Data Set Name: adverseevents.sas7bdat

Num	Variable	Type	Len	Label	
1	newid	Num	8	Public Use ID	
2	eventID	Num	8	Specific adverse event ID	
3	timept	Num	8	Data collection timepoint	
4	screendays	Num	8	Days from Rand AE screening date	
5	adv_sq1	Num	8	Hospitalization unrelated to pregnancy	
6	hosp1days	Num	8	Days from Rand Hospitalization unrelated to pregnancy	
7	adv_sq2	Num	8	Hospitalization for pregnancy complication	
8	hosp2days	Num	8	Days from Rand Hospitalization related to pregnancy	
9	adv_sq2_duration	Num	8	Duration hospitalized -pregnancy complication	
10	adv_sq3	Num	8	Experienced pregnancy complication or expecting multiple	
11	adv_sq4	Num	8	Baby hospitalized for any reason	
12	adv_sq5	Num	8	Baby had any health complications	
13	event_table	Num	8	Event table	
14	event_type	Num	8	Event type	
15	onsetdays	Num	8	Days from Rand Adv. event onset	
16	status	Num	8	Complication status	
17	resolvdays	Num	8	Days from Rand Adv. event resolution	
18	related	Num	8	Related to study	
19	evaluated	Num	8	Evaluated by health care provider	
20	changesYN	Num	8	Changes prescribed as result of event	
21	SRFdays	Num	8	Days from Rand completion of Staff Review	
22	sr_learned	Num	8	SR: How personnel learned of event	
23	sr_lt	Num	8	SR: Life threatening	
24	sr_rid	Num	8	SR: Resulted in disability	
25	sr_reqhosp	Num	8	SR: Requires/prolongs hospitalization (non-pregnancy)	
26	sr_pregreqhosp	Num	8	SR: Event requires/prolongs hospitalization > 12hrs (pregnancy-related)	
27	sr_brthdfct	Num	8	SR: Results in birth defect	
28	CRFdays	Num	8	Days from Rand completion of Clinician Review	
29	cr_existed	Num	8	CR: Condition existed prior to the study	
30	cr_loseweight	Num	8	CR: Activity being performed to lose weight	
31	cr_related	Num	8	CR: Activity related to study participation	
32	cr_treated	Num	8	CR: Participant received treatment for event	
33	cr_status	Num	8	CR: Current status of the event	
34	cr_impact	Num	8	CR: Impact of the event on study participation	
35	cr_SAE	Num	8	CR: SAE occured in the opinion of the safety officer	
36	cr_SAE_rel	Num	8	CR: SAE related to study	
37	cr_SAE_exp	Num	8	CR: SAE expected	

Num	Variable	Type	Len	Label	
38	cr_category	Num	8	CR: Event category	

Data Set Name: chartaudit.sas7bdat

Num	Variable	Type	Len	Format	Informat	Label
1	newid	Num	8			Public Use ID
2	momage	Num	8			Moms age at randomization (yrs)
3	marital_status	Num	8			Prenatal chart marital status
4	gravida	Num	8			Obstetric history: gravida
5	parity	Num	8			Obstetric history: parity
6	mature	Num	8			Obstetric history: full term
7	premature	Num	8			Obstetric history: premature
8	abortions	Num	8			Obstetric history: abortions
9	spon	Num	8			Obstetric history: spontaneous abortions
10	ind	Num	8			Obstetric history: induced abortions
11	stillborn	Num	8			Obstetric history: stillborn
12	alive	Num	8			Obstetric history: live births
13	ectopic	Num	8			Obstetric history: ectopic
14	multiple	Num	8			Obstetric history: mutiple births
15	menarche	Num	8			Age at menarche
16	diabetes	Num	8			Prenatal chart history: diabetes
17	diabetes1	Num	8			Prenatal chart history: type1 diabetes
18	diabetes2	Num	8			Prenatal chart history: type2 diabetes
19	hypert	Num	8			Prenatal chart history: hypertension
20	heart	Num	8			Prenatal chart history: heart disease
21	autoim	Num	8			Prenatal chart history: autoimmune
22	kidney	Num	8			Prenatal chart history: kidney disease
23	psychiatric	Num	8			Prenatal chart history: psychiatric
24	depression	Num	8			Prenatal chart history: depression
25	thy	Num	8			Prenatal chart history: thyroid disfunction
26	hype	Num	8			Prenatal chart history: hyperthyroid
27	hypo	Num	8			Prenatal chart history: hypothyroid
28	trauma	Num	8			Prenatal chart history: trauma / violence
29	pre_tob	Num	8			Pre-pregnancy tobacco use
30	pre_tob_cig_day	Num	8			Cigarettes/day pre-pregnancy
31	pre_tob_cig_years	Num	8			Years of smoking at intake
32	tob	Num	8			Tobacco use during pregnancy
33	tob_cig_day	Num	8			Cigarettes/day during pregnancy
34	tob_cig_years	Num	8			Years of smoking at delivery
35	pre_alc	Num	8			Pre-pregnancy alcohol use
36	pre_alc_day	Num	8			Drinks/day pre-pregnancy

Num	Variable	Type	Len	Format	Informat	Label
37	pre_alc_year	Num	8			Years of Drinking at intake
38	alc	Num	8			Alcohol use during pregnancy
39	drugs_none	Num	8	2.	2.	Pre-pregnancy: no drug use
40	cocaine	Num	8	2.	2.	Pre-pregnancy: cocaine use
41	marijuana	Num	8	2.	2.	Pre-pregnancy: marijuana use
42	heroin	Num	8	2.	2.	Pre-pregnancy: heroin use
43	methadone	Num	8	2.	2.	Pre-pregnancy: methadone use
44	morphine	Num	8	2.	2.	Pre-pregnancy: morphine use
45	prescription	Num	8	2.	2.	Pre-pregnancy: prescription drug abuse
46	drugs_missing	Num	8	2.	2.	Pre-pregnancy: drug use missing
47	chartLMPdays	Num	8			Days from Rand. to LMP in Chart
48	chartEDDdays	Num	8			Days from Rand. to EDD in Chart
49	chart_pre_weight	Num	8			Chart Pre-pregnancy / usual weight
50	chart_preWT_unit	Num	8			Chart Pre-pregnancy weight units
51	chart_HT	Num	8			Chart Height
52	chart_HT_unit	Num	8			Chart Height units
53	rpp1days	Num	8			Days from Rand. to most recent past pregnancy delivery
54	rpp1_outcome	Num	8			Most recent past pregnancy: outcome
55	rpp1_gawk	Num	8			Most recent past pregnancy: gestational age (weeks)
56	rpp1_ga_days	Num	8			Most recent past pregnancy: gestational age (days)
57	rpp1_bwt	Num	8			Most recent past preg: birth weight (part1)
58	rpp1_bwt_units	Num	8			Most recent past preg: birth weight units (part1)
59	rpp1_bwt2	Num	8			Most recent past preg: birth weight (part2)
60	rpp1_bwt2_units	Num	8			Most recent past preg: birth weight units (part2)
61	rpp1_sex	Num	8			Most recent past preg: babys sex
62	rpp1_delivery	Num	8			Most recent past preg: delivery type
63	rpp1_hyperemisis	Num	8	2.	2.	Most recent past pregnancy: hyperemisis
64	rpp1_gd	Num	8	2.	2.	Most recent past pregnancy: gestational diabetes
65	rpp1_pih	Num	8	2.	2.	Most recent past pregnancy: preg. induced hypertension
66	rpp1_eclamp	Num	8	2.	2.	Most recent past pregnancy: pre/eclampsia
67	rpp1_vb	Num	8	2.	2.	Most recent past pregnancy: vaginal bleeding
68	rpp1_prm	Num	8	2.	2.	Most recent past pregnancy: premature rupture of membranes
69	rpp1_igr	Num	8	2.	2.	Most recent past pregnancy: intrauterine growth restrictions
70	rpp1_ca	Num	8	2.	2.	Most recent past pregnancy: congenital abnormalities
71	rpp1_pp	Num	8	2.	2.	Most recent past pregnancy: placenta previa
72	rpp1_ap	Num	8	2.	2.	Most recent past pregnancy: abruptio placentae
73	rpp1_ptd	Num	8	2.	2.	Most recent past pregnancy: preterm delivery
74	rpp1_gbd	Num	8	2.	2.	Most recent past pregnancy: gall bladder disease
75	rpp1_none	Num	8	2.	2.	Most recent past pregnancy: no complications

Num	Variable	Type	Len	Format	Informat	Label
76	rpp1_comp_missing	Num	8	2.	2.	Most recent past pregnancy: missing complication info
77	rpp2days	Num	8			Days from Rand. to 2nd most recent past pregnancy delivery
78	rpp2_outcome	Num	8			2nd Most recent past pregnancy: outcome
79	rpp2_gawk	Num	8			2nd Most recent past pregnancy: gestational age (weeks)
80	rpp2_ga_days	Num	8			2nd Most recent past pregnancy: gestational age (days)
81	rpp2_bwt	Num	8			2nd Most recent past preg: birth weight (part1)
82	rpp2_bwt_units	Num	8			2nd Most recent past preg: birth weight units (part1)
83	rpp2_bwt2	Num	8			2nd Most recent past preg: birth weight (part2)
84	rpp2_bwt2_units	Num	8			2nd Most recent past preg: birth weight units (part2)
85	rpp2_sex	Num	8			2nd Most recent past preg: babys sex
86	rpp2_delivery	Num	8			2nd Most recent past preg: delivery type
87	rpp2_hyperemisis	Num	8	2.	2.	2nd Most recent past pregnancy:
88	rpp2_gd	Num	8	2.	2.	2nd Most recent past pregnancy: gestational diabetes
89	rpp2_pih	Num	8	2.	2.	2nd Most recent past pregnancy: preg. induced hypertension
90	rpp2_eclamp	Num	8	2.	2.	2nd Most recent past pregnancy: pre/eclampsia
91	rpp2_vb	Num	8	2.	2.	2nd Most recent past pregnancy: vaginal bleeding
92	rpp2_prm	Num	8	2.	2.	2nd Most recent past pregnancy: premature rupture of membranes
93	rpp2_igr	Num	8	2.	2.	2nd Most recent past pregnancy: intrauterine growth restrictions
94	rpp2_ca	Num	8	2.	2.	2nd Most recent past pregnancy: congenital abnormalities
95	rpp2_pp	Num	8	2.	2.	2nd Most recent past pregnancy: placenta previa
96	rpp2_ap	Num	8	2.	2.	2nd Most recent past pregnancy: abruptio placentae
97	rpp2_ptd	Num	8	2.	2.	2nd Most recent past pregnancy: preterm delivery
98	rpp2_gbd	Num	8	2.	2.	2nd Most recent past pregnancy: gall bladder disease
99	rpp2_none	Num	8	2.	2.	2nd Most recent past pregnancy: no complications
100	rpp2_comp_missing	Num	8	2.	2.	2nd Most recent past pregnancy: missing complication info
101	rpp3days	Num	8			Days from Rand. to 3rd most recent past pregnancy delivery
102	rpp3_outcome	Num	8			3rd Most recent past pregnancy: outcome
103	rpp3_gawk	Num	8			3rd Most recent past pregnancy: gestational age (weeks)
104	rpp3_ga_days	Num	8			3rd Most recent past pregnancy: gestational age (days)
105	rpp3_bwt	Num	8			3rd Most recent past preg: birth weight (part1)
106	rpp3_bwt_units	Num	8			3rd Most recent past preg: birth weight units (part1)
107	rpp3_bwt2	Num	8			3rd Most recent past preg: birth weight (part2)
108	rpp3_bwt2_units	Num	8			3rd Most recent past preg: birth weight units (part2)
109	rpp3_sex	Num	8			3rd Most recent past preg: babys sex
110	rpp3_delivery	Num	8			3rd Most recent past preg: delivery type
111	rpp3_hyperemisis	Num	8	2.	2.	3rd Most recent past pregnancy:
112	rpp3_gd	Num	8	2.	2.	3rd Most recent past pregnancy: gestational diabetes
113	rpp3_pih	Num	8	2.	2.	3rd Most recent past pregnancy: preg. induced hypertension
114	rpp3_eclamp	Num	8	2.	2.	3rd Most recent past pregnancy: pre/eclampsia

Num	Variable	Type	Len	Format	Informat	Label
115	rpp3_vb	Num	8	2.	2.	3rd Most recent past pregnancy: vaginal bleeding
116	rpp3_prm	Num	8	2.	2.	3rd Most recent past pregnancy: premature rupture of membranes
117	rpp3_igr	Num	8	2.	2.	3rd Most recent past pregnancy: intrauterine growth restrictions
118	rpp3_ca	Num	8	2.	2.	3rd Most recent past pregnancy: congenital abnormalities
119	rpp3_pp	Num	8	2.	2.	3rd Most recent past pregnancy: placenta previa
120	rpp3_ap	Num	8	2.	2.	3rd Most recent past pregnancy: abruptio placentae
121	rpp3_ptd	Num	8	2.	2.	3rd Most recent past pregnancy: preterm delivery
122	rpp3_gbd	Num	8	2.	2.	3rd Most recent past pregnancy: gall bladder disease
123	rpp3_none	Num	8	2.	2.	3rd Most recent past pregnancy: no complications
124	rpp3_comp_missing	Num	8	2.	2.	3rd Most recent past pregnancy: missing complication info
125	hospital	Num	8			Coded Study Hospital at delivery
126	admisdays	Num	8			Days from Rand. to study delivery hosp admission
127	dischgdays	Num	8			Days from Rand. to study delivery hosp discharge
128	weight_adm	Num	8			Subject Weight at delivery
129	weight_adm_units	Num	8			Weight at delivery units
130	del_marital_status	Num	8			Marital Status at delivery
131	insurance	Num	8			Insurance status at delivery
132	death	Num	8			Did mother die during labor or delivery?
133	deathdays	Num	8			Days from Rand. to subj death during delivery
134	infant_death	Num	8			Did infant die during labor or delivery?
135	infdeathdays	Num	8			Days from Rand. to Infant death during delivery
136	delivery	Num	8			Type of Delivery
137	primary_c	Num	8			Primary C-section type
138	repeat_c	Num	8			Repeat C-section type
139	del_drugs_none	Num	8	2.	2.	Delivery: no drug use
140	del_cocaine	Num	8	2.	2.	Delivery: cocaine use
141	del_marijuana	Num	8	2.	2.	Delivery: marijuana use
142	del_heroin	Num	8	2.	2.	Delivery: heroin use
143	del_methadone	Num	8	2.	2.	Delivery: methadone use
144	del_morphine	Num	8	2.	2.	Delivery: morphine use
145	del_prescription	Num	8	2.	2.	Delivery: prescription drug abuse
146	del_drugs_missing	Num	8	2.	2.	Delivery: drug use missing
147	hyperemisis	Num	8	2.	2.	Current pregnancy: hyperemisis
148	gd	Num	8	2.	2.	Current pregnancy: gestational diabetes
149	pih	Num	8	2.	2.	Current pregnancy: preg. induced hypertension
150	eclampsia	Num	8	2.	2.	Current pregnancy: pre/eclampsia
151	vb	Num	8	2.	2.	Current pregnancy: vaginal bleeding
152	prm	Num	8	2.	2.	Current pregnancy: premature rupture of membranes
153	igr	Num	8	2.	2.	Current pregnancy: intrauterine growth restrictions

Num	Variable	Type	Len	Format	Informat	Label
154	ca	Num	8	2.	2.	Current pregnancy: congenital abnormalities
155	pp	Num	8	2.	2.	Current pregnancy: placenta previa
156	ap	Num	8	2.	2.	Current pregnancy: abruptio placentae
157	ptd	Num	8	2.	2.	Current pregnancy: preterm delivery
158	gbd	Num	8	2.	2.	Current pregnancy: gall bladder disease
159	p_comp_none	Num	8	2.	2.	Current pregnancy: no complications
160	p_comp_missing	Num	8	2.	2.	Current pregnancy: missing complication info
161	infection	Num	8	2.	2.	Delivery complication: infection
162	del_eclampsia	Num	8			Delivery complication: pre/eclampsia
163	embolism	Num	8	2.	2.	Delivery complication: embolism
164	blood_transfusion	Num	8	2.	2.	Delivery complication: blood transfusion
165	cswi	Num	8	2.	2.	Delivery complication: c-section wound infection
166	icu	Num	8	2.	2.	Delivery complication: admitted to ICU
167	comp_none	Num	8	2.	2.	Delivery complication: none
168	comp_missing	Num	8	2.	2.	Delivery complication: missing
169	infDOBdays	Num	8			Days from Rand. to Infant birth
170	infant_sex	Num	8			Infant sex
171	gape_weeks	Num	8			Delivery: Gestational age by physical exam (weeks)
172	gape_days	Num	8			Delivery: Gestational age by physical exam (days)
173	infant_wt	Num	8			Infant birth weight (part1)
174	infant_wt_units	Num	8			Infant birth weight units (part1)
175	infant_wt2	Num	8			Infant birth weight (part1)
176	infant_wt2_units	Num	8			Infant birth weight (part2)
177	infant_length	Num	8			Infant birth length
178	infant_length_units	Num	8			Infant birth length units
179	apgar1	Num	8			Apgar score 1 minute
180	apgar5	Num	8			Apgar score 5 minutes
181	del_premature	Num	8			Infant complication: premature
182	sga	Num	8	2.	2.	Infant complication: small for gestational age
183	lga	Num	8	2.	2.	Infant complication: large for gestational age
184	hbrb	Num	8	2.	2.	Infant complication: hyperbilirubinemia
185	nicu	Num	8	2.	2.	Infant complication: nicu admission
186	infant_ca	Num	8	2.	2.	Infant complication: congential abnormality
187	hie	Num	8	2.	2.	Infant complication: hypoxic-ischemic encephalopathy
188	hg	Num	8	2.	2.	Infant complication: hypoglycemia
189	infant_comp_none	Num	8	2.	2.	Infant complication: none
190	infant_comp_missing	Num	8	2.	2.	Infant complication: missing
191	feeding	Num	8			Delivery: infant feeding method
192	wk6visitdays	Num	8			Days from Rand. to 6Wk PPM visit

Num	Variable	Type	Len	Format	Informat	Label
193	wic	Num	8			6-week PPM visit: participates in WIC?
194	week6_weight	Num	8			Subject weight at 6 week PPM visit
195	week6_weight_unit	Num	8			Units for 6-week PPM weight
196	week6_feeding	Num	8			6-week PPM visit: infant feeding method
197	week6_status	Num	8			6-week PPM visit: infant survival status
198	wk6infdeathdays	Num	8			Days from Rand. to Infant Death/ 6wk visit
199	bc_none	Num	8	2.	2.	6-week PPM visit: no birth control
200	condom	Num	8	2.	2.	6-week PPM visit: condom/diaphragm use
201	mirenal	Num	8	2.	2.	6-week PPM visit: IUD (mirena)
202	paragard	Num	8	2.	2.	6-week PPM visit: IUD (paragard)
203	surgical_sterilization	Num	8	2.	2.	6-week PPM visit: surgical sterilization
204	male_sterilization	Num	8	2.	2.	6-week PPM visit: male sterilization
205	abstinence	Num	8	2.	2.	6-week PPM visit: abstinence
206	rhythm_method	Num	8	2.	2.	6-week PPM visit: rhythm_method
207	withdrawal	Num	8	2.	2.	6-week PPM visit: withdrawal
208	progestin	Num	8	2.	2.	6-week PPM visit: progestin only hormone contraception
209	progestin_type	Num	8			Type of Progestin contraception
210	combination	Num	8	2.	2.	6-week PPM visit: combination hormone contraception
211	combination_type	Num	8			Type of combination hormone contraception
212	bp1_6wk	Num	8			6-week PPM visit: systolic blood pressure
213	bp2_6wk	Num	8			6-week PPM visit: diastolic blood pressure
214	gtt_6wk	Num	8			6-week PPM visit: GTT multihour test was given
215	amount_6wk	Num	8			6-week PPM visit: Amount of glucose administered
216	fasting_result_6wk	Char	2	\$2.	\$2.	6-week PPM visit: Fasting result (mg/dl)
217	result1_6wk	Char	2	\$2.	\$2.	6-week PPM visit: One hour result (mg/dl)
218	result2_6wk	Char	3	\$3.	\$3.	6-week PPM visit: Two hour result (mg/dl)
219	result3_6wk	Char	2	\$2.	\$2.	6-week PPM visit: Three hour result (mg/dl)
220	bc_missing	Num	8	2.	2.	6-week PPM visit: birth control missing
221	rpp1_flag	Num	8			
222	rpp2_flag	Num	8			
223	rpp3_flag	Num	8			

Data Set Name: emoms_wtsumpu.sas7bdat

Num	Variable	Type	Len	Label
1	newid	Num	8	Public Use ID
2	strata	Num	8	Strata
3	arm	Num	8	Randomized Arm
4	excl_code	Num	8	Exclusion Code
5	keep_rep2	Num	8	Defines REP sample
6	bmi_screen	Num	8	BMI provided at screening
7	bmicat_scr	Num	8	BMI categories at screening
8	bmi_final	Num	8	Final (best) BMI
9	bmicat_final	Num	8	Best BMI categories
10	bmi_ht	Num	8	Height (cm) used in final BMI
11	bmi_ht_method	Num	8	Source of BMI Ht value
12	bmi_wt	Num	8	Wt (kg) used in final BMI
13	bmi_wt_method	Num	8	Source of BMI Wt value
14	anchorwt	Num	8	Anchor WT
15	anchorwtga	Num	8	GA at anchor WT
16	p1_avgwt	Num	8	avg. pregnancy WT 14-<18 wks GA
17	p2_avgwt	Num	8	avg. pregnancy WT 18-<22 wks GA
18	p3_avgwt	Num	8	avg. pregnancy WT 22-<26 wks GA
19	p4_avgwt	Num	8	avg. pregnancy WT 26-<30 wks GA
20	p5_avgwt	Num	8	avg. pregnancy WT 30-<34 wks GA
21	p6_avgwt	Num	8	avg. pregnancy WT 34-<37 wks GA
22	lastpregwt	Num	8	Last Preg WT
23	lastpregwtga	Num	8	Last Preg WT GA
24	imput_first	Num	8	Missing anchor WT
25	imput_last	Num	8	Missing Last Preg WT
26	gwg	Num	8	GWG (kg)
27	excessgwg	Num	8	GWG>upper limit based on Best BMI
28	gwg_iomcat	Num	8	IOM categories for GWG based on Best BMI
29	egwg2	Num	8	GWG>upper limit based on Screening BMI
30	gwg2_cat	Num	8	IOM categories basedon Screening BMI
31	wgtkg6wk	Num	8	Chart 6 week weight (kg)
32	wt6wk_wks	Num	8	weeks PPM of 6wk WT
33	wt6wk_outwin	Num	8	weight retention 6 wks invalid
34	wtr6wk	Num	8	wk6 WT - anchorWT
35	wgtkg6m	Num	8	EARLY WT 6m (kg)
36	wt6mo_wks	Num	8	weeks PPM of 6mo WT

Num	Variable	Type	Len	Label
37	wt6mo_outwin	Num	8	weight retention 6 mo invalid
38	preg_6mowt	Num	8	Pregnant at 6m WT
39	wtr6m	Num	8	6Mo WT - anchorWT
40	wgtkg12m	Num	8	EARLY WT 12m (kg)
41	wt12mo_wks	Num	8	weeks PPM of 12mo WT
42	wt12mo_outwin	Num	8	weight retention 12 mo invalid
43	preg_12mowt	Num	8	Pregnant at 12m WT
44	wtr12m	Num	8	12Mo WT - anchorWT
45	wgtkg18m	Num	8	EARLY WT 18m (kg)
46	wt18mo_wks	Num	8	weeks PPM of 18mo WT
47	wt18mo_outwin	Num	8	weight retention 18 mo invalid
48	preg_18mowt	Num	8	Pregnant at 18m WT
49	wtr18m	Num	8	18Mo WT - anchorWT

Data Set Name: geneticdata.sas7bdat

Num	Variable	Type	Len	Format	Informat	Label
1	newid	Num	8			Public Use ID
2	dna_researchers	Char	3	\$3.	\$3.	Consent for external researchers to access de-identified DNA data
3	fto	Char	2	\$2.	\$2.	FTO
4	gnb3	Char	2	\$2.	\$2.	GNB3

Data Set Name: pmm6wsurvey.sas7bdat

Num	Variable	Type	Len	Format	Label
1	q1	Num	8	Q1FFFFFF.	Illness since birth
2	q1b	Num	8	Q1B.	Days hospitalized
3	q2	Num	8	Q2FFFFF.	Breastfeeding now
4	q2a	Num	8	Q2A.	Breastfeeding times per 24h
5	q2b	Num	8	Q2B.	Breastfed ever
6	q2c	Num	8	Q2C.	Age stopped breastfeeding -weeks
7	q 3	Num	8	Q3FFFFFF.	Giving formula/other milk now
8	q3a	Num	8	Q3A.	Formula/other milk amount -ounces
9	q3b	Num	8	Q3B.	Age started formula -weeks
10	q4a	Num	8	Q4A.	Blamed myself unnecessarily -frequency
11	q4b	Num	8	Q4B.	Felt scared for no reason -frequency
12	q4c	Num	8	Q4C.	Anxious for no reason -frequency
13	q4d	Num	8	Q4D.	Able to laugh -frequency
14	q4e	Num	8	Q4E.	Unable to sleep -frequency
15	q4f	Num	8	Q4F.	Crying -frequency
16	q4g	Num	8	Q4G.	Look forward to things -frequency
17	q4h	Num	8	Q4H.	Overwhelmed -frequency
18	q4i	Num	8	Q4I.	Felt sad or miserable -frequency
19	q4j	Num	8	Q4J.	Thought of harming myself -frequency
20	q 5	Num	8	Q5FFFFFF.	Felt depressed since baby was born
21	q5a	Num	8	Q5A.	Treating depression -medication/care
22	q6a	Num	8	Q6A.	Weight change in pregnancy
23	q6b	Num	8	Q6B.	Weight gained in pregnancy -pounds
24	q6c	Num	8	Q6C.	Weight lost in pregnancy -pounds
25	q7	Num	8	Q7FFFFFF.	Weight now without shoes -pounds
26	q8_mo	Num	8	Q8_MO.	Weight last measured -Month
27	q8_day	Num	8	Q8_DAY.	Weight last measured -Day
28	q8_yr	Num	8	Q8_YR.	Weight last measured -Year
29	q 9	Num	8	Q9FFFFFF.	Current weight satisfaction
30	CIGFREQ	Num	8	CIGFREQ.	How often you smoke
31	CIGAMNT	Num	8	CIGAMNT.	Cigarettes smoked per day
32	q12	Num	8	Q12FFFFF.	Physical activity -frequency
33	q13	Num	8	Q13FFFFF.	Exercise other than walking
34	q14	Num	8	Q14FFFFF.	Longest stretch of sleep in last 24 hours
35	q15	Num	8	Q15FFFFF.	Total sleep in last 24 hours
36	q16_continuous	Num	8	Q16_CONF.	Level of tiredness -continuous

Num	Variable	Type	Len	Format	Label
37	q16	Num	8	Q16FFFFF.	Level of tiredness -discrete
38	q20	Num	8	Q20FFFFF.	Working job for pay
39	q20a	Num	8	Q20A.	Baby age when you returned to work -weeks
40	q20b	Num	8	Q20B.	Work hours per week
41	newid	Num	8		Public Use ID
42	StartDays	Num	8		Days from Rand. at PN1 Start date
43	FinishDays	Num	8		Days from Rand. at PN1 Finish date
44	nchildnew	Num	8		Number of children under age 18 living in home
45	nadultnew	Num	8		Number of adults living in home
46	relatnew	Num	8		Current relationship status

$Data\ Set\ Name: pn1 mediaq5_comments.sas7bdat$

Num	Variable	Type	Len	Format	Informat	Label
1	mediaUse_Q5_spec	Char	100	\$100.	\$100.	mediaUse_Q5_spec
2	newid	Num	8			

$Data\ Set\ Name: pn1 mediaq6_comments.sas7bdat$

Num	Variable	Type	Len	Format	Informat	Label
1	mediaUse_Q6_spec	Char	86	\$86.	\$86.	mediaUse_Q6_spec
2	newid	Num	8			

Data Set Name: pn1paff.sas7bdat

Num	Variable	Type	Len	Format	Informat	Label
1	newid	Num	8			
2	recnum	Num	8			Activity ID within subject
3	SPORT	Char	67	\$67.	\$67.	SPORT
4	SPORTD	Num	8			SPORTD
5	SPORTM	Num	8			SPORTM
6	activityCode	Num	8			activityCode
7	METS	Num	8			METS
8	generalactivity	Char	21	\$21.	\$21.	GeneralActivity

Data Set Name: pn1survey.sas7bdat

Num	Variable	Type	Len	Format	Label
1	crtPreg_Q2	Num	8	CRTPRE2F.	Weight without clothes/shoes before pregnancy (pounds)
2	crtPreg_Q3	Num	8	CRTPRE3F.	Weight before pregnancy -level
3	crtPreg_Q4	Num	8	CRTPRE4F.	Weight before pregnancy -satisfaction
4	crtPreg_Q5	Num	8	CRTPRE5F.	Advised to gain a certain amount of weight
5	crtPreg_Q5_spec	Num	8	CRTPRE6F.	Amount to gain -specific pounds
6	crtPreg_Q5_rng_lower	Num	8	CRTPRE7F.	Amount to gain -lower range (pounds)
7	crtPreg_Q5_rng_upper	Num	8	CRTPRE8F.	Amount to gain -upper range (pounds)
8	mediaUse_Q1	Num	8	MEDIAUSF.	Own a cell phone
9	mediaUse_Q2	Num	8	MEDIAU0F.	Cell phone is smartphone
10	mediaUse_Q3	Num	8	MEDIAU1F.	Text messaging -frequency
11	mediaUse_Q4	Num	8	MEDIAU2F.	Home internet use -frequency
12	mediaUse_Q5a	Num	8	MEDIAU3F.	Home computer -internet device
13	mediaUse_Q5b	Num	8	MEDIAU4F.	Work computer -internet device
14	mediaUse_Q5c	Num	8	MEDIAU5F.	Public computer -internet device
15	mediaUse_Q5d	Num	8	MEDIAU6F.	Mobile phone -internet device
16	mediaUse_Q5e	Num	8	MEDIAU7F.	Other -internet device
17	mediaUse_Q5_spec	Num	8	MEDIAU8F.	Other internet devices-specify
18	mediaUse_Q6a	Num	8	MEDIAU9F.	American pregnancy.org -receive information
19	mediaUse_Q6b	Num	8	MEDIA10F.	Babycenter.com -receive information
20	mediaUse_Q6c	Num	8	MEDIA11F.	Babyfit.com -receive information
21	mediaUse_Q6d	Num	8	MEDIA12F.	Pregnancy.org -receive information
22	mediaUse_Q6e	Num	8	MEDIA13F.	WebMD.com -receive information
23	mediaUse_Q6f	Num	8	MEDIA14F.	Whattoexpect.com -receive information
24	mediaUse_Q6g	Num	8	MEDIA15F.	Text4Baby -receive information
25	mediaUse_Q6h	Num	8	MEDIA16F.	iPregnancy -receive information
26	mediaUse_Q6i	Num	8	MEDIA17F.	Other website/application -receive information
27	mediaUse_Q6j	Num	8	MEDIA18F.	None -receive information
28	mediaUse_Q6_spec	Num	8	MEDIA19F.	Other pregnancy websites/application -specify
29	WEIGH	Num	8	WEIGH.	How often do you weigh yourself
30	SCALE	Num	8	SCALE.	Have a bathroom scale at home
31	health_Q1_spec	Num	8	HEALTH_F.	Weight gain knowledge -specific pounds
32	health_Q1_rng_lower	Num	8	HEALTH0F.	Weight gain knowledge -range lower (pounds)
33	health_Q1_rng_upper	Num	8	HEALTH1F.	Weight gain knowledge -range upper (pounds)
34	health_Q2_spec	Num	8	HEALTH2F.	Weight gain intention -specific pounds
35	health_Q2_rng_lower	Num	8	HEALTH3F.	Weight gain intention -range lower (pounds)
36	health_Q2_rng_upper	Num	8	HEALTH4F.	Weight gain intention -range upper (pounds)

Num	Variable	Type	Len	Format	Label
37	health_Q3	Num	8	HEALTH5F.	Importance of gaining weight
38	health_Q4	Num	8	HEALTH6F.	Confidence in ability to control weight
39	health_Q5_cont	Num	8	HEALTH7F.	Healthy baby birth weight belief -continuous
40	health_Q5	Num	8	HEALTH8F.	Healthy baby birth weight belief -discrete
41	health_Q6_cont	Num	8	HEALTH9F.	Healthy weight in childhood belief -continuous
42	health_Q6	Num	8	HEALT10F.	Healthy weight in childhood belief -discrete
43	health_Q7_cont	Num	8	HEALT11F.	My own healthy weight after birth belief -continuous
44	health_Q7	Num	8	HEALT12F.	My own healthy weight after birth belief -discrete
45	health_Q10	Num	8	HEALT13F.	Healthy food -way to control weight gain
46	health_Q11	Num	8	HEALT14F.	Physically active -way to control weight gain
47	health_Q8_cont	Num	8	HEALT15F.	Healthy weight child importance -continuous
48	health_Q8	Num	8	HEALT16F.	Healthy weight child importance -discrete
49	health_Q9_cont	Num	8	HEALT17F.	Healthy weight after pregnancy importance -continuous
50	health_Q9	Num	8	HEALT18F.	Healthy weight after pregnancy importance -discrete
51	TOBACCO	Num	8	TOBACCO.	Use non-cigarette tobacco product
52	CIGLIFE	Num	8	CIGLIFE.	Smoked 100 cigarettes in life
53	CIGFREQ	Num	8	CIGFREQ.	How often you smoke
54	CIGAMNT	Num	8	CIGAMNT.	Cigarettes smoked per day
55	STOPSMOK	Num	8	STOPSMOK.	Stopped smoking in past 12 months
56	LASTSMOK	Num	8	LASTSMOK.	Time since last smoked
57	ALONE	Num	8	ALONE.	Had drink in last 30 days
58	ALDAYS	Num	8	ALDAYS.	Days had drink in last 30 days
59	ALDRNKS	Num	8	ALDRNKS.	Drinks per day in last 30 days -specify
60	ALNTIMES	Num	8	ALNTIMES.	Times with 4 or more drinks in last 30 days
61	ALNTIMES_none	Num	8	ALNTIMEF.	Never had 4 or more drinks in last 30 days
62	BOTHER	Num	8	BOTHER.	Unusually bothered -frequency in past week
63	KMIND	Num	8	KMIND.	Trouble keeping focused -frequency in past week
64	DEPRES	Num	8	DEPRES.	Felt depressed -frequency in past week
65	EFFORT	Num	8	EFFORT.	Felt everything was an effort -frequency in past week
66	HAPPY	Num	8	HAPPY.	Happy -frequency in past week
67	FEAR	Num	8	FEAR.	Fearful -frequency in past week
68	RESTLES	Num	8	RESTLES.	Restless -frequency in past week
69	НОРЕ	Num	8	НОРЕ.	Hopeful about future -frequency in past week
70	LONELY	Num	8	LONELY.	Felt lonely -frequency in past week
71	GETGO	Num	8	GETGO.	Could not get going -frequency in past week
72	BEDWDH	Num	8	BEDWDH.	Weekday bedtime -hour
73	BEDWDM	Num	8	BEDWDM.	Weekday bedtime -minutes
74	BEDWDAP	Num	8	BEDWDAP.	Weekday bedtime -AMPM
75	BEDWEH	Num	8	BEDWEH.	Weekend bedtime -hour

Num	Variable	Type	Len	Format	Label
76	BEDWEM	Num	8	BEDWEM.	Weekend bedtime -minutes
77	BEDWEAP	Num	8	BEDWEAP.	Weekend bedtime -AMPM
78	WAKEWDH	Num	8	WAKEWDH.	Weekday waketime -hour
79	WAKEWDM	Num	8	WAKEWDM.	Weekday waketime -minutes
80	WAKEWDAP	Num	8	WAKEWDAP.	Weekday waketime -AMPM
81	WAKEWEH	Num	8	WAKEWEH.	Weekend waketime -hours
82	WAKEWEM	Num	8	WAKEWEM.	Weekend waketime -minutes
83	WAKEWEAP	Num	8	WAKEWEAP.	Weekend waketime -AMPM
84	FALLASLP	Num	8	FALLASLP.	More than 30 minutes to fall asleep -nights/week
85	NEREST	Num	8	NEREST.	Days without enough sleep -last 30 days
86	STAYAWK	Num	8	STAYAWK.	Days with trouble staying awake -days/week
87	SNORE	Num	8	SNORE.	Told that you snore loudly in past year
88	eatPattern_q1	Num	8	EATPATTF.	Assessment of current eating habits
89	eatPattern_q2	Num	8	EATPAT0F.	How has amount of food changed
90	APPETITE	Num	8	APPETITE.	Appetite as compared to before pregnancy
91	eatPattern_q3	Num	8	EATPAT1F.	Servings of fruits/vegetables now
92	SODA	Num	8	SODA.	Soda in last 30 days
93	SODADIET	Num	8	SODADIET.	Sugar free soda -frequency
94	FRTDRNK	Num	8	FRTDRNK.	Fruit drinks in last 30 days
95	FRTDIET	Num	8	FRTDIET.	Sugar free fruit drinks -frequency
96	SPRTDRNK	Num	8	SPRTDRNK.	Sports drinks in last 30 days
97	ENRGDRNK	Num	8	ENRGDRNK.	Energy drinks in last 30 days
98	FASTFOOD	Num	8	FASTFOOD.	Fast food in last 30 days
99	SITDOWN	Num	8	SITDOWN.	Other fast food in last 30 days
100	BUFFET	Num	8	BUFFET.	Buffet in last 30 days
101	HBRKFST	Num	8	HBRKFST.	Ate breakfast -days per week
102	HLUNCH	Num	8	HLUNCH.	Ate lunch -days per week
103	HDINNER	Num	8	HDINNER.	Ate dinner -days per week
104	EBRKFST	Num	8	EBRKFST.	Eat breakfast -times weekly
105	EMSNCK	Num	8	EMSNCK.	Eat mid-morning snack -times weekly
106	ELUNCH	Num	8	ELUNCH.	Eat lunch -times weekly
107	EASNCK	Num	8	EASNCK.	Eat mid-afternoon snack -times weekly
108	EDINNER	Num	8	EDINNER.	Eat dinner -times weekly
109	EESNCK	Num	8	EESNCK.	Eat evening snack -times weekly
110	EBED	Num	8	EBED.	Eat within hour of bedtime -times weekly
111	feelings_Q1	Num	8	FEELINGF.	Motivation to change eating habits
112	feelings_Q2a	Num	8	FEELIN0F.	When stressed -ability to not overeat
113	feelings_Q2b	Num	8	FEELIN1F.	When having cravings -ability to not overeat
114	feelings_Q2c	Num	8	FEELIN2F.	When at parties -ability to not overeat

Num	Variable	Type	Len	Format	Label
115	feelings_Q2d	Num	8	FEELIN3F.	When life is out of control -ability to not overeat
116	feelings_Q3a	Num	8	FEELIN4F.	When busy -will eat healthy
117	feelings_Q3b	Num	8	FEELIN5F.	When cooking takes effort -will eat healthy
118	feelings_Q3c	Num	8	FEELIN6F.	When others eat unhealthy foods -will eat healthy
119	feelings_Q3d	Num	8	FEELIN7F.	When in a bad mood -will eat healthy
120	feelings_Q3e	Num	8	FEELIN8F.	When eating out -will eat healthy
121	feelings_Q4a	Num	8	FEELIN9F.	Busy lifestyle prevents -healthy diet
122	feelings_Q4b	Num	8	FEELI10F.	Too great a change -healthy diet
123	feelings_Q4c	Num	8	FEELI11F.	Too expensive -healthy diet
124	feelings_Q4d	Num	8	FEELI12F.	Do not enjoy taste -healthy diet
125	feelings_Q4e	Num	8	FEELI13F.	Difficult to prepare -healthy diet
126	feelings_Q5a	Num	8	FEELI14F.	Eat healthy foods -friends/family frequency
127	feelings_Q5b	Num	8	FEELI15F.	Give encouragement to eat healthy -friends/family frequency
128	feelings_Q5c	Num	8	FEELI16F.	Do not eat unhealthy foods -friends/family frequency
129	feelings_Q5d	Num	8	FEELI17F.	Help prepare healthy foods -friends/family frequency
130	feelings_Q6a	Num	8	FEELI18F.	Hold back to not gain weight
131	feelings_Q6b	Num	8	FEELI19F.	Eat more when anxious
132	feelings_Q6c	Num	8	FEELI20F.	Count calories to control weight
133	feelings_Q6d	Num	8	FEELI21F.	Eat when lonely to console myself
134	feelings_Q6e	Num	8	FEELI22F.	Eat more when more is available
135	feelings_Q6f	Num	8	FEELI23F.	Eat when disappointed/let down
136	feelings_Q6g	Num	8	FEELI24F.	Refuse foods/drinks due to weight concern
137	feelings_Q6h	Num	8	FEELI25F.	Strong desire to eat when others are
138	feelings_Q6i	Num	8	FEELI26F.	Eat some foods past being full
139	feelings_Q6j	Num	8	FEELI27F.	Eat less when ate too much the day before
140	feelings_Q6k	Num	8	FEELI28F.	Eat too quickly
141	feelings_Q6l	Num	8	FEELI29F.	Eat less at another meal to make up for overeating
142	feelings_Q6m	Num	8	FEELI30F.	Hard to resist delicious food even when full
143	feelings_Q6n	Num	8	FEELI31F.	Eat more during relationship problems
144	feelings_Q6o	Num	8	FEELI32F.	Eat more under stress
145	feelings_Q6p	Num	8	FEELI33F.	Eat less in anticipation for large meal
146	ppaq_q4	Num	8	PPAQ_Q4F.	Preparing meals -time/day
147	ppaq_q5	Num	8	PPAQ_Q5F.	Childcare while sitting -time/day
148	ppaq_q6	Num	8	PPAQ_Q6F.	Childcare while standing -time/day
149	ppaq_q7	Num	8	PPAQ_Q7F.	Playing with children sitting/standing -time/day
150	ppaq_q8	Num	8	PPAQ_Q8F.	Playing with children walking/running -time/day
151	ppaq_q9	Num	8	PPAQ_Q9F.	Carry children -time/day
152	ppaq_q10	Num	8	PPAQ_Q1F.	Taking care of older adult -time/day
153	ppaq_q11	Num	8	PPAQ_Q0F.	Sitting using computer/writing -time/day

Num	Variable	Type	Len	Format	Label
154	ppaq_q12	Num	8	PPAQ_Q2F.	Watching TV -time/day
155	ppaq_q13	Num	8	PPAQ_Q3F.	Sitting while reading/talking/phone -time/day
156	ppaq_q14	Num	8	PPAQ_10F.	Playing with pets -time/day
157	ppaq_q15	Num	8	PPAQ_11F.	Light cleaning -time/day
158	ppaq_q16	Num	8	PPAQ_12F.	Shopping -time/day
159	ppaq_q17	Num	8	PPAQ_13F.	Heavier cleaning -time/week
160	ppaq_q18	Num	8	PPAQ_14F.	Mowing on riding mower -time/week
161	ppaq_q19	Num	8	PPAQ_15F.	Moving with walking mower/raking/gardening -time/week
162	ppaq_q20	Num	8	PPAQ_16F.	Walking slowly to go places -time/day
163	ppaq_q21	Num	8	PPAQ_17F.	Walking quickly to go places -time/day
164	ppaq_q22	Num	8	PPAQ_18F.	Driving in car/bus -time/day
165	ppaq_q23	Num	8	PPAQ_19F.	Walking slowly for fun/exercise -time/week
166	ppaq_q24	Num	8	PPAQ_20F.	Walking quickly for fun/exercise -time/week
167	ppaq_q25	Num	8	PPAQ_21F.	Walking quickly up hills -time/week
168	ppaq_q26	Num	8	PPAQ_22F.	Jogging -time/week
169	ppaq_q27	Num	8	PPAQ_23F.	Prenatal exercise class -time/week
170	ppaq_q28	Num	8	PPAQ_24F.	Swimming -time/week
171	ppaq_q29	Num	8	PPAQ_25F.	Dancing -time/week
172	ppaq_q30	Num	8	PPAQ_26F.	Other fun/exercise 1 -time/week
173	ppaq_q31	Num	8	PPAQ_27F.	Other fun/exercise 2 -time/week
174	ppaq_q30_spec	Char	500		Other activity 1 -specify
175	ppaq_q31_spec	Char	500		Other activity 2 -specify
176	ppaq_q37	Num	8	PPAQ_28F.	Works for wages or is student
177	ppaq_q32	Num	8	PPAQ_29F.	Sitting at work/class -time/day
178	ppaq_q33	Num	8	PPAQ_30F.	Standing/walking at work while carrying things -time/day
179	ppaq_q34	Num	8	PPAQ_31F.	Standing/walking while not carrying anything -time/day
180	ppaq_q35	Num	8	PPAQ_32F.	Walking quickly while carrying things -time/day
181	ppaq_q36	Num	8	PPAQ_33F.	Walking quickly while not carrying anything -time/day
182	phyActivity_Q1	Num	8	PHYACTIF.	Activity to increases heart rate -frequency before pregnant
183	phyActivity_Q2	Num	8	PHYACT0F.	Able to get physical activity
184	phyActivity_Q3a	Num	8	PHYACT2F.	Activity to increase heart rate -frequency now
185	phyActivity_Q4a	Num	8	PHYACT3F.	Pregnant women should engage in moderate activity
186	phyActivity_Q3_cont	Num	8	PHYACT4F.	Likely to engage in moderate activity -continuous
187	phyActivity_Q3	Num	8	PHYACT5F.	Likely to engage in moderate activity -discrete
188	phyActivity_Q4	Num	8	PHYACT6F.	How important is moderate activity
189	phyActivity_Q5	Num	8	PHYACT7F.	Will complete moderate activity -how sure
190	phyActivity_Q6a	Num	8	PHYACT8F.	When tired -will be physically active
191	phyActivity_Q6b	Num	8	PHYACT9F.	When in a bad mood -will be physically active
192	phyActivity_Q6c	Num	8	PHYAC10F.	When have time -will be physically active

Num	Variable	Type	Len	Format	Label
193	phyActivity_Q6d	Num	8	PHYAC11F.	When on vacation -will be physically active
194	phyActivity_Q6e	Num	8	PHYAC12F.	When it is raining/snowing -will be physically active
195	phyActivity_Q7a	Num	8	PHYAC13F.	Can continue exercise during pregnancy -exercise feelings
196	phyActivity_Q7b	Num	8	PHYAC14F.	Can begin exercise during pregnancy -exercise feelings
197	phyActivity_Q7c	Num	8	PHYAC15F.	No lying back exercise in 3rd trimester -exercise feelings
198	phyActivity_Q7d	Num	8	PHYAC16F.	Benefit from moderate activity -exercise feelings
199	phyActivity_Q7e	Num	8	PHYAC17F.	Exercise during pregnancy can be energetic -exercise feelings
200	phyActivity_Q7f	Num	8	PHYAC18F.	Exercise during pregnancy improves labor/delivery -exercise feelings
201	phyActivity_Q8	Num	8	PHYAC19F.	Safety of moderate physical activity in pregnancy
202	phyActivity_Q9	Num	8	PHYAC20F.	Safety of vigorous physical activity in pregnancy
203	EXERDIF	Num	8	EXERDIF.	Event in past week made exercising different
204	FLIGHTS	Num	8	FLIGHTS.	Number of flights of stairs each day (going up)
205	BRWALKD	Num	8	BRWALKD.	Walked briskly for exercise -days in last week
206	BRWALKM	Num	8	BRWALKM.	Walked briskly for exercise -minutes per day
207	ACTIVE	Num	8	ACTIVE.	Activity level in past week
208	REGACT	Num	8	REGACT.	Engage in brisk walking/jogging/bicycling weekly
209	REGACTD	Num	8	REGACTD.	Engage in brisk walking/jogging/bicycling -days per week
210	WDTV	Num	8	WDTV.	Watching TV -weekday time spent
211	WDCWK	Num	8	WDCWK.	Using computer for work -weekday time spent
212	WDCNWK	Num	8	WDCNWK.	Using computer for non-work -weekday time spent
213	WDNCWK	Num	8	WDNCWK.	Doing non-computer work -weekday time spent
214	WDNCNWK	Num	8	WDNCNWK.	Doing non-computer work not related to job -weekday time spent
215	WDMRA	Num	8	WDMRA.	Listening to music/reading book etc -weekday time spent
216	WDPHONE	Num	8	WDPHONE.	Talking/texting on phone -weekday time spent
217	WDTRANS	Num	8	WDTRANS.	Sitting in car/bus/train etc -weekday time spent
218	WETV	Num	8	WETV.	Watching TV -weekend time spent
219	WECWK	Num	8	WECWK.	Using computer for work -weekend time spent
220	WECNWK	Num	8	WECNWK.	Using computer for non-work -weekend time spent
221	WENCWK	Num	8	WENCWK.	Doing non-computer work -weekend time spent
222	WENCNWK	Num	8	WENCNWK.	Doing non-computer work not related to job -weekend time spent
223	WEMRA	Num	8	WEMRA.	Listening to music/reading book etc -weekend time spent
224	WEPHONE	Num	8	WEPHONE.	Talking/texting on phone -weekend time spent
225	WETRANS	Num	8	WETRANS.	Sitting in car/bus/train etc -weekend time spent
226	support_Q1_cont	Num	8	SUPPORTF.	Have caring people -continuous
227	support_Q1	Num	8	SUPPOR0F.	Have caring people -discrete
228	support_Q2_cont	Num	8	SUPPOR1F.	Have love and affection -continuous
229	support_Q2	Num	8	SUPPOR2F.	Have love and affection -discrete
230	support_Q3_cont	Num	8	SUPPOR3F.	Have chances to talk about problems -continuous
231	support_Q3	Num	8	SUPPOR4F.	Have chances to talk about problems -discrete

Num	Variable	Type	Len	Format	Label
232	support_Q4_cont	Num	8	SUPPOR5F.	Have chances to talk with trusted other -continuous
233	support_Q4	Num	8	SUPPOR6F.	Have chances to talk with trusted other -discrete
234	support_Q5_cont	Num	8	SUPPOR7F.	Have chances to talk about money -continuous
235	support_Q5	Num	8	SUPPOR8F.	Have chances to talk about money discrete
236	support_Q6_cont	Num	8	SUPPOR9F.	Have invitations to go out/to do things -continuous
237	support_Q6	Num	8	SUPPO10F.	Have invitations to go out/to do things -discrete
238	support_Q7_cont	Num	8	SUPPO11F.	Have useful advice -continuous
239	support_Q7	Num	8	SUPPO12F.	Have useful advice -discrete
240	support_Q8_cont	Num	8	SUPPO13F.	Have help while sick -continuous
241	support_Q8	Num	8	SUPPO14F.	Have help while sick -discrete
242	support_Q9_cont	Num	8	SUPPO15F.	Have help for house/child care -continuous
243	support_Q9	Num	8	SUPPO16F.	Have help for house/child care -discrete
244	support_Q10_cont	Num	8	SUPPO17F.	Have people who help make ends meet -continuous
245	support_Q10	Num	8	SUPPO18F.	Have people who help make ends meet -discrete
246	support_Q11	Num	8	SUPPO19F.	How supportive is father of baby
247	employment_Q1	Num	8	EMPLOYMF.	Have job for pay now
248	employment_Q1a	Num	8	EMPLOY0F.	Happy with job
249	employment_Q1b	Num	8	EMPLOY1F.	Work hours per week
250	HOUSING	Num	8	HOUSING.	Neighborhood housing type
251	neighbor_Q2	Num	8	NEIGHBOF.	High quality fresh fruit/vegetables in neighborhood
252	neighbor_Q3	Num	8	NEIGHB0F.	Large selection of fresh fruit/vegetables in neighborhood
253	neighbor_Q4	Num	8	NEIGHB1F.	Low-fat products available in neighborhood
254	neighbor_Q5	Num	8	NEIGHB2F.	You/any household member do vegetable gardening
255	neighbor_Q6	Num	8	NEIGHB3F.	You/any household member buy food from farmers market
256	neighbor_Q7	Num	8	NEIGHB4F.	Know about food organizations
257	neighbor_Q8	Num	8	NEIGHB5F.	Have gotten food from organization past year
258	NSHOPS	Num	8	NSHOPS.	Shops within walking distance -neighborhood
259	NTRANS	Num	8	NTRANS.	10-15 minute walk to transit -neighborhood
260	NSIDEWLK	Num	8	NSIDEWLK.	Sidewalks on streets -neighborhood
261	NBIKE	Num	8	NBIKE.	Facilities for biking -neighborhood
262	NRECR	Num	8	NRECR.	Low cost recreation -neighborhood
263	NCRIME	Num	8	NCRIME.	Crime rate makes it unsafe -neighborhood
264	MVNUM	Num	8	MVNUM.	Number of vehicles in working order
265	VEHICLES_NOTSURE	Num	8	VEHICLEF.	Motor vehicles in working order -Not Sure
266	HISP	Num	8	HISP.	Hispanic or Latino
267	RACEW	Num	8	RACEW.	White or Caucasian -race
268	RACEB	Num	8	RACEB.	Black or African-American -race
269	RACEA	Num	8	RACEA.	Asian -race
270	RACEI	Num	8	RACEI.	American Indian or Alaskan Native -race

Num	Variable	Type	Len	Format	Label
271	RACEO	Num	8	RACEO.	Other -race
272	INCOME	Num	8	INCOME.	Income in the past 12 months
273	newid	Num	8		Public Use ID
274	StartDays	Num	8		Days from Rand. at PN1 Start date
275	FinishDays	Num	8		Days from Rand. at PN1 Finish date
276	DueDays	Num	8		Days from Rand. at Due date
277	educnew	Num	8		Highest Grade in School
278	nchildnew	Num	8		Number of children under age 18 living in home
279	nadultnew	Num	8		Number of adults living in home
280	relatnew	Num	8		Current relationship status

Data Set Name: pn2survey.sas7bdat

Num	Variable	Type	Len	Format	Label
1	mediaUse_Q1	Num	8	MEDIAUSF.	Own a cell phone
2	mediaUse_Q2	Num	8	MEDIAU0F.	Cell phone is smartphone
3	mediaUse_Q3	Num	8	MEDIAU1F.	Text messaging -frequency
4	mediaUse_Q4	Num	8	MEDIAU2F.	Home internet use -frequency
5	mediaUse_Q5a	Num	8	MEDIAU3F.	Home computer -internet device
6	mediaUse_Q5b	Num	8	MEDIAU4F.	Work computer -internet device
7	mediaUse_Q5c	Num	8	MEDIAU5F.	Public computer -internet device
8	mediaUse_Q5d	Num	8	MEDIAU6F.	Mobile phone -internet device
9	mediaUse_Q5e	Num	8	MEDIAU7F.	Other -internet device
10	mediaUse_Q5_spec	Char	500		Other internet devices-specify
11	mediaUse_Q6a	Num	8	MEDIAU8F.	Americanpregnancy.org -receive information
12	mediaUse_Q6b	Num	8	MEDIAU9F.	Babycenter.com -receive information
13	mediaUse_Q6c	Num	8	MEDIA10F.	Babyfit.com -receive information
14	mediaUse_Q6d	Num	8	MEDIA11F.	Pregnancy.org -receive information
15	mediaUse_Q6e	Num	8	MEDIA12F.	WebMD.com -receive information
16	mediaUse_Q6f	Num	8	MEDIA13F.	Whattoexpect.com -receive information
17	mediaUse_Q6g	Num	8	MEDIA14F.	Text4Baby -receive information
18	mediaUse_Q6h	Num	8	MEDIA15F.	iPregnancy -receive information
19	mediaUse_Q6i	Num	8	MEDIA16F.	Other website/application -receive information
20	mediaUse_Q6j	Num	8	MEDIA17F.	None -receive information
21	mediaUse_Q6_spec	Char	500		Other pregnancy websites/application -specify
22	health_Q1_spec	Num	8	HEALTH_F.	Weight gain knowledge -specific pounds
23	health_Q1_rng_lower	Num	8	HEALTH0F.	Weight gain knowledge -range lower (pounds)
24	health_Q1_rng_upper	Num	8	HEALTH1F.	Weight gain knowledge -range upper (pounds)
25	health_Q2_spec	Num	8	HEALTH2F.	Weight gain intention -specific pounds
26	health_Q2_rng_lower	Num	8	HEALTH3F.	Weight gain intention -range lower (pounds)
27	health_Q2_rng_upper	Num	8	HEALTH4F.	Weight gain intention -range upper (pounds)
28	health_Q3	Num	8	HEALTH5F.	Importance of gaining weight
29	health_Q4	Num	8	HEALTH6F.	Confidence in ability to control weight
30	health_Q5_cont	Num	8	HEALTH7F.	Healthy baby birth weight belief -continuous
31	health_Q5	Num	8	HEALTH8F.	Healthy baby birth weight belief -discrete
32	health_Q6_cont	Num	8	HEALTH9F.	Healthy weight in childhood belief -continuous
33	health_Q6	Num	8	HEALT10F.	Healthy weight in childhood belief -discrete
34	health_Q7_cont	Num	8	HEALT11F.	My own healthy weight after birth belief -continuous
35	health_Q7	Num	8	HEALT12F.	My own healthy weight after birth belief -discrete
36	health_Q8_cont	Num	8	HEALT13F.	Healthy weight child-important

Num	Variable	Type	Len	Format	Label
37	health_Q8	Num	8	HEALT14F.	Healthy weight child-important
38	health_Q9_cont	Num	8	HEALT15F.	Healthy weight after pregnancy-important
39	health_Q9	Num	8	HEALT16F.	Healthy weight after pregnancy-important
40	health_Q10	Num	8	HEALT17F.	Healthy food-way to control weight gain
41	health_Q11	Num	8	HEALT18F.	Physically active-way to control weight gain
42	weight_q1a	Num	8	WEIGHT_F.	Weight change is up to me
43	weight_q1b	Num	8	WEIGHT0F.	Right weight is based on luck
44	weight_q1c	Num	8	WEIGHT1F.	Weight is what it is no matter my actions
45	weight_q1d	Num	8	WEIGHT2F.	I can control my weight with diet and exercise
46	CIGFREQ	Num	8	CIGFREQ.	How often you smoke
47	CIGAMNT	Num	8	CIGAMNT.	Cigarettes smoked per day
48	STOPSMOK	Num	8	STOPSMOK.	Stopped smoking in past 12 months
49	LASTSMOK	Num	8	LASTSMOK.	Time since last smoked
50	ALONE	Num	8	ALONE.	Had drink in last 30 days
51	ALDAYS	Num	8	ALDAYS.	Days had drink in last 30 days
52	ALDRNKS	Num	8	ALDRNKS.	Drinks per day in last 30 days -specify
53	BOTHER	Num	8	BOTHER.	Unusually bothered -frequency in past week
54	KMIND	Num	8	KMIND.	Trouble keeping focused -frequency in past week
55	DEPRES	Num	8	DEPRES.	Felt depressed -frequency in past week
56	EFFORT	Num	8	EFFORT.	Felt everything was an effort -frequency in past week
57	HAPPY	Num	8	HAPPY.	Happy -frequency in past week
58	FEAR	Num	8	FEAR.	Fearful -frequency in past week
59	RESTLES	Num	8	RESTLES.	Restless -frequency in past week
60	НОРЕ	Num	8	HOPE.	Hopeful about future -frequency in past week
61	LONELY	Num	8	LONELY.	Felt lonely -frequency in past week
62	GETGO	Num	8	GETGO.	Could not get going -frequency in past week
63	NEREST	Num	8	NEREST.	Days without enough sleep -last 30 days
64	eatPattern_q2	Num	8	EATPATTF.	How has amount of food changed
65	APPETITE	Num	8	APPETITE.	Appetite as compare to before pregnancy
66	eatPattern_q3	Num	8	EATPAT0F.	Servings of fruits/vegetables now
67	eatPattern_q4a	Num	8	EATPAT1F.	Ice - frequency of eating
68	eatPattern_q4b	Num	8	EATPAT2F.	Uncooked starch - frequency of eating
69	eatPattern_q4c	Num	8	EATPAT3F.	Clay or earth - frequency of eating
70	eatPattern_q4d	Num	8	EATPAT4F.	Baby powder - frequency of eating
71	eatPattern_q4e	Num	8	EATPAT5F.	Toilet Paper - frequency of eating
72	eatPattern_q4f	Num	8	EATPAT6F.	Baking Soda - frequency of eating
73	eatPattern_q4g	Num	8	EATPAT7F.	Other- frequency of eating
74	eatPattern_q4_oth	Char	255		Other items consumed
75	breastFeed_q1	Num	8	BREASTFF.	Feeding baby

Num	Variable	Type	Len	Format	Label
76	breastFeed_q1a	Num	8	BREAST0F.	Number of weeks to breastfeed
77	breastFeed_q1b	Num	8	BREAST1F.	Number of months to breastfeed
78	SODA	Num	8	SODA.	Soda in last 30 days
79	SODADIET	Num	8	SODADIET.	Sugar free soda -frequency
80	FRTDRNK	Num	8	FRTDRNK.	Fruit drinks in last 30 days
81	FRTDIET	Num	8	FRTDIET.	Sugar free fruit drinks -frequency
82	FASTFOOD	Num	8	FASTFOOD.	Fast food in last 30 days
83	SITDOWN	Num	8	SITDOWN.	Other fast food in last 30 days
84	BUFFET	Num	8	BUFFET.	Buffet in last 30 days
85	HBRKFST	Num	8	HBRKFST.	Ate breakfast -days per week
86	HLUNCH	Num	8	HLUNCH.	Ate lunch -days per week
87	HDINNER	Num	8	HDINNER.	Ate dinner -days per week
88	EBRKFST	Num	8	EBRKFST.	Eat breakfast -times weekly
89	EMSNCK	Num	8	EMSNCK.	Eat mid-morning snack -times weekly
90	ELUNCH	Num	8	ELUNCH.	Eat lunch -times weekly
91	EASNCK	Num	8	EASNCK.	Eat mid-afternoon snack -times weekly
92	EDINNER	Num	8	EDINNER.	Eat dinner -times weekly
93	EESNCK	Num	8	EESNCK.	Eat evening snack -times weekly
94	EBED	Num	8	EBED.	Eat within hour of bedtime -times weekly
95	feelings_Q1	Num	8	FEELINGF.	Motivation to change eating habits
96	feelings_Q2a	Num	8	FEELIN0F.	When stressed -ability to not overeat
97	feelings_Q2b	Num	8	FEELIN1F.	When having cravings -ability to not overeat
98	feelings_Q2c	Num	8	FEELIN2F.	When at parties -ability to not overeat
99	feelings_Q2d	Num	8	FEELIN3F.	When life is out of control -ability to not overeat
100	feelings_Q3a	Num	8	FEELIN4F.	When busy -will eat healthy
101	feelings_Q3b	Num	8	FEELIN5F.	When cooking takes effort -will eat healthy
102	feelings_Q3c	Num	8	FEELIN6F.	When others eat unhealthy foods -will eat healthy
103	feelings_Q3d	Num	8	FEELIN7F.	When in a bad mood -will eat healthy
104	feelings_Q3e	Num	8	FEELIN8F.	When eating out -will eat healthy
105	feelings_Q4a	Num	8	FEELIN9F.	Busy lifestyle prevents -healthy diet
106	feelings_Q4b	Num	8	FEELI10F.	Too great a change -healthy diet
107	feelings_Q4c	Num	8	FEELI11F.	Too expensive -healthy diet
108	feelings_Q4d	Num	8	FEELI12F.	Do not enjoy taste -healthy diet
109	feelings_Q4e	Num	8	FEELI13F.	Difficult to prepare -healthy diet
110	feelings_Q6a	Num	8	FEELI14F.	Hold back to not gain weight
111	feelings_Q6b	Num	8	FEELI15F.	Eat more when anxious
112	feelings_Q6c	Num	8	FEELI16F.	Count calories to control weight
113	feelings_Q6d	Num	8	FEELI17F.	Eat when lonely to console myself
114	feelings_Q6e	Num	8	FEELI18F.	Eat more when more is available

Num	Variable	Type	Len	Format	Label
115	feelings_Q6f	Num	8	FEELI19F.	Eat when disappointed/let down
116	feelings_Q6g	Num	8	FEELI20F.	Refuse foods/drinks due to weight concern
117	feelings_Q6h	Num	8	FEELI21F.	Strong desire to eat when others are
118	feelings_Q6i	Num	8	FEELI22F.	Eat some foods past being full
119	feelings_Q6j	Num	8	FEELI23F.	Eat less when ate too much the day before
120	feelings_Q6k	Num	8	FEELI24F.	Eat too quickly
121	feelings_Q6l	Num	8	FEELI25F.	Eat less at another meal to make up for overeating
122	feelings_Q6m	Num	8	FEELI26F.	Hard to resist delicious food even when full
123	feelings_Q6n	Num	8	FEELI27F.	Eat more during relationship problems
124	feelings_Q60	Num	8	FEELI28F.	Eat more under stress
125	feelings_Q6p	Num	8	FEELI29F.	Eat less in anticipation for large meal
126	ppaq_q4	Num	8	PPAQ_Q4F.	Preparing meals -time/day
127	ppaq_q5	Num	8	PPAQ_Q5F.	Childcare while sitting -time/day
128	ppaq_q6	Num	8	PPAQ_Q6F.	Childcare while standing -time/day
129	ppaq_q7	Num	8	PPAQ_Q7F.	Playing with children sitting/standing -time/day
130	ppaq_q8	Num	8	PPAQ_Q8F.	Playing with children walking/running -time/day
131	ppaq_q9	Num	8	PPAQ_Q9F.	Carry children -time/day
132	ppaq_q10	Num	8	PPAQ_Q1F.	Taking care of older adult -time/day
133	ppaq_q11	Num	8	PPAQ_Q0F.	Sitting using computer/writing -time/day
134	ppaq_q12	Num	8	PPAQ_Q2F.	Watching TV -time/day
135	ppaq_q13	Num	8	PPAQ_Q3F.	Sitting while reading/talking/phone -time/day
136	ppaq_q14	Num	8	PPAQ_10F.	Playing with pets -time/day
137	ppaq_q15	Num	8	PPAQ_11F.	Light cleaning -time/day
138	ppaq_q16	Num	8	PPAQ_12F.	Shopping -time/day
139	ppaq_q17	Num	8	PPAQ_13F.	Heavier cleaning -time/day
140	ppaq_q18	Num	8	PPAQ_14F.	Mowing on riding mower -time/day
141	ppaq_q19	Num	8	PPAQ_15F.	Moving with walking mower/raking/gardening -time/day
142	ppaq_q20	Num	8	PPAQ_16F.	Walking slowly to go places -time/day
143	ppaq_q21	Num	8	PPAQ_17F.	Walking quickly to go places -time/day
144	ppaq_q22	Num	8	PPAQ_18F.	Driving in car/bus -time/day
145	ppaq_q23	Num	8	PPAQ_19F.	Walking slowly for fun/exercise -time/day
146	ppaq_q24	Num	8	PPAQ_20F.	Walking quickly for fun/exercise -time/day
147	ppaq_q25	Num	8	PPAQ_21F.	Walking quickly up hills -time/day
148	ppaq_q26	Num	8	PPAQ_22F.	Jogging -time/week
149	ppaq_q27	Num	8	PPAQ_23F.	Prenatal exercise class -time/week
150	ppaq_q28	Num	8	PPAQ_24F.	Swimming -time/week
151	ppaq_q29	Num	8	PPAQ_25F.	Dancing -time/week
152	ppaq_q30	Num	8	PPAQ_26F.	Other fun/exercise 1 -time/week
153	ppaq_q31	Num	8	PPAQ_27F.	Other fun/exercise 2 -time/week

Num	Variable	Type	Len	Format	Label
154	ppaq_q30_spec	Char	500		Other activity 1 -specify
155	ppaq_q31_spec	Char	500		Other activity 2 -specify
156	ppaq_q37	Num	8	PPAQ_28F.	Works for wages or is student
157	ppaq_q32	Num	8	PPAQ_29F.	Sitting at work/class -time/day
158	ppaq_q33	Num	8	PPAQ_30F.	Standing/walking at work while carrying things -time/day
159	ppaq_q34	Num	8	PPAQ_31F.	Standing/walking while not carrying anything -time/day
160	ppaq_q35	Num	8	PPAQ_32F.	Walking quickly while carrying things -time/day
161	ppaq_q36	Num	8	PPAQ_33F.	Walking quickly while not carrying anything -time/day
162	phyActivity_Q2	Num	8	PHYACTIF.	Able to get physical activity now
163	phyActivity_Q2_1	Num	8	PHYACT1F.	Have a plan for physical activity
164	phyActivity_Q3a	Num	8	PHYACT2F.	How often regular physical activity
165	phyActivity_Q4a	Num	8	PHYACT3F.	Pregnant women should engage in moderate activity
166	phyActivity_Q3_cont	Num	8	PHYACT4F.	Likely to engage in moderate activity -continuous
167	phyActivity_Q3	Num	8	PHYACT5F.	Likely to engage in moderate activity -discrete
168	phyActivity_Q4	Num	8	PHYACT6F.	How important is moderate activity
169	phyActivity_Q7a	Num	8	PHYACT7F.	Can continue exercise during pregnancy -exercise feelings
170	phyActivity_Q7b	Num	8	PHYACT8F.	Can begin exercise during pregnancy -exercise feelings
171	phyActivity_Q7c	Num	8	PHYACT9F.	No lying back exercise in 3rd trimester -exercise feelings
172	phyActivity_Q7d	Num	8	PHYAC10F.	Benefit from moderate activity -exercise feelings
173	phyActivity_Q7e	Num	8	PHYAC11F.	Exercise during pregnancy can be energetic -exercise feelings
174	phyActivity_Q7f	Num	8	PHYAC12F.	Exercise during pregnancy improves labor/delivery -exercise feelings
175	phyActivity_Q8	Num	8	PHYAC13F.	Safety of moderate physical activity in pregnancy
176	phyActivity_Q9	Num	8	PHYAC14F.	Safety of vigorous physical activity in pregnancy
177	WDTV	Num	8	WDTV.	Watching TV-week day
178	WDCWK	Num	8	WDCWK.	Using computer for work-week day
179	WDCNWK	Num	8	WDCNWK.	Using computer for non-work-week day
180	WDNCWK	Num	8	WDNCWK.	Doing non-computer work-week day
181	WDNCNWK	Num	8	WDNCNWK.	Doing non-computer work not related to job-week day
182	WDMRA	Num	8	WDMRA.	Listening to music/reading book etc-week day
183	WDPHONE	Num	8	WDPHONE.	Talking/texting on phone-week day
184	WDTRANS	Num	8	WDTRANS.	Sitting in car/bus/train etc-week day
185	WETV	Num	8	WETV.	Watching TV-weekend
186	WECWK	Num	8	WECWK.	Using computer for work-weekend
187	WECNWK	Num	8	WECNWK.	Using computer for non-work-weekend
188	WENCWK	Num	8	WENCWK.	Doing non-computer work-weekend
189	WENCNWK	Num	8	WENCNWK.	Doing non-computer work not related to job-weekend
190	WEMRA	Num	8	WEMRA.	Listening to music/reading book etc-weekend
191	WEPHONE	Num	8	WEPHONE.	Talking/texting on phone-weekend
192	WETRANS	Num	8	WETRANS.	Sitting in car/bus/train etc-weekend

Num	Variable	Type	Len	Format	Label
193	stress_q1a	Num	8	STRESS_F.	Upset about unexpected event
194	stress_q1b	Num	8	STRESSOF.	unable to control important things
195	stress_q1c	Num	8	STRESS1F.	felt nervous
196	stress_q1d	Num	8	STRESS2F.	confident to handle personal problems
197	stress_q1e	Num	8	STRESS3F.	things going your way
198	stress_q1f	Num	8	STRESS4F.	could not cope
199	stress_q1g	Num	8	STRESS5F.	control irritations
200	stress_q1h	Num	8	STRESS6F.	felt you were on top of things
201	stress_q1i	Num	8	STRESS7F.	angered by uncontrollable events
202	stress_q1j	Num	8	STRESS8F.	overwhelmed by difficulties
203	stress_q2a_cont	Num	8	STRESS9F.	Upset - felt recently
204	stress_q2a	Num	8	STRES10F.	Upset - felt recently
205	stress_q2b_cont	Num	8	STRES11F.	Hostile - felt recently
206	stress_q2b	Num	8	STRES12F.	Hostile - felt recently
207	stress_q2c_cont	Num	8	STRES13F.	Alert - felt recently
208	stress_q2c	Num	8	STRES14F.	Alert - felt recently
209	stress_q2d_cont	Num	8	STRES15F.	Ashamed - felt recently
210	stress_q2d	Num	8	STRES16F.	Ashamed - felt recently
211	stress_q2e_cont	Num	8	STRES17F.	Inspired - felt recently
212	stress_q2e	Num	8	STRES18F.	Inspired - felt recently
213	stress_q2f_cont	Num	8	STRES19F.	Nervous - felt recently
214	stress_q2f	Num	8	STRES20F.	Nervous - felt recently
215	stress_q2g_cont	Num	8	STRES21F.	Determined - felt recently
216	stress_q2g	Num	8	STRES22F.	Determined - felt recently
217	stress_q2h_cont	Num	8	STRES23F.	Attentive - felt recently
218	stress_q2h	Num	8	STRES24F.	Attentive - felt recently
219	stress_q2i_cont	Num	8	STRES25F.	Afraid - felt recently
220	stress_q2i	Num	8	STRES26F.	Afraid - felt recently
221	stress_q2j_cont	Num	8	STRES27F.	Active - felt recently
222	stress_q2j	Num	8	STRES28F.	Active - felt recently
223	employment_Q1	Num	8	EMPLOYMF.	Have Job for pay
224	employment_Q1b	Num	8	EMPLOY0F.	Work hours per week
225	HOUSING_qualifier	Num	8	HOUSINGF.	Have you moved since last survey
226	HOUSING	Num	8	HOUSING.	Neighborhood housing type
227	NSHOPS	Num	8	NSHOPS.	Shops within walking distance
228	NTRANS	Num	8	NTRANS.	10-15 minute walk to transit
229	NSIDEWLK	Num	8	NSIDEWLK.	Sidewalks on streets
230	NBIKE	Num	8	NBIKE.	Facilities for biking
231	NRECR	Num	8	NRECR.	Low cost recreation

Num	Variable	Type	Len	Format	Label
232	NCRIME	Num	8	NCRIME.	Crime rate makes it unsafe
233	neighbor_Q2	Num	8	NEIGHBOF.	High quality fresh fruit/vegetables in neighborhood
234	neighbor_Q3	Num	8	NEIGHB0F.	Large selection of fresh fruit/vegetables in neighborhood
235	neighbor_Q4	Num	8	NEIGHB1F.	Low-fat products available in neighborhood
236	newid	Num	8		Public Use ID
237	StartDays	Num	8		Days from Rand. at PN2 Start date
238	FinishDays	Num	8		Days from Rand. at PN2 Finish date
239	relatnew	Num	8		Current relationship status

$Data\ Set\ Name: ppm12m_mediaq6_comments.sas7bdat$

Nun	Variable	Type	Len	Format	Informat	Label
	newid	Num	8			Public Use ID
	2 mediaUse_Q6_spec	Char	96	\$96.	\$96.	mediaUse_Q6_spec

Data Set Name: ppm12mpaff.sas7bdat

Num	Variable	Type	Len	Format	Informat	Label
1	newid	Num	8			
2	recnum	Num	8			Activity ID within subject
3	SPORT	Char	58	\$58.	\$58.	SPORT
4	SPORTD	Num	8			SPORTD
5	SPORTM	Num	8			SPORTM
6	activityCode	Num	8			activityCode
7	METS	Num	8			METS
8	generalactivity	Char	21	\$21.	\$21.	GeneralActivity

$Data\ Set\ Name: ppm12mq1a_comments.sas7bdat$

Num	Variable	Type	Len	Format	Informat	Label
1	newid	Num	8			Public Use ID
2	q1a	Char	239	\$239.	\$239.	q1a

Data Set Name: ppm12msurvey.sas7bdat

Num	Variable	Type	Len	Format	Label
1	mediaUse_Q1	Num	8	MEDIAUSF.	Own a cell phone
2	mediaUse_Q2	Num	8	MEDIAU0F.	Cell phone is smartphone
3	mediaUse_Q4	Num	8	MEDIAU1F.	Home internet use -frequency
4	mediaUse_Q5a	Num	8	MEDIAU2F.	Home computer -internet device
5	mediaUse_Q5b	Num	8	MEDIAU3F.	Work computer -internet device
6	mediaUse_Q5c	Num	8	MEDIAU4F.	Public computer -internet device
7	mediaUse_Q5d	Num	8	MEDIAU5F.	Mobile phone -internet device
8	mediaUse_Q5f	Num	8	MEDIAU6F.	Tablet -internet device
9	mediaUse_Q5e	Num	8	MEDIAU7F.	Other -internet device
10	mediaUse_Q5_spec	Char	500		Other internet devices-specify
11	mediaUse_Q6a	Num	8	MEDIAU8F.	Americanpregnancy.org -receive information
12	mediaUse_Q6b	Num	8	MEDIAU9F.	Babycenter.com -receive information
13	mediaUse_Q6c	Num	8	MEDIA10F.	Babyfit.com -receive information
14	mediaUse_Q6h	Num	8	MEDIA11F.	iPregnancy -receive information
15	mediaUse_Q6k	Num	8	MEDIA12F.	La Leche League -receive information
16	mediaUse_Q6l	Num	8	MEDIA13F.	Pampers.com -receive information
17	mediaUse_Q6m	Num	8	MEDIA14F.	Parenting.com -receive information
18	mediaUse_Q6n	Num	8	MEDIA15F.	Parents.com -receive information
19	mediaUse_Q6d	Num	8	MEDIA16F.	Pregnancy.org -receive information
20	mediaUse_Q6g	Num	8	MEDIA17F.	Text4Baby -receive information
21	mediaUse_Q6o	Num	8	MEDIA18F.	TheBump.com -receive information
22	mediaUse_Q6e	Num	8	MEDIA19F.	WebMD.com -receive information
23	mediaUse_Q6f	Num	8	MEDIA20F.	Whattoexpect.com -receive information
24	mediaUse_Q6i	Num	8	MEDIA21F.	Other website/application -receive information
25	mediaUse_Q6j	Num	8	MEDIA22F.	None -receive information
26	eatPattern_q1	Num	8	EATPATTF.	Assessment of current eating habits
27	eatPattern_q2	Num	8	EATPAT0F.	How has amount of food changed
28	APPETITE	Num	8	APPETITE.	Appetite as compared to before pregnancy
29	eatPattern_q3	Num	8	EATPAT1F.	Servings of fruits/vegetables now
30	SIX_MON_Q1	Num	8	SIX_MONF.	how often vitamin/mineral supplement
31	SODA	Num	8	SODA.	Drink soda in last 30 days
32	SODADIET	Num	8	SODADIET.	Sugar free soda -frequency
33	FRTDRNK	Num	8	FRTDRNK.	Drink fruit drinks in last 30 days
34	FRTDIET	Num	8	FRTDIET.	Sugar free fruit drinks -frequency
35	SPRTDRNK	Num	8	SPRTDRNK.	Sports drinks in last 30 days
36	ENRGDRNK	Num	8	ENRGDRNK.	Energy drinks in last 30 days

Num	Variable	Type	Len	Format	Label
37	FASTFOOD	Num	8	FASTFOOD.	Fast food in last 30 days
38	SITDOWN	Num	8	SITDOWN.	Other fast food in last 30 days
39	BUFFET	Num	8	BUFFET.	Buffet in last 30 days
40	HBRKFST	Num	8	HBRKFST.	Ate breakfast -days per week
41	HLUNCH	Num	8	HLUNCH.	Ate lunch -days per week
42	HDINNER	Num	8	HDINNER.	Ate dinner -days per week
43	EBRKFST	Num	8	EBRKFST.	Eat breakfast -times weekly
44	EMSNCK	Num	8	EMSNCK.	Eat mid-morning snack -times weekly
45	ELUNCH	Num	8	ELUNCH.	Eat lunch -times weekly
46	EASNCK	Num	8	EASNCK.	Eat mid-afternoon snack -times weekly
47	EDINNER	Num	8	EDINNER.	Eat dinner -times weekly
48	EESNCK	Num	8	EESNCK.	Eat evening snack -times weekly
49	EBED	Num	8	EBED.	Eat within hour of bedtime -times weekly
50	SIX_MON_Q2	Num	8	SIX_MO0F.	Main person to plan meals for household
51	SIX_MON_Q3	Num	8	SIX_MO1F.	# Adults -eat at home
52	SIX_MON_Q4	Num	8	SIX_MO2F.	# children -eat at home
53	SIX_MON_Q6	Num	8	SIX_MO3F.	Plan healthy meals
54	SIX_MON_Q7	Num	8	SIX_MO4F.	Plan non-fry meals
55	SIX_MON_Q8	Num	8	SIX_MO5F.	Plan meals from leftovers
56	SIX_MON_Q9	Num	8	SIX_MO6F.	Plan meals with basic ingredients
57	SIX_MON_Q10	Num	8	SIX_MO7F.	Planning healthy meal is easy
58	SIX_MON_Q11	Num	8	SIX_MO8F.	Cooking takes too much time
59	SIX_MON_Q12	Num	8	SIX_MO9F.	Meal planning is frustrating
60	SIX_MON_Q13	Num	8	SIX_M10F.	It is too much work to plan meals
61	SIX_MON_Q14	Num	8	SIX_M11F.	I find planning meals in advance to be tiring
62	SIX_MON_Q15	Num	8	SIX_M12F.	Planning a healthy meal is something I can do
63	feelings_Q1	Num	8	FEELINGF.	Motivation to change eating habits
64	feelings_Q2a	Num	8	FEELIN0F.	When stressed -ability to not overeat
65	feelings_Q2b	Num	8	FEELIN1F.	When having cravings -ability to not overeat
66	feelings_Q2c	Num	8	FEELIN2F.	When at parties -ability to not overeat
67	feelings_Q2d	Num	8	FEELIN3F.	When life is out of control -ability to not overeat
68	feelings_Q3a	Num	8	FEELIN4F.	When busy -will eat healthy
69	feelings_Q3b	Num	8	FEELIN5F.	When cooking takes effort -will eat healthy
70	feelings_Q3c	Num	8	FEELIN6F.	When others eat unhealthy foods -will eat healthy
71	feelings_Q3d	Num	8	FEELIN7F.	When in a bad mood -will eat healthy
72	feelings_Q3e	Num	8	FEELIN8F.	When eating out -will eat healthy
73	feelings_Q6a	Num	8	FEELIN9F.	Hold back to not gain weight
74	feelings_Q6b	Num	8	FEELI10F.	Eat more when anxious
75	feelings_Q6c	Num	8	FEELI11F.	Count calories to control weight

Num	Variable	Type	Len	Format	Label
76	feelings_Q6d	Num	8	FEELI12F.	Eat when lonely to console myself
77	feelings_Q6e	Num	8	FEELI13F.	Eat more when more is available
78	feelings_Q6f	Num	Num 8 FEELI14F.		Eat when disappointed/let down
79	feelings_Q6g	Num	8	FEELI15F.	Refuse foods/drinks due to weight concern
80	feelings_Q6h	Num	8	FEELI16F.	Strong desire to eat when others are
81	feelings_Q6i	Num	8	FEELI17F.	Eat some foods past being full
82	feelings_Q6j	Num	8	FEELI18F.	Eat less when ate too much the day before
83	feelings_Q6k	Num	8	FEELI19F.	Eat too quickly
84	feelings_Q6l	Num	8	FEELI20F.	Eat less at another meal to make up for overeating
85	feelings_Q6m	Num	8	FEELI21F.	Hard to resist delicious food even when full
86	feelings_Q6n	Num	8	FEELI22F.	Eat more during relationship problems
87	feelings_Q6o	Num	8	FEELI23F.	Eat more under stress
88	feelings_Q6p	Num	8	FEELI24F.	Eat less in anticipation for large meal
89	ppaq_q4	Num	8	PPAQ_Q4F.	Preparing meals -time/day
90	ppaq_q5	Num	8	PPAQ_Q5F.	Childcare while sitting -time/day
91	ppaq_q6	Num	8	PPAQ_Q6F.	Childcare while standing -time/day
92	ppaq_q7	Num	8	PPAQ_Q7F.	Playing with children sitting/standing -time/day
93	ppaq_q8	Num	8	PPAQ_Q8F.	Playing with children walking/running -time/day
94	ppaq_q9	Num	8	PPAQ_Q9F.	Carry children -time/day
95	ppaq_q10	Num	8	PPAQ_Q1F.	Taking care of older adult -time/day
96	ppaq_q11	Num	8	PPAQ_Q0F.	Sitting using computer/writing-time/day
97	ppaq_q12	Num	8	PPAQ_Q2F.	Watching TV -time/day
98	ppaq_q13	Num	8	PPAQ_Q3F.	Sitting while reading/talking/phone -time/day
99	ppaq_q14	Num	8	PPAQ_10F.	Playing with pets -time/day
100	ppaq_q15	Num	8	PPAQ_11F.	Light cleaning -time/day
101	ppaq_q16	Num	8	PPAQ_12F.	Shopping -time/day
102	ppaq_q17	Num	8	PPAQ_13F.	Heavier cleaning -time/week
103	ppaq_q18	Num	8	PPAQ_14F.	Mowing on riding mower -time/week
104	ppaq_q19	Num	8	PPAQ_15F.	Moving with walking mower/raking/gardening -time/week
105	ppaq_q20	Num	8	PPAQ_16F.	Walking slowly to go places -time/day
106	ppaq_q21	Num	8	PPAQ_17F.	Walking quickly to go places -time/day
107	ppaq_q22	Num	8	PPAQ_18F.	Driving in car/bus -time/day
108	ppaq_q23	Num	8	PPAQ_19F.	Walking slowly for fun/exercise -time/week
109	ppaq_q24	Num	8	PPAQ_20F.	Walking quickly for fun/exercise -time/week
110	ppaq_q25	Num	8	PPAQ_21F.	Walking quickly up hills -time/week
111	ppaq_q26	Num	8	PPAQ_22F. Jogging -time/week	
112	ppaq_q27	Num	8	PPAQ_23F.	Exercise class -time/week
113	ppaq_q28	Num	8	PPAQ_24F.	Swimming -time/week
114	ppaq_q29	Num	8	PPAQ_25F.	Dancing -time/week

Num	Variable	Type	Len	Format	Label
115	ppaq_q30	Num	8	PPAQ_26F.	Other fun/exercise 1 -time/week
116	ppaq_q31	Num	8	PPAQ_27F.	Other fun/exercise 2 -time/week
117	ppaq_q30_spec	Char	Char 500		Other activity 1 -specify
118	ppaq_q31_spec	Char	Char 500		Other activity 2 -specify
119	ppaq_q37	Num	8	PPAQ_28F.	Works for wages or is student
120	ppaq_q32	Num	8	PPAQ_29F.	Sitting at work/class -time/day
121	ppaq_q33	Num	8	PPAQ_30F.	Standing/walking at work while carrying things -time/day
122	ppaq_q34	Num	8	PPAQ_31F.	Standing/walking while not carrying anything -time/day
123	ppaq_q35	Num	8	PPAQ_32F.	Walking quickly while carrying things -time/day
124	ppaq_q36	Num	8	PPAQ_33F.	Walking quickly while not carrying anything -time/day
125	phyActivity_Q1	Num	8	PHYACTIF.	Activity to increases heart rate -frequency
126	phyActivity_Q3_cont	Num	8	PHYACT0F.	Likely to engage in moderate activity -continuous
127	phyActivity_Q3	Num	8	PHYACT1F.	Likely to engage in moderate activity -discrete
128	phyActivity_Q4	Num	8	PHYACT2F.	How important is moderate activity
129	phyActivity_Q5	Num	8	PHYACT3F.	Will complete moderate activity -how sure
130	phyActivity_Q6a	Num	8	PHYACT4F.	When tired -will be physically active
131	phyActivity_Q6b	Num	8	PHYACT5F.	When in a bad mood -will be physically active
132	phyActivity_Q6c	Num	8	PHYACT6F.	When have time -will be physically active
133	phyActivity_Q6d	Num	8	PHYACT7F.	When on vacation -will be physically active
134	phyActivity_Q6e	Num	8	PHYACT8F.	When it is raining/snowing -will be physically active
135	EXERDIF	Num	8	EXERDIF.	Event in past week made exercising different
136	FLIGHTS	Num	8	FLIGHTS.	Number of flights of stairs each day (going up)
137	BRWALKD	Num	8	BRWALKD.	Walked briskly for exercise -days in last week
138	BRWALKM	Num	8	BRWALKM.	Walked briskly for exercise -minutes per day
139	ACTIVE	Num	8	ACTIVE.	Activity level in past week
140	REGACT	Num	8	REGACT.	Engage in brisk walking/jogging/bicycling weekly
141	REGACTD	Num	8	REGACTD.	Engage in brisk walking/jogging/bicycling -days per week
142	WDTV	Num	8	WDTV.	Watching TV -weekday time spent
143	WDCWK	Num	8	WDCWK.	Using computer for work -weekday time spent
144	WDCNWK	Num	8	WDCNWK.	Using computer for non-work -weekday time spent
145	WDNCWK	Num	8	WDNCWK.	Doing non-computer work -weekday time spent
146	WDNCNWK	Num	8	WDNCNWK.	Doing non-computer work not related to job -weekday time spent
147	WDMRA	Num	8	WDMRA.	Listening to music/reading book etc -weekday time spent
148	WDPHONE	Num	8	WDPHONE.	Talking/texting on phone -weekday time spent
149	WDTRANS	Num	8	WDTRANS.	Sitting in car/bus/train etc -weekday time spent
150	WETV	Num	8	WETV.	Watching TV -weekend time spent
151	WECWK	Num	8	WECWK.	Using computer for work -weekend time spent
152	WECNWK	Num	8	WECNWK.	Using computer for non-work -weekend time spent
153	WENCWK	Num	8	WENCWK.	Doing non-computer work -weekend time spent

Num	Variable	Type	Len	Format	Label
154	WENCNWK	Num	8	WENCNWK.	Doing non-computer work not related to job -weekend time spent
155	WEMRA	Num 8		WEMRA.	Listening to music/reading book etc -weekend time spent
156	WEPHONE	Num	8	WEPHONE.	Talking/texting on phone -weekend time spent
157	WETRANS	Num	8	WETRANS.	Sitting in car/bus/train etc -weekend time spent
158	WEIGH	Num	8	WEIGH.	How often do you weigh yourself
159	SCALE	Num	8	SCALE.	Have a bathroom scale at home
160	SIX_MON_Q16	Num	8	SIX_M13F.	Motivation for weight loss
161	SIX_MON_Q17	Num	8	SIX_M14F.	Self-efficacy for weight loss
162	SIX_MON_Q18	Num	8	SIX_M15F.	Attitude/behavioral beliefs about weight loss
163	SIX_MON_Q19	Num	8	SIX_M16F.	Physically active to lose weight
164	SIX_MON_Q20	Num	8	SIX_M17F.	Breastfeed to lose weight
165	SIX_MON_Q21	Num	8	SIX_M18F.	Pregnancy weight lose important to spouse
166	SIX_MON_Q22	Num	8	SIX_M19F.	Pregnancy weight loss important to family members
167	SIX_MON_Q23	Num	8	SIX_M20F.	Pregnancy weight loss important to friends
168	SIX_MON_Q24	Num	8	SIX_M21F.	Spouse supports weight loss efforts
169	SIX_MON_Q25	Num	8	SIX_M22F.	Spouse supports healthy diet
170	SIX_MON_Q26	Num	8	SIX_M23F.	Spouse eats the same meals
171	SIX_MON_Q27	Num	8	SIX_M24F.	Spouse joins physical weight lose activities
172	SIX_MON_Q28	Num	8	SIX_M25F.	Family supports weight loss efforts
173	SIX_MON_Q29	Num	8	SIX_M26F.	Family supports healthy diet
174	SIX_MON_Q30	Num	8	SIX_M27F.	Family joins physical weight loss activities
175	SIX_MON_Q31	Num	8	SIX_M28F.	Friends supports weight loss efforts
176	SIX_MON_Q32	Num	8	SIX_M29F.	Friends supports healthy diet
177	SIX_MON_Q33	Num	8	SIX_M30F.	Friends joins physical weight loss activities
178	q7	Num	8	Q7FFFFFF.	Weight now without shoes -pounds
179	SIX_MON_Q34	Num	8	SIX_M31F.	Weight after baby birth
180	SIX_MON_Q35	Num	8	SIX_M32F.	Amount of retained pregnancy weight
181	SIX_MON_Q36	Num	8	SIX_M33F.	Present weight low/high
182	q9	Num	8	Q9FFFFFF.	Current weight satisfaction
183	SIX_MON_Q37	Num	8	SIX_M34F.	Did something specific to lose weight
184	SIX_MON_Q37a	Num	8	SIX_M35F.	Ate less food -weight control
185	SIX_MON_Q37b	Num	8	SIX_M36F.	Ate different kinds of food -weight control
186	SIX_MON_Q37c	Num	8	SIX_M37F.	Got more exercise -weight control
187	SIX_MON_Q37d	Num	8	SIX_M38F.	Breastfed my baby -weight control
188	SIX_MON_Q37e	Num	8	SIX_M39F.	Other -weight control
189	SIX_MON_Q37e_spec	Char	500		Other activity -specify
190	SIX_MON_Q37f	Num	8	SIX_M40F.	Successful activities to lose weight
191	SIX_MON_Q37f_spec	Char	500		Other activity -specify
192	SIX_MON_Q37g	Num	8	SIX_M41F.	Did nothing to lose weight

Num	Variable	Type	Len	Format	Label
193	BOTHER	Num	8	BOTHER.	Unusually bothered -frequency in past week
194	KMIND	Num 8		KMIND.	Trouble keeping focused -frequency in past week
195	DEPRES	Num	Num 8 DEPRES		Felt depressed -frequency in past week
196	EFFORT	Num	Num 8 EFFORT.		Felt everything was an effort -frequency in past week
197	HAPPY	Num	8	HAPPY.	Happy -frequency in past week
198	FEAR	Num	8	FEAR.	Fearful -frequency in past week
199	RESTLES	Num	8	RESTLES.	Restless -frequency in past week
200	НОРЕ	Num	8	НОРЕ.	Hopeful about future -frequency in past week
201	LONELY	Num	8	LONELY.	Felt lonely -frequency in past week
202	GETGO	Num	8	GETGO.	Could not get going -frequency in past week
203	SIX_MON_Q38	Num	8	SIX_M42F.	Health after delivery
204	q5	Num	8	Q5FFFFFF.	Felt depressed since baby was born
205	q5a	Num	8	Q5A.	Treating depression -medication/care
206	TOBACCO	Num	8	TOBACCO.	Use non-cigarette tobacco product
207	CIGLIFE	Num	8	CIGLIFE.	Smoked 100 cigarettes in life
208	CIGFREQ	Num	8	CIGFREQ.	How often you smoke
209	CIGAMNT	Num	8	CIGAMNT.	Cigarettes smoked per day
210	STOPSMOK	Num	8	STOPSMOK.	Stopped smoking in past 12 months
211	LASTSMOK	Num	8	LASTSMOK.	Time since last smoked
212	ALONE	Num	8	ALONE.	Had drink in last 30 days
213	ALDAYS	Num	8	ALDAYS.	Days had drink in last 30 days
214	ALDRNKS	Num	8	ALDRNKS.	Drinks per day last 30 days-specify
215	ALNTIMES	Num	8	ALNTIMES.	Times with 4 or more drinks in last 30 days
216	ALNTIMES_none	Num	8	ALNTIMEF.	Never had 4 or more drinks in last 30 days
217	q14	Num	8	Q14FFFFF.	Longest stretch of sleep in last 24 hours
218	q15	Num	8	Q15FFFFF.	Total sleep in last 24 hours
219	q16_continuous	Num	8	Q16_CONF.	Level of tiredness -continuous
220	q16	Num	8	Q16FFFFF.	Level of tiredness -discrete
221	BEDWDH	Num	8	BEDWDH.	Weekday bedtime -Hour
222	BEDWDM	Num	8	BEDWDM.	Weekday bedtime -minutes
223	BEDWDAP	Num	8	BEDWDAP.	Weekday bedtime -AMPM
224	BEDWEH	Num	8	BEDWEH.	Weekend bedtime -hour
225	BEDWEM	Num	8	BEDWEM.	Weekend bedtime -minutes
226	BEDWEAP	Num	8	BEDWEAP.	Weekend bedtime -AMPM
227	WAKEWDH	Num	8	WAKEWDH.	Weekday waketime -hour
228	WAKEWDM	Num	8	WAKEWDM.	Weekday waketime -minutes
229	WAKEWDAP	Num	8	WAKEWDAP.	Weekday waketime -AMPM
230	WAKEWEH	Num	8	WAKEWEH.	Weekend waketime -hours
231	WAKEWEM	Num	8	WAKEWEM.	Weekend waketime -minutes

Num	Variable	Type	Len	Format	Label
232	WAKEWEAP	Num	8	WAKEWEAP.	Weekend waketime -AMPM
233	FALLASLP	Num	8	FALLASLP.	More than 30 minutes to fall asleep -nights/week
234	NEREST	Num 8		NEREST.	Days without enough sleep -last 30 days
235	STAYAWK	Num 8		STAYAWK.	Days with trouble staying awake -days/week
236	SNORE	Num	8	SNORE.	Told that you snore loudly in past year
237	SIX_MON_Q41a	Num	8	SIX_M43F.	Not using any kind of birth control -birth control
238	SIX_MON_Q41b	Num	8	SIX_M44F.	Shot once a month (Lunelle) -birth control
239	SIX_MON_Q41c	Num	8	SIX_M45F.	Not having sex (abstinence) -birth control
240	SIX_MON_Q41d	Num	8	SIX_M46F.	Shot once every 3 months (Depo-Provera) -birth control
241	SIX_MON_Q41e	Num	8	SIX_M47F.	Tubes tied or closed (female sterilization) -birth control
242	SIX_MON_Q41f	Num	8	SIX_M48F.	Contraceptive patch (OrthoEvra) -birth control
243	SIX_MON_Q41g	Num	8	SIX_M49F.	Vasectomy (male sterilization) -birth control
244	SIX_MON_Q41h	Num	8	SIX_M50F.	Diaphragm cervical cap or sponge -birth control
245	SIX_MON_Q41i	Num	8	SIX_M51F.	Mini-pill -birth control
246	SIX_MON_Q41j	Num	8	SIX_M52F.	Pill -birth control
247	SIX_MON_Q41k	Num	8	SIX_M53F.	Cervical ring (NuvaRing or others) -birth control
248	SIX_MON_Q411	Num	8	SIX_M54F.	Hormonal IUD (Mirena) -birth control
249	SIX_MON_Q41m	Num	8	SIX_M55F.	Non-hormonal IUD (Paragard) -birth control
250	SIX_MON_Q41n	Num	8	SIX_M56F.	Implant (Implanon) -birth control
251	SIX_MON_Q41o	Num	8	SIX_M57F.	Condoms -birth control
252	SIX_MON_Q41p	Num	8	SIX_M58F.	Rhythm method or natural family planning -birth control
253	SIX_MON_Q41q	Num	8	SIX_M59F.	Withdrawal (pulling out) -birth control
254	stress_q2a_cont	Num	8	STRESS_F.	Upset - felt recently
255	stress_q2a	Num	8	STRESSOF.	Upset - felt recently
256	stress_q2b_cont	Num	8	STRESS1F.	Hostile - felt recently
257	stress_q2b	Num	8	STRESS2F.	Hostile - felt recently
258	stress_q2c_cont	Num	8	STRESS3F.	Alert - felt recently
259	stress_q2c	Num	8	STRESS4F.	Alert - felt recently
260	stress_q2d_cont	Num	8	STRESS5F.	Ashamed - felt recently
261	stress_q2d	Num	8	STRESS6F.	Ashamed - felt recently
262	stress_q2e_cont	Num	8	STRESS7F.	Inspired - felt recently
263	stress_q2e	Num	8	STRESS8F.	Inspired - felt recently
264	stress_q2f_cont	Num	8	STRESS9F.	Nervous - felt recently
265	stress_q2f	Num	8	STRES10F.	Nervous - felt recently
266	stress_q2g_cont	Num	8	STRES11F.	Determined - felt recently
267	stress_q2g	Num	8	STRES12F.	Determined - felt recently
268	stress_q2h_cont	Num	8	STRES13F.	Attentive - felt recently
269	stress_q2h	Num	8	STRES14F.	Attentive - felt recently
270	stress_q2i_cont	Num	8	STRES15F.	Afraid - felt recently

Num	Variable	Type	Len	Format	Label
271	stress_q2i	Num	8	STRES16F.	Afraid - felt recently
272	stress_q2j_cont	Num	8	STRES17F.	Active - felt recently
273	stress_q2j	Num	8	STRES18F.	Active - felt recently
274	q1	Num	8	Q1FFFFF. Illness since birth	
275	q1c	Num	8	Q1C.	Baby passed away
276	q1d	Num	8	Q1D.	Skip further questions about this baby
277	q1b	Num	8	Q1B.	Days hospitalized
278	q2	Num	8	Q2FFFFF.	Breastfeeding now
279	q2a	Num	8	Q2A.	Breastfeeding times per 24h
280	q3	Num	8	Q3FFFFF.	Giving formula/other milk now
281	SIX_MON_Q42a	Num	8	SIX_M60F.	Formula/milk times per day
282	SIX_MON_Q42b	Num	8	SIX_M61F.	Formula/milk times per week
283	q3a	Num	8	Q3A.	Formula/other milk amount -ounces
284	q3b	Num	8	Q3B.	Age started formula -weeks
285	q3b_m	Num	8	Q3B_M.	Age started formula -months
286	q2b	Num	8	Q2B. Breastfed ever	
287	q3b_new	Num	8	Q3B_NEW. Age started formula -weeks	
288	q3b_new_m	Num	8	Q3B_NEWF.	Age started formula -months
289	SIX_MON_Q46	Num	8	SIX_M62F.	Age stopped breastfeeding -weeks
290	SIX_MON_Q46m	Num	8	SIX_M63F.	Age stopped breastfeeding -months
291	SIX_MON_Q47	Num	8	SIX_M64F.	Breastfed for as long as wanted
292	SIX_MON_Q48a	Num	8	SIX_M65F.	The baby's father -breastfeeding support
293	SIX_MON_Q48b	Num	8	SIX_M66F.	Your mother -breastfeeding support
294	SIX_MON_Q48c	Num	8	SIX_M67F.	Your mother-in-law -breastfeeding support
295	SIX_MON_Q48d	Num	8	SIX_M68F.	Your grandmother -breastfeeding support
296	SIX_MON_Q48e	Num	8	SIX_M69F.	Another family member -breastfeeding support
297	SIX_MON_Q48f	Num	8	SIX_M70F.	A doctor or other health professional -breastfeeding support
298	SIX_MON_Q48g	Num	8	SIX_M71F.	Your employer or supervisor -breastfeeding support
299	SIX_MON_Q48h	Num	8	SIX_M72F.	A breastfeeding support group -breastfeeding support
300	SIX_MON_Q48i	Num	8	SIX_M73F.	The eMomsRoc community -breastfeeding support
301	support_Q1_cont	Num	8	SUPPORTF.	Have caring people -continuous
302	support_Q1	Num	8	SUPPOR0F.	Have caring people -discrete
303	support_Q2_cont	Num	8	SUPPOR1F. Have love and affection -continuous	
304	support_Q2	Num	8	SUPPOR2F. Have love and affection -discrete	
305	support_Q3_cont	Num	8	SUPPOR3F. Have chances to talk about problems -continuous	
306	support_Q3	Num	8	SUPPOR4F. Have chances to talk about problems -discrete	
307	support_Q4_cont	Num	8	SUPPOR5F.	Have chances to talk with trusted other -continuous
308	support_Q4	Num	8	SUPPOR6F.	Have chances to talk with trusted other -discrete
309	support_Q5_cont	Num	8	SUPPOR7F.	Have chances to talk about money -continuous

Num	Variable	Type	Len	Format	Label
310	support_Q5	Num	8	SUPPOR8F.	Have chances to talk about money -discrete
311	support_Q6_cont	Num	8	SUPPOR9F.	Have invitations to go out/to do things -continuous
312	support_Q6	Num	8	SUPPO10F.	Have invitations to go out/to do things -discrete
313	support_Q7_cont	Num	8	SUPPO11F.	Have useful advice -continuous
314	support_Q7	Num	8	SUPPO12F.	Have useful advice -discrete
315	support_Q8_cont	Num	8	SUPPO13F.	Have help while sick -continuous
316	support_Q8	Num	8	SUPPO14F.	Have help while sick -discrete
317	support_Q9_cont	Num	8	SUPPO15F.	Have help for house/child care -continuous
318	support_Q9	Num	8	SUPPO16F.	Have help for house/child care -discrete
319	support_Q10_cont	Num	8	SUPPO17F.	Have people who help make ends meet -continuous
320	support_Q10	Num	8	SUPPO18F.	Have people who help make ends meet -discrete
321	support_Q11	Num	8	SUPPO19F.	How supportive is father of baby
322	SIX_MON_Q49a	Num	8	SIX_M74F.	Being a mom - connection w/e-moms website
323	SIX_MON_Q49b	Num	8	SIX_M75F.	Nutrition - connection w/e-moms website
324	SIX_MON_Q49c	Num	8	SIX_M76F.	Physical activity - connection w/e-moms website
325	SIX_MON_Q49d	Num	8	SIX_M77F.	Weight - connection w/e-moms website
326	SIX_MON_Q49e	Num	8	SIX_M78F.	Infant feeding - connection w/e-moms website
327	SIX_MON_Q49f	Num	8	SIX_M79F.	Other - connection w/e-moms website
328	SIX_MON_Q49f_spec	Char	60		Connected on eMomsRoc website - Other - Specify
329	SIX_MON_Q50a	Num	8	SIX_M80F.	Never posted messages on eMomsRoc web site
330	SIX_MON_Q50b	Num	8	SIX_M81F.	Comfortable sharing thoughts with eMomsRoc members
331	SIX_MON_Q50c	Num	8	SIX_M82F.	By giving advice my own health efforts were reinforced.
332	SIX_MON_Q50d	Num	8	SIX_M83F.	Being anonymous made it easier to share personal information
333	SIX_MON_Q50e	Num	8	SIX_M84F.	I got advice and support that I could not find anywhere else.
334	SIX_MON_Q50f	Num	8	SIX_M85F.	It was comforting to know that I wasn't alone in being a mom.
335	SIX_MON_Q50g	Num	8	SIX_M86F.	The fact that eMomsRoc is available whenever I need it was important
336	SIX_MON_Q50h	Num	8	SIX_M87F.	I felt supported and encouraged by other eMomsRoc members.
337	SIX_MON_Q50i	Num	8	SIX_M88F.	Advice from people in different stages was helpful to me.
338	SIX_MON_Q50j	Num	8	SIX_M89F.	Received negative or critical comments from other eMomsRoc members
339	SIX_MON_Q50k	Num	8	SIX_M90F.	I received some bad information or advice from someone on eMomsRoc
340	SIX_MON_Q51	Num	8	SIX_M91F.	Planning for another baby
341	SIX_MON_Q52	Num	8	SIX_M92F.	Pregnant now
342	q20	Num	8	Q20FFFFF.	Working job for pay
343	q20a	Num	8	Q20A.	Baby age when you returned to work -weeks
344	q20a_new	Num	8	Q20A_NEW.	Baby age when you returned to work -months
345	SIX_MON_Q53	Num	8	SIX_M96F.	Happy with job
346	q20b	Num	8	Q20B.	Work hours per week
347	SIX_MON_Q54a	Num	8	SIX_M97F.	Think of alternatives -problem solving
348	SIX_MON_Q54b	Num	8	SIX_M98F.	Ability to solve most problems -problem solving

Num	Variable	Type	Len	Format	Label
349	SIX_MON_Q54c	Num	8	SIX_M99F.	Many problems are too complex for me -problem solving
350	SIX_MON_Q54d	Num	8	SIX_100F.	I am happy with decisions I make -problem solving
351	SIX_MON_Q54e	Num	8	SIX_101F.	Almost certain plans will work -problem solving
352	SIX_MON_Q54f	Num	8	SIX_102F.	Given enough time/effort I can solve most problems -problem solving
353	SIX_MON_Q54g	Num	8	SIX_103F.	I can handle problems in new situations -problem solving
354	SIX_MON_Q54h	Num	8	SIX_104F.	Trust my ability to solve new problems -problem solving
355	SIX_MON_Q54i	Num	8	SIX_105F.	Expected outcome is usually actual outcome -problem solving
356	SIX_MON_Q54j	Num	8	SIX_106F.	Unsure of situation when presented with problem -problem solving
357	SIX_MON_Q54k	Num	8	SIX_107F.	Try to find out exactly the problem -problem solving
358	HOUSING_qualifier	Num	8	HOUSINGF.	Have you moved since last survey
359	HOUSING	Num	8	HOUSING.	Neighborhood housing type
360	neighbor_Q2	Num	8	NEIGHBOF.	High quality fresh fruit/vegetables in neighborhood
361	neighbor_Q3	Num	8	NEIGHB0F.	Large selection of fresh fruit/vegetables in neighborhood
362	neighbor_Q4	Num	8	NEIGHB1F.	Low-fat products available in neighborhood
363	neighbor_Q5	Num	8	NEIGHB2F.	You/any household member do vegetable gardening
364	neighbor_Q6	Num	8	NEIGHB3F.	You/any household member buy food from farmers market
365	neighbor_Q7	Num	8	NEIGHB4F.	Know about food organizations
366	neighbor_Q8	Num	8	NEIGHB5F.	Have gotten food from organization past year
367	NSHOPS	Num	8	NSHOPS.	Shops within walking distance -neighborhood
368	NTRANS	Num	8	NTRANS.	10-15 minute walk to transit -neighborhood
369	NSIDEWLK	Num	8	NSIDEWLK.	Sidewalks on streets -neighborhood
370	NBIKE	Num	8	NBIKE.	Facilities for biking -neighborhood
371	NRECR	Num	8	NRECR.	Low cost recreation -neighborhood
372	NCRIME	Num	8	NCRIME.	Crime rate makes it unsafe -neighborhood
373	MVNUM	Num	8	MVNUM.	Number of vehicles in working order
374	VEHICLES_NOTSURE	Num	8	VEHICLEF.	Motor vehicles in working order -Not Sure
375	STLIVE	Num	8	STLIVE.	Still live in same household with 12m old
376	INCOME	Num	8	INCOME.	Income in the past 12 months
377	newid	Num	8		Public Use ID
378	StartDays	Num	8		Days from Rand. at PN1 Start date
379	FinishDays	Num	8		Days from Rand. at PN1 Finish date
380	SR12mWTDays	Num	8		Days from randomization of Self-reported 12 Mo. weight
381	Nextbaby_lmp_days	Num	8		Days from randomization for next baby LMP
382	Nextbaby_Due_days	Num	8		Days from randomization for next baby Due
383	educnew	Num	8		Highest Grade in School
384	nchildnew	Num	8	Number of children under age 18 living in home	
385	nadultnew	Num	8		Number of adults living in home
386	relatnew	Num	8		Current relationship status

Data Set Name: ppm18m_mediaq6_comments.sas7bdat

N	Num	Variable	Type	Len	Format	Informat	Label
	1	newid	Num	8			Public Use ID
	2	mediaUse_Q6_spec	Char	91	\$91.	\$91.	mediaUse_Q6_spec

Data Set Name: ppm18mpaff.sas7bdat

Num	Variable	Type	Len	Format	Informat	Label
1	newid	Num	8			
2	recnum	Num	8			Activity ID within subject
3	SPORT	Char	83	\$83.	\$83.	SPORT
4	SPORTD	Num	8			SPORTD
5	SPORTM	Num	8			SPORTM
6	activityCode	Num	8			activityCode
7	METS	Num	8			METS
8	generalactivity	Char	21	\$21.	\$21.	GeneralActivity

$Data\ Set\ Name: ppm18mq1a_comments.sas7bdat$

1	Num	Variable	Type	Len	Format	Informat	Label
	1	newid	Num	8			Public Use ID
	2	q1a	Char	255	\$255.	\$255.	q1a

Data Set Name: ppm18msurvey.sas7bdat

Num	Variable	Type	Len	Format	Label	
1	mediaUse_Q1	Num	8	MEDIAUSF.	Own a cell phone	
2	mediaUse_Q2	Num	8	MEDIAU0F.	Cell phone is smartphone	
3	mediaUse_Q4	Num	8	MEDIAU1F.	Home internet use -frequency	
4	mediaUse_Q5a	Num	8	MEDIAU2F.	Home computer -internet device	
5	mediaUse_Q5b	Num	8	MEDIAU3F.	Work computer -internet device	
6	mediaUse_Q5c	Num	8	MEDIAU4F.	Public computer -internet device	
7	mediaUse_Q5d	Num	8	MEDIAU5F.	Mobile phone -internet device	
8	mediaUse_Q5f	Num	8	MEDIAU6F.	Tablet -internet device	
9	mediaUse_Q5e	Num	8	MEDIAU7F.	Other -internet device	
10	mediaUse_Q5_spec	Char	500		Other internet devices-specify	
11	mediaUse_Q6a	Num	8	MEDIAU8F.	Babble -receive information	
12	mediaUse_Q6b	Num	8	MEDIAU9F.	Babycenter.com -receive information	
13	mediaUse_Q6u	Num	8	MEDIA10F.	Calorie Counter -receive information	
14	mediaUse_Q6a4	Num	8	MEDIA11F.	eaTipster -receive information	
15	mediaUse_Q6l	Num	8	MEDIA12F.	Endomondo -receive information	
16	mediaUse_Q6w	Num	8	MEDIA13F.	FitDay -receive information	
17	mediaUse_Q6a5	Num	8	MEDIA14F.	Fitocracy -receive information	
18	mediaUse_Q6r	Num	8	MEDIA15F.	Fooducate -receive information	
19	mediaUse_Q6t	Num	8	MEDIA16F.	Gojee -receive information	
20	mediaUse_Q6y	Num	8	MEDIA17F.	Healthywomen.org -receive information	
21	mediaUse_Q6g	Num	8	MEDIA18F.	iFitness Pro -receive information	
22	mediaUse_Q6d	Num	8	MEDIA19F.	Live Strong -receive information	
23	mediaUse_Q6c	Num	8	MEDIA20F.	LoseIt! -receive information	
24	mediaUse_Q6a1	Num	8	MEDIA21F.	Mayo Clinic -receive information	
25	mediaUse_Q6h	Num	8	MEDIA22F.	MyFitnessPal -receive information	
26	mediaUse_Q6a2	Num	8	MEDIA23F.	MyPlate -receive information	
27	mediaUse_Q6q	Num	8	MEDIA24F.	Neexercise -receive information	
28	mediaUse_Q6k	Num	8	MEDIA25F.	Nike Training Club -receive information	
29	mediaUse_Q6m	Num	8	MEDIA26F.	Parenting.com -receive information	
30	mediaUse_Q6n	Num	8	MEDIA27F.	Parents.com -receive information	
31	mediaUse_Q6s	Num	8	MEDIA28F.	Restaurant Nutrition -receive information	
32	mediaUse_Q6p	Num	8	MEDIA29F.	Runkeeper -receive information	
33	mediaUse_Q6v	Num	8	MEDIA30F. SparkPeople -receive information		
34	mediaUse_Q6a6	Num	8	MEDIA31F.	EDIA31F. Sworkit -receive information	
35	mediaUse_Q6a3	Num	8	MEDIA32F.	32F. Tap & Track -receive information	
36	mediaUse_Q6o	Num	8	MEDIA33F.	TheBump.com -receive information	

Num	Variable	Type	Len	Format	Label		
37	mediaUse_Q6e	Num	8	MEDIA34F.	WebMD.com -receive information		
38	mediaUse_Q6f	Num	8	MEDIA35F.	Whattoexpect.com -receive information		
39	mediaUse_Q6z	Num	8	MEDIA36F.	Women Fitness -receive information		
40	mediaUse_Q6x	Num	8	MEDIA37F.	WomensHealth.gov -receive information		
41	mediaUse_Q6i	Num	8	MEDIA38F.	Other website/application -receive information		
42	mediaUse_Q6j	Num	8	MEDIA40F.	None -receive information		
43	eatPattern_q1	Num	8	EATPATTF.	Assessment of current eating habits		
44	eatPattern_q2	Num	8	EATPAT0F.	How has amount of food changed		
45	APPETITE	Num	8	APPETITE.	Appetite as compared to before pregnancy		
46	eatPattern_q3	Num	8	EATPAT1F.	Servings of fruits/vegetables now		
47	SIX_MON_Q1	Num	8	SIX_MONF.	how often vitamin/mineral supplement		
48	SODA	Num	8	SODA.	Drink soda in last 30 days		
49	SODADIET	Num	8	SODADIET.	Sugar free soda -frequency		
50	FRTDRNK	Num	8	FRTDRNK.	Drink fruit drinks in last 30 days		
51	FRTDIET	Num	8	FRTDIET.	Sugar free fruit drinks -frequency		
52	SPRTDRNK	Num	8	SPRTDRNK.	Sports drinks in last 30 days		
53	ENRGDRNK	Num	8	ENRGDRNK.	Energy drinks in last 30 days		
54	FASTFOOD	Num	8	FASTFOOD.	Fast food in last 30 days		
55	SITDOWN	Num	8	SITDOWN.	Other fast food in last 30 days		
56	BUFFET	Num	8	BUFFET.	Buffet in last 30 days		
57	HBRKFST	Num	8	HBRKFST.	Ate breakfast -days per week		
58	HLUNCH	Num	8	HLUNCH.	Ate lunch -days per week		
59	HDINNER	Num	8	HDINNER.	Ate dinner -days per week		
60	EBRKFST	Num	8	EBRKFST.	Eat breakfast -times weekly		
61	EMSNCK	Num	8	EMSNCK.	Eat mid-morning snack -times weekly		
62	ELUNCH	Num	8	ELUNCH.	Eat lunch -times weekly		
63	EASNCK	Num	8	EASNCK.	Eat mid-afternoon snack -times weekly		
64	EDINNER	Num	8	EDINNER.	Eat dinner -times weekly		
65	EESNCK	Num	8	EESNCK.	Eat evening snack -times weekly		
66	EBED	Num	8	EBED.	Eat within hour of bedtime -times weekly		
67	SIX_MON_Q2	Num	8	SIX_MO0F.	Main person to plan meals for household		
68	SIX_MON_Q3	Num	8	SIX_MO1F.	# Adults -eat at home		
69	SIX_MON_Q4	Num	8	SIX_MO2F.	# children -eat at home		
70	SIX_MON_Q6	Num	8	SIX_MO3F.	Plan healthy meals		
71	SIX_MON_Q7	Num	8	SIX_MO4F.	Plan non-fry meals		
72	SIX_MON_Q8	Num	8	SIX_MO5F.	Plan meals from leftovers		
73	SIX_MON_Q9	Num	8	SIX_MO6F.	Plan meals with basic ingredients		
74	SIX_MON_Q10	Num	8	SIX_MO7F.	Planning healthy meal is easy		
75	SIX_MON_Q11	Num	8	SIX_MO8F.	Cooking takes too much time		

Num	Variable	Type	Len	Format	Label		
76	SIX_MON_Q12	Num	8	SIX_MO9F.	Meal planning is frustrating		
77	SIX_MON_Q13	Num	8	SIX_M10F.	It is too much work to plan meals		
78	SIX_MON_Q14	Num	8	SIX_M11F.	I find planning meals in advance to be tiring		
79	SIX_MON_Q15	Num	8	SIX_M12F.	Planning a healthy meal is something I can do		
80	feelings_Q1	Num	8	FEELINGF.	Motivation to change eating habits		
81	feelings_Q2a	Num	8	FEELIN0F.	When stressed -ability to not overeat		
82	feelings_Q2b	Num	8	FEELIN1F.	When having cravings -ability to not overeat		
83	feelings_Q2c	Num	8	FEELIN2F.	When at parties -ability to not overeat		
84	feelings_Q2d	Num	8	FEELIN3F.	When life is out of control -ability to not overeat		
85	feelings_Q3a	Num	8	FEELIN4F.	When busy -will eat healthy		
86	feelings_Q3b	Num	8	FEELIN5F.	When cooking takes effort -will eat healthy		
87	feelings_Q3c	Num	8	FEELIN6F.	When others eat unhealthy foods -will eat healthy		
88	feelings_Q3d	Num	8	FEELIN7F.	When in a bad mood -will eat healthy		
89	feelings_Q3e	Num	8	FEELIN8F.	When eating out -will eat healthy		
90	feelings_Q6a	Num	8	FEELIN9F.	Hold back to not gain weight		
91	feelings_Q6b	Num	8	FEELI10F.	Eat more when anxious		
92	feelings_Q6c	Num	8	FEELI11F.	Count calories to control weight		
93	feelings_Q6d	Num	8	FEELI12F.	Eat when lonely to console myself		
94	feelings_Q6e	Num	8	FEELI13F.	Eat more when more is available		
95	feelings_Q6f	Num	8	FEELI14F.	Eat when disappointed/let down		
96	feelings_Q6g	Num	8	FEELI15F.	Refuse foods/drinks due to weight concern		
97	feelings_Q6h	Num	8	FEELI16F.	Strong desire to eat when others are		
98	feelings_Q6i	Num	8	FEELI17F.	Eat some foods past being full		
99	feelings_Q6j	Num	8	FEELI18F.	Eat less when ate too much the day before		
100	feelings_Q6k	Num	8	FEELI19F.	Eat too quickly		
101	feelings_Q6l	Num	8	FEELI20F.	Eat less at another meal to make up for overeating		
102	feelings_Q6m	Num	8	FEELI21F.	Hard to resist delicious food even when full		
103	feelings_Q6n	Num	8	FEELI22F.	Eat more during relationship problems		
104	feelings_Q6o	Num	8	FEELI23F.	Eat more under stress		
105	feelings_Q6p	Num	8	FEELI24F.	Eat less in anticipation for large meal		
106	ppaq_q4	Num	8	PPAQ_Q4F.	Preparing meals -time/day		
107	ppaq_q5	Num	8	PPAQ_Q5F.	Childcare while sitting -time/day		
108	ppaq_q6	Num	8	PPAQ_Q6F.	Childcare while standing -time/day		
109	ppaq_q7	Num	8	PPAQ_Q7F.	Playing with children sitting/standing -time/day		
110	ppaq_q8	Num	8	PPAQ_Q8F.	Playing with children walking/running -time/day		
111	ppaq_q9	Num	8	PPAQ_Q9F.	Carry children -time/day		
112	ppaq_q10	Num	8	PPAQ_Q1F.	Taking care of older adult -time/day		
113	ppaq_q11	Num	8	PPAQ_Q0F.	Sitting using computer/writing-time/day		
114	ppaq_q12	Num	8	PPAQ_Q2F.	Watching TV -time/day		

Num	Variable	Type	Len	Format	Label
115	ppaq_q13	Num	8	PPAQ_Q3F.	Sitting while reading/talking/phone -time/day
116	ppaq_q14	Num	8	PPAQ_10F.	Playing with pets -time/day
117	ppaq_q15	Num	8	PPAQ_11F.	Light cleaning -time/day
118	ppaq_q16	Num	8	PPAQ_12F.	Shopping -time/day
119	ppaq_q17	Num	8	PPAQ_13F.	Heavier cleaning -time/week
120	ppaq_q18	Num	8	PPAQ_14F.	Mowing on riding mower -time/week
121	ppaq_q19	Num	8	PPAQ_15F.	Moving with walking mower/raking/gardening -time/week
122	ppaq_q20	Num	8	PPAQ_16F.	Walking slowly to go places -time/day
123	ppaq_q21	Num	8	PPAQ_17F.	Walking quickly to go places -time/day
124	ppaq_q22	Num	8	PPAQ_18F.	Driving in car/bus -time/day
125	ppaq_q23	Num	8	PPAQ_19F.	Walking slowly for fun/exercise -time/week
126	ppaq_q24	Num	8	PPAQ_20F.	Walking quickly for fun/exercise -time/week
127	ppaq_q25	Num	8	PPAQ_21F.	Walking quickly up hills -time/week
128	ppaq_q26	Num	8	PPAQ_22F.	Jogging -time/week
129	ppaq_q27	Num	8	PPAQ_23F.	Exercise class -time/week
130	ppaq_q28	Num	8	PPAQ_24F.	Swimming -time/week
131	ppaq_q29	Num	8	PPAQ_25F.	Dancing -time/week
132	ppaq_q30	Num	8	PPAQ_26F.	Other fun/exercise 1 -time/week
133	ppaq_q31	Num	8	PPAQ_27F.	Other fun/exercise 2 -time/week
134	ppaq_q30_spec	Char	500		Other activity 1 -specify
135	ppaq_q31_spec	Char	500		Other activity 2 -specify
136	PPAQ_q37	Num	8	PPAQ_28F.	Works for wages or is student
137	PPAQ_q32	Num	8	PPAQ_29F.	Sitting at work/class -time/day
138	PPAQ_Q33	Num	8	PPAQ_30F.	Standing/walking at work while carrying things -time/day
139	PPAQ_Q34	Num	8	PPAQ_31F.	Standing/walking while not carrying anything -time/day
140	PPAQ_Q35	Num	8	PPAQ_32F.	Walking quickly while carrying things -time/day
141	PPAQ_Q36	Num	8	PPAQ_33F.	Walking quickly while not carrying anything -time/day
142	phyActivity_Q1	Num	8	PHYACTIF.	Activity to increases heart rate -frequency
143	phyActivity_Q3_cont	Num	8	PHYACT0F.	Likely to engage in moderate activity -continuous
144	phyActivity_Q3	Num	8	PHYACT1F.	Likely to engage in moderate activity -discrete
145	phyActivity_Q4	Num	8	PHYACT2F.	How important is moderate activity
146	phyActivity_Q5	Num	8	PHYACT3F.	Will complete moderate activity -how sure
147	phyActivity_Q6a	Num	8	PHYACT4F.	When tired -will be physically active
148	phyActivity_Q6b	Num	8	PHYACT5F.	When in a bad mood -will be physically active
149	phyActivity_Q6c	Num	8	PHYACT6F.	When have time -will be physically active
150	phyActivity_Q6d	Num	8	PHYACT7F.	When on vacation -will be physically active
151	phyActivity_Q6e	Num	8	PHYACT8F.	When it is raining/snowing -will be physically active
152	EXERDIF	Num	8	EXERDIF.	Event in past week made exercising different
153	FLIGHTS	Num	8	FLIGHTS.	Number of flights of stairs each day (going up)

Num	Variable	Type	Len	Format	Label
154	BRWALKD	Num	8	BRWALKD.	Walked briskly for exercise -days in last week
155	BRWALKM	Num	8	BRWALKM.	Walked briskly for exercise -minutes per day
156	ACTIVE	Num	8	ACTIVE.	Activity level in past week
157	REGACT	Num	8	REGACT.	Engage in brisk walking/jogging/bicycling weekly
158	REGACTD	Num	8	REGACTD.	Engage in brisk walking/jogging/bicycling -days per week
159	WDTV	Num	8	WDTV.	Watching TV -weekday time spent
160	WDCWK	Num	8	WDCWK.	Using computer for work -weekday time spent
161	WDCNWK	Num	8	WDCNWK.	Using computer for non-work -weekday time spent
162	WDNCWK	Num	8	WDNCWK.	Doing non-computer work -weekday time spent
163	WDNCNWK	Num	8	WDNCNWK.	Doing non-computer work not related to job -weekday time spent
164	WDMRA	Num	8	WDMRA.	Listening to music/reading book etc -weekday time spent
165	WDPHONE	Num	8	WDPHONE.	Talking/texting on phone -weekday time spent
166	WDTRANS	Num	8	WDTRANS.	Sitting in car/bus/train etc -weekday time spent
167	WETV	Num	8	WETV.	Watching TV -weekend time spent
168	WECWK	Num	8	WECWK.	Using computer for work -weekend time spent
169	WECNWK	Num	8	WECNWK.	Using computer for non-work -weekend time spent
170	WENCWK	Num	8	WENCWK.	Doing non-computer work -weekend time spent
171	WENCNWK	Num	8	WENCNWK.	Doing non-computer work not related to job -weekend time spent
172	WEMRA	Num	8	WEMRA.	Listening to music/reading book etc -weekend time spent
173	WEPHONE	Num	8	WEPHONE.	Talking/texting on phone -weekend time spent
174	WETRANS	Num	8	WETRANS.	Sitting in car/bus/train etc -weekend time spent
175	WEIGH	Num	8	WEIGH.	How often do you weigh yourself
176	SCALE	Num	8	SCALE.	Have a bathroom scale at home
177	WMFAST	Num	8	WMFAST.	Fasted to lose weight
178	WMLITTLE	Num	8	WMLITTLE.	Ate very little food to lose weight
179	WMPILLS	Num	8	WMPILLS.	Took diet pills to lose weight
180	WMVOMIT	Num	8	WMVOMIT.	Throw up to lose weight
181	WMLAX	Num	8	WMLAX.	Used laxatives to lose weight
182	WMDIUR	Num	8	WMDIUR.	Used diuretics to lose weight
183	WMSUB	Num	8	WMSUB.	Used food substitutes to lose weight
184	WMSKIP	Num	8	WMSKIP.	Skipped meals to lose weight
185	WMSMOKE	Num	8	WMSMOKE.	Smoked cigarettes to lose weight
186	WMNONE	Num	8	WMNONE.	None of the above to lose weight
187	SIX_MON_Q16	Num	8	SIX_M13F.	Motivation for weight loss
188	SIX_MON_Q17	Num	8	SIX_M14F.	Self-efficacy for weight loss
189	SIX_MON_Q21	Num	8	SIX_M15F.	Pregnancy weight lose important to spouse
190	SIX_MON_Q22	Num	8	SIX_M16F.	Pregnancy weight loss important to family members
191	SIX_MON_Q23	Num	8	SIX_M17F.	Pregnancy weight loss important to friends
192	SIX_MON_Q24	Num	8	SIX_M18F.	Spouse supports weight loss efforts

Num	Variable	Type	Len	Format	Label		
193	SIX_MON_Q25	Num	8	SIX_M19F.	Spouse supports healthy diet		
194	SIX_MON_Q26	Num	8	SIX_M20F.	Spouse eats the same meals		
195	SIX_MON_Q27	Num	8	SIX_M21F.	Spouse joins physical weight lose activities		
196	SIX_MON_Q28	Num	8	SIX_M22F.	Family supports weight loss efforts		
197	SIX_MON_Q29	Num	8	SIX_M23F.	Family supports healthy diet		
198	SIX_MON_Q30	Num	8	SIX_M24F.	Family joins physical weight loss activities		
199	SIX_MON_Q31	Num	8	SIX_M25F.	Friends supports weight loss efforts		
200	SIX_MON_Q32	Num	8	SIX_M26F.	Friends supports healthy diet		
201	SIX_MON_Q33	Num	8	SIX_M27F.	Friends joins physical weight loss activities		
202	q7	Num	8	Q7FFFFFF.	Weight now without shoes -pounds		
203	SIX_MON_Q34	Num	8	SIX_M28F.	Weight after baby birth		
204	SIX_MON_Q35	Num	8	SIX_M29F.	Amount of retained pregnancy weight		
205	SIX_MON_Q35a	Num	8	SIX_M30F.	Weight re-gained		
206	SIX_MON_Q35b	Num	8	SIX_M31F.	Weight remains		
207	SIX_MON_Q36	Num	8	SIX_M32F.	Present weight low/high		
208	q9	Num	8	Q9FFFFFF.	Current weight satisfaction		
209	SIX_MON_Q37	Num	8	SIX_M33F.	Did something specific to lose weight		
210	SIX_MON_Q37a	Num	8	SIX_M34F.	Ate less food -weight control		
211	SIX_MON_Q37b	Num	8	SIX_M35F.	Ate different kinds of food -weight control		
212	SIX_MON_Q37c	Num	8	SIX_M36F.	Got more exercise -weight control		
213	SIX_MON_Q37d	Num	8	SIX_M37F.	Breastfed my baby -weight control		
214	SIX_MON_Q37e	Num	8	SIX_M38F.	Other -weight control		
215	SIX_MON_Q37e_spec	Char	500		Other activity -specify		
216	SIX_MON_Q37f	Num	8	SIX_M39F.	Successful activities to lose weight		
217	SIX_MON_Q37f_spec	Char	500		Other activity -specify		
218	SIX_MON_Q37g	Num	8	SIX_M40F.	Did nothing to lose weight		
219	BOTHER	Num	8	BOTHER.	Unusually bothered -frequency in past week		
220	KMIND	Num	8	KMIND.	Trouble keeping focused -frequency in past week		
221	DEPRES	Num	8	DEPRES.	Felt depressed -frequency in past week		
222	EFFORT	Num	8	EFFORT.	Felt everything was an effort -frequency in past week		
223	HAPPY	Num	8	HAPPY.	Happy -frequency in past week		
224	FEAR	Num	8	FEAR.	Fearful -frequency in past week		
225	RESTLES	Num	8	RESTLES.	Restless -frequency in past week		
226	НОРЕ	Num	8	НОРЕ.	Hopeful about future -frequency in past week		
227	LONELY	Num	8	LONELY.	Felt lonely -frequency in past week		
228	GETGO	Num	8	GETGO.	Could not get going -frequency in past week		
229	SIX_MON_Q38	Num	8	SIX_M41F.	Health after delivery		
230	q5	Num	8	Q5FFFFFF.	Felt depressed since baby was born		
231	q5a	Num	8	Q5A.	Treating depression -medication/care		

Num	Variable	Type	Len	Format	Label	
232	TOBACCO	Num	8	TOBACCO.	Use non-cigarette tobacco product	
233	CIGLIFE	Num	8	CIGLIFE.	Smoked 100 cigarettes in life	
234	CIGFREQ	Num	8	CIGFREQ.	How often you smoke	
235	CIGAMNT	Num	8	CIGAMNT.	Cigarettes smoked per day	
236	STOPSMOK	Num	8	STOPSMOK.	Stopped smoking in past 12 months	
237	LASTSMOK	Num	8	LASTSMOK.	Time since last smoked	
238	ALONE	Num	8	ALONE.	Had drink in last 30 days	
239	ALDAYS	Num	8	ALDAYS.	Days had drink in last 30 days	
240	ALDRNKS	Num	8	ALDRNKS.	Drinks per day last 30 days-specify	
241	ALNTIMES	Num	8	ALNTIMES.	Times with 4 or more drinks in last 30 days	
242	ALNTIMES_none	Num	8	ALNTIMEF.	Never had 4 or more drinks in last 30 days	
243	q14	Num	8	Q14FFFFF.	Longest stretch of sleep in last 24 hours	
244	q15	Num	8	Q15FFFFF.	Total sleep in last 24 hours	
245	q16_continuous	Num	8	Q16_CONF.	Level of tiredness -continuous	
246	q16	Num	8	Q16FFFFF.	Level of tiredness -discrete	
247	BEDWDH	Num	8	BEDWDH.	Weekday bedtime -Hour	
248	BEDWDM	Num	8	BEDWDM.	Weekday bedtime -minutes	
249	BEDWDAP	Num	8	BEDWDAP.	Weekday bedtime -AMPM	
250	BEDWEH	Num	8	BEDWEH.	Weekend bedtime -hour	
251	BEDWEM	Num	8	BEDWEM.	Weekend bedtime -minutes	
252	BEDWEAP	Num	8	BEDWEAP.	Weekend bedtime -AMPM	
253	WAKEWDH	Num	8	WAKEWDH.	Weekday waketime -hour	
254	WAKEWDM	Num	8	WAKEWDM.	Weekday waketime -minutes	
255	WAKEWDAP	Num	8	WAKEWDAP.	Weekday waketime -AMPM	
256	WAKEWEH	Num	8	WAKEWEH.	Weekend waketime -hours	
257	WAKEWEM	Num	8	WAKEWEM.	Weekend waketime -minutes	
258	WAKEWEAP	Num	8	WAKEWEAP.	Weekend waketime -AMPM	
259	FALLASLP	Num	8	FALLASLP.	More than 30 minutes to fall asleep -nights/week	
260	NEREST	Num	8	NEREST.	Days without enough sleep -last 30 days	
261	STAYAWK	Num	8	STAYAWK.	Days with trouble staying awake -days/week	
262	SNORE	Num	8	SNORE.	Told that you snore loudly in past year	
263	SIX_MON_Q41a	Num	8	SIX_M42F.	Not using any kind of birth control -birth control	
264	SIX_MON_Q41b	Num	8	SIX_M43F.	Shot once a month (Lunelle) -birth control	
265	SIX_MON_Q41c	Num	8	SIX_M44F.	Not having sex (abstinence) -birth control	
266	SIX_MON_Q41d	Num	8	SIX_M45F.	Shot once every 3 months (Depo-Provera) -birth control	
267	SIX_MON_Q41e	Num	8	SIX_M46F.	Tubes tied or closed (female sterilization) -birth control	
268	SIX_MON_Q41f	Num	8	SIX_M47F.	Contraceptive patch (OrthoEvra) -birth control	
269	SIX_MON_Q41g	Num	8	SIX_M48F.	Vasectomy (male sterilization) -birth control	
270	SIX_MON_Q41h	Num	8	SIX_M49F.	Diaphragm cervical cap or sponge -birth control	

Num	Variable	Type	Len	Format	Label		
271	SIX_MON_Q41i	Num	8	SIX_M50F.	Mini-pill -birth control		
272	SIX_MON_Q41j	Num	8	SIX_M51F.	Pill -birth control		
273	SIX_MON_Q41k	Num	8	SIX_M52F. Cervical ring (NuvaRing or others) -birth control			
274	SIX_MON_Q411	Num	8	SIX_M53F.	Hormonal IUD (Mirena) -birth control		
275	SIX_MON_Q41m	Num	8	SIX_M54F.	Non-hormonal IUD (Paragard) -birth control		
276	SIX_MON_Q41n	Num	8	SIX_M55F.	Implant (Implanon) -birth control		
277	SIX_MON_Q41o	Num	8	SIX_M56F.	Condoms -birth control		
278	SIX_MON_Q41p	Num	8	SIX_M57F.	Rhythm method or natural family planning -birth control		
279	SIX_MON_Q41q	Num	8	SIX_M58F.	Withdrawal (pulling out) -birth control		
280	stress_q1a	Num	8	STRESS_F.	Upset about unexpected event		
281	stress_q1b	Num	8	STRESS0F.	Unable to control important things		
282	stress_q1c	Num	8	STRESS1F.	Felt nervous		
283	stress_q1d	Num	8	STRESS2F.	Confident to handle personal problems		
284	stress_q1e	Num	8	STRESS3F.	Things going your way		
285	stress_q1f	Num	8	STRESS4F.	Could not cope		
286	stress_q1g	Num	8	STRESS5F.	Control irritations		
287	stress_q1h	Num	8	STRESS6F.	Felt you were on top of things		
288	stress_q1i	Num	8	STRESS7F.	Angered by uncontrollable events		
289	stress_q1j	Num	8	STRESS8F.	Overwhelmed by difficulties		
290	q1	Num	8	Q1FFFFFF.	Illness since birth		
291	q1c	Num	8	Q1C.	Baby passed away		
292	q1d	Num	8	Q1D.	Skip further questions about this baby		
293	q1b	Num	8	Q1B.	Days hospitalized		
294	q2	Num	8	Q2FFFFF.	Breastfeeding now		
295	q2a	Num	8	Q2A.	Breastfeeding times per 24h		
296	q3b	Num	8	Q3B.	Age started formula -weeks		
297	q3b_m	Num	8	Q3B_M.	Age started formula -months		
298	q3c	Num	8	Q3C.	Never introduced infant formula/milk		
299	q2b	Num	8	Q2B.	Breastfed ever		
300	q3b_new	Num	8	Q3B_NEW.	Age started formula -weeks		
301	q3b_new_m	Num	8	Q3B_NEWF.	Age started formula -months		
302	SIX_MON_Q46	Num	8	SIX_M59F.	Age stopped breastfeeding -weeks		
303	SIX_MON_Q46m	Num	8	SIX_M60F.	Age stopped breastfeeding -months		
304	SIX_MON_Q47	Num	8	SIX_M61F.	Breastfed for as long as wanted		
305	support_Q1_cont	Num	8	SUPPORTF.	Have caring people -continuous		
306	support_Q1	Num	8	SUPPOR0F.	Have caring people -discrete		
307	support_Q2_cont	Num	8	SUPPOR1F.	Have love and affection -continuous		
308	support_Q2	Num	8	SUPPOR2F.	Have love and affection -discrete		
309	support_Q3_cont	Num	8	SUPPOR3F.	Have chances to talk about problems -continuous		

Num	Variable	Type	Len	Format	Label		
310	support_Q3	Num	8	SUPPOR4F.	Have chances to talk about problems -discrete		
311	support_Q4_cont	Num	8	SUPPOR5F. Have chances to talk with trusted other -continuous			
312	support_Q4	Num	8	SUPPOR6F. Have chances to talk with trusted other -discrete			
313	support_Q5_cont	Num	8	SUPPOR7F.	Have chances to talk about money -continuous		
314	support_Q5	Num	8	SUPPOR8F.	Have chances to talk about money -discrete		
315	support_Q6_cont	Num	8	SUPPOR9F.	Have invitations to go out/to do things -continuous		
316	support_Q6	Num	8	SUPPO10F.	Have invitations to go out/to do things -discrete		
317	support_Q7_cont	Num	8	SUPPO11F.	Have useful advice -continuous		
318	support_Q7	Num	8	SUPPO12F.	Have useful advice -discrete		
319	support_Q8_cont	Num	8	SUPPO13F.	Have help while sick -continuous		
320	support_Q8	Num	8	SUPPO14F.	Have help while sick -discrete		
321	support_Q9_cont	Num	8	SUPPO15F.	Have help for house/child care -continuous		
322	support_Q9	Num	8	SUPPO16F.	Have help for house/child care -discrete		
323	support_Q10_cont	Num	8	SUPPO17F.	Have people who help make ends meet -continuous		
324	support_Q10	Num	8	SUPPO18F.	Have people who help make ends meet -discrete		
325	support_Q11	Num	8	SUPPO19F.	How supportive is father of baby		
326	SIX_MON_Q49a	Num	8	SIX_M62F.	Being a mom - connection w/e-moms website		
327	SIX_MON_Q49b	Num	8	SIX_M63F.	Nutrition - connection w/e-moms website		
328	SIX_MON_Q49c	Num	8	SIX_M64F.	Physical activity - connection w/e-moms website		
329	SIX_MON_Q49d	Num	8	SIX_M65F.	Weight - connection w/e-moms website		
330	SIX_MON_Q49e	Num	8	SIX_M66F.	Infant feeding - connection w/e-moms website		
331	SIX_MON_Q49f	Num	8	SIX_M67F.	Other - connection w/e-moms website		
332	SIX_MON_Q49f_spec	Char	60		Connected on eMomsRoc website - Other - Specify		
333	SIX_MON_Q50a	Num	8	SIX_M68F.	Never posted messages on eMomsRoc web site		
334	SIX_MON_Q50b	Num	8	SIX_M69F.	Comfortable sharing thoughts with eMomsRoc members		
335	SIX_MON_Q50c	Num	8	SIX_M70F.	By giving advice my own health efforts were reinforced.		
336	SIX_MON_Q50d	Num	8	SIX_M71F.	Being anonymous made it easier to share personal information		
337	SIX_MON_Q50e	Num	8	SIX_M72F.	I got advice and support that I could not find anywhere else.		
338	SIX_MON_Q50f	Num	8	SIX_M73F.	It was comforting to know that I wasn't alone in being a mom.		
339	SIX_MON_Q50g	Num	8	SIX_M74F.	The fact that eMomsRoc is available whenever I need it was important		
340	SIX_MON_Q50h	Num	8	SIX_M75F.	I felt supported and encouraged by other eMomsRoc members.		
341	SIX_MON_Q50i	Num	8	SIX_M76F.	Advice from people in different stages was helpful to me.		
342	SIX_MON_Q50j	Num	8	SIX_M77F.	Received negative or critical comments from other eMomsRoc members		
343	SIX_MON_Q50k	Num	8	SIX_M78F.	I received some bad information or advice from someone on eMomsRoc		
344	SIX_MON_Q51	Num	8	SIX_M79F.	Planning for another baby		
345	SIX_MON_Q52	Num	8	SIX_M80F.	Pregnant now		
346	lostPreg_Q1	Num	8	LOSTPREF.	Pregnant in past 12 months		
347	lostPreg_Q2	Num	8	LOSTPR0F.	Weeks pregnancy ended		
348	q20	Num	8	Q20FFFFF.	Working job for pay		

Num	Variable	Type	Len	Format	Label		
349	q20a	Num	8	Q20A.	Baby age when you returned to work -weeks		
350	q20a_new	Num	8	Q20A_NEW.	Baby age when you returned to work -months		
351	SIX_MON_Q53	Num	8	SIX_M84F.	Happy with job		
352	q20b	Num	8	Q20B.	Work hours per week		
353	SIX_MON_Q54a	Num	8	SIX_M85F.	Think of alternatives -problem solving		
354	SIX_MON_Q54b	Num	8	SIX_M86F.	Ability to solve most problems -problem solving		
355	SIX_MON_Q54c	Num	8	SIX_M87F.	Many problems are too complex for me -problem solving		
356	SIX_MON_Q54d	Num	8	SIX_M88F.	I am happy with decisions I make -problem solving		
357	SIX_MON_Q54e	Num	8	SIX_M89F.	Almost certain plans will work -problem solving		
358	SIX_MON_Q54f	Num	8	SIX_M90F.	Given enough time/effort I can solve most problems -problem solving		
359	SIX_MON_Q54g	Num	8	SIX_M91F.	I can handle problems in new situations -problem solving		
360	SIX_MON_Q54h	Num	8	SIX_M92F.	Trust my ability to solve new problems -problem solving		
361	SIX_MON_Q54i	Num	8	SIX_M93F.	Expected outcome is usually actual outcome -problem solving		
362	SIX_MON_Q54j	Num	8	SIX_M94F.	Unsure of situation when presented with problem -problem solving		
363	SIX_MON_Q54k	Num	8	SIX_M95F.	Try to find out exactly the problem -problem solving		
364	HOUSING_qualifier	Num	8	HOUSINGF.	Have you moved since last survey		
365	HOUSING	Num	8	HOUSING.	Neighborhood housing type		
366	neighbor_Q2	Num	8	NEIGHBOF.	High quality fresh fruit/vegetables in neighborhood		
367	neighbor_Q3	Num	8	NEIGHB0F.	Large selection of fresh fruit/vegetables in neighborhood		
368	neighbor_Q4	Num	8	NEIGHB1F.	Low-fat products available in neighborhood		
369	neighbor_Q5	Num	8	NEIGHB2F.	You/any household member do vegetable gardening		
370	neighbor_Q6	Num	8	NEIGHB3F.	You/any household member buy food from farmers market		
371	neighbor_Q7	Num	8	NEIGHB4F.	Know about food organizations		
372	neighbor_Q8	Num	8	NEIGHB5F.	Have gotten food from organization past year		
373	NSHOPS	Num	8	NSHOPS.	Shops within walking distance -neighborhood		
374	NTRANS	Num	8	NTRANS.	10-15 minute walk to transit -neighborhood		
375	NSIDEWLK	Num	8	NSIDEWLK.	Sidewalks on streets -neighborhood		
376	NBIKE	Num	8	NBIKE.	Facilities for biking -neighborhood		
377	NRECR	Num	8	NRECR.	Low cost recreation -neighborhood		
378	NCRIME	Num	8	NCRIME.	Crime rate makes it unsafe -neighborhood		
379	MVNUM	Num	8	MVNUM.	Number of vehicles in working order		
380	VEHICLES_NOTSURE	Num	8	VEHICLEF.	Motor vehicles in working order -Not Sure		
381	STLIVE	Num	8	STLIVE.	Still live in same household with 12m old		
382	INCOME	Num	8	INCOME.	Income in the past 12 months		
383	newid	Num	8		Public Use ID		
384	StartDays	Num	8		Days from Rand. at PN1 Start date		
385	FinishDays	Num	8		Days from Rand. at PN1 Finish date		
386	SR18mWTDays	Num	8		Days from randomization of Self-reported 18 Mo. weight		
387	Nextbaby_lmp_days	Num	8		Days from randomization for next baby LMP		

Num	Variable	Type	Len	Format Label	
388	Nextbaby_Due_days	Num	8		Days from randomization for next baby Due
389	LastPreg_days	Num	8		Days from randomization to last pregnant 2nd time
390	educnew	Num	8		Highest Grade in School
391	nchildnew	Num	8		Number of children under age 18 living in home
392	nadultnew	Num	8		Number of adults living in home
393	relatnew	Num	8		Current relationship status

Data Set Name: ppm6m_mediaq6_comments.sas7bdat

Num	Variable	Type	Len	Format	Informat	Label
1	newid	Num	8			Public Use ID
2	mediaUse_Q6_spec	Char	255	\$255.	\$255.	mediaUse_Q6_spec

Data Set Name: ppm6mpaff.sas7bdat

Num	Variable	Type	Len	Format	Informat	Label
1	newid	Num	8			
2	recnum	Num	8			Activity ID within subject
3	SPORT	Char	70	\$70.	\$70.	SPORT
4	SPORTD	Num	8			SPORTD
5	SPORTM	Num	8			SPORTM
6	activityCode	Num	8			activityCode
7	METS	Num	8			METS
8	generalactivity	Char	21	\$21.	\$21.	GeneralActivity

$Data\ Set\ Name: ppm6mq1a_comments.sas7bdat$

ĺ	Num	Variable	Type	Len	Format	Informat	Label
	1	newid	Num	8			Public Use ID
Ī	2	q1a	Char	255	\$255.	\$255.	q1a

Data Set Name: ppm6msurvey.sas7bdat

Num	Variable	Type	Len	Format	Label	
1	mediaUse_Q1	Num	8	MEDIAUSF.	Own a cell phone	
2	mediaUse_Q2	Num	8	MEDIAU0F.	Cell phone is smartphone	
3	mediaUse_Q3	Num	8	MEDIAU1F.	Text messaging -frequency	
4	mediaUse_Q4	Num	8	MEDIAU2F.	Home internet use -frequency	
5	mediaUse_Q5a	Num	8	MEDIAU3F.	Home computer -internet device	
6	mediaUse_Q5b	Num	8	MEDIAU4F.	Work computer -internet device	
7	mediaUse_Q5c	Num	8	MEDIAU5F.	Public computer -internet device	
8	mediaUse_Q5d	Num	8	MEDIAU6F.	Mobile phone -internet device	
9	mediaUse_Q5e	Num	8	MEDIAU7F.	Other -internet device	
10	mediaUse_Q5_spec	Char	500		Other internet devices-specify	
11	mediaUse_Q6a	Num	8	MEDIAU8F.	Americanpregnancy.org -receive information	
12	mediaUse_Q6b	Num	8	MEDIAU9F.	Babycenter.com -receive information	
13	mediaUse_Q6c	Num	8	MEDIA10F.	Babyfit.com -receive information	
14	mediaUse_Q6h	Num	8	MEDIA11F.	iPregnancy -receive information	
15	mediaUse_Q6k	Num	8	MEDIA12F.	La Leche League -receive information	
16	mediaUse_Q6l	Num	8	MEDIA13F.	Pampers.com -receive information	
17	mediaUse_Q6m	Num	8	MEDIA14F.	Parenting.com -receive information	
18	mediaUse_Q6n	Num	8	MEDIA15F.	Parents.com -receive information	
19	mediaUse_Q6d	Num	8	MEDIA16F.	Pregnancy.org -receive information	
20	mediaUse_Q6g	Num	8	MEDIA17F.	Text4Baby -receive information	
21	mediaUse_Q6o	Num	8	MEDIA18F.	TheBump.com -receive information	
22	mediaUse_Q6e	Num	8	MEDIA19F.	WebMD.com -receive information	
23	mediaUse_Q6f	Num	8	MEDIA20F.	Whattoexpect.com -receive information	
24	mediaUse_Q6i	Num	8	MEDIA21F.	Other website/application -receive information	
25	mediaUse_Q6j	Num	8	MEDIA23F.	None -receive information	
26	eatPattern_q1	Num	8	EATPATTF.	Assessment of current eating habits	
27	eatPattern_q2	Num	8	EATPAT0F.	How has amount of food changed	
28	APPETITE	Num	8	APPETITE.	Appetite as compared to before pregnancy	
29	eatPattern_q3	Num	8	EATPAT1F.	Servings of fruits/vegetables now	
30	SIX_MON_Q1	Num	8	SIX_MONF.	vitamin/mineral supplement -frequency	
31	SODA	Num	8	SODA.	Soda in last 30 days	
32	SODADIET	Num	8	SODADIET.	Sugar free soda -frequency	
33	FRTDRNK	Num	8	FRTDRNK.	Drink fruit drinks in last 30 days	
34	FRTDIET	Num	8	FRTDIET.	Sugar free fruit drinks -frequency	
35	SPRTDRNK	Num	8	SPRTDRNK.	Sports drinks in last 30 days	
36	ENRGDRNK	Num	8	ENRGDRNK.	Energy drinks in last 30 days	

Num	Variable	Type	Len	Format	Label	
37	FASTFOOD	Num	8	FASTFOOD.	Fast food in last 30 days	
38	SITDOWN	Num	8	SITDOWN.	Other fast food in last 30 days	
39	BUFFET	Num	8	BUFFET.	Buffet in last 30 days	
40	HBRKFST	Num	8	HBRKFST.	Ate breakfast -days per week	
41	HLUNCH	Num	8	HLUNCH.	Ate lunch -days per week	
42	HDINNER	Num	8	HDINNER.	Ate dinner -days per week	
43	EBRKFST	Num	8	EBRKFST.	Eat breakfast -times weekly	
44	EMSNCK	Num	8	EMSNCK.	Eat mid-morning snack -times weekly	
45	ELUNCH	Num	8	ELUNCH.	Eat lunch -times weekly	
46	EASNCK	Num	8	EASNCK.	Eat mid-afternoon snack -times weekly	
47	EDINNER	Num	8	EDINNER.	Eat dinner -times weekly	
48	EESNCK	Num	8	EESNCK.	Eat evening snack -times weekly	
49	EBED	Num	8	EBED.	Eat within hour of bedtime -times weekly	
50	SIX_MON_Q2	Num	8	SIX_MO0F.	Main person to plan meals for household	
51	SIX_MON_Q3	Num	8	SIX_MO1F.	# Adults -eat at home	
52	SIX_MON_Q4	Num	8	SIX_MO2F.	# children -eat at home	
53	SIX_MON_Q6	Num	8	SIX_MO3F.	Plan healthy meals	
54	SIX_MON_Q7	Num	8	SIX_MO4F.	Plan non-fry meals	
55	SIX_MON_Q8	Num	8	SIX_MO5F.	Plan meals from leftovers	
56	SIX_MON_Q9	Num	8	SIX_MO6F.	Plan meals with basic ingredients	
57	SIX_MON_Q10	Num	8	SIX_MO7F.	Planning healthy meal is easy	
58	SIX_MON_Q11	Num	8	SIX_MO8F.	Cooking takes too much time	
59	SIX_MON_Q12	Num	8	SIX_MO9F.	Meal planning is frustrating	
60	SIX_MON_Q13	Num	8	SIX_M10F.	It is too much work to plan meals	
61	SIX_MON_Q14	Num	8	SIX_M11F.	I find planning meals in advance to be tiring	
62	SIX_MON_Q15	Num	8	SIX_M12F.	Planning a healthy meal is something I can do	
63	feelings_Q1	Num	8	FEELINGF.	Motivation to change eating habits	
64	feelings_Q2a	Num	8	FEELIN0F.	When stressed -ability to not overeat	
65	feelings_Q2b	Num	8	FEELIN1F.	When having cravings -ability to not overeat	
66	feelings_Q2c	Num	8	FEELIN2F.	When at parties -ability to not overeat	
67	feelings_Q2d	Num	8	FEELIN3F.	When life is out of control -ability to not overeat	
68	feelings_Q3a	Num	8	FEELIN4F.	When busy -will eat healthy	
69	feelings_Q3b	Num	8	FEELIN5F.	When cooking takes effort -will eat healthy	
70	feelings_Q3c	Num	8	FEELIN6F.	When others eat unhealthy foods -will eat healthy	
71	feelings_Q3d	Num	8	FEELIN7F.	When in a bad mood -will eat healthy	
72	feelings_Q3e	Num	8	FEELIN8F.	When eating out -will eat healthy	
73	feelings_Q6a	Num	8	FEELIN9F.	Hold back to not gain weight	
74	feelings_Q6b	Num	8	FEELI10F.	Eat more when anxious	
75	75 feelings_Q6c Num 8 FEELI11F.		FEELI11F.	Count calories to control weight		

Num	Variable	Type	Len	Format	Label	
76	feelings_Q6d	Num	8	FEELI12F.	Eat when lonely to console myself	
77	feelings_Q6e	Num	8	FEELI13F.	Eat more when more is available	
78	feelings_Q6f	Num	8	FEELI14F.	Eat when disappointed/let down	
79	feelings_Q6g	Num	8	FEELI15F.	Refuse foods/drinks due to weight concern	
80	feelings_Q6h	Num	8	FEELI16F.	Strong desire to eat when others are	
81	feelings_Q6i	Num	8	FEELI17F.	Eat some foods past being full	
82	feelings_Q6j	Num	8	FEELI18F.	Eat less when ate too much the day before	
83	feelings_Q6k	Num	8	FEELI19F.	Eat too quickly	
84	feelings_Q6l	Num	8	FEELI20F.	Eat less at another meal to make up for overeating	
85	feelings_Q6m	Num	8	FEELI21F.	Hard to resist delicious food even when full	
86	feelings_Q6n	Num	8	FEELI22F.	Eat more during relationship problems	
87	feelings_Q6o	Num	8	FEELI23F.	Eat more under stress	
88	feelings_Q6p	Num	8	FEELI24F.	Eat less in anticipation for large meal	
89	ppaq_q4	Num	8	PPAQ_Q4F.	Preparing meals -time/day	
90	ppaq_q5	Num	8	PPAQ_Q5F.	Childcare while sitting -time/day	
91	ppaq_q6	Num	8	PPAQ_Q6F.	Childcare while standing -time/day	
92	ppaq_q7	Num	8	PPAQ_Q7F.	Playing with children sitting/standing -time/day	
93	ppaq_q8	Num	8	PPAQ_Q8F.	Playing with children walking/running -time/day	
94	ppaq_q9	Num	8	PPAQ_Q9F.	Carry children -time/day	
95	ppaq_q10	Num	8	PPAQ_Q1F.	Taking care of older adult -time/day	
96	ppaq_q11	Num	8	PPAQ_Q0F.	Sitting using computer/writing -time/day	
97	ppaq_q12	Num	8	PPAQ_Q2F.	Watching TV -time/day	
98	ppaq_q13	Num	8	PPAQ_Q3F.	Sitting while reading/talking/phone -time/day	
99	ppaq_q14	Num	8	PPAQ_10F.	Playing with pets -time/day	
100	ppaq_q15	Num	8	PPAQ_11F.	Light cleaning -time/day	
101	ppaq_q16	Num	8	PPAQ_12F.	Shopping -time/day	
102	ppaq_q17	Num	8	PPAQ_13F.	Heavier cleaning -time/week	
103	ppaq_q18	Num	8	PPAQ_14F.	Mowing on riding mower -time/week	
104	ppaq_q19	Num	8	PPAQ_15F.	Moving with walking mower/raking/gardening -time/week	
105	ppaq_q20	Num	8	PPAQ_16F.	Walking slowly to go places -time/day	
106	ppaq_q21	Num	8	PPAQ_17F.	Walking quickly to go places -time/day	
107	ppaq_q22	Num	8	PPAQ_18F.	Driving in car/bus -time/day	
108	ppaq_q23	Num	8	PPAQ_19F.	Walking slowly for fun/exercise -time/week	
109	ppaq_q24	Num	8	PPAQ_20F.	Walking quickly for fun/exercise -time/week	
110	ppaq_q25	Num	8	PPAQ_21F.	Walking quickly up hills -time/week	
111	ppaq_q26	Num	8	PPAQ_22F.	Jogging -time/week	
112	ppaq_q27	Num	8	PPAQ_23F.	Exercise class -time/week	
113	ppaq_q28	Num	8	PPAQ_24F.	Swimming -time/week	
114	ppaq_q29	Num	8	PPAQ_25F.	Dancing -time/week	

Num	Variable	Type	Len	Format	Label	
115	ppaq_q30	Num	8	PPAQ_26F.	Other fun/exercise 1 -time/week	
116	ppaq_q31	Num	8	PPAQ_27F.	Other fun/exercise 2 -time/week	
117	ppaq_q30_spec	Char	500		ther activity 1 -specify	
118	ppaq_q31_spec	Char	500		Other activity 2 -specify	
119	ppaq_q37	Num	8	PPAQ_28F.	Works for wages or is student	
120	ppaq_q32	Num	8	PPAQ_29F.	Sitting at work/class -time/day	
121	ppaq_q33	Num	8	PPAQ_30F.	Standing/walking at work while carrying things -time/day	
122	ppaq_q34	Num	8	PPAQ_31F.	Standing/walking while not carrying anything -time/day	
123	ppaq_q35	Num	8	PPAQ_32F.	Walking quickly while carrying things -time/day	
124	ppaq_q36	Num	8	PPAQ_33F.	Walking quickly while not carrying anything -time/day	
125	phyActivity_Q1	Num	8	PHYACTIF.	Activity to increases heart rate -frequency	
126	phyActivity_Q3_cont	Num	8	PHYACT0F.	Likely to engage in moderate activity -continuous	
127	phyActivity_Q3	Num	8	PHYACT1F.	Likely to engage in moderate activity -discrete	
128	phyActivity_Q4	Num	8	PHYACT2F.	How important is moderate activity	
129	phyActivity_Q5	Num	8	PHYACT3F.	Will complete moderate activity -how sure	
130	phyActivity_Q6a	Num	8	PHYACT4F.	When tired -will be physically active	
131	phyActivity_Q6b	Num	8	PHYACT5F.	When in a bad mood -will be physically active	
132	phyActivity_Q6c	Num	8	PHYACT6F.	When have time -will be physically active	
133	phyActivity_Q6d	Num	8	PHYACT7F.	When on vacation -will be physically active	
134	phyActivity_Q6e	Num	8	PHYACT8F.	When it is raining/snowing -will be physically active	
135	EXERDIF	Num	8	EXERDIF.	Event in past week made exercising different	
136	FLIGHTS	Num	8	FLIGHTS.	Number of flights of stairs each day (going up)	
137	BRWALKD	Num	8	BRWALKD.	Walked briskly for exercise -days in last week	
138	BRWALKM	Num	8	BRWALKM.	Walked briskly for exercise -minutes per day	
139	ACTIVE	Num	8	ACTIVE.	Activity level in past week	
140	REGACT	Num	8	REGACT.	Engage in brisk walking/jogging/bicycling weekly	
141	REGACTD	Num	8	REGACTD.	Engage in brisk walking/jogging/bicycling -days per week	
142	WDTV	Num	8	WDTV.	Watching TV -weekday time spent	
143	WDCWK	Num	8	WDCWK.	Using computer for work -weekday time spent	
144	WDCNWK	Num	8	WDCNWK.	Using computer for non-work -weekday time spent	
145	WDNCWK	Num	8	WDNCWK.	Doing non-computer work -weekday time spent	
146	WDNCNWK	Num	8	WDNCNWK.	Doing non-computer work not related to job -weekday time spent	
147	WDMRA	Num	8	WDMRA.	Listening to music/reading book etc -weekday time spent	
148	WDPHONE	Num	8	WDPHONE.	Talking/texting on phone -weekday time spent	
149	WDTRANS	Num	8	WDTRANS.	Sitting in car/bus/train etc -weekday time spent	
150	WETV	Num	8	WETV.	Watching TV -weekend time spent	
151	WECWK	Num	8	WECWK.	Using computer for work -weekend time spent	
152	WECNWK	Num	8	WECNWK.	Using computer for non-work -weekend time spent	
153	WENCWK	Num	8	WENCWK.	Doing non-computer work -weekend time spent	

Num	Variable	Type	Len	Format	Label	
154	WENCNWK	Num	8	WENCNWK.	Doing non-computer work not related to job -weekend time spent	
155	WEMRA	Num	8	WEMRA.	Listening to music/reading book etc -weekend time spent	
156	WEPHONE	Num	8	WEPHONE.	Talking/texting on phone -weekend time spent	
157	WETRANS	Num	8	WETRANS.	Sitting in car/bus/train etc -weekend time spent	
158	WEIGH	Num	8	WEIGH.	How often do you weigh yourself	
159	SCALE	Num	8	SCALE.	Have a bathroom scale at home	
160	SIX_MON_Q16	Num	8	SIX_M13F.	Motivation for weight loss	
161	SIX_MON_Q17	Num	8	SIX_M14F.	Self-efficacy for weight loss	
162	SIX_MON_Q18	Num	8	SIX_M15F.	Attitude/behavioral beliefs about weight loss	
163	SIX_MON_Q19	Num	8	SIX_M16F.	Physically active to lose weight	
164	SIX_MON_Q20	Num	8	SIX_M17F.	Breastfeed to lose weight	
165	SIX_MON_Q21	Num	8	SIX_M18F.	Pregnancy weight lose important to spouse	
166	SIX_MON_Q22	Num	8	SIX_M19F.	Pregnancy weight loss important to family members	
167	SIX_MON_Q23	Num	8	SIX_M20F.	Pregnancy weight loss important to friends	
168	SIX_MON_Q24	Num	8	SIX_M21F.	Spouse supports weight loss efforts	
169	SIX_MON_Q25	Num	8	SIX_M22F.	Spouse supports healthy diet	
170	SIX_MON_Q26	Num	8	SIX_M23F.	Spouse eats the same meals	
171	SIX_MON_Q27	Num	8	SIX_M24F.	Spouse joins physical weight lose activities	
172	SIX_MON_Q28	Num	8	SIX_M25F.	Family supports weight loss efforts	
173	SIX_MON_Q29	Num	8	SIX_M26F.	Family supports healthy diet	
174	SIX_MON_Q30	Num	8	SIX_M27F.	Family joins physical weight loss activities	
175	SIX_MON_Q31	Num	8	SIX_M28F.	Friends supports weight loss efforts	
176	SIX_MON_Q32	Num	8	SIX_M29F.	Friends supports healthy diet	
177	SIX_MON_Q33	Num	8	SIX_M30F.	Friends joins physical weight loss activities	
178	q6b	Num	8	Q6B.	Weight gained in pregnancy -pounds	
179	q7	Num	8	Q7FFFFFF.	Weight now without shoes -pounds	
180	SIX_MON_Q34	Num	8	SIX_M31F.	Weight after baby birth	
181	SIX_MON_Q35	Num	8	SIX_M32F.	Amount of retained pregnancy weight	
182	SIX_MON_Q36	Num	8	SIX_M33F.	Present weight low/high	
183	q 9	Num	8	Q9FFFFFF.	Current weight satisfaction	
184	SIX_MON_Q37	Num	8	SIX_M34F.	Did something specific to lose weight	
185	SIX_MON_Q37a	Num	8	SIX_M35F.	Ate less food -weight control	
186	SIX_MON_Q37b	Num	8	SIX_M36F.	Ate different kinds of food -weight control	
187	SIX_MON_Q37c	Num	8	SIX_M37F.	Got more exercise -weight control	
188	SIX_MON_Q37d	Num	8	SIX_M38F.	Breastfed my baby -weight control	
189	SIX_MON_Q37e	Num	8	SIX_M39F.	Other -weight control	
190	SIX_MON_Q37e_spec	Char	500		Other activity -specify	
191	SIX_MON_Q37f	Num	8	SIX_M40F.	Successful activities to lose weight	
192	SIX_MON_Q37f_spec	Char	500		Other activity -specify	

Num	Variable	Type	Len	Format	Label	
193	SIX_MON_Q37g	Num	8	SIX_M41F.	Did nothing to lose weight	
194	BOTHER	Num	8	BOTHER.	Unusually bothered -frequency in past week	
195	KMIND	Num	8	KMIND.	Trouble keeping focused -frequency in past week	
196	DEPRES	Num	8	DEPRES.	Felt depressed -frequency in past week	
197	EFFORT	Num	8	EFFORT.	Felt everything was an effort -frequency in past week	
198	HAPPY	Num	8	HAPPY.	Happy -frequency in past week	
199	FEAR	Num	8	FEAR.	Fearful -frequency in past week	
200	RESTLES	Num	8	RESTLES.	Restless -frequency in past week	
201	НОРЕ	Num	8	HOPE.	Hopeful about future -frequency in past week	
202	LONELY	Num	8	LONELY.	Felt lonely -frequency in past week	
203	GETGO	Num	8	GETGO.	Could not get going -frequency in past week	
204	SIX_MON_Q38	Num	8	SIX_M42F.	Health after delivery	
205	q4a	Num	8	Q4A.	Blamed myself unnecessarily -frequency	
206	q4b	Num	8	Q4B.	Felt scared for no reason -frequency	
207	q4c	Num	8	Q4C.	Anxious for no reason -frequency	
208	q4d	Num	8	Q4D.	Able to laugh -frequency	
209	q4e	Num	8	Q4E.	Unable to sleep -frequency	
210	q4f	Num	8	Q4F.	Crying -frequency	
211	q4g	Num	8	Q4G.	Look forward to things -frequency	
212	q4h	Num	8	Q4H.	Overwhelmed -frequency	
213	q4i	Num	8	Q4I.	Felt sad or miserable -frequency	
214	q4j	Num	8	Q4J.	Thought of harming myself -frequency	
215	q5	Num	8	Q5FFFFFF.	Felt depressed since baby was born	
216	q5a	Num	8	Q5A.	Treating depression -medication/care	
217	SIX_MON_Q39	Num	8	SIX_M43F.	Smoked before last pregnancy	
218	SIX_MON_Q40	Num	8	SIX_M44F.	Smoking behavior during recent pregnancy	
219	TOBACCO	Num	8	TOBACCO.	Use non-cigarette tobacco product	
220	CIGLIFE	Num	8	CIGLIFE.	Smoked 100 cigarettes in life	
221	CIGFREQ	Num	8	CIGFREQ.	How often you smoke	
222	CIGAMNT	Num	8	CIGAMNT.	Cigarettes smoked per day	
223	STOPSMOK	Num	8	STOPSMOK.	Stopped smoking in past 12 months	
224	LASTSMOK	Num	8	LASTSMOK.	Time since last smoked	
225	ALONE	Num	8	ALONE.	Had drink in last 30 days	
226	ALDAYS	Num	8	ALDAYS.	Days had drink in last 30 days	
227	ALDRNKS	Num	8	ALDRNKS.	Drinks per day last 30 days-specify	
228	ALNTIMES	Num	8	ALNTIMES.	Times with 4 or more drinks in last 30 days	
229	ALNTIMES_none	Num	8	ALNTIMEF.	Never had 4 or more drinks in last 30 days	
230	q14	Num	8	Q14FFFFF.	Longest stretch of sleep in last 24 hours	
231	q15	Num	8	Q15FFFFF.	Total sleep in last 24 hours	

Num	Variable	Type	Len	Format	Label	
232	q16_continuous	Num	8	Q16_CONF.	Level of tiredness -continuous	
233	q16	Num	8	Q16FFFFF.	Level of tiredness -discrete	
234	NEREST	Num	8	NEREST.	Days without enough sleep -last 30 days	
235	STAYAWK	Num	8	STAYAWK.	Days with trouble staying awake -days/week	
236	SIX_MON_Q41a	Num	8	SIX_M45F.	Not using any kind of birth control -birth control	
237	SIX_MON_Q41b	Num	8	SIX_M46F.	Shot once a month (Lunelle) -birth control	
238	SIX_MON_Q41c	Num	8	SIX_M47F.	Not having sex (abstinence) -birth control	
239	SIX_MON_Q41d	Num	8	SIX_M48F.	Shot once every 3 months (Depo-Provera) -birth control	
240	SIX_MON_Q41e	Num	8	SIX_M49F.	Tubes tied or closed (female sterilization) -birth control	
241	SIX_MON_Q41f	Num	8	SIX_M50F.	Contraceptive patch (OrthoEvra) -birth control	
242	SIX_MON_Q41g	Num	8	SIX_M51F.	Vasectomy (male sterilization) -birth control	
243	SIX_MON_Q41h	Num	8	SIX_M52F.	Diaphragm cervical cap or sponge -birth control	
244	SIX_MON_Q41i	Num	8	SIX_M53F.	Mini-pill -birth control	
245	SIX_MON_Q41j	Num	8	SIX_M54F.	Pill -birth control	
246	SIX_MON_Q41k	Num	8	SIX_M55F.	Cervical ring (NuvaRing or others) -birth control	
247	SIX_MON_Q411	Num	8	SIX_M56F.	Hormonal IUD (Mirena) -birth control	
248	SIX_MON_Q41m	Num	8	SIX_M57F.	Non-hormonal IUD (Paragard) -birth control	
249	SIX_MON_Q41n	Num	8	SIX_M58F.	Implant (Implanon) -birth control	
250	SIX_MON_Q41o	Num	8	SIX_M59F.	Condoms -birth control	
251	SIX_MON_Q41p	Num	8	SIX_M60F.	Rhythm method or natural family planning -birth control	
252	SIX_MON_Q41q	Num	8	SIX_M61F.	Withdrawal (pulling out) -birth control	
253	stress_q1a	Num	8	STRESS_F.	Upset about unexpected event	
254	stress_q1b	Num	8	STRESSOF.	unable to control important things	
255	stress_q1c	Num	8	STRESS1F.	felt nervous	
256	stress_q1d	Num	8	STRESS2F.	confident to handle personal problems	
257	stress_q1e	Num	8	STRESS3F.	things going your way	
258	stress_q1f	Num	8	STRESS4F.	could not cope	
259	stress_q1g	Num	8	STRESS5F.	control irritations	
260	stress_q1h	Num	8	STRESS6F.	felt you were on top of things	
261	stress_q1i	Num	8	STRESS7F.	angered by uncontrollable events	
262	stress_q1j	Num	8	STRESS8F.	overwhelmed by difficulties	
263	q1	Num	8	Q1FFFFFF.	Illness since birth	
264	q1a	Num	8	Q1A.	Illness since birth - Specify	
265	q1b	Num	8	Q1B.	Days hospitalized	
266	q2	Num	8	Q2FFFFFF.	Breastfeeding now	
267	q2a	Num	8	Q2A.	Breastfeeding times per 24h	
268	q3	Num	8	Q3FFFFFF.	Giving formula/other milk now	
269	SIX_MON_Q42a	Num	8	SIX_M62F.	Formula/milk times per day	
270	SIX_MON_Q42b	Num	8	SIX_M63F.	Formula/milk times per week	

Num	Variable	Type	Len	Format	Label	
271	q3a	Num	8	Q3A.	Formula/other milk amount -ounces	
272	q3b	Num	8	Q3B.	Age started formula -weeks	
273	SIX_MON_Q43	Num	8	SIX_M64F.	Giving baby food/strained mashed table foods	
274	SIX_MON_Q44	Num	8	SIX_M65F.	Baby food/mashed table foods per day	
275	SIX_MON_Q45	Num	8	SIX_M66F.	Age started solid foods -weeks	
276	q2b	Num	8	Q2B.	Breastfed ever	
277	q3b_new	Num	8	Q3B_NEW.	Age started formula -weeks	
278	SIX_MON_Q46	Num	8	SIX_M67F.	Age stopped breastfeeding -weeks	
279	SIX_MON_Q47	Num	8	SIX_M68F.	Breastfed for as long as wanted	
280	SIX_MON_Q48a	Num	8	SIX_M69F.	The baby's father -breastfeeding support	
281	SIX_MON_Q48b	Num	8	SIX_M70F.	Your mother -breastfeeding support	
282	SIX_MON_Q48c	Num	8	SIX_M71F.	Your mother-in-law -breastfeeding support	
283	SIX_MON_Q48d	Num	8	SIX_M72F.	Your grandmother -breastfeeding support	
284	SIX_MON_Q48e	Num	8	SIX_M73F.	Another family member -breastfeeding support	
285	SIX_MON_Q48f	Num	8	SIX_M74F.	A doctor or other health professional -breastfeeding support	
286	SIX_MON_Q48g	Num	8	SIX_M75F.	Your employer or supervisor -breastfeeding support	
287	SIX_MON_Q48h	Num	8	SIX_M76F.	A breastfeeding support group -breastfeeding support	
288	SIX_MON_Q48i	Num	8	SIX_M77F.	The eMomsRoc community -breastfeeding support	
289	support_Q1_cont	Num	8	SUPPORTF.	Have caring people -continuous	
290	support_Q1	Num	8	SUPPOR0F.	Have caring people -discrete	
291	support_Q2_cont	Num	8	SUPPOR1F.	Have love and affection -continuous	
292	support_Q2	Num	8	SUPPOR2F.	Have love and affection -discrete	
293	support_Q3_cont	Num	8	SUPPOR3F.	Have chances to talk about problems -continuous	
294	support_Q3	Num	8	SUPPOR4F.	Have chances to talk about problems -discrete	
295	support_Q4_cont	Num	8	SUPPOR5F.	Have chances to talk with trusted other -continuous	
296	support_Q4	Num	8	SUPPOR6F.	Have chances to talk with trusted other -discrete	
297	support_Q5_cont	Num	8	SUPPOR7F.	Have chances to talk about money -continuous	
298	support_Q5	Num	8	SUPPOR8F.	Have chances to talk about money -discrete	
299	support_Q6_cont	Num	8	SUPPOR9F.	Have invitations to go out/to do things -continuous	
300	support_Q6	Num	8	SUPPO10F.	Have invitations to go out/to do things -discrete	
301	support_Q7_cont	Num	8	SUPPO11F.	Have useful advice -continuous	
302	support_Q7	Num	8	SUPPO12F.	Have useful advice -discrete	
303	support_Q8_cont	Num	8	SUPPO13F.	Have help while sick -continuous	
304	support_Q8	Num	8	SUPPO14F.	Have help while sick -discrete	
305	support_Q9_cont	Num	8	SUPPO15F.	Have help for house/child care -continuous	
306	support_Q9	Num	8	SUPPO16F.	Have help for house/child care -discrete	
307	support_Q10_cont	Num	8	SUPPO17F.	Have people who help make ends meet -continuous	
308	support_Q10	Num	8	SUPPO18F.	Have people who help make ends meet -discrete	
309	support_Q11	Num	8	SUPPO19F.	How supportive is father of baby	

Num	Variable	Type	Len	Format	Label	
310	SIX_MON_Q49a	Num	8	SIX_M78F.	Being a mom - connection w/e-moms website	
311	SIX_MON_Q49b	Num	8	SIX_M79F.	Nutrition - connection w/e-moms website	
312	SIX_MON_Q49c	Num	8	SIX_M80F.	Physical activity - connection w/e-moms website	
313	SIX_MON_Q49d	Num	8	SIX_M81F.	eight - connection w/e-moms website	
314	SIX_MON_Q49e	Num	8	SIX_M82F.	Infant feeding - connection w/e-moms website	
315	SIX_MON_Q49f	Num	8	SIX_M83F.	Other - connection w/e-moms website	
316	SIX_MON_Q49f_spec	Char	60		Connected on eMomsRoc website - Other - Specify	
317	SIX_MON_Q50a	Num	8	SIX_M84F.	Never posted messages on eMomsRoc web site	
318	SIX_MON_Q50b	Num	8	SIX_M85F.	Comfortable sharing thoughts with eMomsRoc members	
319	SIX_MON_Q50c	Num	8	SIX_M86F.	By giving advice my own health efforts were reinforced.	
320	SIX_MON_Q50d	Num	8	SIX_M87F.	Being anonymous made it easier to share personal information	
321	SIX_MON_Q50e	Num	8	SIX_M88F.	I got advice and support that I could not find anywhere else.	
322	SIX_MON_Q50f	Num	8	SIX_M89F.	It was comforting to know that I wasn't alone in being a mom.	
323	SIX_MON_Q50g	Num	8	SIX_M90F.	The fact that eMomsRoc is available whenever I need it was important	
324	SIX_MON_Q50h	Num	8	SIX_M91F.	I felt supported and encouraged by other eMomsRoc members.	
325	SIX_MON_Q50i	Num	8	SIX_M92F.	Advice from people in different stages was helpful to me.	
326	SIX_MON_Q50j	Num	8	SIX_M93F.	Received negative or critical comments from other eMomsRoc members	
327	SIX_MON_Q50k	Num	8	SIX_M94F.	I received some bad information or advice from someone on eMomsRoc	
328	SIX_MON_Q51	Num	8	SIX_M95F.	Planning for another baby	
329	SIX_MON_Q52	Num	8	SIX_M96F.	Pregnant now	
330	q20	Num	8	Q20FFFFF.	Working job for pay	
331	q20a	Num	8	Q20A.	Baby age when you returned to work -weeks	
332	q20a_new	Num	8	Q20A_NEW.	Baby age when you returned to work -months	
333	SIX_MON_Q53	Num	8	SIX_100F.	Happy with job	
334	q20b	Num	8	Q20B.	Work hours per week	
335	SIX_MON_Q54a	Num	8	SIX_101F.	Think of alternatives -problem solving	
336	SIX_MON_Q54b	Num	8	SIX_102F.	Ability to solve most problems -problem solving	
337	SIX_MON_Q54c	Num	8	SIX_103F.	Many problems are too complex for me -problem solving	
338	SIX_MON_Q54d	Num	8	SIX_104F.	I am happy with decisions I make -problem solving	
339	SIX_MON_Q54e	Num	8	SIX_105F.	Almost certain plans will work -problem solving	
340	SIX_MON_Q54f	Num	8	SIX_106F.	Given enough time/effort I can solve most problems -problem solving	
341	SIX_MON_Q54g	Num	8	SIX_107F.	I can handle problems in new situations -problem solving	
342	SIX_MON_Q54h	Num	8	SIX_108F.	Trust my ability to solve new problems -problem solving	
343	SIX_MON_Q54i	Num	8	SIX_109F.	Expected outcome is usually actual outcome -problem solving	
344	SIX_MON_Q54j	Num	8	SIX_110F.	Unsure of situation when presented with problem -problem solving	
345	SIX_MON_Q54k	Num	8	SIX_111F.	Try to find out exactly the problem -problem solving	
346	HOUSING	Num	8	HOUSING.	Neighborhood housing type	
347	neighbor_Q2	Num	8	NEIGHBOF.	High quality fresh fruit/vegetables in neighborhood	
348	neighbor_Q3	Num	8	NEIGHB0F.	Large selection of fresh fruit/vegetables in neighborhood	

Num	Variable	Type	Len	Format	Label		
349	neighbor_Q4	Num		NEIGHB1F.	Low-fat products available in neighborhood		
350	0 - 0	Num			You/any household member do vegetable gardening		
351	neighbor_Q6	Num	8	NEIGHB3F.	You/any household member buy food from farmers market		
352	neighbor_Q7			NEIGHB4F.	Know about food organizations		
353	neighbor_Q8	Num	8	NEIGHB5F.	Have gotten food from organization past year		
354		Num	8	NSHOPS.	Shops within walking distance -neighborhood		
355	NTRANS	Num	8	NTRANS.	10-15 minute walk to transit -neighborhood		
356	NSIDEWLK	Num	8	NSIDEWLK.	Sidewalks on streets -neighborhood		
357	NBIKE	Num	8	NBIKE.	Facilities for biking -neighborhood		
358	NRECR	Num	8	NRECR.	Low cost recreation -neighborhood		
359	NCRIME	Num	8	NCRIME.	Crime rate makes it unsafe -neighborhood		
360	MVNUM	Num	8	MVNUM.	Number of vehicles in working order		
361	VEHICLES_NOTSURE	Num	8	VEHICLEF.	Motor vehicles in working order -Not Sure		
362	INCOME	Num	8	INCOME.	Income in the past 12 months		
363	newid	Num	8		Public Use ID		
364	StartDays	Num	8		Days from Rand. at PN1 Start date		
365	FinishDays	Num	8		Days from Rand. at PN1 Finish date		
366	SR6mWTDays	Num	8		Days from randomization of Self-reported 6 Mo. weight		
367	Nextbaby_lmp_days	Num	8		Days from randomization for next baby LMP		
368	Nextbaby_Due_days	Num	8		Days from randomization for next baby Due		
369	educnew	Num	8		Highest Grade in School		
370	nchildnew	Num	8		Number of children under age 18 living in home		
371	nadultnew	Num	8		Number of adults living in home		
372	relatnew	Num	8		Current relationship status		

Data Set Name: ppmweights.sas7bdat

Num	Variable	Type	Len	Format	Informat	Label
1	newid	Num	8			Public Use ID
2	height1	Num	8			height1
3	height1_units	Num	8			height1_units
4	height2	Num	8			height2
5	height2_units	Num	8			height2_units
6	height3	Num	8			height3
7	height3_units	Num	8			height3_units
8	WT6mDays	Num	8			Delivery to 6mo WT measurement date (days)
9	weight_6mos_value_1	Num	8			weight_6mos_value_1
10	weight_6mos_units_1	Num	8			weight_6mos_units_1
11	weight_6mos_value_2	Num	8			weight_6mos_value_2
12	weight_6mos_units_2	Num	8			weight_6mos_units_2
13	weight_6mos_value_3	Num	8			weight_6mos_value_3
14	weight_6mos_units_3	Num	8			weight_6mos_units_3
15	WT6m_window	Num	8			6Mo Wt within window: 152-244 days PPM
16	weight_6mos_pregnant_again	Num	8	2.	2.	weight_6mos_pregnant_again
17	WT12mDays	Num	8			Delivery to 12mo WT measurement date (days)
18	weight_12mos_value_1	Num	8			weight_12mos_value_1
19	weight_12mos_units_1	Num	8			weight_12mos_units_1
20	weight_12mos_value_2	Num	8			weight_12mos_value_2
21	weight_12mos_units_2	Num	8			weight_12mos_units_2
22	weight_12mos_value_3	Num	8			weight_12mos_value_3
23	weight_12mos_units_3	Num	8			weight_12mos_units_3
24	WT12m_window	Num	8			12Mo Wt within window: 320-412 days PPM
25	weight_12mos_pregnant_again	Num	8	2.	2.	weight_12mos_pregnant_again
26	WT18mDays	Num	8			Delivery to 18mo WT measurement date (days)
27	weight_18mos_value_1	Num	8			weight_18mos_value_1
28	weight_18mos_units_1	Num	8			weight_18mos_units_1
29	weight_18mos_value_2	Num	8			weight_18mos_value_2
30	weight_18mos_units_2	Num	8			weight_18mos_units_2
31	weight_18mos_value_3	Num	8			weight_18mos_value_3
32	weight_18mos_units_3	Num	8			weight_18mos_units_3
33	WT18m_window	Num	8			18Mo Wt within window: 489-588 days PPM
34	weight_18mos_pregnant_again	Num	8	2.	2.	weight_18mos_pregnant_again

Data Set Name: pregweights.sas7bdat

Num	Variable	Type	Len	Label	
1	newid	Num	8	Public Use ID	
2	OBVisitDays	Num	8	Days from Rand. at OB visit	
3	pregwt_kg	Num	8	Weight at visit (kg)	
4	pe_bp1	Num	8	Systolic in mm Hg	
5	pe_bp2	Num	8	Diastolic in mm Hg	
6	edema	Num	8	edema	
7	albumin	Num	8	albumin	
8	sugar	Num	8	sugar	
9	ketones	Num	8	ketones	
10	gtt	Num	8	Glucose Tolerance Test: 1 hr screen was given	
11	gtt_result	Num	8	GTT screen result (mg/dl)	
12	gtthrs	Num	8	GTT multihour test was given	
13	glucose	Num	8	Amount of glucose administered	
14	result	Num	8	Fasting result (mg/dl)	
15	result1	Num	8	One hour result (mg/dl)	
16	result2	Num	8	Two hour result (mg/dl)	
17	result3	Num	8	Three hour result (mg/dl)	

Data Set Name: screenerpu.sas7bdat

Num	Variable	Type	Len	Format	Informat	Label
1	newid	Num	8			PU subject ID
2	age_yrs	Num	8			Age of subject at screening
3	American_indian_and_alaska_nativ	Char	3	\$3.	\$3.	American Indian and Alaska Native
4	asian	Char	3	\$3.	\$3.	Asian
5	Black_or_african_american	Char	3	\$3.	\$3.	Black or African American
6	white	Char	3	\$3.	\$3.	White
7	other_race	Char	3	\$3.	\$3.	Other race
8	hispanic	Char	3	\$3.	\$3.	hispanic
9	insurance_type	Char	22	\$22.	\$22.	insurance type
10	insurance_type_specify	Char	112	\$112.	\$112.	insurance type specify
11	height	Num	8			Height at screening (in)
12	height_self_report	Char	3	\$3.	\$3.	was height indicated as self-reported
13	weight	Num	8			Weight at screening (lbs)
14	weight_self_report	Char	3	\$3.	\$3.	participant indicated recruitment weight was self-reported or not
15	pre_weight	Num	8			Pre-pregnancy weight reported at screening (lbs)
16	pre_weight_self_report	Char	3	\$3.	\$3.	participant's indication of whether weight was self-reported
17	ineligible	Num	8			Indicator: subject is ineligible
18	consent	Num	8			Indicator: subject consent given
19	saliva	Char	34	\$34.	\$34.	was saliva provided
20	dna_researchers	Char	3	\$3.	\$3.	Consent for external researchers to access de-identified DNA data
21	inelig1	Num	8			Ineligible-Not interested in participating
22	inelig2	Num	8			Ineligible-Not planning to carry to term
23	inelig3	Num	8			Ineligible-Does not plan to be in area for two years
24	inelig4	Num	8			Ineligible-Weeks gestation >20
25	inelig5	Num	8			Ineligible-BMI below range
26	inelig6	Num	8			Ineligible-BMI above range
27	inelig7	Num	8			Ineligible-BMI out of range
28	inelig8	Num	8			Ineligible-Age below range
29	inelig9	Num	8			Ineligible-Age above range
30	inelig10	Num	8			Ineligible-Age out of range
31	inelig11	Num	8			Ineligible-No valid e-mail address
32	inelig12	Num	8			Ineligible-Not delivering in four hospitals
33	inelig13	Num	8			Ineligible-Not planning to keep the baby
34	inelig14	Num	8			Ineligible-Had or plans to have weight loss surgery

Num	Variable	Type	Len	Format	Informat	Label
35	inelig15	Num	8			Ineligible-Enrolled in weight loss study
36	inelig16	Num	8			Ineligible-Having multiple babies
37	inelig17	Num	8			Ineligible-Using systemic steroids
38	inelig18	Num	8			Ineligible-Taking weight loss drugs
39	inelig19	Num	8			Ineligible-On diabetes medications
40	inelig20	Num	8			Ineligible-Hypertension treated with medication
41	inelig21	Num	8			Ineligible-Has a medical condition we exclude
42	inelig22	Num	8			Ineligible-Has a mental condition we exclude
43	inelig23	Num	8			Ineligible-mental health medication we exclude
44	inelig24	Num	8			Ineligible-Has an eating disorder
45	inelig25	Num	8			Ineligible-Has bulimia
46	inelig26	Num	8			Ineligible-cardiovascular event
47	inelig27	Num	8			Ineligible-cancer treatment/remission<5 yrs
48	inelig28	Num	8			Ineligible-Already enrolled in e-Moms
49	inelig29	Num	8			Ineligible-Doesnt understand English
50	inelig30	Num	8			Ineligible-Is not mentally competent
51	inelig31	Num	8			Ineligible-Household Member on e-Moms Roc staff
52	inelig32	Num	8			Ineligible-History of >=3 fetal loss
53	inelig33	Num	8			Ineligible-Fraudulent entry attempt
54	arm	Num	8			Randomized Arm
55	strata	Num	8			Strata
56	eligedd_days	Num	8			Randomization to expected delivery (days), given at screening
57	excl_code	Num	8			Exclusion Code

$Data\ Set\ Name:\ term_comments.sas7bdat$

Num	Variable	Type	Len	Format	Informat	Label
1	term_comments	Char	257	\$257.	\$257.	adv_ter_q3_comments
2	newid	Num	8			Public Use ID

Data Set Name: terminations.sas7bdat

Num	Variable	Type	Len	Label
1	newid	Num	8	Public Use ID
2	TermEventDays	Num	8	Days from Rand. to Termination Event
3	TermNoticeDays	Num	8	Days from Rand. to Termination Notification
4	term_reason	Num	8	Reason for Termination
5	wdraw_reason	Num	8	Reason for Withdrawal

Data Set Name: ultrasound.sas7bdat

Num	Variable	Type	Len	Label
1	newid	Num	8	Public Use ID
2	USVisitDays	Num	8	Days from Rand. at Ultrasound visit
3	ga_lmp_weeks	Num	8	gestational age based on LMP: weeks
4	ga_lmp_days	Num	8	gestational age based on LMP: days
5	ga_us_weeks	Num	8	gestational age based on U/S: weeks
6	ga_us_days	Num	8	gestational age based on U/S: days
7	ga_best_weeks	Num	8	best gestational age: weeks
8	ga_best_days	Num	8	best gestational age: days

Data Set Name: webactions.sas7bdat

Num	Variable	Type	Len	Format	Informat	Label
1	newid	Num	8			Public Use ID
2	action_type	Char	21	\$21.	\$21.	Type of activity on website
3	actiondays	Num	8			Days from Rand. to Web Activity
4	action_value	Char	39	\$39.	\$39.	Subject provided information related to action