



To be completed by TAAG staff:			
Teacher ID:	_____		
Form Code: TI7	Version: A	Series #: _____	Seq. #: _____

Health Lessons and Activity Challenges

Teacher Interview – Grade 7

For interviewer use only:

Teacher Initials: _____ School Name: _____

Interview Date: ___/___/20___ Subject/Course Name: _____

Number of Girls enrolled in 7th grade: _____ Number of Boys enrolled in 7th grade: _____

Primary Teaching Format: (*circle one*) Interview Structure: (*circle one*)

1 Classroom	1 In-person
2 Physically Active	2 Phone

Start time of interview: ____:____ End time of interview: ____:____

The purpose of this interview is to get your feedback about the TAAG health lessons with activity challenges curriculum. Your honest answers will help us improve TAAG.

1. How many class periods that include health content do you teach? _____
2. In how many of those class periods did you teach the TAAG lessons (this could be either classroom or physically active)? _____
3. How many girls (and boys if in a coed class) are enrolled in each health-related TAAG class?

Class # 1: _____ Girls/ _____ Boys	Class # 6: _____ Girls/ _____ Boys
Class # 2: _____ Girls/ _____ Boys	Class # 7: _____ Girls/ _____ Boys
Class # 3: _____ Girls/ _____ Boys	Class # 8: _____ Girls/ _____ Boys
Class # 4: _____ Girls/ _____ Boys	Class # 9: _____ Girls/ _____ Boys
Class # 5: _____ Girls/ _____ Boys	Class #10: _____ Girls/ _____ Boys

4. Did you teach all 6 lessons to each of your classes during the school year?
 Y Yes (*If Yes, skip to question 6.*)
 N No

5. In how many classes did you teach the following lessons?

Lesson 1 – Why Physical Activity? (Benefits of Physical Activity):	_____
Lesson 2 – Fitting in MVPA (Intensity and Physical Activity):	_____
Lesson 3 – Logging on (Self-monitoring Techniques for Physical Activity):	_____
Lesson 4 – The Buddy System (Enlisting Support for Physical Activity):	_____
Lesson 5 – Be a Goal-Getter (Short-term Goal Setting):	_____
Lesson 6 – Putting it All Together (Creating a Physically Active Life):	_____

6. In general, the TAAG Lessons included the following components: Introduction, Lesson Content, Lesson Summary, Activity Challenge, and Activity Challenge Follow-up. Were there any lesson components that you were often unable to include?

Y Yes

N No (If No, **skip** to question 7.)

a. If Yes, which components were not generally included? (*check **all** that apply*)

1. Introduction
2. Lesson Content
3. Lesson Summary
4. Activity Challenge
5. Activity Challenge Follow-up

b. Why? _____

7. How easy was it to implement the activity challenges in your classes? (*circle **one***)

- A. Very difficult
- B. Somewhat difficult
- C. Somewhat easy
- D. Very easy

8. How easy was it to implement the lessons (excluding activity challenges) in your classes? (*circle **one***)

- A. Very difficult
- B. Somewhat difficult
- C. Somewhat easy
- D. Very easy

9. On average, how much time did you spend teaching a lesson? (*average # minutes*) _____

10. What problems did you have, if any, in implementing the lessons? (*check **all** that apply*)

- a. None
- b. Not enough time
- c. Too much material
- d. Difficulty with preparation for lessons
- e. Limited (or lack of) space
- f. Lack of familiarity with the lessons
- g. Lack of equipment
- h. Lack of administrative support
- i. Administrative barriers in school (i.e. schedule changes/scheduling space)
- j. Difficulty with managing student materials during lessons
- k. Other (please specify: _____)

11. What problems did you have, if any, in implementing the activity challenges? (*check **all** that apply*)
- a. None
 - b. Not enough time to assign activity challenges
 - c. Not enough time for follow up on the completion and review of activity challenges
 - d. Students felt they were like homework/difficult to gain student buy-in
 - e. Not enough physical activity/too much paperwork
 - f. Duration of activity challenge was too long; students lost interest
 - g. Lack of administrative support
 - h. Administrative barriers in school (i.e. schedule changes)
 - i. Limited (or lack of) space
 - j. Lack of equipment to complete activity challenges
 - k. Damaged equipment
 - l. Other (please specify: _____)

On a scale of 1-10 with 10 being the highest:

12. To what extent did girls enjoy the lessons? _____
13. To what extent did girls enjoy the activity challenges? _____
14. On a scale of 1 to 10, with 10 being the highest, how would you rate the adequacy of the support you received from your school's administration to teach the TAAG health lessons and activity challenges? _____

(Interviewer: If ≥ 7, skip to question 16. If ≤6, ask next question).

15. What did you need that you did not get? _____

16. On a scale of 1 to 10, with 10 being the highest, how adequate was the TAAG staff support you received while you were teaching the TAAG health lessons and activity challenges? _____

(Interviewer: If ≥ 7, skip to question 18. If ≤6, ask next question).

17. What did you need that you did not get? _____

18. On a scale of 1 to 10, with 10 meaning you felt extremely well prepared, to what extent did you feel the TAAG workshops and materials prepared you to teach the lessons? _____

19. On a scale to 1 to 10, with 10 meaning extremely worthwhile, how worthwhile do you feel the TAAG Health Education approach is? _____
20. Will you teach the TAAG Health Education Lessons (during class content and outside of class Activity Challenges) after TAAG is no longer in the school?
- Y Yes (*If Yes, skip to question 22.*)
- N No
21. Are you planning to teach the Health Lessons content (during class) without the Activity Challenges (out of class)?
- Y Yes
- N No
22. Please provide any additional comments, suggestions, or insights about the TAAG health lessons and activity challenges that will help make it better in the future.
