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| CLINICAL UNIT USE ONLY                |
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| Patient ID No                         |
| Visit <u>Type</u>                     |
| Patient NAME CODE                     |
| Date of Administration Day Month Year |
| Check here if not done ( $_1$ )       |
| Research Coordinator:                 |
| Signature:                            |
| PIMI Staff No:                        |

## PSYCHOPHYSIOLOGICAL INVESTIGATIONS OF MYOCARDIAL ISCHEMIA

SELF-ANALYSIS QUESTIONNAIRE (AX)

INSTRUCTIONS

Everyone feels angry or furious from time to time, but people differ in the ways that they react when they are angry. A number of statements are listed below which people have used to describe their reactions when they feel **angry** or furious. Read each statement and then check the number to the right of the statement that indicates how often you <u>generally</u> react or behave in the manner described. There are no right or wrong answers. Do **not** spend too much time on any one statement.

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## PSYCHOPHYSIOLOGICAL INVESTIGATIONS OF MYOCARDIAL ISCHEMIA

## SELF-ANALYSIS QUESTIONNAIRE (AX)

| WHEN ANGRY OR FURIOUS   | Almost<br><u>Never</u> | Some-<br>Often |     | Almost<br><u>Always</u> |
|---|------------------------|----------------|-----|-------------------------|
| 1. I control my temper.   | (1)                    | (2)            | (3) | (4)                     |
| 2. I express my anger.  | (1)                    | (2)            | (3) | (4)                     |
| 3. I keep things in.  | (1)                    | (2)            | (3) | (4)                     |
| 4. I am patient with others.  | (1)                    | (2)            | (3) | (4)                     |
| 5. I pout or sulk   | (1)                    | (2)            | (3) | (4)                     |
| 6. I withdraw from people   | (1)                    | (2)            | (3) | (4)                     |
| 7. I make sarcastic remarks to others   | (1)                    | (2)            | (3) | (4)                     |
| 8. I keep my cool   | (1)                    | (2)            | (3) | (4)                     |
| 9. I do things like slam doors.   | (1)                    | (2)            | (3) | (4)                     |
| 10. I boil inside, but I don't show it.   | (1)                    | (2)            | (3) | (4)                     |
| 11. I control my behavior.  | (1)                    | (2)            | (3) | (4)                     |
| 12.I argue with others  | (1)                    | (2)            | (3) | (4)                     |
| 13. I tend to harbor grudges that I don't tell anyone about                             | (1)                    | (2)            | (3) | (4)                     |
| 14. I strike out at whatever infuriates me  | (1)                    | (2)            | (3) | (4)                     |
| L5. I can stop myself from losing my temper.  | (1)                    | (2)            | (3) | (4)                     |
| L6. I am secretly quite critical of others  | (1)                    | (2)            | (3) | (4)                     |
| <b>L7.</b> I <b>am</b> angrier than I am willing to admit                               | (1)                    | (2)            | (3) | (4)                     |
| 18. I calm down faster than most other people.  | (1)                    | (2)            | (3) | (4)                     |
| 19. I say nasty things  | (1)                    | (2)            | (3) | (4)                     |
| 20. I try to be tolerant and understanding  | (1)                    | (2)            | (3) | (4)                     |
| 21. I'm irritated a great deal <b>more</b> than people <b>are</b> aware of              | (1)                    | (2)            | (3) | (4)                     |
| 22. I lose my temper.   | (1)                    | (2)            | (3) | (4)                     |
| 23. If someone annoys me, I'm apt to tell him or her how I feel. ${\scriptstyle ullet}$ | (1)                    | (2)            | (3) | (4)                     |
| 24. I control my angry feelings   | (1)                    | (2)            | (3) | (4)                     |

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