PIMI Form 33 Rev. 0 **10/3/92** Page 1 of 2

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VARIABLE NAME	CLINICAL UNIT USE ONLY
STA1Y2	Clinical Unit No.
	Patient ID No
	Visit Type
	Patient <u>NAME CODE</u>
	Date of Administration Month Year
	Check here if not done(1)
	Research Coordinator
	Signature:
	PIMI Staff No.:

PSYCHOPHYSIOLOGICAL INVESTIGATIONS OF MYOCARDIAL ISCHEMIA

SELF EVALUATION QUESTIONNAIRE

STAI Form Y-2

INSTRUCTIONS

A number of statements which people have used to describe themselves are givenbelow. Read each statement and then check inside the appropriate parentheses to the right of the **state**ment to indicate how you **generally** feel. There are no right or wrong answers. Do not spend too much time on any one statement but give the answer which seems to describe how you generally feel.

PSYCHOPHYSIOLOGICAL INVESTIGATIONS OF MYOCARDIAL ISCHEMIA

SELF EVALUATION QUESTIONNAIRE

PIMI Form 33 Rev. 0 10/3/92 Page 2 of 2

STAI Form Y-2

		Almost Never	Sometimes	Often	Almost Always
1.	I feel pleasant.	(1)	(₂)	(3)	(4)
2.	I feel nervous and restless	(1)	(₂)	(3)	(4)
3.	I feel satisfied with myself.	(1)	(2)	(3)	(4)
4.	I wish I could be as happy as others seem to be.	(₁)	(₂)	(₃)	(4)
5.	I feel like a failure	(1)	(₂)	(3)	(4)
6.	I feel rested	(1)	(2)	(₃)	(4)
7.	I am "calm, cool , and collected."	(1)	(2)	(3)	(4)
a.	I feel that difficulties are piling up so that I cannot overcome them.	(1)	(2)	(₃)	(4)
9.	I worry too much over something that really doesn't matter.	(1)	(₂)	(₃)	(4)
10.	I am happy.	(1)	(₂)	(3)	(4)
11.	I have disturbing thoughts	(1)	(₂)	(3)	(4)
12.	I lack self-confidence.	(1)	(₂)	(3)	(4)
13.	I feel secure	(1)	(₂)	(3)	(4)
14.	I make decisions easily.	(1)	(₂)	(3)	(4)
15.	I feel inadequate.	(1)	(₂)	(3)	(4)
16.	I am content	(1)	(₂)	(3)	(4)
17.	Some unimportant thought runs through my mind and bothers me. ••••••••••••	(1)	(2)	(₃)	(4)
18.	I take disappointments so keenly that I can't put them out of my mind	(1)	(₂)	(₃)	(4)
19.	I am a steady person.	(1)	(2)	(3)	(4)
20.	I am in a state of tension or turmoil as I think over my recent concerns and interests. •	(1)	(2)	(₃)	(4)

	Spielberger Trait Anxiety Inventory Consulting Psychologists Press, Inc.			
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