

**Baseline Asthma and Medical History**

**Purpose:** To collect baseline information concerning participant's asthma and medical history.

**When:** Visit 1 (V1).

**Instructions:** Key into STAN data system at [www.cctrials.org/alaacrc](http://www.cctrials.org/alaacrc) within 10 working days.

**A. Clinical center, participant and visit identification**

1. Clinical center ID: \_\_\_\_\_

2. Participant ID: \_\_\_\_\_

3. Name code: \_\_\_\_\_

4. Visit date: \_\_\_\_\_  
day mon year

5. Visit ID:  V 1

6. Form version date:  3 0 - J U N - 1 1   
day mon year

**B. Demographic information**

7. Gender (*check only one*):  
 Male ( 1 )  
 Female ( 2 )

8. Ethnicity (*check only one*):  
 Hispanic/Latino/Spanish ( 1 )  
 Not Hispanic/Latino/Spanish ( 2 )

9. Race (*check only one*):  
 White ( 1 )  
 Black or African American ( 2 )  
 Asian ( 3 )  
 American Indian or Alaskan Native ( 4 )  
 Hawaiian or other Pacific Islander ( 5 )  
 Other (*specify*) ( 6 )

\_\_\_\_\_ specify

10. Date of birth: \_\_\_\_\_  
day mon year

11. Age: \_\_\_\_\_  
years

**C. Asthma History**

12. Age of onset of asthma symptoms (*years; if onset before first birthday, record as "01"*): \_\_\_\_\_

13. In the past 12 months, how many times have you had to visit a doctor, emergency department, or hospital because of an asthma attack: \_\_\_\_\_

14. In the past 12 months, how many times have you required a course of prednisone (or other systemic steroid) for treatment of an asthma attack: \_\_\_\_\_

15. Do you have allergies that make your asthma worse:  
Yes No  
 ( 1 ) ( 2 )

**D. Asthma diagnosis and onset**

16. Who made your original diagnosis of asthma (*check only one*):  
 Primary care doctor (*family doctor, pediatrician*) ( 1 )  
 Lung doctor ( 2 )  
 Allergy doctor ( 3 )  
 Other (*specify*) ( 4 )

\_\_\_\_\_ specify

**17.** Who makes the main decisions about your asthma care (*eg, who is currently prescribing your asthma medications; check only one*):

- Primary care doctor (*family doctor, pediatrician*) ( 1 )
- Lung doctor ( 2 )
- Allergy doctor ( 3 )
- Other (*specify*) ( 4 )

\_\_\_\_\_ specify

**18.** Did your asthma develop after an upper respiratory tract infection/bronchitis:

- Yes ( 1 )
- No ( 2 )
- Not sure ( 3 )

**E. Emergency care**

**19.** When were you last seen by a doctor because of breathing problems (*check only one*):

- Never ( 1 )
- Within the last year ( 2 )
- Greater than one year ago ( 3 )

**20.** When did you last visit a hospital emergency room or urgent care facility because of breathing problems (*check only one*):

- Never ( 1 )
- Within the last year ( 2 )
- Greater than one year ago ( 3 )

**21.** When did you last spend a night in the hospital because of breathing problems (*check only one*):

- Never ( 1 )
- Within the last year ( 2 )
- Greater than one year ago ( 3 )

**22.** When did you last have an Intensive Care Unit (ICU) admission because of an asthma attack (*check only one*):

- Never ( 1 )
- Within the last year ( 2 )
- Greater than one year ago ( 3 )

**F. Asthma triggers**

*Do any of the following make your asthma worse:*

**23.** Respiratory infections (*eg, cold*):

- Yes ( 1 )
- No ( 2 )
- Not sure ( 3 )

**24.** Irritants (*eg, smoke, chemicals*):

- Yes ( 1 )
- No ( 2 )
- Not sure ( 3 )

**25.** Emotions (*eg, crying, anger, etc*):

- Yes ( 1 )
- No ( 2 )
- Not sure ( 3 )

**26.** Drugs (*eg, aspirin, NSAIDs, beta-blockers, ACE-inhibitors*):

- Yes ( 1 )
- No ( 2 )
- Not sure ( 3 )

**27.** Food additives:

- Yes ( 1 )
- No ( 2 )
- Not sure ( 3 )

**28.** Weather changes:

- Yes ( 1 )
- No ( 2 )
- Not sure ( 3 )

**29.** Exercise:

- Yes ( 1 )
- No ( 2 )
- Not sure ( 3 )

**30.** Cleaning supplies:

- Yes ( 1 )
- No ( 2 )
- Not sure ( 3 )

**31. Exposure to animals (check all that apply)**

- a. Cat: ( 1 )
- b. Dog: ( 1 )
- c. Rodent: ( 1 )
- d. Other (specify): ( 1 )

\_\_\_\_\_ specify

- e. None: ( 1 )

**32. A particular season (check all that apply)**

- a. Winter: ( 1 )
- b. Spring: ( 1 )
- c. Summer: ( 1 )
- d. Fall: ( 1 )
- e. None: ( 1 )

*If male, skip to item 36.*

**33. Menstruation (premenstruation or during menses):**

- Yes ( 1 )
- No ( 2 )
- Not sure ( 3 )
- Affected in the past ( 4 )
- Not yet menstruating ( 5 )

**34. Association of your asthma with pregnancy:**

- Yes ( 1 )
- No ( 2 )
- Never pregnant ( 3 )

**35. Are you on hormone replacement therapy or had an ovariectomy:**

- Yes ( 1 )
- No ( 2 )

**36. Do you have any conditions related to allergies (check all that apply)**

- a. Nasal polyps: ( 1 )
- b. Runny nose: ( 1 )
- c. Nasal congestion: ( 1 )
- d. Sinus infections: ( 1 )
- e. Other (specify): ( 1 )

\_\_\_\_\_ specify

- f. None: ( 1 )

**37. Have you had sinus surgery:**

- Yes ( 1 )
- No ( 2 )

**38. Do you have any of the following conditions (check all that apply)**

- a. Vocal cord dysfunction: ( 1 )
- b. Anxiety: ( 1 )
- c. Depression: ( 1 )
- d. Hyperventilation syndrome: ( 1 )
- e. Panic attacks: ( 1 )
- f. None: ( 1 )

**39. What is your occupation:**

\_\_\_\_\_ specify occupation

**40. Effect of change of occupation on your asthma (check only one):**

- Change made asthma better ( 1 )
- Change made asthma worse ( 2 )
- Not sure ( 3 )
- Did not change occupation ( 4 )
- Did not change asthma ( 5 )

**41. Effect of change of residence on your asthma (check only one):**

- Change made asthma better ( 1 )
- Change made asthma worse ( 2 )
- Not sure ( 3 )
- Did not change residence ( 4 )
- Did not change asthma ( 5 )

**G. Family history**

Do any of your biological family members have the following conditions (*check as applicable*):

	a.	b.	c.	d.	e.
	Father	Mother	Any brothers or sisters	Any of your children	None
42. Asthma:	( 1 )	( 1 )	( 1 )	( 1 )	( 1 )
43. Hay fever or allergies:	( 1 )	( 1 )	( 1 )	( 1 )	( 1 )
44. Eczema:	( 1 )	( 1 )	( 1 )	( 1 )	( 1 )

**H. Symptoms**

45. In general, over the last 3 months, how often did you have the following symptoms:

	Never	Once a month	1-2 times per week	3-6 times per week	Daily	Twice a day or more
a. Cough - deep, chest, chronic:	( 1 )	( 2 )	( 3 )	( 4 )	( 5 )	( 6 )
b. Sputum - phlegm or mucus while coughing:	( 1 )	( 2 )	( 3 )	( 4 )	( 5 )	( 6 )
c. Chest tightness - difficulty taking a deep breath or pressure in the chest:	( 1 )	( 2 )	( 3 )	( 4 )	( 5 )	( 6 )
d. Wheezy, whistling, or musical sound in the chest:	( 1 )	( 2 )	( 3 )	( 4 )	( 5 )	( 6 )
e. Shortness of breath:	( 1 )	( 2 )	( 3 )	( 4 )	( 5 )	( 6 )
f. Nighttime symptoms - includes waking from sleep, nighttime use of albuterol, early morning chest tightness:	( 1 )	( 2 )	( 3 )	( 4 )	( 5 )	( 6 )

**I. Asthma treatment history**

46. Over the past 6 months, on average, how often did you use the following medications/therapies specifically for treatment of asthma:

- a. Inhaled corticosteroids (*eg, Beclovent, Pulmicort, Flovent, etc*):
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Less than 1 time per month ( 4 )
  - Never ( 5 )
- b. Steroidal combination medications for asthma (*eg, Advair, Symbicort*):
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Less than 1 time per month ( 4 )
  - Never ( 5 )

*Combination medication:*

\_\_\_\_\_ specify

- c. Oral anti-leukotriene (*eg, Singulair, Accolate, Zyflo*):
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Less than 1 time per month ( 4 )
  - Never ( 5 )
- d. Inhaled anticholinergic bronchodilators (*eg, Atrovent, Spiriva*):
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Less than 1 time per month ( 4 )
  - Never ( 5 )
- e. Inhaled short-acting beta-agonist bronchodilators (*eg, Albuterol, Proventil, Ventolin, Maxair, Xopenex, etc*):
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Less than 1 time per month ( 4 )
  - Never ( 5 )

- f. Inhaled long-acting beta-agonist bronchodilators (eg, Serevent, Foradil):**
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Less than 1 time per month ( 4 )
  - Never ( 5 )
- g. Cromolyn sodium/nedocromil (eg, Intal, Nasalcrom/Alocril, Tilade):**
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Less than 1 time per month ( 4 )
  - Never ( 5 )
- h. Oral beta-agonist (eg, Proventil repetabs):**
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Less than 1 time per month ( 4 )
  - Never ( 5 )
- i. Methylxanthines (theophylline):**
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Less than 1 time per month ( 4 )
  - Never ( 5 )
- j. Oral corticosteroid (eg, prednisone pills or liquid):**
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Less than 1 time per month ( 4 )
  - Never ( 5 )
- k. Omalizumab (Xolair):**
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Less than 1 time per month ( 4 )
  - Never ( 5 )
- l. Steroid injections:**
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Less than 1 time per month ( 4 )
  - Never ( 5 )

- m. Non-steroidal combination medications for asthma (eg, Combivent):**
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Less than 1 time per month ( 4 )
  - Never ( 5 )

*Combination medication:*

\_\_\_\_\_ specify

- n. Acupuncture:**
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Less than 1 time per month ( 4 )
  - Never ( 5 )
- o. Allergy shots:**
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Less than 1 time per month ( 4 )
  - Never ( 5 )
- p. Chiropractic treatments:**
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Less than 1 time per month ( 4 )
  - Never ( 5 )
- q. Herbal or natural treatments, vitamins, etc:**
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Less than 1 time per month ( 4 )
  - Never ( 5 )
- r. Other asthma treatment:**
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Less than 1 time per month ( 4 )
  - Never ( 5 )

*Asthma treatment:*

\_\_\_\_\_ specify

**J. Cigarette Smoking History**

47. Smoking status (*check only one*):

- Former ( 1 )
  - Never (fewer than 20 packs in lifetime) ( 2 )
- 51.**

48. How many years in total did you smoke (*years; use decimal value for less than 1 year*):

\_\_\_\_\_ . \_\_\_\_\_  
years

49. On average, how many packs of cigarettes per day did you smoke:

\_\_\_\_\_ . \_\_\_\_\_  
# of packs

50. Total number of pack-years (*multiply item 48 and item 49*):

\_\_\_\_\_ \_\_\_\_\_  
pack years

**K. Current smoking exposure**

51. Are you exposed to second hand smoke in your home or work place:

- ( Yes ) ( No )  
( 1 ) ( 2 )

52. Do you frequently go places other than your home or work place where you are exposed to second hand smoke:

- ( Yes ) ( No )  
( 1 ) ( 2 )

**L. Sinusitis and rhinitis history**

53. Have you had hay fever or allergic rhinitis in the last year:

- ( Yes ) ( No )  
( 1 ) ( 2 )
- 56.**

54. Which seasons do you have symptoms of hay fever/allergic rhinitis (*check all that apply*)

- a. Winter ( 1 )
- b. Spring ( 1 )
- c. Summer ( 1 )
- d. Fall ( 1 )
- e. None ( 1 )

55. How old were you when these symptoms of allergic rhinitis or hay fever started:

\_\_\_\_\_ \_\_\_\_\_  
years

56. Number of episodes of sinusitis in last year:

- 0 episodes ( 1 )
- 1-3 episodes ( 2 )
- More than 3 episodes ( 3 )

57. Number of courses of antibiotics for sinusitis in last year:

- 0 courses ( 1 )
- 1-3 courses ( 2 )
- More than 3 courses ( 3 )

58. Have you ever had sinus surgery:

- ( Yes ) ( No )  
( 1 ) ( 2 )

59. Have you ever had nasal polyps:

- ( Yes ) ( No )  
( 1 ) ( 2 )

**60.** Over the last 6 months, how often, on average, did you have the following symptoms

**a.** Runny nose:

- Daily ( 1 )
- 2-6 times per week ( 2 )
- 1-4 times per month ( 3 )
- Never ( 4 )

**b.** Post nasal drip:

- Daily ( 1 )
- 2-6 times per week ( 2 )
- 1-4 times per month ( 3 )
- Never ( 4 )

**c.** Need to blow nose:

- Daily ( 1 )
- 2-6 times per week ( 2 )
- 1-4 times per month ( 3 )
- Never ( 4 )

**d.** Cough:

- Daily ( 1 )
- 2-6 times per week ( 2 )
- 1-4 times per month ( 3 )
- Never ( 4 )

**e.** Sneezing:

- Daily ( 1 )
- 2-6 times per week ( 2 )
- 1-4 times per month ( 3 )
- Never ( 4 )

**f.** Facial pain/pressure:

- Daily ( 1 )
- 2-6 times per week ( 2 )
- 1-4 times per month ( 3 )
- Never ( 4 )

**g.** Thin clear nasal discharge:

- Daily ( 1 )
- 2-6 times per week ( 2 )
- 1-4 times per month ( 3 )
- Never ( 4 )

**h.** Thick nasal discharge:

- Daily ( 1 )
- 2-6 times per week ( 2 )
- 1-4 times per month ( 3 )
- Never ( 4 )

**i.** Discolored nasal discharge:

- Daily ( 1 )
- 2-6 times per week ( 2 )
- 1-4 times per month ( 3 )
- Never ( 4 )

**j.** Nasal obstruction:

- Daily ( 1 )
- 2-6 times per week ( 2 )
- 1-4 times per month ( 3 )
- Never ( 4 )

**k.** Nasal itching:

- Daily ( 1 )
- 2-6 times per week ( 2 )
- 1-4 times per month ( 3 )
- Never ( 4 )

**l.** Loss of or altered sense of smell:

- Daily ( 1 )
- 2-6 times per week ( 2 )
- 1-4 times per month ( 3 )
- Never ( 4 )

**m.** Loss of or altered sense of taste:

- Daily ( 1 )
- 2-6 times per week ( 2 )
- 1-4 times per month ( 3 )
- Never ( 4 )

**M. Sinusitis and rhinitis medications**

**61.** Over the past 3 months, on average, how often did you use the following medications specifically for your nose and/or sinus symptoms

- a.** Nasal steroids (*Rhinocort, Nasonex, Flonase, Nasocort*):
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Never ( 4 )
- b.** Nasal spray decongestants (*Afrin, phenylephrine*):
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Never ( 4 )
- c.** Oral decongestants:
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Never ( 4 )
- d.** Antihistamines (*Benadryl, Claritin, Allegra, Astelin, Zyrtec*):
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Never ( 4 )
- e.** Nasal saline:
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Never ( 4 )
- f.** Allergy shots:
  - Daily ( 1 )
  - 2-6 times per week ( 2 )
  - 1-4 times per month ( 3 )
  - Never ( 4 )
- g.** Other (*specify*):
 

Yes	No
( 1 )	( 2 )

\_\_\_\_\_ specify

**N. General Medical Conditions**

**62.** Do you have now or have you had during the last year any of the medical conditions from the following list

- |   | Yes   | No    |
|---|-------|-------|
| <b>a.</b> COPD (Chronic Obstructive Pulmonary Disease):                                   | ( 1 ) | ( 2 ) |
| <b>b.</b> Gastroesophageal reflux:  | ( 1 ) | ( 2 ) |
| <b>c.</b> Eczema:   | ( 1 ) | ( 2 ) |
| <b>d.</b> Hay fever or allergic rhinitis:   | ( 1 ) | ( 2 ) |
| <b>e.</b> Food allergies:   | ( 1 ) | ( 2 ) |
| <b>f.</b> Other allergies ( <i>specify</i> ):   | ( 1 ) | ( 2 ) |
| _____ specify   |       |       |
| <b>g.</b> Cancer ( <i>other than skin cancer</i> ):                                       | ( 1 ) | ( 2 ) |
| _____ specify   |       |       |
| <b>h.</b> Endocrine disease:  | ( 1 ) | ( 2 ) |
| <b>i.</b> Thyroid disease:  | ( 1 ) | ( 2 ) |
| <b>j.</b> Coronary artery disease:  | ( 1 ) | ( 2 ) |
| <b>k.</b> Congestive heart failure:   | ( 1 ) | ( 2 ) |
| <b>l.</b> Stroke:   | ( 1 ) | ( 2 ) |
| <b>m.</b> Severe hypertension:  | ( 1 ) | ( 2 ) |
| <b>n.</b> Diabetes mellitus:  | ( 1 ) | ( 2 ) |
| <i>If Yes, specify Type I (juvenile) or Type II (adult onset):</i>                        |       |       |
| _____ specify   |       |       |
| <b>o.</b> Renal failure:  | ( 1 ) | ( 2 ) |
| <b>p.</b> Liver disorders:  | ( 1 ) | ( 2 ) |
| <b>q.</b> Immunodeficiency states:  | ( 1 ) | ( 2 ) |
| <b>r.</b> Major neuropsychiatric disorder:  | ( 1 ) | ( 2 ) |
| <b>s.</b> Glaucoma or any other condition leading to an increase in intraocular pressure: | ( 1 ) | ( 2 ) |
| <b>t.</b> Other condition(s) that would interfere with participation in the study:        | ( 1 ) | ( 2 ) |

\_\_\_\_\_ specify



**O. Health and development questions**

63. Have you ever been diagnosed with sleep apnea:

( Yes ) ( No )  
( 1 ) ( 2 )

64. Do you use Continuous Positive Airway Pressure (CPAP) or Bilevel Positive Airway Pressure (BIPAP):

( Yes ) ( No )  
( 1 ) ( 2 )

65. Have you ever been told you snore:

( Yes ) ( No )  
( 1 ) ( 2 )

66. Has anyone ever noticed that you stop breathing during your sleep:

( Yes ) ( No )  
( 1 ) ( 2 )

67. Do you often take naps during the day:

( Yes ) ( No )  
( 1 ) ( 2 )

68. Have you ever been diagnosed with Gastroesophageal Reflux disease:

( Yes ) ( No )  
( 1 ) ( 2 )

69. How often do you get symptoms of indigestion or heartburn:

Daily ( 1 )  
2-6 times per week ( 2 )  
1-4 times per month ( 3 )  
Never ( 4 )

70. How often do you take an over the counter antacid (eg, Tums, Maalox, Mylanta, etc):

Daily ( 1 )  
2-6 times per week ( 2 )  
1-4 times per month ( 3 )  
Never ( 4 )

71. How often do you take H<sub>2</sub> antagonists (eg, Zantac, Pepcid, Ranitidine, Famotidine, Cimetidine):

Daily ( 1 )  
2-6 times per week ( 2 )  
1-4 times per month ( 3 )  
Never ( 4 )

72. How often do you take proton pump inhibitors (eg, Prilosec, Omeperazole, Protonix, Aciphex, Nexium):

Daily ( 1 )  
2-6 times per week ( 2 )  
1-4 times per month ( 3 )  
Never ( 4 )

73. Do you have diabetes:

( Yes ) ( No )  
( 1 ) ( 2 )

76.

74. How old were you when you were diagnosed with diabetes:

\_\_\_\_\_ years

75. How is your diabetes controlled (check only one):

Diet alone ( 1 )  
Tablets alone ( 2 )  
Insulin alone ( 3 )  
Insulin and tablets ( 4 )  
None apply ( 5 )

76. What was your birthweight (check only one):

More than or equal to 5 lbs 8 ozs ( 1 )  
Less than 5 lbs 8 ozs ( 2 )  
Unknown ( 3 )

77. What was (is) your approximate weight at the age of 18 years (skip this question if less than 18 years):

\_\_\_\_\_ pounds

78. What was your age of first menstrual period

a. Age: \_\_\_\_\_ years  
b. Don't know ( 1 )  
c. Not applicable ( 1 )

79. Waist circumference (measured; enter only a or b):

a. Inches: \_\_\_\_\_ inches  
b. Centimeters: \_\_\_\_\_ centimeters

80. Hip circumference (*measured; enter only a or b*):

a. Inches: \_\_\_\_\_  
inches

b. Centimeters: \_\_\_\_\_  
centimeters

81. Neck circumference (*measured; enter only a or b*):

a. Inches: \_\_\_\_\_  
inches

b. Centimeters: \_\_\_\_\_  
centimeters

**P. Administrative information**

82. Date form reviewed:

\_\_\_\_ - \_\_\_\_ - \_\_\_\_  
day mon year

83. Clinic coordinator PIN: \_\_\_\_\_

84. Clinic coordinator signature (*do not key*):

\_\_\_\_\_

Clinic Visit Form

**Purpose:** To record information about diary cards, asthma and sinus symptoms, medications, specimen collection, and other visit procedures.

**When:** Visits V2, V3, V4, and V5.

**Respondent:** Participant, parent/guardian, or both.

**Instructions:** Complete form at clinic visit. Key into STAN data system at [www.cctrials.org/alaacrc](http://www.cctrials.org/alaacrc) within 10 working days. In all items "you" refers to participant.

**A. Clinical center, participant and visit identification**

1. Clinical center ID: \_\_\_\_\_

2. Participant ID: \_\_\_\_\_

3. Name code: \_\_\_\_\_

4. Visit date: \_\_\_\_\_  
day mon year

5. Visit ID: \_\_\_\_\_

6. Form version date: \_\_\_\_\_  
2 7 - A P R - 1 1  
day mon year

**B. Diary Cards**

7. Since the last study visit, how many Diary Cards has the participant submitted: \_\_\_\_\_

8. Number of Diary Cards not returned since last study visit: \_\_\_\_\_

9. Reason for missing Diary Cards (check all that apply)

- a. N/A, none missing: ( )
- b. Participant forgot to return: ( )
- c. Did not complete: ( )
- d. Lost or destroyed: ( )
- e. In the mail: ( )
- f. Other (specify): ( )

\_\_\_\_\_ identify reason

10. Review of proper completion of Diary Card with participant (check all that apply)

- a. N/A, diary card completion not reviewed: ( )
- b. Dates: ( )
- c. Peak flow: ( )
- d. Drug use for quick relief: ( )
- e. Study nasal spray: ( )
- f. Other diary card items: ( )

11. Explain problems, if any, when reviewing proper completion of diary card (specify):  
 \_\_\_\_\_  
 \_\_\_\_\_

**C. Unscheduled contacts since last study visit**

12. Phone contacts

a. Did you have any unscheduled phone contacts with this clinic since the last study visit (ignore calls to change appointment time or schedule phone visits):

( Yes ) ( No )  
 ( 1 ) ( 2 )

**13.** \_\_\_\_\_

b. If Yes, specify how many: \_\_\_\_\_

13. Clinic visits

a. Did you have any extra visits at this clinic since the last scheduled study visit:

( Yes ) ( No )  
 ( 1 ) ( 2 )

**14.** \_\_\_\_\_

b. If Yes, specify how many: \_\_\_\_\_

**D. Interim Medical History**

14. Is this Visit 2:

Yes                      No  
 ( 1 )                      ( 2 )  
 17.

15. Since the last study visit, how many days have you NOT used your study nasal spray: \_\_\_\_\_ days

16. Why did you miss taking your study nasal spray (*check all that apply*)

- a. N/A, took study nasal spray everyday: ( 1 )
- b. Permanently stopped study nasal spray: ( 1 )
- c. Temporarily stopped study nasal spray (*specify*): ( 1 )

\_\_\_\_\_ identify reason

- d. Forgot: ( 1 )
- e. Ran out of study nasal spray: ( 1 )
- f. Did not have study nasal spray on hand: ( 1 )
- g. Lost study nasal spray: ( 1 )
- h. Side effects (*specify*): ( 1 )

\_\_\_\_\_ list side effects

- i. Too busy: ( 1 )
- j. Other (*specify*): ( 1 )

\_\_\_\_\_ identify reason

17. Since the last study visit, have you taken medications specifically for the treatment of asthma:

Yes                      No  
 ( 1 )                      ( 2 )  
 26.

**18. Rescue bronchodilator drugs participant taken since last visit (*check all that apply*)**

<b>Drug name</b> (Trade names)	<b>Yes</b>	<b>Estimate # of uses</b>
<b>a.</b> NA, no bronchodilator drugs taken:	( 1 )	
<b>b.</b> Albuterol nebulizer (0.083%):	( 1 )	_____ num
<b>c.</b> Albuterol nebulizer (0.5%):	( 1 )	_____ num
<b>d.</b> Albuterol metered dose inhaler:	( 1 )	_____ num
<b>e.</b> Levalbuterol (Xopenex):	( 1 )	_____ num
<b>f.</b> Pirbuterol (Maxair):	( 1 )	_____ num
<b>g.</b> Ipratropium bromide (Atrovent Nebulizer):	( 1 )	_____ num
<b>h.</b> Ipratropium bromide (Atrovent HFA):	( 1 )	_____ num
<b>i.</b> Ipratropium bromide and albuterol (Combivent DuoNeb):	( 1 )	_____ num
<b>j.</b> Other: _____ specify	( 1 )	_____ num
<b>k.</b> Other: _____ specify	( 1 )	_____ num
<b>l.</b> Other: _____ specify	( 1 )	_____ num

**19. Long-acting bronchodilator drugs participant is currently taking (*check all that apply*)**

<b>Drug name</b> (Trade names)	<b>Yes</b>	<b>Dose</b>	<b>Puffs/Ampules per day</b>
<b>a.</b> NA, no bronchodilator drugs taken:	( 1 )		
<b>b.</b> Salmeterol (Serevent inhalation aerosol, Serevent Diskus inhalation powder):	( 1 )	_____ mcg	_____ num
<b>c.</b> Albuterol, sustained-release (Volmax, Proventil Repetabs, VoSpire ER)	( 1 )	_____ mcg	_____ num
<b>d.</b> Formoterol (Foradil, Perforomist):	( 1 )	_____ mcg	_____ num
<b>e.</b> Tiotropium bromide (Spiriva):	( 1 )	_____ mcg	_____ num
<b>f.</b> Other: _____ specify	( 1 )	_____ mcg	_____ num
<b>g.</b> Other: _____ specify	( 1 )	_____ mcg	_____ num
<b>h.</b> Other: _____ specify	( 1 )	_____ mcg	_____ num

**20.** Single agent inhaled corticosteroid participant is currently taking (*check all that apply*)

<b>Drug name</b> (Trade names)	<b>Yes</b>	<b>Dose</b>	<b>Puffs/Ampules per day</b>
<b>h.</b> NA, no inhaled corticosteroid drugs taken:	( <input type="checkbox"/> )		
<b>i.</b> Beclomethasone (Beclvent, Vanceril, QVar, Vanceril Double Strength):	( <input type="checkbox"/> )	____ / ____ mcg	____ num
<b>j.</b> Budesonide (Pulmicort):	( <input type="checkbox"/> )	____ / ____ mcg	____ num
<b>k.</b> Flunisolide (AeroBid, Aerospan):	( <input type="checkbox"/> )	____ / ____ mcg	____ num
<b>l.</b> Fluticasone (Flovent):	( <input type="checkbox"/> )	____ / ____ mcg	____ num
<b>m.</b> Triamcinolone (Azmacort):	( <input type="checkbox"/> )	____ / ____ mcg	____ num
<b>n.</b> Mometasone furoate (Asmanex):	( <input type="checkbox"/> )	____ / ____ mcg	____ num
<b>o.</b> Ciclesonide (Alvesco):	( <input type="checkbox"/> )	____ / ____ mcg	____ num
<b>p.</b> Other: _____ specify	( <input type="checkbox"/> )	____ / ____ mcg	____ num
<b>q.</b> Other: _____ specify	( <input type="checkbox"/> )	____ / ____ mcg	____ num
<b>r.</b> Other: _____ specify	( <input type="checkbox"/> )	____ / ____ mcg	____ num

**21.** Combination of inhaled corticosteroid and long-acting beta-agonist participant is currently taking (*check all that apply*)

<b>Drug name</b> (Trade names)	<b>Yes</b>	<b>Dose</b>	<b>Puffs/Ampules per day</b>
<b>a.</b> NA, no inhaled corticosteroid drugs taken:	( <input type="checkbox"/> )		
<b>b.</b> Budesonide and Formoterol (Symbicort):	( <input type="checkbox"/> )	____ / ____ / ____ mcg	____ num
<b>c.</b> Fluticasone and Salmeterol (Advair):	( <input type="checkbox"/> )	____ / ____ mcg	____ num
<b>d.</b> Fluticasone and Salmeterol (Advair HFA):	( <input type="checkbox"/> )	____ / ____ mcg	____ num
<b>e.</b> Other combination:  _____	( <input type="checkbox"/> )	____ / ____ mcg	____ num
specify			

**22. Oral corticosteroid participant is currently taking (check all that apply)**

<b>Drug name (Trade names)</b>	<b>Yes</b>	<b>Dose</b>	<b>Tablets/Elixirs per day</b>
a. NA, no oral corticosteroid drugs taken:	( )		
b. Prednisone (Cortan, Deltasone, Orasone, Prednicen-M, Sterpred):	( )	____ mg	____ num
c. Prednisolone (Pepiapred, Prelone, Delta-Cortef):	( )	____ mg	____ num
d. Methylprednisolone (Medrol):	( )	____ mg	____ num
e. Other: _____ specify	( )	____ mg	____ num
f. Other: _____ specify	( )	____ mg	____ num

**23. Methylxanthines participant is currently taking (check all that apply)**

<b>Drug name (Trade names)</b>		<b>Dose</b>	<b>Tablets/Elixirs per day</b>
a. NA, no methylxanthines taken:	( )		
b. Theophylline, sustained-release (Slo-Phyllin, Uniphyl, Theo-Dur, Slo-Bid, others):	( )	____ mg	____ num
c. Other: _____ specify	( )	____ mg	____ num

**24. Oral antileukotriene drugs participant is currently taking (check all that apply)**

<b>Drug name (Trade names)</b>	<b>Yes</b>	<b>Dose</b>	<b>Tablets per day</b>
a. NA, no oral antileukotriene drugs taken:	( )		
b. Montelukast (Singulair):	( )	____ mg	____ num
c. Zafirlukast (Accolate):	( )	____ mg	____ num
d. Zileuton (Zyflo):	( )	____ mg	____ num
e. Other: _____ specify	( )	____ mg	____ num

**25. Other asthma medications participant is currently taking** (*check all that apply*)

<b>Drug name</b> (Trade names)	<b>Yes</b>	<b>Dose</b>	<b>Puffs/Ampules per day</b>
<b>a.</b> NA, no non-steroidal drugs taken:	( <input type="checkbox"/> )		
<b>b.</b> Cromolyn sodium (Intal Nebulizer):	( <input type="checkbox"/> )	_____ mg	_____ num
<b>c.</b> Cromolyn sodium (Intal Metered Dose Inhaler):	( <input type="checkbox"/> )	_____ mcg	_____ num
<b>d.</b> Nedocromil sodium (Tilade):	( <input type="checkbox"/> )	_____ . _____ mg	_____ num
<b>e.</b> Other: _____ specify	( <input type="checkbox"/> )	_____	_____
<b>f.</b> Other: _____ specify	( <input type="checkbox"/> )	_____	_____
<b>g.</b> Other: _____ specify	( <input type="checkbox"/> )	_____	_____
		<b>Dose</b>	<b>Injections per month</b>
<b>h.</b> Omalizumab (Xolair):	( <input type="checkbox"/> )	_____ mg	_____ num



26. Since the last study visit, have there been any changes in asthma medications, including dose changes, adding drugs, or stopping drugs:

(Yes) (No)  
( 1 ) ( 2 )

If "Yes," name drug and action taken, and explain circumstances concerning any changes:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

If additional space is needed, list at the end of the form and key into the note section when entering the form into the data system.

27. Since the last study visit, did you take nasal steroids other than the study nasal spray (eg, Rhinocort, Flonase, Nasocort):

(Yes) (No)  
( 1 ) ( 2 )

28. Since the last study visit, did you take the following medication to treat sinus symptoms

Yes No

a. Nasal spray decongestants: ( 1 ) ( 2 )  
eg, Afrin, phenylephrine

b. Oral decongestants: ( 1 ) ( 2 )  
eg, Sudafed, Contac

c. Antihistamines: ( 1 ) ( 2 )  
eg, Benadryl, Claritin, Allegra, Astelin, Zyrtec

d. Nasal saline: ( 1 ) ( 2 )

e. Allergy immunotherapy: ( 1 ) ( 2 )  
eg, allergy shots, sublingual immunotherapy

29. Since the last study visit, did you take other prescription medications (besides study nasal spray and those listed for asthma or nasal symptoms):

(Yes) (No)  
( 1 ) ( 2 )

If "Yes," specify other medications:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

If additional space is needed, list at the end of the form and key into the note section when entering the form into the data system.

**30.** Since the last study visit, rate the severity of the following symptoms (*ask about all listed symptoms*)

**Mild:** *Just noticeable, and considered unpleasant, but does not interfere with usual activities or sense of well-being*

**Moderate:** *Interferes with usual activities or sense of well-being, but does not limit the participant*

**Severe:** *Prevents activities or participant seeks medical care*

**a.** Headache:

- None ( 1 )
- Mild ( 2 )
- Moderate ( 3 )
- Severe ( 4 )

**b.** Sore throat:

- None ( 1 )
- Mild ( 2 )
- Moderate ( 3 )
- Severe ( 4 )

**c.** Nasal bleeding:

- None ( 1 )
- Mild ( 2 )
- Moderate ( 3 )
- Severe ( 4 )

**d.** Nasal irritation/pain:

- None ( 1 )
- Mild ( 2 )
- Moderate ( 3 )
- Severe ( 4 )

**e.** Rash:

- None ( 1 )
- Mild ( 2 )
- Moderate ( 3 )
- Severe ( 4 )

**f.** Itching:

- None ( 1 )
- Mild ( 2 )
- Moderate ( 3 )
- Severe ( 4 )

**g.** Dizziness:

- None ( 1 )
- Mild ( 2 )
- Moderate ( 3 )
- Severe ( 4 )

**h.** Upper respiratory tract infection:

- None ( 1 )
- Mild ( 2 )
- Moderate ( 3 )
- Severe ( 4 )

**i.** Trouble breathing:

- None ( 1 )
- Mild ( 2 )
- Moderate ( 3 )
- Severe ( 4 )

**j.** Swelling:

- None ( 1 )
- Mild ( 2 )
- Moderate ( 3 )
- Severe ( 4 )

**k.** Coughing:

- None ( 1 )
- Mild ( 2 )
- Moderate ( 3 )
- Severe ( 4 )

**l.** Severe menstrual symptoms (dysmenorrhea) (*if applicable*):

- None ( 1 )
- Mild ( 2 )
- Moderate ( 3 )
- Severe ( 4 )

**31.** List other symptoms and their severity experienced since the last study visit (*specify*):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

32. Since the last study visit, did you have any of the following (*check all that apply*)

- a. Upper respiratory tract infection: (  )
- b. Thrush: (  )
- c. Strep throat: (  )
- d. Bronchitis: (  )
- e. Pneumonia: (  )
- f. Ear infection: (  )
- g. Acute sinusitis (*sinus infection*): (  )
- h. Other viral infection: (  )
- i. N/A, none since last study visit: (  )

33. Serious adverse events

a. Since the last study visit, have you experienced a serious adverse event or been hospitalized:

( Yes  ) ( No  )

35.

b. Specify event(s):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*For hospitalization(s) or other serious adverse events that occurred after the participant enrolled in the study, complete a Serious Adverse Event Report (SR) for each event.*

34. Since the last study visit, number of hospitalizations: \_\_\_\_\_

35. Since the last study visit, how many times have you seen or contacted a healthcare provider for asthma or asthma treatment: \_\_\_\_\_

36. Since last study visit, how many times have you seen or contacted a healthcare provider for upper airway symptoms (*cold, sinusitis, rhinitis*): \_\_\_\_\_

37. Other significant medical events or illnesses since the last study visit:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**E. Study procedures**

**38.** Were the following procedures and their forms completed

- |  | Yes   | No    |
|--|-------|-------|
| <b>a.</b> Asthma Control Test (TA or TP) ( <i>all clinic visits</i> ):             | ( 1 ) | ( 2 ) |
| <b>b.</b> Asthma Symptom Utility Index (AS) ( <i>all clinic visits</i> ):          | ( 1 ) | ( 2 ) |
| <b>c.</b> Marks Asthma Quality of Life (MQ or PQ) ( <i>all clinic visits</i> ):    | ( 1 ) | ( 2 ) |
| <b>d.</b> Health Quality of Life (MO or CH) ( <i>all clinic visits</i> ):          | ( 1 ) | ( 2 ) |
| <b>e.</b> Sinus and Nasal Quality of Life (SN or SV) ( <i>all clinic visits</i> ): | ( 1 ) | ( 2 ) |
| <b>f.</b> Sinus Symptom Score (SS) ( <i>all clinic visits</i> ):                   | ( 1 ) | ( 2 ) |
| <b>g.</b> Sino-nasal Questionnaire (SI) ( <i>visits 1 and 2</i> ):                 | ( 1 ) | ( 2 ) |
| <b>h.</b> Exhaled Nitric Oxide (NO) ( <i>visits 2 and 5</i> ):                     | ( 1 ) | ( 2 ) |
| <b>i.</b> Methacholine Testing (MC) ( <i>visits 1 and 5</i> ):                     | ( 1 ) | ( 2 ) |
| <b>j.</b> Pulmonary Function Testing (PF) ( <i>all clinic visits</i> ):            | ( 1 ) | ( 2 ) |
| <b>k.</b> Asthma in Females Questionnaire (FQ) ( <i>visit 2</i> ):                 | ( 1 ) | ( 2 ) |
| <b>l.</b> Smoking Questionnaire (SQ) ( <i>visit 2</i> ):                           | ( 1 ) | ( 2 ) |
| <b>m.</b> Drug dispensed/collected (DD) ( <i>visits 2, 3-5 if applicable</i> ):    | ( 1 ) | ( 2 ) |
| <b>n.</b> Physical exam (PE) ( <i>visits 1 and 5</i> ):                            | ( 1 ) | ( 2 ) |
| <b>o.</b> Allergy Skin Testing (ST) ( <i>visit 2</i> ):                            | ( 1 ) | ( 2 ) |
| <b>p.</b> Exit Interview (EI) ( <i>visit 5</i> ):                                  | ( 1 ) | ( 2 ) |
| <b>q.</b> Treatment Termination (TT) ( <i>visit 5 or as needed</i> ):              | ( 1 ) | ( 2 ) |
| <b>r.</b> Unmasking (UM) ( <i>visit 5 or as needed</i> ):                          | ( 1 ) | ( 2 ) |

**39.** If required procedures and their forms not conducted, explain:

\_\_\_\_\_

\_\_\_\_\_

**F. Nasal mucosa exam**

**40.** Presence of nasal symptoms/complications (*check all that apply*)

- a.** Normal and healthy: ( 1 )
- b.** Epistaxis (*nasal bleeding*): ( 1 )
- c.** Nasal perforation: ( 1 )
- d.** Other (*specify*): ( 1 )

\_\_\_\_\_ specify

**G. Specimen collection**

**41.** Serum collected for ECP and eotaxins evaluation (*visits 2 and 5*):

- ( Yes ) ( No )  
          ( 1 )   ( 2 )

**43.** \_\_\_\_\_

**42.** Serum aliquots collected (*check all that apply*)

- a.** Aliquot 1: ( 1 )
- b.** Aliquot 2: ( 1 )

**43.** Nasal lavage specimen collected (*visits 2 and 5*):

- ( Yes ) ( No )  
          ( 1 )   ( 2 )

**45.** \_\_\_\_\_

**44.** Nasal lavage (1.0 mL) aliquots were collected (*check all that apply*)

- a.** Aliquot 1: ( 1 )
- b.** Aliquot 2: ( 1 )
- c.** Aliquot 3: ( 1 )
- d.** Aliquot 4: ( 1 )
- e.** Aliquot 5: ( 1 )

45. Whole blood collected for pharmacogenetics (*expected at Visit 2; only if participant consented to donate DNA and have it stored*):

Yes ( 1 )      No ( 2 )

46. Specify any unusual conditions associated with specimen collection:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**H. Administrative information**

47. Date form reviewed:

\_\_\_\_ - \_\_\_\_ - \_\_\_\_  
day                      mon                      year

48. Clinic coordinator PIN:      \_\_\_\_\_

49. Clinic coordinator signature:  
\_\_\_\_\_

**STAN Diary Card**

**Participant: Fill out information each morning (AM) and evening (PM). If information is missing, leave that blank.**

	Mon	Tue	Wed	Thur	Fri	Sat	Sun
AM 1. Date (month/day):	__/__/__	__/__/__	__/__/__	__/__/__	__/__/__	__/__/__	__/__/__
AM 2. Morning peak flow (highest of 3, before bronchodilator):	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<b>For items 3 and 4 check (✓) if occurred</b>							
AM 3. Used study nasal spray:	( )	( )	( )	( )	( )	( )	( )
AM 4. Awakened by asthma last night:	( )	( )	( )	( )	( )	( )	( )
PM 5. Rescue drug use for quick relief of asthma symptoms (do not count uses to prevent symptoms, for example before exercise; if none, record as "0")							
a. # puffs per day by metered dose inhaler:	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
b. # uses per day by nebulizer:	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
PM 6. Asthma score: 0 = No asthma episodes 1 = 1-3 asthma episodes, each lasting 2 hours or less -- All mild 2 = 4 or more mild asthma episodes, or 1 or more asthma episodes that interfered with activity, play, school, or sleep for less than 2 hours 3 = 1 or more asthma episodes lasting longer than 2 hours, or resulting in shortening normal activity, or seeing a doctor, or going to a hospital	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
PM 7. Sinus symptom score (sinus symptoms include runny nose, nasal congestion, itching, or sneezing): 0 = None (symptoms not noticeable) 1 = Mild (symptoms noticeable but not bothersome) 2 = Moderate (symptoms noticeable and bothersome some of the time) 3 = Severe (symptoms bothersome most of the time and/or very bothersome some of the time)	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<b>For items 8-12 check (✓) if occurred</b>							
PM 8. Used oral prednisone/steroids for asthma:	( )	( )	( )	( )	( )	( )	( )
PM 9. New or increased dose of asthma medicine other than drugs listed in 3, 5a, 5b, or 8:	( )	( )	( )	( )	( )	( )	( )
PM 10. Urgent unscheduled healthcare contact for asthma (ER/hospital/clinic or doctor visit):	( )	( )	( )	( )	( )	( )	( )
PM 11. Used additional medication for nasal or sinus symptoms (eg, cold or allergy medicine):	( )	( )	( )	( )	( )	( )	( )
PM 12. Urgent unscheduled healthcare contact for nasal or sinus symptoms (ER/hospital/clinic or doctor visit):	( )	( )	( )	( )	( )	( )	( )

**The following items are to be completed by clinic staff:**

- 13. Start date of diary:    \_\_ \_\_ - \_\_ \_\_ - \_\_ \_\_  
                                  day            mon            year
- 14. Clinical Center ID:    \_\_\_\_\_
- 15. Participant ID:        \_\_\_\_\_
- 16. Name code:            \_\_\_\_\_
- 17. Clinic coordinator PIN:    \_\_\_\_\_
- 18. Clinic coordinator signature (do not key):  
\_\_\_\_\_

Mail or fax completed card to:

*Each week, mail the completed diary card in the envelope provided or bring unmailed card(s) to the next visit.*

Sequential diary card # for this participant (optional): \_\_\_\_\_

**Drug Dispensing and Counting**

**Purpose:** To record the issuing and collecting of nasal spray bottles to and from participant.  
**When:** Whenever bottles of nasal spray are issued or collected and retained by the clinic.  
**By whom:** Clinic staff and other STAN authorized personnel.  
**Instructions:** Dispensing: At visit 2 (randomization) one study kit will be assigned per participant. At visit 2, 3 and 4 (and interim times if needed) dispense bottle(s) from the participant’s Kit box. Key into STAN data system at [www.ccrtrials.org/alaacrc](http://www.ccrtrials.org/alaacrc) within 10 working days. Complete section D for bottles returned by the participant and retained by the clinic.

**A. Clinical center, participant, and visit identification**

1. Clinical center ID: \_\_\_\_\_
2. Participant ID: \_\_\_\_\_
3. Name code: \_\_\_\_\_
4. Date form completed:  
 \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
 day mon year
5. Visit ID (V2-V4, N): \_\_\_\_\_  
 (record “N” if not associated with a clinic visit)
6. Form version date:  
 1 5 - S E P - 1 0  
 day mon year

**8. Action taken (check all that apply)**

- a. Dispense bottle of study nasal spray  
 (complete items 9-12): ( )
- b. Bottles returned (complete items 13-17): ( )

**C. Dispense study tablet bottles**

9. Date dispensed:  
 \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
 day mon year

10. Number of bottles dispensed: \_\_\_\_\_

**11. Delivered to the participant (check only one):**

- In person ( )  
 By mail ( )  
 Other (specify) ( )

\_\_\_\_\_ specify

**B. Study treatment information**

7. Identify kit (complete a or b)
  - a. Attach kit label (if kit is being used for the first time):  

*affix kit label here*
  - b. Kit ID: N - \_\_\_\_\_

c. If replacement kit is issued, attach kit label:

*affix kit label here*

**12. Study spray bottle(s) issued (record kit number followed by the letter written on bottom of bottle by coordinator; eg, Bottle “D” for Kit N-7654 would be N-7654-D)**

- a. First bottle: N - \_\_\_\_\_ - \_\_\_\_\_
- b. Second bottle: N - \_\_\_\_\_ - \_\_\_\_\_
- c. Third bottle: N - \_\_\_\_\_ - \_\_\_\_\_
- d. Fourth bottle: N - \_\_\_\_\_ - \_\_\_\_\_
- e. Fifth bottle: N - \_\_\_\_\_ - \_\_\_\_\_
- f. Sixth bottle: N - \_\_\_\_\_ - \_\_\_\_\_
- g. Seventh bottle: N - \_\_\_\_\_ - \_\_\_\_\_

**D. Bottles returned**

13. Total bottles returned: \_\_\_\_\_

*If no bottles are returned, record "0" and skip to item 17.*

14. Sequence of bottle(s) returned

a. First bottle: N - \_\_\_\_\_ - \_\_\_\_\_

b. Second bottle (if applicable):  
N - \_\_\_\_\_ - \_\_\_\_\_

c. Third bottle (if applicable):  
N - \_\_\_\_\_ - \_\_\_\_\_

d. Fourth bottle (if applicable):  
N - \_\_\_\_\_ - \_\_\_\_\_

e. Fifth bottle (if applicable):  
N - \_\_\_\_\_ - \_\_\_\_\_

f. Sixth bottle (if applicable):  
N - \_\_\_\_\_ - \_\_\_\_\_

g. Seventh bottle (if applicable):  
N - \_\_\_\_\_ - \_\_\_\_\_

15. Was compliance reviewed with participant:  
Yes ( ) No ( )

16. Were all outstanding bottles returned:  
Yes ( ) No ( )

**18.** ←

17. If some or all bottles were not returned, give reason (check all that apply)

- a. Consumed and discarded: ( )
- b. Lost/destroyed: ( )
- c. Forgot, still at home: ( )
- d. Open, still using: ( )
- e. Other (specify): ( )

\_\_\_\_\_ specify

**E. Administrative information**

18. Date form reviewed:  
\_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
day mon year

19. Clinic coordinator PIN: \_\_\_\_\_

20. Clinic coordinator signature:  
\_\_\_\_\_



Exit Interview

**Purpose:** To evaluate a participant’s experience in STAN.

**When:** Visit 5 (V5).

**Respondent:** Participant, parent/guardian, or both.

**Instructions:** Conduct interview at the end of Visit 5 or earlier visit if participant terminates earlier. Key into STAN data system at [www.cctrials.org/alaacrc](http://www.cctrials.org/alaacrc) within 10 working days.

**A. Clinical center and participant information**

1. Clinical center ID: \_\_\_\_\_

2. Participant ID: \_\_\_\_\_

3. Name code: \_\_\_\_\_

4. Visit date: \_\_\_\_\_

\_\_\_\_\_ day      \_\_\_\_\_ mon      \_\_\_\_\_ year

5. Visit ID: \_\_\_\_\_

6. Form version date:

  2     6   -   O     C     T   -   1     0  

day                  mon                  year

**B. Exit questions for participants**

7. Exit questions for participant

a. How would you rate your experience as a study participant in the study (*check only one*):

- Excellent ( 1 )
- Good ( 2 )
- Fair ( 3 )
- Poor ( 4 )

b. What did you think about the study:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

c. How could we have improved the study:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**8. Exit questions for participant**

**a.** Do you have any idea which study medication was assigned  
(check only one):

- Active drug (nasal spray) ( 1 )
- Inactive drug (placebo) ( 2 )
- Don't know ( 3 )

**b.** Do you want to continue with this treatment:

- ( Yes 1 ) ( No 2 )

**c.** Comments:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**C. Exit questions for participant's parent/guardian**

**9.** Was participant's parent/guardian at clinic for this visit:

- ( Yes 1 ) ( No 2 )

**12.** \_\_\_\_\_

**10. Exit questions for parent/guardian**

**a.** How would you rate the study overall  
(check only one):

- Excellent ( 1 )
- Good ( 2 )
- Fair ( 3 )
- Poor ( 4 )

**b.** What did you think about your child's participation in the study:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**c.** How could we have improved the study:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**11. Exit questions for parent/guardian**

**a.** Do you have any idea which study medication was assigned  
(check only one):

- Active drug (nasal spray) ( 1 )
- Inactive drug (placebo) ( 2 )
- Don't know ( 3 )

**b.** Do you want your child to continue with this treatment:

- ( Yes 1 ) ( No 2 )

**c.** Comments:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**D. Exit procedures**

**12. Exit materials distributed**

- |  | Yes   | No    |
|--|-------|-------|
| <b>a.</b> Exit letter:                   | ( 1 ) | ( 2 ) |
| <b>b.</b> Final spirometry test results: | ( 1 ) | ( 2 ) |
| <b>c.</b> Treatment unmasking envelope:  | ( 1 ) | ( 2 ) |

**E. Administrative information**

13. Date form reviewed:

\_\_\_\_ - \_\_\_\_ - \_\_\_\_  
day mon year

14. Clinic coordinator PIN: \_\_\_\_\_

15. Clinic coordinator signature:  
\_\_\_\_\_

16. Who was interviewed (*check all that apply*)

a. Participant: (  )

b. Parent/guardian: (  )

c. Other (*specify*): (  )

\_\_\_\_\_  
relationship to participant

**Methacholine Challenge Testing**

**Purpose:** Record results of methacholine challenge testing.

**When:** Visits V1 and V5.

**Instructions:** Complete sections A-G before proceeding with section H. Key into STAN data system at www.cctri-als.org/alaacrc within 10 working days.

**A. Clinical center, participant and visit identification**

1. Clinical center ID: \_\_\_\_\_

2. Participant ID: \_\_\_\_\_

3. Name code: \_\_\_\_\_

4. Date of methacholine challenge:  
\_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
day mon year

5. Visit ID (indicate visit nearest to date of test): \_\_\_\_\_

6. Form version date:  
2 2 - F E B - 1 2  
day mon year

**B. Absolute contraindications**

7. Is participant taking any beta-adrenergic blocking agent: (Yes) (No)

8. Has participant had a stroke or heart attack in last three months: (Yes) (No)

9. Does participant have a known aortic aneurysm: (Yes) (No)

10. Does the participant have uncontrolled hypertension (ie, SBP > 200, DBP > 100): (Yes) (No)

*Males or females not of child bearing potential proceed to item 12.*

11. Did the participant have a positive pregnancy test: (Yes) (No)

**A pregnancy test is required before each methacholine challenge test unless the participant is not of child-bearing potential. If pregnancy testing is not performed, do not continue methacholine challenge testing.**

12. Are any of items 7-11 answered "Yes": (Yes) (No)

**If "Yes", STOP, do not perform methacholine challenge testing; proceed to section J.**

**C. Relative contraindications**

13. Does the participant have any of the following conditions (check all that apply)

a. Epilepsy: ( )

b. Any cardiovascular disease accompanied by bradycardia (slow heart beat): ( )

c. Vagotonia: ( )

d. Peptic ulcer disease: ( )

e. Thyroid disease: ( )

f. Urinary tract obstruction: ( )

g. Current use of cholinesterase-inhibitor medication: ( )

h. Other serious illness in last four weeks (specify): ( )

\_\_\_\_\_ name of illness

i. None of the above: ( )

14. Is participant wheezing or showing other signs of asthma: (Yes) (No)

15. Are any items 13 a-h checked or is item 14 answered "Yes": (Yes) (No)

**18.** \_\_\_\_\_

16. Has a study physician reviewed the relative contraindications:  
( Yes <sub>1</sub> ) ( No <sub>2</sub> )

**If “No”, do not proceed until the item can be answered “Yes”, ie, the study physician has reviewed the relative contraindications.**

17. Based on review of relative contraindications, did study physician approve the performance of the MeCl test:  
( Yes <sub>1</sub> ) ( No <sub>2</sub> )

**If “No”, STOP, do not perform methacholine challenge testing; proceed to section J.**

**D. Medication holds**

- 18. Has participant taken any of the following medications within the indicated time period (*check all that apply*)
  - a. Short-acting bronchodilator within past 6 hours (*eg, albuterol, Ventolin, Proair, Proventil, Xopenex, isoproterenol, metaproterenol*): ( <sub>1</sub> )
  - b. Medium-acting bronchodilator within past 24 hours (*eg, ipratropium, Combivent, oral albuterol, Choledyl*): ( <sub>1</sub> )
  - c. Long-acting bronchodilator within past 24 hours (*eg, salmeterol, formoterol, Advair, Serevent*): ( <sub>1</sub> )
  - d. Ultra-long-acting bronchodilator within past 72 hours (*eg, tiotropium*): ( <sub>1</sub> )
  - e. Oral theophylline within past 48 hours (*eg, Theodur, Uniphyl*): ( <sub>1</sub> )
  - f. Cromolyn within past 8 hours: ( <sub>1</sub> )
  - g. Nedocromil within past 24 hours: ( <sub>1</sub> )
  - h. Leukotriene modifier within past 24 hours (*eg, Singulair, Accolate, montelukast, zafirlukast*): ( <sub>1</sub> )

i. Antihistamines within past 48 hours (*eg, Zyrtec, cetirizine, fexofenadine, Xyzal*): ( <sub>1</sub> )

j. Non-steroidal nasal spray within past 24 hours (*eg, Afrin, oxymetazoline*): ( <sub>1</sub> )

**If any of the above is checked, STOP, do not perform methacholine challenge testing; proceed to section J.**

k. None of the above: ( <sub>1</sub> )

**E. Confounders**

- 19. Has participant consumed caffeine (eg, tea, coffee, cola drink, Mountain Dew, energy drink, Anacin, chocolate) within past 6 hours:  
( Yes <sub>1</sub> ) ( No <sub>2</sub> )
- 20. Has participant engaged in vigorous exercise within the past 6 hours:  
( Yes <sub>1</sub> ) ( No <sub>2</sub> )
- 21. Has participant smoked a cigarette, cigar, or pipe within the past 6 hours:  
( Yes <sub>1</sub> ) ( No <sub>2</sub> )
- 22. Has participant had a cold or upper respiratory infection within the past 4 weeks:  
( Yes <sub>1</sub> ) ( No <sub>2</sub> )
- 23. Has participant had a known exposure to an allergen causing asthma within the past week:  
( Yes <sub>1</sub> ) ( No <sub>2</sub> )

**F. Other checks**

- 24. Were vials of methacholine prepared and handled according to STAN Manual of Operations guidelines:  
( Yes <sub>1</sub> ) ( No <sub>2</sub> )
- 25. Equipment
 

	Yes	No
a. KoKo spirometer:	( <sub>1</sub> )	( <sub>2</sub> )
b. KoKo dosimeter:	( <sub>1</sub> )	( <sub>2</sub> )
c. Nebulizer cups, pre-calibrated for STAN:	( <sub>1</sub> )	( <sub>2</sub> )
- 26. Is a supervising physician immediately available in case of emergency:  
( Yes <sub>1</sub> ) ( No <sub>2</sub> )

27. Are oxygen, stethoscope, pulse oximeter, and sphygmomanometer available in case of emergency:  
( Yes <sub>1</sub> ) ( No <sub>2</sub> )

28. Is albuterol (both via MDI and via nebulizer) immediately available:  
( Yes <sub>1</sub> ) ( No <sub>2</sub> )

29. Is atropine or equivalent anticholinergic medication (eg, Ipratropium) immediately available:  
( Yes <sub>1</sub> ) ( No <sub>2</sub> )

30. Are all of items 24-29 answered "Yes":  
( Yes <sub>1</sub> ) ( No <sub>2</sub> )

**If "No", do not proceed until all items can be answered "Yes".**

**G. Baseline lung function (pre-bronchodilator)**

31. Height (measured; enter only a or b)  
a. Inches: \_\_\_\_\_ inches

b. Centimeters: \_\_\_\_\_ cm

32. Weight (measured; enter only a or b)  
a. Pounds: \_\_\_\_\_ lbs

b. Kilograms: \_\_\_\_\_ kg

33. Baseline FEV<sub>1</sub>: \_\_\_\_\_ liters

34. Is baseline FEV<sub>1</sub> (item 33) less than 1 liter:  
( Yes <sub>1</sub> ) ( No <sub>2</sub> )

*Warning: If "Yes," review predicted values (items 36 and 37) and/or consult physician before proceeding. An FEV<sub>1</sub> less than 1 liter may be within the normal range for younger children depending on their size and age.*

35. Baseline FVC: \_\_\_\_\_ liters

36. Predicted FEV<sub>1</sub> (from Manual of Operations or as calculated online at www.cctrials.org/alaacrc):  
\_\_\_\_\_ ● \_\_\_\_\_  
liters

37. Baseline FEV<sub>1</sub> % predicted (100\* item 33 / item 36): \_\_\_\_\_

38. Is baseline FEV<sub>1</sub> predicted (item 37) less than 70%:  
( Yes <sub>1</sub> ) ( No <sub>2</sub> )

**If "Yes", STOP, do not perform methacholine challenge testing; proceed to section J.**

**H. Methacholine challenge**

*Administer saline diluent (no methacholine) according to protocol. Record spirometry at 30 and 90 seconds following the 5th breath, taking the highest FEV<sub>1</sub> as the result for that time period. Obtain at least 3 and no more than 5 efforts to achieve acceptability and reproducibility criteria as set by ATS guidelines.*

39. Time diluent administered: \_\_\_\_\_ : \_\_\_\_\_  
hour minute

40. Post-diluent FEV<sub>1</sub>: \_\_\_\_\_ ● \_\_\_\_\_  
liters

41. Post-diluent FVC: \_\_\_\_\_ ● \_\_\_\_\_  
liters

42. Is Post-diluent FEV<sub>1</sub> (item 40) less than or equal to 80% of the baseline FEV<sub>1</sub> (0.8 \* item 33):  
( Yes <sub>1</sub> ) ( No <sub>2</sub> )

**If "Yes", STOP, proceed to section I.**

43. Target FEV<sub>1</sub> (0.8 \* item 40):  
\_\_\_\_\_ ● \_\_\_\_\_  
liters

*This is the target FEV<sub>1</sub> for subsequent doses of MeCl.*

Items 44-54: Administer methacholine vials in order shown and then perform spirometry, according to protocol. Consult MOP for details on methacholine administration and spirometry.

	a. Vial	b. Dose (Concentration mg/mL)	c. FEV <sub>1</sub> (Liters)	d. FVC (Liters)	e. Is column c less than or equal to item 43?
44.	J	0.03125	___ . ___ ___	___ . ___ ___	Yes ( ) No ( ) └─> Go to section I
45.	I	0.0625	___ . ___ ___	___ . ___ ___	Yes ( ) No ( ) └─> Go to section I
46.	H	0.125	___ . ___ ___	___ . ___ ___	Yes ( ) No ( ) └─> Go to section I
47.	G	0.25	___ . ___ ___	___ . ___ ___	Yes ( ) No ( ) └─> Go to section I
48.	F	0.5	___ . ___ ___	___ . ___ ___	Yes ( ) No ( ) └─> Go to section I
49.	E	1.0	___ . ___ ___	___ . ___ ___	Yes ( ) No ( ) └─> Go to section I
50.	D	2.0	___ . ___ ___	___ . ___ ___	Yes ( ) No ( ) └─> Go to section I
51.	C	4.0	___ . ___ ___	___ . ___ ___	Yes ( ) No ( ) └─> Go to section I
52.	B	8.0	___ . ___ ___	___ . ___ ___	Yes ( ) No ( ) └─> Go to section I
53.	A	16.0	___ . ___ ___	___ . ___ ___	Yes ( ) No ( ) └─> Go to section I

54. Is vial A FEV<sub>1</sub> (item 53c) less than 90% of baseline FEV<sub>1</sub> (0.9 \* item 33):

Yes ( ) No ( )

68. ←

Items 55-59 left blank intentionally.

**I. Recovery**

*Administer 2 puffs albuterol via MDI with spacer and wait 10 minutes, per to protocol.*

60. Time of bronchodilator administration:

\_\_\_\_\_ : \_\_\_\_\_  
hour                      minute

61. Post-BD FEV<sub>1</sub>: \_\_\_\_\_ ● \_\_\_\_\_  
liters

62. Post-BD FVC: \_\_\_\_\_ ● \_\_\_\_\_  
liters

63. Is Post-BD FEV<sub>1</sub> (item 61) greater or equal to 90% of the baseline FEV<sub>1</sub> (0.9 \* item 33):

(Yes) (No)  
( 1 ) ( 2 )  
68.

*Administer 2 additional puffs albuterol via MDI with spacer and wait 10 minutes, per to protocol.*


64. 2<sup>nd</sup> Post-BD FEV<sub>1</sub>: \_\_\_\_\_ ● \_\_\_\_\_  
liters

65. 2<sup>nd</sup> Post-BD FVC: \_\_\_\_\_ ● \_\_\_\_\_  
liters

66. Is 2<sup>nd</sup> Post-BD FEV<sub>1</sub> (item 64) greater or equal to 90% of the baseline FEV<sub>1</sub> (0.9 \* item 33):

(Yes) (No)  
( 1 ) ( 2 )  
68.

*Consult physician and proceed as directed.*

67. Was physician consulted:  
(Yes) (No)  
( 1 ) ( 2 )  


**If “No”, STOP, consult physician.**

68. Did participant experience any complications of the methacholine challenge:  
(Yes) (No)  
( 1 ) ( 2 )  
70.

69. Specify complications:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

70. Did participant’s FEV<sub>1</sub> fall below the target FEV<sub>1</sub> following the administration of any concentration of methacholine (ie, are any responses in column e, items 44-54, checked “Yes”):

(Yes) (No)  
( 1 ) ( 2 )  
72.

*Calculate PC<sub>20</sub> for FEV<sub>1</sub> as directed in protocol or using calculator online at [www.cctrials.org/alaacrc](http://www.cctrials.org/alaacrc):*

71. PC<sub>20</sub> FEV<sub>1</sub>: \_\_\_\_\_ ● \_\_\_\_\_  
mg/mL MeCl

**J. Administrative information**

72. Person administering test

a. Name: \_\_\_\_\_  
specify

b. PIN: \_\_\_\_\_

73. Date form reviewed:  
\_\_\_\_\_ day \_\_\_\_\_ mon \_\_\_\_\_ year

74. Clinic coordinator PIN: \_\_\_\_\_

75. Clinic coordinator signature (do not key):  
\_\_\_\_\_



**Missed Data**

**Purpose:** Record information about what study data are missing.

**When:** After a visit window has closed for a randomized participant and visit/contact procedures were missed. Complete a separate Missed Data (MD) form for each visit that is missed or that has missing data.

**Instructions:** Key into STAN data system at [www.cctrials.org/alaacre](http://www.cctrials.org/alaacre) within 10 working days.

**A. Clinical center, participant and visit identification**

1. Clinical center ID: \_\_\_\_\_

2. Participant ID: \_\_\_\_\_

3. Name code: \_\_\_\_\_

4. Date completed:  
 \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
 day mon year

5. Visit ID: \_\_\_\_\_

6. Form version date:  
2 6 - O C T - 1 0  
 day mon year

7. Was visit or phone contact missed completely:  
 (Yes) (No)  
 ( 1 ) ( 2 )

**B. Missed visit information**

8. Forms missed  
(check all that apply)

a. BA (Baseline Asthma and Medical History) (visit 1): ( )

b. CV (Clinic Visit Form) (all clinic visits): ( )

c. DD (Drug Dispensing and Counting Form): ( )

d. EI (Exit Interview): ( )

e. MC (Methacholine Challenge Testing) (visits 1 and 5): ( )

f. NO (Nitric Oxide Form) (visits 2 and 5): ( )

g. PC (Phone Contact) (visits P1, 2 and 3): ( )

h. PE (Physical Exam): ( )

i. PF (Pulmonary Function Testing) (all clinic visits): ( )

j. TT (Treatment Termination): ( )

k. UM (Unmasking): ( )

l. Other (specify): ( )

\_\_\_\_\_ form

m. N/A, none missed: ( )

- 9. Questionnaires missed**  
*(check all that apply)*
- a. AS (Asthma Symptom Utility Index): (  )
  - b. TA (Asthma Control Test - 12 years and older) *[all clinic visits]:* (  )
  - c. TP (Asthma Control Test 4-11 years) *[all clinic visits]:* (  )
  - d. CH (Child Health Questionnaire) *(all clinic visits):* (  )
  - e. FQ (Asthma in Females Questionnaire) *(visit 2):* (  )
  - f. MO (Medical Outcomes Study) *(all clinic visits):* (  )
  - g. MQ (Marks Quality of Life Questionnaire) *(all clinic visits):* (  )
  - h. PQ (Children’s Health Survey for Asthma (CHSA)) *(all clinic visits):* (  )
  - i. SI (Sino-nasal Questionnaire (SNQ)) *(visits 1 and 2):* (  )
  - j. SN (Sino-nasal Outcome Test (SNOT-20)) *(all clinic visits):* (  )
  - k. SQ (Smoking Questionnaire) *(visit 2):* (  )
  - l. SS (Sinus Symptom Score) *(all clinic visits):* (  )
  - m. ST (Allergy Skin Testing) *(visits 2 and 5):* (  )
  - n. SV (Sinus and Nasal Quality of Life (SN-5)) *(all clinic visits):* (  )
  - o. Other *(specify):* (  )

\_\_\_\_\_ questionnaire

- p. N/A, none missed: (  )

- 10. Are diary cards missing:**
- Yes       No  
 (  )      (  )

**14.**

*If Yes, list the start and end dates for intervals with missing diary cards. Each date should be on or before date of visit or close of window for missed visit (items 10-12).*

- 11. First interval**
- a. Start date:  
 \_\_\_\_\_  
 day                      mon                      year
  - b. End date:  
 \_\_\_\_\_  
 day                      mon                      year

- 12. Second interval**
- a. Start date:  
 \_\_\_\_\_  
 day                      mon                      year
  - b. End date:  
 \_\_\_\_\_  
 day                      mon                      year

- 13. Third interval**
- a. Start date:  
 \_\_\_\_\_  
 day                      mon                      year
  - b. End date:  
 \_\_\_\_\_  
 day                      mon                      year

- 14. Reason for missed visit or data**  
*(check all that apply)*
- a. Participant was ill: (  )
  - b. Participant was temporarily away from area: (  )
  - c. Participant refused: (  )
  - d. Participant has permanently moved from area: (  )
  - e. Unable to contact participant: (  )
  - f. Participant forgot: (  )
  - g. Other *(specify):* (  )

\_\_\_\_\_  
\_\_\_\_\_

**15. Additional notes/explanations:**

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**C. Administrative information**

**16. Date form reviewed:**

\_\_\_\_ day      \_\_\_\_ mon      \_\_\_\_ year

**17. Clinic coordinator PIN:** \_\_\_\_\_

**18. Clinic coordinator signature:**  
\_\_\_\_\_

Nitric Oxide Form

**Purpose:** To measure the fractional concentration of exhaled nitric oxide (eNO) in exhaled breath.

**When:** Visit 2 and 5; before spirometry or Methacholine Challenge testing.

**Instructions:** Study participant should not eat or drink anything for 1 hour before the test. Record eNO results on this form. **If result of eNO < 5 ppb, enter "0" ppb.** Key into STAN data system at [www.cctrials.org/alaacrc](http://www.cctrials.org/alaacrc) within 10 working days.

**A. Clinical center and participant information**

1. Clinical center ID: \_\_\_\_\_

2. Participant ID: \_\_\_\_\_

3. Name code: \_\_\_\_\_

4. Visit date: \_\_\_\_\_  
day mon year

5. Visit ID: \_\_\_\_\_

6. Form version date: \_\_\_\_\_  
0 7 - 0 C T - 1 0  
day mon year

**d.** Did participant use a bronchodilator for 2 hours before eNO testing:

- Yes ( 1 )
- No ( 2 )
- Don't know ( 3 )

**8.** Current acute upper and/or lower respiratory tract viral infection:

- Yes ( 1 )
- No ( 2 )
- Don't know ( 3 )

**9.** Oral/inhaled corticosteroid use

**a.** Did participant use oral/inhaled corticosteroids today:

- ( Yes 1 ) ( No 2 )

**10.**

**B. Procedure**

**7.** Confounders (*check only one for each subitem*)

**a.** Did participant have a spirometry test today before eNO testing:

- Yes ( 1 )
- No ( 2 )
- Don't know ( 3 )

**b.** Did participant eat or drink anything for 1 hour before eNO testing:

- Yes ( 1 )
- No ( 2 )
- Don't know ( 3 )

**c.** Did participant do any strenuous exercise for 1 hour before eNO testing:

- Yes ( 1 )
- No ( 2 )
- Don't know ( 3 )

**b.** Time most recently used:

\_\_\_\_\_ : \_\_\_\_\_ ( 1 ) ( 2 )  
hour minute am pm

**10.** Participating in eNO Comparison Substudy:

- ( Yes 1 ) ( No 2 )

**12.**

**11.** Order of testing for eNO Comparison Substudy (*assigned by data system at each clinic visit*):

- NIOX MINO A first ( 1 )
- NIOX MINO B first ( 2 )

**NIOX MINO device A**

*If not participating in substudy, answer items 12-16 below.*

12. Result of daily quality control test for NIOX MINO A:  
(    ) (    )  
Pass Fail  
( 1 ) ( 2 )

13. Date participant eNO tested (read off the NIOX MINO A device):  
\_\_\_\_ - \_\_\_\_ - \_\_\_\_  
day mon year

14. Time participant eNO tested (read off the NIOX MINO A device):  
\_\_\_\_ : \_\_\_\_ (    ) (    )  
hour minute am pm

15. Participant eNO test results for the NIOX MINO A  
a. Test one: \_\_\_\_\_ ppb  
b. Test two: \_\_\_\_\_ ppb

16. Ambient NO result for the NIOX MINO A (record as "0" if result is < 5 ppb):  
\_\_\_\_\_ ppb

*Skip to item 22 if not participating in eNO Comparison Substudy.*

**NIOX MINO device B**

17. Result of daily quality control test for NIOX MINO B:  
(    ) (    )  
Pass Fail  
( 1 ) ( 2 )  

22.

18. Date participant eNO tested (read off the NIOX MINO B device):  
\_\_\_\_ - \_\_\_\_ - \_\_\_\_  
day mon year

19. Time participant eNO tested (read off the NIOX MINO B device):  
\_\_\_\_ : \_\_\_\_ (    ) (    )  
hour minute am pm

20. Participant eNO test results for the NIOX MINO B  
a. Test one: \_\_\_\_\_ ppb

b. Test two: \_\_\_\_\_ ppb

21. Ambient NO results for the NIOX MINO B (record as "0" if result is < 5 ppb):  
\_\_\_\_\_ ppb

22. Record any problems with tests or consistency of results:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**D. Administrative information**

23. Date form reviewed:  
\_\_\_\_ - \_\_\_\_ - \_\_\_\_  
day mon year

24. Clinic coordinator PIN: \_\_\_\_\_

25. Clinic coordinator signature:  
\_\_\_\_\_

**Phone Contact**

**Purpose:** To assess compliance, side effects, asthma control, and sinus control.  
**When:** Phone contacts (P1-P3).  
**Respondent:** Participant, parent/guardian, or both.  
**Instructions:** In all items, “you” refers to participant. Key into STAN data system at [www.cctrials.org/alaacrc](http://www.cctrials.org/alaacrc) within 10 working days.

**A. Clinical center, participant, and visit identification**

- 1. Clinical center ID: \_\_\_\_\_
- 2. Participant ID: \_\_\_\_\_
- 3. Name code: \_\_\_\_\_
- 4. Call date: \_\_\_\_\_  
 \_\_\_\_\_ day \_\_\_\_\_ mon \_\_\_\_\_ year

*Identify yourself as clinic staff and state the purpose of the call (eg, “Hi! This is \_\_\_\_\_ from the STAN Asthma Study. I’m calling to see how you’re doing. Would now be a good time to answer a few questions?”)*

- 5. Phone visit ID: \_\_\_\_\_ P \_\_\_\_\_
- 6. Form version date: \_\_\_\_\_  
 \_\_\_\_\_ day \_\_\_\_\_ mon \_\_\_\_\_ year

**B. Study Treatment**

- 7. How are you doing with the study nasal spray:  
 \_\_\_\_\_  
 \_\_\_\_\_
- 8. Since the last clinic visit, how many days have you NOT used your study nasal spray:  
 \_\_\_\_\_  
 days

- 9. Why did you miss taking your nasal spray (check all that apply)
  - a. N/A, took study nasal spray every day: ( )
  - b. Permanently stopped study nasal spray: ( )
  - c. Temporarily stopped study nasal spray (specify): ( )  
 \_\_\_\_\_  
 identify reason
  - d. Forgot: ( )
  - e. Ran out of study nasal spray: ( )
  - f. Did not have study nasal spray on hand: ( )
  - g. Lost study nasal spray: ( )
  - h. Side effects (specify): ( )  
 \_\_\_\_\_  
 list side effects
  - i. Too busy: ( )
  - j. Other (specify): ( )  
 \_\_\_\_\_  
 identify reason

**10. Symptoms**

- a. Since your last clinic visit or phone contact, were there any symptoms (eg, headache, sore throat, nasal bleeding, nasal irritation/pain, rash, itching, dizziness, trouble breathing, swelling) that may be related to the study nasal spray:  
 Yes ( ) No ( )  
**11.** ←
- b. If “Yes,” specify:  
 \_\_\_\_\_  
 \_\_\_\_\_

**C. Asthma and health**

11. Were any rescue medications (ie, short acting bronchodilator) used for asthma since the last clinic visit or phone contact (*do not count uses to prevent symptoms, eg, medication before exercise*):

Yes ( 1 )                      No ( 2 )  
 13. ←

12. How many times since your last clinic visit or phone contact was asthma rescue medication used other than to prevent symptoms:

\_\_\_\_\_ # times

13. Were there significant events since your last clinic visit or phone contact (*check all that apply*)

- a. Hospitalization or urgent care visit for asthma: ( 1 )
- b. Used oral corticosteroids: ( 1 )
- c. Upper respiratory infection (*eg, cold or sinus infection*): ( 1 )
- d. Other (*specify*): ( 1 )

\_\_\_\_\_ name event

e. N/A, no significant events occurred: ( 1 )

*For hospitalization(s) or other serious adverse events that occurred after the participant enrolled in the study, complete a Serious Adverse Event Report (SR) for each event.*

14. Did you use nasal medications (saline, anti-histamines, allergy medications, decongestant, anti-leukotrienes) for sinus symptoms since last clinic visit or phone contact:

Yes ( 1 )                      No ( 2 )

**D. Study procedures**

15. Have you been filling out your diary cards:

Yes ( 1 )                      No ( 2 )

16. Have you missed any days (*check all that apply*)

- a. N/A, none missing: ( 1 )
- b. Forgot: ( 1 )
- c. Hard to understand: ( 1 )
- d. Lost or destroyed: ( 1 )
- e. Other (*specify*): ( 1 )

\_\_\_\_\_ identify reason

17. Do you have any questions: Yes ( 1 ) No ( 2 )

18. Next clinic visit appointment

a. Date:

\_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
 day                      mon                      year

b. Time: \_\_\_\_\_: \_\_\_\_\_ ( 1 ) am ( 2 ) pm

c. Participant able to keep appointment:

Yes ( 1 )                      No ( 2 )

20. ←

*If No, try to reschedule on phone.*

19. Rescheduled clinic visit appointment

a. Date:

\_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
 day                      mon                      year

b. Time: \_\_\_\_\_: \_\_\_\_\_ ( 1 ) am ( 2 ) pm

20. Participant reminded to (*check all that apply*)

- a. Use Asthma Action Plan in an emergency: ( 1 )
- b. Consult private physician for asthma care: ( 1 )
- c. Complete diary cards: ( 1 )
- d. N/A, no reminders given: ( 1 )

**E. Administrative information**

21. Date form reviewed:

\_\_\_\_ day - \_\_\_\_ mon - \_\_\_\_ year

22. Clinic coordinator PIN: \_\_\_\_\_

23. Clinic coordinator signature:  
\_\_\_\_\_



**Physical Exam**

**Purpose:** To assess information about a participant's health.

**When:** Screening (V1) and Visit 5 (V5).

**Instructions:** Completed by certified study physician or designee. Items in Section B marked with an "\*" are mandatory.

Note abnormalities and briefly describe; use extra sheets if necessary. Key into STAN data system at [www.cctrials.org/alaacrc](http://www.cctrials.org/alaacrc) within 10 working days.

**A. Clinical center, participant, and visit identification**

1. Clinical center ID: \_\_\_\_\_

2. Participant ID: \_\_\_\_\_

3. Name code: \_\_\_\_\_

4. Date completed: \_\_\_\_\_  
 \_\_\_\_\_ day \_\_\_\_\_ mon \_\_\_\_\_ year

5. Visit ID: \_\_\_\_\_

6. Form version date: \_\_\_\_\_  
 \_\_\_\_\_ day \_\_\_\_\_ S \_\_\_\_\_ E \_\_\_\_\_ P - 1 \_\_\_\_\_ 0  
 day mon year

**B. Physical exam**

\*7. Blood Pressure  
 a. Systolic: \_\_\_\_\_ mmHg

b. Diastolic: \_\_\_\_\_ mmHg

\*8. Heart Rate: \_\_\_\_\_ beats/min

\*9. Temperature: ( °C ) ( °F ) \_\_\_\_\_ °C \_\_\_\_\_ °F

\*10. Respiration Rate: \_\_\_\_\_ breaths/min

- \* 11. General appearance: \_\_\_\_\_ Normal ( 1 ) Abnormal ( 2 )  
 \_\_\_\_\_
- \* 12. Chest: \_\_\_\_\_ Normal ( 1 ) Abnormal ( 2 )  
 \_\_\_\_\_
- \* 13. Heart: \_\_\_\_\_ Normal ( 1 ) Abnormal ( 2 )  
 \_\_\_\_\_
- \* 14. HEENT/Neck: \_\_\_\_\_ Normal ( 1 ) Abnormal ( 2 )  
 \_\_\_\_\_
- \* 15. Nasal polyps: \_\_\_\_\_ Normal ( 1 ) Abnormal ( 2 )  
 \_\_\_\_\_
- 16. Abdomen: \_\_\_\_\_ Normal ( 1 ) Abnormal ( 2 ) Not Examined ( 3 )  
 \_\_\_\_\_
- 17. Extremities: \_\_\_\_\_ Normal ( 1 ) Abnormal ( 2 ) Not Examined ( 3 )  
 \_\_\_\_\_
- 18. Skin: \_\_\_\_\_ Normal ( 1 ) Abnormal ( 2 ) Not Examined ( 3 )  
 \_\_\_\_\_

- |  |                 |                   |                          |
|--|-----------------|-------------------|--------------------------|
| 19. Neurological: _____<br>_____             | Normal<br>( 1 ) | Abnormal<br>( 2 ) | Not<br>Examined<br>( 3 ) |
| 20. Other ( <i>specify</i> ): _____<br>_____ | Normal<br>( 1 ) | Abnormal<br>( 2 ) | Not<br>Examined<br>( 3 ) |

**C. Physician signature**

21. Examiner

a. Examiner signature:

\_\_\_\_\_

b. Examiner name (*print*):

\_\_\_\_\_

22. Is examiner a STAN certified study physician:

Yes                      No  
( 1 )                      ( 2 )

└─ 24.

*If No, then form must be countersigned by  
overseeing STAN certified Study Physician.  
Complete items 21-26.*

23. STAN certified study physician

a. Study physician PIN: \_\_\_\_\_

b. Study physician signature:

\_\_\_\_\_

**D. Administrative information**

24. Date form reviewed:

\_\_\_\_-\_\_\_\_-\_\_\_\_  
day                      mon                      year

25. Clinic Coordinator PIN: \_\_\_\_\_

26. Clinic Coordinator signature:

\_\_\_\_\_

**Purpose:** To record results of pulmonary function tests.

**When:** Visits V1, V2, V3, V4, and V5.

**Instructions:** Key into STAN data system at [www.cctrials.org/alaacrc](http://www.cctrials.org/alaacrc) within 10 working days.

**A. Clinical center, participant and visit identification**

1. Clinical center ID: \_\_\_\_\_

2. Participant ID: \_\_\_\_\_

3. Name code: \_\_\_\_\_

4. Date completed:  
 \_\_\_\_\_ day \_\_\_\_\_ mon \_\_\_\_\_ year

5. Visit ID: \_\_\_\_\_  
*(Indicate "N" as visit ID if testing is not associated with a particular visit)*

6. Form version date:  
0 8 - D E C - 1 0  
 day mon year

**B. General PFT data**

7. Height *(measured; enter only a or b)*

a. In inches: \_\_\_\_\_ inches

b. In centimeters: \_\_\_\_\_ cm

8. Weight *(measured; enter only a or b)*

a. In pounds: \_\_\_\_\_ lbs

b. In kilograms: \_\_\_\_\_ kg

9. Choose one dominant race category as identified by participant *(used to calculate predicted values)*:

- White ( 1 )
- Black ( 2 )
- Latino ( 3 )
- Other ( 4 )

10. Did participant take any of the following medications before visit

Yes No

a. Short-acting bronchodilator within last 4 hours: ( 1 ) ( 2 )

b. Long-acting bronchodilator within last 12 hours: ( 1 ) ( 2 )

11. Mini-Wright peak flow measurement *(highest of 3 at clinic)*:

\_\_\_\_\_ Liters/min

**C. Pre-bronchodilator data**

12. Pre-bronchodilator FVC: \_\_\_\_\_ Liters

13. Pre-bronchodilator FEV<sub>1</sub>: \_\_\_\_\_ Liters

14. Predicted FEV<sub>1</sub> *(from Manual of Operations or as calculated online at [www.cctrials.org/alaacrc](http://www.cctrials.org/alaacrc))*:

\_\_\_\_\_ Liters

15. Percent predicted pre-bronchodilator FEV<sub>1</sub>: \_\_\_\_\_ %

*Calculation: (100 x pre-bronchodilator FEV<sub>1</sub>/predicted FEV<sub>1</sub>; ie, 100 x item 13/item 14)*

**D. Post-bronchodilator data**

16. Was post-bronchodilator testing done:

( Yes )
( No )  
( 1 )
( 2 )  
21.

*All participants will have post-BD testing at V1, V2, V3, V4 and V5.*

17. Post-bronchodilator FVC: \_\_\_\_\_ ● \_\_\_\_\_  
Liters

18. Post-bronchodilator FEV<sub>1</sub>: \_\_\_\_\_ ● \_\_\_\_\_  
Liters

**E. Reversibility data**

19. Percent predicted post-bronchodilator FEV<sub>1</sub>:  
\_\_\_\_\_ / \_\_\_\_\_  
%

*Calculation: (100 x post-BD FEV<sub>1</sub>/predicted FEV<sub>1</sub>); ie, (100 x item 18/item 14)*

20. Percent reversibility: \_\_\_\_\_ / \_\_\_\_\_  
%

*Calculation: [(post-BD FEV<sub>1</sub> - pre-BD FEV<sub>1</sub>)/pre-BD FEV<sub>1</sub>] x 100; ie, [(item 18 - item 13)/item 13] x 100]*

**F. Administrative information**

21. Person administering test

a. Name:

\_\_\_\_\_  
specify

b. PIN: \_\_\_\_\_

22. Date form reviewed:  
\_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
day mon year

23. Clinic coordinator PIN: \_\_\_\_\_

24. Clinic coordinator signature:  
\_\_\_\_\_

Randomization Form

**Purpose:** To document eligibility and treatment assignment.

**When:** V2, after all other forms and activities are completed.

**Instructions:** Key into STAN data system at [www.cctrials.org/alaacrc](http://www.cctrials.org/alaacrc) to obtain treatment assignment. Screening form (SC) must be keyed prior to obtaining treatment assignment. **It is recommended that the responsible study physician sign this form prior to randomization. However, if that is not logistically possible, the physician should sign this form within a prudent period of time after randomization.** If item checked is marked with [STOP], participant is ineligible for randomization; complete section H and do not data enter.

**A. Clinical center, participant and visit identification**

1. Clinical center ID: \_\_\_\_\_

2. Participant ID: \_\_\_\_\_

3. Name code: \_\_\_\_\_

4. Visit date: \_\_\_\_\_  
day mon year

5. Visit ID:  V 2

6. Form version date:  0 6 - D E C - 1 0   
day mon year

**B. General inclusion criteria**

7. Age 6 or older:  Yes (1)  No (2) [STOP]

a. Date of birth (*asked on BA form as well; needed to determine dosage at RZ*): \_\_\_\_\_  
day mon year

b. Age on date of randomization (*do not round*): \_\_\_\_\_  
years

8. Physician diagnosed asthma:  Yes (1)  No (2) [STOP]

9. A mean score of 1 or greater on the Sino-Nasal Questionnaire (SI) at V1 and V2:  Yes (1)  No (2) [STOP]

a. Score at V1: \_\_\_\_\_

b. Score at V2: \_\_\_\_\_

10. Score on Asthma Control Test (TP or TA; answer as appropriate)  
**Participants 6-11 years (TP form)**  
 a. A score of 19 or less on the Child - Asthma Control Test (TP) at V1 and V2:  Yes (1)  No (2) [STOP]

b. Score at V1: \_\_\_\_\_

c. Score at V2: \_\_\_\_\_


**Participants 12 or older (TA form)**  
 d. A score of 19 or less on the Asthma Control Test (TA) at V1 and V2:  Yes (1)  No (2) [STOP]

e. Score at V1: \_\_\_\_\_

f. Score at V2: \_\_\_\_\_


**C. Lung function criteria**

**11.** Percent predicted pre-bronchodilator FEV<sub>1</sub> greater than or equal to 50% at V1 and V2:

Yes ( 1 )      No ( 2 )  
 

**12.** Bronchodilator reversibility (*documented within last 2 years*)

**a.** Participant demonstrate 12% or greater reversibility:

Yes ( 1 )      No ( 2 )  
 **13.** 

**b.** Pre-bronchodilator FEV<sub>1</sub>:

\_\_\_\_\_ • \_\_\_\_\_  
liters

**c.** Post-bronchodilator FEV<sub>1</sub>:


\_\_\_\_\_ • \_\_\_\_\_  
liters

**d.** Date reversibility demonstrated:

\_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
day                      mon                      year

**13.** Methacholine PC<sub>20</sub> FEV<sub>1</sub> (*documented within last 2 years*)

**a.** PC<sub>20</sub> less than 16 mg/mL:

Yes ( 1 )      No ( 2 )  
 **14.** 

**b.** PC<sub>20</sub> value:

\_\_\_\_\_ • \_\_\_\_\_  
mg/mL MeCl

**c.** Date PC<sub>20</sub> FEV<sub>1</sub> demonstrated:

\_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
day                      mon                      year

*(Keep documentation of lung function test results in participant's file at clinic).*


*One of the above items 12-13 must be checked "Yes". If both items 12-13 are checked "No", then **STOP**; participant is ineligible for the study. Complete section H.*

**D. Exclusion criteria**


**14.** Medication use

Yes      No


**a.** Systemic corticosteroid use within past 4 weeks:

( 1 )      ( 2 )  
 


**b.** Nasal corticosteroid use within past 4 weeks:

( 1 )      ( 2 )  
 


**c.** Anti-leukotriene use within past 2 weeks:

( 1 )      ( 2 )  
 


**d.** Use of investigational treatments within past 6 weeks:

( 1 )      ( 2 )  
 


**15.** Sinus surgery within last 6 months:

Yes ( 1 )      No ( 2 )  
 


**16.** History of fever greater than 38.3° C (100.9° F) within last 10 days:

Yes ( 1 )      No ( 2 )  
 


**17.** Active smoking within 6 months:

Yes ( 1 )      No ( 2 )  
 


**18.** Greater than 10 pack-years smoking history (10 pack-years = 1 pack a day for 10 years; 2 packs a day for 5 years, etc):

Yes ( 1 )      No ( 2 )  
 


19. History or physician diagnosis of cystic fibrosis, insulin dependent diabetes mellitus or immunodeficiency disorders, or other co-morbidity that predisposes to complicated rhinosinusitis:

( Yes ) ( No )  
( 1 ) ( 2 )  


20. Cataracts or history of glaucoma, or other conditions resulting in increased intraocular pressure:


( Yes ) ( No )  
( 1 ) ( 2 )  


21. Women of childbearing potential: currently pregnant, lactating, or unwilling to practice effective contraception for duration of study:

Yes ( 1 )  
  
No ( 2 )  
Not applicable ( 3 )

*Note: A pregnancy test should be administered to women of child-bearing potential at Visit 1 and Visit 2.*


22. Current upper airway symptoms lasting less than 8 weeks (eg, seasonal allergies):

( Yes ) ( No )  
( 1 ) ( 2 )  



23. Acute respiratory illness (eg, cold) within past 8 weeks:

( Yes ) ( No )  
( 1 ) ( 2 )  



24. Allergy or intolerance to nasal mometasone:

( Yes ) ( No )  
( 1 ) ( 2 )  



25. Chronic diseases (other than asthma) that in the opinion of the investigator would prevent participation in the trial or put participant at risk by participation, eg, chronic diseases of the lung (other than asthma), heart, liver, kidney or nervous system:

( Yes ) ( No )  
( 1 ) ( 2 )  


26. Inaccessible by telephone:


( Yes ) ( No )  
( 1 ) ( 2 )  


27. Intention to move out of the area in the next 6 months:

( Yes ) ( No )  
( 1 ) ( 2 )  


**E. Procedures**

28. Signed consent and/or assent as per local IRB requirements:

( Yes ) ( No )  
( 1 ) ( 2 )  


29. Permission granted in main or separate consent/assent to donate DNA and have it stored:

( Yes ) ( No )  
( 1 ) ( 2 )

**30. Were the following baseline procedures completed or checked**

- |  | Yes   | No    |
|--|-------|-------|
| <b>a. Baseline history (BA form) (at V1):</b>  | ( 1 ) | ( 2 ) |
| <b>b. Physical exam (at V1):</b>   | ( 1 ) | ( 2 ) |
| <b>c. Pregnancy test (at V1 and V2):</b>   | ( 1 ) | ( 2 ) |
| <b>d. Diary cards reviewed (at V2):</b>  | ( 1 ) | ( 2 ) |
| <b>e. Questionnaires completed (TA/TP, AS, SN/SV, SQ, SS, FQ, SI, MQ/PQ, and CH/MO):</b> | ( 1 ) | ( 2 ) |
| <b>f. Spirometry (at V1 and V2):</b>   | ( 1 ) | ( 2 ) |
| <b>g. Methacholine challenge test (at V1):</b>   | ( 1 ) | ( 2 ) |
| <b>h. Exhaled nitric oxide (eNO) test (at V2):</b>                                       | ( 1 ) | ( 2 ) |
| <b>i. Nasal lavage (at V2):</b>  | ( 1 ) | ( 2 ) |
| <b>j. Allergy skin test (at V2):</b>   | ( 1 ) | ( 2 ) |
| <b>k. Blood specimen collected (at V2):</b>  | ( 1 ) | ( 2 ) |

**31. Was the following V1 form keyed into the data system (SC form must be entered before participant can be randomized)**

- a. Screening form (SC):**
- |     |       |
|-----|-------|
| Yes | ( 1 ) |
| No  | ( 2 ) |

**F. Peak flow from diary cards**


**32. Peak flow from diary cards for last 14 days of run-in period (participant must complete diary cards on at least 10 of last 14 days to be eligible)**

- |                   |       |
|-------------------|-------|
| <b>a. Day 1:</b>  | _____ |
| <b>b. Day 2:</b>  | _____ |
| <b>c. Day 3:</b>  | _____ |
| <b>d. Day 4:</b>  | _____ |
| <b>e. Day 5:</b>  | _____ |
| <b>f. Day 6:</b>  | _____ |
| <b>g. Day 7:</b>  | _____ |
| <b>h. Day 8:</b>  | _____ |
| <b>i. Day 9:</b>  | _____ |
| <b>j. Day 10:</b> | _____ |
| <b>k. Day 11:</b> | _____ |
| <b>l. Day 12:</b> | _____ |
| <b>m. Day 13:</b> | _____ |
| <b>n. Day 14:</b> | _____ |



**G. Final check**

33. Participant meets all eligibility criteria for randomization:

( Yes ) ( No )  
( 1 ) ( 2 )  


**H. Administrative information**

34. Study physician

a. Study physician PIN: \_\_\_\_\_

b. Study physician signature:  
\_\_\_\_\_

c. Date signed:  
\_\_\_\_-\_\_\_\_-\_\_\_\_  
day mon year

35. Date form reviewed:  
\_\_\_\_-\_\_\_\_-\_\_\_\_  
day mon year

36. Clinic coordinator

a. Clinic coordinator PIN: \_\_\_\_\_

b. Clinic coordinator signature:  
\_\_\_\_\_

**Note:** · Print copy of treatment assignment and drug dosage from data system and attach to this form.  
· Affix bottom of RZ kit label on DD form item 7a.

**I. Randomization data** (generated by DCC data system)

37. Asthma action plan values (use values calculated by data system)

a. Personal best peak flow: \_\_\_\_\_

b. Red zone: below \_\_\_\_\_

c. Yellow zone:  
\_\_\_\_\_ to \_\_\_\_\_

d. Green zone: above \_\_\_\_\_

*Copy values to Asthma Action Plan card.*

38. Kit ID (assigned by data system):  
N. \_\_\_\_\_


39. Dose assignment (sprays per nostril once daily in the morning): \_\_\_\_\_

Screening Form

**Purpose:** To check preliminary eligibility criteria.

**When:** Visit 1 (V1) after initial forms and procedures are completed, prior to methacholine challenge test and physical exam.

**Respondent:** Participant, parent/guardian, or both.

**Instructions:** If participant is eligible, key into STAN data system at [www.cctrials.org/alaacrc](http://www.cctrials.org/alaacrc). Must be keyed immediately after visit has been completed. If item checked is marked with a  participant is ineligible for the study. Proceed to section G. Do not key form for participants who fail screening.

**A. Clinical center, participant and visit information**

1. Clinical center ID: \_\_\_\_\_

2. Participant ID (attach next sequentially numbered label from Clinic Label Sheet):

3. Name code: \_\_\_\_\_


4. Visit date: \_\_\_\_\_  
day mon year

5. Visit ID: \_\_\_\_\_

6. Form version date:  
2 2 - F E B - 1 2  
day mon year

**B. Preliminary screening**


7. Age 6 or older:  
 Yes (1) No (2)  


8. Physician diagnosed asthma:  
 Yes (1) No (2)  


**C. Poor asthma control criteria**

9. Score on Asthma Control Test (TA or TP) (answer as appropriate)

a. Participants 6-11 years: A score of 19 or less on Child - Asthma Control Test (TP):

Yes (1) No (2)  


b. Score: \_\_\_\_\_


c. Participants 12 or older: A score of 19 or less on Asthma Control Test (TA):

Yes (1) No (2)  


d. Score: \_\_\_\_\_

**D. Chronic rhinitis and sinusitis**

10. Mean score of 1 or greater on the Sino-nasal Questionnaire (SI):

Yes (1) No (2)  


a. Score: \_\_\_\_\_

**E. Lung function criteria** (*documented within the last two years*)

11. Did participant demonstrate 12% or greater reversibility within the last two years:

(Yes) (No)  
( 1 ) ( 2 )

12.

a. Date reversibility demonstrated:

\_\_\_\_ - \_\_\_\_ - \_\_\_\_  
day mon year

12. Methacholine PC<sub>20</sub> less than 16 mg/mL (*within last two years*):

(Yes) (No)  
( 1 ) ( 2 )

13.

a. Date methacholine demonstrated:

\_\_\_\_ - \_\_\_\_ - \_\_\_\_  
day mon year

13. Are items 11 or 12 marked "Yes:"

(Yes) (No)  
( 1 ) ( 2 )

*WARNING: If "No," participant must demonstrate one of these criteria by V2 to be eligible.*

**F. Exclusion criteria**

14. Active smoking within last 6 months:

(Yes) (No)  
( 1 ) ( 2 )

15. Greater than 10 pack-years smoking history (*10 pack-years = 1 pack a day for 10 years; 2 packs a day for 5 years, etc*):

(Yes) (No)  
( 1 ) ( 2 )

16. Percent predicted pre-bronchodilator FEV<sub>1</sub> less than or equal to 50%:

(Yes) (No)  
( 1 ) ( 2 )

17. History or physician diagnosis of cystic fibrosis, insulin dependent diabetes mellitus or immunodeficiency disorders, or other co-morbidity that predisposes to complicated rhinosinusitis:

(Yes) (No)  
( 1 ) ( 2 )

18. Cataracts or history of glaucoma or other conditions resulting in increased intraocular pressure:

(Yes) (No)  
( 1 ) ( 2 )

19. For women of childbearing potential: currently pregnant, lactating, or unwilling to practice effective contraception for duration of study:

Yes

( 1 )

No

( 2 )

Not applicable

( 3 )

*Note: A pregnancy test should be administered to women of child-bearing potential at Visit 1.*

20. Allergy or intolerance to nasal mometasone:

(Yes) (No)  
( 1 ) ( 2 )

**21. Major chronic illness or other condition that may interfere with participation in the study**

- |   | Yes   | No    |
|---|-------|-------|
| <b>a. Non-skin cancer:</b>  | ( 1 ) | ( 2 ) |
| <b>b. Bronchiectasis:</b>   | ( 1 ) | ( 2 ) |
| <b>c. Myelomeningocele:</b>   | ( 1 ) | ( 2 ) |
| <b>d. Sickle cell anemia:</b>   | ( 1 ) | ( 2 ) |
| <b>e. Endocrine disease:</b>  | ( 1 ) | ( 2 ) |
| <b>f. Congenital heart disease:</b>   | ( 1 ) | ( 2 ) |
| <b>g. Congestive heart failure:</b>   | ( 1 ) | ( 2 ) |
| <b>h. Stroke:</b>   | ( 1 ) | ( 2 ) |
| <b>i. Severe hypertension:</b>  | ( 1 ) | ( 2 ) |
| <b>j. Renal failure:</b>  | ( 1 ) | ( 2 ) |
| <b>k. Liver disorder:</b>   | ( 1 ) | ( 2 ) |
| <b>l. Significant neuro-developmental delay:</b>  | ( 1 ) | ( 2 ) |
| <b>m. Behavioral disorders (excluding mild attention deficit hyperactivity disorder):</b> | ( 1 ) | ( 2 ) |
| <b>n. Other (specify):</b>  | ( 1 ) | ( 2 ) |

\_\_\_\_\_ name condition

*If any of above items are checked "Yes," alert study physician for evaluation during physical exam. Patient may be ineligible.*

**22. Acute respiratory illness (eg, cold) within past 8 weeks:**

- |       |       |
|-------|-------|
| Yes   | No    |
| ( 1 ) | ( 2 ) |

**23. History of sinus surgery in last 6 months:**


- |       |       |
|-------|-------|
| Yes   | No    |
| ( 1 ) | ( 2 ) |

**24. Medication use**


- |  | Yes   | No    |
|--|-------|-------|
| <b>a. Systemic corticosteroid use within past 4 weeks:</b>           | ( 1 ) | ( 2 ) |
| <b>b. Nasal corticosteroid use within past 4 weeks:</b>              | ( 1 ) | ( 2 ) |
| <b>c. Anti-leukotriene medication use within past 2 weeks:</b>       | ( 1 ) | ( 2 ) |
| <b>d. Use of any investigational treatments in previous 6 weeks:</b> | ( 1 ) | ( 2 ) |

*Warning: Items 22-24 must be checked "No" for patient to be eligible; if any of those items are checked "Yes," the participant must demonstrate these criteria by V2 to be eligible.*


**25. Appears able and willing to complete baseline procedures (peak flow measurement, 10 of 14 diary cards, etc):**

- |   |       |
|---|-------|
| Yes   | No    |
| ( 1 )   | ( 2 ) |
|  |       |

**26. Accessible by telephone:**

- |   |       |
|---|-------|
| Yes   | No    |
| ( 1 )   | ( 2 ) |
|  |       |

**27. Intention to stay in the area for at least the next 6 months:**

- |   |       |
|---|-------|
| Yes   | No    |
| ( 1 )   | ( 2 ) |
|  |       |

**G. Administrative information**

**28. Date form reviewed:**

\_\_\_\_\_ day \_\_\_\_\_ mon \_\_\_\_\_ year

**29. Clinic coordinator PIN:** \_\_\_\_\_

**30. Clinic coordinator signature (do not key):**

\_\_\_\_\_

**31. Web access code [assigned by data system; record on participant's Schedule of Visits (SOV)]:**

\_\_\_\_\_

**Allergy Skin Testing**

**Purpose:** To assess sensitivity to allergens.

**When:** Visit 2 (V2).

**Instructions:** Completed by STAN certified allergy skin tester. Preferably done prior to methacholine challenge. Key into STAN data system at [www.cctrials.org/alaacr](http://www.cctrials.org/alaacr) within 10 working days.

**A. Clinical center, participant, and visit identification**

1. Clinical center ID: \_\_\_\_\_

2. Participant ID: \_\_\_\_\_

3. Name code: \_\_\_\_\_

4. Visit date: \_\_\_\_\_

\_\_\_\_\_ day - \_\_\_\_\_ mon - \_\_\_\_\_ year

5. Visit ID:  V 2

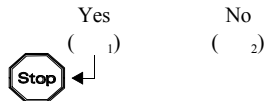
6. Form version date: \_\_\_\_\_

0 3 - N O V - 1 0   
day mon year

**B. Exclusions**

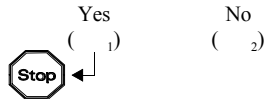
7. Current use of a beta-blocker:

Yes ( 1 ) No ( 2 )



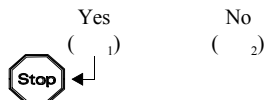
8. Ever had a significant adverse reaction to a skin testing procedure (eg, anaphylaxis, urticaria, angioedema, asthma, hypotension):

Yes ( 1 ) No ( 2 )



9. Dermatographia:

Yes ( 1 ) No ( 2 )



*If any of items 7-9 are answered "Yes", do not conduct a skin test on this participant. Skip to section G.*

**C. Possible exclusions**

10. FEV<sub>1</sub> below 70% predicted on the day of test:  
Yes ( 1 ) No ( 2 )

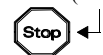
11. Symptoms of an acute asthma exacerbation on day of test:  
Yes ( 1 ) No ( 2 )

12. Either 10 or 11 answered "Yes":  
Yes ( 1 ) No ( 2 )



13. Has supervising physician given permission to proceed with allergy skin test (*permission from supervising physician must be obtained in order to proceed with skin test if 10 or 11 are "Yes"*):

Yes ( 1 ) No ( 2 )



*If item 13 is answered "No," do not conduct a skin test unless permission is obtained and item 13 can be answered "Yes." Skip to section G.*

**D. Confounders**

**Please refer to the MOP for list of medications to be held prior to allergy skin testing.**

**14. Antihistamine use**

a. Use of first-generation (short-acting) antihistamine in the past 3 days (72 hours):

Yes ( 1 ) No ( 2 )

b. Use of a second-generation (longer-acting) antihistamine in the past 7 days:

Yes ( 1 ) No ( 2 )

c. Use of a topical nasal antihistamine such as Astelin (azelastine) in the past 5 days:

Yes ( 1 ) No ( 2 )

**15. Antidepressant use**

a. Use of doxepin (topical or oral) in the past 7 days:

Yes                      No  
(  )                      (  )

b. Use of a tricyclic antidepressant in the past 3 days:

Yes                      No  
(  )                      (  )

**16.** Use of an H2 antagonist in the past 3 days (72 hours):

Yes                      No  
(  )                      (  )

**17.** Use of restricted herbal supplements (*see MOP*) in the past 3 days:


Yes                      No  
(  )                      (  )

**E. Safety measures**

**18.** Are the following readily available

a. Physician knowledgeable in anaphylaxis treatment:


Yes                      No  
(  )                      (  )

 ←

*If "No", do not proceed until item can be checked yes.*

b. Injectable epinephrine (1:1000):

Yes                      No  
(  )                      (  )

 ←

*If "No", do not proceed until item can be checked yes.*

**F. Allergy skin testing**

**19.** Time testing started (*allergens applied*):

\_\_\_\_\_ : \_\_\_\_\_ (  ) (  )  
hour                      minute                      am                      pm

**Tests should be read 20 minutes after the application of all allergens.**

**20.** Time tests were read ("*time read*" is time when wheals were outlined with felt tip pen):

\_\_\_\_\_ : \_\_\_\_\_ (  ) (  )  
hour                      minute                      am                      pm

After 20 minutes have passed, outline each wheal, apply a piece of transparent tape over each wheal, and transfer tape to the corresponding space below. Measure largest diameter (A) and largest diameter perpendicular to A (B) to the nearest millimeter. Calculate mean diameter (C),  $C=(A+B)/2$  and follow ACRC rounding rules (see MOP section 4.4.3).

**Battery A**

<p><b>21. Positive control:</b></p>          <p>a. Largest diameter (A): _____ mm          b. Perpendicular diameter (B): _____ mm          c. Mean diameter (C): _____ mm</p>	<p><b>25. Negative control:</b></p>          <p>a. Largest diameter (A): _____ mm          b. Perpendicular diameter (B): _____ mm          c. Mean diameter (C): _____ mm</p>
<p><b>22. Standardized house dust mite mix:</b></p>          <p>a. Largest diameter (A): _____ mm          b. Perpendicular diameter (B): _____ mm          c. Mean diameter (C): _____ mm</p>	<p><b>26. Cockroach mix:</b></p>          <p>a. Largest diameter (A): _____ mm          b. Perpendicular diameter (B): _____ mm          c. Mean diameter (C): _____ mm</p>
<p><b>23. Mouse epithelia:</b></p>          <p>a. Largest diameter (A): _____ mm          b. Perpendicular diameter (B): _____ mm          c. Mean diameter (C): _____ mm</p>	<p><b>27. Rat epithelia:</b></p>          <p>a. Largest diameter (A): _____ mm          b. Perpendicular diameter (B): _____ mm          c. Mean diameter (C): _____ mm</p>
<p><b>24. Penicillium mix:</b></p>          <p>a. Largest diameter (A): _____ mm          b. Perpendicular diameter (B): _____ mm          c. Mean diameter (C): _____ mm</p>	<p><b>28. Alternaria alternata:</b></p>          <p>a. Largest diameter (A): _____ mm          b. Perpendicular diameter (B): _____ mm          c. Mean diameter (C): _____ mm</p>

**Battery B**

<p><b>29. Center-specific allergen (1st):</b></p>    <p>a. Largest diameter (A): _____ mm</p> <p>b. Perpendicular diameter (B): _____ mm</p> <p>c. Mean diameter (C): _____ mm</p> <p>d. Name of allergen tested: _____</p>	<p><b>33. Cladosporium herbarium:</b></p>    <p>a. Largest diameter (A): _____ mm</p> <p>b. Perpendicular diameter (B): _____ mm</p> <p>c. Mean diameter (C): _____ mm</p>
<p><b>30. Center-specific allergen (2nd):</b></p>    <p>a. Largest diameter (A): _____ mm</p> <p>b. Perpendicular diameter (B): _____ mm</p> <p>c. Mean diameter (C): _____ mm</p> <p>d. Name of allergen tested: _____</p>	<p><b>34. Dog epithelia:</b></p>    <p>a. Largest diameter (A): _____ mm</p> <p>b. Perpendicular diameter (B): _____ mm</p> <p>c. Mean diameter (C): _____ mm</p>
<p><b>31. Center-specific allergen (3rd):</b></p>    <p>a. Largest diameter (A): _____ mm</p> <p>b. Perpendicular diameter (B): _____ mm</p> <p>c. Mean diameter (C): _____ mm</p> <p>d. Name of allergen tested: _____</p>	<p><b>35. Standardized cat hair:</b></p>    <p>a. Largest diameter (A): _____ mm</p> <p>b. Perpendicular diameter (B): _____ mm</p> <p>c. Mean diameter (C): _____ mm</p>
<p><b>32. Center-specific allergen (4th):</b></p>    <p>a. Largest diameter (A): _____ mm</p> <p>b. Perpendicular diameter (B): _____ mm</p> <p>c. Mean diameter (C): _____ mm</p> <p>d. Name of allergen tested: _____</p>	<p><b>36. Aspergillus mix:</b></p>    <p>a. Largest diameter (A): _____ mm</p> <p>b. Perpendicular diameter (B): _____ mm</p> <p>c. Mean diameter (C): _____ mm</p>



**G. Administrative Information**

37. Date form reviewed:

\_\_\_\_ - \_\_\_\_ - \_\_\_\_  
day mon year

38. Skin tester PIN: \_\_\_\_\_

39. Skin tester signature:  
\_\_\_\_\_

40. Center Coordinator PIN: \_\_\_\_\_

41. Center Coordinator signature:  
\_\_\_\_\_

**Treatment Termination**

**Purpose:** Record permanent termination of study nasal spray.

**When:** Treatment termination during or at end of trial.

**Instructions:** Key into STAN data system at [www.cctrials.org/alaacrc](http://www.cctrials.org/alaacrc) within 10 working days.

**A. Clinical center, participant and report identification**

1. Clinical center ID: \_\_\_\_\_

2. Participant ID: \_\_\_\_\_

3. Name code: \_\_\_\_\_

4. Date of report:  
 \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
 day mon year

5. Visit ID: \_\_\_\_\_

6. Form version date:  
 2 6 - O C T - 1 0  
 day mon year

**B. Termination**

7. Date of last study nasal spray use:  
 \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
 day mon year

8. Type of termination (*check only one*):  
 Study nasal spray permanently stopped before end of trial ( 1 )  
 End of trial ( 2 )

**9. Main reasons for treatment termination**  
(*check all that apply*)

a. Participant completed study: ( 1 )

b. Adverse event (*specify event*): ( 1 )  
 \_\_\_\_\_  
 specify

c. Side effects (*specify*): ( 1 )  
 \_\_\_\_\_  
 specify

d. Required open label nasal steroid spray: ( 1 )

e. Poor asthma control: ( 1 )

f. Participant request: ( 1 )

g. Lost to followup: ( 1 )

h. Pregnancy: ( 1 )

i. Other (*specify*): ( 1 )  
 \_\_\_\_\_  
 specify

10. Were some or all study nasal spray bottles collected from participant at this time:  
 ( Yes ) ( No )  
 ( 1 ) ( 2 )  
 If "yes", complete the Drug Dispensing (DD) form.

**Note:** If participant required unmasking, complete the Unmasking (UM) form.

**C. Administrative information**

11. Date form reviewed:  
 \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
 day mon year

12. Clinic coordinator PIN: \_\_\_\_\_

13. Clinic coordinator signature:  
 \_\_\_\_\_

Unmasking

**Purpose:** Record unmasking of study treatment.

**When:** When study treatment is unmasked.

**Instructions:** Key into STAN data system at www.cctrials.org/alaacrc within 10 working days.

**A. Clinical center, participant and visit identification**

1. Clinical center: \_\_\_\_\_

2. Participant ID: \_\_\_\_\_

3. Name code: \_\_\_\_\_

4. Date of report: \_\_\_\_\_  
day mon year

5. Visit ID: \_\_\_\_\_

6. Form version date: \_\_\_\_\_  
0 6 - O C T - 1 0  
day mon year

**B. Unmasking**

7. Kit ID: N - \_\_\_\_\_

8. Date unmasked: \_\_\_\_\_  
day mon year

9. Type of unmasking (*check only one*):  
 Unscheduled unmasking (*before Visit 5*) (  )  
 Scheduled unmasking at end of trial (*at Visit 5*) (  )  
11.

10. Reason for unscheduled unmasking (*specify*):  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

11. Treatment assignment revealed from (*check only one*):  
 Standard unmasking envelope (  )  
*Tracking number on treatment unmasking envelope:*  
 \_\_\_\_\_  
 Web emergency unmasking site (  )  
 DCC (  )  
 Other (*specify*) (  )  
 \_\_\_\_\_  
identify method

12. Were any STAN staff unmasked:  
Yes (  ) No (  )  
14.

13. STAN staff member(s) unmasked (*specify*):  
 \_\_\_\_\_  
 \_\_\_\_\_

14. Was treatment terminated:  
Yes (  ) No (  )

*If "Yes," fill out Treatment Termination (TT) form. If "No," explain reason(s) participant remains on treatment.*

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**C. Administrative information**

15. Date form reviewed: \_\_\_\_\_  
day mon year

16. Clinic coordinator PIN: \_\_\_\_\_

17. Clinic coordinator signature: \_\_\_\_\_  
 \_\_\_\_\_