



To be completed by TAAG staff:			
Site ID: _____			
Form Code: <b>HW8</b>	Version: <b>A</b>	Series #: _____	Seq. #: _____

## Health Lessons and Activity Challenges 8<sup>th</sup> Grade

### Teacher Workshop I, Observation Form

#### A. Administrative

1. Date of Workshop: \_\_\_\_/\_\_\_\_/20\_\_\_\_      2. Observer Initials: \_\_\_\_ \_\_\_\_ \_\_\_\_  
(mm / dd / yy)
3. Number of Attendees who stayed for the entire workshop: \_\_\_\_\_

#### B. Training Formats

**Interventionist may select from the three training formats described below. Site process evaluator is informed of format(s) to be used prior to training**

- **Interventionist Role Play:** Interventionist reviews lesson objectives & background with teachers. Interventionist role-plays an activity from both versions of the lesson in addition to reviewing the lesson. Teachers review (5-8 minutes) overall lesson format and content before role-play of the lesson. Teachers are walked through the appropriate lesson version(s) and then role-play the same activity. All lesson sections are covered.
- **Teacher Model:** Interventionist reviews lesson objectives & background with teachers. Teachers, working in small groups, review the lesson. Next, teachers role-play an activity of their choice from the appropriate version(s) of the lesson. All lesson sections are covered.
- **Group Discussion:** Interventionist reviews lesson objectives and background with teachers. Teachers review lesson and discuss implementation and practicalities of the lesson in small groups. All lesson sections are covered. No role play is expected.

#### C. Workshop Content

**Indicate how well the following items were covered during the training: (circle *one* for each item)**

	Fully Covered	Partially Covered	Not Covered	N/A
4. Introductions and Housekeeping	1	2	3	
5. Team Builder Activity: Modified Lesson 1 PA Activity (Myth or Reality Scavenger Hunt)	1	2	3	
6. TAAG Study Overview	1	2	3	
7. Health Education Overview	1	2	3	
8. Review 7th Grade Health Ed Concepts	1	2	3	

	<b>Fully Covered</b>	<b>Partially Covered</b>	<b>Not Covered</b>	<b>N/A</b>
<b>D. HEAC Lessons 1-6</b>				
<b>9. Lesson 1: Fit and Active: Everybody can be Active</b>				
a) Review Lesson 1 Objectives & Background	1	2	3	
b) Teachers skim Lesson 1	1	2	3	
c) Lesson 1 Sections Covered	1	2	3	
d) Activity Role-play	1	2	3	4
e) Lesson 1 Activity Challenge Assignment using Teacher's Manual (TM) <b>and</b> Lesson Activity Handout (LH)	1	2	3	
f) Lesson 1 AC Follow-up	1	2	3	
g) Discussion: How to Record AC Follow-up	1	2	3	
<b>10. Lesson 2: The FITT Recipe: A Recipe for Active Life</b>				
a) Review Lesson 2 Objectives & Background	1	2	3	
b) Teachers skim Lesson 2	1	2	3	
c) Lesson 2 Sections Covered	1	2	3	
d) Activity Role-play	1	2	3	4
e) Lesson 2 Activity Challenge Assignment	1	2	3	
<b>11. Lesson 3: Barrier Busters! Identifying and Breaking Barriers</b>				
a) Lesson 2 AC Follow-up	1	2	3	
b) Review Lesson 3 Objectives & Background	1	2	3	
c) Teachers skim Lesson 3	1	2	3	
d) Lesson 3 Sections Covered	1	2	3	
e) Activity Role-play	1	2	3	4
f) Lesson 3 Activity Challenge Assignment	1	2	3	
g) Pedometer Assignment & Return Procedures	1	2	3	
h) Alert Teachers to Coordinate Pedometer assignment with Pedometer Challenge	1	2	3	

	<b>Fully Covered</b>	<b>Partially Covered</b>	<b>Not Covered</b>	<b>N/A</b>
<b>12. Lesson 4: Talking It Out: Using Appropriate Communication Skills to Overcome Barriers to Physical Activity</b>				
a) Lesson 3 AC Follow-up	1	2	3	
b) Review Lesson 4 Objectives & Background	1	2	3	
c) Teachers skim Lesson 4	1	2	3	
d) Lesson 4 Sections Covered	1	2	3	
e) Activity Role-play	1	2	3	4
f) Lesson 4 Activity Challenge Assignment	1	2	3	
<b>13. Lesson 5: Turning it Around: Reducing Sedentary Behaviors</b>				
a) Lesson 4 AC Follow-up	1	2	3	
b) Review Lesson 5 Objectives & Background	1	2	3	
c) Teachers skim Lesson 5	1	2	3	
d) Lesson 5 Sections Covered	1	2	3	
e) Activity Role-play	1	2	3	4
f) Lesson 5 Activity Challenge Assignment	1	2	3	
<b>14. Lesson 6 "Putting it All Together: Get the Word Out</b>				
a) Lesson 5 AC Follow-Up	1	2	3	
b) Review Lesson 6 Objectives & Background	1	2	3	
c) Teachers skim Lesson 6	1	2	3	
d) Lesson 6 Sections Covered	1	2	3	
e) Activity Role-play	1	2	3	4
15. Review Process Evaluation	1	2	3	
16. Discussion of Lesson Scheduling	1	2	3	
17. Workshop Evaluation	1	2	3	
18. Graduation and Awards	1	2	3	

19. Additional observer comments: \_\_\_\_\_  
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