# CLEVER

# Patient Functioning and Quality of Life Questionnaire:

# Baseline

## Instructions

This questionnaire asks for your views about your health. This information will help keep track of how you feel and how well you are able to do your usual activities.

Any information that would permit you to be identified as a member of the study will be regarded as strictly confidential and will be used only for this study.

Please answer every question by marking one box. If you are unsure about how to answer, please give the best answer you can.

The Research Coordinator will hand you this Questionnaire. Please complete to the best of your ability since the Research Coordinator is not permitted to answer any <u>questions</u> during your completion time.

MBER (6, 2) was: pageno (f, 5)	subid (VC,15)			PS: Context Panel: Conte
Site ID Patient No. Patient Initials	Patient (VC.4)	f Survey/ start of treatment? pretx <yesno></yesno>	survdd/survyy // (1) YES (2) NO	survdt()
This form was complete		nator via interview		

Panel: QOLBas01

### CONTEXT

By circling one number in each group below, please indicate which statements best describe your own health state today.

1. Mobility (Circle one) mobility <qolwalk></qolwalk>	PS: QOLBas02 PT: QOLBas02 Panel: QOLBas02
I have no problems in walking about	. 1
I have some problems in walking about	2
I am confined to bed	.3
2. Self-Care (Circle one) selfcare < qolselfcare>	
I have no problems with self-care	1
I have some problems washing or dressing myself	2
I am unable to wash or dress myself	. 3
<b>3. Usual Activities</b> (Circle one) (e.g. work, study, housework, family or leisure activities)	
I have no problems with performing my usual activities	.1
I have some problems with performing my usual	
activities	2
I am unable to perform my usual activities	3
4. Pain/Discomfort (Circle one)	
I have no pain or discomfort	.1
I have moderate pain or discomfort	. 2

### 5. Anxiety/Depression (Circle one)

anxiety <anx>

I am not anxious or depressed	1
I am moderately anxious or depressed	2
I am extremely anxious or depressed	3

# Your Health and Well-Being

This survey asks for your views about your health. This information will help keep track of how you feel and how well you are able to do your usual activities. *Thank you for completing this survey!* 

For each of the following questions, please mark an  $\boxtimes$  in the one box that best describes your answer.

#### 1. In general, would you say your health is:



2. The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much?



PS: QOLBas04 PT: QOLBas04 Panel: QOLBas04

3. During the <u>past 4 weeks</u>, have you had any of the following problems with your work or other regular daily activities <u>as a result of your physical health</u>?

	Yes	No	
a Accomplicited loss than you would like			
a. Accomplished less than you would like			mp <yesno></yesno>
<ul> <li>Were limited in the <u>kind</u> of work or other activities</li> </ul>		2 physkir	nd <yesno></yesno>

4. During the <u>past 4 weeks</u>, have you had any of the following problems with your work or other regular daily activities <u>as a result of any emotional</u> <u>problems</u> (such as feeling depressed or anxious)?



5. During the <u>past 4 weeks</u>, how much did <u>pain</u> interfere with your normal work (including both work outside the home and housework)?



6. These questions are about how you feel and how things have been with you PS: QOLBas05 during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time duri the past 4 weeks...



7. During the <u>past 4 weeks</u>, how much of the time has your <u>physical health or</u> <u>emotional problems</u> interfered with your social activities (like visiting friends, relatives, etc.)?



## The Peripheral Artery Questionnaire(PAQ)

The following questions refer to blockages in the arteries of your body, particularly your legs, and how that might affect your life. Please read and complete the following questions. There are no right or wrong answers. Please mark the answer that best applies to you.

1. Blockages in the arteries, often referred to as **peripheral vascular disease**, affect different people in different ways. Some feel cramping or aching while others feel fatigue. Which leg (or buttock) causes you the <u>most severe</u> **discomfort**, **fatigue**, **pain**, **aching**, **or cramps**?

the <b>Right</b> leg	the <b>Left</b> leg	Both are the same	Neither
(buttock)	(buttock)		leg
			All A A A A A A A A A A A A A A A A A A

 Please review the list below and indicate how much limitation you have due to your peripheral vascular disease (discomfort, fatigue, pain, aching, or cramps in your calves (or buttocks)) over the past 4 weeks.

Place an X in one box on each line

Activity	Extremely Limited	Quite a bit Limited	Moderately Limited	Slightly Limited	Not at all Limited	Limited for other reasons or did not do the activity
Walking around your home						□ <mark>home                                      </mark>
Walking 1-2 blocks on <b>level ground</b>						levgrdtwo <iimit2></iimit2>
Walking 1-2 blocks <b>up a hill</b>						□ <sup>uphill</sup>
Walking 3-4 blocks on level ground						□ levgrdfour
Hurrying or jogging (as if to catch a bus)						jogging ☐ <limit2></limit2>
Vigorous work or exercise						vigwork <limit2></limit2>



3. <u>Compared with 4 weeks ago</u>, have your symptoms of **peripheral vascular disease** (discomfort, fatigue, pain, aching, or cramps in your calves (or buttocks)) changed?

My symptoms have become...

Much worse	Slightly worse	Not changed	Slightly better	Much better	I have had no symptoms over the past 4 weeks	Panel: QOLBas07
						sympchx <paqsympchx></paqsympchx>

PS: QOLBas07 PT: QOLBas07

4. Over the <u>past 4 weeks</u>, how many times did you have **discomfort**, **fatigue**, **pain**, **painfreq**, **aching**, **or cramps in your calves (or buttocks)**?

All of the time	Several times per day	At least once a day	3 or more times per week but not every day	1-2 times per week	Never over the past 4 weeks

5. Over the <u>past 4 weeks</u>, how much has **discomfort**, **fatigue**, **pain**, **aching**, **or cramps in your calves (or buttocks)** bothered you?

It has been ...

Extremely bothersome	Moderately bothersome	Somewhat bothersome	Slightly bothersome	Not at all bothersome	l've had <b>no</b> leg discomfort

6. Over the <u>past 4 weeks</u>, how often have you been awakened with **pain**, aching, or cramps in your legs or feet?

	panianano				
Evony night	3 or more	1-2 times		Never over the past 4	<paqpainawake></paqpainawake>
Every night	t times per week but not every	per week	once a week	weeks	
	night				

7. How satisfied are you that everything possible is being done to treat your **peripheral vascular disease**?

Not satisfied at all	Mostly dissatisfied	Somewhat satisfied	Mostly satisfied	Completely satisfied	PAQsatisfied <paqsatisfied></paqsatisfied>



13. How much does your peripheral vascular disease affect your lifestyle? Please PS: QOLBas09 indicate how your discomfort, fatigue, pain, aching, or cramps in your calves buttocks) may have limited your participation in the following activities over the pain and the pain of the pain activities over the pain and the pain activities over the

Please place an **X** in one box on each line

	Activity	Severely limited	Limited <b>quite a bit</b>	<b>Moderately</b> limited	Slightly limited	<b>Did not</b> limit at all	Does not apply or did not do for other reasons
recractv <limit4></limit4>	Hobbies, recreational activities						
visitactv <limit4></limit4>	Visiting family or riends out of your home						
workactv <limit< td=""><td>Vorking or doing household chores</td><td></td><td></td><td></td><td></td><td></td><td></td></limit<>	Vorking or doing household chores						

# Employment

	In order to compare your experiences with other patients, we would like to know a little about you as a person. By answering the following questions, we will be better able to evaluate your experiences. If you feel that any question is too personal, please sk	)
l	and go on to the next question.	PS: QOLBas10
1.	Which term best describes your most recent main job? (Circle one)	PT: QOLBas10 Panel: QOLBas10
employ <employ></employ>	Professional or technical (lawyer, teacher, social worker, scientist, nurse,	
	doctor, state police, computer programmer)	1
	Clerical worker (secretary, receptionist, data entry, cashier)	2
	Service worker (janitor, cook, waitress/waiter, nurse's aide, security	
	guard, driver, road crew worker, subway conductor)	3
	Craftsman or tradesman (carpenter, electrician, mechanic)	4
	Other (please describe)	5
2.	What was your total family income last year before taxes? (Circle one)	
income <income></income>	Less than \$10,000	1
	\$10,000 to \$20,000	2
	\$20,000 to \$40,000	3
	\$40,000 to \$60,000	4
	\$60,000 to \$80,000	5
	\$80,000 to \$100,000	6
	More than \$100,000	7

3.	Which of the following statements best describes your work situation for the	past
worksitn <situation></situation>	month? (Circle one)	PS: QOLBas11 PT: QOLBas11
	Working	1 Panel: QOLBas1
	Unemployed (but seeking work)	2
	On disability	3
	Retired	. 4
	On sick leave	5

# **Personal Information**

4.	What is the highest grade of school you completed? (Circle one)	
schling <schooling></schooling>	Grade eight or less	1
	Some high school	2
	Graduated from high school	3
	Some college or did not attend college, but had additional special training	4
	Graduated from college	5
	Post-graduate work	6
5.	How many people, including yourself, live in your household?	ople
6.	Are you presently: (Circle one)	
marital <marital></marital>	Married or living as married	1
	Divorced or separated	2
	Widowed	3
	Never Married	4

## Thank you for participating in this study!

# CLEVER

# Patient Functioning and Quality of Life Questionnaire:

# Follow up

## Instructions

This questionnaire asks for your views about your health. This information will help keep track of how you feel and how well you are able to do your usual activities.

Any information that would permit you to be identified as a member of the study will be regarded as strictly confidential and will be used only for this study.

Please answer every question by marking one box. If you are unsure about how to answer please give the best answer you can.





By circling one number in each group below, please indicate which statements best describe your own health state today.

PS: QOLAnn02

PT: QOLAnn02 Panel: QOLAnn02

1.	Mobility	(Circle one)	)	mobility <qolwalk></qolwalk>
			/	



2. Self-Care (Circle one)



I have no problems with self-care	1
I have some problems washing or dressing myself	2
I am unable to wash or dress myself	3

uslactv <qolactiv>

### **3. Usual Activities** (Circle one)

(e.g. work, study, housework, family or leisure activities)

I have no problems with performing my usual activities1
I have some problems with performing my usual
activities 2
I am unable to perform my usual activities

### 4. Pain/Discomfort (Circle one) discmfrt <discom>

I have no pain or discomfort	1
I have moderate pain or discomfort	2
I have extreme pain or discomfort	3

#### 5. Anxiety/Depression (Circle one)



I am not anxious or depressed	1
I am moderately anxious or depressed	2
I am extremely anxious or depressed	3

# Your Health and Well-Being

PS: QOLAnn03 PT: QOLAnn03 Panel: QOLAnn03

This survey asks for your views about your health. This information will help keep track of how you feel and how well you are able to do your usual activities. *Thank you for completing this survey!* 

For each of the following questions, please mark an  $\boxtimes$  in the one box that best describes your answer.

#### 1. In general, would you say your health is:



2. The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much?

	Yes, limited a lot	Yes, limited a little	No, not limited at all	
<ul> <li><u>Moderate activities</u>, such as moving a table, pushing a vacuum cleaner, bowling, or playing golf</li> </ul>	[]1	[]2	]3	modactv <limit></limit>
b. Climbing several flights of stairs	[]1	[]2	]3 <mark>s</mark>	evstair <limit></limit>

3. During the <u>past 4 weeks</u>, have you had any of the following problems with your work or other regular daily activities <u>as a result of your physical health</u>?



PS: QOLAnn04 PT: QOLAnn04

4. During the <u>past 4 weeks</u>, have you had any of the following problems with your work or other regular daily activities <u>as a result of any emotional</u> <u>problems</u> (such as feeling depressed or anxious)?



5. During the <u>past 4 weeks</u>, how much did <u>pain</u> interfere with your normal work (including both work outside the home and housework)?



6. These questions are about how you feel and how things have been with you PS: QOLAnn05 during the past 4 weeks. For each question, please give the one answer the comes closest to the way you have been feeling. How much of the time du the past 4 weeks...



7. During the <u>past 4 weeks</u>, how much of the time has your <u>physical health or</u> <u>emotional problems</u> interfered with your social activities (like visiting friends, relatives, etc.)?



### The Peripheral Artery Questionnaire(PAQ)

PS: QOLAnn06

The following questions refer to blockages in the arteries of your body, particularly yields, and how that might affect your life. Please read and complete the following questions. There are no right or wrong answers. Please mark the answer that best applies to you.

1. Blockages in the arteries, often referred to as **peripheral vascular disease**, affect different people in different ways. Some feel cramping or aching while others feel fatigue. Which leg (or buttock) causes you the <u>most severe</u> **discomfort**, **fatigue**, **pain**, **aching**, **or cramps**?

the Right leg	the Left leg	Both are the same	Neither	
(buttock) □	(buttock) □			leg <paqleg></paqleg>

 Please review the list below and indicate how much limitation you have due to your peripheral vascular disease (discomfort, fatigue, pain, aching, or cramps in your calves (or buttocks)) over the past 4 weeks.

Place an X in one box on each line

Activity	Extremely Limited	Quite a bit Limited	Moderately Limited	Slightly Limited	Not at all Limited	Limited for other reasons or did not do the activity
Walking around your home						home <imit2></imit2>
Walking 1-2 blocks on <b>level ground</b>						□ levgrdtwo <limit2></limit2>
Walking 1-2 blocks <b>up a hill</b>						uphill <limit2l></limit2l>
Walking 3-4 blocks on level ground						□ levgrdfour <limit2></limit2>
Hurrying or jogging (as if to catch a bus)						☐ jogging <limit2></limit2>
Vigorous work or exercise						□ <mark>vigwork <limit2></limit2></mark>



3. <u>Compared with 4 weeks ago</u>, have your symptoms of **peripheral vascular diser** PS: QOLAnn07 (discomfort, fatigue, pain, aching, or cramps in your calves (or buttocks)) changed? Panel: QOLAnn07

My symptoms have become...

111	y symptoms							
	Much worse	Slightly worse	Not changed	Slightly better	Much better	I have had no symptoms over the past 4 weeks	sympchx <paqsympchx></paqsympchx>	
	over the <u>past</u> ∠ i <b>ng, or cramp</b>					comfort, fatigue	, pain,	
All of t time			a day time	or more es per wee t not every day		Eess than	Never over the past 4 week	
		[	]					1-
	Over the <u>pas</u> r <b>amps in you</b> It has been	r calves (o				fatigue, pain, a	ching, or painbother <paqpainbother></paqpainbother>	
		oderately othersome	Some bother		Slightly oothersome	Not at all bothersome	l've had <b>no</b> leg	
	rsome bo			rsome b				
bother E 6. C	rsome bo	othersome	bother E ow often h	some b		bothersome	leg discomfort □ ing, or	
bother E 6. C	rsome bo	thersome <u>4 weeks</u> , ho <b>1 legs or f</b> 3 c ght times but i	bother E bw often h <b>eet</b> ? or more per week not every	some b ] ave you be 1-2 times	een awaken s Less that	bothersome ed with <b>pain, ach</b> an Never over	leg discomfort D ing, or	
bother E 6. C	rsome bo ⊐ Over the <u>past 4</u> c <b>ramps in you</b>	thersome <u>4 weeks</u> , ho <b>1 legs or f</b> 3 c ght times but i	bother E ow often h <b>eet</b> ? or more per week	some b ] ave you be 1-2 times	een awaken s Less that	bothersome ed with <b>pain, ach</b> an Never over eek the past 4	leg discomfort D ing, or	
bother 6. C c 7. F	rsome bo Dver the <u>past 4</u> ramps in you Every ni	thersome □ <u>4 weeks</u> , ho <b>ir legs or f</b> 3 d ght times but i	bother	some b ] ave you be 1-2 times per weel	een awaken s Less tha k once a w	bothersome	leg discomfort	
bother 6. C c 7. F	rsome bo Dver the <u>past 4</u> ramps in you Every ni D	thersome □ <u>4 weeks</u> , ho <b>ur legs or f</b> ght times but i are you tha <b>ase</b> ? Most	bother	some b ] ave you be 1-2 times per weel	een awaken Less tha k once a w	bothersome	leg discomfort ing, or painawake <paqpainawake></paqpainawake>	



### PS: QOLAnn09

How much does your peripheral vascular disease affect your lifestyle? Please PT: QOLAnn09 indicate how your discomfort, fatigue, pain, aching, or cramps in your calves (Panel: QOLAnn09 buttocks) may have limited your participation in the following activities over the participation 4 weeks.

Please place an X in one box on each line

	Activity	Severely limited	Limited <b>quite a bit</b>	Moderately limited	<b>Slightly</b> limited	<b>Did not</b> limit at all	Does not apply or did not do for other reasons
recractv <limit4> visitactv <limit4> workactv <limit< td=""><td>Hobbies, recreational activities</td><td></td><td></td><td></td><td></td><td></td><td></td></limit<></limit4></limit4>	Hobbies, recreational activities						
	Visiting family or riends out of your home						
	<sup>4&gt;</sup> Vorking or doing household chores						

# Employment

In order to compare your experiences with other patients, we would like to know a little ribble about your work life. By answering the following questions, we will be better able to evaluate your experiences. If you feel that any question is too personal, please skip it and go on to the next question.

1. During the last week, have you been working outside of the home?

1. Yes

working <yesno>

### 2. No (IF NO, SKIP TO QUESTION 5)

- 2. On average, how many hours are you currently working per week? wkhours (f, 5)
- Have you resumed working since you were last contacted by the CLEVER study? resumewk<yesno>

1. Yes (IF YES, ANSWER QUESTION 4)

2. No

4. To the best of your recollection, when did you resume working outside of the home?

/ / workmm/workdd/workyy workdt() Month Day Year

(IF YOU ARE UNEMPLOYED, PLEASE ANSWER QUESTION 5)

umempl <yesno>

5. Are you not working because of your health?

1. Yes

2. No

### Thank you for participating in this study!