

Data Set Name: abpm.sas7bdat

Num	Variable	Type	Len	Label
1	ID_REL	Char	10	Participant ID
2	COHORT	Num	5	COHORT
3	TX	Num	5	Diet
4	SBP	Num	8	ABPM SYSTOLIC BP
5	DBP	Num	8	ABPM DIASTOLIC BP
6	TYPE	Char	2	READING TYPE: RI OR IV
7	READNUM	Num	8	READING NUMBER: 1-N
8	HOURTIME	Num	8	TIME OF READING: 0:00-24:00
9	AWAKE	Num	8	DUMMY: PARTICIPANT AWAKE

Data Set Name: *daily.sas7bdat*

Num	Variable	Type	Len	Label
1	ID_REL	Char	10	Participant ID
2	COHORT	Num	5	COHORT
3	TX	Num	5	Diet
4	WEEK	Num	8	week of study (1-11)
5	DAY	Num	8	day of week (1-7)
6	ATTEND	Num	8	attendance score
7	COMPSC	Num	8	compliance score (no dev vs any)
8	ALC_G	Num	8	grams of alcohol consumed
9	SALT	Num	8	salt packets used
10	CAFF	Num	8	caffeinated bevs consumed
11	MENSTR	Num	8	menstruating?
12	WEIGHT	Num	8	weight
13	ENERGY	Num	8	total energy consumed
14	CALLEV	Num	8	calorie level (imputed)
15	UNITS	Num	8	unit foods eaten (imputed)
16	AVSBP	Num	8	mean of 2 SBP measurements
17	AVDBP	Num	8	mean of 2 DBP measurements

Data Set Name: *falcc.sas7bdat*

Num	Variable	Type	Len	Label
1	TX	Num	5	Diet
2	SITE_REL	Char	1	Site
3	CALLEV	Num	8	CALORIE LEVEL
4	TENERG	Num	8	TARGET ENERGY (KCAL)
5	TGPROT	Num	8	TARGET PROTEIN (G)
6	TPPROT	Num	8	TARGET PROTEIN (PCT OF KCALS)
7	TGCARB	Num	8	TARGET CARBOS (G)
8	TPCARB	Num	8	TARGET CARBOS (PCT OF KCALS)
9	TGFAT	Num	8	TARGET FAT (G)
10	TPFAT	Num	8	TARGET FAT (PCT OF KCALS)
11	TGSFA	Num	8	TARGET SFA (G)
12	TPSFA	Num	8	TARGET SFA (PCT OF KCALS)
13	TGMUFA	Num	8	TARGET MUFA (G)
14	TPMUFA	Num	8	TARGET MUFA (PCT OF KCALS)
15	TGPUFA	Num	8	TARGET PUFA (G)
16	TPPUFA	Num	8	TARGET PUFA (PCT OF KCALS)
17	TPOTAS	Num	8	TARGET POTASSIUM (MG)
18	TSOD	Num	8	TARGET SODIUM (MG)
19	TCALC	Num	8	TARGET CALCIUM (MG)
20	TMAG	Num	8	TARGET MAGNESIUM (MG)
21	TCHOL	Num	8	TARGET CHOLESTEROL (MG)
22	VENERG	Num	8	VALIDATION ENERGY (KCAL)
23	VGPROT	Num	8	VALIDATION PROTEIN (G)
24	VPPROT	Num	8	VALIDATION PROTEIN (PCT OF KCALS)
25	VGCARB	Num	8	VALIDATION CARBOS (G)
26	VPCARB	Num	8	VALIDATION CARBOS (PCT OF KCALS)
27	VGFAT	Num	8	VALIDATION FAT (G)
28	VPFAT	Num	8	VALIDATION FAT (PCT OF KCALS)
29	VGSFA	Num	8	VALIDATION SFA (G)
30	VPSFA	Num	8	VALIDATION SFA (PCT OF KCALS)
31	VGMUFA	Num	8	VALIDATION MUFA (G)
32	VPMUFA	Num	8	VALIDATION MUFA (PCT OF KCALS)
33	VGPUFA	Num	8	VALIDATION PUFA (G)
34	VPPUFA	Num	8	VALIDATION PUFA (PCT OF KCALS)
35	VPOTAS	Num	8	VALIDATION POTASSIUM (MG)
36	VSOD	Num	8	VALIDATION SODIUM (MG)

Num	Variable	Type	Len	Label
37	VCALC	Num	8	VALIDATION CALCIUM (MG)
38	VMAG	Num	8	VALIDATION MAGNESIUM (MG)
39	VCHOL	Num	8	VALIDATION CHOLESTEROL (MG)
40	VIRON	Num	8	VALIDATION MG IRON-MEAN

Data Set Name: *ffq.sas7bdat*

Num	Variable	Type	Len	Label
1	ID_REL	Char	10	Participant ID
2	COHORT	Num	5	COHORT
3	TX	Num	5	Diet
4	CALC	Num	8	calcium MG
5	PHOS	Num	8	phosphorus MG
6	IRON	Num	8	iron MG
7	SODIUM	Num	8	sodium MG
8	POTASS	Num	8	potassium MG
9	VITAIU	Num	8	vitamin A IU
10	THIAMIN	Num	8	thiamin (B1) MG
11	RIBO	Num	8	riboflavin (B2) MG
12	NIACIN	Num	8	niacin MG
13	VITC	Num	8	vitamin C MG
14	CHOLEST	Num	8	cholesterol MG
15	DIETFIB	Num	8	dietary fiber
16	FOLATE	Num	8	folate MCG
17	VITE	Num	8	vitamin E a-TE
18	ZINC	Num	8	zinc MG
19	VITB6	Num	8	vitamin B6 MG
20	MAGNES	Num	8	magnesium MG
21	CAROT	Num	8	pro-A carotenes MCG
22	DGROUP1	Num	8	DASH group 1: Dairy (reg)
23	DGROUP2	Num	8	DASH group 2: Dairy (low-fat)
24	DGROUP3	Num	8	DASH group 3: Grains
25	DGROUP4	Num	8	DASH group 4: Fruits & juices
26	DGROUP5	Num	8	DASH group 5: Vegetables
27	DGROUP6	Num	8	DASH group 6: Red meats
28	DGROUP7	Num	8	DASH group 7: Poultry
29	DGROUP8	Num	8	DASH group 8: Fish
30	PCTFAT	Num	8	% of calories from fat
31	PCTPRO	Num	8	% of calories from protein
32	PCTCARB	Num	8	% of calories from carbohydrates
33	PCT_MUFA	Num	8	% of cals from MUFA
34	PCT_PUFA	Num	8	% of cals from PUFA
35	PCT_SFA	Num	8	% of cals from SFA
36	PCTSWEET	Num	8	% of cals from sweets

Num	Variable	Type	Len	Label
37	PCTALC	Num	8	% of cals from alcoholic bev

Data Set Name: lab.sas7bdat

Num	Variable	Type	Len	Label
1	ID_REL	Char	10	Participant ID
2	COHORT	Num	5	COHORT
3	TX	Num	5	Diet
4	TOTCHOL	Num	8	Total Cholesterol
5	HDL	Num	8	HDL
6	TOTTRI	Num	8	Total triglyceride
7	VLDL	Num	8	VLDL
8	LDL	Num	8	LDL
9	LDLHDL	Num	8	LDL/HDL Ratio
10	CHOLHDL	Num	8	Total chol/HDL Ratio
11	VISIT	Char	3	
12	CURCA	Num	8	urinary calcium (mg/24hr)
13	CURCL	Num	8	urinary chloride (mg/24hr)
14	CURCR	Num	8	urinary creatinine (mg/24hr)
15	CURK	Num	8	urinary potassium (mg/24hr)
16	CURMG	Num	8	urinary magnesium (mg/24hr)
17	CURNA	Num	8	urinary sodium (mg/24hr)
18	CURPH	Num	8	urinary phosphorus (mg/24hr)
19	CURUN	Num	8	urinary urea nitrogen (mg/24hr)
20	BGLU	Num	8	blood glucose
21	BINS	Num	8	blood insulin
22	BPTH	Num	8	blood pth
23	BREN	Num	8	blood renin
24	BVITD	Num	8	blood vitamin D
25	BCALC	Num	8	blood ionized calcium

Data Set Name: nutdiet.sas7bdat

Num	Variable	Type	Len	Label
1	TX	Num	8	Diet
2	CALLEV	Num	8	DASH Calorie Level
3	ALCOHOL	Num	8	Alcohol g
4	ASH	Num	8	Ash g
5	CAFFEINE	Num	8	Caffeine mg
6	CALCIUM	Num	8	Calcium, Ca mg
7	CARBOS	Num	8	Carbohydrates g
8	CHOLESTE	Num	8	Cholesterol mg
9	COPPER	Num	8	Copper, Cu mg
10	DIETFIB	Num	8	Fiber, total dietary g
11	ENERGYKC	Num	8	energy, kcal
12	ENERGYKJ	Num	8	energy, kj
13	FAT	Num	8	Fat g
14	FOLATE	Num	8	Folate mcg
15	IRON	Num	8	Iron, Fe mg
16	MUFA	Num	8	Fatty acids, monounsaturated g
17	MAGNES	Num	8	Magnesium, Mg mg
18	MANGANES	Num	8	Manganese, Mn mg
19	NIACIN	Num	8	Niacin, nicotinic acid mg
20	PUFA	Num	8	Fatty acids, polyunsaturated g
21	PANTOTHE	Num	8	Pantothenic acid mg
22	PHOSPHOR	Num	8	Phosphorus, P mg
23	POTASSIU	Num	8	Potassium, K mg
24	PROTEIN	Num	8	Protein g
25	RIBOFLAV	Num	8	Riboflavin mg
26	SFA	Num	8	Fatty acids, saturated g
27	SODIUM	Num	8	Sodium, Na mg
28	THEOBROM	Num	8	Theobromine mg
29	THIAMIN	Num	8	Thiamin mg
30	VIT_A_IU	Num	8	vitamin a, iu
31	VIT_A_RE	Num	8	vitamin a, re
32	VIT_B_12	Num	8	Vitamin B-12 mcg
33	VIT_B_6	Num	8	Vitamin B-6 mg
34	VIT_C	Num	8	Vitamin C, ascorbic acid mg
35	VIT_E	Num	8	Vitamin E aTE
36	WATER	Num	8	Water g

Num	Variable	Type	Len	Label
37	ZINC	Num	8	Zinc, Zn mg
38	PCTCARB	Num	8	Carbohydrates kcal %
39	PCTFAT	Num	8	Fat kcal %
40	PCTMUFA	Num	8	Monounsaturated Fatty Acids kcal %
41	PCTPROT	Num	8	Protein kcal %
42	PCTPUFA	Num	8	Polyunsaturated Fatty Acids kcal %
43	PCTSATF	Num	8	Saturated Fat kcal %
44	PS_RATIO	Num	8	Polyunsaturated / Saturated Fat R

Data Set Name: nutunit.sas7bdat

Num	Variable	Type	Len	Label
1	TX	Num	8	Diet
2	ALCOHOL	Num	8	Alcohol g
3	ASH	Num	8	Ash g
4	CAFFEINE	Num	8	Caffeine mg
5	CALCIUM	Num	8	Calcium, Ca mg
6	CARBOS	Num	8	Carbohydrates g
7	CHOLESTE	Num	8	Cholesterol mg
8	COPPER	Num	8	Copper, Cu mg
9	DIETFIB	Num	8	Fiber, total dietary g
10	ENERGYKC	Num	8	energy, kcal
11	ENERGYKJ	Num	8	energy, kj
12	FAT	Num	8	Fat g
13	FOLATE	Num	8	Folate æg
14	IRON	Num	8	Iron, Fe mg
15	MUFA	Num	8	Fatty acids, monounsatu g
16	MAGNES	Num	8	Magnesium, Mg mg
17	MANGANES	Num	8	Manganese, Mn mg
18	NIACIN	Num	8	Niacin, nicotinic acid mg
19	PUFA	Num	8	Fatty acids, polyunsatu g
20	PANTOTHE	Num	8	Pantothenic acid mg
21	PHOSPHOR	Num	8	Phosphorus, P mg
22	POTASSIU	Num	8	Potassium, K mg
23	PROTEIN	Num	8	Protein g
24	RIBOFLAV	Num	8	Riboflavin mg
25	SFA	Num	8	Fatty acids, saturated g
26	SODIUM	Num	8	Sodium, Na mg
27	THEOBROM	Num	8	Theobromine mg
28	THIAMIN	Num	8	Thiamin mg
29	VIT_A_IU	Num	8	vitamin a, iu
30	VIT_A_RE	Num	8	vitamin a, re
31	VIT_B_12	Num	8	vitamin b-12, mcg
32	VIT_B_6	Num	8	Vitamin B-6 mg
33	VIT_C	Num	8	Vitamin C, ascorbic aci mg
34	VIT_E	Num	8	Vitamin E aTE
35	WATER	Num	8	Water g
36	ZINC	Num	8	Zinc, Zn mg

Num	Variable	Type	Len	Label
37	PCTCARB	Num	8	% of Calories From Carb %
38	PCTFAT	Num	8	% of Calories From Fat %
39	PCTMUFA	Num	8	% of Calories From Mono %
40	PCTPROT	Num	8	% of Calories From Prot %
41	PCTPUFA	Num	8	% of Calories From Poly %
42	PCTSATF	Num	8	% of Calories From Satu %
43	PS_RATIO	Num	8	Poly Unsaturated / Satu

Data Set Name: *postanon.sas7bdat*

Num	Variable	Type	Len	Label
1	COHORT	Num	5	COHORT
2	TX	Num	5	Diet
3	Q1_BENE	Num	8	Q1: OVERALL EXPER BENEFICIAL
4	Q1_INFOR	Num	8	Q1: OVERALL EXPER INFORMATIVE
5	Q1_INTER	Num	8	Q1: OVERALL EXPER INTERESTING
6	Q1_PLEAS	Num	8	Q1: OVERALL EXPER PLEASANT
7	Q1_REGRT	Num	8	Q1: OVERALL EXPER REGRET
8	Q2	Num	8	Q2: PARTICIPATE AGAIN?
9	Q11A	Num	8	Q11: HOW IMPORTANT NOT SHOPPING
10	Q11B	Num	8	Q11: HOW IMPORTANT FREE FOOD
11	Q11C	Num	8	Q11: HOW IMPORTANT ATTN DASH STAFF
12	Q11D	Num	8	Q11: HOW IMPORTANT DAILY DIARY
13	Q11E	Num	8	Q11: HOW IMPORTANT FREE CHOICE BEV
14	Q11F	Num	8	Q11: HOW IMPORTANT RAFFLES/INCENTIVES
15	Q11G	Num	8	Q11: HOW IMPORTANT FAMILY/FRIENDS
16	Q11H	Num	8	Q11: HOW IMPORTANT LEARNING BP
17	Q11I	Num	8	Q11: HOW IMPORTANT INFO LAB TESTS
18	Q11J	Num	8	Q11: HOW IMPORTANT LEARNING FOOD
19	Q11K	Num	8	Q11: HOW IMPORTANT MONETARY
20	Q11L	Num	8	Q11: HOW IMPORTANT DISCIPLINE
21	Q12A	Num	8	Q12: HOW DIFFICULT LENGTH OF STUDY
22	Q12B	Num	8	Q12: HOW DIFFICULT FAMILY/FRIENDS
23	Q12C	Num	8	Q12: HOW DIFFICULT SOCIAL PRESSURE
24	Q12D	Num	8	Q12: HOW DIFFICULT WORK SCHEDULE
25	Q12E	Num	8	Q12: HOW DIFFICULT TIME MEALS
26	Q12F	Num	8	Q12: HOW DIFFICULT TIME BP MEAS
27	Q12G	Num	8	Q12: HOW DIFFICULT COMMUTE/PARK
28	Q12H	Num	8	Q12: HOW DIFFICULT SPECIAL OCCAS
29	Q12I	Num	8	Q12: HOW DIFFICULT BLOOD SAMPLING
30	Q12J	Num	8	Q12: HOW DIFFICULT URINE COLLECT
31	Q12K	Num	8	Q12: HOW DIFFICULT LACK FREEDOM
32	Q12L	Num	8	Q12: HOW DIFFICULT REPETITION
33	Q13A	Num	8	Q13: HOW DIFFICULT TOO MUCH FOOD
34	Q13B	Num	8	Q13: HOW DIFFICULT TOO LITTLE FOOD
35	Q13C	Num	8	Q13: HOW DIFFICULT MUCH/LITTLE MEALS
36	Q13D	Num	8	Q13: HOW DIFFICULT UNAPPETIZING

Num	Variable	Type	Len	Label
37	Q13E	Num	8	Q13: HOW DIFFICULT BAD TASTE
38	Q13F	Num	8	Q13: HOW DIFFICULT LACK VARIETY
39	Q13G	Num	8	Q13: HOW DIFFICULT NEW FOODS
40	Q13H	Num	8	Q13: HOW DIFFICULT CRAVING SWEETS
41	Q14A	Num	8	Q14: HOW DIFFICULT COOKING OTHERS
42	Q14B	Num	8	Q14: HOW DIFFICULT SIDE EFFECTS
43	Q14C	Num	8	Q14: HOW DIFFICULT DESIRE OTHER FOODS
44	Q23	Num	8	Q23: SEX
45	Q24	Num	8	Q24: AGE
46	Q29	Num	8	Q29: How much formal education
47	INCOME_R	Num	8	Q27: Total Household Income
48	RACE_REL	Num	8	Q30: 1=Non-Minority, 2=Minority

Data Set Name: sideeff.sas7bdat

Num	Variable	Type	Len	Label
1	ID_REL	Char	10	Participant ID
2	COHORT	Num	5	COHORT
3	TX	Num	5	Diet
4	FATIGUE	Num	8	FATIGUE OR LOW ENERGY LEVEL
5	EXTHIRST	Num	8	EXCESSIVE THIRST
6	APPETITE	Num	8	POOR APPETITE
7	LITEHEAD	Num	8	LIGHTHEADEDNESS WHEN STANDING UP
8	TASTE	Num	8	CHANGE IN TASTE
9	STUFFNOS	Num	8	STUFFY NOSE
10	DRYMOUTH	Num	8	DRY MOUTH
11	ITCHYSKI	Num	8	ITCHY SKIN OR HIVES
12	WHEEZING	Num	8	WHEEZING
13	DIARRHEA	Num	8	DIARRHEA
14	CONSTIP	Num	8	CONSTIPATION
15	BLOATING	Num	8	BLOATING
16	NAUSEA	Num	8	NAUSEA OR UPSET STOMACH
17	FELT	Num	8	OVERALL, DURING THE PAST 2 WKS, I FELT
18	VISIT	Char	3	

Data Set Name: summary.sas7bdat

Num	Variable	Type	Len	Format	Label
1	ID_REL	Char	10	\$10.	Participant ID
2	COHORT	Num	5		COHORT
3	TX	Num	5		Diet
4	INCOME_R	Num	5		Total Household Income
5	SEX	Char	1		SEX
6	DEV	Num	8		ENTERED DEV
7	EXCREAS	Char	20		REASON FOR EXCLUSION
8	COMPFEED	Num	8		COMPLETED INTERVENTION FEEDING?
9	RIASBP	Num	8		AVERAGE SBP DURING RUN-IN
10	RIADBP	Num	8		AVERAGE DBP DURING RUN-IN
11	SV1ASBP	Num	8		SV1 AVERAGE SBP
12	SV1ADBP	Num	8		SV1 AVERAGE DBP
13	SV2ASBP	Num	8		SV2 AVERAGE SBP
14	SV2ADBP	Num	8		SV2 AVERAGE DBP
15	SV3ASBP	Num	8		SV3 AVERAGE SBP
16	SV3ADBP	Num	8		SV3 AVERAGE DBP
17	EOS_SBP	Num	8		END-OF-STUDY SYSTOLIC BP
18	EOS_DBP	Num	8		END-OF-STUDY DIASTOLIC BP
19	BPFIX	Num	8		END OF STUDY BP CREATED PER VOLLMER
20	COMPSC1	Num	8		AVG COMPLIANCE SCORE - WEEK 1
21	CAFF1	Num	8		AVG CAFFEINE - WEEK 1
22	SALT1	Num	8		AVG SALT - WEEK 1
23	ENERGY1	Num	8		AVG ENERGY LEVEL - WEEK 1
24	CALLEV1	Num	8		AVG CALORIE LEVEL - WEEK 1
25	UNIT1	Num	8		AVG UNIT FOODS - WEEK 1
26	ALC1	Num	8		AVG ALCOHOL (UNITS) - WEEK 1
27	SBP1	Num	8		AVG SBP - WEEK 1
28	DBP1	Num	8		AVG DBP - WEEK 1
29	COMPSC2	Num	8		AVG COMPLIANCE SCORE - WEEK 2
30	CAFF2	Num	8		AVG CAFFEINE - WEEK 2
31	SALT2	Num	8		AVG SALT - WEEK 2
32	ENERGY2	Num	8		AVG ENERGY LEVEL - WEEK 2
33	CALLEV2	Num	8		AVG CALORIE LEVEL - WEEK 2
34	UNIT2	Num	8		AVG UNIT FOODS - WEEK 2
35	ALC2	Num	8		AVG ALCOHOL (UNITS) - WEEK 2
36	SBP2	Num	8		AVG SBP - WEEK 2

Num	Variable	Type	Len	Format	Label
37	DBP2	Num	8		AVG DBP - WEEK 2
38	COMPSC3	Num	8		AVG COMPLIANCE SCORE - WEEK 3
39	CAFF3	Num	8		AVG CAFFEINE - WEEK 3
40	SALT3	Num	8		AVG SALT - WEEK 3
41	ENERGY3	Num	8		AVG ENERGY LEVEL - WEEK 3
42	CALLEV3	Num	8		AVG CALORIE LEVEL - WEEK 3
43	UNIT3	Num	8		AVG UNIT FOODS - WEEK 3
44	ALC3	Num	8		AVG ALCOHOL (UNITS) - WEEK 3
45	SBP3	Num	8		AVG SBP - WEEK 3
46	DBP3	Num	8		AVG DBP - WEEK 3
47	COMPSC4	Num	8		AVG COMPLIANCE SCORE - WEEK 4
48	CAFF4	Num	8		AVG CAFFEINE - WEEK 4
49	SALT4	Num	8		AVG SALT - WEEK 4
50	ENERGY4	Num	8		AVG ENERGY LEVEL - WEEK 4
51	CALLEV4	Num	8		AVG CALORIE LEVEL - WEEK 4
52	UNIT4	Num	8		AVG UNIT FOODS - WEEK 4
53	ALC4	Num	8		AVG ALCOHOL (UNITS) - WEEK 4
54	SBP4	Num	8		AVG SBP - WEEK 4
55	DBP4	Num	8		AVG DBP - WEEK 4
56	COMPSC5	Num	8		AVG COMPLIANCE SCORE - WEEK 5
57	CAFF5	Num	8		AVG CAFFEINE - WEEK 5
58	SALT5	Num	8		AVG SALT - WEEK 5
59	ENERGY5	Num	8		AVG ENERGY LEVEL - WEEK 5
60	CALLEV5	Num	8		AVG CALORIE LEVEL - WEEK 5
61	UNIT5	Num	8		AVG UNIT FOODS - WEEK 5
62	ALC5	Num	8		AVG ALCOHOL (UNITS) - WEEK 5
63	SBP5	Num	8		AVG SBP - WEEK 5
64	DBP5	Num	8		AVG DBP - WEEK 5
65	COMPSC6	Num	8		AVG COMPLIANCE SCORE - WEEK 6
66	CAFF6	Num	8		AVG CAFFEINE - WEEK 6
67	SALT6	Num	8		AVG SALT - WEEK 6
68	ENERGY6	Num	8		AVG ENERGY LEVEL - WEEK 6
69	CALLEV6	Num	8		AVG CALORIE LEVEL - WEEK 6
70	UNIT6	Num	8		AVG UNIT FOODS - WEEK 6
71	ALC6	Num	8		AVG ALCOHOL (UNITS) - WEEK 6
72	SBP6	Num	8		AVG SBP - WEEK 6
73	DBP6	Num	8		AVG DBP - WEEK 6
74	COMPSC7	Num	8		AVG COMPLIANCE SCORE - WEEK 7
75	CAFF7	Num	8		AVG CAFFEINE - WEEK 7

Num	Variable	Type	Len	Format	Label
76	SALT7	Num	8		AVG SALT - WEEK 7
77	ENERGY7	Num	8		AVG ENERGY LEVEL - WEEK 7
78	CALLEV7	Num	8		AVG CALORIE LEVEL - WEEK 7
79	UNIT7	Num	8		AVG UNIT FOODS - WEEK 7
80	ALC7	Num	8		AVG ALCOHOL (UNITS) - WEEK 7
81	SBP7	Num	8		AVG SBP - WEEK 7
82	DBP7	Num	8		AVG DBP - WEEK 7
83	COMPSC8	Num	8		AVG COMPLIANCE SCORE - WEEK 8
84	CAFF8	Num	8		AVG CAFFEINE - WEEK 8
85	SALT8	Num	8		AVG SALT - WEEK 8
86	ENERGY8	Num	8		AVG ENERGY LEVEL - WEEK 8
87	CALLEV8	Num	8		AVG CALORIE LEVEL - WEEK 8
88	UNIT8	Num	8		AVG UNIT FOODS - WEEK 8
89	ALC8	Num	8		AVG ALCOHOL (UNITS) - WEEK 8
90	SBP8	Num	8		AVG SBP - WEEK 8
91	DBP8	Num	8		AVG DBP - WEEK 8
92	COMPSC9	Num	8		AVG COMPLIANCE SCORE - WEEK 9
93	CAFF9	Num	8		AVG CAFFEINE - WEEK 9
94	SALT9	Num	8		AVG SALT - WEEK 9
95	ENERGY9	Num	8		AVG ENERGY LEVEL - WEEK 9
96	CALLEV9	Num	8		AVG CALORIE LEVEL - WEEK 9
97	UNIT9	Num	8		AVG UNIT FOODS - WEEK 9
98	ALC9	Num	8		AVG ALCOHOL (UNITS) - WEEK 9
99	SBP9	Num	8		AVG SBP - WEEK 9
100	DBP9	Num	8		AVG DBP - WEEK 9
101	COMPSC10	Num	8		AVG COMPLIANCE SCORE - WEEK 10
102	CAFF10	Num	8		AVG CAFFEINE - WEEK 10
103	SALT10	Num	8		AVG SALT - WEEK 10
104	ENERGY10	Num	8		AVG ENERGY LEVEL - WEEK 10
105	CALLEV10	Num	8		AVG CALORIE LEVEL - WEEK 10
106	UNIT10	Num	8		AVG UNIT FOODS - WEEK 10
107	ALC10	Num	8		AVG ALCOHOL (UNITS) - WEEK 10
108	SBP10	Num	8		AVG SBP - WEEK 10
109	DBP10	Num	8		AVG DBP - WEEK 10
110	COMPSC11	Num	8		AVG COMPLIANCE SCORE - WEEK 11
111	CAFF11	Num	8		AVG CAFFEINE - WEEK 11
112	SALT11	Num	8		AVG SALT - WEEK 11
113	ENERGY11	Num	8		AVG ENERGY LEVEL - WEEK 11
114	CALLEV11	Num	8		AVG CALORIE LEVEL - WEEK 11

Num	Variable	Type	Len	Format	Label
115	UNIT11	Num	8		AVG UNIT FOODS - WEEK 11
116	ALC11	Num	8		AVG ALCOHOL (UNITS) - WEEK 11
117	SBP11	Num	8		AVG SBP - WEEK 11
118	DBP11	Num	8		AVG DBP - WEEK 11
119	BOS_SBP	Num	8		BEGINNING OF STUDY SBP
120	BOS_DBP	Num	8		BEGINNING OF STUDY DBP
121	CHG_SBP	Num	8		PRE-POST CHANGE IN SBP
122	CHG_DBP	Num	8		PRE-POST CHANGE IN DBP
123	HIBP	Num	8		DUMMY: HYPERTENSIVE AT BASELINE
124	CHG_WT	Num	8		CHANGE IN WT (IV10WT-BASEWT)
125	B_ASPPK	Num	8		BEG. OF STUDY SBP: ABPM PEAK
126	B_ADBPPK	Num	8		BEG. OF STUDY DBP: ABPM PEAK
127	B_ASBDY	Num	8		BEG. OF STUDY SBP: ABPM DAYTIME
128	B_ADBDY	Num	8		BEG. OF STUDY DBP: ABPM DAYTIME
129	B_ASBNPT	Num	8		BEG. OF STUDY SBP: ABPM NIGHT
130	B_ADBNPT	Num	8		BEG. OF STUDY DBP: ABPM NIGHT
131	BOS_ASBP	Num	8		BEG. OF STUDY SBP: ABPM 24 HR
132	BOS_ADBP	Num	8		BEG. OF STUDY DBP: ABPM 24 HR
133	E_ASPPK	Num	8		END OF STUDY SBP: ABPM PEAK
134	E_ADBPPK	Num	8		END OF STUDY DBP: ABPM PEAK
135	E_ASBDY	Num	8		END OF STUDY SBP: ABPM DAYTIME
136	E_ADBDY	Num	8		END OF STUDY DBP: ABPM DAYTIME
137	E_ASBNPT	Num	8		END OF STUDY SBP: ABPM NIGHT
138	E_ADBNPT	Num	8		END OF STUDY DBP: ABPM NIGHT
139	EOS_ASBP	Num	8		END OF STUDY SBP: ABPM 24 HR
140	EOS_ADBP	Num	8		END OF STUDY DBP: ABPM 24 HR
141	CHG_ASBP	Num	8		CHANGE IN SBP: ABPM
142	CHG_ADBP	Num	8		CHANGE IN DBP: ABPM
143	FIRSTCAL	Num	8		INITIAL CALORIE LEVEL
144	AVGRICAL	Num	8		AVG RUNIN CALORIE LEVEL
145	AVGIVCAL	Num	8		AVG IV (WEEK 10) CALORIE LEVEL
146	ACTIV_SV	Num	8		ACTIVITY SCORE (CAL/KG/DAY) - SV
147	ACTIV_IV	Num	8		ACTIVITY SCORE (CAL/KG/DAY) - IV
148	ALCOHOL	Num	8		AMOUNT ALCOHOL DRINKS PER WEEK
149	MARITAL	Num	8		MARITAL STATUS
150	SMOKE100	Num	8		SMOKED 100 CIGARETTES IN ENTIRE LIFE
151	SMOKENOW	Num	8		DO YOU SMOKE CIGARETTES NOW
152	DOC_HBP	Num	8		DOCTOR TELL YOU HAD HIGH BLOOD PRESSURE
153	BPMEDS	Num	8		EVER TAKEN MEDS TO CONTROL BP

Num	Variable	Type	Len	Format	Label
154	RED_SALT	Num	8		REDUCE BP: REDUCED SODIUM INTAKE
155	LOSEWGT	Num	8		REDUCE BP: LOSE WEIGHT
156	EXERCISE	Num	8		REDUCE BP: INCREASE PHYSICAL EXERCISE
157	RED_ALC	Num	8		REDUCE BP: REDUCE ALCOHOL INTAKE
158	FAMHXHTN	Num	8		FAMILY HX OF HYPERTENSION
159	FAMHXDIA	Num	8		FAMILY HX OF DIABETES
160	FAMHXHAT	Num	8		FAMILY HX OF HEART ATTACK
161	FAMHXKID	Num	8		FAMILY HX OF KIDNEY PROB
162	FAMHXSTR	Num	8		FAMILY HX OF STROKE
163	AVGSUBSC	Num	8		AVG SUBSCAPULAR SKINFOLD
164	AVGTRICP	Num	8		AVG TRICEP SKINFOLD
165	REAS1	Num	8		Q1 MAIN REASON PARTICIPATING IN DASH
166	REAS2	Num	8		Q2 SECONDARY PARTICIPATION REASON
167	REAS3	Num	8		Q2 TERTIARY PARTICIPATION REASON
168	ENJOY	Num	8		Q3 WHAT DID YOU MOST ENJOY ABOUT STUDY
169	DIFF1	Num	8		Q4 1ST MOST DIFFICULT STUDY ASPECT
170	DIFF2	Num	8		Q5 2ND MOST DIFFICULT STUDY ASPECT
171	DIFF3	Num	8		Q5 3RD MOST DIFFICULT STUDY ASPECT
172	MEDSANY	Num	8		ANY MEDS REPORTED ON ELIG Q?
173	MEDSESTR	Num	8		TAKING ESTROGEN MEDS
174	MEDSLIPD	Num	8		TAKING LIPID LOWERING MEDS
175	WT_REL	Num	8		weight (kg)
176	EMP_REL	Num	8		employment status
177	EDU_REL	Num	8		education completed
178	SMOK_REL	Num	8		avg cigarettes smoked per day
179	RRACE	Num	3		RACE (1=WHITE, 2=BLACK, 3=OTHER)
180	AGE	Num	3		AGE
181	WEIGHT1	Num	8		RUNIN WEEK 1 AVERAGE WEIGHT
182	WEIGHT2	Num	8		RUNIN WEEK 2 AVERAGE WEIGHT
183	WEIGHT3	Num	8		RUNIN WEEK 3 AVERAGE WEIGHT
184	WEIGHT4	Num	8		INTERV WEEK 4 AVERAGE WEIGHT
185	WEIGHT5	Num	8		INTERV WEEK 5 AVERAGE WEIGHT
186	WEIGHT6	Num	8		INTERV WEEK 6 AVERAGE WEIGHT
187	WEIGHT7	Num	8		INTERV WEEK 7 AVERAGE WEIGHT
188	WEIGHT8	Num	8		INTERV WEEK 8 AVERAGE WEIGHT
189	WEIGHT9	Num	8		INTERV WEEK 9 AVERAGE WEIGHT
190	WEIGHT10	Num	8		INTERV WEEK 10 AVERAGE WEIGHT
191	WEIGHT11	Num	8		INTERV WEEK 11 AVERAGE WEIGHT
192	BASEWT	Num	8		BEGINNING-OF-STUDY WEIGHT (LAST 13 RI)

Num	Variable	Type	Len	Format	Label
193	MEASHT	Num	8		HEIGHT(CM)
194	BMI	Num	8		BMI