

Data Set Name: aes.sas7bdat

Num	Variable	Type	Len	Format	Informat	Label
1	ID	Num	8			Anonymized participant ID
2	TRT	Num	8	BEST12.	BEST32.	Study arm 1 = LDQT; 2 = Control
3	ARM	Num	8			Study arm (recoded; maps to trt) 1 = LDQT; 0 = Control
4	SAERPTP	Num	8	BEST12.	BEST32.	Report Type
5	SAE_TERM	Num	8	BEST12.	BEST32.	Adverse Event Experienced
6	SAEOTH1SP	Char	25	\$25.	\$25.	If 'Other', specify
7	SAETERM_CODING	Char	21	\$21.	\$21.	Adverse Event Experienced (Term for MedDRA Coding)
8	SAEIPONSET	Num	8	BEST12.	BEST32.	Was the participant on study drug(s) at the time of this event?
9	SAEDEATH	Num	8	BEST12.	BEST32.	Death
10	SAELIFETHRT	Num	8	BEST12.	BEST32.	Life threatening
11	SAEHOSP	Num	8	BEST12.	BEST32.	Required hospitalization / prolongation of existing hospitalization
12	SAEDISP	Num	8	BEST12.	BEST32.	Resulted in persistent disability
13	SAECONG	Num	8	BEST12.	BEST32.	Resulted in congenital anomaly / birth defect
14	SAEIMPEVNT	Num	8	BEST12.	BEST32.	Important medical event that may require intervention to prevent one of the above
15	SAE_PRESENT	Num	8	BEST12.	BEST32.	SAE Present
16	AE_REVIEWER	Num	8	BEST12.	BEST32.	First-line Review
17	SAESEVER	Num	8	BEST12.	BEST32.	Severity
18	SAERELATE	Num	8	BEST12.	BEST32.	Relatedness
19	SAECAUSAL	Num	8	BEST12.	BEST32.	Verification of whether there is a reasonable possibility that the AE was caused by the study drug
20	SAEIPACTION	Num	8	BEST12.	BEST32.	Action taken with study drug
21	SAEOUTC	Num	8	BEST12.	BEST32.	Outcome
22	LLT_CODE_SAE	Num	8	BEST12.	BEST32.	Lowest Level Term Code
23	PT_CODE_SAE	Num	8	BEST12.	BEST32.	Preferred Term Code
24	HLT_CODE_SAE	Num	8	BEST12.	BEST32.	High Level Term Code
25	HLGT_CODE_SAE	Num	8	BEST12.	BEST32.	High Level Group Term Code
26	SOC_CODE_SAE	Num	8	BEST12.	BEST32.	System Organ Classes Code
27	DAYS_POST	Num	8			AEs start as number of days post randomization
28	PATSTAT	Num	8	BEST12.	BEST32.	Status of participant
29	STAT_SPECIFY	Char	184	\$184.	\$184.	Specify for LTFU / withdrawn / removed / other
30	AE_COUNT	Num	8			AEs Indicator
31	POSSIBLE_RELATE	Num	8			Possibly related to study drug
32	INSTANCE	Char	14			AE #
33	AE_DAYS	Num	8			AE length

Data Set Name: bp.sas7bdat

Num	Variable	Type	Len	Format	Informat	Label
1	ID	Num	8			Anonymized participant ID
2	TRT	Num	8	BEST12.	BEST32.	Study arm 1 = LDQT; 2 = Control
3	ARM	Num	8			Study arm (recoded; maps to trt) 1 = LDQT; 0 = Control
4	LANGUAGE	Num	8	BEST12.	BEST32.	What is the participant's preferred language?
5	AGE	Num	8	BEST12.	BEST32.	Calculated age
6	SEX	Num	8	BEST12.	BEST32.	Sex as defined at birth
7	BIRTH	Num	8	BEST12.	BEST32.	Country of birth
8	INSURANCE	Num	8	BEST12.	BEST32.	What form of health insurance do you have?
9	EDU	Num	8	BEST12.	BEST32.	How far did you go in school?
10	EMPLST	Num	8	BEST12.	BEST32.	What is your employment status?
11	INCOME_USD	Num	8	BEST12.	BEST32.	From all sources of income what was the total gross income of your household (before tax or anything was taken out of it)?
12	PPL	Num	8	BEST12.	BEST32.	Number of people in household (including self)
13	VS_TOTCAL	Num	8	BEST12.	BEST32.	Newest Vital Sign Question - correct (y/n)
14	VS_CARB	Num	8	BEST12.	BEST32.	Newest Vital Sign Question - correct (y/n)
15	VS_FAT	Num	8	BEST12.	BEST32.	Newest Vital Sign Question - correct (y/n)
16	VS_DAILY	Num	8	BEST12.	BEST32.	Newest Vital Sign Question - correct (y/n)
17	VS_SAFE	Num	8	BEST12.	BEST32.	Newest Vital Sign Question - correct (y/n)
18	VS_PEAUT	Num	8	BEST12.	BEST32.	Newest Vital Sign Question - correct (y/n)
19	ECG_METHOD	Num	8	BEST12.	BEST32.	What method was used for the ECG?
20	RHYTHM	Num	8	BEST12.	BEST32.	Rhythm
21	RHYTHMSP	Char	22	\$22.	\$22.	If 'Other' rhythm, please specify:
22	VRATE	Num	8	BEST12.	BEST32.	Ventricular Rate (bpm)
23	QRS	Num	8	BEST12.	BEST32.	QRS duration (ms)
24	PR	Num	8	BEST12.	BEST32.	PR interval (ms)
25	QTC	Num	8	BEST12.	BEST32.	QTc (ms)
26	QT	Num	8	BEST12.	BEST32.	QT (ms)
27	RHYTHM_CLINICIAN	Num	8	BEST12.	BEST32.	After reviewing participant ECG file Rhythm as assessed by clinician
28	RHYTHM_OTHER	Char	19	\$19.	\$19.	If 'Other' rhythm, please specify:
29	LVH	Num	8	BEST12.	BEST32.	Left Ventricular Hypertrophy (LVH)
30	NORMAL	Num	8	BEST12.	BEST32.	Normal ECG
31	WT	Num	8	BEST12.	BEST32.	Weight (kg)
32	HT	Num	8	BEST12.	BEST32.	Height (cm)
33	BMI	Num	8	BEST12.	BEST32.	BMI
34	DIAG	Num	8	BEST12.	BEST32.	Has the participant previously been diagnosed with Hypertension?

Num	Variable	Type	Len	Format	Informat	Label
35	DIAGMT	Num	8	BEST12.	BEST32.	If yes, when was the participant diagnosed with Hypertension? *Approximate month
36	DIAGYR	Num	8	BEST12.	BEST32.	Approximate year
37	HTTRT	Num	8	BEST12.	BEST32.	Is the participant currently treated with blood pressure medication(s)?
38	HTTRTMT	Num	8	BEST12.	BEST32.	If yes, when did participant start taking blood pressure medication? Approximate month
39	HTTRTYR	Num	8	BEST12.	BEST32.	Approximate year
40	CTRSALT	Num	8	BEST12.	BEST32.	Do you do anything on a regular basis to try and control your salt / sodium intake?
41	HBPM	Num	8	BEST12.	BEST32.	Do you have a home blood pressure monitor?
42	HBPMREG	Num	8	BEST12.	BEST32.	If yes, do you use it regularly (at least once per month)?
43	HBPMTM	Num	8	BEST12.	BEST32.	How many times per month do you use it?
44	COPD	Num	8	BEST12.	BEST32.	Chronic obstructive pulmonary disease
45	ASTHMA	Num	8	BEST12.	BEST32.	Asthma
46	APNEA	Num	8	BEST12.	BEST32.	Sleep apnea
47	CKD	Num	8	BEST12.	BEST32.	Chronic kidney disease
48	CKDTRT	Num	8	BEST12.	BEST32.	If yes (CKD), select treatment:
49	DB	Num	8	BEST12.	BEST32.	Diabetes
50	DBAGE	Num	8	BEST12.	BEST32.	If yes (diabetes), age at diagnosis
51	DBTP	Num	8	BEST12.	BEST32.	Type of diabetes
52	DBORHG	Num	8	BEST12.	BEST32.	Treated with oral hypoglycemics?
53	DBINS	Num	8	BEST12.	BEST32.	Treated with insulin?
54	DBMOD	Num	8	BEST12.	BEST32.	Treated with lifestyle modification?
55	DEPR	Num	8	BEST12.	BEST32.	History of depression
56	DEPRMED	Num	8	BEST12.	BEST32.	If yes (depression), treated with antidepressant medication?
57	DEPRPSY	Num	8	BEST12.	BEST32.	If yes (depression), treated with psychological therapy?
58	DEPRECT	Num	8	BEST12.	BEST32.	If yes (depression), treated with electroconvulsive therapy?
59	FAMHIS	Num	8	BEST12.	BEST32.	Does the participant have a family history of heart disease or stroke in a first degree relative (a father or brother < 55 years, or mother or sister < 65 years)?
60	FISHOIL	Num	8	BEST12.	BEST32.	Are you taking fish oil?
61	VIT	Num	8	BEST12.	BEST32.	Are you taking vitamins and / or minerals (e.g., multivitamin, vitamin C)
62	TRADMED	Num	8	BEST12.	BEST32.	Are you taking traditional medicines (Indigenous, Chinese)?
63	OTHERSUBS	Num	8	BEST12.	BEST32.	Are you taking any other substances which may increase blood pressure: American mistletoe, Angel's trumpet, Butcher's broom, Ephedra (ma huang), Gentian, Ginger preparations, Ginseng preparations, Liquorice, Melatonin, Peyote, Phenylalanine, Sage, St John'
64	SMOK	Num	8	BEST12.	BEST32.	Smoking: Have you ever smoked tobacco regularly (5 days / week for at least a year)?
65	SMOKST	Num	8	BEST12.	BEST32.	If yes, current or ex-smoker?

Num	Variable	Type	Len	Format	Informat	Label
66	SMOKYR	Num	8	BEST12.	BEST32.	If yes, number of years regular smoker
67	SMOKAGE	Num	8	BEST12.	BEST32.	If yes, age when started smoking regularly
68	SMOKAVG	Num	8	BEST12.	BEST32.	If yes, average cigarettes smoked per day
69	ECIGAVG	Num	8	BEST12.	BEST32.	If yes, average e-cigarettes smoked per day
70	CIGAVG	Num	8	BEST12.	BEST32.	If yes, average cigars smoked per day
71	PIPEAVG	Num	8	BEST12.	BEST32.	If yes, average times pipe smoked per day
72	SMOKAGEL	Num	8	BEST12.	BEST32.	If ex-smoker, age when last smoked regularly
73	ALC	Num	8	BEST12.	BEST32.	Alcohol: Do you currently drink alcohol once a week or more (most weeks for a least the last year)?
74	WINE	Num	8	BEST12.	BEST32.	If yes, average standard drinks of wine per week
75	SPIRITS	Num	8	BEST12.	BEST32.	If yes, average standard drinks of spirits per week
76	BEER	Num	8	BEST12.	BEST32.	If yes, average standard drinks of beer per week
77	CAFF	Num	8	BEST12.	BEST32.	Caffeine: Do you currently drink coffee, tea or other drinks containing caffeine? (include all caffeine containing products - coffee, black tea, green tea, energy drinks, caffeinated fizzy drink, cola nut, yerba mate, guarana)
78	CAFFAVG	Num	8	BEST12.	BEST32.	If yes, average number of caffeinated drinks per week?
79	FRUIT	Num	8	BEST12.	BEST32.	Fruit: How many days per week do you eat fresh fruit?
80	FRUITSV	Num	8	BEST12.	BEST32.	How many servings per day?
81	VEGUC	Num	8	BEST12.	BEST32.	Vegetables: How many days per week do you eat uncooked vegetables?
82	VEGUCSV	Num	8	BEST12.	BEST32.	How many servings per day?
83	VEGC	Num	8	BEST12.	BEST32.	Vegetables: How many days per week do you eat cooked vegetables?
84	VEGCSV	Num	8	BEST12.	BEST32.	How many servings per day?
85	FISH	Num	8	BEST12.	BEST32.	Fish: How many days per week do you eat fish?
86	FISHSV	Num	8	BEST12.	BEST32.	How many servings per day?
87	EXVIG	Num	8	BEST12.	BEST32.	Exercise: How many days per week do you do moderate / vigorous exercise?
88	EXVIGMIN	Num	8	BEST12.	BEST32.	Minutes per day
89	EXMILD	Num	8	BEST12.	BEST32.	Exercise: How many days per week do you do mild exercise (e.g. walking)?
90	EXMILDMIN	Num	8	BEST12.	BEST32.	Minutes per day
91	SITHRS	Num	8	BEST12.	BEST32.	How much time do you spend sitting or reclining in a typical day? (excluding sleeping); hours
92	SITMIN	Num	8	BEST12.	BEST32.	Minutes
93	INC04	Num	8	BEST12.	BEST32.	Is the participant:
94	INC04DRG	Char	22	\$22.	\$22.	Name of drug (if on monotherapy)
95	INC05	Num	8	BEST12.	BEST32.	Is the participant's automated clinic BP within 12 weeks of the date of consent?
96	INC06	Num	8	BEST12.	BEST32.	Is the blood pressure within range for the participant who has never been treated?

Num	Variable	Type	Len	Format	Informat	Label
97	INC07	Num	8	BEST12.	BEST32.	Is the blood pressure within range for the participant on monotherapy?
98	INC08	Num	8	BEST12.	BEST32.	Is the research grade BP within range?
99	EXCL01	Num	8	BEST12.	BEST32.	Contraindication to candesartan, amlodipine, indapamide or bisoprolol
100	EXCL01SP	Char	1	\$1.	\$1.	If yes, name of drug and type of reaction
101	EXCL02	Num	8	BEST12.	BEST32.	Previous diagnosis of coronary artery disease, stroke, or heart failure
102	EXCL03	Num	8	BEST12.	BEST32.	Presence of significant proteinuria (based on 3+ proteinuria via spot urinalysis or >300mg/dL of proteinuria based on random urinary albumin-to-creatinine ratio testing of 300 mg/g)
103	EXCL04	Num	8	BEST12.	BEST32.	Evidence of secondary cause of hypertension e.g., renal artery stenosis; significant renal impairment (eGFR < 50), raised serum potassium (above lab normal limit of 5.5 mEq/L)
104	EXCL05	Num	8	BEST12.	BEST32.	Participant is female who is pregnant, breast feeding or of childbearing potential and is not using / does not plan to use medically acceptable form of contraception throughout the study (pharmacological or barrier methods)
105	EXCL07	Num	8	BEST12.	BEST32.	Participation in a concurrent interventional medical investigation or clinical trial. Patients in observational, natural history or epidemiological studies not involving an intervention are eligible.
106	EXCL08	Num	8	BEST12.	BEST32.	Participant's responsible primary care or other responsible physician believes it is not appropriate for participant to switch current monotherapy
107	EXCL09	Num	8	BEST12.	BEST32.	Inability or unwillingness to provide written informed consent
108	EXCL10	Num	8	BEST12.	BEST32.	Unable to complete study procedures
109	EXCL11	Num	8	BEST12.	BEST32.	Definite indication for combination therapy
110	EXCL06	Num	8	BEST12.	BEST32.	Concomitant illness, physical impairment or mental condition which, in the opinion of the study team / primary care physician, could interfere with the conduct of the study including outcome assessments
111	BL_SBP	Num	8			Baseline SBP
112	BL_DBP	Num	8			Baseline DBP
113	BL_HR	Num	8			Baseline heart rate
114	HISPANIC	Num	8			Derived - indicator of whether the participant self-identifies as Hispanic
115	RACE2	Num	8			Derived - race variable: 1 = White/Caucasian/Other; 2 = Black/Sub Saharan African Decent; Hispanic
116	LIT_SCORE	Num	8			Derived - health literacy score
117	LIKELY_LIMIT	Num	8			Derived - indicator of whether the participant has 'likely limited' health literacy
118	MONOTHERAPY	Num	8			Derived - indicator of whether the participant was on monotherapy at baseline
119	OFFICE_NA	Num	8	BEST12.	BEST32.	Check this box if this is NOT a screening or baseline visit (i.e., this section is not applicable):

Num	Variable	Type	Len	Format	Informat	Label
120	OFFICE_SBP	Num	8	BEST12.	BEST32.	Automated clinic blood pressure measurement by healthcare professional - Systolic (mmHg)
121	OFFICE_DBP	Num	8	BEST12.	BEST32.	Automated clinic blood pressure measurement by healthcare professional - Diastolic (mmHg)
122	BP_DEVICE	Num	8	BEST12.	BEST32.	Device used to capture blood pressure at this visit
123	BPARM	Num	8	BEST12.	BEST32.	Arm used
124	SBP	Num	8	BEST12.	BEST32.	Observed Blood pressure by research staff - Systolic (mmHg)
125	DBP	Num	8	BEST12.	BEST32.	Observed Blood pressure by research staff - Diastolic (mmHg)
126	HR	Num	8	BEST12.	BEST32.	Heart rate with observed BP (bpm)
127	MSATT	Num	8	BEST12.	BEST32.	Were the blood pressure measurements attended?
128	SBP1	Num	8	BEST12.	BEST32.	Sitting Blood Pressure 1 (at 5 minutes) - Systolic (mmHg)
129	DBP1	Num	8	BEST12.	BEST32.	Sitting Blood Pressure 1 (at 5 minutes) - Diastolic (mmHg)
130	HR1	Num	8	BEST12.	BEST32.	Heart Rate 1 (bpm)
131	SBP2	Num	8	BEST12.	BEST32.	Sitting Blood Pressure 2 (at 6 minutes) - Systolic (mmHg)
132	DBP2	Num	8	BEST12.	BEST32.	Sitting Blood Pressure 2 (at 6 minutes) - Diastolic (mmHg)
133	HR2	Num	8	BEST12.	BEST32.	Heart Rate 2 (bpm)
134	SBP3	Num	8	BEST12.	BEST32.	Sitting Blood Pressure 3 (at 7 minutes) - Systolic (mmHg)
135	DBP3	Num	8	BEST12.	BEST32.	Sitting Blood Pressure 3 (at 7 minutes) - Diastolic (mmHg)
136	HR3	Num	8	BEST12.	BEST32.	Heart Rate 3 (bpm)
137	HRIRREG	Num	8	BEST12.	BEST32.	Is the heart rate irregular?
138	SBPAVG	Num	8	BEST12.	BEST32.	Average of BP 2 and 3 as per automated BP machine output - Systolic (mmHg)
139	DBPAVG	Num	8	BEST12.	BEST32.	Average of BP 2 and 3 as per automated BP machine output - Diastolic (mmHg)
140	HRAVG	Num	8	BEST12.	BEST32.	Average HR 2 and 3 (bpm)
141	UA_SRC	Num	8	BEST12.	BEST32.	Where is the urinalysis from?
142	UA_ALBUMIN	Num	8	BEST12.	BEST32.	Urinary Albumin (ug/mL)
143	UA_CREATININE	Num	8	BEST12.	BEST32.	Urinary Creatinine (mg/dL)
144	UACR	Num	8	BEST12.	BEST32.	UACR (mg/g creat)= Urine Albumin (mg/dL) / Urine Creatinine (g/dL)
145	PREG	Num	8	BEST12.	BEST32.	Result of pregnancy test
146	BLOOD_SRC	Num	8	BEST12.	BEST32.	Where is the blood test from?
147	FASTING	Num	8	BEST12.	BEST32.	Date of blood laboratory assessment
148	SODIUM	Num	8	BEST12.	BEST32.	Sodium (mmol/L)
149	POTASSIUM	Num	8	BEST12.	BEST32.	Potassium (mmol/L)
150	CHLORIDE	Num	8	BEST12.	BEST32.	Chloride (mmol/L)
151	BICARB	Num	8	BEST12.	BEST32.	Bicarbonate (mmol/L)
152	UREA	Num	8	BEST12.	BEST32.	Urea (mg/dL)
153	UACID	Num	8	BEST12.	BEST32.	Uric acid (mg/dL)
154	CREAT	Num	8	BEST12.	BEST32.	Serum Creatinine (mg/dL)

Num	Variable	Type	Len	Format	Informat	Label
155	EGFR_AA	Num	8	BEST12.	BEST32.	eGFR (mL/min/1.73m2) Calculated WITH race in equation
156	EGFR_NONAA	Num	8	BEST12.	BEST32.	eGFR (mL/min/1.73m2) Calculated WITHOUT race in equation
157	ALT	Num	8	BEST12.	BEST32.	ALT (IU/L)
158	AST	Num	8	BEST12.	BEST32.	AST (IU/L)
159	ALP	Num	8	BEST12.	BEST32.	Alkaline Phosphatase (IU/L)
160	ALBUMIN	Num	8	BEST12.	BEST32.	Serum Albumin (g/dL)
161	BILIRUBIN	Num	8	BEST12.	BEST32.	Bilirubin, Total (mg/dL)
162	GLUC	Num	8	BEST12.	BEST32.	Glucose (mg/dL)
163	HAEMOGL	Num	8	BEST12.	BEST32.	Hemoglobin (g/dL)
164	TCHOL	Num	8	BEST12.	BEST32.	Total Cholesterol (mg/dL)
165	HDL	Num	8	BEST12.	BEST32.	HDL (mg/dL)
166	LDL	Num	8	BEST12.	BEST32.	LDL (mg/dL)
167	TRIGL	Num	8	BEST12.	BEST32.	Triglycerides (mg/dL)
168	ABPARM	Num	8	BEST12.	BEST32.	Arm used
169	CUFFSIZE	Num	8	BEST12.	BEST32.	Cuff size
170	OVERALL_SAMPLES	Num	8	BEST12.	BEST32.	Overall Samples
171	OVERALL_ABPSBP	Num	8	BEST12.	BEST32.	Overall Mean BP (Systolic)
172	OVERALL_ABPSBP_STDV	Num	8	BEST12.	BEST32.	Overall BP Standard Deviation (Systolic)
173	OVERALL_ABPDBP	Num	8	BEST12.	BEST32.	Overall Mean BP (Diastolic)
174	OVERALL_ABPDBP_STDV	Num	8	BEST12.	BEST32.	Overall BP Standard Deviation (Diastolic)
175	OVERALL_HRBPM	Num	8	BEST12.	BEST32.	Overall Mean HR BPM
176	OVERALL_SBPLOADS	Num	8	BEST12.	BEST32.	Overall BP Loads % (Systolic)
177	OVERALL_DBPLOADS	Num	8	BEST12.	BEST32.	Overall BP Loads % (Diastolic)
178	AWAKE_SAMPLES	Num	8	BEST12.	BEST32.	Awake Period Samples
179	AWAKE_ABPSBP	Num	8	BEST12.	BEST32.	Awake Period Mean BP (Systolic)
180	AWAKE_ABPSBP_STDV	Num	8	BEST12.	BEST32.	Awake Period BP Standard Deviation (Systolic)
181	AWAKE_ABPDBP	Num	8	BEST12.	BEST32.	Awake Period Mean BP (Diastolic)
182	AWAKE_ABPDBP_STDV	Num	8	BEST12.	BEST32.	Awake Period BP Standard Deviation (Diastolic)
183	AWAKE_HRBPM	Num	8	BEST12.	BEST32.	Awake Period Mean HR BPM
184	AWAKE_SBPLOADS	Num	8	BEST12.	BEST32.	Awake Period BP Loads % (Systolic)
185	AWAKE_DBPLOADS	Num	8	BEST12.	BEST32.	Awake Period BP Loads % (Diastolic)
186	ASLEEP_SAMPLES	Num	8	BEST12.	BEST32.	Asleep Period Samples
187	ASLEEP_ABPSBP	Num	8	BEST12.	BEST32.	Asleep Period Mean BP (Systolic)
188	ASLEEP_ABPSBP_STDV	Num	8	BEST12.	BEST32.	Asleep Period BP Standard Deviation (Systolic)
189	ASLEEP_ABPDBP	Num	8	BEST12.	BEST32.	Asleep Period Mean BP (Diastolic)
190	ASLEEP_ABPDBP_STDV	Num	8	BEST12.	BEST32.	Asleep Period BP Standard Deviation (Diastolic)
191	ASLEEP_HRBPM	Num	8	BEST12.	BEST32.	Asleep Period Mean HR BPM
192	ASLEEP_SBPLOADS	Num	8	BEST12.	BEST32.	Asleep Period BP Loads % (Systolic)

Num	Variable	Type	Len	Format	Informat	Label
193	ASLEEP_DBPLOADS	Num	8	BEST12.	BEST32.	Asleep Period BP Loads % (Diastolic)
194	SYS_DIP	Num	8	BEST12.	BEST32.	Systolic % Dipping
195	DIA_DIP	Num	8	BEST12.	BEST32.	Diastolic % Dipping:
196	GLOBAL01	Num	8	BEST12.	BEST32.	In general, would you say your health is: En general, dirí?a que su salud es:
197	GLOBAL02	Num	8	BEST12.	BEST32.	In general, would you say your quality of life is: En general, dirí?a que su calidad de vida es:
198	GLOBAL03	Num	8	BEST12.	BEST32.	In general, how would you rate your physical health? En general, ¿co?mo calificarí?a su salud fi?sica?
199	GLOBAL04	Num	8	BEST12.	BEST32.	In general, how would you rate your mental health, including your mood and your ability to think? En general, ¿co?mo calificarí?a su salud mental, incluidos su estado de a?nimo y su capacidad para pensar?
200	GLOBAL05	Num	8	BEST12.	BEST32.	In general, how would you rate your satisfaction with your social activities and relationships? En general, ¿co?mo calificarí?a su satisfaccio?n con sus actividades sociales y sus relaciones con otras personas?
201	GLOBAL09	Num	8	BEST12.	BEST32.	In general, please rate how well you carry out your usual social activities and roles. (This includes activities at home, at work and in your community, and responsibilities as a parent, child, spouse, employee, friend, etc.) En general, califique en que?
202	GLOBAL06	Num	8	BEST12.	BEST32.	To what extent are you able to carry out your everyday physical activities such as walking, climbing stairs, carrying groceries, or moving a chair? ¿En que? medida puede realizar sus actividades fi?sicas diarias, como caminar, subir escaleras, cargar las c
203	GLOBAL10	Num	8	BEST12.	BEST32.	How often have you been bothered by emotional problems such as feeling anxious, depressed or irritable? ¿Con que? frecuencia le han afectado problemas emocionales como sentir ansiedad, depresio?n o irritabilidad?
204	GLOBAL08	Num	8	BEST12.	BEST32.	How would you rate your fatigue on average? En promedio, ¿co?mo calificarí?a su cansancio?
205	GLOBAL07	Num	8	BEST12.	BEST32.	How would you rate your pain on average? En promedio, ¿co?mo calificarí?a su dolor?
206	BFS1	Num	8	BEST12.	BEST32.	My health at present depends on blood pressure medicines Mi salud actual depende de los medicamentos para la tensión arterial
207	BFS2	Num	8	BEST12.	BEST32.	Having to take blood pressure medication worries me Tener que tomar medicamentos para la tensión arterial me preocupa
208	BFS3	Num	8	BEST12.	BEST32.	My life would be impossible without blood pressure medication Mi vida sería imposible sin los medicamentos para la tensión arterial
209	BFS4	Num	8	BEST12.	BEST32.	Without blood pressure medication I would be very ill Estaría muy enfermo sin los medicamentos para la tensión arterial
210	BFS5	Num	8	BEST12.	BEST32.	I sometimes worry about the long-term effects of blood pressure medication A veces me preocupan los efectos a largo plazo de los medicamentos para la tensión arterial
211	BFS6	Num	8	BEST12.	BEST32.	Blood pressure medication is mystery to me Los medicamentos para la tensión arterial son un misterio para mí

Num	Variable	Type	Len	Format	Informat	Label
212	BFS7	Num	8	BEST12.	BEST32.	My health in the future will depend on blood pressure medication En el futuro, mi salud dependerá de que tome medicamentos para la tensión arterial
213	BFS8	Num	8	BEST12.	BEST32.	Blood pressure medication disrupts my life Los medicamentos para la tensión arterial interrumpen mi vida
214	BFS9	Num	8	BEST12.	BEST32.	I sometimes worry about becoming too dependent on blood pressure medication A veces me preocupa volverme muy dependiente de los medicamentos para la tensión arterial.
215	BFS10	Num	8	BEST12.	BEST32.	Blood pressure medication protects me from becoming worse Los medicamentos para la tensión arterial evitan que empeore
216	BFS11	Num	8	BEST12.	BEST32.	Doctors use too many medicines Los médicos usan demasiados medicamentos
217	BFS12	Num	8	BEST12.	BEST32.	People who take medicines should stop their treatment for a while every now and again Las personas que toman medicamentos deberían detener su tratamiento por un tiempo cada tanto
218	BFS13	Num	8	BEST12.	BEST32.	Medicines do more harm than good Los medicamentos hacen más daños que bien
219	BFS14	Num	8	BEST12.	BEST32.	Doctors place too much trust on medicines Los médicos confían demasiado en la medicina
220	BFS15	Num	8	BEST12.	BEST32.	If doctors had more time with patients they would prescribe fewer medicines Si los médicos pasaran más tiempo con los pacientes, recetarían menos medicamentos
221	TSQM1	Num	8	BEST12.	BEST32.	How satisfied or dissatisfied are you with the ability of the study drug to prevent or treat your condition? Indique el grado de satisfacción o insatisfacción con la capacidad del medicamento para prevenir o tratar su condición.
222	TSQM2	Num	8	BEST12.	BEST32.	How satisfied or dissatisfied are you with the way the study drug relieves your symptoms? Indique el grado de satisfacción o insatisfacción con la manera en que el medicamento alivia sus síntomas.
223	TSQM3	Num	8	BEST12.	BEST32.	How satisfied or dissatisfied are you with the amount of time it takes the study drug to start working? Indique el grado de satisfacción o insatisfacción con el tiempo que demora el medicamento en empezar a hacer efecto.
224	TSQM4	Num	8	BEST12.	BEST32.	As a result of taking this study drug, do you experience any side effects at all? ¿Tiene algún efecto secundario a consecuencia de este medicamento?
225	TSQM5	Num	8	BEST12.	BEST32.	How bothersome are the side effects of the study drug you take to treat your condition? Indique el grado de molestia de los efectos secundarios del medicamento que toma para el tratamiento de su afección.
226	TSQM6	Num	8	BEST12.	BEST32.	To what extent do the side effects interfere with your physical health and ability to function (i.e., strength, energy levels, etc.)? ¿Hasta qué punto interfieren los efectos secundarios con su salud física y con su capacidad de funcionamiento (es decir, f
227	TSQM7	Num	8	BEST12.	BEST32.	To what extent do the side effects interfere with your mental function (i.e., ability to think clearly, stay awake, etc.)? ¿Hasta qué punto interfieren los efectos secundarios con su capacidad mental (es decir, la capacidad de pensar con claridad, mantener

Num	Variable	Type	Len	Format	Informat	Label
228	TSQM8	Num	8	BEST12.	BEST32.	To what degree have study drug side effects affected your overall satisfaction with the study drug? ¿Hasta qué punto influyeron los efectos secundarios en su satisfacción general con el medicamento?
229	TSQM9	Num	8	BEST12.	BEST32.	How easy or difficult is it to use the study drug in its current form? ¿Hasta qué punto fue fácil o difícil usar/tomar el medicamento en su forma actual?
230	TSQM10	Num	8	BEST12.	BEST32.	How easy or difficult is it to plan when you will use the study drug each time? ¿Hasta qué punto es fácil o difícil planear cada vez que debe usar/tomar el medicamento?
231	TSQM11	Num	8	BEST12.	BEST32.	How convenient or inconvenient is it to take the study drug as instructed? ¿Hasta qué punto es o no es práctico tomar el medicamento tal como se indica?
232	TSQM12	Num	8	BEST12.	BEST32.	Overall, how confident are you that taking this study drug is a good thing for you? En términos generales, ¿qué confianza tiene de que tomar este medicamento es bueno para usted?
233	TSQM13	Num	8	BEST12.	BEST32.	How certain are you that the good things about your study drug outweigh the bad things? ¿Hasta qué punto está convencido(a) de que las ventajas del medicamento superan las desventajas?
234	TSQM14	Num	8	BEST12.	BEST32.	Taking all things into account, how satisfied or dissatisfied are you with this study drug? Teniendo en cuenta todos los aspectos, ¿cuál es su grado de satisfacción o insatisfacción con este medicamento?
235	EASYUSE	Num	8	BEST12.	BEST32.	During the trial, how easy did you find it to take the trial medications? Durante el estudio, ¿qué tan fácil le resultó tomar los medicamentos del estudio?
236	LDQT	Num	8	BEST12.	BEST32.	If the LDQT (low-dose quadruple therapy pill) is available to be prescribed by your usual doctor, how likely would you be to request it? Si el LDQTestá disponible para que su médico habitual se la recete, ¿cuán probable es que el paciente participante lo s
237	FORGET	Num	8	BEST12.	BEST32.	Do you sometimes forget to take your tablets?¿A veces se olvida de tomar los comprimidos?
238	MISS30	Num	8	BEST12.	BEST32.	On how many days in the last 30 days did you miss any of your study drug? ¿Cuántos días de los últimos 30 días no tomó algunos de los medicamentos?
239	MISS7	Num	8	BEST12.	BEST32.	On how many days in the last 7 days did you miss any of your study drug? ¿Cuántos días de los últimos 7 días no tomó algunos de los medicamentos?
240	TRTPAT	Num	8	BEST12.	BEST32.	Which treatment do you think you received? ¿Qué tratamiento cree que recibió?
241	ED	Num	8	BEST12.	BEST32.	Provider in Emergency Departments Proveedor en departamentos de emergencia
242	URGENT_CARE	Num	8	BEST12.	BEST32.	Provider in Urgent Care Proveedor en atención de urgencia
243	OUTPATIENT	Num	8	BEST12.	BEST32.	Provider in Outpatient Center for any reason (this includes primary care provider) Proveedor en centro para pacientes ambulatorios por cualquier razón (incluye proveedor de atención primaria)
244	SPECIALIST	Num	8	BEST12.	BEST32.	Provider in Specialist Clinic for any reason Proveedor en clínica especializada por cualquier motivo

Num	Variable	Type	Len	Format	Informat	Label
245	TIMEPT	Num	8			Derived - study time point: 1 = Baseline; 2 = Week 6; 3 = Week 12
246	PATSTAT	Num	8	BEST12.	BEST32.	Status of participant
247	WEEK6_VIS	Num	8	BEST12.	BEST32.	Week 6 visit details
248	WEEK12_VIS	Num	8	BEST12.	BEST32.	Week 12 visit details
249	W6_DISPND	Num	8	BEST12.	BEST32.	Week 6 (Study drug)
250	AMLO_DISPND	Num	8	BEST12.	BEST32.	Amlodipine (5 mg) add-on at Week 6
251	W6_WHYNDISP	Char	53	\$53.	\$53.	Reason why STUDY DRUG not dispensed (Week 6):
252	AMLO_WHYNDIS	Num	8	BEST12.	BEST32.	Reason why AMLODIPINE (5mg) add-on NOT dispensed:
253	OTH_AMLOND	Char	51	\$51.	\$51.	If 'Other', please specify
254	CAPSRET6	Num	8	BEST12.	BEST32.	Number of capsules returned at Week 6
255	LOST6	Num	8	BEST12.	BEST32.	Number reported lost / stolen at Week 6
256	CAPSRET12	Num	8	BEST12.	BEST32.	Number of capsules returned at Week 12
257	GLOBAL10R	Num	8			Derived - reverse scored Global Health Item 10
258	GLOBAL08R	Num	8			Derived - reverse scored Global Health Item 08
259	GLOBAL07R	Num	8			Derived - reverse scored Global Health Item 07
260	PHYSHEALTH	Num	8			Derived - Physical Health Score
261	MENTHEALTH	Num	8			Derived - Mental Health T Score
262	PHYS_T	Num	8			Derived - Physical Health T Score for analysis
263	MENT_T	Num	8			Derived - Mental Health T Score for analysis
264	Q1	Num	8			Derived - TSQM
265	Q2	Num	8			Derived - TSQM
266	Q3	Num	8			Derived - TSQM
267	Q4	Num	8			Derived - TSQM
268	Q5	Num	8			Derived - TSQM
269	Q6	Num	8			Derived - TSQM
270	Q7	Num	8			Derived - TSQM
271	Q8	Num	8			Derived - TSQM
272	Q9	Num	8			Derived - TSQM
273	Q10	Num	8			Derived - TSQM
274	Q11	Num	8			Derived - TSQM
275	Q12	Num	8			Derived - TSQM
276	Q13	Num	8			Derived - TSQM
277	Q14	Num	8			Derived - TSQM
278	TSQM_EFFECT	Char	8			Derived - TSQM Effectiveness Score for analysis
279	TSQM_SIDE	Num	8			Derived - TSQM Side Effects Score for analysis
280	TSQM_CONVENIENCE	Char	8			Derived - TSQM Convenience Score for analysis
281	TSQM_GLOBAL	Char	8			Derived - TSQM Global Satisfaction Score for analysis
282	DURATION6	Num	8			Derived - time between Randomization and Week 6

Num	Variable	Type	Len	Format	Informat	Label
283	DURATION12	Num	8			Derived - time between Week 6 and Week 12
284	DURATION	Num	8			Derived - total time on study (between Randomization and Week 12)
285	LOST	Num	8			Derived - total number reported lost
286	RETURNED	Num	8			Derived - total number returned
287	ADHERENT	Num	8			Derived - indicator of whether participant was adherent based on number returned/lost and days should have taken per protocol (80% or higher)
288	TAKEN	Num	8			Derived - number taken based on number returned/reported lost
289	RATE	Num	8			Derived - taken/duration
290	AE_COUNT	Num	8			Derived - Indicator of whether AE should be 'counted' for this participant ; maps to 'any_ae' variable as well
291	CONTROLLED_BP	Num	8			Derived - indicator of whether BP is considered 'contolled'
292	ANY_AE	Num	8			Derived - Indicator of whether any AE occurred for the participant; maps to 'any_count' variable as well
293	AEFREE_CNTRL	Num	8			Derived - Indicator of whether participant was AE free AND had controlled BP
294	SBP_CHNG	Num	8			Derived - change in SBP from baseline
295	DBP_CHNG	Num	8			Derived - change in DBP from baseline
296	OCCUPATION	Num	8			Occupation (1=office, 3=skilled labour, 5=general labour, 6=self-employed/homemaker, 11=other)
297	MARITAL	Num	8			Marital status (1=married/cohabitating, 2=widowed/divorced/separated, 5=never married)

Data Set Name: *meds.sas7bdat*

Num	Variable	Type	Len	Format	Informat	Label
1	ID	Num	8			Anonymized participant ID
2	TRT	Num	8	BEST12.	BEST32.	Study arm 1 = LDQT; 2 = Control
3	ARM	Num	8			Study arm (recoded; maps to trt) 1 = LDQT; 0 = Control
4	FREQ_OTH	Char	25	\$16.	\$16.	If 'Other', please specify.
5	REDCAP_REPEAT_INSTANCE	Num	8	BEST12.	BEST32.	REDCap-specific variable; indicates the Conmed #
6	MEDBRAND	Char	33	\$33.	\$33.	Medication Brand Name
7	MED	Char	32	\$32.	\$32.	Medication Generic Name
8	DOSE	Char	10	\$10.	\$10.	Dose
9	UNIT	Num	8	BEST12.	BEST32.	Unit
10	UNIT_OTH	Char	14	\$14.	\$14.	If 'Other', please specify:
11	FREQ	Num	8	BEST12.	BEST32.	Frequency
12	ROUTE	Num	8	BEST12.	BEST32.	Route
13	ROUTE_OTH	Char	21	\$21.	\$21.	If 'Other', please specify.
14	CM_END	Num	8			Derived - indicator of whether the medication ended during the study