

ID

WISE ID _____

Name Code: _____

SDATE

Date: ___/___/___
mm dd yy

When Administered in Protocol
ADMIN

0 () pre-angio
1 () post-angio

- | | | |
|--|-----|------------------|
| | Yes | No |
| 1.1 Do you know the results of your angiogram? | () | () <i>ANGIO</i> |
| 1.2 Do you think you have coronary disease? | () | () <i>CORDS</i> |

WISE SELF-REPORT QUESTIONNAIRE

Read each statement carefully, but don't spend too much time deciding on the answer. Please answer every statement by checking True or False, even if you are not completely sure of the answer. Remember there are no right or wrong answers-just describe your **own** personal opinions and feelings.

- | | True | False |
|---|------|-------|
| | 1 | 0 |
| 2.1 I like to discuss my experiences and feelings openly with friends instead of keeping them to myself <i>DISC</i> | () | () |
| 2.2 It wouldn't bother me to be alone all the time <i>ALONE</i> | () | () |
| 2.3 I like to keep my problems to myself <i>PRSEL</i> | () | () |
| 2.4 I would like to have warm and close friends with me most of the time <i>WARM</i> | () | () |
| 2.5 My friends find it hard to know my feelings because I seldom tell them about my private thoughts <i>FRIND</i> | () | () |
| 2.6 I usually like to stay cool and detached from other people <i>STCOOL</i> | () | () |
| 2.7 Even when I am with friends, I prefer not to "open up" very much <i>NOOPEN</i> | () | () |
| 2.8 If I am feeling upset, I usually feel better around friends than when left alone <i>UPPEN</i> | () | () |

WISE ID _____

		True 1	False 0
2.9	I have often had to take orders from someone who did not know as much as I did <i>ORDOT</i>	()	()
2.10	I think a great many people make a lot of their bad luck in order to gain the sympathy and help of others <i>BADSY</i>	()	()
2.11	It takes a lot of argument to convince most people of the truth <i>ARGTR</i>	()	()
2.12	Most people are honest mainly through fear of being caught <i>HONFR</i>	()	()
2.13	Most people will use somewhat unfair means to gain profit or an advantage rather than to lose it <i>UNPRO</i>	()	()
2.14	No one cares much what happens to you <i>NOCAR</i>	()	()
2.15	It is safer to trust no one <i>SAFNO</i>	()	()
2.16	Most people make friends because friends are likely to be useful to them <i>FRUSE</i>	()	()
2.17	Most people inwardly do not like putting themselves out to help other people <i>INNHP</i>	()	()
2.18	I have often met people who were supposed to be experts who were no better than I <i>EXPER</i>	()	()
2.19	People often demand more respect for their own rights than they are willing to allow for others <i>OWNRT</i>	()	()
2.20	A large number of people are guilty of bad sexual behavior <i>GUSEX</i>	()	()
2.21	I think most people would lie to get ahead <i>LIEAT</i>	()	()
2.22	When someone does me wrong I feel I should pay him back if I can, just for the principle of the thing <i>PAYPR</i>	()	()
2.23	It makes me impatient to have people ask my advice or otherwise interrupt me when I am working on something important <i>IMPIM</i>	()	()

WISE ID _____

		True 1	False 0
2.24	Some of my family have habits that bother and annoy me very much FAMBY	()	()
2.25	I can be friendly with people who do things which I consider wrong FRWRD	()	()
2.26	I don't blame anyone for trying to grab everything he can get in this world GRABE	()	()
2.27	I do not blame a person for taking advantage of someone who lays himself open to it BLAMA	()	()
2.28	People often disappoint me DSAPT	()	()
2.29	I am not easily angered EAANG	()	()
2.30	I would certainly enjoy beating a crook at his own game CROOK	()	()
2.31	I have at times had to be rough with people who were rude or annoying ROUGH	()	()
2.32	There are certain people whom I dislike so much that I am inwardly pleased when they are catching it for something they have done DISPL	()	()
2.33	I am often inclined to go out of my way to win a point with someone who has opposed me WINPT	()	()
2.34	I do not try to cover up my poor opinion or pity of a person so that he won't know how I feel POORD	()	()
2.35	I strongly defend my own opinions as a rule DFOPN	()	()
2.36	I have experienced an intense surge of fear or anxiety (i.e., a panic attack) in a situation for no apparent reason ANXNR	()	()
2.37	I have experienced four or more panic attacks in the period of one month PANMO	()	()

WISE ID _____

		True 1	False 0
2.38	I have had a panic attack and significantly changed my behavior for fear of having another attack <i>PANCH</i>	()	()
2.39	I have seen a psychologist, psychiatrist, or other mental health professional for treatment of panic disorder <i>PSYPN</i>	()	()
2.40	I have seen a psychologist, psychiatrist, or other mental health professional for treatment of an anxiety disorder <i>PSYAX</i>	()	()

A number of statements that people have used to describe themselves are given below. Please check the category that corresponds to your response for each item. There are no right or wrong answers. Do not spend too much time on any one statement, but give the answer that describes how you generally feel.

		<u>Almost Never</u> 1	<u>Sometimes</u> 2	<u>Often</u> 3	<u>Almost Always</u> 4
3.1	I am a steady person <i>STEDY</i>	()	()	()	()
3.2	I feel satisfied with myself <i>SATME</i>	()	()	()	()
3.3	I feel nervous and restless <i>NERVR</i>	()	()	()	()
3.4	I wish I could be as happy as others seem to be <i>HYDOT</i>	()	()	()	()
3.5	I feel like a failure <i>FFAIL</i>	()	()	()	()
3.6	I get in a state of turmoil or tension as I think over my recent concerns and interests <i>TURML</i>	()	()	()	()
3.7	I feel secure <i>FSELR</i>	()	()	()	()
3.8	I lack self-confidence <i>LSELF</i>	()	()	()	()
3.9	I feel inadequate <i>FINDG</i>	()	()	()	()
3.10	I worry too much over something that does not matter <i>WORSM</i>	()	()	()	()

Everyone feels angry or furious from time to time, but people differ in the ways they react when they are angry. A number of statements are listed below which people use to describe their reactions when they feel angry or *furious*. Read each statement and then fill in the circle with the number which indicates how *often* you *generally* react or behave in the manner described when you are feeling angry or furious. Remember that there are no right or wrong answers. Do not spend too much time on any one statement.

When Angry or Furious...

		Almost <u>Never</u> 1	<u>Sometimes</u> 2	<u>Often</u> 3	Almost <u>Always</u> 4
4.1	I control my temper <i>FTEMP</i>	()	()	()	()
4.2	I express my anger <i>FANGR</i>	()	()	()	()
4.3	I keep things in. <i>FIN</i>	()	()	()	()
4.4	I am patient with others. <i>PTIEN</i>	()	()	()	()
4.5	I pout or sulk. <i>FULK</i>	()	()	()	()
4.6	I withdraw from people. <i>FWDR</i>	()	()	()	()
4.7	I make sarcastic remarks to others <i>FSAR</i>	()	()	()	()
4.8	I keep my cool. <i>FCOOL</i>	()	()	()	()
4.9	I do things like slam doors <i>FSLAM</i>	()	()	()	()
4.10	I boil inside, but I don't show it. <i>FBOIL</i>	()	()	()	()
4.11	I control my behavior. <i>FCONT</i>	()	()	()	()
4.12	I argue with others. <i>FARGU</i>	()	()	()	()
4.13	I tend to harbor grudges that I don't tell anyone about. <i>FGRDG</i>	()	()	()	()
4.14	I strike out at whatever infuriates me. <i>FURIA</i>	()	()	()	()

WISE ID _____

		Almost <u>Never</u> 1	<u>Sometimes</u> 2	<u>Often</u> 3	Almost <u>Always</u> 4
4.15	I can stop myself from losing my temper. <i>FSTOP</i>	()	()	()	()
4.16	I am secretly quite critical of others. <i>FCRIT</i>	()	()	()	()
4.17	I am angrier than I am willing to admit. <i>FADMI</i>	()	()	()	()
4.18	I calm down faster than most people. <i>FCALM</i>	()	()	()	()
4.19	I say nasty things. <i>FNAST</i>	()	()	()	()
4.20	I try to be tolerant and understanding. <i>FTOLR</i>	()	()	()	()
4.21	I'm irritated a great deal more than people are aware of. <i>FIRT</i>	()	()	()	()
4.22	I lose my temper. <i>FLOSE</i>	()	()	()	()
4.23	If someone annoys me, I'm apt to tell him or her how I feel. <i>FANNY</i>	()	()	()	()
4.24	I control my angry feelings. <i>FANGF</i>	()	()	()	()

5.1 → 5.5

*avoidance.
Agoraphobia*

WISE ID _____

Circle a number from the scale below to show how much you would avoid each of the situations listed below **because of fear**.

5.1 Traveling alone by bus or coach

<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>
Would not avoid it			Slightly avoid it			Definitely avoid it			Always avoid it

5.2 Walking alone in busy streets

<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>
Would not avoid it			Slightly avoid it			Definitely avoid it			Always avoid it

tr bus

5.3 Going into crowded shops

<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>
Would not avoid it			Slightly avoid it			Definitely avoid it			Always avoid it

walk

5.4 Going alone far from home

<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>
Would not avoid it			Slightly avoid it			Definitely avoid it			Always avoid it

crowd

5.5 Large open spaces

<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>
Would not avoid it			Slightly avoid it			Definitely avoid it			Always avoid it

ashm

opns p

Please rate how often you experience the following physical sensations. For each item, circle the one number from 0 to 4 that best represents your rating.

6.1	In general, how many different bodily sensations are you aware of?	0 very few	1 BOOSE	2	3	4 very many
6.2	How often are you aware of those sensations?	0 never	1 AUSEN	2	3	4 very often
HOW OFTEN DO YOU NOTICE						
6.3	Your face becoming hot?	0 never	1 FACHT	2	3	4 very often
6.4	Your hands becoming cold?	0 never	1 HDCOL	2	3	4 very often
6.5	Perspiration?	0 never	1 PERSP	2	3	4 very often
6.6	Your mouth becoming dry?	0 never	1 MDDRY	2	3	4 very often
6.7	Your muscles becoming tense?	0 never	1 MUSTN	2	3	4 very often
6.8	Headaches?	0 never	1 HEDAC	2	3	4 very often
6.9	Changes in heart action?	0 never	1 CHHRT	2	3	4 very often
6.10	Increases in rate of heartbeat?	0 never	1 IHRTR	2	3	4 very often
6.11	Increases in intensity of heartbeat?	0 never	1 IHRTI	2	3	4 very often
6.12	Changes in breathing?	0 never	1 CHBRE	2	3	4 very often
6.13	Your breathing becomes more rapid?	0 never	1 BRRAP	2	3	4 very often
6.14	Your breathing becomes deeper?	0 never	1 BRDEP	2	3	4 very often
6.15	Your breathing becomes more shallow?	0 never	1 BRSHA	2	3	4 very often

6.16 Blood rushing to your head?	0 never	1 BLDHE	2	3	4 very often
6.17 A lump in your throat?	0 never	1 LUTHR	2	3	4 very often
6.18 Your stomach becoming upset?	0 never	1 STOUP	2	3	4 very often
6.19 A sinking or heavy feeling in your stomach?	0 never	1 STOSK	2	3	4 very often
6.20 Difficulties in talking?	0 never	1 DITAL	2	3	4 very often
6.21 Your bodily sensations becoming bothersome?	0 never	1 SNBOT	2	3	4 very often
6.22 Tension in your arms and hands?	0 never	1 TEARM	2	3	4 very often
6.23 Tension in your forehead, scalp, or eye muscles?	0 never	1 TEFOR	2	3	4 very often
6.24 Tension in your jaw, mouth, or cheeks?	0 never	1 TEJAW	2	3	4 very often
6.25 Tension in your neck?	0 never	1 TENCK	2	3	4 very often
6.26 Tension in your shoulders and upper back?	0 never	1 TESHD	2	3	4 very often
6.27 Tension in your chest?	0 never	1 TECHS	2	3	4 very often
6.28 Tension in your abdomen (stomach muscles)?	0 never	1 TEABD	2	3	4 very often
6.29 Tension in your lower back?	0 never	1 TELBK	2	3	4 very often
6.30 Tension in your hips & buttocks?	0 never	1 TEHIP	2	3	4 very often
6.31 Tension in your legs and feet?	0 never	1 TELEG	2	3	4 very often

7.1 Which of the following best describes your marital status? *MARRIED*

- 1 () Never married and never lived with someone in a marital-like relationship
- 2 () Currently married and living together, or living with someone in marital-like relationship
- 3 () Separated
- 4 () Divorced or formerly lived with someone in a marital-like relationship
- 5 () Widowed

7.2 How many children do you have? (If you don't have any children, check "0" and skip to question 7.3. Otherwise, answer question 7.2.1)

0 () 1 () 2 () 3 () 4 () 5 () 6 () 7 or more () *NO CHILD*

↓

7.2.1 How many of your children do you see or talk to on the phone at least once every 2 weeks?

0 () 1 () 2 () 3 () 4 () 5 () 6 () 7 or more () *NO CHILD*

7.3 Are either of your parents living? (If neither is living, check "0" and skip to question 7.4. Otherwise, answer question 7.3.1)

0 () neither 1 () mother only 2 () father only 3 () both *PARENTS*

↓

7.3.1 Do you see or talk on the phone to either of your parents at least once every 2 weeks?

0 () neither 1 () mother only 2 () father only 3 () both *NO PARENTS*

7.4 Are either of your in-laws (or partner's parents) living? (If you have none, check "0" and skip to question 7.5. Otherwise, answer question 7.4.1)

0 () neither 1 () mother only 2 () father only 3 () both *IN-LAWS*

↓

6.4.1 Do you see or talk on the phone to either of your partner's parents at least once every 2 weeks?

0 () neither 1 () mother only 2 () father only 3 () both *NO IN-LAWS*

7.9. How many of your neighbors do you visit or talk to at least once every 2 weeks?

0 () 1 () 2 () 3 () 4 () 5 () 6 () 7 or more () NONE

7.10 Are you currently involved in regular volunteer work? (If not, check 'no' and skip to question 7.11. Otherwise, answer question 7.10.1)

1 () Yes 0 () No

VOLUN

7.10.1 How many people involved in this volunteer work do you talk to at least once every 2 weeks?

0 () 1 () 2 () 3 () 4 () 5 () 6 () 7 or more () NOVOL

7.11 Do you belong to any groups? Examples include social clubs, recreational groups, trade unions, commercial groups, professional organizations, groups concerned with children like the PTA or Boy Scouts, groups concerned with community service, etc. (If you don't belong to any such groups, check 'no' and skip to question 7.12)

1 () Yes 0 () No GROUP

Consider those groups in which you talk to a fellow group member at least once every 2 weeks. Please provide the following information for each such group: the name or type of group and the total number of members that you talk to at least once every 2 weeks.

	Group	Total number of group members that you talk to at least once every 2 weeks.
7.11.1	GR1	GR1NO
7.11.2	GR2	GR2NO
7.11.3	GR3	GR3NO
7.11.4	GR4	GR4NO
7.11.5	GR5	GR5NO

7.12 Other than the people you've included in any question above, how many **other** friends (people you can do things with or can talk to about common interests or problems, etc.) do you have? (If you have none, check "0" and skip to question 7.13. Otherwise, answer question 7.12.1)

0 () 1 () 2 () 3 () 4 () 5 () 6 () 7 or more () *FR107*

<p>7.12.1 How many of these friends do you see or talk to at least once every 2 weeks?</p> <p style="text-align: center;"><i>NDFR1</i></p> <p>0 () 1 () 2 () 3 () 4 () 5 () 6 () 7 or more ()</p>
--

7.13 How many family members and friends do you have who could help with your medical care, e.g. taking you to appointments, discussing choices for therapy? (If you have none, check "0", otherwise, answer question 7.13.1). *FAMMD*

0 () 1 () 2 () 3 () 4 () 5 () 6 () 7 or more ()

<p>7.13.1 How many people do you see or talk to at least once every 2 weeks who help you with your medical care?</p> <p style="text-align: center;"><i>NDFAM</i></p> <p>0 () 1 () 2 () 3 () 4 () 5 () 6 () 7 or more ()</p>
--

Please read each set of four sentences below and check the box that represents how you have felt in general during the **PAST TWO WEEKS**.

8.1

- 1 () I do not feel sad. *WSAD*
- 2 () I feel sad.
- 3 () I am sad all the time and can't snap out of it.
- 4 () I am so sad or unhappy that I can't stand it.

8.2

- 1 () I am not particularly discouraged about the future. *WDISE*
- 2 () I feel discouraged about the future.
- 3 () I feel I have nothing to look forward to.
- 4 () I feel that the future is hopeless and that things cannot improve.

8.3

- 1 () I do not feel like a failure.
- 2 () I feel I have failed more than the average person. *W FAIL*
- 3 () As I look back on my life, all I can see is a lot of failure.
- 4 () I feel I am a complete failure as a person.

8.4

- 1 () I get as much satisfaction out of things as I used to.
- 2 () I don't enjoy things the way I used to.
- 3 () I don't get real satisfaction out of anything anymore. *WSAT 1*
- 4 () I am dissatisfied or bored with everything.

8.5

- 1 () I don't feel particularly guilty. *WGUIL*
- 2 () I feel guilty a good part of the time.
- 3 () I feel quite guilty most of the time.
- 4 () I feel guilty all of the time.

8.6

- 1 () I don't feel I am being punished. *WPUNI*
- 2 () I feel I may be punished.
- 3 () I expect to be punished.
- 4 () I feel I am being punished.

8.7

- 1 () I don't feel disappointed in myself. *WDISA*
- 2 () I am disappointed in myself.
- 3 () I am disgusted with myself.
- 4 () I hate myself.

8.8

- 1 () I don't feel I am worse than anyone else. *NWORS*
- 2 () I am critical of myself for my weakness or mistakes.
- 3 () I blame myself all the time for my faults.
- 4 () I blame myself for everything bad that happens.

8.9

- 1 () I don't have any thoughts of killing myself. *WKILL*
- 2 () I have thoughts of killing myself, but I would not carry them out.
- 3 () I would like to kill myself.
- 4 () I would kill myself if I had the chance.

8.10

- 1 () I don't cry any more than usual. *WERY*
- 2 () I cry more now than I used to.
- 3 () I cry all the time now.
- 4 () I used to be able to cry, but now I can't cry even though I want to.

8.11

- 1 () I am no more irritated now than I ever am.
- 2 () I get annoyed or irritated more easily than I used to.
- 3 () I feel irritated all the time now.
- 4 () I don't get irritated at all by the things that used to irritate me.

WIRRI

8.12

- 1 () I have not lost interest in other people.
- 2 () I am less interested in other people than I used to be.
- 3 () I have lost most of my interest in other people
- 4 () I have lost all of my interest in other people.

WLOST

8.13

- 1 () I make decisions about as well as I ever could.
- 2 () I put off making decisions more than I used to.
- 3 () I have greater difficulty in making decisions than ever before.
- 4 () I can't make decisions at all anymore.

WMAKE

8.14

- 1 () I don't feel I look any worse than I used to.
- 2 () I am worried that I am looking old or unattractive.
- 3 () I feel there are permanent changes in my appearance that make me look unattractive.
- 4 () I believe that I look ugly.

WLOOK

8.15

- 1 () I can work about as well as before.
- 2 () It takes an extra effort to get started at doing something.
- 3 () I have to push myself very hard to do anything.
- 4 () I can't do any work at all.

WWORK

8.16

- 1 () I can sleep as well as usual.
- 2 () I don't sleep as well as I used to.
- 3 () I wake up 1-2 hours earlier than usual and find it hard to get back to sleep.
- 4 () I wake up several hours earlier than I used to and cannot get back to sleep.

WSLEP

8.17

- 1 () I don't get more tired than usual.
- 2 () I get tired more easily than I used to.
- 3 () I get tired from doing almost anything.
- 4 () I am too tired to do anything.

WTIRE

8.18

- 1 () My appetite is no worse than usual.
- 2 () My appetite is not as good as it used to be.
- 3 () My appetite is much worse now.
- 4 () I have no appetite at all anymore.

W APPT

8.19

- 1 () I haven't lost much weight, if any, lately.
- 2 () I have lost more than 5 pounds.
- 3 () I have lost more than 10 pounds.
- 4 () I have lost more than 15 pounds.
- 0 () I am purposely trying to lose weight by eating less.

W W GHT

8.20

- 1 () I am no more worried about my health than usual.
- 2 () I am worried about physical problems such as aches and pains; or upset stomach; or constipation.
- 3 () I am very worried about physical problems and it's hard to think about anything else.
- 4 () I am so worried about my physical problems that I cannot think about anything else.

W WORRY

8.21

- 1 () I have not noticed any recent changes in my interest in sex.
- 2 () I am less interested in sex than I used to be.
- 3 () I am much less interested in sex now.
- 4 () I have lost interest in sex completely.

W SEX

For data center use only:
Indicator: 1

INDCT