## **PREMIER:** Papers

Author	Title/Full Citation
Ard, J	The Effect of the PREMIER Interventions on Insulin Sensitivity
	Ard JD, Grambow SC, Liu D, Slentz CA, Kraus WE, Svetkey LP. The Effect of the PREMIER Interventions on Insulin Sensitivity. Diabetes Care. 2004;27(2):340-347.
Svetkey, L	Premier: A clinical trial of comprehensive lifestyle modification for blood pressure control: Rationale, design and baseline characteristics
	Svetkey LP, Harsha DW, Vollmer WM, Stevens VJ, Obarzanek E, Elmer PJ, et al. Premier: A clinical trial of comprehensive lifestyle modification for blood pressure control: Rationale, design and baseline characteristics. Ann Epidemiology 2003;13:462-471.
Appel, L	Effects of Comprehensive Lifestyle Modification on Blood Pressure Control: Main Results of the PREMIER Clinical Trial
	Writing Group of the PREMIER Collaborative Research Group. Effects of Comprehensive Lifestyle Modification on Blood Pressure Control: Main Results of the PREMIER Clinical Trial. JAMA, April 23/30, 2003 - Vol. 289, No.16, p.2083-2093
Svetkey, L	Effect of lifestyle modifications on blood pressure by race, sex, hypertension status, and age
	Svetkey LP, Erlinger TP, Vollmer WM, Feldstein A, Cooper LS, Appel LJ, Ard JD, Elmer PJ, Harsha DW, Stevens VJ. Effect of lifestyle modifications on blood pressure by race, sex, hypertension status, and age. J Human Hypertension. 2004 Sep 23 [Epub ahead of print]
Ard, J	Comprehensive lifestyle modification and blood pressure control: a review of the PREMIER trial
	Ard JD, Harsha DW, McGuire HL, Svetkey LP. Comprehensive lifestyle modification and blood pressure control: a review of the PREMIER trial. J Clin Hypertension (Greenwich). 2004 Jul;6(7):383-90.