACTIVITIES IN PAST YEAR (LINE 11):  
                  SEE OLD ACTIVITY CODES ABOVE  
. UNKNOWN (2374)

EH\_6K\_2           ACTIVITIES IN PAST YEAR (LINE 11):  
                  TIME IN HOURS/WEEK FOR EACH ACTIVITY  
0-60  
. UNKNOWN (2373)

EH\_6K\_3           ACTIVITIES IN PAST YEAR (LINE 11):  
                  TIME IN MINUTES/WEEK FOR EACH ACTIVITY  
                  0-50  
                  . UNKNOWN (2373)

EH\_6K\_4           ACTIVITIES IN PAST YEAR (LINE 11):  
                  NUMBER OF WEEKS PARTICIPATED  
                  1-52  
                  . UNKNOWN (2375)

EH\_6L\_1           ACTIVITIES IN PAST YEAR (LINE 12):  
                  SEE OLD ACTIVITY CODES ABOVE  
                  . UNKNOWN (2733)

EH\_6L\_2           ACTIVITIES IN PAST YEAR (LINE 12):  
                  TIME IN HOURS/WEEK FOR EACH ACTIVITY  
                  0-70  
                  . UNKNOWN (2731)

EH\_6L\_3           ACTIVITIES IN PAST YEAR (LINE 12):  
                  TIME IN MINUTES/WEEK FOR EACH ACTIVITY  
                  0-45  
                  . UNKNOWN (2731)

EH\_6L\_4           ACTIVITIES IN PAST YEAR (LINE 12):  
                  NUMBER OF WEEKS PARTICIPATED  
                  1-52  
                  . UNKNOWN (2730)

EH\_6M\_1           ACTIVITIES IN PAST YEAR (LINE 13):  
                  SEE OLD ACTIVITY CODES ABOVE  
                  . UNKNOWN (3034)

EH\_6M\_2           ACTIVITIES IN PAST YEAR (LINE 13):  
                  TIME IN HOURS/WEEK FOR EACH ACTIVITY  
                  0-42  
                  . UNKNOWN (3028)

EH\_6M\_3           ACTIVITIES IN PAST YEAR (LINE 13):  
                  TIME IN MINUTES/WEEK FOR EACH ACTIVITY  
                  0-45  
                  . UNKNOWN (3028)

EH\_6M\_4           ACTIVITIES IN PAST YEAR (LINE 13):  
                  NUMBER OF WEEKS PARTICIPATED  
                  1-52  
                  . UNKNOWN (3030)

EH\_6N\_1           ACTIVITIES IN PAST YEAR (LINE 14):  
SEE OLD ACTIVITY CODES ABOVE  
. UNKNOWN (3244)

EH\_6N\_2           ACTIVITIES IN PAST YEAR (LINE 14):  
TIME IN HOURS/WEEK FOR EACH ACTIVITY  
0-56  
. UNKNOWN (3242)

EH\_6N\_3           ACTIVITIES IN PAST YEAR (LINE 14):  
TIME IN MINUTES/WEEK FOR EACH ACTIVITY  
0-45  
. UNKNOWN (3242)

EH\_6N\_4           ACTIVITIES IN PAST YEAR (LINE 14):  
NUMBER OF WEEKS PARTICIPATED  
1-52  
. UNKNOWN (3242)

EH\_60\_1           ACTIVITIES IN PAST YEAR (LINE 15):  
SEE OLD ACTIVITY CODES ABOVE  
. UNKNOWN (3423)

EH\_60\_2           ACTIVITIES IN PAST YEAR (LINE 15):  
TIME IN HOURS/WEEK FOR EACH ACTIVITY  
0-50  
. UNKNOWN (3420)

EH\_60\_3           ACTIVITIES IN PAST YEAR (LINE 15):  
TIME IN MINUTES/WEEK FOR EACH ACTIVITY  
0-50  
. UNKNOWN (3420)

EH\_60\_4           ACTIVITIES IN PAST YEAR (LINE 15):  
NUMBER OF WEEKS PARTICIPATED  
1-52  
. UNKNOWN (3420)

EH\_6P\_1           ACTIVITIES IN PAST YEAR (LINE 16):  
SEE OLD ACTIVITY CODES ABOVE  
. UNKNOWN (3540)

EH\_6P\_2           ACTIVITIES IN PAST YEAR (LINE 16):  
TIME IN HOURS/WEEK FOR EACH ACTIVITY  
0-25  
. UNKNOWN (3539)

EH\_6P\_3           ACTIVITIES IN PAST YEAR (LINE 16):  
                  TIME IN MINUTES/WEEK FOR EACH ACTIVITY  
                  0-45  
                  . UNKNOWN (3539)

EH\_6P\_4           ACTIVITIES IN PAST YEAR (LINE 16):  
                  NUMBER OF WEEKS PARTICIPATED  
                  1-52  
                  . UNKNOWN (3537)

EH\_6Q\_1           ACTIVITIES IN PAST YEAR (LINE 17):  
                  SEE OLD ACTIVITY CODES ABOVE  
                  . UNKNOWN (3627)

EH\_6Q\_2           ACTIVITIES IN PAST YEAR (LINE 17):  
                  TIME IN HOURS/WEEK FOR EACH ACTIVITY  
                  0-40  
                  . UNKNOWN (3624)

EH\_6Q\_3           ACTIVITIES IN PAST YEAR (LINE 17):  
                  TIME IN MINUTES/WEEK FOR EACH ACTIVITY  
                  0-30  
                  . UNKNOWN (3624)

EH\_6Q\_4           ACTIVITIES IN PAST YEAR (LINE 17):  
  
                  NUMBER OF WEEKS PARTICIPATED  
                  1-52  
                  . UNKNOWN (3625)

EH\_7              DO YOU WALK ON A REGULAR BASIS FOR EXERCISE?  
                  0 NO  
                  1 YES  
                  . UNKNOWN (18)

EH\_7A             NUMBER OF MILES AVERAGED PER SESSION (WALKING)  
                  0 NON-WALKER  
                  0.2-10  
                  . UNKNOWN (39)

EH\_7B             AVERAGE TIME PER MILE - MINUTES (WALKING)  
                  0 NON-WALKER  
                  10-45  
                  . UNKNOWN (134)

EH\_7C             AVERAGE TIME PER MILE - SECONDS (WALKING)  
                  0 NON-WALKER (OR EVEN MINUTE MILE)  
                  0-30  
                  . UNKNOWN (134)

EH\_7D             NUMBER OF TIMES (WALKS) EACH WEEK  
                  0 NON-WALKER  
                  0.5-26  
                  . UNKNOWN (35)

EH\_8              DO YOU RUN ON A REGULAR BASIS FOR EXERCISE?  
                  0 NO  
                  1 YES  
                  . UNKNOWN (23)

EH\_8A                   NUMBER OF MILES AVERAGED PER SESSION (RUNNING)  
0 NON-RUNNER  
0.5-10  
. UNKNOWN (26)

EH\_8B                   AVERAGE TIME PER MILE - MINUTES (RUNNING)  
0 NON-RUNNER  
5-30  
. UNKNOWN (33)

EH\_8C                   AVERAGE TIME PER MILE - SECONDS (RUNNING)  
0 NON-RUNNER (OR EVEN MINUTE MILE)  
0-45  
. UNKNOWN (33)

EH\_8D                   NUMBER OF TIMES (RUNS) EACH WEEK  
0 NON-RUNNER  
1-8  
. UNKNOWN (27)

EH\_9A                   NUMBER FLIGHTS OF STAIRS CLIMBED EACH DAY  
0-200  
. UNKNOWN (26)

EH\_9B                   NUMBER CITY BLOCKS WALKED EACH DAY  
0-288  
. UNKNOWN (57)

EH\_10A                  NUMBER OF HOURS OF SLEEP EACH DAY  
2-14  
. UNKNOWN (18)

EH\_10B                  NUMBER OF HOURS OF SEDENTARY ACTIVITY EACH DAY  
1-19  
. UNKNOWN (59)

EH\_10C                  NUMBER OF HOURS OF SLIGHT ACTIVITY EACH DAY  
0-16  
. UNKNOWN (58)

EH\_10D                  NUMBER OF HOURS OF MODERATE ACTIVITY EACH DAY  
0-13  
. UNKNOWN (58)

EH\_10E                  NUMBER OF HOURS OF HEAVY ACTIVITY EACH DAY  
0-14  
. UNKNOWN (59)

EH\_10F                  TOTAL HOURS IN A DAY - SUM OF EH\_10A-EH\_10E  
22-26  
. UNKNOWN (59)  
    \*\* NOTE - FOR EACH INDIVIDUAL WHOSE SUM OF  
    HOURS WAS BETWEEN 22-26, ALL ACTIVITY  
    VALUES WERE KEPT. IF SUM<22 OR SUM>26,  
    HOURS OF SLEEP (EH\_10A) WAS KEPT AND  
    EH\_10B THROUGH EH\_10F WERE SET TO MISSING.

ACTWK1-ACTWK6      ACTIVITY IN PAST WEEK USING NEW ACTIVITY  
CODES 1-46  
0 NO  
1-46

ACTYR1-ACTYR17     ACTIVITY IN PAST YEAR USING NEW ACTIVITY  
CODES 1-46  
0 NO  
1-46

TOTKCW              ACTIVITIES IN PAST WEEK:  
TOTAL ENERGY EXPENDITURE FOR ALL ACTIVITIES  
0 NO  
8-60870 KNOWN

TOTKCY              ACTIVITIES IN PAST YEAR:  
TOTAL ENERGY EXPENDITURE FOR ALL ACTIVITIES IN PAST YEAR  
0 NO  
2700-6191640 KNOWN

KCAL1-KCAL46        EACH OF 46 ACTIVITIES:  
ENERGY EXPENDITURE RATING  
0 NO  
2.4-10 KC/MIN

MINWK1-MINWK46    EACH OF 46 ACTIVITIES:  
MINUTES AT EACH ACTIVITY IN PAST WEEK  
0 NO  
1-4800 MINUTES

MINYR1-MINYR46    EACH OF 46 ACTIVITIES:  
MINUTES AT EACH ACTIVITY IN PAST YEAR  
0 NO  
1-235200 MINUTES

NWEEK1-NWEEK46    EACH OF 46 ACTIVITIES:  
NUMBER WEEKS PARTICIPATED ACTIVITY IN PAST YEAR  
0 NO  
1-52 WEEKS