

Data Set Name: public_choices_asa24_infmyphei4.sas7bdat

Num	Variable	Type	Len	Format	Label
1	RECALLNO	Num	8		Recall number
2	RECALLATTEMPT	Num	8		Sequence number for attempt within recall
3	RECALLSTATUS	Num	8	RSTATUS.	The final status of this recall
4	INTAKEDATE	Num	8		# of days from randomization date to the start of the 24 hour period for which intake is being reported
5	INTAKEDAY	Num	8	ASA_DAY.	Day of week of intake for which intake is being reported (1=Sunday)
6	COMPLETIONDATE	Num	8		# of days from randomization date to the last date data were reported within the reporting period. Reporting period is the time within which respondents are allowed to report their intake
7	LANG	Num	8	LANG.	Language used for recall
8	OCC_NO	Num	8		System assigned sequence number for this eating occasion; eating occasions (meals) are sorted chronologically based on the times reported by respondent. By default, supplements are assigned the final sequence number in the intake
9	OCC_TIME	Char	8		Time of eating occasion; supplements are assigned a default time of midnight on the intake day
10	OCC_NAME	Num	8	OCC_NAME.	Name of eating occasion
11	EATWITH	Num	8	EATWITH.	Who was with the respondent for the meal
12	WATCHTV	Num	8	WATCHTV.	Respondent's TV and computer use during the meal
13	LOCATION	Num	8	LOCATION.	Respondent's location while eating the meal
14	FOODNUM	Num	8		FoodListTerm (FLT) or Supplement Sequence number within the recall
15	FOODTYPE	Num	8	FOODTYPE.	Type of food reported
16	FOODSRCE	Num	8		Source of the food/most of the ingredients for the food
17	CODENUM	Num	8		Food code sequence number within a meal
18	FOODCODE	Num	8		USDA Food and Nutrient Database for Dietary Studies (FNDDS) Food code
19	MODCODE	Num	8		Recipe Modification Code from FNDDS
20	HOWMANY	Num	8		Amount of the food model represented in the field PORTIONCODE
21	SUBCODE	Num	8		Portion subcode from FNDDS
22	PORTIONCODE	Num	8		Food measure code from FNDDS
23	FOODAMT	Num	8		Amount of food in grams; calculated using HOWMANY, SUBCODE, and PORTIONCODE data
24	KCAL	Num	8		Energy (kcal)
25	PROT	Num	8		Protein (g)
26	TFAT	Num	8		Total Fat (g)
27	CARB	Num	8		Carbohydrate (g)
28	MOIS	Num	8		Water (g)
29	ALC	Num	8		Alcohol (g)
30	CAFF	Num	8		Caffeine (mg)
31	THEO	Num	8		Theobromine (mg)
32	SUGR	Num	8		Sugars, total (g)

Num	Variable	Type	Len	Format	Label
33	FIBE	Num	8		Fiber, total dietary (g)
34	CALC	Num	8		Calcium (mg)
35	IRON	Num	8		Iron (mg)
36	MAGN	Num	8		Magnesium (mg)
37	PHOS	Num	8		Phosphorus (mg)
38	POTA	Num	8		Potassium (mg)
39	SODI	Num	8		Sodium (mg)
40	ZINC	Num	8		Zinc (mg)
41	COPP	Num	8		Copper (mg)
42	SELE	Num	8		Selenium (mcg)
43	VC	Num	8		Vitamin C (mg)
44	VB1	Num	8		Thiamin (mg)
45	VB2	Num	8		Riboflavin (mg)
46	NIAC	Num	8		Niacin (mg)
47	VB6	Num	8		Vitamin B-6 (mg)
48	FOLA	Num	8		Folate, total (mcg)
49	FA	Num	8		Folic acid (mcg)
50	FF	Num	8		Folate, food (mcg)
51	FDFE	Num	8		Folate, DFE (mcg_DFE)
52	VB12	Num	8		Vitamin B-12 (mcg)
53	VARA	Num	8		Vitamin A, RAE (mcg_RAE)
54	RET	Num	8		Retinol (mcg)
55	BCAR	Num	8		Carotene, beta (mcg)
56	ACAR	Num	8		Carotene, alpha (mcg)
57	CRYP	Num	8		Cryptoxanthin, beta (mcg)
58	LYCO	Num	8		Lycopene (mcg)
59	LZ	Num	8		Lutein + zeaxanthin (mcg)
60	ATOC	Num	8		Vitamin E, alpha-tocopherol (mg)
61	VK	Num	8		Vitamin K, phylloquinone (mcg)
62	CHOLE	Num	8		Cholesterol (mg)
63	SFAT	Num	8		Fatty acids, total saturated (g)
64	S040	Num	8		4:0, Butanoic acid (g)
65	S060	Num	8		6:0, Hexanoic acid (g)
66	S080	Num	8		8:0, Octanoic acid (g)
67	S100	Num	8		10:0, Decanoic acid (g)
68	S120	Num	8		12:0, Dodecanoic acid (g)
69	S140	Num	8		14:0, Tetradecanoic acid (g)
70	S160	Num	8		16:0, Hexadecanoic acid (g)
71	S180	Num	8		18:0, Octadecanoic acid (g)

Num	Variable	Type	Len	Format	Label
72	MFAT	Num	8		Fatty acids, total monounsaturated (g)
73	M161	Num	8		16:1, Hexadecenoic acid, undifferentiated(g)
74	M181	Num	8		18:1, Octadecenoic acid, undifferentiated (g)
75	M201	Num	8		20:1, Eicosenoic acid, undifferentiated (g)
76	M221	Num	8		22:1, Docosenoic acid, undifferentiated (g)
77	PFAT	Num	8		Fatty acids, total polyunsaturated (g)
78	P182	Num	8		18:2, Octadecadienoic acid (g)
79	P183	Num	8		18:3, Octadecatrienoic acid (g)
80	P184	Num	8		18:4, Octadecatetraenoic acid (g)
81	P204	Num	8		20:4, Eicosatetraenoic acid (g)
82	P205	Num	8		20:5 n-3, Eicosapentaenoic acid [EPA] (g)
83	P225	Num	8		22:5 n-3, Docosapentaenoic acid [DPA] (g)
84	P226	Num	8		22:6 n-3, Docosahexaenoic acid [DHA] (g)
85	VITD	Num	8		Vitamin D (D2 + D3) (mcg)
86	CHOLN	Num	8		Choline, total (mg)
87	VITE_ADD	Num	8		Added Vitamin E (mg)
88	B12_ADD	Num	8		Added Vitamin B-12 (mcg)
89	EQUIVFLAG	Num	8		Equivalents Flag from USDA MyPyramid Equivalents Database (MPED)
90	G_TOTAL	Num	8		Total number of ounce equivalents from the grains group
91	G_WHL	Num	8		Number of ounce equivalents of whole grains from the grains group
92	G_NWHL	Num	8		Number of ounce equivalents of non-whole grains (refined grains) from the grains group
93	V_TOTAL	Num	8		Total number of cup equivalents from the vegetables group. Includes cup equivalents from: V_DRKGR, V_ORANGE, V_POTATO, V_STARCHY, V_TOMATO, and V_OTHER; does not include cup equivalents from LEGUMES
94	V_DRKGR	Num	8		Number of cup equivalents of dark-green vegetables
95	V_ORANGE	Num	8		Number of cup equivalents of orange vegetables
96	V_POTATO	Num	8		Number of cup equivalents of white potatoes
97	V_STARCHY	Num	8		Number of cup equivalents of other starchy vegetables, excluding dry beans and peas (LEGUMES) and white potatoes (V_POTATO)
98	V_TOMATO	Num	8		Number of cup equivalents of tomatoes
99	V_OTHER	Num	8		Number of cup equivalents of other vegetables, not dark-green (V_DRKGR), orange (V_ORANGE), white potatoes (V_POTATO), other starchy vegetables (V_STARCHY), tomatoes (V_TOMATO), or dry beans or peas (LEGUMES)
100	F_TOTAL	Num	8		Total number of cup equivalents from the fruits group
101	F_CITMLB	Num	8		Number of cup equivalents of citrus fruits, melons, berries, and their juices
102	F_OTHER	Num	8		Number of cup equivalents of fruits and juices, which are not citrus fruits, melons, berries, or their juices
103	D_TOTAL	Num	8		Total number of cup equivalents from the milk group
104	D_MILK	Num	8		Number of cup equivalents of milk

Num	Variable	Type	Len	Format	Label
105	D_YOGURT	Num	8		Number of cup equivalents of yogurt
106	D_CHEESE	Num	8		Number of cup equivalents of cheese. Includes natural and processed cheese
107	M_MPF	Num	8		Ounces of cooked lean meat from beef, pork, veal, lamb, and game (M_MEAT); organ meats (M_ORGAN); frankfurters, sausages, and luncheon meat (M_FRANK);(M_POULT); and fish and shellfish (M_FISH_HI and M_FISH_LO)
108	M_MEAT	Num	8		Ounces of cooked lean meat from beef, pork, veal, lamb, and game, excludes lean meat organ meats (M_ORGAN) and frankfurters, sausages, and luncheon meat (M_FRANK)
109	M_ORGAN	Num	8		Ounces of cooked lean meat from all types of organ meats, including that from beef, pork, veal, lamb, game, poultry, and fish
110	M_FRANK	Num	8		Ounces of cooked lean meat from frankfurters, sausages, and luncheon meats
111	M_POULT	Num	8		Ounces of cooked lean meat from chicken, turkey, and other poultry. Excludes poultry organ meats and poultry present in frankfurters, sausages, and luncheon meats
112	M_FISH_HI	Num	8		Ounces of cooked lean meat from fish, shellfish, and other seafood that are high in the n-3 fatty acids eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). (additional details-see ASA24 DataDictionary_INFMYPHEI_2014Recall.xls)
113	M_FISH_LO	Num	8		Ounces of cooked lean meat from fish, shellfish, and other seafood that are low in the n-3 fatty acids eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). (additional details-see ASA24 DataDictionary_INFMYPHEI_2014Recall.xls)
114	M_EGG	Num	8		Number of ounce equivalents, where one egg is one ounce equivalent of cooked lean meat. Includes eggs and egg substitutes
115	M_SOY	Num	8		Number of ounce equivalents from soybean products where one cup of soy milk, 1/4 cup of cubed tofu, 1/4 cup of soy nuts, and one ounce of meat analog are one ounce equivalent of cooked lean meat each
116	M_NUTSD	Num	8		Number of ounce equivalents of cooked lean meat from nuts and seeds, where 1/2 ounce of nuts and seeds is one ounce equivalent of cooked lean meat
117	LEGUMES	Num	8		Number of cup equivalents of cooked dry beans and peas. May be counted as either vegetable or meat alternate. Refer to MPED documentation for guidelines and conversion factors for analyzing legumes as meat alternate
118	DISCFAT_OIL	Num	8		Grams of discretionary oil from the foods in each of the five major MyPyramid food groups and oils
119	DISCFAT_SOL	Num	8		Grams of discretionary solid fat from the foods in each of the five major MyPyramid food groups
120	ADD_SUG	Num	8		Teaspoon equivalents of added sugars, where one teaspoon is the quantity of sweetener that contains the same amount of total nutrient sugar as a teaspoon of table sugar. (additional details-see ASA24 DataDictionary_INFMYPHEI_2014Recall.xls)
121	A_BEV	Num	8		Total drinks of alcohol, where one drink is defined as 12 fluid ounces of beer, five fluid ounces of wine, and 1-1/2 fluid ounces of 80-proof distilled spirits
122	WHOLEFRT	Num	8		Number of cup equivalents of whole fruit, i.e., cup equivalents from fruits in forms other than juice; variable provided by USDA for calculation of the HEI
123	FOODCOMP	Num	8	FOODCOMP.	This is an indicator which shows, per food, if the portion and/or nutrient data is complete or missing
124	FOOD_DESC	Char	200		Description of Food, from either the FNDDS FoodCode Description or, where applicable, the ModCode description

Num	Variable	Type	Len	Format	Label
125	RECALL_NUM	Num	8		Recall number of two possible (1,2)
126	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_asa24_tnmphei1.sas7bdat

Num	Variable	Type	Len	Format	Label
1	RECALLSTATUS	Num	8	RSTATUS.	The final status of this recall
2	INTAKEDATE	Num	8		# of days from randomization date to the start of the 24 hour period for which intake is being reported
3	INTAKEDAY	Num	8	ASA_DAY.	Day of week of intake for which intake is being reported (1=Sunday)
4	COMPLETIONDATE	Num	8		# of days from randomization date to the last date data were reported within the reporting period. Reporting period is the time within which respondents are allowed to report their intake
5	LANG	Num	8	LANG.	Language used for recall
6	NUMFOODS	Num	8		Total number of FLT's included in this recall
7	NUMCODES	Num	8		Total number of Food Codes included in this recall
8	AMTUSUAL	Num	8	AMTUSUAL.	Respondent's assessment of amount of food consumed on intake day
9	SALTTYPE	Num	8	SALTTYPE.	Type of salt added to foods at the table
10	SALTFREQ	Num	8	SALTFREQ.	How often salt is added to foods at the table
11	SALTUSED	Num	8	SALTUSED.	How often regular or seasoned salt is added to foods during preparation
12	KCAL	Num	8		Energy (kcal)
13	PROT	Num	8		Protein (g)
14	TFAT	Num	8		Total Fat (g)
15	CARB	Num	8		Carbohydrate (g)
16	MOIS	Num	8		Water (g)
17	ALC	Num	8		Alcohol (g)
18	CAFF	Num	8		Caffeine (mg)
19	THEO	Num	8		Theobromine (mg)
20	SUGR	Num	8		Sugars, total (g)
21	FIBE	Num	8		Fiber, total dietary (g)
22	CALC	Num	8		Calcium (mg)
23	IRON	Num	8		Iron (mg)
24	MAGN	Num	8		Magnesium (mg)
25	PHOS	Num	8		Phosphorus (mg)
26	POTA	Num	8		Potassium (mg)
27	SODI	Num	8		Sodium (mg)
28	ZINC	Num	8		Zinc (mg)
29	COPP	Num	8		Copper (mg)
30	SELE	Num	8		Selenium (mcg)
31	VC	Num	8		Vitamin C (mg)
32	VB1	Num	8		Thiamin (mg)
33	VB2	Num	8		Riboflavin (mg)
34	NIAC	Num	8		Niacin (mg)

Num	Variable	Type	Len	Format	Label
35	VB6	Num	8		Vitamin B-6 (mg)
36	FOLA	Num	8		Folate, total (mcg)
37	FA	Num	8		Folic acid (mcg)
38	FF	Num	8		Folate, food (mcg)
39	FDFE	Num	8		Folate, DFE (mcg_DFE)
40	VB12	Num	8		Vitamin B-12 (mcg)
41	VARA	Num	8		Vitamin A, RAE (mcg_RAE)
42	RET	Num	8		Retinol (mcg)
43	BCAR	Num	8		Carotene, beta (mcg)
44	ACAR	Num	8		Carotene, alpha (mcg)
45	CRYP	Num	8		Cryptoxanthin, beta (mcg)
46	LYCO	Num	8		Lycopene (mcg)
47	LZ	Num	8		Lutein + zeaxanthin (mcg)
48	ATOC	Num	8		Vitamin E, alpha-tocopherol (mg)
49	VK	Num	8		Vitamin K, phylloquinone (mcg)
50	CHOLE	Num	8		Cholesterol (mg)
51	SFAT	Num	8		Fatty acids, total saturated (g)
52	S040	Num	8		4:0, Butanoic acid (g)
53	S060	Num	8		6:0, Hexanoic acid (g)
54	S080	Num	8		8:0, Octanoic acid (g)
55	S100	Num	8		10:0, Decanoic acid (g)
56	S120	Num	8		12:0, Dodecanoic acid (g)
57	S140	Num	8		14:0, Tetradecanoic acid (g)
58	S160	Num	8		16:0, Hexadecanoic acid (g)
59	S180	Num	8		18:0, Octadecanoic acid (g)
60	MFAT	Num	8		Fatty acids, total monounsaturated (g)
61	M161	Num	8		16:1, Hexadecenoic acid, undifferentiated(g)
62	M181	Num	8		18:1, Octadecenoic acid, undifferentiated (g)
63	M201	Num	8		20:1, Eicosenoic acid, undifferentiated (g)
64	M221	Num	8		22:1, Docosenoic acid, undifferentiated (g)
65	PFAT	Num	8		Fatty acids, total polyunsaturated (g)
66	P182	Num	8		18:2, Octadecadienoic acid (g)
67	P183	Num	8		18:3, Octadecatrienoic acid (g)
68	P184	Num	8		18:4, Octadecatetraenoic acid (g)
69	P204	Num	8		20:4, Eicosatetraenoic acid (g)
70	P205	Num	8		20:5 n-3, Eicosapentaenoic acid [EPA] (g)
71	P225	Num	8		22:5 n-3, Docosapentaenoic acid [DPA] (g)
72	P226	Num	8		22:6 n-3, Docosahexaenoic acid [DHA] (g)
73	VITD	Num	8		Vitamin D (D2 + D3) (mcg)

Num	Variable	Type	Len	Format	Label
74	CHOLN	Num	8		Choline, total (mg)
75	VITE_ADD	Num	8		Added Vitamin E (mg)
76	B12_ADD	Num	8		Added Vitamin B-12 (mcg)
77	G_TOTAL	Num	8		Total number of ounce equivalents from the grains group
78	G_WHL	Num	8		Number of ounce equivalents of whole grains from the grains group
79	G_NWHL	Num	8		Number of ounce equivalents of non-whole grains (refined grains) from the grains group
80	V_TOTAL	Num	8		Total number of cup equivalents from the vegetables group. Includes cup equivalents from: V_DRKGR, V_ORANGE, V_POTATO, V_STARCHY, V_TOMATO, and V_OTHER; does not include cup equivalents from LEGUMES
81	V_DRKGR	Num	8		Number of cup equivalents of dark-green vegetables
82	V_ORANGE	Num	8		Number of cup equivalents of orange vegetables
83	V_POTATO	Num	8		Number of cup equivalents of white potatoes
84	V_STARCHY	Num	8		Number of cup equivalents of other starchy vegetables, excluding dry beans and peas (LEGUMES) and white potatoes (V_POTATO)
85	V_TOMATO	Num	8		Number of cup equivalents of tomatoes
86	V_OTHER	Num	8		Number of cup equivalents of other vegetables, not dark-green (V_DRKGR), orange (V_ORANGE), white potatoes (V_POTATO), other starchy vegetables (V_STARCHY), tomatoes (V_TOMATO), or dry beans or peas (LEGUMES)
87	F_TOTAL	Num	8		Total number of cup equivalents from the fruits group
88	F_CITMLB	Num	8		Number of cup equivalents of citrus fruits, melons, berries, and their juices
89	F_OTHER	Num	8		Number of cup equivalents of fruits and juices, which are not citrus fruits, melons, berries, or their juices
90	D_TOTAL	Num	8		Total number of cup equivalents from the milk group
91	D_MILK	Num	8		Number of cup equivalents of milk
92	D_YOGURT	Num	8		Number of cup equivalents of yogurt
93	D_CHEESE	Num	8		Number of cup equivalents of cheese. Includes natural and processed cheese
94	M_MPF	Num	8		Ounces of cooked lean meat from beef, pork, veal, lamb, and game (M_MEAT); organ meats (M_ORGAN); frankfurters, sausages, and luncheon meat (M_FRANK);(M_POULT); and fish and shellfish (M_FISH_HI and M_FISH_LO)
95	M_MEAT	Num	8		Ounces of cooked lean meat from beef, pork, veal, lamb, and game, excludes lean meat organ meats (M_ORGAN) and frankfurters, sausages, and luncheon meat (M_FRANK)
96	M_ORGAN	Num	8		Ounces of cooked lean meat from all types of organ meats, including that from beef, pork, veal, lamb, game, poultry, and fish
97	M_FRANK	Num	8		Ounces of cooked lean meat from frankfurters, sausages, and luncheon meats
98	M_POULT	Num	8		Ounces of cooked lean meat from chicken, turkey, and other poultry. Excludes poultry organ meats and poultry present in frankfurters, sausages, and luncheon meats
99	M_FISH_HI	Num	8		Ounces of cooked lean meat from fish, shellfish, and other seafood that are high in the n-3 fatty acids eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). (additional details-see ASA24 DataDictionary_TNMPYPEI_2014Recall.xls)

Num	Variable	Type	Len	Format	Label
100	M_FISH_LO	Num	8		Ounces of cooked lean meat from fish, shellfish, and other seafood that are low in the n-3 fatty acids eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). (additional details-see ASA24 DataDictionary_TNMYPHEI_2014Recall.xls)
101	M_EGG	Num	8		Number of ounce equivalents, where one egg is one ounce equivalent of cooked lean meat. Includes eggs and egg substitutes
102	M_SOY	Num	8		Number of ounce equivalents from soybean products where one cup of soy milk, 1/4 cup of cubed tofu, 1/4 cup of soy nuts, and one ounce of meat analog are one ounce equivalent of cooked lean meat each
103	M_NUTSD	Num	8		Number of ounce equivalents of cooked lean meat from nuts and seeds, where 1/2 ounce of nuts and seeds is one ounce equivalent of cooked lean meat
104	LEGUMES	Num	8		Number of cup equivalents of cooked dry beans and peas. May be counted as either vegetable or meat alternate. Refer to MPED documentation for guidelines and conversion factors for analyzing legumes as meat alternate
105	DISCFAT_OIL	Num	8		Grams of discretionary oil from the foods in each of the five major MyPyramid food groups and oils
106	DISCFAT_SOL	Num	8		Grams of discretionary solid fat from the foods in each of the five major MyPyramid food groups
107	ADD_SUG	Num	8		Teaspoon equivalents of added sugars, where one teaspoon is the quantity of sweetener that contains the same amount of total nutrient sugar as a teaspoon of table sugar. (additional details-see ASA24 DataDictionary_TNMYPHEI_2014Recall.xls)
108	A_BEV	Num	8		Total drinks of alcohol, where one drink is defined as 12 fluid ounces of beer, five fluid ounces of wine, and 1-1/2 fluid ounces of 80-proof distilled spirits
109	WHOLEFRT	Num	8		Number of cup equivalents of whole fruit, i.e., cup equivalents from fruits in forms other than juice; variable provided by USDA for calculation of the HEI
110	DATAComp	Num	8	FOODCOMP.	This is an indicator which shows if the portion and/or nutrient data was complete or missing for any food/beverage in the recall (refer to INFMYPHEI file to locate the individual foods/beverages with missing data)
111	COMPLETE_DATE	Num	8		# of days from randomization date to the date of completion of recall (in-house, use this)
112	RECALL_NUM	Num	8		Recall number of two possible (1,2)
113	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_asa24_tnmypei4.sas7bdat

Num	Variable	Type	Len	Format	Label
1	RECALLNO	Num	8		Recall number
2	RECALLATTEMPT	Num	8		Sequence number for attempt within recall
3	RECALLSTATUS	Num	8	RSTATUS.	The final status of this recall
4	INTAKEDATE	Num	8		# of days from randomization date to the start of the 24 hour period for which intake is being reported
5	INTAKEDAY	Num	8	ASA_DAY.	Day of week of intake for which intake is being reported (1=Sunday)
6	COMPLETIONDATE	Num	8		# of days from randomization date to the last date data were reported within the reporting period. Reporting period is the time within which respondents are allowed to report their intake
7	LANG	Num	8	LANG.	Language used for recall
8	NUMFOODS	Num	8		Total number of FLT's included in this recall
9	NUMCODES	Num	8		Total number of Food Codes included in this recall
10	AMTUSUAL	Num	8	AMTUSUAL.	Respondent's assessment of amount of food consumed on intake day
11	SALTTYPE	Num	8	SALTTYPE.	Type of salt added to foods at the table
12	SALTFREQ	Num	8	SALTFREQ.	How often salt is added to foods at the table
13	SALTUSED	Num	8	SALTUSED.	How often regular or seasoned salt is added to foods during preparation
14	KCAL	Num	8		Energy (kcal)
15	PROT	Num	8		Protein (g)
16	TFAT	Num	8		Total Fat (g)
17	CARB	Num	8		Carbohydrate (g)
18	MOIS	Num	8		Water (g)
19	ALC	Num	8		Alcohol (g)
20	CAFF	Num	8		Caffeine (mg)
21	THEO	Num	8		Theobromine (mg)
22	SUGR	Num	8		Sugars, total (g)
23	FIBE	Num	8		Fiber, total dietary (g)
24	CALC	Num	8		Calcium (mg)
25	IRON	Num	8		Iron (mg)
26	MAGN	Num	8		Magnesium (mg)
27	PHOS	Num	8		Phosphorus (mg)
28	POTA	Num	8		Potassium (mg)
29	SODI	Num	8		Sodium (mg)
30	ZINC	Num	8		Zinc (mg)
31	COPP	Num	8		Copper (mg)
32	SELE	Num	8		Selenium (mcg)
33	VC	Num	8		Vitamin C (mg)
34	VB1	Num	8		Thiamin (mg)

Num	Variable	Type	Len	Format	Label
35	VB2	Num	8		Riboflavin (mg)
36	NIAC	Num	8		Niacin (mg)
37	VB6	Num	8		Vitamin B-6 (mg)
38	FOLA	Num	8		Folate, total (mcg)
39	FA	Num	8		Folic acid (mcg)
40	FF	Num	8		Folate, food (mcg)
41	FDFE	Num	8		Folate, DFE (mcg_DFE)
42	VB12	Num	8		Vitamin B-12 (mcg)
43	VARA	Num	8		Vitamin A, RAE (mcg_RAE)
44	RET	Num	8		Retinol (mcg)
45	BCAR	Num	8		Carotene, beta (mcg)
46	ACAR	Num	8		Carotene, alpha (mcg)
47	CRYP	Num	8		Cryptoxanthin, beta (mcg)
48	LYCO	Num	8		Lycopene (mcg)
49	LZ	Num	8		Lutein + zeaxanthin (mcg)
50	ATOC	Num	8		Vitamin E, alpha-tocopherol (mg)
51	VK	Num	8		Vitamin K, phylloquinone (mcg)
52	CHOLE	Num	8		Cholesterol (mg)
53	SFAT	Num	8		Fatty acids, total saturated (g)
54	S040	Num	8		4:0, Butanoic acid (g)
55	S060	Num	8		6:0, Hexanoic acid (g)
56	S080	Num	8		8:0, Octanoic acid (g)
57	S100	Num	8		10:0, Decanoic acid (g)
58	S120	Num	8		12:0, Dodecanoic acid (g)
59	S140	Num	8		14:0, Tetradecanoic acid (g)
60	S160	Num	8		16:0, Hexadecanoic acid (g)
61	S180	Num	8		18:0, Octadecanoic acid (g)
62	MFAT	Num	8		Fatty acids, total monounsaturated (g)
63	M161	Num	8		16:1, Hexadecenoic acid, undifferentiated(g)
64	M181	Num	8		18:1, Octadecenoic acid, undifferentiated (g)
65	M201	Num	8		20:1, Eicosenoic acid, undifferentiated (g)
66	M221	Num	8		22:1, Docosenoic acid, undifferentiated (g)
67	PFAT	Num	8		Fatty acids, total polyunsaturated (g)
68	P182	Num	8		18:2, Octadecadienoic acid (g)
69	P183	Num	8		18:3, Octadecatrienoic acid (g)
70	P184	Num	8		18:4, Octadecatetraenoic acid (g)
71	P204	Num	8		20:4, Eicosatetraenoic acid (g)
72	P205	Num	8		20:5 n-3, Eicosapentaenoic acid [EPA] (g)
73	P225	Num	8		22:5 n-3, Docosapentaenoic acid [DPA] (g)

Num	Variable	Type	Len	Format	Label
74	P226	Num	8		22:6 n-3, Docosahexaenoic acid [DHA] (g)
75	VITD	Num	8		Vitamin D (D2 + D3) (mcg)
76	CHOLN	Num	8		Choline, total (mg)
77	VITE_ADD	Num	8		Added Vitamin E (mg)
78	B12_ADD	Num	8		Added Vitamin B-12 (mcg)
79	G_TOTAL	Num	8		Total number of ounce equivalents from the grains group
80	G_WHL	Num	8		Number of ounce equivalents of whole grains from the grains group
81	G_NWHL	Num	8		Number of ounce equivalents of non-whole grains (refined grains) from the grains group
82	V_TOTAL	Num	8		Total number of cup equivalents from the vegetables group. Includes cup equivalents from: V_DRKGR, V_ORANGE, V_POTATO, V_STARCHY, V_TOMATO, and V_OTHER; does not include cup equivalents from LEGUMES
83	V_DRKGR	Num	8		Number of cup equivalents of dark-green vegetables
84	V_ORANGE	Num	8		Number of cup equivalents of orange vegetables
85	V_POTATO	Num	8		Number of cup equivalents of white potatoes
86	V_STARCHY	Num	8		Number of cup equivalents of other starchy vegetables, excluding dry beans and peas (LEGUMES) and white potatoes (V_POTATO)
87	V_TOMATO	Num	8		Number of cup equivalents of tomatoes
88	V_OTHER	Num	8		Number of cup equivalents of other vegetables, not dark-green (V_DRKGR), orange (V_ORANGE), white potatoes (V_POTATO), other starchy vegetables (V_STARCHY), tomatoes (V_TOMATO), or dry beans or peas (LEGUMES)
89	F_TOTAL	Num	8		Total number of cup equivalents from the fruits group
90	F_CITMLB	Num	8		Number of cup equivalents of citrus fruits, melons, berries, and their juices
91	F_OTHER	Num	8		Number of cup equivalents of fruits and juices, which are not citrus fruits, melons, berries, or their juices
92	D_TOTAL	Num	8		Total number of cup equivalents from the milk group
93	D_MILK	Num	8		Number of cup equivalents of milk
94	D_YOGURT	Num	8		Number of cup equivalents of yogurt
95	D_CHEESE	Num	8		Number of cup equivalents of cheese. Includes natural and processed cheese
96	M_MPF	Num	8		Ounces of cooked lean meat from beef, pork, veal, lamb, and game (M_MEAT); organ meats (M_ORGAN); frankfurters, sausages, and luncheon meat (M_FRANK);(M_POULT); and fish and shellfish (M_FISH_HI and M_FISH_LO)
97	M_MEAT	Num	8		Ounces of cooked lean meat from beef, pork, veal, lamb, and game, excludes lean meat organ meats (M_ORGAN) and frankfurters, sausages, and luncheon meat (M_FRANK)
98	M_ORGAN	Num	8		Ounces of cooked lean meat from all types of organ meats, including that from beef, pork, veal, lamb, game, poultry, and fish
99	M_FRANK	Num	8		Ounces of cooked lean meat from frankfurters, sausages, and luncheon meats
100	M_POULT	Num	8		Ounces of cooked lean meat from chicken, turkey, and other poultry. Excludes poultry organ meats and poultry present in frankfurters, sausages, and luncheon meats

Num	Variable	Type	Len	Format	Label
101	M_FISH_HI	Num	8		Ounces of cooked lean meat from fish, shellfish, and other seafood that are high in the n-3 fatty acids eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). (additional details-see ASA24 DataDictionary_TNMYPHEI_2014Recall.xls)
102	M_FISH_LO	Num	8		Ounces of cooked lean meat from fish, shellfish, and other seafood that are low in the n-3 fatty acids eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). (additional details-see ASA24 DataDictionary_TNMYPHEI_2014Recall.xls)
103	M_EGG	Num	8		Number of ounce equivalents, where one egg is one ounce equivalent of cooked lean meat. Includes eggs and egg substitutes
104	M_SOY	Num	8		Number of ounce equivalents from soybean products where one cup of soy milk, 1/4 cup of cubed tofu, 1/4 cup of soy nuts, and one ounce of meat analog are one ounce equivalent of cooked lean meat each
105	M_NUTSD	Num	8		Number of ounce equivalents of cooked lean meat from nuts and seeds, where 1/2 ounce of nuts and seeds is one ounce equivalent of cooked lean meat
106	LEGUMES	Num	8		Number of cup equivalents of cooked dry beans and peas. May be counted as either vegetable or meat alternate. Refer to MPED documentation for guidelines and conversion factors for analyzing legumes as meat alternate
107	DISCFAT_OIL	Num	8		Grams of discretionary oil from the foods in each of the five major MyPyramid food groups and oils
108	DISCFAT_SOL	Num	8		Grams of discretionary solid fat from the foods in each of the five major MyPyramid food groups
109	ADD_SUG	Num	8		Teaspoon equivalents of added sugars, where one teaspoon is the quantity of sweetener that contains the same amount of total nutrient sugar as a teaspoon of table sugar. (additional details-see ASA24 DataDictionary_TNMYPHEI_2014Recall.xls)
110	A_BEV	Num	8		Total drinks of alcohol, where one drink is defined as 12 fluid ounces of beer, five fluid ounces of wine, and 1-1/2 fluid ounces of 80-proof distilled spirits
111	WHOLEFRT	Num	8		Number of cup equivalents of whole fruit, i.e., cup equivalents from fruits in forms other than juice; variable provided by USDA for calculation of the HEI
112	DATACOMP	Num	8	FOODCOMP.	This is an indicator which shows if the portion and/or nutrient data was complete or missing for any food/beverage in the recall (refer to INFMYPHEI file to locate the individual foods/beverages with missing data)
113	COMPLETE_DATE	Num	8		# of days from randomization date to the date of completion of recall (in-house, use this)
114	RECALL_NUM	Num	8		Recall number of two possible (1,2)
115	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_bodycomp1.sas7bdat

Num	Variable	Type	Len	Format	Label
1	RAND	Num	8	RAND.	random group (0=C/1=I)
2	SEX	Num	8	SEX.	gender of participant (1=M/2=F)
3	AGE	Num	8		age of participant (years)
4	DOEDATE	Num	8		# of days from randomization date to evaluation
5	TAPEUSED	Num	8		tape number used for waist circ
6	Q5A	Num	8	Y1F.	comment text present (1=y/blank=n)
7	HEIGHT1	Num	8		height (cm), measure 1
8	HEIGHT2	Num	8		height (cm), measure 2
9	HEIGHT3	Num	8		height (cm), measure 3
10	HEIGHT_MEAN1	Num	8		field mean height, measure 1,2
11	HEIGHT_MEAN2	Num	8		field mean height, measure 1,2,3
12	WEIGHT1	Num	8		weight (kg), measure 1
13	WEIGHT2	Num	8		weight (kg), measure 2
14	WEIGHT3	Num	8		weight (kg), measure 3
15	WEIGHT_MEAN1	Num	8		field mean weight, measure 1,2
16	WEIGHT_MEAN2	Num	8		field mean weight, measure 1,2,3
17	TANITA1	Num	8		tanita (% body fat), measure 1
18	TANITA2	Num	8		tanita (% body fat), measure 2
19	TANITA3	Num	8		tanita (% body fat), measure 3
20	TANITA_MEAN1	Num	8		field mean tanita, measure 1,2
21	TANITA_MEAN2	Num	8		field mean tanita, measure 1,2,3
22	WAIST1	Num	8		waist (cm), measure 1
23	WAIST2	Num	8		waist (cm), measure 2
24	WAIST3	Num	8		waist (cm), measure 3
25	WAIST_MEAN1	Num	8		field mean waist, measure 1,2
26	WAIST_MEAN2	Num	8		field mean waist, measure 1,2,3
27	HGTCM	Num	8		mean height (cm) (filled in time 1 height)
28	WGTKG	Num	8		mean weight (kg)
29	WAISTCM	Num	8		mean waist circ (cm)
30	TANITA_MEAN	Num	8		mean tanita % body fat
31	BMI	Num	8		body-mass index (filled in time 1 height)
32	BMICAT	Num	8	BMICAT.	bmi categories (filled in time 1 height)
33	BMILT18_5	Num	8	Y1NOF.	bmi < 18.5 (1=Y FU only) (filled in time 1 height)
34	WGTL	Num	8		# of weight loss > 6% (web site data)
35	IWGT	Num	8	Y1NOF.	inaccurate weight (1=y/0=n)
36	WGTP	Num	8	Y1NOF.	weight collected off protocol

Num	Variable	Type	Len	Format	Label
37	HGTCM_ORIG	Num	8		mean height (cm) (time-specific height)
38	BMI_ORIG	Num	8		body-mass index (time-specific height)
39	BMICAT_ORIG	Num	8	BMICAT.	bmi categories (time-specific height)
40	SETMISS_HGT	Num	8	Y1N0F.	set hgtdm_orig to missing if diff >=3cm shrinkage
41	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_bodycomp2.sas7bdat

Num	Variable	Type	Len	Format	Label
1	RAND	Num	8	RAND.	random group (0=C/1=I)
2	SEX	Num	8	SEX.	gender of participant (1=M/2=F)
3	AGE	Num	8		age of participant (years)
4	DOEDATE	Num	8		# of days from randomization date to evaluation
5	TAPEUSED	Num	8		tape number used for waist circ
6	Q5A	Num	8	Y1F.	comment text present (1=y/blank=n)
7	HEIGHT1	Num	8		height (cm), measure 1
8	HEIGHT2	Num	8		height (cm), measure 2
9	HEIGHT3	Num	8		height (cm), measure 3
10	HEIGHT_MEAN1	Num	8		field mean height, measure 1,2
11	HEIGHT_MEAN2	Num	8		field mean height, measure 1,2,3
12	WEIGHT1	Num	8		weight (kg), measure 1
13	WEIGHT2	Num	8		weight (kg), measure 2
14	WEIGHT3	Num	8		weight (kg), measure 3
15	WEIGHT_MEAN1	Num	8		field mean weight, measure 1,2
16	WEIGHT_MEAN2	Num	8		field mean weight, measure 1,2,3
17	TANITA1	Num	8		tanita (% body fat), measure 1
18	TANITA2	Num	8		tanita (% body fat), measure 2
19	TANITA3	Num	8		tanita (% body fat), measure 3
20	TANITA_MEAN1	Num	8		field mean tanita, measure 1,2
21	TANITA_MEAN2	Num	8		field mean tanita, measure 1,2,3
22	WAIST1	Num	8		waist (cm), measure 1
23	WAIST2	Num	8		waist (cm), measure 2
24	WAIST3	Num	8		waist (cm), measure 3
25	WAIST_MEAN1	Num	8		field mean waist, measure 1,2
26	WAIST_MEAN2	Num	8		field mean waist, measure 1,2,3
27	HGTCM	Num	8		mean height (cm) (filled in time 1 height)
28	WGTKG	Num	8		mean weight (kg)
29	WAISTCM	Num	8		mean waist circ (cm)
30	TANITA_MEAN	Num	8		mean tanita % body fat
31	BMI	Num	8		body-mass index (filled in time 1 height)
32	BMICAT	Num	8	BMICAT.	bmi categories (filled in time 1 height)
33	BMILT18_5	Num	8	Y1NOF.	bmi < 18.5 (1=Y FU only) (filled in time 1 height)
34	WGTL	Num	8		# of weight loss > 6% (web site data)
35	IWGT	Num	8	Y1NOF.	inaccurate weight (1=y/0=n)
36	WGTP	Num	8	Y1NOF.	weight collected off protocol

Num	Variable	Type	Len	Format	Label
37	HGTCM_ORIG	Num	8		mean height (cm) (time-specific height)
38	BMI_ORIG	Num	8		body-mass index (time-specific height)
39	BMICAT_ORIG	Num	8	BMICAT.	bmi categories (time-specific height)
40	SETMISS_HGT	Num	8	Y1N0F.	set hgtdm_orig to missing if diff >=3cm shrinkage
41	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_bodycomp3.sas7bdat

Num	Variable	Type	Len	Format	Label
1	RAND	Num	8	RAND.	random group (0=C/1=I)
2	SEX	Num	8	SEX.	gender of participant (1=M/2=F)
3	AGE	Num	8		age of participant (years)
4	DOEDATE	Num	8		# of days from randomization date to evaluation
5	TAPEUSED	Num	8		tape number used for waist circ
6	Q5A	Num	8	Y1F.	comment text present (1=y/blank=n)
7	HEIGHT1	Num	8		height (cm), measure 1
8	HEIGHT2	Num	8		height (cm), measure 2
9	HEIGHT3	Num	8		height (cm), measure 3
10	HEIGHT_MEAN1	Num	8		field mean height, measure 1,2
11	HEIGHT_MEAN2	Num	8		field mean height, measure 1,2,3
12	WEIGHT1	Num	8		weight (kg), measure 1
13	WEIGHT2	Num	8		weight (kg), measure 2
14	WEIGHT3	Num	8		weight (kg), measure 3
15	WEIGHT_MEAN1	Num	8		field mean weight, measure 1,2
16	WEIGHT_MEAN2	Num	8		field mean weight, measure 1,2,3
17	TANITA1	Num	8		tanita (% body fat), measure 1
18	TANITA2	Num	8		tanita (% body fat), measure 2
19	TANITA3	Num	8		tanita (% body fat), measure 3
20	TANITA_MEAN1	Num	8		field mean tanita, measure 1,2
21	TANITA_MEAN2	Num	8		field mean tanita, measure 1,2,3
22	WAIST1	Num	8		waist (cm), measure 1
23	WAIST2	Num	8		waist (cm), measure 2
24	WAIST3	Num	8		waist (cm), measure 3
25	WAIST_MEAN1	Num	8		field mean waist, measure 1,2
26	WAIST_MEAN2	Num	8		field mean waist, measure 1,2,3
27	HGTCM	Num	8		mean height (cm) (filled in time 1 height)
28	WGTKG	Num	8		mean weight (kg)
29	WAISTCM	Num	8		mean waist circ (cm)
30	TANITA_MEAN	Num	8		mean tanita % body fat
31	BMI	Num	8		body-mass index (filled in time 1 height)
32	BMICAT	Num	8	BMICAT.	bmi categories (filled in time 1 height)
33	BMILT18_5	Num	8	Y1NOF.	bmi < 18.5 (1=Y FU only) (filled in time 1 height)
34	WGTL	Num	8		# of weight loss > 6% (web site data)
35	IWGT	Num	8	Y1NOF.	inaccurate weight (1=y/0=n)
36	WGTP	Num	8	Y1NOF.	weight collected off protocol

Num	Variable	Type	Len	Format	Label
37	HGTCM_ORIG	Num	8		mean height (cm) (time-specific height)
38	BMI_ORIG	Num	8		body-mass index (time-specific height)
39	BMICAT_ORIG	Num	8	BMICAT.	bmi categories (time-specific height)
40	SETMISS_HGT	Num	8	Y1N0F.	set hgtdm_orig to missing if diff >=3cm shrinkage
41	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_bodycomp4.sas7bdat

Num	Variable	Type	Len	Format	Label
1	RAND	Num	8	RAND.	random group (0=C/1=I)
2	SEX	Num	8	SEX.	gender of participant (1=M/2=F)
3	AGE	Num	8		age of participant (years)
4	DOEDATE	Num	8		# of days from randomization date to evaluation
5	TAPEUSED	Num	8		tape number used for waist circ
6	Q5A	Num	8	Y1F.	comment text present (1=y/blank=n)
7	HEIGHT1	Num	8		height (cm), measure 1
8	HEIGHT2	Num	8		height (cm), measure 2
9	HEIGHT3	Num	8		height (cm), measure 3
10	HEIGHT_MEAN1	Num	8		field mean height, measure 1,2
11	HEIGHT_MEAN2	Num	8		field mean height, measure 1,2,3
12	WEIGHT1	Num	8		weight (kg), measure 1
13	WEIGHT2	Num	8		weight (kg), measure 2
14	WEIGHT3	Num	8		weight (kg), measure 3
15	WEIGHT_MEAN1	Num	8		field mean weight, measure 1,2
16	WEIGHT_MEAN2	Num	8		field mean weight, measure 1,2,3
17	TANITA1	Num	8		tanita (% body fat), measure 1
18	TANITA2	Num	8		tanita (% body fat), measure 2
19	TANITA3	Num	8		tanita (% body fat), measure 3
20	TANITA_MEAN1	Num	8		field mean tanita, measure 1,2
21	TANITA_MEAN2	Num	8		field mean tanita, measure 1,2,3
22	WAIST1	Num	8		waist (cm), measure 1
23	WAIST2	Num	8		waist (cm), measure 2
24	WAIST3	Num	8		waist (cm), measure 3
25	WAIST_MEAN1	Num	8		field mean waist, measure 1,2
26	WAIST_MEAN2	Num	8		field mean waist, measure 1,2,3
27	HGTCM	Num	8		mean height (cm) (filled in time 1 height)
28	WGTKG	Num	8		mean weight (kg)
29	WAISTCM	Num	8		mean waist circ (cm)
30	TANITA_MEAN	Num	8		mean tanita % body fat
31	BMI	Num	8		body-mass index (filled in time 1 height)
32	BMICAT	Num	8	BMICAT.	bmi categories (filled in time 1 height)
33	BMILT18_5	Num	8	Y1NOF.	bmi < 18.5 (1=Y FU only) (filled in time 1 height)
34	WGTL	Num	8		# of weight loss > 6% (web site data)
35	IWGT	Num	8	Y1NOF.	inaccurate weight (1=y/0=n)
36	WGTP	Num	8	Y1NOF.	weight collected off protocol

Num	Variable	Type	Len	Format	Label
37	HGTCM_ORIG	Num	8		mean height (cm) (time-specific height)
38	BMI_ORIG	Num	8		body-mass index (time-specific height)
39	BMICAT_ORIG	Num	8	BMICAT.	bmi categories (time-specific height)
40	SETMISS_HGT	Num	8	Y1N0F.	set hgtdm_orig to missing if diff \geq 3cm shrinkage
41	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_bp1.sas7bdat

Num	Variable	Type	Len	Format	Label
1	RAND	Num	8	RAND.	random group (0=C/1=I)
2	SEX	Num	8	SEX.	gender of participant (1=M/2=F)
3	BPMACH	Num	8		blood pressure machine
4	VISDATE	Num	8		# of days from randomization date to visit date
5	CUFFSIZE	Num	8	CUFF.	cuff size
6	ARMCIRC1	Num	8		arm circ (cm), measure 1
7	ARMCIRC2	Num	8		arm circ (cm), measure 2
8	ARMCIRC3	Num	8		arm circ (cm), measure 3
9	ARMCIRC_MEAN1	Num	8		field mean arm circ, measure 1,2
10	ARMCIRC_MEAN2	Num	8		field mean arm circ, measure 1,2,3
11	MAP1	Num	8		mean arterial pressure, measure 1
12	MAP2	Num	8		mean arterial pressure, measure 2
13	MAP3	Num	8		mean arterial pressure, measure 3
14	PULSE1	Num	8		pulse, measure 1
15	PULSE2	Num	8		pulse, measure 2
16	PULSE3	Num	8		pulse, measure 3
17	SBP1	Num	8		sbp, measure 1
18	SBP2	Num	8		sbp, measure 2
19	SBP3	Num	8		sbp, measure 3
20	SBP_MEAN1	Num	8		field mean sbp, measure 1,2
21	SBP_MEAN2	Num	8		field mean sbp, measure 1,2,3
22	DBP1	Num	8		dbp, measure 1
23	DBP2	Num	8		dbp, measure 2
24	DBP3	Num	8		dbp, measure 3
25	DBP_MEAN1	Num	8		field mean sbp, measure 1,2
26	DBP_MEAN2	Num	8		field mean sbp, measure 1,2,3
27	ARMCM	Num	8		mean arm circ (cm) (CDB)
28	RHRATE	Num	8		mean pulse rate (CDB)
29	RSBP	Num	8		mean systolic bp (CDB)
30	RDBP	Num	8		mean diastolic dbp (CDB)
31	MAP_MEAN	Num	8		mean map (mmHg)
32	BPNUM	Num	8		# of bp measurments
33	BPGE180	Num	8	Y1N0F.	rsbp >= 180 or rdbp >= 110
34	BP160_179	Num	8	Y1N0F.	rsbp 160-179 or rdbp 100-109
35	BP140_159	Num	8	Y1N0F.	rsbp 140-159 or rdbp 90-99
36	BPLT90	Num	8	Y1N0F.	rsbp < 90

Num	Variable	Type	Len	Format	Label
37	BPALERT	Num	8	BPALERT.	bp alert categories
38	BP_COMMENT1	Num	8	Y1F.	comment present (1=y/blank=n)
39	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_bp4.sas7bdat

Num	Variable	Type	Len	Format	Label
1	RAND	Num	8	RAND.	random group (0=C/1=I)
2	SEX	Num	8	SEX.	gender of participant (1=M/2=F)
3	BPMACH	Num	8		blood pressure machine
4	VISDATE	Num	8		# of days from randomization date to visit date
5	CUFFSIZE	Num	8	CUFF.	cuff size
6	ARMCIRC1	Num	8		arm circ (cm), measure 1
7	ARMCIRC2	Num	8		arm circ (cm), measure 2
8	ARMCIRC3	Num	8		arm circ (cm), measure 3
9	ARMCIRC_MEAN1	Num	8		field mean arm circ, measure 1,2
10	ARMCIRC_MEAN2	Num	8		field mean arm circ, measure 1,2,3
11	MAP1	Num	8		mean arterial pressure, measure 1
12	MAP2	Num	8		mean arterial pressure, measure 2
13	MAP3	Num	8		mean arterial pressure, measure 3
14	PULSE1	Num	8		pulse, measure 1
15	PULSE2	Num	8		pulse, measure 2
16	PULSE3	Num	8		pulse, measure 3
17	SBP1	Num	8		sbp, measure 1
18	SBP2	Num	8		sbp, measure 2
19	SBP3	Num	8		sbp, measure 3
20	SBP_MEAN1	Num	8		field mean sbp, measure 1,2
21	SBP_MEAN2	Num	8		field mean sbp, measure 1,2,3
22	DBP1	Num	8		dbp, measure 1
23	DBP2	Num	8		dbp, measure 2
24	DBP3	Num	8		dbp, measure 3
25	DBP_MEAN1	Num	8		field mean sbp, measure 1,2
26	DBP_MEAN2	Num	8		field mean sbp, measure 1,2,3
27	ARMCM	Num	8		mean arm circ (cm) (CDB)
28	RHRATE	Num	8		mean pulse rate (CDB)
29	RSBP	Num	8		mean systolic bp (CDB)
30	RDBP	Num	8		mean diastolic dbp (CDB)
31	MAP_MEAN	Num	8		mean map (mmHg)
32	BPNUM	Num	8		# of bp measurments
33	BPGE180	Num	8	Y1N0F.	rsbp >= 180 or rdbp >= 110
34	BP160_179	Num	8	Y1N0F.	rsbp 160-179 or rdbp 100-109
35	BP140_159	Num	8	Y1N0F.	rsbp 140-159 or rdbp 90-99
36	BPLT90	Num	8	Y1N0F.	rsbp < 90

Num	Variable	Type	Len	Format	Label
37	BPALERT	Num	8	BPALERT.	bp alert categories
38	BP_COMMENT1	Num	8	Y1F.	comment present (1=y/blank=n)
39	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_events1.sas7bdat

Num	Variable	Type	Len	Format	Label
1	VISDATE	Num	8		# of days from randomization date to Visit date
2	VISITNUM	Num	8		Measure visit #, data are recorded for 'previous interval'
3	Q1_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you been hospitalized overnight for any reason? Note: For baseline visits, this question should ask 'In the past 6 months have you been...'
4	Q2A_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
5	Q2A_THREAT	Num	8	Y1N2F.	Life threatening - Heart trouble
6	Q2A_DISAB	Num	8	Y1N2F.	Resulted in disability - Heart trouble
7	Q2A_SAEREQ	Num	8	Y1N2F.	SAE Form required - Heart trouble
8	Q2B_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
9	Q2B_THREAT	Num	8	Y1N2F.	Life threatening - Fainting
10	Q2B_DISAB	Num	8	Y1N2F.	Resulted in disability - Fainting
11	Q2B_SAEREQ	Num	8	Y1N2F.	SAE Form required - Fainting
12	Q2C_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
13	Q2C_THREAT	Num	8	Y1N2F.	Life threatening - Stroke, mini-stroke (TIA), or another neurological problem
14	Q2C_DISAB	Num	8	Y1N2F.	Resulted in disability - Stroke, mini-stroke (TIA), or another neurological problem
15	Q2C_SAEREQ	Num	8	Y1N2F.	SAE Form required - Stroke, mini-stroke (TIA), or another neurological problem
16	Q2D_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
17	Q2D_THREAT	Num	8	Y1N2F.	Life threatening - Muscle or bone injury (e.g., broken bone, torn ligament, sprain)
18	Q2D_DISAB	Num	8	Y1N2F.	Resulted in disability - Muscle or bone injury (e.g., broken bone, torn ligament, sprain)
19	Q2D_SAEREQ	Num	8	Y1N2F.	SAE Form required - Muscle or bone injury (e.g., broken bone, torn ligament, sprain)
20	Q2E_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
21	Q2E_THREAT	Num	8	Y1N2F.	Life threatening - Diabetes...New diagnosis of, or hospitalization for
22	Q2E_DISAB	Num	8	Y1N2F.	Resulted in disability - Diabetes...New diagnosis of, or hospitalization for
23	Q2E_SAEREQ	Num	8	Y1N2F.	SAE Form required - Diabetes...New diagnosis of, or hospitalization for
24	Q2F_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
25	Q2F_THREAT	Num	8	Y1N2F.	Life threatening - Gallbladder attack, surgery, or gallstone pancreatitis
26	Q2F_DISAB	Num	8	Y1N2F.	Resulted in disability - Gallbladder attack, surgery, or gallstone pancreatitis
27	Q2F_SAEREQ	Num	8	Y1N2F.	SAE Form required - Gallbladder attack, surgery, or gallstone pancreatitis
28	Q2G_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
29	Q2G_THREAT	Num	8	Y1N2F.	Life threatening - Depression...New diagnosis of, started treatment for, or hospitalization for
30	Q2G_DISAB	Num	8	Y1N2F.	Resulted in disability - Depression...New diagnosis of, started treatment for, or hospitalization for
31	Q2G_SAEREQ	Num	8	Y1N2F.	SAE Form required - Depression...New diagnosis of, started treatment for, or hospitalization for
32	Q2H_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
33	Q2H_THREAT	Num	8	Y1N2F.	Life threatening - Eating disorder (e.g., anorexia or bulimia)
34	Q2H_DISAB	Num	8	Y1N2F.	Resulted in disability - Eating disorder (e.g., anorexia or bulimia)

Num	Variable	Type	Len	Format	Label
35	Q2H_SAEREQ	Num	8	Y1N2F.	SAE Form required - Eating disorder (e.g., anorexia or bulimia)
36	Q2I_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
37	Q2I_THREAT	Num	8	Y1N2F.	Life threatening - Any other mental health problem...New diagnosis of, started treatment for, or hospitalization for
38	Q2I_DISAB	Num	8	Y1N2F.	Resulted in disability - Any other mental health problem...New diagnosis of, started treatment for, or hospitalization for
39	Q2I_SAEREQ	Num	8	Y1N2F.	SAE Form required - Any other mental health problem...New diagnosis of, started treatment for, or hospitalization for
40	Q2J_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
41	Q2J_THREAT	Num	8	Y1N2F.	Life threatening - Asthma: New diagnosis of, started treatment for, or hospitalization, emergency room, or urgent care visit for an asthma attack
42	Q2J_DISAB	Num	8	Y1N2F.	Resulted in disability - Asthma: New diagnosis of, started treatment for, or hospitalization, emergency room, or urgent care visit for an asthma attack
43	Q2J_SAEREQ	Num	8	Y1N2F.	SAE Form required - Asthma: New diagnosis of, started treatment for, or hospitalization, emergency room, or urgent care visit for an asthma attack
44	Q2K_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
45	Q2K_THREAT	Num	8	Y1N2F.	Life threatening - Pregnancy
46	Q2K_DISAB	Num	8	Y1N2F.	Resulted in disability - Pregnancy
47	Q2K_SAEREQ	Num	8	Y1N2F.	SAE Form required - Pregnancy
48	Q2L_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
49	Q2L_THREAT	Num	8	Y1N2F.	Life threatening - Weight loss treatment/procedure (e.g, bariatric surgery, stomach banding, liposuction)
50	Q2L_DISAB	Num	8	Y1N2F.	Resulted in disability - Weight loss treatment/procedure (e.g, bariatric surgery, stomach banding, liposuction)
51	Q2L_SAEREQ	Num	8	Y1N2F.	SAE Form required - Weight loss treatment/procedure (e.g, bariatric surgery, stomach banding, liposuction)
52	Q2M_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
53	Q2M_THREAT	Num	8	Y1N2F.	Life threatening - Motor vehicle accident (See Question 4 below)
54	Q2M_DISAB	Num	8	Y1N2F.	Resulted in disability - Motor vehicle accident (See Question 4 below)
55	Q2M_SAEREQ	Num	8	Y1N2F.	SAE Form required - Motor vehicle accident (See Question 4 below)
56	Q2N_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
57	Q2N_THREAT	Num	8	Y1N2F.	Life threatening - Other
58	Q2N_DISAB	Num	8	Y1N2F.	Resulted in disability - Other
59	Q2N_SAEREQ	Num	8	Y1N2F.	SAE Form required - Other
60	Q3	Num	8	Y1N0F.	For any of the events or conditions marked 'yes' in Question 1 or 2a-2n (for 2m see Question 4), please describe what occurred. (1=Yes/0=No)
61	Q4	Num	8	Y1N0F.	If you were in a motor vehicle accident (Q2m), please describe what occurred (1=Yes/0=No)
62	Q4A	Num	8	Y1N0F.	Was the accident related to your participation in this survey in any way (1=Yes/0=No)
63	Q5	Num	8	Y1N2F.	Are any events/conditions marked 'yes' in Questions 1 or 2 a possible serious adverse event (SAE) (1=Yes/2=No)
64	Q6	Num	8	Y1N2F.	Did a study-terminating event occur (1=Yes/2=No)
65	Q7	Num	8	Y1N2F.	Is a referral to a health care provider needed (1=Yes/2=No)

Num	Variable	Type	Len	Format	Label
66	EVENT_A	Num	8	Y1N2F.	Event q2a (1=Yes/2=No), Coding category: Cardiovascular
67	EVENT_B	Num	8	Y1N2F.	Event q2b (1=Yes/2=No), Coding category: Cardiovascular or other
68	EVENT_C	Num	8	Y1N2F.	Event q2c (1=Yes/2=No), Coding category: Cardiovascular
69	EVENT_D	Num	8	Y1N2F.	Event q2d (1=Yes/2=No), Coding category: Musculoskeletal
70	EVENT_E	Num	8	Y1N2F.	Event q2e (1=Yes/2=No), Coding category: Diabetes
71	EVENT_F	Num	8	Y1N2F.	Event q2f (1=Yes/2=No), Coding category: Gallbladder disease
72	EVENT_G	Num	8	Y1N2F.	Event q2g (1=Yes/2=No), Coding category: Psychiatric
73	EVENT_H	Num	8	Y1N2F.	Event q2h (1=Yes/2=No), Coding category: Psychiatric
74	EVENT_I	Num	8	Y1N2F.	Event q2i (1=Yes/2=No), Coding category: Psychiatric
75	EVENT_J	Num	8	Y1N2F.	Event q2j (1=Yes/2=No), Coding category: Asthma
76	EVENT_K	Num	8	Y1N2F.	Event q2k (1=Yes/2=No), Coding category: Obstetric
77	EVENT_L	Num	8	Y1N2F.	Event q2l (1=Yes/2=No), Coding category: Weigh loss related
78	EVENT_M	Num	8	Y1N2F.	Event q2m (1=Yes/2=No), Coding category: MVA
79	EVENT_N	Num	8	Y1N2F.	Event q2n (1=Yes/2=No), Coding category: Other
80	Q1_DATE	Num	8		# of days from randomization date to hospitalization
81	Q2A_ONSDT	Num	8		# of days from randomization date to onset
82	Q2A_RESDT	Num	8		# of days from randomization date to resolution
83	Q2B_ONSDT	Num	8		# of days from randomization date to onset
84	Q2B_RESDT	Num	8		# of days from randomization date to resolution
85	Q2C_ONSDT	Num	8		# of days from randomization date to onset
86	Q2C_RESDT	Num	8		# of days from randomization date to resolution
87	Q2D_ONSDT	Num	8		# of days from randomization date to onset
88	Q2D_RESDT	Num	8		# of days from randomization date to resolution
89	Q2E_ONSDT	Num	8		# of days from randomization date to onset
90	Q2E_RESDT	Num	8		# of days from randomization date to resolution
91	Q2F_ONSDT	Num	8		# of days from randomization date to onset
92	Q2F_RESDT	Num	8		# of days from randomization date to resolution
93	Q2G_ONSDT	Num	8		# of days from randomization date to onset
94	Q2G_RESDT	Num	8		# of days from randomization date to resolution
95	Q2H_ONSDT	Num	8		# of days from randomization date to onset
96	Q2H_RESDT	Num	8		# of days from randomization date to resolution
97	Q2I_ONSDT	Num	8		# of days from randomization date to onset
98	Q2I_RESDT	Num	8		# of days from randomization date to resolution
99	Q2J_ONSDT	Num	8		# of days from randomization date to onset
100	Q2J_RESDT	Num	8		# of days from randomization date to resolution
101	Q2K_ONSDT	Num	8		# of days from randomization date to onset
102	Q2K_RESDT	Num	8		# of days from randomization date to resolution
103	Q2L_ONSDT	Num	8		# of days from randomization date to onset
104	Q2L_RESDT	Num	8		# of days from randomization date to resolution

Num	Variable	Type	Len	Format	Label
105	Q2M_ONSDT	Num	8		# of days from randomization date to onset
106	Q2M_RESDT	Num	8		# of days from randomization date to resolution
107	Q2N_ONSDT	Num	8		# of days from randomization date to onset
108	Q2N_RESDT	Num	8		# of days from randomization date to resolution
109	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_events2.sas7bdat

Num	Variable	Type	Len	Format	Label
1	VISDATE	Num	8		# of days from randomization date to Visit date
2	VISITNUM	Num	8		Measure visit #, data are recorded for 'previous interval'
3	Q1_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you been hospitalized overnight for any reason? Note: For baseline visits, this question should ask 'In the past 6 months have you been...'
4	Q2A_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
5	Q2A_THREAT	Num	8	Y1N2F.	Life threatening - Heart trouble
6	Q2A_DISAB	Num	8	Y1N2F.	Resulted in disability - Heart trouble
7	Q2A_SAEREQ	Num	8	Y1N2F.	SAE Form required - Heart trouble
8	Q2B_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
9	Q2B_THREAT	Num	8	Y1N2F.	Life threatening - Fainting
10	Q2B_DISAB	Num	8	Y1N2F.	Resulted in disability - Fainting
11	Q2B_SAEREQ	Num	8	Y1N2F.	SAE Form required - Fainting
12	Q2C_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
13	Q2C_THREAT	Num	8	Y1N2F.	Life threatening - Stroke, mini-stroke (TIA), or another neurological problem
14	Q2C_DISAB	Num	8	Y1N2F.	Resulted in disability - Stroke, mini-stroke (TIA), or another neurological problem
15	Q2C_SAEREQ	Num	8	Y1N2F.	SAE Form required - Stroke, mini-stroke (TIA), or another neurological problem
16	Q2D_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
17	Q2D_THREAT	Num	8	Y1N2F.	Life threatening - Muscle or bone injury (e.g., broken bone, torn ligament, sprain)
18	Q2D_DISAB	Num	8	Y1N2F.	Resulted in disability - Muscle or bone injury (e.g., broken bone, torn ligament, sprain)
19	Q2D_SAEREQ	Num	8	Y1N2F.	SAE Form required - Muscle or bone injury (e.g., broken bone, torn ligament, sprain)
20	Q2E_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
21	Q2E_THREAT	Num	8	Y1N2F.	Life threatening - Diabetes...New diagnosis of, or hospitalization for
22	Q2E_DISAB	Num	8	Y1N2F.	Resulted in disability - Diabetes...New diagnosis of, or hospitalization for
23	Q2E_SAEREQ	Num	8	Y1N2F.	SAE Form required - Diabetes...New diagnosis of, or hospitalization for
24	Q2F_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
25	Q2F_THREAT	Num	8	Y1N2F.	Life threatening - Gallbladder attack, surgery, or gallstone pancreatitis
26	Q2F_DISAB	Num	8	Y1N2F.	Resulted in disability - Gallbladder attack, surgery, or gallstone pancreatitis
27	Q2F_SAEREQ	Num	8	Y1N2F.	SAE Form required - Gallbladder attack, surgery, or gallstone pancreatitis
28	Q2G_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
29	Q2G_THREAT	Num	8	Y1N2F.	Life threatening - Depression...New diagnosis of, started treatment for, or hospitalization for
30	Q2G_DISAB	Num	8	Y1N2F.	Resulted in disability - Depression...New diagnosis of, started treatment for, or hospitalization for
31	Q2G_SAEREQ	Num	8	Y1N2F.	SAE Form required - Depression...New diagnosis of, started treatment for, or hospitalization for
32	Q2H_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
33	Q2H_THREAT	Num	8	Y1N2F.	Life threatening - Eating disorder (e.g., anorexia or bulimia)
34	Q2H_DISAB	Num	8	Y1N2F.	Resulted in disability - Eating disorder (e.g., anorexia or bulimia)

Num	Variable	Type	Len	Format	Label
35	Q2H_SAEREQ	Num	8	Y1N2F.	SAE Form required - Eating disorder (e.g., anorexia or bulimia)
36	Q2I_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
37	Q2I_THREAT	Num	8	Y1N2F.	Life threatening - Any other mental health problem...New diagnosis of, started treatment for, or hospitalization for
38	Q2I_DISAB	Num	8	Y1N2F.	Resulted in disability - Any other mental health problem...New diagnosis of, started treatment for, or hospitalization for
39	Q2I_SAEREQ	Num	8	Y1N2F.	SAE Form required - Any other mental health problem...New diagnosis of, started treatment for, or hospitalization for
40	Q2J_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
41	Q2J_THREAT	Num	8	Y1N2F.	Life threatening - Asthma: New diagnosis of, started treatment for, or hospitalization, emergency room, or urgent care visit for an asthma attack
42	Q2J_DISAB	Num	8	Y1N2F.	Resulted in disability - Asthma: New diagnosis of, started treatment for, or hospitalization, emergency room, or urgent care visit for an asthma attack
43	Q2J_SAEREQ	Num	8	Y1N2F.	SAE Form required - Asthma: New diagnosis of, started treatment for, or hospitalization, emergency room, or urgent care visit for an asthma attack
44	Q2K_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
45	Q2K_THREAT	Num	8	Y1N2F.	Life threatening - Pregnancy
46	Q2K_DISAB	Num	8	Y1N2F.	Resulted in disability - Pregnancy
47	Q2K_SAEREQ	Num	8	Y1N2F.	SAE Form required - Pregnancy
48	Q2L_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
49	Q2L_THREAT	Num	8	Y1N2F.	Life threatening - Weight loss treatment/procedure (e.g, bariatric surgery, stomach banding, liposuction)
50	Q2L_DISAB	Num	8	Y1N2F.	Resulted in disability - Weight loss treatment/procedure (e.g, bariatric surgery, stomach banding, liposuction)
51	Q2L_SAEREQ	Num	8	Y1N2F.	SAE Form required - Weight loss treatment/procedure (e.g, bariatric surgery, stomach banding, liposuction)
52	Q2M_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
53	Q2M_THREAT	Num	8	Y1N2F.	Life threatening - Motor vehicle accident (See Question 4 below)
54	Q2M_DISAB	Num	8	Y1N2F.	Resulted in disability - Motor vehicle accident (See Question 4 below)
55	Q2M_SAEREQ	Num	8	Y1N2F.	SAE Form required - Motor vehicle accident (See Question 4 below)
56	Q2N_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
57	Q2N_THREAT	Num	8	Y1N2F.	Life threatening - Other
58	Q2N_DISAB	Num	8	Y1N2F.	Resulted in disability - Other
59	Q2N_SAEREQ	Num	8	Y1N2F.	SAE Form required - Other
60	Q3	Num	8	Y1N0F.	For any of the events or conditions marked 'yes' in Question 1 or 2a-2n (for 2m see Question 4), please describe what occurred. (1=Yes/0=No)
61	Q4	Num	8	Y1N0F.	If you were in a motor vehicle accident (Q2m), please describe what occurred (1=Yes/0=No)
62	Q4A	Num	8	Y1N0F.	Was the accident related to your participation in this survey in any way (1=Yes/0=No)
63	Q5	Num	8	Y1N2F.	Are any events/conditions marked 'yes' in Questions 1 or 2 a possible serious adverse event (SAE) (1=Yes/2=No)
64	Q6	Num	8	Y1N2F.	Did a study-terminating event occur (1=Yes/2=No)
65	Q7	Num	8	Y1N2F.	Is a referral to a health care provider needed (1=Yes/2=No)

Num	Variable	Type	Len	Format	Label
66	EVENT_A	Num	8	Y1N2F.	Event q2a (1=Yes/2=No), Coding category: Cardiovascular
67	EVENT_B	Num	8	Y1N2F.	Event q2b (1=Yes/2=No), Coding category: Cardiovascular or other
68	EVENT_C	Num	8	Y1N2F.	Event q2c (1=Yes/2=No), Coding category: Cardiovascular
69	EVENT_D	Num	8	Y1N2F.	Event q2d (1=Yes/2=No), Coding category: Musculoskeletal
70	EVENT_E	Num	8	Y1N2F.	Event q2e (1=Yes/2=No), Coding category: Diabetes
71	EVENT_F	Num	8	Y1N2F.	Event q2f (1=Yes/2=No), Coding category: Gallbladder disease
72	EVENT_G	Num	8	Y1N2F.	Event q2g (1=Yes/2=No), Coding category: Psychiatric
73	EVENT_H	Num	8	Y1N2F.	Event q2h (1=Yes/2=No), Coding category: Psychiatric
74	EVENT_I	Num	8	Y1N2F.	Event q2i (1=Yes/2=No), Coding category: Psychiatric
75	EVENT_J	Num	8	Y1N2F.	Event q2j (1=Yes/2=No), Coding category: Asthma
76	EVENT_K	Num	8	Y1N2F.	Event q2k (1=Yes/2=No), Coding category: Obstetric
77	EVENT_L	Num	8	Y1N2F.	Event q2l (1=Yes/2=No), Coding category: Weigh loss related
78	EVENT_M	Num	8	Y1N2F.	Event q2m (1=Yes/2=No), Coding category: MVA
79	EVENT_N	Num	8	Y1N2F.	Event q2n (1=Yes/2=No), Coding category: Other
80	Q1_DATE	Num	8		# of days from randomization date to hospitalization
81	Q2A_ONSDT	Num	8		# of days from randomization date to onset
82	Q2A_RESDT	Num	8		# of days from randomization date to resolution
83	Q2B_ONSDT	Num	8		# of days from randomization date to onset
84	Q2B_RESDT	Num	8		# of days from randomization date to resolution
85	Q2C_ONSDT	Num	8		# of days from randomization date to onset
86	Q2C_RESDT	Num	8		# of days from randomization date to resolution
87	Q2D_ONSDT	Num	8		# of days from randomization date to onset
88	Q2D_RESDT	Num	8		# of days from randomization date to resolution
89	Q2E_ONSDT	Num	8		# of days from randomization date to onset
90	Q2E_RESDT	Num	8		# of days from randomization date to resolution
91	Q2F_ONSDT	Num	8		# of days from randomization date to onset
92	Q2F_RESDT	Num	8		# of days from randomization date to resolution
93	Q2G_ONSDT	Num	8		# of days from randomization date to onset
94	Q2G_RESDT	Num	8		# of days from randomization date to resolution
95	Q2H_ONSDT	Num	8		# of days from randomization date to onset
96	Q2H_RESDT	Num	8		# of days from randomization date to resolution
97	Q2I_ONSDT	Num	8		# of days from randomization date to onset
98	Q2I_RESDT	Num	8		# of days from randomization date to resolution
99	Q2J_ONSDT	Num	8		# of days from randomization date to onset
100	Q2J_RESDT	Num	8		# of days from randomization date to resolution
101	Q2K_ONSDT	Num	8		# of days from randomization date to onset
102	Q2K_RESDT	Num	8		# of days from randomization date to resolution
103	Q2L_ONSDT	Num	8		# of days from randomization date to onset
104	Q2L_RESDT	Num	8		# of days from randomization date to resolution

Num	Variable	Type	Len	Format	Label
105	Q2M_ONSDT	Num	8		# of days from randomization date to onset
106	Q2M_RESDT	Num	8		# of days from randomization date to resolution
107	Q2N_ONSDT	Num	8		# of days from randomization date to onset
108	Q2N_RESDT	Num	8		# of days from randomization date to resolution
109	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_events3.sas7bdat

Num	Variable	Type	Len	Format	Label
1	VISDATE	Num	8		# of days from randomization date to Visit date
2	VISITNUM	Num	8		Measure visit #, data are recorded for 'previous interval'
3	Q1_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you been hospitalized overnight for any reason? Note: For baseline visits, this question should ask 'In the past 6 months have you been...'
4	Q2A_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
5	Q2A_THREAT	Num	8	Y1N2F.	Life threatening - Heart trouble
6	Q2A_DISAB	Num	8	Y1N2F.	Resulted in disability - Heart trouble
7	Q2A_SAEREQ	Num	8	Y1N2F.	SAE Form required - Heart trouble
8	Q2B_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
9	Q2B_THREAT	Num	8	Y1N2F.	Life threatening - Fainting
10	Q2B_DISAB	Num	8	Y1N2F.	Resulted in disability - Fainting
11	Q2B_SAEREQ	Num	8	Y1N2F.	SAE Form required - Fainting
12	Q2C_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
13	Q2C_THREAT	Num	8	Y1N2F.	Life threatening - Stroke, mini-stroke (TIA), or another neurological problem
14	Q2C_DISAB	Num	8	Y1N2F.	Resulted in disability - Stroke, mini-stroke (TIA), or another neurological problem
15	Q2C_SAEREQ	Num	8	Y1N2F.	SAE Form required - Stroke, mini-stroke (TIA), or another neurological problem
16	Q2D_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
17	Q2D_THREAT	Num	8	Y1N2F.	Life threatening - Muscle or bone injury (e.g., broken bone, torn ligament, sprain)
18	Q2D_DISAB	Num	8	Y1N2F.	Resulted in disability - Muscle or bone injury (e.g., broken bone, torn ligament, sprain)
19	Q2D_SAEREQ	Num	8	Y1N2F.	SAE Form required - Muscle or bone injury (e.g., broken bone, torn ligament, sprain)
20	Q2E_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
21	Q2E_THREAT	Num	8	Y1N2F.	Life threatening - Diabetes...New diagnosis of, or hospitalization for
22	Q2E_DISAB	Num	8	Y1N2F.	Resulted in disability - Diabetes...New diagnosis of, or hospitalization for
23	Q2E_SAEREQ	Num	8	Y1N2F.	SAE Form required - Diabetes...New diagnosis of, or hospitalization for
24	Q2F_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
25	Q2F_THREAT	Num	8	Y1N2F.	Life threatening - Gallbladder attack, surgery, or gallstone pancreatitis
26	Q2F_DISAB	Num	8	Y1N2F.	Resulted in disability - Gallbladder attack, surgery, or gallstone pancreatitis
27	Q2F_SAEREQ	Num	8	Y1N2F.	SAE Form required - Gallbladder attack, surgery, or gallstone pancreatitis
28	Q2G_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
29	Q2G_THREAT	Num	8	Y1N2F.	Life threatening - Depression...New diagnosis of, started treatment for, or hospitalization for
30	Q2G_DISAB	Num	8	Y1N2F.	Resulted in disability - Depression...New diagnosis of, started treatment for, or hospitalization for
31	Q2G_SAEREQ	Num	8	Y1N2F.	SAE Form required - Depression...New diagnosis of, started treatment for, or hospitalization for
32	Q2H_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
33	Q2H_THREAT	Num	8	Y1N2F.	Life threatening - Eating disorder (e.g., anorexia or bulimia)
34	Q2H_DISAB	Num	8	Y1N2F.	Resulted in disability - Eating disorder (e.g., anorexia or bulimia)

Num	Variable	Type	Len	Format	Label
35	Q2H_SAEREQ	Num	8	Y1N2F.	SAE Form required - Eating disorder (e.g., anorexia or bulimia)
36	Q2I_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
37	Q2I_THREAT	Num	8	Y1N2F.	Life threatening - Any other mental health problem...New diagnosis of, started treatment for, or hospitalization for
38	Q2I_DISAB	Num	8	Y1N2F.	Resulted in disability - Any other mental health problem...New diagnosis of, started treatment for, or hospitalization for
39	Q2I_SAEREQ	Num	8	Y1N2F.	SAE Form required - Any other mental health problem...New diagnosis of, started treatment for, or hospitalization for
40	Q2J_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
41	Q2J_THREAT	Num	8	Y1N2F.	Life threatening - Asthma: New diagnosis of, started treatment for, or hospitalization, emergency room, or urgent care visit for an asthma attack
42	Q2J_DISAB	Num	8	Y1N2F.	Resulted in disability - Asthma: New diagnosis of, started treatment for, or hospitalization, emergency room, or urgent care visit for an asthma attack
43	Q2J_SAEREQ	Num	8	Y1N2F.	SAE Form required - Asthma: New diagnosis of, started treatment for, or hospitalization, emergency room, or urgent care visit for an asthma attack
44	Q2K_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
45	Q2K_THREAT	Num	8	Y1N2F.	Life threatening - Pregnancy
46	Q2K_DISAB	Num	8	Y1N2F.	Resulted in disability - Pregnancy
47	Q2K_SAEREQ	Num	8	Y1N2F.	SAE Form required - Pregnancy
48	Q2L_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
49	Q2L_THREAT	Num	8	Y1N2F.	Life threatening - Weight loss treatment/procedure (e.g, bariatric surgery, stomach banding, liposuction)
50	Q2L_DISAB	Num	8	Y1N2F.	Resulted in disability - Weight loss treatment/procedure (e.g, bariatric surgery, stomach banding, liposuction)
51	Q2L_SAEREQ	Num	8	Y1N2F.	SAE Form required - Weight loss treatment/procedure (e.g, bariatric surgery, stomach banding, liposuction)
52	Q2M_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
53	Q2M_THREAT	Num	8	Y1N2F.	Life threatening - Motor vehicle accident (See Question 4 below)
54	Q2M_DISAB	Num	8	Y1N2F.	Resulted in disability - Motor vehicle accident (See Question 4 below)
55	Q2M_SAEREQ	Num	8	Y1N2F.	SAE Form required - Motor vehicle accident (See Question 4 below)
56	Q2N_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
57	Q2N_THREAT	Num	8	Y1N2F.	Life threatening - Other
58	Q2N_DISAB	Num	8	Y1N2F.	Resulted in disability - Other
59	Q2N_SAEREQ	Num	8	Y1N2F.	SAE Form required - Other
60	Q3	Num	8	Y1N0F.	For any of the events or conditions marked 'yes' in Question 1 or 2a-2n (for 2m see Question 4), please describe what occurred. (1=Yes/0=No)
61	Q4	Num	8	Y1N0F.	If you were in a motor vehicle accident (Q2m), please describe what occurred (1=Yes/0=No)
62	Q4A	Num	8	Y1N0F.	Was the accident related to your participation in this survey in any way (1=Yes/0=No)
63	Q5	Num	8	Y1N2F.	Are any events/conditions marked 'yes' in Questions 1 or 2 a possible serious adverse event (SAE) (1=Yes/2=No)
64	Q6	Num	8	Y1N2F.	Did a study-terminating event occur (1=Yes/2=No)
65	Q7	Num	8	Y1N2F.	Is a referral to a health care provider needed (1=Yes/2=No)

Num	Variable	Type	Len	Format	Label
66	EVENT_A	Num	8	Y1N2F.	Event q2a (1=Yes/2=No), Coding category: Cardiovascular
67	EVENT_B	Num	8	Y1N2F.	Event q2b (1=Yes/2=No), Coding category: Cardiovascular or other
68	EVENT_C	Num	8	Y1N2F.	Event q2c (1=Yes/2=No), Coding category: Cardiovascular
69	EVENT_D	Num	8	Y1N2F.	Event q2d (1=Yes/2=No), Coding category: Musculoskeletal
70	EVENT_E	Num	8	Y1N2F.	Event q2e (1=Yes/2=No), Coding category: Diabetes
71	EVENT_F	Num	8	Y1N2F.	Event q2f (1=Yes/2=No), Coding category: Gallbladder disease
72	EVENT_G	Num	8	Y1N2F.	Event q2g (1=Yes/2=No), Coding category: Psychiatric
73	EVENT_H	Num	8	Y1N2F.	Event q2h (1=Yes/2=No), Coding category: Psychiatric
74	EVENT_I	Num	8	Y1N2F.	Event q2i (1=Yes/2=No), Coding category: Psychiatric
75	EVENT_J	Num	8	Y1N2F.	Event q2j (1=Yes/2=No), Coding category: Asthma
76	EVENT_K	Num	8	Y1N2F.	Event q2k (1=Yes/2=No), Coding category: Obstetric
77	EVENT_L	Num	8	Y1N2F.	Event q2l (1=Yes/2=No), Coding category: Weigh loss related
78	EVENT_M	Num	8	Y1N2F.	Event q2m (1=Yes/2=No), Coding category: MVA
79	EVENT_N	Num	8	Y1N2F.	Event q2n (1=Yes/2=No), Coding category: Other
80	Q1_DATE	Num	8		# of days from randomization date to hospitalization
81	Q2A_ONSDT	Num	8		# of days from randomization date to onset
82	Q2A_RESDT	Num	8		# of days from randomization date to resolution
83	Q2B_ONSDT	Num	8		# of days from randomization date to onset
84	Q2B_RESDT	Num	8		# of days from randomization date to resolution
85	Q2C_ONSDT	Num	8		# of days from randomization date to onset
86	Q2C_RESDT	Num	8		# of days from randomization date to resolution
87	Q2D_ONSDT	Num	8		# of days from randomization date to onset
88	Q2D_RESDT	Num	8		# of days from randomization date to resolution
89	Q2E_ONSDT	Num	8		# of days from randomization date to onset
90	Q2E_RESDT	Num	8		# of days from randomization date to resolution
91	Q2F_ONSDT	Num	8		# of days from randomization date to onset
92	Q2F_RESDT	Num	8		# of days from randomization date to resolution
93	Q2G_ONSDT	Num	8		# of days from randomization date to onset
94	Q2G_RESDT	Num	8		# of days from randomization date to resolution
95	Q2H_ONSDT	Num	8		# of days from randomization date to onset
96	Q2H_RESDT	Num	8		# of days from randomization date to resolution
97	Q2I_ONSDT	Num	8		# of days from randomization date to onset
98	Q2I_RESDT	Num	8		# of days from randomization date to resolution
99	Q2J_ONSDT	Num	8		# of days from randomization date to onset
100	Q2J_RESDT	Num	8		# of days from randomization date to resolution
101	Q2K_ONSDT	Num	8		# of days from randomization date to onset
102	Q2K_RESDT	Num	8		# of days from randomization date to resolution
103	Q2L_ONSDT	Num	8		# of days from randomization date to onset
104	Q2L_RESDT	Num	8		# of days from randomization date to resolution

Num	Variable	Type	Len	Format	Label
105	Q2M_ONSDT	Num	8		# of days from randomization date to onset
106	Q2M_RESDT	Num	8		# of days from randomization date to resolution
107	Q2N_ONSDT	Num	8		# of days from randomization date to onset
108	Q2N_RESDT	Num	8		# of days from randomization date to resolution
109	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_events4.sas7bdat

Num	Variable	Type	Len	Format	Label
1	VISDATE	Num	8		# of days from randomization date to Visit date
2	VISITNUM	Num	8		Measure visit #, data are recorded for 'previous interval'
3	Q1_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you been hospitalized overnight for any reason? Note: For baseline visits, this question should ask 'In the past 6 months have you been...'
4	Q2A_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
5	Q2A_THREAT	Num	8	Y1N2F.	Life threatening - Heart trouble
6	Q2A_DISAB	Num	8	Y1N2F.	Resulted in disability - Heart trouble
7	Q2A_SAEREQ	Num	8	Y1N2F.	SAE Form required - Heart trouble
8	Q2B_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
9	Q2B_THREAT	Num	8	Y1N2F.	Life threatening - Fainting
10	Q2B_DISAB	Num	8	Y1N2F.	Resulted in disability - Fainting
11	Q2B_SAEREQ	Num	8	Y1N2F.	SAE Form required - Fainting
12	Q2C_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
13	Q2C_THREAT	Num	8	Y1N2F.	Life threatening - Stroke, mini-stroke (TIA), or another neurological problem
14	Q2C_DISAB	Num	8	Y1N2F.	Resulted in disability - Stroke, mini-stroke (TIA), or another neurological problem
15	Q2C_SAEREQ	Num	8	Y1N2F.	SAE Form required - Stroke, mini-stroke (TIA), or another neurological problem
16	Q2D_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
17	Q2D_THREAT	Num	8	Y1N2F.	Life threatening - Muscle or bone injury (e.g., broken bone, torn ligament, sprain)
18	Q2D_DISAB	Num	8	Y1N2F.	Resulted in disability - Muscle or bone injury (e.g., broken bone, torn ligament, sprain)
19	Q2D_SAEREQ	Num	8	Y1N2F.	SAE Form required - Muscle or bone injury (e.g., broken bone, torn ligament, sprain)
20	Q2E_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
21	Q2E_THREAT	Num	8	Y1N2F.	Life threatening - Diabetes...New diagnosis of, or hospitalization for
22	Q2E_DISAB	Num	8	Y1N2F.	Resulted in disability - Diabetes...New diagnosis of, or hospitalization for
23	Q2E_SAEREQ	Num	8	Y1N2F.	SAE Form required - Diabetes...New diagnosis of, or hospitalization for
24	Q2F_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
25	Q2F_THREAT	Num	8	Y1N2F.	Life threatening - Gallbladder attack, surgery, or gallstone pancreatitis
26	Q2F_DISAB	Num	8	Y1N2F.	Resulted in disability - Gallbladder attack, surgery, or gallstone pancreatitis
27	Q2F_SAEREQ	Num	8	Y1N2F.	SAE Form required - Gallbladder attack, surgery, or gallstone pancreatitis
28	Q2G_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
29	Q2G_THREAT	Num	8	Y1N2F.	Life threatening - Depression...New diagnosis of, started treatment for, or hospitalization for
30	Q2G_DISAB	Num	8	Y1N2F.	Resulted in disability - Depression...New diagnosis of, started treatment for, or hospitalization for
31	Q2G_SAEREQ	Num	8	Y1N2F.	SAE Form required - Depression...New diagnosis of, started treatment for, or hospitalization for
32	Q2H_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
33	Q2H_THREAT	Num	8	Y1N2F.	Life threatening - Eating disorder (e.g., anorexia or bulimia)
34	Q2H_DISAB	Num	8	Y1N2F.	Resulted in disability - Eating disorder (e.g., anorexia or bulimia)

Num	Variable	Type	Len	Format	Label
35	Q2H_SAEREQ	Num	8	Y1N2F.	SAE Form required - Eating disorder (e.g., anorexia or bulimia)
36	Q2I_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
37	Q2I_THREAT	Num	8	Y1N2F.	Life threatening - Any other mental health problem...New diagnosis of, started treatment for, or hospitalization for
38	Q2I_DISAB	Num	8	Y1N2F.	Resulted in disability - Any other mental health problem...New diagnosis of, started treatment for, or hospitalization for
39	Q2I_SAEREQ	Num	8	Y1N2F.	SAE Form required - Any other mental health problem...New diagnosis of, started treatment for, or hospitalization for
40	Q2J_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
41	Q2J_THREAT	Num	8	Y1N2F.	Life threatening - Asthma: New diagnosis of, started treatment for, or hospitalization, emergency room, or urgent care visit for an asthma attack
42	Q2J_DISAB	Num	8	Y1N2F.	Resulted in disability - Asthma: New diagnosis of, started treatment for, or hospitalization, emergency room, or urgent care visit for an asthma attack
43	Q2J_SAEREQ	Num	8	Y1N2F.	SAE Form required - Asthma: New diagnosis of, started treatment for, or hospitalization, emergency room, or urgent care visit for an asthma attack
44	Q2K_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
45	Q2K_THREAT	Num	8	Y1N2F.	Life threatening - Pregnancy
46	Q2K_DISAB	Num	8	Y1N2F.	Resulted in disability - Pregnancy
47	Q2K_SAEREQ	Num	8	Y1N2F.	SAE Form required - Pregnancy
48	Q2L_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
49	Q2L_THREAT	Num	8	Y1N2F.	Life threatening - Weight loss treatment/procedure (e.g, bariatric surgery, stomach banding, liposuction)
50	Q2L_DISAB	Num	8	Y1N2F.	Resulted in disability - Weight loss treatment/procedure (e.g, bariatric surgery, stomach banding, liposuction)
51	Q2L_SAEREQ	Num	8	Y1N2F.	SAE Form required - Weight loss treatment/procedure (e.g, bariatric surgery, stomach banding, liposuction)
52	Q2M_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
53	Q2M_THREAT	Num	8	Y1N2F.	Life threatening - Motor vehicle accident (See Question 4 below)
54	Q2M_DISAB	Num	8	Y1N2F.	Resulted in disability - Motor vehicle accident (See Question 4 below)
55	Q2M_SAEREQ	Num	8	Y1N2F.	SAE Form required - Motor vehicle accident (See Question 4 below)
56	Q2N_YN	Num	8	Y1N2F.	Since your last study visit on ____, have you had any of the following
57	Q2N_THREAT	Num	8	Y1N2F.	Life threatening - Other
58	Q2N_DISAB	Num	8	Y1N2F.	Resulted in disability - Other
59	Q2N_SAEREQ	Num	8	Y1N2F.	SAE Form required - Other
60	Q3	Num	8	Y1N0F.	For any of the events or conditions marked 'yes' in Question 1 or 2a-2n (for 2m see Question 4), please describe what occurred. (1=Yes/0=No)
61	Q4	Num	8	Y1N0F.	If you were in a motor vehicle accident (Q2m), please describe what occurred (1=Yes/0=No)
62	Q4A	Num	8	Y1N0F.	Was the accident related to your participation in this survey in any way (1=Yes/0=No)
63	Q5	Num	8	Y1N2F.	Are any events/conditions marked 'yes' in Questions 1 or 2 a possible serious adverse event (SAE) (1=Yes/2=No)
64	Q6	Num	8	Y1N2F.	Did a study-terminating event occur (1=Yes/2=No)
65	Q7	Num	8	Y1N2F.	Is a referral to a health care provider needed (1=Yes/2=No)

Num	Variable	Type	Len	Format	Label
66	EVENT_A	Num	8	Y1N2F.	Event q2a (1=Yes/2=No), Coding category: Cardiovascular
67	EVENT_B	Num	8	Y1N2F.	Event q2b (1=Yes/2=No), Coding category: Cardiovascular or other
68	EVENT_C	Num	8	Y1N2F.	Event q2c (1=Yes/2=No), Coding category: Cardiovascular
69	EVENT_D	Num	8	Y1N2F.	Event q2d (1=Yes/2=No), Coding category: Musculoskeletal
70	EVENT_E	Num	8	Y1N2F.	Event q2e (1=Yes/2=No), Coding category: Diabetes
71	EVENT_F	Num	8	Y1N2F.	Event q2f (1=Yes/2=No), Coding category: Gallbladder disease
72	EVENT_G	Num	8	Y1N2F.	Event q2g (1=Yes/2=No), Coding category: Psychiatric
73	EVENT_H	Num	8	Y1N2F.	Event q2h (1=Yes/2=No), Coding category: Psychiatric
74	EVENT_I	Num	8	Y1N2F.	Event q2i (1=Yes/2=No), Coding category: Psychiatric
75	EVENT_J	Num	8	Y1N2F.	Event q2j (1=Yes/2=No), Coding category: Asthma
76	EVENT_K	Num	8	Y1N2F.	Event q2k (1=Yes/2=No), Coding category: Obstetric
77	EVENT_L	Num	8	Y1N2F.	Event q2l (1=Yes/2=No), Coding category: Weigh loss related
78	EVENT_M	Num	8	Y1N2F.	Event q2m (1=Yes/2=No), Coding category: MVA
79	EVENT_N	Num	8	Y1N2F.	Event q2n (1=Yes/2=No), Coding category: Other
80	Q1_DATE	Num	8		# of days from randomization date to hospitalization
81	Q2A_ONSDT	Num	8		# of days from randomization date to onset
82	Q2A_RESDT	Num	8		# of days from randomization date to resolution
83	Q2B_ONSDT	Num	8		# of days from randomization date to onset
84	Q2B_RESDT	Num	8		# of days from randomization date to resolution
85	Q2C_ONSDT	Num	8		# of days from randomization date to onset
86	Q2C_RESDT	Num	8		# of days from randomization date to resolution
87	Q2D_ONSDT	Num	8		# of days from randomization date to onset
88	Q2D_RESDT	Num	8		# of days from randomization date to resolution
89	Q2E_ONSDT	Num	8		# of days from randomization date to onset
90	Q2E_RESDT	Num	8		# of days from randomization date to resolution
91	Q2F_ONSDT	Num	8		# of days from randomization date to onset
92	Q2F_RESDT	Num	8		# of days from randomization date to resolution
93	Q2G_ONSDT	Num	8		# of days from randomization date to onset
94	Q2G_RESDT	Num	8		# of days from randomization date to resolution
95	Q2H_ONSDT	Num	8		# of days from randomization date to onset
96	Q2H_RESDT	Num	8		# of days from randomization date to resolution
97	Q2I_ONSDT	Num	8		# of days from randomization date to onset
98	Q2I_RESDT	Num	8		# of days from randomization date to resolution
99	Q2J_ONSDT	Num	8		# of days from randomization date to onset
100	Q2J_RESDT	Num	8		# of days from randomization date to resolution
101	Q2K_ONSDT	Num	8		# of days from randomization date to onset
102	Q2K_RESDT	Num	8		# of days from randomization date to resolution
103	Q2L_ONSDT	Num	8		# of days from randomization date to onset
104	Q2L_RESDT	Num	8		# of days from randomization date to resolution

Num	Variable	Type	Len	Format	Label
105	Q2M_ONSDT	Num	8		# of days from randomization date to onset
106	Q2M_RESDT	Num	8		# of days from randomization date to resolution
107	Q2N_ONSDT	Num	8		# of days from randomization date to onset
108	Q2N_RESDT	Num	8		# of days from randomization date to resolution
109	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_hei2005_t1.sas7bdat

Num	Variable	Type	Len	Format	Label
1	RECALLNO	Num	8		Recall number
2	HEI1	Num	8		HEI COMPONENT TOTAL FRUIT
3	HEI2	Num	8		HEI COMPONENT WHOLE FRUIT
4	HEI5	Num	8		HEI COMPONENT TOTAL GRAINS
5	HEI6	Num	8		HEI COMPONENT WHOLE GRAINS
6	HEI7	Num	8		HEI COMPONENT MILK
7	HEI8	Num	8		HEI COMPONENT MEAT & BEANS
8	HEI3	Num	8		HEI COMPONENT TOTAL VEGETABLES
9	HEI4	Num	8		HEI COMPONENT DARK GREEN & ORANGE VEG & LEGUMES
10	HEI9	Num	8		HEI COMPONENT OILS
11	HEI10	Num	8		HEI COMPONENT SATURATED FAT
12	HEI11	Num	8		HEI COMPONENT SODIUM
13	HEI12	Num	8		HEI COMPONENT KCAL: SOLID FAT\ALC\ADD SUGAR (SoFAAS)
14	HEI2005	Num	8		TOTAL HEI-2005 SCORE
15	INTAKEDATE	Num	8		# of days from randomization date to the start of the 24 hour period for which intake is being reported
16	INTAKEDAY	Num	8	ASA_DAY.	Day of week of intake for which intake is being reported (1=Sunday)
17	RECALL_NUM	Num	8		Recall number of two possible (1,2)
18	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_hei2005_t4.sas7bdat

Num	Variable	Type	Len	Format	Label
1	RECALLNO	Num	8		Recall number
2	HEI1	Num	8		HEI COMPONENT TOTAL FRUIT
3	HEI2	Num	8		HEI COMPONENT WHOLE FRUIT
4	HEI5	Num	8		HEI COMPONENT TOTAL GRAINS
5	HEI6	Num	8		HEI COMPONENT WHOLE GRAINS
6	HEI7	Num	8		HEI COMPONENT MILK
7	HEI8	Num	8		HEI COMPONENT MEAT & BEANS
8	HEI3	Num	8		HEI COMPONENT TOTAL VEGETABLES
9	HEI4	Num	8		HEI COMPONENT DARK GREEN & ORANGE VEG & LEGUMES
10	HEI9	Num	8		HEI COMPONENT OILS
11	HEI10	Num	8		HEI COMPONENT SATURATED FAT
12	HEI11	Num	8		HEI COMPONENT SODIUM
13	HEI12	Num	8		HEI COMPONENT KCAL: SOLID FAT\ALC\ADD SUGAR (SoFAAS)
14	HEI2005	Num	8		TOTAL HEI-2005 SCORE
15	INTAKEDATE	Num	8		# of days from randomization date to the start of the 24 hour period for which intake is being reported
16	INTAKEDAY	Num	8	ASA_DAY.	Day of week of intake for which intake is being reported (1=Sunday)
17	RECALL_NUM	Num	8		Recall number of two possible (1,2)
18	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_sae2.sas7bdat

Num	Variable	Type	Len	Format	Label
1	VISDATE	Num	8		# of days from randomization date to Visit date
2	VISNUM	Num	8		Measure visit #, data are recorded for 'previous interval'
3	Q1	Num	8	Y1N2F.	Based on the Medical Events Form or information received between regular measurement visits (Interim SAE), did any of the following possible Serious Adverse Events (SAE) occur
4	Q1A	Num	8	Y1N2F.	An event that is life threatening or places the participant at immediate risk of death
5	Q1B	Num	8	Y1N2F.	An event that causes persistent or significant disability or incapacity
6	Q1C	Num	8	Y1N2F.	An event that requires or prolongs a hospitalization (an emergency room visit/stay is not a hospitalization)
7	Q1D	Num	8	Y1N2F.	A pregnancy that results in a congenital anomaly or birth defect
8	Q1E	Num	8	Y1N2F.	Death
9	Q1F	Num	8	Y1N2F.	An event that causes other significant hazards or potentially serious harm to study participants or others
10	Q2DATE	Num	8		# of days from randomization date to this event or # of days from randomization date to onset of this event
11	Q3	Num	8	Y1N2F.	How did this possible SAE come to the attention of the CHOICES study staff (Check one)
12	Q4A	Num	8	Y1N2F.	Did a health care professional diagnose the event
13	Q4B	Num	8	Y1N2F.	Did the condition exist prior to the study
14	Q4D	Num	8	Y1N2F.	Was the above-listed activity being performed in order to lose weight
15	Q4E	Num	8	Y1N2F.	Was the above-listed activity otherwise related to participation in the CHOICES study
16	Q4F	Num	8	Y1N2F.	Did the participant receive treatment for the event
17	Q5	Num	8	SAE_Q5F.	What is the current status of the participant as a result of the event
18	Q6	Num	8	SAE_Q6F.	What was the impact of the event on participation in the CHOICES study
19	Q7	Num	8	Y1N2F.	In the opinion of the CHOICES study physician, did an SAE occur? YES, COMPLETE 8-10. NO, DO NOT COMPLETE 8-10.
20	Q8	Num	8	SAE_Q8F.	In the opinion of the CHOICES study physician, was this SAE related to (or caused by) participation in the CHOICES study
21	Q9	Num	8	SAE_Q9F.	In the opinion of the CHOICES study physician, was this SAE
22	Q10	Num	8	SAE_Q10F.	Choose the event-coding category. If more than one applies, choose the one most likely to be study-related and/or unexpected
23	CARDIO	Num	8	Y1N0F.	if q10 = 1, cardio = 1
24	FAINT	Num	8	Y1N0F.	if q10 = 11, faint = 1
25	MUSCUL	Num	8	Y1N0F.	if q10 = 2, muscul = 1
26	DIAB	Num	8	Y1N0F.	if q10 = 3, diab = 1
27	GALLB	Num	8	Y1N0F.	if q10 = 4, gallb = 1
28	PSYCH	Num	8	Y1N0F.	if q10 = 5, psych = 1
29	ASTHMA	Num	8	Y1N0F.	if q10 = 6, asthma = 1
30	OBSTET	Num	8	Y1N0F.	if q10 = 7, obstet = 1
31	WGTLOS	Num	8	Y1N0F.	if q10 = 8, wgtlos = 1
32	MVA	Num	8	Y1N0F.	if q10 = 9, mva = 1

Num	Variable	Type	Len	Format	Label
33	SAEO	Num	8	Y1N0F.	if q10 = 10, saeo = 1
34	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_sae3.sas7bdat

Num	Variable	Type	Len	Format	Label
1	VISDATE	Num	8		# of days from randomization date to Visit date
2	VISNUM	Num	8		Measure visit #, data are recorded for 'previous interval'
3	Q1	Num	8	Y1N2F.	Based on the Medical Events Form or information received between regular measurement visits (Interim SAE), did any of the following possible Serious Adverse Events (SAE) occur
4	Q1A	Num	8	Y1N2F.	An event that is life threatening or places the participant at immediate risk of death
5	Q1B	Num	8	Y1N2F.	An event that causes persistent or significant disability or incapacity
6	Q1C	Num	8	Y1N2F.	An event that requires or prolongs a hospitalization (an emergency room visit/stay is not a hospitalization)
7	Q1D	Num	8	Y1N2F.	A pregnancy that results in a congenital anomaly or birth defect
8	Q1E	Num	8	Y1N2F.	Death
9	Q1F	Num	8	Y1N2F.	An event that causes other significant hazards or potentially serious harm to study participants or others
10	Q2DATE	Num	8		# of days from randomization date to this event or # of days from randomization date to onset of this event
11	Q3	Num	8	Y1N2F.	How did this possible SAE come to the attention of the CHOICES study staff (Check one)
12	Q4A	Num	8	Y1N2F.	Did a health care professional diagnose the event
13	Q4B	Num	8	Y1N2F.	Did the condition exist prior to the study
14	Q4D	Num	8	Y1N2F.	Was the above-listed activity being performed in order to lose weight
15	Q4E	Num	8	Y1N2F.	Was the above-listed activity otherwise related to participation in the CHOICES study
16	Q4F	Num	8	Y1N2F.	Did the participant receive treatment for the event
17	Q5	Num	8	SAE_Q5F.	What is the current status of the participant as a result of the event
18	Q6	Num	8	SAE_Q6F.	What was the impact of the event on participation in the CHOICES study
19	Q7	Num	8	Y1N2F.	In the opinion of the CHOICES study physician, did an SAE occur? YES, COMPLETE 8-10. NO, DO NOT COMPLETE 8-10.
20	Q8	Num	8	SAE_Q8F.	In the opinion of the CHOICES study physician, was this SAE related to (or caused by) participation in the CHOICES study
21	Q9	Num	8	SAE_Q9F.	In the opinion of the CHOICES study physician, was this SAE
22	Q10	Num	8	SAE_Q10F.	Choose the event-coding category. If more than one applies, choose the one most likely to be study-related and/or unexpected
23	CARDIO	Num	8	Y1N0F.	if q10 = 1, cardio = 1
24	FAINT	Num	8	Y1N0F.	if q10 = 11, faint = 1
25	MUSCUL	Num	8	Y1N0F.	if q10 = 2, muscul = 1
26	DIAB	Num	8	Y1N0F.	if q10 = 3, diab = 1
27	GALLB	Num	8	Y1N0F.	if q10 = 4, gallb = 1
28	PSYCH	Num	8	Y1N0F.	if q10 = 5, psych = 1
29	ASTHMA	Num	8	Y1N0F.	if q10 = 6, asthma = 1
30	OBSTET	Num	8	Y1N0F.	if q10 = 7, obstet = 1
31	WGTLOS	Num	8	Y1N0F.	if q10 = 8, wgtlos = 1
32	MVA	Num	8	Y1N0F.	if q10 = 9, mva = 1

Num	Variable	Type	Len	Format	Label
33	SAEO	Num	8	Y1N0F.	if q10 = 10, saeo = 1
34	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_sae4.sas7bdat

Num	Variable	Type	Len	Format	Label
1	VISDATE	Num	8		# of days from randomization date to Visit date
2	VISNUM	Num	8		Measure visit #, data are recorded for 'previous interval'
3	Q1	Num	8	Y1N2F.	Based on the Medical Events Form or information received between regular measurement visits (Interim SAE), did any of the following possible Serious Adverse Events (SAE) occur
4	Q1A	Num	8	Y1N2F.	An event that is life threatening or places the participant at immediate risk of death
5	Q1B	Num	8	Y1N2F.	An event that causes persistent or significant disability or incapacity
6	Q1C	Num	8	Y1N2F.	An event that requires or prolongs a hospitalization (an emergency room visit/stay is not a hospitalization)
7	Q1D	Num	8	Y1N2F.	A pregnancy that results in a congenital anomaly or birth defect
8	Q1E	Num	8	Y1N2F.	Death
9	Q1F	Num	8	Y1N2F.	An event that causes other significant hazards or potentially serious harm to study participants or others
10	Q2DATE	Num	8		# of days from randomization date to this event or # of days from randomization date to onset of this event
11	Q3	Num	8	Y1N2F.	How did this possible SAE come to the attention of the CHOICES study staff (Check one)
12	Q4A	Num	8	Y1N2F.	Did a health care professional diagnose the event
13	Q4B	Num	8	Y1N2F.	Did the condition exist prior to the study
14	Q4D	Num	8	Y1N2F.	Was the above-listed activity being performed in order to lose weight
15	Q4E	Num	8	Y1N2F.	Was the above-listed activity otherwise related to participation in the CHOICES study
16	Q4F	Num	8	Y1N2F.	Did the participant receive treatment for the event
17	Q5	Num	8	SAE_Q5F.	What is the current status of the participant as a result of the event
18	Q6	Num	8	SAE_Q6F.	What was the impact of the event on participation in the CHOICES study
19	Q7	Num	8	Y1N2F.	In the opinion of the CHOICES study physician, did an SAE occur? YES, COMPLETE 8-10. NO, DO NOT COMPLETE 8-10.
20	Q8	Num	8	SAE_Q8F.	In the opinion of the CHOICES study physician, was this SAE related to (or caused by) participation in the CHOICES study
21	Q9	Num	8	SAE_Q9F.	In the opinion of the CHOICES study physician, was this SAE
22	Q10	Num	8	SAE_Q10F.	Choose the event-coding category. If more than one applies, choose the one most likely to be study-related and/or unexpected
23	CARDIO	Num	8	Y1N0F.	if q10 = 1, cardio = 1
24	FAINT	Num	8	Y1N0F.	if q10 = 11, faint = 1
25	MUSCUL	Num	8	Y1N0F.	if q10 = 2, muscul = 1
26	DIAB	Num	8	Y1N0F.	if q10 = 3, diab = 1
27	GALLB	Num	8	Y1N0F.	if q10 = 4, gallb = 1
28	PSYCH	Num	8	Y1N0F.	if q10 = 5, psych = 1
29	ASTHMA	Num	8	Y1N0F.	if q10 = 6, asthma = 1
30	OBSTET	Num	8	Y1N0F.	if q10 = 7, obstet = 1
31	WGTLOS	Num	8	Y1N0F.	if q10 = 8, wgtlos = 1
32	MVA	Num	8	Y1N0F.	if q10 = 9, mva = 1

Num	Variable	Type	Len	Format	Label
33	SAEO	Num	8	Y1N0F.	if q10 = 10, saeo = 1
34	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_survey1.sas7bdat

Num	Variable	Type	Len	Format	Label
1	TIMEPT	Num	8	TIMEPT.	CHOICES round of data collection (1-4)
2	DOEDATE	Num	8		# of days from randomization date to evaluation
3	BIRTHDATE	Num	8		# of days from randomization date to participant birthdate
4	SEX	Num	8	SEX.	q2.What is your gender
5	HISP	Num	8	Y1N0F.	q3.Are you of Hispanic or Latino origin
6	RACEB	Num	8	Y1N0F.	q4a.Which race best describes you - Black or African-American
7	RACEI	Num	8	Y1N0F.	q4b.Which race best describes you - American Indian or Alaska Native
8	RACEA	Num	8	Y1N0F.	q4c.Which race best describes you - Asian
9	RACEW	Num	8	Y1N0F.	q4d.Which race best describes you - White or Caucasian
10	RACEO	Num	8	Y1N0F.	q4f.Which race best describes you - Other
11	RACE_MULT	Num	8	Y1N0F.	Computed 0=n/1=y, Did participant check more than one race)
12	RACECAT	Num	8	RACECAT.	Computed, Race categories, mutually exclusive
13	EDUC	Num	8	EDUC.	q5.What is the highest grade in school you have finished
14	RAGE	Num	8		Computed, Age at randomization
15	RAND	Num	8	RAND.	Randomization group (0=C/1=I)
16	Q6	Num	8	Q6_FMT.	Which of the following best describes your current student status
17	Q7A	Num	8	Q7_FMT.	What is the highest grade in school which your father (or male guardian) completed
18	Q7B	Num	8	Q7_FMT.	What is the highest grade in school which your mother (of female guardian) completed
19	Q8	Num	8	Q8_FMT.	Where do you currently live
20	Q9A	Num	8	Y1N0F.	With whom do you live - I live alone
21	Q9B	Num	8	Y1N0F.	With whom do you live - My parent(s)
22	Q9C	Num	8	Y1N0F.	With whom do you live - Roommates, friends
23	Q9D	Num	8	Y1N0F.	With whom do you live - Significant other
24	Q9E	Num	8	Y1N0F.	With whom do you live - My child/children
25	Q9F	Num	8	Y1N0F.	With whom do you live - Other family members
26	Q9G	Num	8	Y1N0F.	With whom do you live - Other
27	NCHILD	Num	8		q10.How many children under the age of 18 live in your home
28	NADULT	Num	8		q11.How many adults (age 18 or older) live in your home
29	RELAT	Num	8	RELAT.	q12.What is your current relationship status
30	INCOME	Num	8	INCOME.	q13.Which of these categories best describe your income
31	Q14	Num	8	Q14_FMT.	How difficult is it for you to live on your total household income right now
32	Q15	Num	8	Q15_FMT.	How many hours a week do you work for pay. If you are in school, please check the number of hours you work for pay during the school year
33	Q16	Num	8	Y1N2F.	Are you currently actively involved in any weight loss program
34	Q17	Num	8	Y1N2F.	Have you taken any nutrition or physical education classes in the past 6 months

Num	Variable	Type	Len	Format	Label
35	Q18A	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Lose it!
36	Q18B	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - iBody
37	Q18C	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Nutrition Menu
38	Q18D	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - CHOICES website
39	Q18E	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Calorie King
40	Q18F	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Sparkpeople
41	Q18G	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Fitday
42	Q18H	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Livestrong
43	Q18I	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Traineo
44	Q18J	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - The Daily Plate
45	Q18K	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Other
46	Q18L	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Other
47	Q18M	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Other
48	BEDWDH	Num	8		q19a_h.What time do you usually go to bed in the evening - weekday hh
49	BEDWDM	Num	8		q19a_m.What time do you usually go to bed in the evening - weekday mm
50	BEDWDAP	Num	8	AMPM.	q19a_ap.What time do you usually go to bed in the evening - weekday am/pm
51	BEDWD_HOUR	Num	8		Computed, Time go to bed - weekday, 24-hour clock (12am=0) (from q19a_h)
52	BEDWEH	Num	8		q19b_h.What time do you usually go to bed in the evening - weekend hh
53	BEDWEM	Num	8		q19b_m.What time do you usually go to bed in the evening - weekend mm
54	BEDWEAP	Num	8	AMPM.	q19b_ap.What time do you usually go to bed in the evening - weekend am/pm
55	BEDWE_HOUR	Num	8		Computed, Time go to bed - weekend, 24-hour clock (12am=0) (from q19b_h)
56	WAKEWDH	Num	8		q20a_h.What time do you usually get out of bed in the morning - weekday hh
57	WAKEWDM	Num	8		q20a_m.What time do you usually get out of bed in the morning - weekday mm
58	WAKEWDAP	Num	8	AMPM.	q20a_ap.What time do you usually get out of bed in the morning - weekday am/pm
59	WAKEWD_HOUR	Num	8		Computed, Time get out of bed - weekday, 24-hour clock (12am=0) (from q20a_h)
60	WAKEWEH	Num	8		q20b_h.What time do you usually get out of bed in the morning - weekend hh
61	WAKEWEM	Num	8		q20b_m.What time do you usually get out of bed in the morning - weekend mm
62	WAKEWEAP	Num	8	AMPM.	q20b_ap.What time do you usually get out of bed in the morning - weekend am/pm

Num	Variable	Type	Len	Format	Label
63	WAKEWE_HOUR	Num	8		Computed, Time get out of bed - weekend, 24-hour clock (12am=0) (from q20b_h)
64	BEDWD_SEC	Num	8		Computed, SAS time value (# of seconds from 12am) Time go to bed - weekday, hms(bedwd_hour,bedwdm,00)
65	BEDWE_SEC	Num	8		Computed, SAS time value (# of seconds from 12am) Time go to bed - weekend, hms(bedwe_hour,bedwem,00)
66	WAKEWD_SEC	Num	8		Computed, SAS time value (# of seconds from 12am) Time get out of bed - weekday, hms(wakewd_hour,wakewdm,00)
67	WAKEWE_SEC	Num	8		Computed, SAS time value (# of seconds from 12am) Time get out of bed - weekend, hms(wakewe_hour,wakewem,00)
68	SLEEPWD	Num	8		Computed, # of hours of sleep, weekday (see program code)
69	SLEEPWE	Num	8		Computed, # of hours of sleep, weekend (see program code)
70	FALLASLP	Num	8	FALLASLP.	q21.On average, how often has it taken you more than 30 minutes to fall asleep after lights out
71	NEREST	Num	8		q22.During the past 30 days, for about how many days have you felt you did not get enough rest or sleep
72	STAYAWK	Num	8	STAYAWK.	q23.In the past week, how many days have you had trouble staying awake while driving, eating meals, in class or engaging in social activity
73	SNORE	Num	8	Y1N0F.	q24.In the past year, have you been told that you snore loudly or gasp or stop breathing during sleep
74	FASTFOOD	Num	8	FASTFOOD.	q25.Over the past 30 days, how many times did you buy food at a fast food restaurant
75	SITDOWN	Num	8	SITDOWN.	q26.Not including the fast food restaurants listed above, in the past 30 days, how many times did you buy food at any other sit down (full service) restaurant and order from a waiter/waitress
76	BUFFET	Num	8	BUFFET.	q27.Over the past 30 days, how many times did you buy food from an all-you-can-eat buffet
77	HBRKFST	Num	8		q28a.Over the past week, how many times did you eat the following meals that were prepared in your home or in the place where you live - Breakfast
78	HLUNCH	Num	8		q28b.Over the past week, how many times did you eat the following meals that were prepared in your home or in the place where you live - Lunch
79	HDINNER	Num	8		q28c.Over the past week, how many times did you eat the following meals that were prepared in your home or in the place where you live - Dinner
80	SODA	Num	8	SODA.	q29.Over the past 30 days, how often did you drink soda or pop
81	SODADIET	Num	8	SODADIET.	q29a.How often were these sodas or pop diet or sugar-free
82	FRTDRNK	Num	8	FRTDRNK.	q30.Over the past 30 days, how often did you drink fruit drinks
83	FRTDIET	Num	8	FRTDIET.	q30a.How often were your fruit drinks diet or sugar-free drinks
84	SPRTDRNK	Num	8	SPRTDRNK.	q31.Over the past 30 days, how often did you drink sports drinks
85	ENRGDRNK	Num	8	ENRGDRNK.	q32.Over the past 30 days, how often did you drink energy drinks
86	TOBACCO	Num	8	Y1N0F.	q33.Do you currently use chewing tobacco, snuff, snus, pipes, cigars or any other tobacco product other than cigarettes
87	CIGLIFE	Num	8	Y1N0F.	q34.Have you smoked at least 100 cigarettes in your entire life
88	CIGFREQ	Num	8	CIGFREQ.	q35.Do you now smoke cigarettes every day, some days, or not at all
89	CIGAMNT	Num	8	CIGAMNT.	q36.On average, how many cigarettes do you smoke each day

Num	Variable	Type	Len	Format	Label
90	STOPSMOK	Num	8	Y1N0F.	q37.During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking
91	LASTSMOK	Num	8	LASTSMOK.	q38.How long has it been since you last smoked cigarettes regularly
92	ALONE	Num	8	Y1N0F.	q39.During the past 30 days, have you had at least one drink of any alcoholic beverage
93	ALDAYS	Num	8		q40.During the past 30 days, how many days did you have at least one drink of any alcoholic beverage
94	ALDRNKS	Num	8		q41.During the past 30 days, on the days when you drank, about how many drinks did you drink on average
95	ALNTIMES	Num	8		q42.Considering all types of alcoholic beverages, how many times during the past 30 days did you have 4 or more drinks (for women) or 5 or more drinks (for men)
96	EBRKFST	Num	8	Q43_FMT.	q43a.In a typical week, how many times do you - Eat breakfast
97	EMSNCK	Num	8	Q43_FMT.	q43b.In a typical week, how many times do you - Eat a mid-morning snack
98	ELUNCH	Num	8	Q43_FMT.	q43c.In a typical week, how many times do you - Eat lunch
99	EASNCK	Num	8	Q43_FMT.	q43d.In a typical week, how many times do you - Eat a mid-afternoon snack
100	EDINNER	Num	8	Q43_FMT.	q43e.In a typical week, how many times do you - Eat dinner
101	EESNCK	Num	8	Q43_FMT.	q43f.In a typical week, how many times do you - Eat an evening snack
102	EBED	Num	8	Q43_FMT.	q43g.In a typical week, how many times do you - Eat within an hour of bedtime
103	Q44	Num	8	Q44_FMT.	How do you think of yourself
104	Q45	Num	8	Q45_FMT.	How satisfied are you with your weight
105	Q46	Num	8	Q46_FMT.	Are you currently trying to
106	Q47	Num	8	Q47_FMT.	How often have you gone on a diet during the last year
107	WMFAST	Num	8	Y1N0F.	q48a.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Fasted
108	WMLITTLE	Num	8	Y1N0F.	q48b.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Ate very little food
109	WMPILLS	Num	8	Y1N0F.	q48c.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Took diet pills
110	WMVOMIT	Num	8	Y1N0F.	q48d.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Made myself vomit (throw up)
111	WMLAX	Num	8	Y1N0F.	q48e.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Used laxatives
112	WMDIUR	Num	8	Y1N0F.	q48f.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Used diuretics
113	WMSUB	Num	8	Y1N0F.	q48g.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Used food substitutes (powder/special drinks)
114	WMSKIP	Num	8	Y1N0F.	q48h.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Skipped meals
115	WMSMOKE	Num	8	Y1N0F.	q48i.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Smoked cigarettes
116	WMNONE	Num	8	Y1N0F.	q48j.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - None of the above
117	WEIGH	Num	8	WEIGH.	q49.How often do you weigh yourself

Num	Variable	Type	Len	Format	Label
118	SCALE	Num	8	Y1NOF.	q50.Do you have access to a bathroom scale at home
119	Q51	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Shopped from a list
120	Q52	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Kept portion-controlled snacks for myself
121	Q53	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Removed high calorie foods from my home, office or room
122	Q54	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Left food on my plate if I was served too much
123	Q55	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Ate only when I was hungry
124	Q56	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Reduced portion sizes
125	Q57	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Changed food preparation techniques
126	Q58	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Recorded or wrote down the type and quantity of food eaten
127	Q59	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Avoided eating while watching TV
128	Q60	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Cut out sweets or junk food
129	Q61	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Cut out between-meal snacks
130	Q62	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Cut out late night snacking
131	Q63	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Drank less alcohol or changed type of drink to reduce calories
132	Q64	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Increased eating of fruits and vegetables
133	Q65	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Altered my daily routine to get more lifestyle physical activity
134	Q66	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Wore a pedometer
135	Q67	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Reduced the amount of time spent watching TV
136	Q68	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Exercised at a gym or participated in an exercise class
137	Q69	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Exercised for a period of 30 minutes or more
138	Q70	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Recorded or graphed my physical activity
139	EXERDIF	Num	8	Y1NOF.	q71.Was there anything about the past week that made exercising especially different for you in terms of extended illness, injury, or vacation
140	FLIGHTS	Num	8		q72.First, we are interested in the number of flights of stairs you climbed on average EACH DAY in this week
141	FLIGHTS_KCAL	Num	8		Computed, kcals used for # of flights climbed this week (flights*7*4) (from q72)

Num	Variable	Type	Len	Format	Label
142	BRWALKD	Num	8		q73a.How many days this week did you walk briskly for the purpose of exercise or transportation for at least 10 continuous minutes outside, at an indoor facility, or on a treadmill
143	BRWALKM	Num	8		q73b.On these days in which you walked briskly at least 10 continuous minutes, on average, how many minutes per day did you walk briskly
144	WALK_MINS	Num	8		Computed, # of minutes walked briskly in past week (brwalkd*brwalkm) (from q73a, q73b)
145	WALK_MILES	Num	8		Computed, # of miles walked briskly in past week (brwalkd*brwalkm)/20) (from q73a, q73b)
146	WALK_KCAL	Num	8		Computed, # of kcals used walking briskly in past week (((brwalkd * brwalkm)/20) * 12 * 8)) (from q73a, q73b)
147	Q74A	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
148	Q74A_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
149	Q74A_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
150	Q74A_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74a_days*q74a_time)
151	Q74A_MET	Num	8		# of mets assigned for this activity from Paffenberger table
152	Q74A_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74a_days*q74a_time*q74a_met)
153	Q74A_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74a_days*q74a_time*q74a_met) * 0.250 * 5)
154	Q74B	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
155	Q74B_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
156	Q74B_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
157	Q74B_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74b_days*q74b_time)
158	Q74B_MET	Num	8		# of mets assigned for this activity from Paffenberger table
159	Q74B_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74b_days*q74b_time*q74b_met)
160	Q74B_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74b_days*q74b_time*q74b_met) * 0.250 * 5)
161	Q74C	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
162	Q74C_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
163	Q74C_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
164	Q74C_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74c_days*q74c_time)
165	Q74C_MET	Num	8		# of mets assigned for this activity from Paffenberger table

Num	Variable	Type	Len	Format	Label
166	Q74C_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74c_days*q74c_time*q74c_met)
167	Q74C_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74c_days*q74c_time*q74c_met) * 0.250 * 5)
168	Q74D	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
169	Q74D_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
170	Q74D_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
171	Q74D_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74d_days*q74d_time)
172	Q74D_MET	Num	8		# of mets assigned for this activity from Paffenberger table
173	Q74D_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74d_days*q74d_time*q74d_met)
174	Q74D_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74d_days*q74d_time*q74d_met) * 0.250 * 5)
175	Q74E	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
176	Q74E_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
177	Q74E_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
178	Q74E_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74e_days*q74e_time)
179	Q74E_MET	Num	8		# of mets assigned for this activity from Paffenberger table
180	Q74E_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74e_days*q74e_time*q74e_met)
181	Q74E_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74e_days*q74e_time*q74e_met) * 0.250 * 5)
182	Q74F	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
183	Q74F_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
184	Q74F_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
185	Q74F_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74f_days*q74f_time)
186	Q74F_MET	Num	8		# of mets assigned for this activity from Paffenberger table
187	Q74F_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74f_days*q74f_time*q74f_met)
188	Q74F_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74f_days*q74f_time*q74f_met) * 0.250 * 5)
189	WENGYS	Num	8		Computed, sum(walk_kcal, q74a_kcal, q74b_kcal, q74c_kcal, q74d_kcal, q74e_kcal, q74f_kcal, flights_kcal)

Num	Variable	Type	Len	Format	Label
190	WENGYNS	Num	8		Computed, sum(walk_kcal, q74a_kcal, q74b_kcal, q74c_kcal, q74d_kcal, q74e_kcal, q74f_kcal)
191	LTPAMIN	Num	8		Computed, sum(walk_mins, q74a_mins, q74b_mins, q74c_mins, q74d_mins, q74e_mins, q74f_mins)
192	PAFMISS	Num	8	Y1N0F.	Computed 0=n/1=y, missing Paffenbarger, flights=<.> or brwalkd=<.> or brwalkm=<.> or (activity is not <.> and (days=<.> or minutes=<.>))
193	ACTIVE	Num	8	ACTIVE.	q75.Would you say that during the past week (the week used for questions 72-74) you were
194	REGACT	Num	8	Y1N0F.	q76.In general, at least once per week, do you engage in regular activity similar to brisk walking, jogging, bicycling, long enough to work up a sweat, get your heart thumping, or get out of breath
195	REGACTD	Num	8		q76a.Q76=Yes, Number of days per week
196	Q77	Num	8	Y1N2F.	Does your work/school involve vigorous-intensity activity that causes large increases in breathing or heart rate
197	Q78	Num	8		In a typical week, on how many days do you do vigorous-intensity activities as part of your work/school
198	Q79_H	Num	8		How much time do you spend doing vigorous-intensity activities at work/school on a typical day (hh)
199	Q79_M	Num	8		How much time do you spend doing vigorous-intensity activities at work/school on a typical day (mm)
200	Q79_TOTMINS	Num	8		Computed, Total # of minutes doing vigorous-intensity activities at work/school on typical day (q79_h*60)+q79_m
201	VAWSMIN	Num	8		Computed, Total # of minutes doing vigorous-intensity activities at work/school during week (q78*q79_totmins)
202	VAWSMET	Num	8		Computed, Total # of met minutes doing vigorous-intensity activities at work/school during week (vawsmmin*8)
203	Q80	Num	8	Y1N2F.	Does your work/school involve moderate-intensity activity that causes small increases in breathing or heart rate for at least 10 minutes continuously
204	Q81	Num	8		In a typical week, on how many days do you do moderate-intensity activities as part of your work/school
205	Q82_H	Num	8		How much time do you spend doing moderate-intensity activities at work/school on a typical day (hh)
206	Q82_M	Num	8		How much time do you spend doing moderate-intensity activities at work/school on a typical day (mm)
207	Q82_TOTMINS	Num	8		Computed, Total # of minutes doing moderate-intensity activities at work/school on typical day (q82_h*60)+q82_m
208	MAWSMIN	Num	8		Computed, Total # of minutes doing moderate-intensity activities at work/school during week (q81*q82_totmins)
209	MAWSMET	Num	8		Computed, Total # of met minutes doing moderate-intensity activities at work/school during week (mawsmmin*4)
210	Q83	Num	8	Y1N2F.	Does your household activity involve vigorous-intensity activity that causes large increases in breathing or heart rate for at least 10 minutes continuously
211	Q84	Num	8		In a typical week, on how many days do you do vigorous-intensity household activities
212	Q85_H	Num	8		How much time do you spend doing vigorous-intensity household activities on a typical day (hh)

Num	Variable	Type	Len	Format	Label
213	Q85_M	Num	8		How much time do you spend doing vigorous-intensity household activities on a typical day (mm)
214	Q85_TOTMINS	Num	8		Computed, Total # of minutes doing vigorous-intensity household activities on typical day (q85_h*60)+q85_m
215	VAHMIN	Num	8		Computed, Total # of minutes doing vigorous-intensity household activities during week (q84*q85_totmins)
216	VAHMET	Num	8		Computed, Total # of met minutes doing vigorous-intensity household activities during week (vahmin*8)
217	Q86	Num	8	Y1N2F.	Does your household work involve moderate-intensity activity that causes small increases in breathing or heart rate for at least 10 minutes continuously
218	Q87	Num	8		In a typical week, on how many days do you do moderate-intensity household activities
219	Q88_H	Num	8		How much time do you spend doing moderate-intensity household activities on a typical day (hh)
220	Q88_M	Num	8		How much time do you spend doing moderate-intensity household activities on a typical day (mm)
221	Q88_TOTMINS	Num	8		Computed, Total # of minutes doing moderate-intensity household activities on typical day (q88_h*60)+q88_m
222	MAHMIN	Num	8		Computed, Total # of minutes doing moderate-intensity household activities during week (q87*q88_totmins)
223	MAHMET	Num	8		Computed, Total # of met minutes doing moderate-intensity household activities during week (mahmin*4)
224	Q89	Num	8	Y1N2F.	Do you walk or use a bicycle (pedal cycle) for at least 10 minutes continuously to get to and from places
225	Q90	Num	8		In a typical week, on how many days do you walk or bicycle for at least 10 minutes continuously to get to and from places
226	Q91_H	Num	8		How much time do you spend walking or bicycling for travel on a typical day (hh)
227	Q91_M	Num	8		How much time do you spend walking or bicycling for travel on a typical day (mm)
228	Q91_TOTMINS	Num	8		Computed, Total # of minutes walking or bicycling for travel on typical day (q91_h*60)+q91_m
229	MATRMIN	Num	8		Computed, Total # of minutes walking or bicycling for travel during week (q90*q91_totmins)
230	MATRMET	Num	8		Computed, Total # of met minutes walking or bicycling for travel during week (matrmin*4)
231	Q92	Num	8	Y1N2F.	Do you do any vigorous-intensity sports, fitness or recreational activities that cause large increases in breathing or heart rate for at least 10 minutes continuously
232	Q93	Num	8		In a typical week, on how many days do you do vigorous-intensity sports, fitness or recreational activities
233	Q94_H	Num	8		How much time do you spend doing vigorous-intensity sports, fitness or recreational activities on a typical day (hh)
234	Q94_M	Num	8		How much time do you spend doing vigorous-intensity sports, fitness or recreational activities on a typical day (mm)
235	Q94_TOTMINS	Num	8		Computed, Total # of minutes doing vigorous-intensity sports, fitness or recreational activities on typical day (q94_h*60)+q94_m

Num	Variable	Type	Len	Format	Label
236	VARMIN	Num	8		Computed, Total # of minutes doing vigorous-intensity sports, fitness or recreational activities during week (q93*q94_totmins)
237	VARMET	Num	8		Computed, Total # of met minutes doing vigorous-intensity sports, fitness or recreational activities during week (varmin*8)
238	Q95	Num	8	Y1N2F.	Do you do any moderate-intensity sports, fitness or recreational activities that cause a small increase in breathing or heart rate for at least 10 minutes continuously
239	Q96	Num	8		In a typical week, on how many days do you do moderate-intensity sports, fitness or recreational activities
240	Q97_H	Num	8		How much time do you spend doing moderate-intensity sports, fitness or recreational activities on a typical day (hh)
241	Q97_M	Num	8		How much time do you spend doing moderate-intensity sports, fitness or recreational activities on a typical day (mm)
242	Q97_TOTMINS	Num	8		Computed, Total # of minutes doing moderate-intensity sports, fitness or recreational activities on typical day (q97_h*60)+q97_m
243	MARMIN	Num	8		Computed, Total # of minutes doing moderate-intensity sports, fitness or recreational activities during week (q96*q97_totmins)
244	MARMET	Num	8		Computed, Total # of met minutes doing moderate-intensity sports, fitness or recreational activities during week (marmin*4)
245	Q98_H	Num	8		How much time do you usually spend sitting or reclining on a typical day (hh)
246	Q98_M	Num	8		How much time do you usually spend sitting or reclining on a typical day (mm)
247	SEDBMIN	Num	8		Computed, Total # of minutes sitting or reclining per week (((q98_h*60) + q98_m) * 7)
248	GPAQ_MISS	Num	8		Computed, # missing nmiss(vawsmmin, vawsmmet, mawsmmin, mawsmmet, vahmin, vahmet, mahmin, mahmet, matrmin, matrmet, varmin, varmet, marmin, marmet)
249	WDTV	Num	8	Q99_FMT.	q99a.On a typical WEEKDAY, how much time do you spend - Sitting while watching television (including videos on VCR/DVD)
250	WDCWK	Num	8	Q99_FMT.	q99b.On a typical WEEKDAY, how much time do you spend - Sitting at work/school doing computer work
251	WDCNWK	Num	8	Q99_FMT.	q99c.On a typical WEEKDAY, how much time do you spend - Sitting while using the computer for non-work/non-school activities or playing video games
252	WDNCWK	Num	8	Q99_FMT.	q99d.On a typical WEEKDAY, how much time do you spend - Sitting at work/school doing non-computer office/school work or paperwork
253	WDNCNWK	Num	8	Q99_FMT.	q99e.On a typical WEEKDAY, how much time do you spend - Sitting while doing non-computer office work or paperwork not related to your job/school
254	WDMRA	Num	8	Q99_FMT.	q99f.On a typical WEEKDAY, how much time do you spend - Sitting listening to music, reading a book or magazine, or doing arts and crafts
255	WDPHONE	Num	8	Q99_FMT.	q99g.On a typical WEEKDAY, how much time do you spend - Sitting and talking on the phone or texting
256	WDTRANS	Num	8	Q99_FMT.	q99h.On a typical WEEKDAY, how much time do you spend - Sitting in a car, bus, train or other mode of transportation
257	WETV	Num	8	Q100_FMT.	q100a.On a typical WEEKEND DAY, how much time do you spend - Sitting while watching television (including videos on VCR/DVD)
258	WECWK	Num	8	Q100_FMT.	q100b.On a typical WEEKEND DAY, how much time do you spend - Sitting at work/school doing computer work

Num	Variable	Type	Len	Format	Label
259	WECNWK	Num	8	Q100_FMT.	q100c.On a typical WEEKEND DAY, how much time do you spend - Sitting while using the computer for non-work/non-school activities or playing video games
260	WENCWK	Num	8	Q100_FMT.	q100d.On a typical WEEKEND DAY, how much time do you spend - Sitting at work/school doing non-computer office/school work or paperwork
261	WENCNWK	Num	8	Q100_FMT.	q100e.On a typical WEEKEND DAY, how much time do you spend - Sitting while doing non-computer office work or paperwork not related to your job/school
262	WEMRA	Num	8	Q100_FMT.	q100f.On a typical WEEKEND DAY, how much time do you spend - Sitting listening to music, reading a book or magazine, or doing arts and crafts
263	WEPHONE	Num	8	Q100_FMT.	q100g.On a typical WEEKEND DAY, how much time do you spend - Sitting and talking on the phone or texting
264	WETRANS	Num	8	Q100_FMT.	q100h.On a typical WEEKEND DAY, how much time do you spend - Sitting in a car, bus, train or other mode of transportation
265	Q101A	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Taking a yoga class
266	Q101B	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Doing yoga at home
267	Q101C	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Meditating
268	Q101D	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Practicing stress-reduction strategies
269	Q101E	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Listening to a stress-reduction program
270	Q102A	Num	8	Q102_FMT.	During the past week - I was bothered by things that don't usually bother me
271	Q102B	Num	8	Q102_FMT.	During the past week - I had trouble keeping my mind on what I was doing
272	Q102C	Num	8	Q102_FMT.	During the past week - I felt depressed
273	Q102D	Num	8	Q102_FMT.	During the past week - I felt that everything I did was an effort
274	Q102E	Num	8	Q102_FMT.	During the past week - I was happy
275	Q102F	Num	8	Q102_FMT.	During the past week - I felt fearful
276	Q102G	Num	8	Q102_FMT.	During the past week - My sleep was restless
277	Q102H	Num	8	Q102_FMT.	During the past week - I felt hopeful about the future
278	Q102I	Num	8	Q102_FMT.	During the past week - I felt lonely
279	Q102J	Num	8	Q102_FMT.	During the past week - I could not 'get going'
280	RQ102A	Num	8	CESD1FMT.	Recode, (q102a=1-4 to 0-3), During the past week - I was bothered by things that don't usually bother me
281	RQ102B	Num	8	CESD1FMT.	Recode, (q102b=1-4 to 0-3), During the past week - I had trouble keeping my mind on what I was doing
282	RQ102C	Num	8	CESD1FMT.	Recode, (q102c=1-4 to 0-3), During the past week - I felt depressed
283	RQ102D	Num	8	CESD1FMT.	Recode, (q102d=1-4 to 0-3), During the past week - I felt that everything I did was an effort
284	RQ102E	Num	8	CESD2FMT.	Reverse recode, (q102e=1-4 to 3-0), During the past week - I was happy
285	RQ102F	Num	8	CESD1FMT.	Recode, (q102f=1-4 to 0-3), During the past week - I felt fearful
286	RQ102G	Num	8	CESD1FMT.	Recode, (q102g=1-4 to 0-3), During the past week - My sleep was restless

Num	Variable	Type	Len	Format	Label
287	RQ102H	Num	8	CESD2FMT.	Reverse recode, (q102h=1-4 to 3-0), During the past week - I felt hopeful about the future
288	RQ102I	Num	8	CESD1FMT.	Recode, (q102i=1-4 to 0-3), During the past week - I felt lonely
289	RQ102J	Num	8	CESD1FMT.	Recode, (q102j=1-4 to 0-3), During the past week - I could not 'get going'
290	CESDS	Num	8		Computed, sum(rq102a, rq102b, rq102c, rq102d, rq102e, rq102f, rq102g, rq102h, rq102i, rq102j)
291	CESDQ	Num	8		Computed, # missing nmiss(rq102a, rq102b, rq102c, rq102d, rq102e, rq102f, rq102g, rq102h, rq102i, rq102j)
292	CESDGE13	Num	8	Y1N0F.	Computed, if cesds >= 13 then cesdge13 = 1, else cesdge13 = 0
293	Q103	Num	8	STRESS.	In the last month, how often have you felt that you were unable to control the important things in your life
294	Q104	Num	8	STRESS.	In the last month, how often have you felt confident about your ability to handle your personal problems
295	Q105	Num	8	STRESS.	In the last month, how often have you felt that things were going your way
296	Q106	Num	8	STRESS.	In the last month, how often have you felt difficulties were piling up so high that you could not overcome them
297	Q107	Num	8	CONFIDEN.	How confident - Make healthy food choices when you are in a bad mood
298	Q108	Num	8	CONFIDEN.	How confident - Make healthy food choices on the weekends
299	Q109	Num	8	CONFIDEN.	How confident - Make healthy food choices when you are at a party or out to dinner with friends or family
300	Q110	Num	8	CONFIDEN.	How confident - Make healthy food choices when many appealing high-calorie foods are available
301	Q111	Num	8	CONFIDEN.	How confident - Be physically active or exercise when you get very busy
302	Q112	Num	8	CONFIDEN.	How confident - Be physically active or exercise when it interferes with spending time with your friends or family
303	Q113	Num	8	CONFIDEN.	How confident - Be physically active or exercise when you are sore or tired
304	Q114	Num	8	CONFIDEN.	How confident - Be physically active or exercise when you are in a bad mood
305	Q115	Num	8	CONFIDEN.	How confident - Exercise when your workout is not enjoyable
306	Q116	Num	8	HLTHWGT.	How I look is important to me
307	Q117	Num	8	HLTHWGT.	It is important for me to be around other people
308	Q118	Num	8	HLTHWGT.	Doing well at work/school is important to me
309	Q119	Num	8	HLTHWGT.	It is important to me to feel good about myself
310	Q120	Num	8	HLTHWGT.	It is difficult to maintain a healthy weight
311	Q121	Num	8	HLTHWGT.	It takes too much work to maintain a healthy weight
312	Q122	Num	8	HLTHWGT.	I don't know how to maintain a healthy weight
313	Q123	Num	8	HLTHWGT.	It costs too much to maintain a healthy weight
314	Q124	Num	8	HLTHWGT.	I have to exercise too much to maintain a healthy weight
315	Q125	Num	8	HLTHWGT.	I have to give up the foods that I like to maintain a healthy weight
316	Q126	Num	8	HLTHWGT.	It takes too much time to maintain a healthy weight
317	Q127	Num	8	HLTHWGT.	I am not able to maintain a healthy weight
318	Q128	Num	8	HLTHWGT.	I think people worry too much about weight
319	Q129	Num	8	HLTHWGT.	I intend to lose weight in the next 6 months

Num	Variable	Type	Len	Format	Label
320	Q130	Num	8	HLTHWGT.	People who care about me think that I should lose weight
321	Q131	Num	8	HLTHWGT.	In general, I do what people who care about me think that I should do
322	Q132	Num	8	HLTHWGT.	It is important to me to lose weight
323	Q133	Num	8	HLTHWGT.	My weight affects how I look
324	Q134	Num	8	HLTHWGT.	My weight affects how much I want to be around other people
325	Q135	Num	8	HLTHWGT.	My weight affects how successful I am at work/school
326	Q136	Num	8	HLTHWGT.	My weight affects how I feel about myself
327	Q137	Num	8	COPING.	What you do when you are under stress - I try to get advice from someone about what to do
328	Q138	Num	8	COPING.	What you do when you are under stress - I concentrate my efforts on doing something about it
329	Q139	Num	8	COPING.	What you do when you are under stress - I discuss my feelings with someone
330	Q140	Num	8	COPING.	What you do when you are under stress - I make a plan of action
331	Q141	Num	8	COPING.	What you do when you are under stress - I try to get emotional support from friends or relatives
332	Q142	Num	8	COPING.	What you do when you are under stress - I take additional action to try to get rid of the problem
333	Q143	Num	8	COPING.	What you do when you are under stress - I talk to someone who could help me with the problem
334	Q144	Num	8	COPING.	What you do when you are under stress - I try to come up with a strategy about what to do
335	Q145	Num	8	COPING.	What you do when you are under stress - I get sympathy and understanding from someone
336	Q146	Num	8	COPING.	What you do when you are under stress - I think about how I might best handle the problem
337	Q147	Num	8	COPING.	What you do when you are under stress - I ask people who have had similar experiences what they did
338	Q148	Num	8	COPING.	What you do when you are under stress - I take direct action to solve the problem
339	Q149	Num	8	COPING.	What you do when you are under stress - I talk to someone about how I feel
340	Q150	Num	8	COPING.	What you do when you are under stress - I think hard about what steps to take
341	Q151	Num	8	COPING.	What you do when you are under stress - I do what has to be done, one step at a time
342	HOUSING	Num	8	HOUSING.	q152.What is the main type of housing in your neighborhood
343	NSHOPS	Num	8	NEIGHBOR.	q153.Many shops, stores, markets or other places to buy things I need are within easy walking distance of my home
344	NTRANS	Num	8	NEIGHBOR.	q154.It is within a 10-15 minute walk to a transit stop from my home
345	NSIDEWLK	Num	8	NEIGHBOR.	q155.There are sidewalks on most of the streets in my neighborhood
346	NBIKE	Num	8	NEIGHBOR.	q156.There are facilities to bicycle in or near my neighborhood
347	NRECR	Num	8	NEIGHBOR.	q157.My neighborhood has several free or low-cost recreation facilities
348	NCRIME	Num	8	NEIGHBOR.	q158.The crime rate in my neighborhood makes it unsafe to go on walks at night
349	MVNUM	Num	8		q159.How many motor vehicles in working order

Num	Variable	Type	Len	Format	Label
350	Q160A	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a friend to - Participate in some physical activity with you
351	Q160B	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a friend to - Eat a healthful meal together
352	Q160C	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a friend to - Do some activity to help manage your stress
353	Q161A	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone in your family to - Participate in some physical activity with you
354	Q161B	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone in your family to - Eat a healthful meal together
355	Q161C	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone in your family to - Do some activity to help manage your stress
356	Q162A	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a fellow student to - Participate in some physical activity with you
357	Q162B	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a fellow student to - Eat a healthful meal together
358	Q162C	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a fellow student to - Do some activity to help manage your stress
359	Q163A	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone you work with to - Participate in some physical activity with you
360	Q163B	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone you work with to - Eat a healthful meal together
361	Q163C	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone you work with to - Do some activity to help manage your stress
362	Q164	Num	8	WGTMANAG.	Rate how often - Others remind me to watch what I eat
363	Q165	Num	8	WGTMANAG.	Rate how often - Other members of my household avoid buying junk food or having it in the house
364	Q166	Num	8	WGTMANAG.	Rate how often - Others tell me they're concerned about my eating habits
365	Q167	Num	8	WGTMANAG.	Rate how often - Others split a dessert or meal with me to help me eat less
366	Q168	Num	8	WGTMANAG.	Rate how often - Others tell me I look like I'm in shape
367	Q169	Num	8	WGTMANAG.	Rate how often - Others go walking or jogging with me for exercise
368	Q170	Num	8	WGTMANAG.	Rate how often - Others in my household eat low calorie/low fat foods even though they aren't trying to lose weight
369	Q171	Num	8	WGTMANAG.	Rate how often - Others compliment me on my appearance
370	Q172	Num	8	WGTMANAG.	Rate how often - Others suggest other ways for me to be active
371	Q173	Num	8	WGTMANAG.	Rate how often - Others tell me they are confident I can maintain a healthy weight
372	Q174	Num	8	WGTMANAG.	Rate how often - Others tell me about different types of exercise I should do in order to get a better workout
373	Q175	Num	8	WGTMANAG.	Rate how often - Others compliment me on sticking to an exercise routine
374	Q176	Num	8	WGTMANAG.	Rate how often - Others play sports or exercise with me
375	Q177	Num	8	WGTMANAG.	Rate how often - Others tell me about the calorie or fat content of foods
376	Q178	Num	8	WGTMANAG.	Rate how often - Others tell me they are impressed with how physically fit I am
377	Q179	Num	8	WGTMANAG.	Rate how often - Others encourage me to eat healthy foods

Num	Variable	Type	Len	Format	Label
378	Q180	Num	8	WGTMANAG.	Rate how often - Others will eat healthy foods with me
379	Q181	Num	8	WGTMANAG.	Rate how often - Others tell me about the exercises that have helped them to maintain a healthy weight
380	Q182	Num	8	WGTMANAG.	Rate how often - Others tell me about healthy foods I could try
381	Q183	Num	8	WGTMANAG.	Rate how often - Others avoid eating junk food or fattening foods in front of me
382	Q184	Num	8	WGTMANAG.	Rate how often - Others remind me to exercise or to go to the gym
383	Q185	Num	8	WGTMANAG.	Rate how often - Others tell me the best way to do exercises to maintain a healthy weight
384	Q186	Num	8	WGTMANAG.	Rate how often - Others tell me about the things they have done to maintain a healthy weight
385	Q187A	Num	8	Y1N2F.	Have you been diagnosed in the past year - Thyroid disease
386	Q187B	Num	8	Y1N2F.	Have you been diagnosed in the past year - Liver disease
387	Q187C	Num	8	Y1N2F.	Have you been diagnosed in the past year - Renal/Kidney disease
388	Q187D	Num	8	Y1N2F.	Have you been diagnosed in the past year - Kidney stones
389	Q187E	Num	8	Y1N2F.	Have you been diagnosed in the past year - Gastrointestinal disease
390	Q187F	Num	8	Y1N2F.	Have you been diagnosed in the past year - Heart disease (including high blood pressure and high cholesterol)
391	Q187G	Num	8	Y1N2F.	Have you been diagnosed in the past year - Cancer
392	Q187H	Num	8	Y1N2F.	Have you been diagnosed in the past year - Type 1 diabetes (requires insulin injections or pump)
393	Q187I	Num	8	Y1N2F.	Have you been diagnosed in the past year - Type 2 diabetes (does not require insulin injections or pump)
394	Q187J	Num	8	Y1N2F.	Have you been diagnosed in the past year - Gestational diabetes
395	Q187K	Num	8	Y1N2F.	Have you been diagnosed in the past year - Growth problems
396	Q187L	Num	8	Y1N2F.	Have you been diagnosed in the past year - Depression and/or anxiety disorders
397	Q187M	Num	8	Y1N2F.	Have you been diagnosed in the past year - Mental health condition(s) other than depression and anxiety disorders
398	Q187N	Num	8	Y1N2F.	Have you been diagnosed in the past year - Eating disorders
399	EXAMAGE	Num	8		Computed, Age at examination
400	SCHOOL	Num	8	SCHOOL.	School
401	COHORT	Num	8	COHORT.	Data collection group
402	RBMICAT	Num	8	RBMICAT.	randomization bmi category (1=20-24.9 / 2=25-34.9)
403	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_survey2.sas7bdat

Num	Variable	Type	Len	Format	Label
1	TIMEPT	Num	8	TIMEPT.	CHOICES round of data collection (1-4)
2	DOEDATE	Num	8		# of days from randomization date to evaluation
3	BIRTHDATE	Num	8		# of days from randomization date to participant birthdate
4	SEX	Num	8	SEX.	q2.What is your gender
5	HISP	Num	8	Y1N0F.	q3.Are you of Hispanic or Latino origin
6	RACEB	Num	8	Y1N0F.	q4a.Which race best describes you - Black or African-American
7	RACEI	Num	8	Y1N0F.	q4b.Which race best describes you - American Indian or Alaska Native
8	RACEA	Num	8	Y1N0F.	q4c.Which race best describes you - Asian
9	RACEW	Num	8	Y1N0F.	q4d.Which race best describes you - White or Caucasian
10	RACEO	Num	8	Y1N0F.	q4f.Which race best describes you - Other
11	RACE_MULT	Num	8	Y1N0F.	Computed 0=n/1=y, Did participant check more than one race)
12	RACECAT	Num	8	RACECAT.	Computed, Race categories, mutually exclusive
13	EDUC	Num	8	EDUC.	q5.What is the highest grade in school you have finished
14	RAGE	Num	8		Computed, Age at randomization
15	RAND	Num	8	RAND.	Randomization group (0=C/1=I)
16	Q6	Num	8	Q6_FMT.	Which of the following best describes your current student status
17	Q7A	Num	8	Q7_FMT.	What is the highest grade in school which your father (or male guardian) completed
18	Q7B	Num	8	Q7_FMT.	What is the highest grade in school which your mother (of female guardian) completed
19	Q8	Num	8	Q8_FMT.	Where do you currently live
20	Q9A	Num	8	Y1N0F.	With whom do you live - I live alone
21	Q9B	Num	8	Y1N0F.	With whom do you live - My parent(s)
22	Q9C	Num	8	Y1N0F.	With whom do you live - Roommates, friends
23	Q9D	Num	8	Y1N0F.	With whom do you live - Significant other
24	Q9E	Num	8	Y1N0F.	With whom do you live - My child/children
25	Q9F	Num	8	Y1N0F.	With whom do you live - Other family members
26	Q9G	Num	8	Y1N0F.	With whom do you live - Other
27	NCHILD	Num	8		q10.How many children under the age of 18 live in your home
28	NADULT	Num	8		q11.How many adults (age 18 or older) live in your home
29	RELAT	Num	8	RELAT.	q12.What is your current relationship status
30	INCOME	Num	8	INCOME.	q13.Which of these categories best describe your income
31	Q14	Num	8	Q14_FMT.	How difficult is it for you to live on your total household income right now
32	Q15	Num	8	Q15_FMT.	How many hours a week do you work for pay. If you are in school, please check the number of hours you work for pay during the school year
33	Q16	Num	8	Y1N2F.	Are you currently actively involved in any weight loss program
34	Q17	Num	8	Y1N2F.	Have you taken any nutrition or physical education classes in the past 6 months

Num	Variable	Type	Len	Format	Label
35	Q18A	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Lose it!
36	Q18B	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - iBody
37	Q18C	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Nutrition Menu
38	Q18D	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - CHOICES website
39	Q18E	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Calorie King
40	Q18F	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Sparkpeople
41	Q18G	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Fitday
42	Q18H	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Livestrong
43	Q18I	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Traineo
44	Q18J	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - The Daily Plate
45	Q18K	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Other
46	Q18L	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Other
47	Q18M	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Other
48	BEDWDH	Num	8		q19a_h.What time do you usually go to bed in the evening - weekday hh
49	BEDWDM	Num	8		q19a_m.What time do you usually go to bed in the evening - weekday mm
50	BEDWDAP	Num	8	AMPM.	q19a_ap.What time do you usually go to bed in the evening - weekday am/pm
51	BEDWD_HOUR	Num	8		Computed, Time go to bed - weekday, 24-hour clock (12am=0) (from q19a_h)
52	BEDWEH	Num	8		q19b_h.What time do you usually go to bed in the evening - weekend hh
53	BEDWEM	Num	8		q19b_m.What time do you usually go to bed in the evening - weekend mm
54	BEDWEAP	Num	8	AMPM.	q19b_ap.What time do you usually go to bed in the evening - weekend am/pm
55	BEDWE_HOUR	Num	8		Computed, Time go to bed - weekend, 24-hour clock (12am=0) (from q19b_h)
56	WAKEWDH	Num	8		q20a_h.What time do you usually get out of bed in the morning - weekday hh
57	WAKEWDM	Num	8		q20a_m.What time do you usually get out of bed in the morning - weekday mm
58	WAKEWDAP	Num	8	AMPM.	q20a_ap.What time do you usually get out of bed in the morning - weekday am/pm
59	WAKEWD_HOUR	Num	8		Computed, Time get out of bed - weekday, 24-hour clock (12am=0) (from q20a_h)
60	WAKEWEH	Num	8		q20b_h.What time do you usually get out of bed in the morning - weekend hh
61	WAKEWEM	Num	8		q20b_m.What time do you usually get out of bed in the morning - weekend mm
62	WAKEWEAP	Num	8	AMPM.	q20b_ap.What time do you usually get out of bed in the morning - weekend am/pm

Num	Variable	Type	Len	Format	Label
63	WAKEWE_HOUR	Num	8		Computed, Time get out of bed - weekend, 24-hour clock (12am=0) (from q20b_h)
64	BEDWD_SEC	Num	8		Computed, SAS time value (# of seconds from 12am) Time go to bed - weekday, hms(bedwd_hour,bedwdm,00)
65	BEDWE_SEC	Num	8		Computed, SAS time value (# of seconds from 12am) Time go to bed - weekend, hms(bedwe_hour,bedwem,00)
66	WAKEWD_SEC	Num	8		Computed, SAS time value (# of seconds from 12am) Time get out of bed - weekday, hms(wakewd_hour,wakewdm,00)
67	WAKEWE_SEC	Num	8		Computed, SAS time value (# of seconds from 12am) Time get out of bed - weekend, hms(wakewe_hour,wakewem,00)
68	SLEEPWD	Num	8		Computed, # of hours of sleep, weekday (see program code)
69	SLEEPWE	Num	8		Computed, # of hours of sleep, weekend (see program code)
70	FALLASLP	Num	8	FALLASLP.	q21.On average, how often has it taken you more than 30 minutes to fall asleep after lights out
71	NEREST	Num	8		q22.During the past 30 days, for about how many days have you felt you did not get enough rest or sleep
72	STAYAWK	Num	8	STAYAWK.	q23.In the past week, how many days have you had trouble staying awake while driving, eating meals, in class or engaging in social activity
73	SNORE	Num	8	Y1N0F.	q24.In the past year, have you been told that you snore loudly or gasp or stop breathing during sleep
74	FASTFOOD	Num	8	FASTFOOD.	q25.Over the past 30 days, how many times did you buy food at a fast food restaurant
75	SITDOWN	Num	8	SITDOWN.	q26.Not including the fast food restaurants listed above, in the past 30 days, how many times did you buy food at any other sit down (full service) restaurant and order from a waiter/waitress
76	BUFFET	Num	8	BUFFET.	q27.Over the past 30 days, how many times did you buy food from an all-you-can-eat buffet
77	HBRKFST	Num	8		q28a.Over the past week, how many times did you eat the following meals that were prepared in your home or in the place where you live - Breakfast
78	HLUNCH	Num	8		q28b.Over the past week, how many times did you eat the following meals that were prepared in your home or in the place where you live - Lunch
79	HDINNER	Num	8		q28c.Over the past week, how many times did you eat the following meals that were prepared in your home or in the place where you live - Dinner
80	SODA	Num	8	SODA.	q29.Over the past 30 days, how often did you drink soda or pop
81	SODADIET	Num	8	SODADIET.	q29a.How often were these sodas or pop diet or sugar-free
82	FRTDRNK	Num	8	FRTDRNK.	q30.Over the past 30 days, how often did you drink fruit drinks
83	FRTDIET	Num	8	FRTDIET.	q30a.How often were your fruit drinks diet or sugar-free drinks
84	SPRTDRNK	Num	8	SPRTDRNK.	q31.Over the past 30 days, how often did you drink sports drinks
85	ENRGDRNK	Num	8	ENRGDRNK.	q32.Over the past 30 days, how often did you drink energy drinks
86	TOBACCO	Num	8	Y1N0F.	q33.Do you currently use chewing tobacco, snuff, snus, pipes, cigars or any other tobacco product other than cigarettes
87	CIGLIFE	Num	8	Y1N0F.	q34.Have you smoked at least 100 cigarettes in your entire life
88	CIGFREQ	Num	8	CIGFREQ.	q35.Do you now smoke cigarettes every day, some days, or not at all
89	CIGAMNT	Num	8	CIGAMNT.	q36.On average, how many cigarettes do you smoke each day

Num	Variable	Type	Len	Format	Label
90	STOPSMOK	Num	8	Y1N0F.	q37.During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking
91	LASTSMOK	Num	8	LASTSMOK.	q38.How long has it been since you last smoked cigarettes regularly
92	ALONE	Num	8	Y1N0F.	q39.During the past 30 days, have you had at least one drink of any alcoholic beverage
93	ALDAYS	Num	8		q40.During the past 30 days, how many days did you have at least one drink of any alcoholic beverage
94	ALDRNKS	Num	8		q41.During the past 30 days, on the days when you drank, about how many drinks did you drink on average
95	ALNTIMES	Num	8		q42.Considering all types of alcoholic beverages, how many times during the past 30 days did you have 4 or more drinks (for women) or 5 or more drinks (for men)
96	EBRKFST	Num	8	Q43_FMT.	q43a.In a typical week, how many times do you - Eat breakfast
97	EMSNCK	Num	8	Q43_FMT.	q43b.In a typical week, how many times do you - Eat a mid-morning snack
98	ELUNCH	Num	8	Q43_FMT.	q43c.In a typical week, how many times do you - Eat lunch
99	EASNCK	Num	8	Q43_FMT.	q43d.In a typical week, how many times do you - Eat a mid-afternoon snack
100	EDINNER	Num	8	Q43_FMT.	q43e.In a typical week, how many times do you - Eat dinner
101	EESNCK	Num	8	Q43_FMT.	q43f.In a typical week, how many times do you - Eat an evening snack
102	EBED	Num	8	Q43_FMT.	q43g.In a typical week, how many times do you - Eat within an hour of bedtime
103	Q44	Num	8	Q44_FMT.	How do you think of yourself
104	Q45	Num	8	Q45_FMT.	How satisfied are you with your weight
105	Q46	Num	8	Q46_FMT.	Are you currently trying to
106	Q47	Num	8	Q47_FMT.	How often have you gone on a diet during the last year
107	WMFAST	Num	8	Y1N0F.	q48a.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Fasted
108	WMLITTLE	Num	8	Y1N0F.	q48b.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Ate very little food
109	WMPILLS	Num	8	Y1N0F.	q48c.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Took diet pills
110	WMVOMIT	Num	8	Y1N0F.	q48d.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Made myself vomit (throw up)
111	WMLAX	Num	8	Y1N0F.	q48e.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Used laxatives
112	WMDIUR	Num	8	Y1N0F.	q48f.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Used diuretics
113	WMSUB	Num	8	Y1N0F.	q48g.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Used food substitutes (powder/special drinks)
114	WMSKIP	Num	8	Y1N0F.	q48h.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Skipped meals
115	WMSMOKE	Num	8	Y1N0F.	q48i.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Smoked cigarettes
116	WMNONE	Num	8	Y1N0F.	q48j.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - None of the above
117	WEIGH	Num	8	WEIGH.	q49.How often do you weigh yourself

Num	Variable	Type	Len	Format	Label
118	SCALE	Num	8	Y1NOF.	q50.Do you have access to a bathroom scale at home
119	Q51	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Shopped from a list
120	Q52	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Kept portion-controlled snacks for myself
121	Q53	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Removed high calorie foods from my home, office or room
122	Q54	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Left food on my plate if I was served too much
123	Q55	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Ate only when I was hungry
124	Q56	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Reduced portion sizes
125	Q57	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Changed food preparation techniques
126	Q58	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Recorded or wrote down the type and quantity of food eaten
127	Q59	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Avoided eating while watching TV
128	Q60	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Cut out sweets or junk food
129	Q61	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Cut out between-meal snacks
130	Q62	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Cut out late night snacking
131	Q63	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Drank less alcohol or changed type of drink to reduce calories
132	Q64	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Increased eating of fruits and vegetables
133	Q65	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Altered my daily routine to get more lifestyle physical activity
134	Q66	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Wore a pedometer
135	Q67	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Reduced the amount of time spent watching TV
136	Q68	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Exercised at a gym or participated in an exercise class
137	Q69	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Exercised for a period of 30 minutes or more
138	Q70	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Recorded or graphed my physical activity
139	EXERDIF	Num	8	Y1NOF.	q71.Was there anything about the past week that made exercising especially different for you in terms of extended illness, injury, or vacation
140	FLIGHTS	Num	8		q72.First, we are interested in the number of flights of stairs you climbed on average EACH DAY in this week
141	FLIGHTS_KCAL	Num	8		Computed, kcals used for # of flights climbed this week (flights*7*4) (from q72)

Num	Variable	Type	Len	Format	Label
142	BRWALKD	Num	8		q73a.How many days this week did you walk briskly for the purpose of exercise or transportation for at least 10 continuous minutes outside, at an indoor facility, or on a treadmill
143	BRWALKM	Num	8		q73b.On these days in which you walked briskly at least 10 continuous minutes, on average, how many minutes per day did you walk briskly
144	WALK_MINS	Num	8		Computed, # of minutes walked briskly in past week (brwalkd*brwalkm) (from q73a, q73b)
145	WALK_MILES	Num	8		Computed, # of miles walked briskly in past week (brwalkd*brwalkm)/20) (from q73a, q73b)
146	WALK_KCAL	Num	8		Computed, # of kcals used walking briskly in past week (((brwalkd * brwalkm)/20) * 12 * 8)) (from q73a, q73b)
147	Q74A	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
148	Q74A_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
149	Q74A_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
150	Q74A_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74a_days*q74a_time)
151	Q74A_MET	Num	8		# of mets assigned for this activity from Paffenberger table
152	Q74A_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74a_days*q74a_time*q74a_met)
153	Q74A_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74a_days*q74a_time*q74a_met) * 0.250 * 5)
154	Q74B	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
155	Q74B_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
156	Q74B_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
157	Q74B_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74b_days*q74b_time)
158	Q74B_MET	Num	8		# of mets assigned for this activity from Paffenberger table
159	Q74B_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74b_days*q74b_time*q74b_met)
160	Q74B_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74b_days*q74b_time*q74b_met) * 0.250 * 5)
161	Q74C	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
162	Q74C_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
163	Q74C_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
164	Q74C_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74c_days*q74c_time)
165	Q74C_MET	Num	8		# of mets assigned for this activity from Paffenberger table

Num	Variable	Type	Len	Format	Label
166	Q74C_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74c_days*q74c_time*q74c_met)
167	Q74C_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74c_days*q74c_time*q74c_met) * 0.250 * 5)
168	Q74D	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
169	Q74D_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
170	Q74D_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
171	Q74D_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74d_days*q74d_time)
172	Q74D_MET	Num	8		# of mets assigned for this activity from Paffenberger table
173	Q74D_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74d_days*q74d_time*q74d_met)
174	Q74D_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74d_days*q74d_time*q74d_met) * 0.250 * 5)
175	Q74E	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
176	Q74E_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
177	Q74E_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
178	Q74E_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74e_days*q74e_time)
179	Q74E_MET	Num	8		# of mets assigned for this activity from Paffenberger table
180	Q74E_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74e_days*q74e_time*q74e_met)
181	Q74E_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74e_days*q74e_time*q74e_met) * 0.250 * 5)
182	Q74F	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
183	Q74F_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
184	Q74F_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
185	Q74F_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74f_days*q74f_time)
186	Q74F_MET	Num	8		# of mets assigned for this activity from Paffenberger table
187	Q74F_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74f_days*q74f_time*q74f_met)
188	Q74F_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74f_days*q74f_time*q74f_met) * 0.250 * 5)
189	WENGYS	Num	8		Computed, sum(walk_kcal, q74a_kcal, q74b_kcal, q74c_kcal, q74d_kcal, q74e_kcal, q74f_kcal, flights_kcal)

Num	Variable	Type	Len	Format	Label
190	WENGYNS	Num	8		Computed, sum(walk_kcal, q74a_kcal, q74b_kcal, q74c_kcal, q74d_kcal, q74e_kcal, q74f_kcal)
191	LTPAMIN	Num	8		Computed, sum(walk_mins, q74a_mins, q74b_mins, q74c_mins, q74d_mins, q74e_mins, q74f_mins)
192	PAFMISS	Num	8	Y1N0F.	Computed 0=n/1=y, missing Paffenbarger, flights=<.> or brwalkd=<.> or brwalkm=<.> or (activity is not <.> and (days=<.> or minutes=<.>))
193	ACTIVE	Num	8	ACTIVE.	q75.Would you say that during the past week (the week used for questions 72-74) you were
194	REGACT	Num	8	Y1N0F.	q76.In general, at least once per week, do you engage in regular activity similar to brisk walking, jogging, bicycling, long enough to work up a sweat, get your heart thumping, or get out of breath
195	REGACTD	Num	8		q76a.Q76=Yes, Number of days per week
196	Q77	Num	8	Y1N2F.	Does your work/school involve vigorous-intensity activity that causes large increases in breathing or heart rate
197	Q78	Num	8		In a typical week, on how many days do you do vigorous-intensity activities as part of your work/school
198	Q79_H	Num	8		How much time do you spend doing vigorous-intensity activities at work/school on a typical day (hh)
199	Q79_M	Num	8		How much time do you spend doing vigorous-intensity activities at work/school on a typical day (mm)
200	Q79_TOTMINS	Num	8		Computed, Total # of minutes doing vigorous-intensity activities at work/school on typical day (q79_h*60)+q79_m
201	VAWSMIN	Num	8		Computed, Total # of minutes doing vigorous-intensity activities at work/school during week (q78*q79_totmins)
202	VAWSMET	Num	8		Computed, Total # of met minutes doing vigorous-intensity activities at work/school during week (vawsmmin*8)
203	Q80	Num	8	Y1N2F.	Does your work/school involve moderate-intensity activity that causes small increases in breathing or heart rate for at least 10 minutes continuously
204	Q81	Num	8		In a typical week, on how many days do you do moderate-intensity activities as part of your work/school
205	Q82_H	Num	8		How much time do you spend doing moderate-intensity activities at work/school on a typical day (hh)
206	Q82_M	Num	8		How much time do you spend doing moderate-intensity activities at work/school on a typical day (mm)
207	Q82_TOTMINS	Num	8		Computed, Total # of minutes doing moderate-intensity activities at work/school on typical day (q82_h*60)+q82_m
208	MAWSMIN	Num	8		Computed, Total # of minutes doing moderate-intensity activities at work/school during week (q81*q82_totmins)
209	MAWSMET	Num	8		Computed, Total # of met minutes doing moderate-intensity activities at work/school during week (mawsmmin*4)
210	Q83	Num	8	Y1N2F.	Does your household activity involve vigorous-intensity activity that causes large increases in breathing or heart rate for at least 10 minutes continuously
211	Q84	Num	8		In a typical week, on how many days do you do vigorous-intensity household activities
212	Q85_H	Num	8		How much time do you spend doing vigorous-intensity household activities on a typical day (hh)

Num	Variable	Type	Len	Format	Label
213	Q85_M	Num	8		How much time do you spend doing vigorous-intensity household activities on a typical day (mm)
214	Q85_TOTMINS	Num	8		Computed, Total # of minutes doing vigorous-intensity household activities on typical day (q85_h*60)+q85_m
215	VAHMIN	Num	8		Computed, Total # of minutes doing vigorous-intensity household activities during week (q84*q85_totmins)
216	VAHMET	Num	8		Computed, Total # of met minutes doing vigorous-intensity household activities during week (vahmin*8)
217	Q86	Num	8	Y1N2F.	Does your household work involve moderate-intensity activity that causes small increases in breathing or heart rate for at least 10 minutes continuously
218	Q87	Num	8		In a typical week, on how many days do you do moderate-intensity household activities
219	Q88_H	Num	8		How much time do you spend doing moderate-intensity household activities on a typical day (hh)
220	Q88_M	Num	8		How much time do you spend doing moderate-intensity household activities on a typical day (mm)
221	Q88_TOTMINS	Num	8		Computed, Total # of minutes doing moderate-intensity household activities on typical day (q88_h*60)+q88_m
222	MAHMIN	Num	8		Computed, Total # of minutes doing moderate-intensity household activities during week (q87*q88_totmins)
223	MAHMET	Num	8		Computed, Total # of met minutes doing moderate-intensity household activities during week (mahmin*4)
224	Q89	Num	8	Y1N2F.	Do you walk or use a bicycle (pedal cycle) for at least 10 minutes continuously to get to and from places
225	Q90	Num	8		In a typical week, on how many days do you walk or bicycle for at least 10 minutes continuously to get to and from places
226	Q91_H	Num	8		How much time do you spend walking or bicycling for travel on a typical day (hh)
227	Q91_M	Num	8		How much time do you spend walking or bicycling for travel on a typical day (mm)
228	Q91_TOTMINS	Num	8		Computed, Total # of minutes walking or bicycling for travel on typical day (q91_h*60)+q91_m
229	MATRMIN	Num	8		Computed, Total # of minutes walking or bicycling for travel during week (q90*q91_totmins)
230	MATRMET	Num	8		Computed, Total # of met minutes walking or bicycling for travel during week (matrmin*4)
231	Q92	Num	8	Y1N2F.	Do you do any vigorous-intensity sports, fitness or recreational activities that cause large increases in breathing or heart rate for at least 10 minutes continuously
232	Q93	Num	8		In a typical week, on how many days do you do vigorous-intensity sports, fitness or recreational activities
233	Q94_H	Num	8		How much time do you spend doing vigorous-intensity sports, fitness or recreational activities on a typical day (hh)
234	Q94_M	Num	8		How much time do you spend doing vigorous-intensity sports, fitness or recreational activities on a typical day (mm)
235	Q94_TOTMINS	Num	8		Computed, Total # of minutes doing vigorous-intensity sports, fitness or recreational activities on typical day (q94_h*60)+q94_m

Num	Variable	Type	Len	Format	Label
236	VARMIN	Num	8		Computed, Total # of minutes doing vigorous-intensity sports, fitness or recreational activities during week (q93*q94_totmins)
237	VARMET	Num	8		Computed, Total # of met minutes doing vigorous-intensity sports, fitness or recreational activities during week (varmin*8)
238	Q95	Num	8	Y1N2F.	Do you do any moderate-intensity sports, fitness or recreational activities that cause a small increase in breathing or heart rate for at least 10 minutes continuously
239	Q96	Num	8		In a typical week, on how many days do you do moderate-intensity sports, fitness or recreational activities
240	Q97_H	Num	8		How much time do you spend doing moderate-intensity sports, fitness or recreational activities on a typical day (hh)
241	Q97_M	Num	8		How much time do you spend doing moderate-intensity sports, fitness or recreational activities on a typical day (mm)
242	Q97_TOTMINS	Num	8		Computed, Total # of minutes doing moderate-intensity sports, fitness or recreational activities on typical day (q97_h*60)+q97_m
243	MARMIN	Num	8		Computed, Total # of minutes doing moderate-intensity sports, fitness or recreational activities during week (q96*q97_totmins)
244	MARMET	Num	8		Computed, Total # of met minutes doing moderate-intensity sports, fitness or recreational activities during week (marmin*4)
245	Q98_H	Num	8		How much time do you usually spend sitting or reclining on a typical day (hh)
246	Q98_M	Num	8		How much time do you usually spend sitting or reclining on a typical day (mm)
247	SEDBMIN	Num	8		Computed, Total # of minutes sitting or reclining per week (((q98_h*60) + q98_m) * 7)
248	GPAQ_MISS	Num	8		Computed, # missing nmiss(vawsmmin, vawsmmet, mawsmmin, mawsmmet, vahmin, vahmet, mahmin, mahmet, matrmin, matrmet, varmin, varmet, marmin, marmet)
249	WDTV	Num	8	Q99_FMT.	q99a.On a typical WEEKDAY, how much time do you spend - Sitting while watching television (including videos on VCR/DVD)
250	WDCWK	Num	8	Q99_FMT.	q99b.On a typical WEEKDAY, how much time do you spend - Sitting at work/school doing computer work
251	WDCNWK	Num	8	Q99_FMT.	q99c.On a typical WEEKDAY, how much time do you spend - Sitting while using the computer for non-work/non-school activities or playing video games
252	WDNCWK	Num	8	Q99_FMT.	q99d.On a typical WEEKDAY, how much time do you spend - Sitting at work/school doing non-computer office/school work or paperwork
253	WDNCNWK	Num	8	Q99_FMT.	q99e.On a typical WEEKDAY, how much time do you spend - Sitting while doing non-computer office work or paperwork not related to your job/school
254	WDMRA	Num	8	Q99_FMT.	q99f.On a typical WEEKDAY, how much time do you spend - Sitting listening to music, reading a book or magazine, or doing arts and crafts
255	WDPHONE	Num	8	Q99_FMT.	q99g.On a typical WEEKDAY, how much time do you spend - Sitting and talking on the phone or texting
256	WDTRANS	Num	8	Q99_FMT.	q99h.On a typical WEEKDAY, how much time do you spend - Sitting in a car, bus, train or other mode of transportation
257	WETV	Num	8	Q100_FMT.	q100a.On a typical WEEKEND DAY, how much time do you spend - Sitting while watching television (including videos on VCR/DVD)
258	WECWK	Num	8	Q100_FMT.	q100b.On a typical WEEKEND DAY, how much time do you spend - Sitting at work/school doing computer work

Num	Variable	Type	Len	Format	Label
259	WECNWK	Num	8	Q100_FMT.	q100c.On a typical WEEKEND DAY, how much time do you spend - Sitting while using the computer for non-work/non-school activities or playing video games
260	WENCWK	Num	8	Q100_FMT.	q100d.On a typical WEEKEND DAY, how much time do you spend - Sitting at work/school doing non-computer office/school work or paperwork
261	WENCNWK	Num	8	Q100_FMT.	q100e.On a typical WEEKEND DAY, how much time do you spend - Sitting while doing non-computer office work or paperwork not related to your job/school
262	WEMRA	Num	8	Q100_FMT.	q100f.On a typical WEEKEND DAY, how much time do you spend - Sitting listening to music, reading a book or magazine, or doing arts and crafts
263	WEPHONE	Num	8	Q100_FMT.	q100g.On a typical WEEKEND DAY, how much time do you spend - Sitting and talking on the phone or texting
264	WETRANS	Num	8	Q100_FMT.	q100h.On a typical WEEKEND DAY, how much time do you spend - Sitting in a car, bus, train or other mode of transportation
265	Q101A	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Taking a yoga class
266	Q101B	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Doing yoga at home
267	Q101C	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Meditating
268	Q101D	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Practicing stress-reduction strategies
269	Q101E	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Listening to a stress-reduction program
270	Q102A	Num	8	Q102_FMT.	During the past week - I was bothered by things that don't usually bother me
271	Q102B	Num	8	Q102_FMT.	During the past week - I had trouble keeping my mind on what I was doing
272	Q102C	Num	8	Q102_FMT.	During the past week - I felt depressed
273	Q102D	Num	8	Q102_FMT.	During the past week - I felt that everything I did was an effort
274	Q102E	Num	8	Q102_FMT.	During the past week - I was happy
275	Q102F	Num	8	Q102_FMT.	During the past week - I felt fearful
276	Q102G	Num	8	Q102_FMT.	During the past week - My sleep was restless
277	Q102H	Num	8	Q102_FMT.	During the past week - I felt hopeful about the future
278	Q102I	Num	8	Q102_FMT.	During the past week - I felt lonely
279	Q102J	Num	8	Q102_FMT.	During the past week - I could not 'get going'
280	RQ102A	Num	8	CESD1FMT.	Recode, (q102a=1-4 to 0-3), During the past week - I was bothered by things that don't usually bother me
281	RQ102B	Num	8	CESD1FMT.	Recode, (q102b=1-4 to 0-3), During the past week - I had trouble keeping my mind on what I was doing
282	RQ102C	Num	8	CESD1FMT.	Recode, (q102c=1-4 to 0-3), During the past week - I felt depressed
283	RQ102D	Num	8	CESD1FMT.	Recode, (q102d=1-4 to 0-3), During the past week - I felt that everything I did was an effort
284	RQ102E	Num	8	CESD2FMT.	Reverse recode, (q102e=1-4 to 3-0), During the past week - I was happy
285	RQ102F	Num	8	CESD1FMT.	Recode, (q102f=1-4 to 0-3), During the past week - I felt fearful
286	RQ102G	Num	8	CESD1FMT.	Recode, (q102g=1-4 to 0-3), During the past week - My sleep was restless

Num	Variable	Type	Len	Format	Label
287	RQ102H	Num	8	CESD2FMT.	Reverse recode, (q102h=1-4 to 3-0), During the past week - I felt hopeful about the future
288	RQ102I	Num	8	CESD1FMT.	Recode, (q102i=1-4 to 0-3), During the past week - I felt lonely
289	RQ102J	Num	8	CESD1FMT.	Recode, (q102j=1-4 to 0-3), During the past week - I could not 'get going'
290	CESDS	Num	8		Computed, sum(rq102a, rq102b, rq102c, rq102d, rq102e, rq102f, rq102g, rq102h, rq102i, rq102j)
291	CESDQ	Num	8		Computed, # missing nmiss(rq102a, rq102b, rq102c, rq102d, rq102e, rq102f, rq102g, rq102h, rq102i, rq102j)
292	CESDGE13	Num	8	Y1N0F.	Computed, if cesds >= 13 then cesdge13 = 1, else cesdge13 = 0
293	Q103	Num	8	STRESS.	In the last month, how often have you felt that you were unable to control the important things in your life
294	Q104	Num	8	STRESS.	In the last month, how often have you felt confident about your ability to handle your personal problems
295	Q105	Num	8	STRESS.	In the last month, how often have you felt that things were going your way
296	Q106	Num	8	STRESS.	In the last month, how often have you felt difficulties were piling up so high that you could not overcome them
297	Q107	Num	8	CONFIDEN.	How confident - Make healthy food choices when you are in a bad mood
298	Q108	Num	8	CONFIDEN.	How confident - Make healthy food choices on the weekends
299	Q109	Num	8	CONFIDEN.	How confident - Make healthy food choices when you are at a party or out to dinner with friends or family
300	Q110	Num	8	CONFIDEN.	How confident - Make healthy food choices when many appealing high-calorie foods are available
301	Q111	Num	8	CONFIDEN.	How confident - Be physically active or exercise when you get very busy
302	Q112	Num	8	CONFIDEN.	How confident - Be physically active or exercise when it interferes with spending time with your friends or family
303	Q113	Num	8	CONFIDEN.	How confident - Be physically active or exercise when you are sore or tired
304	Q114	Num	8	CONFIDEN.	How confident - Be physically active or exercise when you are in a bad mood
305	Q115	Num	8	CONFIDEN.	How confident - Exercise when your workout is not enjoyable
306	Q116	Num	8	HLTHWGT.	How I look is important to me
307	Q117	Num	8	HLTHWGT.	It is important for me to be around other people
308	Q118	Num	8	HLTHWGT.	Doing well at work/school is important to me
309	Q119	Num	8	HLTHWGT.	It is important to me to feel good about myself
310	Q120	Num	8	HLTHWGT.	It is difficult to maintain a healthy weight
311	Q121	Num	8	HLTHWGT.	It takes too much work to maintain a healthy weight
312	Q122	Num	8	HLTHWGT.	I don't know how to maintain a healthy weight
313	Q123	Num	8	HLTHWGT.	It costs too much to maintain a healthy weight
314	Q124	Num	8	HLTHWGT.	I have to exercise too much to maintain a healthy weight
315	Q125	Num	8	HLTHWGT.	I have to give up the foods that I like to maintain a healthy weight
316	Q126	Num	8	HLTHWGT.	It takes too much time to maintain a healthy weight
317	Q127	Num	8	HLTHWGT.	I am not able to maintain a healthy weight
318	Q128	Num	8	HLTHWGT.	I think people worry too much about weight
319	Q129	Num	8	HLTHWGT.	I intend to lose weight in the next 6 months

Num	Variable	Type	Len	Format	Label
320	Q130	Num	8	HLTHWGT.	People who care about me think that I should lose weight
321	Q131	Num	8	HLTHWGT.	In general, I do what people who care about me think that I should do
322	Q132	Num	8	HLTHWGT.	It is important to me to lose weight
323	Q133	Num	8	HLTHWGT.	My weight affects how I look
324	Q134	Num	8	HLTHWGT.	My weight affects how much I want to be around other people
325	Q135	Num	8	HLTHWGT.	My weight affects how successful I am at work/school
326	Q136	Num	8	HLTHWGT.	My weight affects how I feel about myself
327	Q137	Num	8	COPING.	What you do when you are under stress - I try to get advice from someone about what to do
328	Q138	Num	8	COPING.	What you do when you are under stress - I concentrate my efforts on doing something about it
329	Q139	Num	8	COPING.	What you do when you are under stress - I discuss my feelings with someone
330	Q140	Num	8	COPING.	What you do when you are under stress - I make a plan of action
331	Q141	Num	8	COPING.	What you do when you are under stress - I try to get emotional support from friends or relatives
332	Q142	Num	8	COPING.	What you do when you are under stress - I take additional action to try to get rid of the problem
333	Q143	Num	8	COPING.	What you do when you are under stress - I talk to someone who could help me with the problem
334	Q144	Num	8	COPING.	What you do when you are under stress - I try to come up with a strategy about what to do
335	Q145	Num	8	COPING.	What you do when you are under stress - I get sympathy and understanding from someone
336	Q146	Num	8	COPING.	What you do when you are under stress - I think about how I might best handle the problem
337	Q147	Num	8	COPING.	What you do when you are under stress - I ask people who have had similar experiences what they did
338	Q148	Num	8	COPING.	What you do when you are under stress - I take direct action to solve the problem
339	Q149	Num	8	COPING.	What you do when you are under stress - I talk to someone about how I feel
340	Q150	Num	8	COPING.	What you do when you are under stress - I think hard about what steps to take
341	Q151	Num	8	COPING.	What you do when you are under stress - I do what has to be done, one step at a time
342	HOUSING	Num	8	HOUSING.	q152.What is the main type of housing in your neighborhood
343	NSHOPS	Num	8	NEIGHBOR.	q153.Many shops, stores, markets or other places to buy things I need are within easy walking distance of my home
344	NTRANS	Num	8	NEIGHBOR.	q154.It is within a 10-15 minute walk to a transit stop from my home
345	NSIDEWLK	Num	8	NEIGHBOR.	q155.There are sidewalks on most of the streets in my neighborhood
346	NBIKE	Num	8	NEIGHBOR.	q156.There are facilities to bicycle in or near my neighborhood
347	NRECR	Num	8	NEIGHBOR.	q157.My neighborhood has several free or low-cost recreation facilities
348	NCRIME	Num	8	NEIGHBOR.	q158.The crime rate in my neighborhood makes it unsafe to go on walks at night
349	MVNUM	Num	8		q159.How many motor vehicles in working order

Num	Variable	Type	Len	Format	Label
350	Q160A	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a friend to - Participate in some physical activity with you
351	Q160B	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a friend to - Eat a healthful meal together
352	Q160C	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a friend to - Do some activity to help manage your stress
353	Q161A	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone in your family to - Participate in some physical activity with you
354	Q161B	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone in your family to - Eat a healthful meal together
355	Q161C	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone in your family to - Do some activity to help manage your stress
356	Q162A	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a fellow student to - Participate in some physical activity with you
357	Q162B	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a fellow student to - Eat a healthful meal together
358	Q162C	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a fellow student to - Do some activity to help manage your stress
359	Q163A	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone you work with to - Participate in some physical activity with you
360	Q163B	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone you work with to - Eat a healthful meal together
361	Q163C	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone you work with to - Do some activity to help manage your stress
362	Q164	Num	8	WGTMANAG.	Rate how often - Others remind me to watch what I eat
363	Q165	Num	8	WGTMANAG.	Rate how often - Other members of my household avoid buying junk food or having it in the house
364	Q166	Num	8	WGTMANAG.	Rate how often - Others tell me they're concerned about my eating habits
365	Q167	Num	8	WGTMANAG.	Rate how often - Others split a dessert or meal with me to help me eat less
366	Q168	Num	8	WGTMANAG.	Rate how often - Others tell me I look like I'm in shape
367	Q169	Num	8	WGTMANAG.	Rate how often - Others go walking or jogging with me for exercise
368	Q170	Num	8	WGTMANAG.	Rate how often - Others in my household eat low calorie/low fat foods even though they aren't trying to lose weight
369	Q171	Num	8	WGTMANAG.	Rate how often - Others compliment me on my appearance
370	Q172	Num	8	WGTMANAG.	Rate how often - Others suggest other ways for me to be active
371	Q173	Num	8	WGTMANAG.	Rate how often - Others tell me they are confident I can maintain a healthy weight
372	Q174	Num	8	WGTMANAG.	Rate how often - Others tell me about different types of exercise I should do in order to get a better workout
373	Q175	Num	8	WGTMANAG.	Rate how often - Others compliment me on sticking to an exercise routine
374	Q176	Num	8	WGTMANAG.	Rate how often - Others play sports or exercise with me
375	Q177	Num	8	WGTMANAG.	Rate how often - Others tell me about the calorie or fat content of foods
376	Q178	Num	8	WGTMANAG.	Rate how often - Others tell me they are impressed with how physically fit I am
377	Q179	Num	8	WGTMANAG.	Rate how often - Others encourage me to eat healthy foods

Num	Variable	Type	Len	Format	Label
378	Q180	Num	8	WGTMANAG.	Rate how often - Others will eat healthy foods with me
379	Q181	Num	8	WGTMANAG.	Rate how often - Others tell me about the exercises that have helped them to maintain a healthy weight
380	Q182	Num	8	WGTMANAG.	Rate how often - Others tell me about healthy foods I could try
381	Q183	Num	8	WGTMANAG.	Rate how often - Others avoid eating junk food or fattening foods in front of me
382	Q184	Num	8	WGTMANAG.	Rate how often - Others remind me to exercise or to go to the gym
383	Q185	Num	8	WGTMANAG.	Rate how often - Others tell me the best way to do exercises to maintain a healthy weight
384	Q186	Num	8	WGTMANAG.	Rate how often - Others tell me about the things they have done to maintain a healthy weight
385	Q187A	Num	8	Y1N2F.	Have you been diagnosed in the past year - Thyroid disease
386	Q187B	Num	8	Y1N2F.	Have you been diagnosed in the past year - Liver disease
387	Q187C	Num	8	Y1N2F.	Have you been diagnosed in the past year - Renal/Kidney disease
388	Q187D	Num	8	Y1N2F.	Have you been diagnosed in the past year - Kidney stones
389	Q187E	Num	8	Y1N2F.	Have you been diagnosed in the past year - Gastrointestinal disease
390	Q187F	Num	8	Y1N2F.	Have you been diagnosed in the past year - Heart disease (including high blood pressure and high cholesterol)
391	Q187G	Num	8	Y1N2F.	Have you been diagnosed in the past year - Cancer
392	Q187H	Num	8	Y1N2F.	Have you been diagnosed in the past year - Type 1 diabetes (requires insulin injections or pump)
393	Q187I	Num	8	Y1N2F.	Have you been diagnosed in the past year - Type 2 diabetes (does not require insulin injections or pump)
394	Q187J	Num	8	Y1N2F.	Have you been diagnosed in the past year - Gestational diabetes
395	Q187K	Num	8	Y1N2F.	Have you been diagnosed in the past year - Growth problems
396	Q187L	Num	8	Y1N2F.	Have you been diagnosed in the past year - Depression and/or anxiety disorders
397	Q187M	Num	8	Y1N2F.	Have you been diagnosed in the past year - Mental health condition(s) other than depression and anxiety disorders
398	Q187N	Num	8	Y1N2F.	Have you been diagnosed in the past year - Eating disorders
399	Q188	Num	8	Q188_FMT.	How many children, natural or adopted, do you have
400	EXAMAGE	Num	8		Computed, Age at examination
401	SCHOOL	Num	8	SCHOOL.	School
402	COHORT	Num	8	COHORT.	Data collection group
403	RBMICAT	Num	8	RBMICAT.	randomization bmi category (1=20-24.9 / 2=25-34.9)
404	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_survey3.sas7bdat

Num	Variable	Type	Len	Format	Label
1	TIMEPT	Num	8	TIMEPT.	CHOICES round of data collection (1-4)
2	DOEDATE	Num	8		# of days from randomization date to evaluation
3	BIRTHDATE	Num	8		# of days from randomization date to participant birthdate
4	SEX	Num	8	SEX.	q2.What is your gender
5	HISP	Num	8	Y1N0F.	q3.Are you of Hispanic or Latino origin
6	RACEB	Num	8	Y1N0F.	q4a.Which race best describes you - Black or African-American
7	RACEI	Num	8	Y1N0F.	q4b.Which race best describes you - American Indian or Alaska Native
8	RACEA	Num	8	Y1N0F.	q4c.Which race best describes you - Asian
9	RACEW	Num	8	Y1N0F.	q4d.Which race best describes you - White or Caucasian
10	RACEO	Num	8	Y1N0F.	q4f.Which race best describes you - Other
11	RACE_MULT	Num	8	Y1N0F.	Computed 0=n/1=y, Did participant check more than one race)
12	RACECAT	Num	8	RACECAT.	Computed, Race categories, mutually exclusive
13	EDUC	Num	8	EDUC.	q5.What is the highest grade in school you have finished
14	RAGE	Num	8		Computed, Age at randomization
15	RAND	Num	8	RAND.	Randomization group (0=C/1=I)
16	Q6	Num	8	Q6_FMT.	Which of the following best describes your current student status
17	Q7A	Num	8	Q7_FMT.	What is the highest grade in school which your father (or male guardian) completed
18	Q7B	Num	8	Q7_FMT.	What is the highest grade in school which your mother (of female guardian) completed
19	Q8	Num	8	Q8_FMT.	Where do you currently live
20	Q9A	Num	8	Y1N0F.	With whom do you live - I live alone
21	Q9B	Num	8	Y1N0F.	With whom do you live - My parent(s)
22	Q9C	Num	8	Y1N0F.	With whom do you live - Roommates, friends
23	Q9D	Num	8	Y1N0F.	With whom do you live - Significant other
24	Q9E	Num	8	Y1N0F.	With whom do you live - My child/children
25	Q9F	Num	8	Y1N0F.	With whom do you live - Other family members
26	Q9G	Num	8	Y1N0F.	With whom do you live - Other
27	NCHILD	Num	8		q10.How many children under the age of 18 live in your home
28	NADULT	Num	8		q11.How many adults (age 18 or older) live in your home
29	RELAT	Num	8	RELAT.	q12.What is your current relationship status
30	INCOME	Num	8	INCOME.	q13.Which of these categories best describe your income
31	Q14	Num	8	Q14_FMT.	How difficult is it for you to live on your total household income right now
32	Q15	Num	8	Q15_FMT.	How many hours a week do you work for pay. If you are in school, please check the number of hours you work for pay during the school year
33	Q16	Num	8	Y1N2F.	Are you currently actively involved in any weight loss program
34	Q17	Num	8	Y1N2F.	Have you taken any nutrition or physical education classes in the past 6 months

Num	Variable	Type	Len	Format	Label
35	Q18A	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Lose it!
36	Q18B	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - iBody
37	Q18C	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Nutrition Menu
38	Q18D	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - CHOICES website
39	Q18E	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Calorie King
40	Q18F	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Sparkpeople
41	Q18G	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Fitday
42	Q18H	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Livestrong
43	Q18I	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Traineo
44	Q18J	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - The Daily Plate
45	Q18K	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Other
46	Q18L	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Other
47	Q18M	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Other
48	BEDWDH	Num	8		q19a_h.What time do you usually go to bed in the evening - weekday hh
49	BEDWDM	Num	8		q19a_m.What time do you usually go to bed in the evening - weekday mm
50	BEDWDAP	Num	8	AMPM.	q19a_ap.What time do you usually go to bed in the evening - weekday am/pm
51	BEDWD_HOUR	Num	8		Computed, Time go to bed - weekday, 24-hour clock (12am=0) (from q19a_h)
52	BEDWEH	Num	8		q19b_h.What time do you usually go to bed in the evening - weekend hh
53	BEDWEM	Num	8		q19b_m.What time do you usually go to bed in the evening - weekend mm
54	BEDWEAP	Num	8	AMPM.	q19b_ap.What time do you usually go to bed in the evening - weekend am/pm
55	BEDWE_HOUR	Num	8		Computed, Time go to bed - weekend, 24-hour clock (12am=0) (from q19b_h)
56	WAKEWDH	Num	8		q20a_h.What time do you usually get out of bed in the morning - weekday hh
57	WAKEWDM	Num	8		q20a_m.What time do you usually get out of bed in the morning - weekday mm
58	WAKEWDAP	Num	8	AMPM.	q20a_ap.What time do you usually get out of bed in the morning - weekday am/pm
59	WAKEWD_HOUR	Num	8		Computed, Time get out of bed - weekday, 24-hour clock (12am=0) (from q20a_h)
60	WAKEWEH	Num	8		q20b_h.What time do you usually get out of bed in the morning - weekend hh
61	WAKEWEM	Num	8		q20b_m.What time do you usually get out of bed in the morning - weekend mm
62	WAKEWEAP	Num	8	AMPM.	q20b_ap.What time do you usually get out of bed in the morning - weekend am/pm

Num	Variable	Type	Len	Format	Label
63	WAKEWE_HOUR	Num	8		Computed, Time get out of bed - weekend, 24-hour clock (12am=0) (from q20b_h)
64	BEDWD_SEC	Num	8		Computed, SAS time value (# of seconds from 12am) Time go to bed - weekday, hms(bedwd_hour,bedwdm,00)
65	BEDWE_SEC	Num	8		Computed, SAS time value (# of seconds from 12am) Time go to bed - weekend, hms(bedwe_hour,bedwem,00)
66	WAKEWD_SEC	Num	8		Computed, SAS time value (# of seconds from 12am) Time get out of bed - weekday, hms(wakewd_hour,wakewdm,00)
67	WAKEWE_SEC	Num	8		Computed, SAS time value (# of seconds from 12am) Time get out of bed - weekend, hms(wakewe_hour,wakewem,00)
68	SLEEPWD	Num	8		Computed, # of hours of sleep, weekday (see program code)
69	SLEEPWE	Num	8		Computed, # of hours of sleep, weekend (see program code)
70	FALLASLP	Num	8	FALLASLP.	q21.On average, how often has it taken you more than 30 minutes to fall asleep after lights out
71	NEREST	Num	8		q22.During the past 30 days, for about how many days have you felt you did not get enough rest or sleep
72	STAYAWK	Num	8	STAYAWK.	q23.In the past week, how many days have you had trouble staying awake while driving, eating meals, in class or engaging in social activity
73	SNORE	Num	8	Y1N0F.	q24.In the past year, have you been told that you snore loudly or gasp or stop breathing during sleep
74	FASTFOOD	Num	8	FASTFOOD.	q25.Over the past 30 days, how many times did you buy food at a fast food restaurant
75	SITDOWN	Num	8	SITDOWN.	q26.Not including the fast food restaurants listed above, in the past 30 days, how many times did you buy food at any other sit down (full service) restaurant and order from a waiter/waitress
76	BUFFET	Num	8	BUFFET.	q27.Over the past 30 days, how many times did you buy food from an all-you-can-eat buffet
77	HBRKFST	Num	8		q28a.Over the past week, how many times did you eat the following meals that were prepared in your home or in the place where you live - Breakfast
78	HLUNCH	Num	8		q28b.Over the past week, how many times did you eat the following meals that were prepared in your home or in the place where you live - Lunch
79	HDINNER	Num	8		q28c.Over the past week, how many times did you eat the following meals that were prepared in your home or in the place where you live - Dinner
80	SODA	Num	8	SODA.	q29.Over the past 30 days, how often did you drink soda or pop
81	SODADIET	Num	8	SODADIET.	q29a.How often were these sodas or pop diet or sugar-free
82	FRTDRNK	Num	8	FRTDRNK.	q30.Over the past 30 days, how often did you drink fruit drinks
83	FRTDIET	Num	8	FRTDIET.	q30a.How often were your fruit drinks diet or sugar-free drinks
84	SPRTDRNK	Num	8	SPRTDRNK.	q31.Over the past 30 days, how often did you drink sports drinks
85	ENRGDRNK	Num	8	ENRGDRNK.	q32.Over the past 30 days, how often did you drink energy drinks
86	TOBACCO	Num	8	Y1N0F.	q33.Do you currently use chewing tobacco, snuff, snus, pipes, cigars or any other tobacco product other than cigarettes
87	CIGLIFE	Num	8	Y1N0F.	q34.Have you smoked at least 100 cigarettes in your entire life
88	CIGFREQ	Num	8	CIGFREQ.	q35.Do you now smoke cigarettes every day, some days, or not at all
89	CIGAMNT	Num	8	CIGAMNT.	q36.On average, how many cigarettes do you smoke each day

Num	Variable	Type	Len	Format	Label
90	STOPSMOK	Num	8	Y1N0F.	q37.During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking
91	LASTSMOK	Num	8	LASTSMOK.	q38.How long has it been since you last smoked cigarettes regularly
92	ALONE	Num	8	Y1N0F.	q39.During the past 30 days, have you had at least one drink of any alcoholic beverage
93	ALDAYS	Num	8		q40.During the past 30 days, how many days did you have at least one drink of any alcoholic beverage
94	ALDRNKS	Num	8		q41.During the past 30 days, on the days when you drank, about how many drinks did you drink on average
95	ALNTIMES	Num	8		q42.Considering all types of alcoholic beverages, how many times during the past 30 days did you have 4 or more drinks (for women) or 5 or more drinks (for men)
96	EBRKFST	Num	8	Q43_FMT.	q43a.In a typical week, how many times do you - Eat breakfast
97	EMSNCK	Num	8	Q43_FMT.	q43b.In a typical week, how many times do you - Eat a mid-morning snack
98	ELUNCH	Num	8	Q43_FMT.	q43c.In a typical week, how many times do you - Eat lunch
99	EASNCK	Num	8	Q43_FMT.	q43d.In a typical week, how many times do you - Eat a mid-afternoon snack
100	EDINNER	Num	8	Q43_FMT.	q43e.In a typical week, how many times do you - Eat dinner
101	EESNCK	Num	8	Q43_FMT.	q43f.In a typical week, how many times do you - Eat an evening snack
102	EBED	Num	8	Q43_FMT.	q43g.In a typical week, how many times do you - Eat within an hour of bedtime
103	Q44	Num	8	Q44_FMT.	How do you think of yourself
104	Q45	Num	8	Q45_FMT.	How satisfied are you with your weight
105	Q46	Num	8	Q46_FMT.	Are you currently trying to
106	Q47	Num	8	Q47_FMT.	How often have you gone on a diet during the last year
107	WMFAST	Num	8	Y1N0F.	q48a.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Fasted
108	WMLITTLE	Num	8	Y1N0F.	q48b.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Ate very little food
109	WMPILLS	Num	8	Y1N0F.	q48c.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Took diet pills
110	WMVOMIT	Num	8	Y1N0F.	q48d.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Made myself vomit (throw up)
111	WMLAX	Num	8	Y1N0F.	q48e.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Used laxatives
112	WMDIUR	Num	8	Y1N0F.	q48f.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Used diuretics
113	WMSUB	Num	8	Y1N0F.	q48g.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Used food substitutes (powder/special drinks)
114	WMSKIP	Num	8	Y1N0F.	q48h.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Skipped meals
115	WMSMOKE	Num	8	Y1N0F.	q48i.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Smoked cigarettes
116	WMNONE	Num	8	Y1N0F.	q48j.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - None of the above
117	WEIGH	Num	8	WEIGH.	q49.How often do you weigh yourself

Num	Variable	Type	Len	Format	Label
118	SCALE	Num	8	Y1NOF.	q50.Do you have access to a bathroom scale at home
119	Q51	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Shopped from a list
120	Q52	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Kept portion-controlled snacks for myself
121	Q53	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Removed high calorie foods from my home, office or room
122	Q54	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Left food on my plate if I was served too much
123	Q55	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Ate only when I was hungry
124	Q56	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Reduced portion sizes
125	Q57	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Changed food preparation techniques
126	Q58	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Recorded or wrote down the type and quantity of food eaten
127	Q59	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Avoided eating while watching TV
128	Q60	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Cut out sweets or junk food
129	Q61	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Cut out between-meal snacks
130	Q62	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Cut out late night snacking
131	Q63	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Drank less alcohol or changed type of drink to reduce calories
132	Q64	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Increased eating of fruits and vegetables
133	Q65	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Altered my daily routine to get more lifestyle physical activity
134	Q66	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Wore a pedometer
135	Q67	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Reduced the amount of time spent watching TV
136	Q68	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Exercised at a gym or participated in an exercise class
137	Q69	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Exercised for a period of 30 minutes or more
138	Q70	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Recorded or graphed my physical activity
139	EXERDIF	Num	8	Y1NOF.	q71.Was there anything about the past week that made exercising especially different for you in terms of extended illness, injury, or vacation
140	FLIGHTS	Num	8		q72.First, we are interested in the number of flights of stairs you climbed on average EACH DAY in this week
141	FLIGHTS_KCAL	Num	8		Computed, kcals used for # of flights climbed this week (flights*7*4) (from q72)

Num	Variable	Type	Len	Format	Label
142	BRWALKD	Num	8		q73a.How many days this week did you walk briskly for the purpose of exercise or transportation for at least 10 continuous minutes outside, at an indoor facility, or on a treadmill
143	BRWALKM	Num	8		q73b.On these days in which you walked briskly at least 10 continuous minutes, on average, how many minutes per day did you walk briskly
144	WALK_MINS	Num	8		Computed, # of minutes walked briskly in past week (brwalkd*brwalkm) (from q73a, q73b)
145	WALK_MILES	Num	8		Computed, # of miles walked briskly in past week (brwalkd*brwalkm)/20) (from q73a, q73b)
146	WALK_KCAL	Num	8		Computed, # of kcals used walking briskly in past week (((brwalkd * brwalkm)/20) * 12 * 8)) (from q73a, q73b)
147	Q74A	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
148	Q74A_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
149	Q74A_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
150	Q74A_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74a_days*q74a_time)
151	Q74A_MET	Num	8		# of mets assigned for this activity from Paffenberger table
152	Q74A_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74a_days*q74a_time*q74a_met)
153	Q74A_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74a_days*q74a_time*q74a_met) * 0.250 * 5)
154	Q74B	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
155	Q74B_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
156	Q74B_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
157	Q74B_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74b_days*q74b_time)
158	Q74B_MET	Num	8		# of mets assigned for this activity from Paffenberger table
159	Q74B_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74b_days*q74b_time*q74b_met)
160	Q74B_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74b_days*q74b_time*q74b_met) * 0.250 * 5)
161	Q74C	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
162	Q74C_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
163	Q74C_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
164	Q74C_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74c_days*q74c_time)
165	Q74C_MET	Num	8		# of mets assigned for this activity from Paffenberger table

Num	Variable	Type	Len	Format	Label
166	Q74C_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74c_days*q74c_time*q74c_met)
167	Q74C_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74c_days*q74c_time*q74c_met) * 0.250 * 5)
168	Q74D	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
169	Q74D_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
170	Q74D_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
171	Q74D_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74d_days*q74d_time)
172	Q74D_MET	Num	8		# of mets assigned for this activity from Paffenberger table
173	Q74D_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74d_days*q74d_time*q74d_met)
174	Q74D_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74d_days*q74d_time*q74d_met) * 0.250 * 5)
175	Q74E	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
176	Q74E_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
177	Q74E_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
178	Q74E_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74e_days*q74e_time)
179	Q74E_MET	Num	8		# of mets assigned for this activity from Paffenberger table
180	Q74E_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74e_days*q74e_time*q74e_met)
181	Q74E_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74e_days*q74e_time*q74e_met) * 0.250 * 5)
182	Q74F	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
183	Q74F_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
184	Q74F_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
185	Q74F_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74f_days*q74f_time)
186	Q74F_MET	Num	8		# of mets assigned for this activity from Paffenberger table
187	Q74F_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74f_days*q74f_time*q74f_met)
188	Q74F_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74f_days*q74f_time*q74f_met) * 0.250 * 5)
189	WENGYS	Num	8		Computed, sum(walk_kcal, q74a_kcal, q74b_kcal, q74c_kcal, q74d_kcal, q74e_kcal, q74f_kcal, flights_kcal)

Num	Variable	Type	Len	Format	Label
190	WENGYNS	Num	8		Computed, sum(walk_kcal, q74a_kcal, q74b_kcal, q74c_kcal, q74d_kcal, q74e_kcal, q74f_kcal)
191	LTPAMIN	Num	8		Computed, sum(walk_mins, q74a_mins, q74b_mins, q74c_mins, q74d_mins, q74e_mins, q74f_mins)
192	PAFMISS	Num	8	Y1N0F.	Computed 0=n/1=y, missing Paffenbarger, flights=<. > or brwalkd=<. > or brwalkm=<. > or (activity is not <. > and (days=<. > or minutes=<. >))
193	ACTIVE	Num	8	ACTIVE.	q75.Would you say that during the past week (the week used for questions 72-74) you were
194	REGACT	Num	8	Y1N0F.	q76.In general, at least once per week, do you engage in regular activity similar to brisk walking, jogging, bicycling, long enough to work up a sweat, get your heart thumping, or get out of breath
195	REGACTD	Num	8		q76a.Q76=Yes, Number of days per week
196	Q77	Num	8	Y1N2F.	Does your work/school involve vigorous-intensity activity that causes large increases in breathing or heart rate
197	Q78	Num	8		In a typical week, on how many days do you do vigorous-intensity activities as part of your work/school
198	Q79_H	Num	8		How much time do you spend doing vigorous-intensity activities at work/school on a typical day (hh)
199	Q79_M	Num	8		How much time do you spend doing vigorous-intensity activities at work/school on a typical day (mm)
200	Q79_TOTMINS	Num	8		Computed, Total # of minutes doing vigorous-intensity activities at work/school on typical day (q79_h*60)+q79_m
201	VAWSMIN	Num	8		Computed, Total # of minutes doing vigorous-intensity activities at work/school during week (q78*q79_totmins)
202	VAWSMET	Num	8		Computed, Total # of met minutes doing vigorous-intensity activities at work/school during week (vawsmmin*8)
203	Q80	Num	8	Y1N2F.	Does your work/school involve moderate-intensity activity that causes small increases in breathing or heart rate for at least 10 minutes continuously
204	Q81	Num	8		In a typical week, on how many days do you do moderate-intensity activities as part of your work/school
205	Q82_H	Num	8		How much time do you spend doing moderate-intensity activities at work/school on a typical day (hh)
206	Q82_M	Num	8		How much time do you spend doing moderate-intensity activities at work/school on a typical day (mm)
207	Q82_TOTMINS	Num	8		Computed, Total # of minutes doing moderate-intensity activities at work/school on typical day (q82_h*60)+q82_m
208	MAWSMIN	Num	8		Computed, Total # of minutes doing moderate-intensity activities at work/school during week (q81*q82_totmins)
209	MAWSMET	Num	8		Computed, Total # of met minutes doing moderate-intensity activities at work/school during week (mawsmmin*4)
210	Q83	Num	8	Y1N2F.	Does your household activity involve vigorous-intensity activity that causes large increases in breathing or heart rate for at least 10 minutes continuously
211	Q84	Num	8		In a typical week, on how many days do you do vigorous-intensity household activities
212	Q85_H	Num	8		How much time do you spend doing vigorous-intensity household activities on a typical day (hh)

Num	Variable	Type	Len	Format	Label
213	Q85_M	Num	8		How much time do you spend doing vigorous-intensity household activities on a typical day (mm)
214	Q85_TOTMINS	Num	8		Computed, Total # of minutes doing vigorous-intensity household activities on typical day (q85_h*60)+q85_m
215	VAHMIN	Num	8		Computed, Total # of minutes doing vigorous-intensity household activities during week (q84*q85_totmins)
216	VAHMET	Num	8		Computed, Total # of met minutes doing vigorous-intensity household activities during week (vahmin*8)
217	Q86	Num	8	Y1N2F.	Does your household work involve moderate-intensity activity that causes small increases in breathing or heart rate for at least 10 minutes continuously
218	Q87	Num	8		In a typical week, on how many days do you do moderate-intensity household activities
219	Q88_H	Num	8		How much time do you spend doing moderate-intensity household activities on a typical day (hh)
220	Q88_M	Num	8		How much time do you spend doing moderate-intensity household activities on a typical day (mm)
221	Q88_TOTMINS	Num	8		Computed, Total # of minutes doing moderate-intensity household activities on typical day (q88_h*60)+q88_m
222	MAHMIN	Num	8		Computed, Total # of minutes doing moderate-intensity household activities during week (q87*q88_totmins)
223	MAHMET	Num	8		Computed, Total # of met minutes doing moderate-intensity household activities during week (mahmin*4)
224	Q89	Num	8	Y1N2F.	Do you walk or use a bicycle (pedal cycle) for at least 10 minutes continuously to get to and from places
225	Q90	Num	8		In a typical week, on how many days do you walk or bicycle for at least 10 minutes continuously to get to and from places
226	Q91_H	Num	8		How much time do you spend walking or bicycling for travel on a typical day (hh)
227	Q91_M	Num	8		How much time do you spend walking or bicycling for travel on a typical day (mm)
228	Q91_TOTMINS	Num	8		Computed, Total # of minutes walking or bicycling for travel on typical day (q91_h*60)+q91_m
229	MATRMIN	Num	8		Computed, Total # of minutes walking or bicycling for travel during week (q90*q91_totmins)
230	MATRMET	Num	8		Computed, Total # of met minutes walking or bicycling for travel during week (matrmin*4)
231	Q92	Num	8	Y1N2F.	Do you do any vigorous-intensity sports, fitness or recreational activities that cause large increases in breathing or heart rate for at least 10 minutes continuously
232	Q93	Num	8		In a typical week, on how many days do you do vigorous-intensity sports, fitness or recreational activities
233	Q94_H	Num	8		How much time do you spend doing vigorous-intensity sports, fitness or recreational activities on a typical day (hh)
234	Q94_M	Num	8		How much time do you spend doing vigorous-intensity sports, fitness or recreational activities on a typical day (mm)
235	Q94_TOTMINS	Num	8		Computed, Total # of minutes doing vigorous-intensity sports, fitness or recreational activities on typical day (q94_h*60)+q94_m

Num	Variable	Type	Len	Format	Label
236	VARMIN	Num	8		Computed, Total # of minutes doing vigorous-intensity sports, fitness or recreational activities during week (q93*q94_totmins)
237	VARMET	Num	8		Computed, Total # of met minutes doing vigorous-intensity sports, fitness or recreational activities during week (varmin*8)
238	Q95	Num	8	Y1N2F.	Do you do any moderate-intensity sports, fitness or recreational activities that cause a small increase in breathing or heart rate for at least 10 minutes continuously
239	Q96	Num	8		In a typical week, on how many days do you do moderate-intensity sports, fitness or recreational activities
240	Q97_H	Num	8		How much time do you spend doing moderate-intensity sports, fitness or recreational activities on a typical day (hh)
241	Q97_M	Num	8		How much time do you spend doing moderate-intensity sports, fitness or recreational activities on a typical day (mm)
242	Q97_TOTMINS	Num	8		Computed, Total # of minutes doing moderate-intensity sports, fitness or recreational activities on typical day (q97_h*60)+q97_m
243	MARMIN	Num	8		Computed, Total # of minutes doing moderate-intensity sports, fitness or recreational activities during week (q96*q97_totmins)
244	MARMET	Num	8		Computed, Total # of met minutes doing moderate-intensity sports, fitness or recreational activities during week (marmin*4)
245	Q98_H	Num	8		How much time do you usually spend sitting or reclining on a typical day (hh)
246	Q98_M	Num	8		How much time do you usually spend sitting or reclining on a typical day (mm)
247	SEDBMIN	Num	8		Computed, Total # of minutes sitting or reclining per week (((q98_h*60) + q98_m) * 7)
248	GPAQ_MISS	Num	8		Computed, # missing nmiss(vawsmmin, vawsmmet, mawsmmin, mawsmmet, vahmin, vahmet, mahmin, mahmet, matrmin, matrmet, varmin, varmet, marmin, marmet)
249	WDTV	Num	8	Q99_FMT.	q99a.On a typical WEEKDAY, how much time do you spend - Sitting while watching television (including videos on VCR/DVD)
250	WDCWK	Num	8	Q99_FMT.	q99b.On a typical WEEKDAY, how much time do you spend - Sitting at work/school doing computer work
251	WDCNWK	Num	8	Q99_FMT.	q99c.On a typical WEEKDAY, how much time do you spend - Sitting while using the computer for non-work/non-school activities or playing video games
252	WDNCWK	Num	8	Q99_FMT.	q99d.On a typical WEEKDAY, how much time do you spend - Sitting at work/school doing non-computer office/school work or paperwork
253	WDNCNWK	Num	8	Q99_FMT.	q99e.On a typical WEEKDAY, how much time do you spend - Sitting while doing non-computer office work or paperwork not related to your job/school
254	WDMRA	Num	8	Q99_FMT.	q99f.On a typical WEEKDAY, how much time do you spend - Sitting listening to music, reading a book or magazine, or doing arts and crafts
255	WDPHONE	Num	8	Q99_FMT.	q99g.On a typical WEEKDAY, how much time do you spend - Sitting and talking on the phone or texting
256	WDTRANS	Num	8	Q99_FMT.	q99h.On a typical WEEKDAY, how much time do you spend - Sitting in a car, bus, train or other mode of transportation
257	WETV	Num	8	Q100_FMT.	q100a.On a typical WEEKEND DAY, how much time do you spend - Sitting while watching television (including videos on VCR/DVD)
258	WECWK	Num	8	Q100_FMT.	q100b.On a typical WEEKEND DAY, how much time do you spend - Sitting at work/school doing computer work

Num	Variable	Type	Len	Format	Label
259	WECNWK	Num	8	Q100_FMT.	q100c.On a typical WEEKEND DAY, how much time do you spend - Sitting while using the computer for non-work/non-school activities or playing video games
260	WENCWK	Num	8	Q100_FMT.	q100d.On a typical WEEKEND DAY, how much time do you spend - Sitting at work/school doing non-computer office/school work or paperwork
261	WENCNWK	Num	8	Q100_FMT.	q100e.On a typical WEEKEND DAY, how much time do you spend - Sitting while doing non-computer office work or paperwork not related to your job/school
262	WEMRA	Num	8	Q100_FMT.	q100f.On a typical WEEKEND DAY, how much time do you spend - Sitting listening to music, reading a book or magazine, or doing arts and crafts
263	WEPHONE	Num	8	Q100_FMT.	q100g.On a typical WEEKEND DAY, how much time do you spend - Sitting and talking on the phone or texting
264	WETRANS	Num	8	Q100_FMT.	q100h.On a typical WEEKEND DAY, how much time do you spend - Sitting in a car, bus, train or other mode of transportation
265	Q101A	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Taking a yoga class
266	Q101B	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Doing yoga at home
267	Q101C	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Meditating
268	Q101D	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Practicing stress-reduction strategies
269	Q101E	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Listening to a stress-reduction program
270	Q102A	Num	8	Q102_FMT.	During the past week - I was bothered by things that don't usually bother me
271	Q102B	Num	8	Q102_FMT.	During the past week - I had trouble keeping my mind on what I was doing
272	Q102C	Num	8	Q102_FMT.	During the past week - I felt depressed
273	Q102D	Num	8	Q102_FMT.	During the past week - I felt that everything I did was an effort
274	Q102E	Num	8	Q102_FMT.	During the past week - I was happy
275	Q102F	Num	8	Q102_FMT.	During the past week - I felt fearful
276	Q102G	Num	8	Q102_FMT.	During the past week - My sleep was restless
277	Q102H	Num	8	Q102_FMT.	During the past week - I felt hopeful about the future
278	Q102I	Num	8	Q102_FMT.	During the past week - I felt lonely
279	Q102J	Num	8	Q102_FMT.	During the past week - I could not 'get going'
280	RQ102A	Num	8	CESD1FMT.	Recode, (q102a=1-4 to 0-3), During the past week - I was bothered by things that don't usually bother me
281	RQ102B	Num	8	CESD1FMT.	Recode, (q102b=1-4 to 0-3), During the past week - I had trouble keeping my mind on what I was doing
282	RQ102C	Num	8	CESD1FMT.	Recode, (q102c=1-4 to 0-3), During the past week - I felt depressed
283	RQ102D	Num	8	CESD1FMT.	Recode, (q102d=1-4 to 0-3), During the past week - I felt that everything I did was an effort
284	RQ102E	Num	8	CESD2FMT.	Reverse recode, (q102e=1-4 to 3-0), During the past week - I was happy
285	RQ102F	Num	8	CESD1FMT.	Recode, (q102f=1-4 to 0-3), During the past week - I felt fearful
286	RQ102G	Num	8	CESD1FMT.	Recode, (q102g=1-4 to 0-3), During the past week - My sleep was restless

Num	Variable	Type	Len	Format	Label
287	RQ102H	Num	8	CESD2FMT.	Reverse recode, (q102h=1-4 to 3-0), During the past week - I felt hopeful about the future
288	RQ102I	Num	8	CESD1FMT.	Recode, (q102i=1-4 to 0-3), During the past week - I felt lonely
289	RQ102J	Num	8	CESD1FMT.	Recode, (q102j=1-4 to 0-3), During the past week - I could not 'get going'
290	CESDS	Num	8		Computed, sum(rq102a, rq102b, rq102c, rq102d, rq102e, rq102f, rq102g, rq102h, rq102i, rq102j)
291	CESDQ	Num	8		Computed, # missing nmiss(rq102a, rq102b, rq102c, rq102d, rq102e, rq102f, rq102g, rq102h, rq102i, rq102j)
292	CESDGE13	Num	8	Y1N0F.	Computed, if cesds >= 13 then cesdge13 = 1, else cesdge13 = 0
293	Q103	Num	8	STRESS.	In the last month, how often have you felt that you were unable to control the important things in your life
294	Q104	Num	8	STRESS.	In the last month, how often have you felt confident about your ability to handle your personal problems
295	Q105	Num	8	STRESS.	In the last month, how often have you felt that things were going your way
296	Q106	Num	8	STRESS.	In the last month, how often have you felt difficulties were piling up so high that you could not overcome them
297	Q107	Num	8	CONFIDEN.	How confident - Make healthy food choices when you are in a bad mood
298	Q108	Num	8	CONFIDEN.	How confident - Make healthy food choices on the weekends
299	Q109	Num	8	CONFIDEN.	How confident - Make healthy food choices when you are at a party or out to dinner with friends or family
300	Q110	Num	8	CONFIDEN.	How confident - Make healthy food choices when many appealing high-calorie foods are available
301	Q111	Num	8	CONFIDEN.	How confident - Be physically active or exercise when you get very busy
302	Q112	Num	8	CONFIDEN.	How confident - Be physically active or exercise when it interferes with spending time with your friends or family
303	Q113	Num	8	CONFIDEN.	How confident - Be physically active or exercise when you are sore or tired
304	Q114	Num	8	CONFIDEN.	How confident - Be physically active or exercise when you are in a bad mood
305	Q115	Num	8	CONFIDEN.	How confident - Exercise when your workout is not enjoyable
306	Q116	Num	8	HLTHWGT.	How I look is important to me
307	Q117	Num	8	HLTHWGT.	It is important for me to be around other people
308	Q118	Num	8	HLTHWGT.	Doing well at work/school is important to me
309	Q119	Num	8	HLTHWGT.	It is important to me to feel good about myself
310	Q120	Num	8	HLTHWGT.	It is difficult to maintain a healthy weight
311	Q121	Num	8	HLTHWGT.	It takes too much work to maintain a healthy weight
312	Q122	Num	8	HLTHWGT.	I don't know how to maintain a healthy weight
313	Q123	Num	8	HLTHWGT.	It costs too much to maintain a healthy weight
314	Q124	Num	8	HLTHWGT.	I have to exercise too much to maintain a healthy weight
315	Q125	Num	8	HLTHWGT.	I have to give up the foods that I like to maintain a healthy weight
316	Q126	Num	8	HLTHWGT.	It takes too much time to maintain a healthy weight
317	Q127	Num	8	HLTHWGT.	I am not able to maintain a healthy weight
318	Q128	Num	8	HLTHWGT.	I think people worry too much about weight
319	Q129	Num	8	HLTHWGT.	I intend to lose weight in the next 6 months

Num	Variable	Type	Len	Format	Label
320	Q130	Num	8	HLTHWGT.	People who care about me think that I should lose weight
321	Q131	Num	8	HLTHWGT.	In general, I do what people who care about me think that I should do
322	Q132	Num	8	HLTHWGT.	It is important to me to lose weight
323	Q133	Num	8	HLTHWGT.	My weight affects how I look
324	Q134	Num	8	HLTHWGT.	My weight affects how much I want to be around other people
325	Q135	Num	8	HLTHWGT.	My weight affects how successful I am at work/school
326	Q136	Num	8	HLTHWGT.	My weight affects how I feel about myself
327	Q137	Num	8	COPING.	What you do when you are under stress - I try to get advice from someone about what to do
328	Q138	Num	8	COPING.	What you do when you are under stress - I concentrate my efforts on doing something about it
329	Q139	Num	8	COPING.	What you do when you are under stress - I discuss my feelings with someone
330	Q140	Num	8	COPING.	What you do when you are under stress - I make a plan of action
331	Q141	Num	8	COPING.	What you do when you are under stress - I try to get emotional support from friends or relatives
332	Q142	Num	8	COPING.	What you do when you are under stress - I take additional action to try to get rid of the problem
333	Q143	Num	8	COPING.	What you do when you are under stress - I talk to someone who could help me with the problem
334	Q144	Num	8	COPING.	What you do when you are under stress - I try to come up with a strategy about what to do
335	Q145	Num	8	COPING.	What you do when you are under stress - I get sympathy and understanding from someone
336	Q146	Num	8	COPING.	What you do when you are under stress - I think about how I might best handle the problem
337	Q147	Num	8	COPING.	What you do when you are under stress - I ask people who have had similar experiences what they did
338	Q148	Num	8	COPING.	What you do when you are under stress - I take direct action to solve the problem
339	Q149	Num	8	COPING.	What you do when you are under stress - I talk to someone about how I feel
340	Q150	Num	8	COPING.	What you do when you are under stress - I think hard about what steps to take
341	Q151	Num	8	COPING.	What you do when you are under stress - I do what has to be done, one step at a time
342	HOUSING	Num	8	HOUSING.	q152.What is the main type of housing in your neighborhood
343	NSHOPS	Num	8	NEIGHBOR.	q153.Many shops, stores, markets or other places to buy things I need are within easy walking distance of my home
344	NTRANS	Num	8	NEIGHBOR.	q154.It is within a 10-15 minute walk to a transit stop from my home
345	NSIDEWLK	Num	8	NEIGHBOR.	q155.There are sidewalks on most of the streets in my neighborhood
346	NBIKE	Num	8	NEIGHBOR.	q156.There are facilities to bicycle in or near my neighborhood
347	NRECR	Num	8	NEIGHBOR.	q157.My neighborhood has several free or low-cost recreation facilities
348	NCRIME	Num	8	NEIGHBOR.	q158.The crime rate in my neighborhood makes it unsafe to go on walks at night
349	MVNUM	Num	8		q159.How many motor vehicles in working order

Num	Variable	Type	Len	Format	Label
350	Q160A	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a friend to - Participate in some physical activity with you
351	Q160B	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a friend to - Eat a healthful meal together
352	Q160C	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a friend to - Do some activity to help manage your stress
353	Q161A	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone in your family to - Participate in some physical activity with you
354	Q161B	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone in your family to - Eat a healthful meal together
355	Q161C	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone in your family to - Do some activity to help manage your stress
356	Q162A	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a fellow student to - Participate in some physical activity with you
357	Q162B	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a fellow student to - Eat a healthful meal together
358	Q162C	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a fellow student to - Do some activity to help manage your stress
359	Q163A	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone you work with to - Participate in some physical activity with you
360	Q163B	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone you work with to - Eat a healthful meal together
361	Q163C	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone you work with to - Do some activity to help manage your stress
362	Q164	Num	8	WGTMANAG.	Rate how often - Others remind me to watch what I eat
363	Q165	Num	8	WGTMANAG.	Rate how often - Other members of my household avoid buying junk food or having it in the house
364	Q166	Num	8	WGTMANAG.	Rate how often - Others tell me they're concerned about my eating habits
365	Q167	Num	8	WGTMANAG.	Rate how often - Others split a dessert or meal with me to help me eat less
366	Q168	Num	8	WGTMANAG.	Rate how often - Others tell me I look like I'm in shape
367	Q169	Num	8	WGTMANAG.	Rate how often - Others go walking or jogging with me for exercise
368	Q170	Num	8	WGTMANAG.	Rate how often - Others in my household eat low calorie/low fat foods even though they aren't trying to lose weight
369	Q171	Num	8	WGTMANAG.	Rate how often - Others compliment me on my appearance
370	Q172	Num	8	WGTMANAG.	Rate how often - Others suggest other ways for me to be active
371	Q173	Num	8	WGTMANAG.	Rate how often - Others tell me they are confident I can maintain a healthy weight
372	Q174	Num	8	WGTMANAG.	Rate how often - Others tell me about different types of exercise I should do in order to get a better workout
373	Q175	Num	8	WGTMANAG.	Rate how often - Others compliment me on sticking to an exercise routine
374	Q176	Num	8	WGTMANAG.	Rate how often - Others play sports or exercise with me
375	Q177	Num	8	WGTMANAG.	Rate how often - Others tell me about the calorie or fat content of foods
376	Q178	Num	8	WGTMANAG.	Rate how often - Others tell me they are impressed with how physically fit I am
377	Q179	Num	8	WGTMANAG.	Rate how often - Others encourage me to eat healthy foods

Num	Variable	Type	Len	Format	Label
378	Q180	Num	8	WGTMANAG.	Rate how often - Others will eat healthy foods with me
379	Q181	Num	8	WGTMANAG.	Rate how often - Others tell me about the exercises that have helped them to maintain a healthy weight
380	Q182	Num	8	WGTMANAG.	Rate how often - Others tell me about healthy foods I could try
381	Q183	Num	8	WGTMANAG.	Rate how often - Others avoid eating junk food or fattening foods in front of me
382	Q184	Num	8	WGTMANAG.	Rate how often - Others remind me to exercise or to go to the gym
383	Q185	Num	8	WGTMANAG.	Rate how often - Others tell me the best way to do exercises to maintain a healthy weight
384	Q186	Num	8	WGTMANAG.	Rate how often - Others tell me about the things they have done to maintain a healthy weight
385	Q187A	Num	8	Y1N2F.	Have you been diagnosed in the past year - Thyroid disease
386	Q187B	Num	8	Y1N2F.	Have you been diagnosed in the past year - Liver disease
387	Q187C	Num	8	Y1N2F.	Have you been diagnosed in the past year - Renal/Kidney disease
388	Q187D	Num	8	Y1N2F.	Have you been diagnosed in the past year - Kidney stones
389	Q187E	Num	8	Y1N2F.	Have you been diagnosed in the past year - Gastrointestinal disease
390	Q187F	Num	8	Y1N2F.	Have you been diagnosed in the past year - Heart disease (including high blood pressure and high cholesterol)
391	Q187G	Num	8	Y1N2F.	Have you been diagnosed in the past year - Cancer
392	Q187H	Num	8	Y1N2F.	Have you been diagnosed in the past year - Type 1 diabetes (requires insulin injections or pump)
393	Q187I	Num	8	Y1N2F.	Have you been diagnosed in the past year - Type 2 diabetes (does not require insulin injections or pump)
394	Q187J	Num	8	Y1N2F.	Have you been diagnosed in the past year - Gestational diabetes
395	Q187K	Num	8	Y1N2F.	Have you been diagnosed in the past year - Growth problems
396	Q187L	Num	8	Y1N2F.	Have you been diagnosed in the past year - Depression and/or anxiety disorders
397	Q187M	Num	8	Y1N2F.	Have you been diagnosed in the past year - Mental health condition(s) other than depression and anxiety disorders
398	Q187N	Num	8	Y1N2F.	Have you been diagnosed in the past year - Eating disorders
399	Q188	Num	8	Q188_FMT.	How many children, natural or adopted, do you have
400	Q189A	Num	8	Q189_FMT.	How satisfied are you overall with the healthy lifestyle program you received from CHOICES
401	Q190A	Num	8	Q190_FMT.	Would you recommend the healthy lifestyle program you received from CHOICES to others
402	Q191	Num	8	Q191_FMT.	Given the effort you put into following the healthy lifestyle program you received from CHOICES, how satisfied are you with your progress over the past year
403	EXAMAGE	Num	8		Computed, Age at examination
404	SCHOOL	Num	8	SCHOOL.	School
405	COHORT	Num	8	COHORT.	Data collection group
406	RBMICAT	Num	8	RBMICAT.	randomization bmi category (1=20-24.9 / 2=25-34.9)
407	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data

Data Set Name: public_choices_survey4.sas7bdat

Num	Variable	Type	Len	Format	Label
1	TIMEPT	Num	8	TIMEPT.	CHOICES round of data collection (1-4)
2	DOEDATE	Num	8		# of days from randomization date to evaluation
3	BIRTHDATE	Num	8		# of days from randomization date to participant birthdate
4	SEX	Num	8	SEX.	q2.What is your gender
5	HISP	Num	8	Y1N0F.	q3.Are you of Hispanic or Latino origin
6	RACEB	Num	8	Y1N0F.	q4a.Which race best describes you - Black or African-American
7	RACEI	Num	8	Y1N0F.	q4b.Which race best describes you - American Indian or Alaska Native
8	RACEA	Num	8	Y1N0F.	q4c.Which race best describes you - Asian
9	RACEW	Num	8	Y1N0F.	q4d.Which race best describes you - White or Caucasian
10	RACEO	Num	8	Y1N0F.	q4f.Which race best describes you - Other
11	RACE_MULT	Num	8	Y1N0F.	Computed 0=n/1=y, Did participant check more than one race)
12	RACECAT	Num	8	RACECAT.	Computed, Race categories, mutually exclusive
13	EDUC	Num	8	EDUC.	q5.What is the highest grade in school you have finished
14	RAGE	Num	8		Computed, Age at randomization
15	RAND	Num	8	RAND.	Randomization group (0=C/1=I)
16	Q6	Num	8	Q6_FMT.	Which of the following best describes your current student status
17	Q7A	Num	8	Q7_FMT.	What is the highest grade in school which your father (or male guardian) completed
18	Q7B	Num	8	Q7_FMT.	What is the highest grade in school which your mother (of female guardian) completed
19	Q8	Num	8	Q8_FMT.	Where do you currently live
20	Q9A	Num	8	Y1N0F.	With whom do you live - I live alone
21	Q9B	Num	8	Y1N0F.	With whom do you live - My parent(s)
22	Q9C	Num	8	Y1N0F.	With whom do you live - Roommates, friends
23	Q9D	Num	8	Y1N0F.	With whom do you live - Significant other
24	Q9E	Num	8	Y1N0F.	With whom do you live - My child/children
25	Q9F	Num	8	Y1N0F.	With whom do you live - Other family members
26	Q9G	Num	8	Y1N0F.	With whom do you live - Other
27	NCHILD	Num	8		q10.How many children under the age of 18 live in your home
28	NADULT	Num	8		q11.How many adults (age 18 or older) live in your home
29	RELAT	Num	8	RELAT.	q12.What is your current relationship status
30	INCOME	Num	8	INCOME.	q13.Which of these categories best describe your income
31	Q14	Num	8	Q14_FMT.	How difficult is it for you to live on your total household income right now
32	Q15	Num	8	Q15_FMT.	How many hours a week do you work for pay. If you are in school, please check the number of hours you work for pay during the school year
33	Q16	Num	8	Y1N2F.	Are you currently actively involved in any weight loss program
34	Q17	Num	8	Y1N2F.	Have you taken any nutrition or physical education classes in the past 6 months

Num	Variable	Type	Len	Format	Label
35	Q18A	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Lose it!
36	Q18B	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - iBody
37	Q18C	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Nutrition Menu
38	Q18D	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - CHOICES website
39	Q18E	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Calorie King
40	Q18F	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Sparkpeople
41	Q18G	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Fitday
42	Q18H	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Livestrong
43	Q18I	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Traineo
44	Q18J	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - The Daily Plate
45	Q18K	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Other
46	Q18L	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Other
47	Q18M	Num	8	Q18_FMT.	How many times in the past month have you used the following websites or apps as resources - Other
48	BEDWDH	Num	8		q19a_h.What time do you usually go to bed in the evening - weekday hh
49	BEDWDM	Num	8		q19a_m.What time do you usually go to bed in the evening - weekday mm
50	BEDWDAP	Num	8	AMPM.	q19a_ap.What time do you usually go to bed in the evening - weekday am/pm
51	BEDWD_HOUR	Num	8		Computed, Time go to bed - weekday, 24-hour clock (12am=0) (from q19a_h)
52	BEDWEH	Num	8		q19b_h.What time do you usually go to bed in the evening - weekend hh
53	BEDWEM	Num	8		q19b_m.What time do you usually go to bed in the evening - weekend mm
54	BEDWEAP	Num	8	AMPM.	q19b_ap.What time do you usually go to bed in the evening - weekend am/pm
55	BEDWE_HOUR	Num	8		Computed, Time go to bed - weekend, 24-hour clock (12am=0) (from q19b_h)
56	WAKEWDH	Num	8		q20a_h.What time do you usually get out of bed in the morning - weekday hh
57	WAKEWDM	Num	8		q20a_m.What time do you usually get out of bed in the morning - weekday mm
58	WAKEWDAP	Num	8	AMPM.	q20a_ap.What time do you usually get out of bed in the morning - weekday am/pm
59	WAKEWD_HOUR	Num	8		Computed, Time get out of bed - weekday, 24-hour clock (12am=0) (from q20a_h)
60	WAKEWEH	Num	8		q20b_h.What time do you usually get out of bed in the morning - weekend hh
61	WAKEWEM	Num	8		q20b_m.What time do you usually get out of bed in the morning - weekend mm
62	WAKEWEAP	Num	8	AMPM.	q20b_ap.What time do you usually get out of bed in the morning - weekend am/pm

Num	Variable	Type	Len	Format	Label
63	WAKEWE_HOUR	Num	8		Computed, Time get out of bed - weekend, 24-hour clock (12am=0) (from q20b_h)
64	BEDWD_SEC	Num	8		Computed, SAS time value (# of seconds from 12am) Time go to bed - weekday, hms(bedwd_hour,bedwdm,00)
65	BEDWE_SEC	Num	8		Computed, SAS time value (# of seconds from 12am) Time go to bed - weekend, hms(bedwe_hour,bedwem,00)
66	WAKEWD_SEC	Num	8		Computed, SAS time value (# of seconds from 12am) Time get out of bed - weekday, hms(wakewd_hour,wakewdm,00)
67	WAKEWE_SEC	Num	8		Computed, SAS time value (# of seconds from 12am) Time get out of bed - weekend, hms(wakewe_hour,wakewem,00)
68	SLEEPWD	Num	8		Computed, # of hours of sleep, weekday (see program code)
69	SLEEPWE	Num	8		Computed, # of hours of sleep, weekend (see program code)
70	FALLASLP	Num	8	FALLASLP.	q21.On average, how often has it taken you more than 30 minutes to fall asleep after lights out
71	NEREST	Num	8		q22.During the past 30 days, for about how many days have you felt you did not get enough rest or sleep
72	STAYAWK	Num	8	STAYAWK.	q23.In the past week, how many days have you had trouble staying awake while driving, eating meals, in class or engaging in social activity
73	SNORE	Num	8	Y1N0F.	q24.In the past year, have you been told that you snore loudly or gasp or stop breathing during sleep
74	FASTFOOD	Num	8	FASTFOOD.	q25.Over the past 30 days, how many times did you buy food at a fast food restaurant
75	SITDOWN	Num	8	SITDOWN.	q26.Not including the fast food restaurants listed above, in the past 30 days, how many times did you buy food at any other sit down (full service) restaurant and order from a waiter/waitress
76	BUFFET	Num	8	BUFFET.	q27.Over the past 30 days, how many times did you buy food from an all-you-can-eat buffet
77	HBRKFST	Num	8		q28a.Over the past week, how many times did you eat the following meals that were prepared in your home or in the place where you live - Breakfast
78	HLUNCH	Num	8		q28b.Over the past week, how many times did you eat the following meals that were prepared in your home or in the place where you live - Lunch
79	HDINNER	Num	8		q28c.Over the past week, how many times did you eat the following meals that were prepared in your home or in the place where you live - Dinner
80	SODA	Num	8	SODA.	q29.Over the past 30 days, how often did you drink soda or pop
81	SODADIET	Num	8	SODADIET.	q29a.How often were these sodas or pop diet or sugar-free
82	FRTDRNK	Num	8	FRTDRNK.	q30.Over the past 30 days, how often did you drink fruit drinks
83	FRTDIET	Num	8	FRTDIET.	q30a.How often were your fruit drinks diet or sugar-free drinks
84	SPRTDRNK	Num	8	SPRTDRNK.	q31.Over the past 30 days, how often did you drink sports drinks
85	ENRGDRNK	Num	8	ENRGDRNK.	q32.Over the past 30 days, how often did you drink energy drinks
86	TOBACCO	Num	8	Y1N0F.	q33.Do you currently use chewing tobacco, snuff, snus, pipes, cigars or any other tobacco product other than cigarettes
87	CIGLIFE	Num	8	Y1N0F.	q34.Have you smoked at least 100 cigarettes in your entire life
88	CIGFREQ	Num	8	CIGFREQ.	q35.Do you now smoke cigarettes every day, some days, or not at all
89	CIGAMNT	Num	8	CIGAMNT.	q36.On average, how many cigarettes do you smoke each day

Num	Variable	Type	Len	Format	Label
90	STOPSMOK	Num	8	Y1N0F.	q37.During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking
91	LASTSMOK	Num	8	LASTSMOK.	q38.How long has it been since you last smoked cigarettes regularly
92	ALONE	Num	8	Y1N0F.	q39.During the past 30 days, have you had at least one drink of any alcoholic beverage
93	ALDAYS	Num	8		q40.During the past 30 days, how many days did you have at least one drink of any alcoholic beverage
94	ALDRNKS	Num	8		q41.During the past 30 days, on the days when you drank, about how many drinks did you drink on average
95	ALNTIMES	Num	8		q42.Considering all types of alcoholic beverages, how many times during the past 30 days did you have 4 or more drinks (for women) or 5 or more drinks (for men)
96	EBRKFST	Num	8	Q43_FMT.	q43a.In a typical week, how many times do you - Eat breakfast
97	EMSNCK	Num	8	Q43_FMT.	q43b.In a typical week, how many times do you - Eat a mid-morning snack
98	ELUNCH	Num	8	Q43_FMT.	q43c.In a typical week, how many times do you - Eat lunch
99	EASNCK	Num	8	Q43_FMT.	q43d.In a typical week, how many times do you - Eat a mid-afternoon snack
100	EDINNER	Num	8	Q43_FMT.	q43e.In a typical week, how many times do you - Eat dinner
101	EESNCK	Num	8	Q43_FMT.	q43f.In a typical week, how many times do you - Eat an evening snack
102	EBED	Num	8	Q43_FMT.	q43g.In a typical week, how many times do you - Eat within an hour of bedtime
103	Q44	Num	8	Q44_FMT.	How do you think of yourself
104	Q45	Num	8	Q45_FMT.	How satisfied are you with your weight
105	Q46	Num	8	Q46_FMT.	Are you currently trying to
106	Q47	Num	8	Q47_FMT.	How often have you gone on a diet during the last year
107	WMFAST	Num	8	Y1N0F.	q48a.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Fasted
108	WMLITTLE	Num	8	Y1N0F.	q48b.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Ate very little food
109	WMPILLS	Num	8	Y1N0F.	q48c.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Took diet pills
110	WMVOMIT	Num	8	Y1N0F.	q48d.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Made myself vomit (throw up)
111	WMLAX	Num	8	Y1N0F.	q48e.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Used laxatives
112	WMDIUR	Num	8	Y1N0F.	q48f.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Used diuretics
113	WMSUB	Num	8	Y1N0F.	q48g.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Used food substitutes (powder/special drinks)
114	WMSKIP	Num	8	Y1N0F.	q48h.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Skipped meals
115	WMSMOKE	Num	8	Y1N0F.	q48i.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - Smoked cigarettes
116	WMNONE	Num	8	Y1N0F.	q48j.Over the past 30 days, have you done any of the following things in order to lose weight or to keep from gaining weight - None of the above
117	WEIGH	Num	8	WEIGH.	q49.How often do you weigh yourself

Num	Variable	Type	Len	Format	Label
118	SCALE	Num	8	Y1NOF.	q50.Do you have access to a bathroom scale at home
119	Q51	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Shopped from a list
120	Q52	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Kept portion-controlled snacks for myself
121	Q53	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Removed high calorie foods from my home, office or room
122	Q54	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Left food on my plate if I was served too much
123	Q55	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Ate only when I was hungry
124	Q56	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Reduced portion sizes
125	Q57	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Changed food preparation techniques
126	Q58	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Recorded or wrote down the type and quantity of food eaten
127	Q59	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Avoided eating while watching TV
128	Q60	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Cut out sweets or junk food
129	Q61	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Cut out between-meal snacks
130	Q62	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Cut out late night snacking
131	Q63	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Drank less alcohol or changed type of drink to reduce calories
132	Q64	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Increased eating of fruits and vegetables
133	Q65	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Altered my daily routine to get more lifestyle physical activity
134	Q66	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Wore a pedometer
135	Q67	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Reduced the amount of time spent watching TV
136	Q68	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Exercised at a gym or participated in an exercise class
137	Q69	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Exercised for a period of 30 minutes or more
138	Q70	Num	8	STRATWGT.	In the past 30 days, how often have you used the following strategies to manage your weight - Recorded or graphed my physical activity
139	EXERDIF	Num	8	Y1NOF.	q71.Was there anything about the past week that made exercising especially different for you in terms of extended illness, injury, or vacation
140	FLIGHTS	Num	8		q72.First, we are interested in the number of flights of stairs you climbed on average EACH DAY in this week
141	FLIGHTS_KCAL	Num	8		Computed, kcals used for # of flights climbed this week (flights*7*4) (from q72)

Num	Variable	Type	Len	Format	Label
142	BRWALKD	Num	8		q73a.How many days this week did you walk briskly for the purpose of exercise or transportation for at least 10 continuous minutes outside, at an indoor facility, or on a treadmill
143	BRWALKM	Num	8		q73b.On these days in which you walked briskly at least 10 continuous minutes, on average, how many minutes per day did you walk briskly
144	WALK_MINS	Num	8		Computed, # of minutes walked briskly in past week (brwalkd*brwalkm) (from q73a, q73b)
145	WALK_MILES	Num	8		Computed, # of miles walked briskly in past week (brwalkd*brwalkm)/20) (from q73a, q73b)
146	WALK_KCAL	Num	8		Computed, # of kcals used walking briskly in past week (((brwalkd * brwalkm)/20) * 12 * 8)) (from q73a, q73b)
147	Q74A	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
148	Q74A_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
149	Q74A_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
150	Q74A_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74a_days*q74a_time)
151	Q74A_MET	Num	8		# of mets assigned for this activity from Paffenberger table
152	Q74A_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74a_days*q74a_time*q74a_met)
153	Q74A_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74a_days*q74a_time*q74a_met) * 0.250 * 5)
154	Q74B	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
155	Q74B_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
156	Q74B_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
157	Q74B_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74b_days*q74b_time)
158	Q74B_MET	Num	8		# of mets assigned for this activity from Paffenberger table
159	Q74B_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74b_days*q74b_time*q74b_met)
160	Q74B_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74b_days*q74b_time*q74b_met) * 0.250 * 5)
161	Q74C	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
162	Q74C_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
163	Q74C_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
164	Q74C_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74c_days*q74c_time)
165	Q74C_MET	Num	8		# of mets assigned for this activity from Paffenberger table

Num	Variable	Type	Len	Format	Label
166	Q74C_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74c_days*q74c_time*q74c_met)
167	Q74C_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74c_days*q74c_time*q74c_met) * 0.250 * 5)
168	Q74D	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
169	Q74D_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
170	Q74D_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
171	Q74D_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74d_days*q74d_time)
172	Q74D_MET	Num	8		# of mets assigned for this activity from Paffenberger table
173	Q74D_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74d_days*q74d_time*q74d_met)
174	Q74D_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74d_days*q74d_time*q74d_met) * 0.250 * 5)
175	Q74E	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
176	Q74E_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
177	Q74E_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
178	Q74E_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74e_days*q74e_time)
179	Q74E_MET	Num	8		# of mets assigned for this activity from Paffenberger table
180	Q74E_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74e_days*q74e_time*q74e_met)
181	Q74E_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74e_days*q74e_time*q74e_met) * 0.250 * 5)
182	Q74F	Num	8		Other sport, fitness, or recreational activities during the past week - Paffenberger Activity code
183	Q74F_DAYS	Num	8		Other sport, fitness, or recreational activities during the past week - Days per week
184	Q74F_TIME	Num	8		Other sport, fitness, or recreational activities during the past week - Average minutes per day
185	Q74F_MINS	Num	8		Computed, Total # of minutes performed this activity during past week (q74f_days*q74f_time)
186	Q74F_MET	Num	8		# of mets assigned for this activity from Paffenberger table
187	Q74F_METMIN	Num	8		Computed, Total # of met minutes for this activity performed during past week (q74f_days*q74f_time*q74f_met)
188	Q74F_KCAL	Num	8		Computed, Total # of kcals used for this activity during past week ((q74f_days*q74f_time*q74f_met) * 0.250 * 5)
189	WENGYS	Num	8		Computed, sum(walk_kcal, q74a_kcal, q74b_kcal, q74c_kcal, q74d_kcal, q74e_kcal, q74f_kcal, flights_kcal)

Num	Variable	Type	Len	Format	Label
190	WENGYNS	Num	8		Computed, sum(walk_kcal, q74a_kcal, q74b_kcal, q74c_kcal, q74d_kcal, q74e_kcal, q74f_kcal)
191	LTPAMIN	Num	8		Computed, sum(walk_mins, q74a_mins, q74b_mins, q74c_mins, q74d_mins, q74e_mins, q74f_mins)
192	PAFMISS	Num	8	Y1N0F.	Computed 0=n/1=y, missing Paffenbarger, flights=<.> or brwalkd=<.> or brwalkm=<.> or (activity is not <.> and (days=<.> or minutes=<.>))
193	ACTIVE	Num	8	ACTIVE.	q75.Would you say that during the past week (the week used for questions 72-74) you were
194	REGACT	Num	8	Y1N0F.	q76.In general, at least once per week, do you engage in regular activity similar to brisk walking, jogging, bicycling, long enough to work up a sweat, get your heart thumping, or get out of breath
195	REGACTD	Num	8		q76a.Q76=Yes, Number of days per week
196	Q77	Num	8	Y1N2F.	Does your work/school involve vigorous-intensity activity that causes large increases in breathing or heart rate
197	Q78	Num	8		In a typical week, on how many days do you do vigorous-intensity activities as part of your work/school
198	Q79_H	Num	8		How much time do you spend doing vigorous-intensity activities at work/school on a typical day (hh)
199	Q79_M	Num	8		How much time do you spend doing vigorous-intensity activities at work/school on a typical day (mm)
200	Q79_TOTMINS	Num	8		Computed, Total # of minutes doing vigorous-intensity activities at work/school on typical day (q79_h*60)+q79_m
201	VAWSMIN	Num	8		Computed, Total # of minutes doing vigorous-intensity activities at work/school during week (q78*q79_totmins)
202	VAWSMET	Num	8		Computed, Total # of met minutes doing vigorous-intensity activities at work/school during week (vawsmmin*8)
203	Q80	Num	8	Y1N2F.	Does your work/school involve moderate-intensity activity that causes small increases in breathing or heart rate for at least 10 minutes continuously
204	Q81	Num	8		In a typical week, on how many days do you do moderate-intensity activities as part of your work/school
205	Q82_H	Num	8		How much time do you spend doing moderate-intensity activities at work/school on a typical day (hh)
206	Q82_M	Num	8		How much time do you spend doing moderate-intensity activities at work/school on a typical day (mm)
207	Q82_TOTMINS	Num	8		Computed, Total # of minutes doing moderate-intensity activities at work/school on typical day (q82_h*60)+q82_m
208	MAWSMIN	Num	8		Computed, Total # of minutes doing moderate-intensity activities at work/school during week (q81*q82_totmins)
209	MAWSMET	Num	8		Computed, Total # of met minutes doing moderate-intensity activities at work/school during week (mawsmmin*4)
210	Q83	Num	8	Y1N2F.	Does your household activity involve vigorous-intensity activity that causes large increases in breathing or heart rate for at least 10 minutes continuously
211	Q84	Num	8		In a typical week, on how many days do you do vigorous-intensity household activities
212	Q85_H	Num	8		How much time do you spend doing vigorous-intensity household activities on a typical day (hh)

Num	Variable	Type	Len	Format	Label
213	Q85_M	Num	8		How much time do you spend doing vigorous-intensity household activities on a typical day (mm)
214	Q85_TOTMINS	Num	8		Computed, Total # of minutes doing vigorous-intensity household activities on typical day (q85_h*60)+q85_m
215	VAHMIN	Num	8		Computed, Total # of minutes doing vigorous-intensity household activities during week (q84*q85_totmins)
216	VAHMET	Num	8		Computed, Total # of met minutes doing vigorous-intensity household activities during week (vahmin*8)
217	Q86	Num	8	Y1N2F.	Does your household work involve moderate-intensity activity that causes small increases in breathing or heart rate for at least 10 minutes continuously
218	Q87	Num	8		In a typical week, on how many days do you do moderate-intensity household activities
219	Q88_H	Num	8		How much time do you spend doing moderate-intensity household activities on a typical day (hh)
220	Q88_M	Num	8		How much time do you spend doing moderate-intensity household activities on a typical day (mm)
221	Q88_TOTMINS	Num	8		Computed, Total # of minutes doing moderate-intensity household activities on typical day (q88_h*60)+q88_m
222	MAHMIN	Num	8		Computed, Total # of minutes doing moderate-intensity household activities during week (q87*q88_totmins)
223	MAHMET	Num	8		Computed, Total # of met minutes doing moderate-intensity household activities during week (mahmin*4)
224	Q89	Num	8	Y1N2F.	Do you walk or use a bicycle (pedal cycle) for at least 10 minutes continuously to get to and from places
225	Q90	Num	8		In a typical week, on how many days do you walk or bicycle for at least 10 minutes continuously to get to and from places
226	Q91_H	Num	8		How much time do you spend walking or bicycling for travel on a typical day (hh)
227	Q91_M	Num	8		How much time do you spend walking or bicycling for travel on a typical day (mm)
228	Q91_TOTMINS	Num	8		Computed, Total # of minutes walking or bicycling for travel on typical day (q91_h*60)+q91_m
229	MATRMIN	Num	8		Computed, Total # of minutes walking or bicycling for travel during week (q90*q91_totmins)
230	MATRMET	Num	8		Computed, Total # of met minutes walking or bicycling for travel during week (matrmin*4)
231	Q92	Num	8	Y1N2F.	Do you do any vigorous-intensity sports, fitness or recreational activities that cause large increases in breathing or heart rate for at least 10 minutes continuously
232	Q93	Num	8		In a typical week, on how many days do you do vigorous-intensity sports, fitness or recreational activities
233	Q94_H	Num	8		How much time do you spend doing vigorous-intensity sports, fitness or recreational activities on a typical day (hh)
234	Q94_M	Num	8		How much time do you spend doing vigorous-intensity sports, fitness or recreational activities on a typical day (mm)
235	Q94_TOTMINS	Num	8		Computed, Total # of minutes doing vigorous-intensity sports, fitness or recreational activities on typical day (q94_h*60)+q94_m

Num	Variable	Type	Len	Format	Label
236	VARMIN	Num	8		Computed, Total # of minutes doing vigorous-intensity sports, fitness or recreational activities during week (q93*q94_totmins)
237	VARMET	Num	8		Computed, Total # of met minutes doing vigorous-intensity sports, fitness or recreational activities during week (varmin*8)
238	Q95	Num	8	Y1N2F.	Do you do any moderate-intensity sports, fitness or recreational activities that cause a small increase in breathing or heart rate for at least 10 minutes continuously
239	Q96	Num	8		In a typical week, on how many days do you do moderate-intensity sports, fitness or recreational activities
240	Q97_H	Num	8		How much time do you spend doing moderate-intensity sports, fitness or recreational activities on a typical day (hh)
241	Q97_M	Num	8		How much time do you spend doing moderate-intensity sports, fitness or recreational activities on a typical day (mm)
242	Q97_TOTMINS	Num	8		Computed, Total # of minutes doing moderate-intensity sports, fitness or recreational activities on typical day (q97_h*60)+q97_m
243	MARMIN	Num	8		Computed, Total # of minutes doing moderate-intensity sports, fitness or recreational activities during week (q96*q97_totmins)
244	MARMET	Num	8		Computed, Total # of met minutes doing moderate-intensity sports, fitness or recreational activities during week (marmin*4)
245	Q98_H	Num	8		How much time do you usually spend sitting or reclining on a typical day (hh)
246	Q98_M	Num	8		How much time do you usually spend sitting or reclining on a typical day (mm)
247	SEDBMIN	Num	8		Computed, Total # of minutes sitting or reclining per week (((q98_h*60) + q98_m) * 7)
248	GPAQ_MISS	Num	8		Computed, # missing nmiss(vawsmmin, vawsmmet, mawsmmin, mawsmmet, vahmin, vahmet, mahmin, mahmet, matrmin, matrmet, varmin, varmet, marmin, marmet)
249	WDTV	Num	8	Q99_FMT.	q99a.On a typical WEEKDAY, how much time do you spend - Sitting while watching television (including videos on VCR/DVD)
250	WDCWK	Num	8	Q99_FMT.	q99b.On a typical WEEKDAY, how much time do you spend - Sitting at work/school doing computer work
251	WDCNWK	Num	8	Q99_FMT.	q99c.On a typical WEEKDAY, how much time do you spend - Sitting while using the computer for non-work/non-school activities or playing video games
252	WDNCWK	Num	8	Q99_FMT.	q99d.On a typical WEEKDAY, how much time do you spend - Sitting at work/school doing non-computer office/school work or paperwork
253	WDNCNWK	Num	8	Q99_FMT.	q99e.On a typical WEEKDAY, how much time do you spend - Sitting while doing non-computer office work or paperwork not related to your job/school
254	WDMRA	Num	8	Q99_FMT.	q99f.On a typical WEEKDAY, how much time do you spend - Sitting listening to music, reading a book or magazine, or doing arts and crafts
255	WDPHONE	Num	8	Q99_FMT.	q99g.On a typical WEEKDAY, how much time do you spend - Sitting and talking on the phone or texting
256	WDTRANS	Num	8	Q99_FMT.	q99h.On a typical WEEKDAY, how much time do you spend - Sitting in a car, bus, train or other mode of transportation
257	WETV	Num	8	Q100_FMT.	q100a.On a typical WEEKEND DAY, how much time do you spend - Sitting while watching television (including videos on VCR/DVD)
258	WECWK	Num	8	Q100_FMT.	q100b.On a typical WEEKEND DAY, how much time do you spend - Sitting at work/school doing computer work

Num	Variable	Type	Len	Format	Label
259	WECNWK	Num	8	Q100_FMT.	q100c.On a typical WEEKEND DAY, how much time do you spend - Sitting while using the computer for non-work/non-school activities or playing video games
260	WENCWK	Num	8	Q100_FMT.	q100d.On a typical WEEKEND DAY, how much time do you spend - Sitting at work/school doing non-computer office/school work or paperwork
261	WENCNWK	Num	8	Q100_FMT.	q100e.On a typical WEEKEND DAY, how much time do you spend - Sitting while doing non-computer office work or paperwork not related to your job/school
262	WEMRA	Num	8	Q100_FMT.	q100f.On a typical WEEKEND DAY, how much time do you spend - Sitting listening to music, reading a book or magazine, or doing arts and crafts
263	WEPHONE	Num	8	Q100_FMT.	q100g.On a typical WEEKEND DAY, how much time do you spend - Sitting and talking on the phone or texting
264	WETRANS	Num	8	Q100_FMT.	q100h.On a typical WEEKEND DAY, how much time do you spend - Sitting in a car, bus, train or other mode of transportation
265	Q101A	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Taking a yoga class
266	Q101B	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Doing yoga at home
267	Q101C	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Meditating
268	Q101D	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Practicing stress-reduction strategies
269	Q101E	Num	8	Q101_FMT.	In a typical week, how much time do you spend doing the following - Listening to a stress-reduction program
270	Q102A	Num	8	Q102_FMT.	During the past week - I was bothered by things that don't usually bother me
271	Q102B	Num	8	Q102_FMT.	During the past week - I had trouble keeping my mind on what I was doing
272	Q102C	Num	8	Q102_FMT.	During the past week - I felt depressed
273	Q102D	Num	8	Q102_FMT.	During the past week - I felt that everything I did was an effort
274	Q102E	Num	8	Q102_FMT.	During the past week - I was happy
275	Q102F	Num	8	Q102_FMT.	During the past week - I felt fearful
276	Q102G	Num	8	Q102_FMT.	During the past week - My sleep was restless
277	Q102H	Num	8	Q102_FMT.	During the past week - I felt hopeful about the future
278	Q102I	Num	8	Q102_FMT.	During the past week - I felt lonely
279	Q102J	Num	8	Q102_FMT.	During the past week - I could not 'get going'
280	RQ102A	Num	8	CESD1FMT.	Recode, (q102a=1-4 to 0-3), During the past week - I was bothered by things that don't usually bother me
281	RQ102B	Num	8	CESD1FMT.	Recode, (q102b=1-4 to 0-3), During the past week - I had trouble keeping my mind on what I was doing
282	RQ102C	Num	8	CESD1FMT.	Recode, (q102c=1-4 to 0-3), During the past week - I felt depressed
283	RQ102D	Num	8	CESD1FMT.	Recode, (q102d=1-4 to 0-3), During the past week - I felt that everything I did was an effort
284	RQ102E	Num	8	CESD2FMT.	Reverse recode, (q102e=1-4 to 3-0), During the past week - I was happy
285	RQ102F	Num	8	CESD1FMT.	Recode, (q102f=1-4 to 0-3), During the past week - I felt fearful
286	RQ102G	Num	8	CESD1FMT.	Recode, (q102g=1-4 to 0-3), During the past week - My sleep was restless

Num	Variable	Type	Len	Format	Label
287	RQ102H	Num	8	CESD2FMT.	Reverse recode, (q102h=1-4 to 3-0), During the past week - I felt hopeful about the future
288	RQ102I	Num	8	CESD1FMT.	Recode, (q102i=1-4 to 0-3), During the past week - I felt lonely
289	RQ102J	Num	8	CESD1FMT.	Recode, (q102j=1-4 to 0-3), During the past week - I could not 'get going'
290	CESDS	Num	8		Computed, sum(rq102a, rq102b, rq102c, rq102d, rq102e, rq102f, rq102g, rq102h, rq102i, rq102j)
291	CESDQ	Num	8		Computed, # missing nmiss(rq102a, rq102b, rq102c, rq102d, rq102e, rq102f, rq102g, rq102h, rq102i, rq102j)
292	CESDGE13	Num	8	Y1N0F.	Computed, if cesds >= 13 then cesdge13 = 1, else cesdge13 = 0
293	Q103	Num	8	STRESS.	In the last month, how often have you felt that you were unable to control the important things in your life
294	Q104	Num	8	STRESS.	In the last month, how often have you felt confident about your ability to handle your personal problems
295	Q105	Num	8	STRESS.	In the last month, how often have you felt that things were going your way
296	Q106	Num	8	STRESS.	In the last month, how often have you felt difficulties were piling up so high that you could not overcome them
297	Q107	Num	8	CONFIDEN.	How confident - Make healthy food choices when you are in a bad mood
298	Q108	Num	8	CONFIDEN.	How confident - Make healthy food choices on the weekends
299	Q109	Num	8	CONFIDEN.	How confident - Make healthy food choices when you are at a party or out to dinner with friends or family
300	Q110	Num	8	CONFIDEN.	How confident - Make healthy food choices when many appealing high-calorie foods are available
301	Q111	Num	8	CONFIDEN.	How confident - Be physically active or exercise when you get very busy
302	Q112	Num	8	CONFIDEN.	How confident - Be physically active or exercise when it interferes with spending time with your friends or family
303	Q113	Num	8	CONFIDEN.	How confident - Be physically active or exercise when you are sore or tired
304	Q114	Num	8	CONFIDEN.	How confident - Be physically active or exercise when you are in a bad mood
305	Q115	Num	8	CONFIDEN.	How confident - Exercise when your workout is not enjoyable
306	Q116	Num	8	HLTHWGT.	How I look is important to me
307	Q117	Num	8	HLTHWGT.	It is important for me to be around other people
308	Q118	Num	8	HLTHWGT.	Doing well at work/school is important to me
309	Q119	Num	8	HLTHWGT.	It is important to me to feel good about myself
310	Q120	Num	8	HLTHWGT.	It is difficult to maintain a healthy weight
311	Q121	Num	8	HLTHWGT.	It takes too much work to maintain a healthy weight
312	Q122	Num	8	HLTHWGT.	I don't know how to maintain a healthy weight
313	Q123	Num	8	HLTHWGT.	It costs too much to maintain a healthy weight
314	Q124	Num	8	HLTHWGT.	I have to exercise too much to maintain a healthy weight
315	Q125	Num	8	HLTHWGT.	I have to give up the foods that I like to maintain a healthy weight
316	Q126	Num	8	HLTHWGT.	It takes too much time to maintain a healthy weight
317	Q127	Num	8	HLTHWGT.	I am not able to maintain a healthy weight
318	Q128	Num	8	HLTHWGT.	I think people worry too much about weight
319	Q129	Num	8	HLTHWGT.	I intend to lose weight in the next 6 months

Num	Variable	Type	Len	Format	Label
320	Q130	Num	8	HLTHWGT.	People who care about me think that I should lose weight
321	Q131	Num	8	HLTHWGT.	In general, I do what people who care about me think that I should do
322	Q132	Num	8	HLTHWGT.	It is important to me to lose weight
323	Q133	Num	8	HLTHWGT.	My weight affects how I look
324	Q134	Num	8	HLTHWGT.	My weight affects how much I want to be around other people
325	Q135	Num	8	HLTHWGT.	My weight affects how successful I am at work/school
326	Q136	Num	8	HLTHWGT.	My weight affects how I feel about myself
327	Q137	Num	8	COPING.	What you do when you are under stress - I try to get advice from someone about what to do
328	Q138	Num	8	COPING.	What you do when you are under stress - I concentrate my efforts on doing something about it
329	Q139	Num	8	COPING.	What you do when you are under stress - I discuss my feelings with someone
330	Q140	Num	8	COPING.	What you do when you are under stress - I make a plan of action
331	Q141	Num	8	COPING.	What you do when you are under stress - I try to get emotional support from friends or relatives
332	Q142	Num	8	COPING.	What you do when you are under stress - I take additional action to try to get rid of the problem
333	Q143	Num	8	COPING.	What you do when you are under stress - I talk to someone who could help me with the problem
334	Q144	Num	8	COPING.	What you do when you are under stress - I try to come up with a strategy about what to do
335	Q145	Num	8	COPING.	What you do when you are under stress - I get sympathy and understanding from someone
336	Q146	Num	8	COPING.	What you do when you are under stress - I think about how I might best handle the problem
337	Q147	Num	8	COPING.	What you do when you are under stress - I ask people who have had similar experiences what they did
338	Q148	Num	8	COPING.	What you do when you are under stress - I take direct action to solve the problem
339	Q149	Num	8	COPING.	What you do when you are under stress - I talk to someone about how I feel
340	Q150	Num	8	COPING.	What you do when you are under stress - I think hard about what steps to take
341	Q151	Num	8	COPING.	What you do when you are under stress - I do what has to be done, one step at a time
342	HOUSING	Num	8	HOUSING.	q152.What is the main type of housing in your neighborhood
343	NSHOPS	Num	8	NEIGHBOR.	q153.Many shops, stores, markets or other places to buy things I need are within easy walking distance of my home
344	NTRANS	Num	8	NEIGHBOR.	q154.It is within a 10-15 minute walk to a transit stop from my home
345	NSIDEWLK	Num	8	NEIGHBOR.	q155.There are sidewalks on most of the streets in my neighborhood
346	NBIKE	Num	8	NEIGHBOR.	q156.There are facilities to bicycle in or near my neighborhood
347	NRECR	Num	8	NEIGHBOR.	q157.My neighborhood has several free or low-cost recreation facilities
348	NCRIME	Num	8	NEIGHBOR.	q158.The crime rate in my neighborhood makes it unsafe to go on walks at night
349	MVNUM	Num	8		q159.How many motor vehicles in working order

Num	Variable	Type	Len	Format	Label
350	Q160A	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a friend to - Participate in some physical activity with you
351	Q160B	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a friend to - Eat a healthful meal together
352	Q160C	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a friend to - Do some activity to help manage your stress
353	Q161A	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone in your family to - Participate in some physical activity with you
354	Q161B	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone in your family to - Eat a healthful meal together
355	Q161C	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone in your family to - Do some activity to help manage your stress
356	Q162A	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a fellow student to - Participate in some physical activity with you
357	Q162B	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a fellow student to - Eat a healthful meal together
358	Q162C	Num	8	ASKOTHER.	In the past 30 days, how often have you asked a fellow student to - Do some activity to help manage your stress
359	Q163A	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone you work with to - Participate in some physical activity with you
360	Q163B	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone you work with to - Eat a healthful meal together
361	Q163C	Num	8	ASKOTHER.	In the past 30 days, how often have you asked someone you work with to - Do some activity to help manage your stress
362	Q164	Num	8	WGTMANAG.	Rate how often - Others remind me to watch what I eat
363	Q165	Num	8	WGTMANAG.	Rate how often - Other members of my household avoid buying junk food or having it in the house
364	Q166	Num	8	WGTMANAG.	Rate how often - Others tell me they're concerned about my eating habits
365	Q167	Num	8	WGTMANAG.	Rate how often - Others split a dessert or meal with me to help me eat less
366	Q168	Num	8	WGTMANAG.	Rate how often - Others tell me I look like I'm in shape
367	Q169	Num	8	WGTMANAG.	Rate how often - Others go walking or jogging with me for exercise
368	Q170	Num	8	WGTMANAG.	Rate how often - Others in my household eat low calorie/low fat foods even though they aren't trying to lose weight
369	Q171	Num	8	WGTMANAG.	Rate how often - Others compliment me on my appearance
370	Q172	Num	8	WGTMANAG.	Rate how often - Others suggest other ways for me to be active
371	Q173	Num	8	WGTMANAG.	Rate how often - Others tell me they are confident I can maintain a healthy weight
372	Q174	Num	8	WGTMANAG.	Rate how often - Others tell me about different types of exercise I should do in order to get a better workout
373	Q175	Num	8	WGTMANAG.	Rate how often - Others compliment me on sticking to an exercise routine
374	Q176	Num	8	WGTMANAG.	Rate how often - Others play sports or exercise with me
375	Q177	Num	8	WGTMANAG.	Rate how often - Others tell me about the calorie or fat content of foods
376	Q178	Num	8	WGTMANAG.	Rate how often - Others tell me they are impressed with how physically fit I am
377	Q179	Num	8	WGTMANAG.	Rate how often - Others encourage me to eat healthy foods

Num	Variable	Type	Len	Format	Label
378	Q180	Num	8	WGTMANAG.	Rate how often - Others will eat healthy foods with me
379	Q181	Num	8	WGTMANAG.	Rate how often - Others tell me about the exercises that have helped them to maintain a healthy weight
380	Q182	Num	8	WGTMANAG.	Rate how often - Others tell me about healthy foods I could try
381	Q183	Num	8	WGTMANAG.	Rate how often - Others avoid eating junk food or fattening foods in front of me
382	Q184	Num	8	WGTMANAG.	Rate how often - Others remind me to exercise or to go to the gym
383	Q185	Num	8	WGTMANAG.	Rate how often - Others tell me the best way to do exercises to maintain a healthy weight
384	Q186	Num	8	WGTMANAG.	Rate how often - Others tell me about the things they have done to maintain a healthy weight
385	Q187A	Num	8	Y1N2F.	Have you been diagnosed in the past year - Thyroid disease
386	Q187B	Num	8	Y1N2F.	Have you been diagnosed in the past year - Liver disease
387	Q187C	Num	8	Y1N2F.	Have you been diagnosed in the past year - Renal/Kidney disease
388	Q187D	Num	8	Y1N2F.	Have you been diagnosed in the past year - Kidney stones
389	Q187E	Num	8	Y1N2F.	Have you been diagnosed in the past year - Gastrointestinal disease
390	Q187F	Num	8	Y1N2F.	Have you been diagnosed in the past year - Heart disease (including high blood pressure and high cholesterol)
391	Q187G	Num	8	Y1N2F.	Have you been diagnosed in the past year - Cancer
392	Q187H	Num	8	Y1N2F.	Have you been diagnosed in the past year - Type 1 diabetes (requires insulin injections or pump)
393	Q187I	Num	8	Y1N2F.	Have you been diagnosed in the past year - Type 2 diabetes (does not require insulin injections or pump)
394	Q187J	Num	8	Y1N2F.	Have you been diagnosed in the past year - Gestational diabetes
395	Q187K	Num	8	Y1N2F.	Have you been diagnosed in the past year - Growth problems
396	Q187L	Num	8	Y1N2F.	Have you been diagnosed in the past year - Depression and/or anxiety disorders
397	Q187M	Num	8	Y1N2F.	Have you been diagnosed in the past year - Mental health condition(s) other than depression and anxiety disorders
398	Q187N	Num	8	Y1N2F.	Have you been diagnosed in the past year - Eating disorders
399	Q188	Num	8	Q188_FMT.	How many children, natural or adopted, do you have
400	Q189A	Num	8	Q189_FMT.	How satisfied are you overall with the healthy lifestyle program you received from CHOICES
401	Q190A	Num	8	Q190_FMT.	Would you recommend the healthy lifestyle program you received from CHOICES to others
402	Q191	Num	8	Q191_FMT.	Given the effort you put into following the healthy lifestyle program you received from CHOICES, how satisfied are you with your progress over the past year
403	EXAMAGE	Num	8		Computed, Age at examination
404	SCHOOL	Num	8	SCHOOL.	School
405	COHORT	Num	8	COHORT.	Data collection group
406	RBMICAT	Num	8	RBMICAT.	randomization bmi category (1=20-24.9 / 2=25-34.9)
407	PUBLICID	Num	8		Deidentified number to match person-level observations across CHOICES data