DISC
GIRLS FOLLOW-UP STUDY


21558

## Please Use Black Pen

DISC 01
Rev 0 02/09/2006
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## Correction $\bigcirc$

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This questionnaire asks general information about you.

1. What is your date of birth?

2. What is your current age? $\square$ years old
3. What is your race? (Answer each item)
A. White
O Yes
O No
B. Black or African American
O Yes
O No
C. Asian
O Yes
O No
D. American Indian or Alaska Native
O Yes
O No
E. Native Hawaiian or Other Pacific Islander
O Yes
O No
F. Some other race
O Yes
O No Specify
4. Are you Spanish, Hispanic or Latino? O Yes O No
5. What is your ancestry or ethnic origin? Some examples include Irish, Mexican, Nigerian and Chinese.

Please specify one or more:
6. What is the highest level of education you have completed? (Choose only one)
O Less than 8 years

- 8-11 years (without graduation)
O High school graduate or G.E.D.
Some college or university
Bachelor's degree
- Graduate degree

Vocational or technical school after high school
7. Are you currently enrolled in school?

O Yes, full-timeYes, part-time
O No
O
8. What is your occupation?
9. Do you currently work for pay?

O Yes, full-timeYes, part-time
O No
10. Do you currently do volunteer work?Yes, full-time
Yes, part-time
O No
11. What is your current marital status? (Choose only one)

- Single, never married
Separated
Married
Divorced
O Living as if married
- Widowed
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## Correction $\bigcirc$

This questionnaire asks about your menstrual periods. Some of the questions ask you to give ages when certain things happened. If you are not sure about the exact age, please give your best estimate.

1. Have you ever had a menstrual period?

O Yes

years old
2. How old were you when you had your first period? $\square$
3. Not including the first few years after you started your period, during most of your life, have your periods been regular? That is, when you were not pregnant, breast feeding, or using hormones for birth control, did your periods usually occur when expected?
O Yes

ONo
4. Not including when you were pregnant, breast feeding, or using hormones for birth control, how many days are there usually between your periods? Please start with the first day of your period
 days and count up to, but not including, the first day of your next period.
5. Did you bring your menstrual calendar?

O Yes
O No
6. If you brought your menstrual calendar, what is the date you recorded for the start of your last period? If you do not have your calendar, what is the date your last period started? (If less than one month from today, skip to item 8)
7. If longer than one month, why have you not had a period in the past month? (Choose only one)
O Normally have long intervals between periods
O Used birth control pills, patches, vaginal rings, or implants to skip periods

O Irregular / skipped periods
○ Do not know

O Pregnancy
O Other (Specify)

O Hysterectomy (uterus removed) or ovaries removed
8. Not including when you were pregnant, breast feeding or using hormones for birth control, did you ever go without any period for at least one year?

O Yes $\quad$ O No (If No, Skip items $\mathbf{9 - 1 0}$ )
9. Not including when you were pregnant, breast feeding or using hormones for birth control, how long was the longest time you went without having a period?

(Refer to Decimal Table)
10. Related to number 8 , why did you go without a period?
(Choose only one)
O Hysterectomy (uterus removed)
O Do not know
O Oophorectomy (ovaries removed)
O Other (Specify) $\qquad$


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This questionnaire asks about your pregnancy history. Some questions ask you to give specific ages and times, if you are not exactly sure please give your best estimate.

1. Have you ever tried for one straight year to become pregnant and during that time did not become pregnant?

O Yes $\quad$ O No (If No, skip to item 9)
2. Did you or your partner ever visit a doctor because you had trouble getting pregnant?
O Yes
O No
3. Do you know the reason you had trouble getting pregnant? (Answer each item)
A. Problems with ovaries
O Yes
○ No
E. Partner had problem
O Yes
O No
B. Problems with fallopian tubes
O Yes
O No
C. Problems with uterus or cervix
O Yes
○ No
D. Hormonal problem
O Yes
O No
F. No problem found
O Yes
O No
G. Do not know
O Yes
O No
H. Other fertility problem (Specify) O Yes O No
4. Were you ever prescribed any medications to help you get pregnant?

○ Yes (complete table below) ○ No (If No, skip to item 9)
Please fill in the responses below for each medication you took to help you become pregnant
A. Name of Medication
5. 1st Med
6. 2nd Med
7. 3rd Med
8. 4th Med
9. Have you ever been pregnant or are you currently pregnant? Please include live births, still births, miscarriages, tubal, ectopic or molar pregnancies and induced or elective abortions.
B. Age when you started taking medication?

years

years

years
$\square$
C. How long took medication
 months
 months
 months

10. How many times have you been pregnant? Be sure to count your current pregnancy if you are pregnant now, and include all pregnancies even if they did not result in a live birth.

11. Are you pregnant now?
O Yes
O No
$\square$
$\square$

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Please fill in the responses below for each of your pregnancies, starting with your current pregnancy if you are pregnant now, or your most recent if you are not pregnant now. Be sure to include all pregnancies; live birth, stillbirth, miscarriage, tubal, ectopic or molar pregnancies, and induced or elective abortions. If you are currently breastfeeding please record the number of weeks you have breastfed so far.
A. Month and year pregnancy ended?
12.


OR
○ Currently pregnant
13.

$\bigcirc$ Yes
O No

O Unknown
14.


O Yes
No
Onknown
15.

16.


O Unknown
17.


O Yes
O No
O Unknown
$\bigcirc$ Yes ->
$\bigcirc$ Yes ->
O No
O No

O Yes
○ No
$\bigcirc$ Yes ->
O No
$\bigcirc$ Yes ->
$\bigcirc$ No


O Unknown
$\bigcirc$ Yes $->$
O No
$\bigcirc$ Yes ->
O No
$\bigcirc$ Yes
○ No

○ Unknown
$\bigcirc$ Yes $=>$
○ No
○ Yes ->
○ No

18.

$\square$
$\square$

ID:




This questionnaire asks about your use of hormone medications. Some questions ask you to give specific ages and times, if you are not exactly sure please give your best estimate. The first questions are about birth control pills.

1. Did you ever take birth control pills for any reason?
O Yes O No (If No, skip to item 11)
2. Do you currently take birth control pills?
O Yes
O No
A. If Yes, what is the name of the birth control pill that you are currently taking?
B. If No, when did you most recently stop taking birth control pills?


Please provide the information below for each type/brand of birth control pills you ever took beginning with the pills you are currently taking or the pills you took most recently. If you stopped taking a particular brand for a month or more and then restarted the same brand, record each of the time periods on a different line. Some women use birth control pills to decrease how often they have their period. If you do not do this you probably have a period each month or 12 periods per year, so you would record 12 in column B. If you only have a period once every 3 months, you would record 04 in column $B$ (12 divided by $3=4$ ).



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This questionnaire continues to ask about your use of hormone medications. Some questions ask you to give specific ages and times, if you are not exactly sure please give your best estimate.

These questions are about contraceptive or hormone patches.
11. Did you ever use a contraceptive patch or hormone skin patch to prevent pregnancy or for any other reason?

O No (If No, skip to item 18)
12. Do you currently use a contraceptive patch?

O Yes
O No
A. If Yes, what is the name of the contraceptive patch that you are currently using?
B. If No, when did you most recently stop using a contraceptive patch?


Please provide the information below for each type/brand of contraceptive patch you ever used beginning with the patch you are currently using or the patch you used most recently. If you stopped using a particular brand for a month or more and then restarted the same brand, record each of the time periods on a different line. Some women use a contraceptive patch to decrease how often they have their period. If you do not do this you probably have a period each month or 12 periods per year, so you would record 12 in column B. If you only have a period once every 3 months, you would record 04 in column $B(12$ divided by $3=4)$.

## A. Name of contraceptive patch <br> B. Frequency of periods per year

13. 1st
```
O Unknown
```

14. 2nd

O Unknown
15. 3rd
O Unknown
16. 4th

○ Unknown
17. 5th

○ Unknown

C. Age started
 years
 years
D. Age stopped
E. Total number of years used patch?


Refer to Decimal Table
 years

years
 years

 years
$\square$
$\square$

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This questionnaire continues to ask about your use of hormone medications. Some questions ask you to give specific ages and times, if you are not exactly sure please give your best estimate.

These questions are about vaginal rings.
18. Did you ever use a vaginal ring to prevent pregnancy or for any other reason?

O Yes O No (If No, skip to item 25)
19. Do you currently use a vaginal ring?

O Yes
O No
A. If Yes, what is the name of the vaginal ring that you are currently using?
B. If No, when did you most recently stop using a vaginal ring?


Please provide the information below for each type/brand of vaginal rings you ever used beginning with the vaginal ring you are currently using or the vaginal ring you used most recently. If you stopped using a particular brand for a month or more and then restarted the same brand, record each of the time periods on a different line. Some women use a vaginal ring to decrease how often they have their period. If you do not do this you probably have a period each month or 12 periods per year, so you would record 12 in column B. If you only have a period once every 3 months, you would record 04 in column $B(12$ divided by $3=4)$.

## A. Name of vaginal ring

20. 1st

> Unknown
21. 2nd

O Unknown
22. 3rd

O Unknown
23. 4th $\qquad$
Unknown
24. 5th $\qquad$
B. Frequency of periods per year

C. Age
D. Age stopped
 ○urrently using
 years

 |  | $\begin{array}{l}\text { per } \\ \text { year }\end{array}$ |
| :--- | :--- |




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This questionnaire continues to ask about your use of hormone medications. Some questions ask you to give specific ages and times, if you are not exactly sure please give your best estimate.

These questions are about shots or implants to prevent pregnancy.
25. Did you ever have shots or an implant to prevent pregnancy?

Some shots and implants used to prevent pregnancies are Depo-Provera and Norplant.

O Yes ○ No (If No, skip to item 32)
26. Do you currently get shots or implants to prevent pregnancy?Yes O No
A. If Yes, what is the name of the shot or implant that you are currently using?
B. If No, when did you most recently stop using shots or implants?


Please provide the information below for each type/brand of shot or implant you ever used beginning with the shot or implant you are currently using or the shot or implant you used most recently. If you stopped using a particular brand for a month or more and then restarted the same brand, record each of the time periods on a different line.
$\begin{array}{ll}\text { A. Name of shot or implant } & \begin{array}{l}\text { B. Age } \\ \text { started }\end{array}\end{array}$
27. 1st

28. 2nd

O Unknown
29. 3rd

```
O Unknown
```

30. 4th

O Unknown
31. 5th

O Unknown

C. Age stopped
D. Total number of years used shot or implant?


Refer to Decimal Table

years

years
 years
 years

$\square$

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Women sometimes take androgens like testosterone, androstenedione and DHEAS to make them more muscular or stronger, to increase their sex drive or to make them feel better. The next group of questions is about these hormones. Some questions ask you to give specific ages and times, if you are not exactly sure please give your best estimate.
32. Did you ever take androgens including testosterone, androstenedione and DHEAS?
O YesNo
(If No, skip to item 39)
33. Do you currently take testosterone, androstenedione or DHEAS?
O Yes
O No
A. If Yes, what is the name of the testosterone, androstenedione or DHEAS that you are currently taking?
B. If No, when did you most recently stop taking testosterone, androstenedione and DHEAS?


Please provide the information below for each type/brand of androgen you ever used beginning with the androgen you are currently using or the androgen you used most recently. If you stopped using a particular brand for a month or more and then restarted the same brand, record each of the time periods on a different line.
34. 1st
A. Name of androgen
B. Age started
$\square$ years Unknown
35. 2nd

O Unknown
36. 3rd

O Unknown
37. 4th

Unknown
38. 5th

O Unknown
$\square$ years
 years
 years

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This questionnaire continues to ask about your use of hormone medications. Some questions ask you to give specific ages and times, if you are not exactly sure please give your best estimate.
39. Not including creams and suppositories that contain hormones, have you ever taken any other female or male hormones that you have not already reported?

O Yes
O No
(If No, skip to end)
40. Not including creams and suppositories that contain hormones, are you currently taking any other female or male hormones that you have not already reported?

O Yes ONo
A. If Yes, what are you taking?
B. If No, when did you most recently stop taking female or male hormones?


Please provide the information below for each type/brand of hormone you ever used beginning with the hormone you are currently using or the hormone you used most recently and have not already reported. If you stopped using a particular brand for a month or more and then restarted the same brand, record each of the time periods on a different line.

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This questionnaire asks about certain diseases, conditions and surgeries you may have had. Did a doctor ever tell you that you had any of the following conditions? (Answer each item)
A. Doctor said you had
B. Description
Condition

1. High blood pressure or hypertension (Please
do not answer yes if it only occured during
pregnancy.)
2. Diabetes (Please do not answer yes if it only
occured during pregnancy.)
3. High blood pressure or hypertension (Please do not answer yes if it only occured during pregnancy.)
4. Diabetes (Please do not answer yes if it only occured during pregnancy.)
5. High blood cholesterol
6. Heart problem
7. Asthma
8. Lung problem not including asthma
9. Thyroid gland problem
10. Gallstone or other gall bladder problem
11. Kidney or urinary bladder problem
(please do not include urinary tract infections)
12. Liver disease like hepatitis
13. Chronic stomach or intestinal problem like colitis or an ulcer
14. Depression
Yes No Do not know

If yes, please describe
Yes No Do not know
$\bigcirc$
$\bigcirc$
$\bigcirc$
$\bigcirc \bigcirc \bigcirc$

○

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This page of the questionnaire continues to ask about certain diseases, conditions and surgeries you may have had. Did a doctor ever tell you that you had any of the following conditions? (Answer each item)

| Condition | A. Doctor said you had |  |  | B. Description |
| :---: | :---: | :---: | :---: | :---: |
|  | Yes | No | Do not know | If yes, please describe |
| 13. Anxiety disorder | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 14. Psychological problem other than depression or anxiety | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 15. Seizure disorder or epilepsy | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 16. Stroke | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 17. Other neurological disorders like multiple sclerosis | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 18. Breast cysts | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 19. Polycystic ovary syndrome (PCOS) | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 20. Ovarian cysts not including PCOS | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 21. Endometriosis | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 22. Pelvic Inflammatory Disease (PID) | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 23. Uterine fibroids | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 24. Autoimmune disease like lupus or meumatoid arthritis | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 25. Cancer | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 26. Any other health conditions | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |

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The next group of questions ask about medical procedures and operations that you may have had. Some questions ask you to give specific ages and times, if you are not exactly sure please give your best estimate.
27. Did you ever have a mammogram?
28. How old were you when you first had a mammogram?
O Yes
$\square$
O No (If No, skip to item 30) years old
29. In total, how many mammograms have you had in your whole life?
30. Have you ever had any type of breast surgery or procedure for any reason?
31. How many breast surgeries or procedures have you had?
$\square$ number of mammograms
$\square$ number of surgeries/procedures

Please provide the information for each type of breast procedure or surgery that you ever had.
32. What was the procedure or surgery you had? (Answer each item) If Yes, what was the date of the surgery or procedure?

## 1. Had procedure

A. Biopsy - right breast

O Yes
○ No

O Yes
O No
$\bigcirc$ Yes
O No

O Yes
O No
$\bigcirc$ Yes
O No
$\bigcirc$ Yes
$\bigcirc$ Yes

Yes
O No

Yes
O No
J. Breast reduction surgery
K. If biopsy or lumpectomy: Was cancer found?

Yes
O No
Yes

## 2. P rocedure date



OR


OR


OR


OR


OR

$\qquad$
$\square$
$\square$

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These questions continue to ask about medical procedures and operations that you may have had. Some questions ask you to give specific ages and times, if you are not exactly sure please give your best estimate.
33. Have you had a hysterectomy or your uterus removed?

O Yes
O No
(If No, skip to item 36)
34. When did you have the hysterectomy?
A. Date

/

OR
B. Age

35. What was the reason you had a hysterectomy?
36. Have you ever had an operation(s) where one or both of your ovaries were surgically removed?

O Yes O No
37. Most women are born with two ovaries, how many ovaries do you currently have? $\square$ number of ovaries
38. How many procedures or operations have you had on your ovaries?number of operations
(If 0 skip to item 41)

Please provide the information for each procedure or operation that you ever had on your ovaries.
39. What was the procedure or operation that (Answer each item) you had?

1. Had procedure
A. Ovarian biopsy
O Yes
O No
O Yes
O No
O Yes
O No
O Yes
O Yes
O No
E. Part of an ovary removed
O Yes
O No
F. If biopsy: Was cancer found?
O No
2. If one or both ovaries were removed, what was the reason?

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These questions continue to ask about medical procedures and operations that you may have had. Some questions ask you to give specific ages and times, if you are not exactly sure please give your best estimate.
41. Did you ever have surgery to remove all or part of your thyroid gland?

O Yes $\quad$ O No (If No, skip to item 44)
42. How old were you when you had all or part of your thyroid gland removed? $\square$ years old
43. What was the reason you had all or part of your thyroid gland removed?
44. Did you ever have surgery to remove your gall bladder?

O Yes $\quad$ O No (If No, skip to item 47)
45. How old were you when you had your gall bladder removed?

46. What was the reason you had your gall bladder removed?
47. Did you ever have any other surgeries?Yes
O No

If Yes, please describe.
$\qquad$
$\square$
$\square$

DISC
Medication Use Questionnaire

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This questionnaire asks about your medication use including prescription and non-prescription drugs. This does not include vitamins, minerals or dietary supplements.
Have you ever taken any of the following medications on a regular basis, that is four or more times per week for at least two weeks? If Yes, please list the names of all medications under the category or mark unknown. Age started would be the first time you ever took the medication and stopped is the most recent age you stopped taking the medication. Total years would be the total length of time you took all the medications listed in this category.

$\qquad$
$\square$ $\square$



| Medication | A. Have you taken this type? | B. Medication name(s) | C. Age started this type of medication? | D. Age stopped this type of medication | E. Total years took this type of medication? |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 8. Antibiotics | Yes -> No Unknown |  |  | years | $\square$ years <br> Refer to Decimal Table) |
| 9. Sedatives or anti-anxiety medication including sleeping pills (eg. Valium, Xanax) | Yes -> No Unknown | Name Unknown |  | years | $\square$ years |
| 10. Simulants to keep you awake (eg. No-Doz) | Yes -> No Unknown | Name Unknown |  | Currently taking $\square$ years | (Refer to Decimal Table) $\square$ years |
| 11. Laxatives | Yes -> No Unknown | O Name Unknown |  | $\square$ years Currently taking | $\square$ years <br> (Refer to Decimal Table) |
| 12. Medication for weight control | Yes -> No Unknown | O Name Unknown |  | $\square$ years <br> Currently taking | $\square$ years (Refer to Decimal Table) |
| 13. Blood pressure medication | Yes -> No Unknown | O Name Unknown |  | years | $\square$ years <br> (Refer to Decimal Table) |
| 14. Cholesterol lowering medication | Yes -> No Unknown | O Name Unkn |  | years | $\square$ years |
| 15. Retinoids (eg. Accutane, Soriatane) | Yes -> No Unknown | O Name Unknown |  | $\square$ years <br> Currently taking | $\square$ years <br> (Refer to Decimal Table) |
| 16. Any other medication | O Y <br> Yes -> No Unknown | O Name Unknown |  | $\square$ years Currently taking | $\square$ years <br> Refer to Decimal Table) |

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O Yes


O No (If No, skip items 2-7) life?
2. During the entire time you smoked, on average how many cigarettes did you smoke? ( 1 pack = 20 cigarettes)
3. How old were you when you first started smoking cigarettes on a regular basis?
4. Do you currently smoke cigarettes?

O Yes
O No (If No, skip to item 6)
A.

\# of cigarettes
B.

Per O Day
(Skip to item 7)
○ Week
O Month
O Year
6. How old were you when you stopped smoking?

years old
7. Not counting the times when you may have quit smoking, how many years were you a smoker or have you smoked? (Round to nearest year)
$\square$ years
$\square$ - $\square$
 Date: $\square$
This questionnaire is about alcoholic drinks.

1. In your entire life, have you had at least 12 drinks of any kinds of alcoholic beverage (wine, beer, liquor)?
2. When did you start drinking alcohol? Please do not include sips of alcohol for religious or other reasons.
3. Do you currently drink alcohol?
A. How often do you have drinks containing alcohol? Again, please do not include sips of alcohol for religious or other reasons. Please record the number of occasions not the number of drinks you consumed.
B. On the days you drink, how many drinks do you usually have per day? A drink is a 12 ounce can or glass of beer, a four ounce glass of wine, or one shot of liquor.

## Skip item 4

4. When did you stop drinking alcohol?
A. Before you stopped drinking, how often did you have drinks containing alcohol? Again, please do not include sips of alcohol for religious or other reasons. Please record the number of occasions not the number of drinks you consumed.
B. On the days you drank, how many drinks did you usually have per day? A drink is a 12 ounce can or glass of beer, a four ounce glass of wine or a shot of liquor.

O Yes $O$ No (If No, skip items 2-4)

years old

O Yes O No (If No, skip to item 4)
1.

\# of occasions
2.

O Day
O Week
Month
O Year

1.

2.
O Day

O Week
O Month
O Year

| \# of drinks |  |
| :--- | :--- |
|  |  |

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These questions ask about your weight and exercise. Please answer each question as accurately as possible. There are no right or wrong answers.

1. How much did you weigh when you were 12 years old?

pounds
2. How much did you weigh when you were 18 years old? (If you were pregnant, how much did you weigh before you became pregnant?)

3. How much did you weigh when you were 25 years old? (If you were pregnant how much did you weigh before you became pregnant? If
 pounds you are younger than 25 please record your current weight.)

On a usual weekday and a usual weekend during the past month, how much time did you spend at each activity level listed below in one day (a $\mathbf{2 4}$ hour period)? The total number of hours spent on all activities on a weekday must add up to 24 hours. The total number of hours spent on all activities on a weekend day must equal 24 hours.

Activity
4. Sleeping
5. Sedentary or Seated Activities: some examples

Eating; TV, radio, music, videos, etc.; Reading; Cards, board games;
Playing musical instruments; Computer activities
Other seated activities
6. Light or Casual Activities: some examples

Household chores
Standing, walking, activities which require standing or walking
A. Weekday
$\square$ hours


Volleyball, ping pong, boating, sailing, bowling, fishing, horseback riding, archery
Easy bike riding
7. Moderate or Stop/Start Activities: some examples

## Heavy yard chores

## Calisthentics

Fast walking, hiking, hard biking, carying heavy objects
Frisbee, softball, golf, recreational skating, recreational swimming in a pool or at beach, dancing, aerobics, ballet, gymnastics, surfing, water skiing, weight lifting, shooting baskets or basketball half court, doubles tennis
All sports participation with a start/stop rather than sustained activity level
8. Intense or Sustained Activities: some examples

Running, swimming laps, jogging, jump rope, cross country or downhill skiing, basketball full court, soccer, field hockey, ice hockey,
 singles tennis, racquetball, figure skating, paddle ball, lacrosse, touch football, rowing
Code activities as intense only if you are certain activities are sustained for the entire period of time.




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This questionnaire asks about your parent's health. Please only provide information about your biological parents, do not include adoptive, foster or step parents.

1. Did your biological mother ever have breast cancer?
O Yes

O NoDo not know (If No or Unknown, skip to item 2)
A. How old was she when she was first diagnosed with breast cancer? $\square$ years oldDo not know
2. Did your biological mother ever have any other type of cancer?

O Ye
O NoDo not know
A. If Yes, please specify
3. Did your biological mother ever have heart disease?

O Yes
O NoDo not know (If No or Unknown, skip to item 4)
A. If Yes, please specify
B. How old was she when she was first diagnosed with heart disease? $\square$ years oldDo not know
4. Did your biological mother ever have diabetes? (Please do not include if only when she was pregnant)
A. How old was she when she was first diagnosed with diabetes?

O
O Yes
O NoDo not know (If No or Unknown, skip to item 5)
 years oldDo not know
5. Is your biological mother still living?
A. If Yes, how old is she?
6. How old was your biologial mother when she died?
O Yes

O NoDo not know (If No, skip to item 6)
(If Unknown skip to item 7)
$\square$ years old

O Do not know (Skip to item 7)
$\square$ years oldDo not know
$\qquad$
$\qquad$ DISC Certification Number: $\square$

Girls Follow-Up Study

ID:


## Please Use Black Pen



This questionnaire asks about your parent's health. Please only provide information about your biological parents, do not include adoptive, foster or step parents.
7. Did your biological father ever have any type of

O Yes O No

O Do not know
(If No or Unknown, skip to item 8) cancer?
A. If Yes, please specify
8. Did your biological father ever have heart disease?

O Yes
O NoDo not know (If No or Unknown, skip to item 9)
A. If Yes, please specify
B. How old was he when he was first diagnosed with heart disease? $\square$ years oldDo not know
9. Did your biological father ever have diabetes?

O Yes O NoDo not know (If No or Unknown, skip to item 10)
A. How old was he when he was first diagnosed with diabetes?
10. Is your biological father still living?
$\square$ years oldDo not know
O Yes
O NoDo not know
(If No, skip to item 11) (If unknown skip item 11)
A. If Yes, how old is he? $\square$ years old $O$ Do not know (Skip item 11)
11. How old was your father when he died? $\square$ years oldDo not know
A.What was your biological father's cause of death?

Please specify $\qquad$ O Do not know
$\qquad$ DISC Certification Number: $\square$ - $\square$

This questionnaire asks about your physical activities from high school through the past year.
Please identify all activities done more than 10 times from high school through the past year, not including time spent in school physical education classes.

1 Jogging (outdoor, treadmill)
2 Swimming (laps, snorkeling)
3 Bicycling (indoor, outdoor)
4 Softball
5 Volleyball
6 Bowling
7 Basketball
8 Skating (roller, ice, blading)
9 Martial Arts (karate, judo)
10 Tai Chi
11 Calisthenics/Toning
12 Soccer
13 Racquetball/Handball/Squash
14 Horseback Riding
15 Frisbee
16 Ultimate Frisbee
17 Aerobic Dance/Step Aerobics
18 Water Aerobics
19 Dance (Square, Line, Ballroom
Ballet, Jazz, Tap)
20 Gardening or Yardwork
21 Badminton
22 Strength/Weight Training
23 Rock Climbing
24 Scuba Diving
25 Stair Master
26 Fencing
27 Hiking
28 Tennis
29 Golf

30 Canoeing/Rowing/Kayaking
31 Water Skiing
32 Jumping Rope
33 Snow Skiing (X-country/Nordic Track)
34 Snow Skiing (Downhill)
35 Snow boarding
36 Snow Shoeing
37 Yoga
38 Elliptical Trainer
39 Pilates
40 Walking for Exercise (outdoor, dog walking, indoor, treadmill)
41 Band/Drill Team
42 Cheerleading
43 Skateboarding
44 Field Hockey
45 Diving
46 Lacrosse
47 Gymnastics
48 Sailing
49 Dodge Ball
50 Housework (cooking, washing dishes, laundry)
51 Housecleaning (mopping, vacuuming, sweeping)
52 Major House Cleaning (scrubbing walls and windows, shampooing carpet)
53 Home Repair (painting, wallpaper)
54 Childcare (infants - age 6, dressing, feeding, bathing)
55 Caretaking (disabled/elderly, lifting, grooming,feeding)
56 Other

## DISC

Historical Leisure Activity Questionnaire
Please Use Black Pen
Correction

Letter
Code:

Sequence \#: $\square$


Please list all activities identified on the previous page and then determine the average frequency and duration of each activity.

$\square$

Girls Follow-Up Study

## Date of Next Menses Questionnaire

ID: $\square$

Please Use Black Pen

$\square$ Date of Visit:


This questionnaire should be completed by clinic staff when the Participant's postcard arrives with the start date of her next period after her clinic visit Complete the date below and fax this form to MMRI.

1. What is the start date of the participant's next menses after her clinic visit?

$\square$


This questionnaire should be administered by clinic staff at the start of a repeat clinic visit, before anything is asked or measurements are taken.

1. Are you currently pregnant?

1YesO YesO Positive

2
O NoNoO Negative

$$
3
$$Maybe

D $24 \phi 1$
D 2462
D $24 \beta 3$

If subject is pregnant or breastfeeding, skip to Staff Certification and do not complete the visit.
4. Did you bring your menstrual calendar?
5. If you brought your menstrual calendar, what is the date you recorded for the start of your last period? If you do not have your calendar, what is the date your last period started?
(If less than one month from today, skip to item 7)

O Yes

mon


O No
$D 24 \phi 4$
/ $\square$
day


D24 $0^{\text {mag } 5 D T ~}$
6. If longer than one month, why have you not had a period in the

D $24 \phi 6$
10 Normally have long intervals between periods 5
20 Irregular/skipped periods
30 Pregnancy
40 Hysterectomy (uterus removed) or ovaries removedUsed birth control pills, patches, vaginal rings, or implants to skip periodsDo not know
7. Are you currently taking any type of hormones for birth control, to regulate your periods, or for any aother reason? Please include regulate your periods, or for any aother reason? Please inc
hormones used in any form, including pills, patches, shots, implants or vaginal rings.
8. What are you currently taking? (Choose only one)
$\qquad$
D 244651

A. Type of hormone:

$$
D 24 \phi 8 \mathrm{~A}
$$

1 O Birth control pills 4 O Implants or shots such as Depo_Provera or Norplant
O Contraceptive patch or hormone skin patch 5 O Other (Specify)
3 O Vaginal ring
D2408ASP
D2408B
B. Name of product:

C. \# periods / year while taking: $\square$ D $24 \% 8 \mathrm{C}$

DISC Staff Initials: $\qquad$ DISC Certification Number $\square$ - $\square$

9.A. Since your last visit, have you been pregnant? Please include live birth, still births, miscarriages, tubal, ectopic or molar pregnancies, and induced or elective abortions.

$$
\begin{aligned}
& \text { D2469A } \\
& \text { O Yes ONo }
\end{aligned}
$$

B. Month and year pregnancy ended?

$\square$ D2409B If No, skip to item 10.
C. Number of weeks pregnant?
D. Took pill or shot to dry up milk?


$$
\begin{aligned}
& 24 \phi 9 c \\
& \frac{3}{0} 124 \phi 90
\end{aligned}
$$

E. Was outcome a live birth?
F. If live birth, did you breastfeed?
G. If breastfed, number of weeks?
O Yes ONo
O Yes ONo
$\square \square$ wis
$\square$
If No, skip to item 10. D 24 \& $q E$
O Yes ONo If No, skip to item $10 . \mathrm{D} 2409 \mathrm{~F}$
D24096
10.A. Since your last visit, has a doctor told you that you have any medical conditions?
$\beta$. List the conditions and describe them
A. Condition

1. $12241081 A$
2. D2418B2A
3. D241申B3A
$\qquad$
B. Description
$\qquad$
D241\%B2B
D2418B3B
11.A. Since your last visit, have you had any type of surgery? Please include breast procedures, hysterectomy (uterus removed), ovarian surgery, and others.
B. What were the surgeries?

| 1 | 2 | B. If Yes, description: |
| :--- | :--- | :--- |
| Yes | No |  |
| 0 | 0 | $D 24 \\| B \mid B$ |
| 0 | 0 | $\frac{D 2411 B 2 B}{D}$ |
| 0 | 0 | $\frac{D 2411 B 3 B}{}$ |
| 0 | 0 |  |

DISC Staff Initials: $\qquad$ DISC Certification Number $\square$ - $\square$
12. A. Do you currently smoke cigarettes?
B. On average, how many cigarettes do you currently smoke? (1 pack = 20 cigarettes)

$$
02412 B
$$



13.A. Do you currently drink alcohol? Do not include sips of alcohol for religious or other reasons.
B. How often do you have drinks containing alcohol? Please record the number of occasions, not the number of drinks you consumed.
$02413 B$
C. On the days you drink, how many drinks do you usually have per day? A drink is a 12 ounce can or glass of beer, a four ounce glass of wine, or one shot of liquor.

Ores ONo
If No, skip to item 14.
14. Weight (kg) (weight must be measured in a hospital gown)


02414

To be completed by clinic staff when informed by participant after the visit.
15. What is the start date of the participant's next menses after her clinic visit?

For this item only:
DISC Staff Initials:


02415 STE
DISC Certification Number $\square$
$\square$

## STAFFED 3

DISC Staff Initials:
DISC Certification Number $\square$
$\square$

Anthropometry Form
Please Use Black Pen
ID:


Letter Code:


Date:


1. Date of examination:


## A. First measurement

B. Second measurement
C. Third measurement
2. DISC Certification Number

3. Height (cm)
4. Weight (kg)

5. Waist (cm)


Third measurement necessary if second measurement differs from the first measurement by more than the following:

1. Both measurements made by the same observer.
a. Height, 0.5 cm
b. Weight, 0.2 kg
c. Waist, 1.0 cm
2. The two measurements made by different observers.
a. Height, 0.5 cm
b. Weight, 0.2 kg
c. Waist, 2.5 cm
$\qquad$
$\square$
$\square$

Girls Follow-Up Study

Blood Pressure Measurement Form


Please Use Black Pen
ID:

$\square$ Date:


Be sure that the participant is seated properly for at least 5 minutes before taking blood pressure, making sure that the feet are flat on the floor, the legs are not crossed, and the arm is well supported at heart level.

To check the monitor's settings: with the power off, press and hold the on/off (power) button for more than three seconds while holding the start button; F1 is displayed. Press the start button to cycle through the 3 settings and the deflation button to cycle through the options for each setting. Be sure F1 is set to $3, F 2$ is set to 5 and $F 3$ is set to 1 . After checking these settings, please record them in the space below. For a more detailed description of this procedure, please consult the blood pressure section of the procedures manual.

1. A. F1:
B. F2:

C. F3:

2. Date of examination:

3. Is the blood pressure being taken in the right arm?

Yes
O No, it is necessary to use the left armNo, it is not possible to use either arm Skip to Certification \#.
4. Is the participant experiencing any pain?

O Yes
O No
If Yes, please explain

6. Diastolic (mmHg)

7. Pulse (BPM)

8. Were there any problems or special occurances while taking blood pressure?

O Yes
O No
If Yes, please specify
$\qquad$


60903
Venipuncture Form
ID: $\square$
$\square$ Date: $\square$

1. Date of blood drawing:

2. Time of blood drawing:


O am
Opm
3. Has a blood specimen been obtained at this visit?

O Yes
O No (If Yes, skip to item 4)
A. If No, why not?Participantrefused
O Technical problems
O Other (please specify) $\qquad$
(If No, skip items 4 and 5)
4. When did the participant last have anything to eat or drink (except for water)?

Date:


Time:


O am
Opm
5. The number of vials that are needed for each color vacutainer is recorded below. Please note how many vials were collected for each type.

## Blood Draw

A. 10 ml Red-Top Tubes
(no additive, glass 10 ml draw; BD 366430)
B. 7 ml Purple-Top Tubes
(K3EDTA glass, 7 ml draw; BD 366450)
C. 2 ml Gray-Top Tubes
(NaFL plastic, 2 ml draw; BD 367587)
\#of vials needed

3

2

1 $\square$
$\qquad$
$\square$
$\square$

ID: $\square$


Please complete this form for the participants seen at your site and for any participant you attempted to contact but would not participate.

1. When was the participant's visit?
2. What is the status of the participant's visit?

Partial Visit
$\begin{aligned} & \text { 3. If partial, indicate the components completed. } \\ & \text { (Answer each item) }\end{aligned}$ Complete Not complete
Partial Visit
3. If partial, indicate the components completed.
(Answer each item) Complete Not complete
(Answer each item) Complete Not complete
O Complete If Complete, go to end
A. Anthropometry

B. Blood Pressure

C. Blood Collection

D. Questionnaires
E. DXA
F. MRI
G. 3 24-hour recalls

$0 \quad 0$
$0 \quad 0$
$0 \quad 0$
$\bigcirc \quad 0$
4. If partial visit, indicate why
(Answer each item)
Yes No
A. Pregnant or breastfeeding
B. Complete visit is too long
C. Unwilling to give blood
D. Concemed about radiation
E. Concerned about MRI
F. Claustrophobic
G. Other (If Other, please explain)

## Go to end



O None
If None, skip to item 5
5. If no visit, please indicate why.
(Answer each item) Yes No
A. Unable to locate
B. Located, but unwilling to participate
C. Unable to get time off from work
D. Unable to get away from home
E. Not interested
F. Involves too much travel
G. Pregnant or breast feeding
H. Concerns about MRI, DXA, NDS-R
I. Other (If Other, please specify)
6. Steps taken to locate participant (Answer each item)

| A. Telephone calls | O Yes O No |  |
| :--- | :--- | :--- |
| $\quad$ (ff Yes, number of calls) | $\square$ |  |

G. Date of last attempt to contact

$\square$

