<b>Demographic In</b> <u>Variable</u> IDNUM	formation <u>Description</u> ID Number	Coding
	_	1= white
RACE	Race	2= black
SEX	Sex	1= male
3EA	Sex	2= female
AGE_LAST	Age in years, completed years	Note: 20 represents 19 or 20
		1= 1 to 2
NUMHOUSE	Number of people in household	2= 3 or more
SPOUSE	Spouse	1= yes, otherwise missing
CHILDREN	Children	1= yes, otherwise missing
		1= <15,000
INCOME	Income category	2= 15,001-30,000
		3= > 30,000
		1= working/ employed
MAJORACT	Major activity	2= going to school
		3= other
		1= no
EMPLOY	Currently employed	2= yes
		1= <20
HRSWORK	Hours per week work	2= 20-39.9
		3= 40+
		1= yes
SUPER	Supervise others	2= no
		1= 0 to 4.99
JOBYRS	Current job years	2=5  to  9.99
00BIII0	Surrent job years	3= 10 or more
<b>Medical History</b>		
Variable	Description	Coding
ACNE	Acne Grade	Scale of 1 to 5
		3= yes
IMP	Impetigo	1= no
		9= unknown
		3= yes
XAN	Lipid, xanthoma	1= no
		9= unknown
ABD	Abdomen	1= normal
		2= suspicious
		3= abnormal
		9= unknown
		1= normal
	Left constict bouilt	2= suspicious
BRUIT_LT	Left carotid bruit	3= abnormal
		9= unknown
		1= normal
	Distance section has it	2= suspicious
BRUIT_RT	Right carotid bruit	3= abnormal
		9= unknown

Variable	Description	<u>Coding</u> 1= normal
C_V	Cardiovascular	2= suspicious 3= abnormal 9= unknown
EXTREM	Extremities (current disease)	1= normal 2= suspicious 3= abnormal 9= unknown
EYES	Current eye disease	1= normal 2= suspicious 3= abnormal 9= unknown
ENT	Current ear, nose and throat disease	1= normal 2= suspicious 3= abnormal 9= unknown
NECK	Current neck disease	1= normal 2= suspicious 3= abnormal 9= unknown
NODES	Current nodes	1= non-palpable 2= palpable non-suspicious 3= suspicious 4= abnormal 9= unknown
PULM	Pulmonary	1= normal 2= suspicious 3= abnormal 9= unknown
SKIN	Current skin disease	1= normal 2= suspicious 3= abnormal 9= unknown
TEETH	Current teeth disease	1= absent 2= min 3= moderate 4= severe 9= unknown
XAN_LAS	Xanthelasma	1= normal 2= suspicious 3= abnormal 9= unknown
ANEMIA	Anemia	3= yes 1= no
ANKLES	Ankles swollen	3= yes 1= no
ASTHMA	Asthma	3= yes 1= no
COLDFEET	Cold hand/feet	3= yes 1= no

Variable	Description	Coding
COUGH	Constant cough	3= yes
	5	1= no
LCRAMP	Leg cramps	3= yes 1= no
		3= yes
LIVER	Liver trouble	1= no
		3= yes
RASH	Rash	1= no
		3=yes
PENI	Currently taking Penicillin	1=no
	, ,	9=don't know
		3= yes
ANDROGEN	Taken androgens in past 30 days	1= no
		9= uncertain or unknown
		3= yes
CORTISON	Taken cortisone in past 30 days	1= no
		9= uncertain or unknown
		3= yes
SPH	Significant past history of disease	1= no
		9= unknown
		3= yes
ILLNESS	Past year serious illness	1= no
		9= uncertain or unknown
	Ever had: heart trouble, chronic	
ANYILL	chest condition, thyroid disorder,	3= yes 1= no
ANTILL	diabetes mellitus, kidney disease, cancer, heart attack, heart bypass	9= uncertain or unknown
	surgery, angioplasty or angina	
		3= yes
BP MED	Blood pressure medicine (self-	1= no
_	report)	9= don't know
		1= normal
N_A	Subjective nutritional appraisal	2= other
	, , , , , , , , , , , , , , , , , , , ,	9= unknown
REPRODUCTIVE		
<u>Variable</u>	<u>Description</u>	Coding
EVER	Ever had menstrual cycle	3= yes
		1= no
		3= yes
PERIODS	Still have periods	1= no
		9= uncertain
	Any kind of hormono	3= yes 1= no
ANYHORM	Any kind of hormone	9= don't know
		3= yes
OC	Oral contraceptives	1= no
		9= don't know

Variable		Coding
HORMONE	Hormones	3= yes 1= no
		9= uncertain or unknown 3= yes
PILL2	Medication to stop period	1= no
		9= uncertain 3= yes
HYSTER	Hysterectomy	1= no
		9= uncertain
Family Hx	Deparintion	Coding
Variable	Description	<u>Coding</u> 3= yes
HFAM	Family heart trouble	1= no
FALIVE	Father alive	3= yes 1= no
MALIVE	Mother alive	3= yes
		1= no
		1= grade 12 or GED 2= vo/tech or college or
GRADE_FA	Father's highest education level	post graduate
		9= don't know
		1= grade 12 or GED
GRADE_MO	Mother's highest education level	2= vo/tech or college or post graduate
		9= don't know
	Parental history of: angina pectoris,	1= yes
CVD_HX	heart artery balloon treatment, artery	2 = no/ don't know
	bypass surgery, or heart attack	
HBP_HX	Parental history of high blood pressure	1= yes 2= no/ don't know
OTH_HX	Parental history of: stroke, high blood	1= yes
	cholesterol, sugar diabetes, or cancer	2= no/ don't know
Anthropometric		
Variable	Description	Coding
BMI	Weight (m) / Height (kg) squared	<u></u>
		1= exam gown
CLOTHING	Clothing status for circumferences	2= street clothes
AB M	abdominal height (cm) - average of 2	3= other
WAIST	waist circumference (cm) - average of 3	
HIP	Hip circumference (cm) - average of 3	
		1= right
ARM_SS	Side measured subscapular	2= left
	aubaaanular akin fald (mm) auana a f	9= unknown
SSSF_AVG	subscapular skin fold (mm) - average of	3 1= right
ARM_TR	Side measured triceps	2 = left
·····		9= unknown

<u>Variable</u> TRSF_AVG	Description triceps skin fold (mm) - average of 3	Coding
Blood Pressure		
Variable	Description	Coding
CSU1	Cuff size used – first station	1= Large 2= Adult 3= Medium 4= Toddler
CSU2	Cuff size used - second station	1= Large 2= Adult 3= Medium 4= Toddler
RAC1	Right upper arm circumference (cm) 1	
RAC2	Right upper arm circumference (cm) 2	
RAL1	Right upper arm length (cm) 1	
RAL2	Right upper arm length (cm) 2	
ARM_BP1	Arm used first station	1= left 2= right 9= unknown
ARM_BP2	Arm used second station	1= left 2= right 9= unknown
SYSBAUM	Average of 6 SBP readings taken in 2 sets of 3 each	
DIASBAUM	Average of 6 4th phase DBP readings taken in 2 sets of 3 each	
PH5BAUM	Average of 6 5th phase DBP readings taken in 2 sets of 3 each	
PM_SYS	Average of 3 SBP- Pulsemetric machine	
PM_DIAS	Average of 3 DBP- Pulsemetric machine	
PM_MAP	Average of 3 MAP- Pulsemetric machine	
PULSE1	Pulse first reading (beats/30 seconds)	
PULSE2	Pulse second reading (beats/30 seconds)	
RHYTHM	ECG rhythm	1= normal 2= other 9= unknown
PWAVE	P-wave	1= normal 2= other 9= unknown
QRSCOMP	QRS complex	1=normal 2=other 9=unknown
TWAVE	ST-segment, T-wave	1= normal 2= other 9= unknown
ECGD	ECG Diagnosis	1= normal 2= suggestive 3= abnormal 9= unknown

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Variable	Description	Coding
		1= normal
CAD	Coronary artery disease	2= ischemia
	, ,	3= infarct
		9= unknown
1.1./1.1		1= normal
LVH	Left ventricular hypertrophy	2= other
		9= unknown
Tobacco Use	Description	
Variable	Description	<u>Coding</u>
		1= currently smoke
SMOKH	Cigarette smoking history	2= used to smoke
		3= tried or <1/week
		4= never
YEARSMO	Years smoking (number of years)	truncated at 20 years
DAY	Number of cigarettes per day	truncated at 40 per day
		1=<1 month
QUITSMOK	When quit smoking	2=1-3 months
		3=4-12 months
YEARSMO2	Years smoked	truncated at 20 years
USEDDAY	Cigarettes used to smoke per day	truncated at 40 per day
		1= very
SMKWORK	Smoke in immediate work area	2= somewhat
SIMILYVOILL	Shoke in inineciale work area	3= not at all
		4= NA
SMKOTHER	Other smoke at home	1= yes
SWINDTHER	Other shoke at nome	2= no
ОТНТОВ	Use chewing tobacco, cigars, pipes or	1= yes
оппов	snuff; males only	2= no
Alcohol Consur	nption	
<u>Variable</u>	<u>Description</u>	<u>Coding</u>
		1= did not drink last 12
DRINKH	Alcohol consumption history	months
	Alcohol consumption history	2= did drink last 12
		months
		1= weekdays
WHENDRK	When drink	2= weekends
		3= both
		1= 3 + times/week
OFTENDRK	How often drink	2= 1-2 times/week
		3= <1/week
	In past month, how often had >=5	
DRKFIVE	drinks at one time	0, 1, 2, 3, 4+
LONGDRK	How long drink (number of years)	truncated at 20 years
ALCOHOL	Ethanol per week	truncated at 200

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Physical Activity		
Variable	Description	Coding
BLOCKS	Number of city blocks each day	obuilg
STAIRS	Number of flights of stairs each day	
	Hours per typical weekday computer	
CGWKDAY	games	
CGWKEND	Hours per typical weekend computer	
	games	
TVWKDAY	Hours per typical weekday watching TV	
TVWKEND	Hours per typical weekend watching TV	
SLPWKDAY	Hours sleeping weekday	
SLPWKEND	Hours sleeping weekend	
SITWKDAY	Hours sitting weekday	
SITWKEND	Hours sitting weekend	
LGTWKDAY	Hours light activity weekday	
LGTWKEND	Hours light activity weekend	
MODWKDAY	Hours moderate activity weekday	
MODWKEND	Hours moderate activity weekend	
VIGWKDAY	Hours vigorous activity weekday	
VIGWKEND	Hours vigorous activity weekend	
		0= N/A
PHYSACT1	Physical activity at work	1= inactive to
	,	5= very active
		1= inactive to
PHYSACT2	Physical activity outside of work	5= very active
		1= yes
REGACTIV	Regular activity >=1 per week	2= no
EXERWEEK	Number of times exercise per week	
		1= none
		2= <1/week
WTSFREQ	Weight lifting frequency	3= 1/week
		4= 2-3 times/week
		5= daily
		1= none
		2= <1/week
AEROFREQ	Aerobic dancing frequency	3= 1/week
		4= 2-3 times/week
		5= daily
AEROAMT	Minutes aerobic dance per session	
		1= none
		2= <1/week
BASKFREQ	Basketball frequency	3= 1/week
		4= 2-3 times/week
		5= daily
BASKAMT	Minutes basketball per session	-
		1= none
		2= <1/week
BIKEFREQ	Bicycling frequency	3= 1/week
		4= 2-3 times/week
		5= daily
BIKEAMT	Miles bicycle per session	

Variable	Description	<u>Coding</u> 1=none
GOLFFREQ	Golf frequency	2=<1/week 3=1/week 4=2-3 times/week 5=daily
GOLFAMT	Holes golf per session	5-dally
		1= none
		2= <1/week
JOGFREQ	Jogging frequency	3= 1/week
		4= 2-3 times/week
		5= daily
JOGAMT	Miles jog per session	<u> </u>
		1= none
		2= <1/week
SOCCFREQ	Soccer frequency	3= 1/week
		4= 2-3 times/week
		5= daily
SOCCAMT	Minutes soccer per session	
		1= none
		2= <1/week
SWIMFREQ	Swimming for laps frequency	3= 1/week
		4= 2-3 times/week
<u></u>		5= daily
SWIMAMT	Laps swim per session	
		1= none
		2= <1/week
TENNFREQ	Tennis Frequency	3= 1/week 4= 2-3 times/week
TENNAMT	Minutes tennis per session	5= daily
	Minutes terms per session	1= none
	Walking for exercise frequency	2= <1/week
WALKFREQ		3= 1/week
		4= 2-3 times/week
		5= daily
WALKAMT	Miles walk per session	
Lab values		
<u>Variable</u>	<u>Description</u>	<u>Coding</u>
		3= yes
UR_COL	Urine collected	1= no
		9= unknown
		3= yes
MENS	Currently menstruating	1= no
		9= unknown
		1= clean
APPEAR	Urine appearance	2= cloudy
		3= unknown
U_ALB	Urinary albumin	
U_CREAT	Urinary creatinine	

Variable	Description	Coding
Valiable	Description	5.0
		6.0
		6.5
		7.0
PH	Urine ph	7.5
		8.0
		8.5
		9.9= unknown
		1= straw
COLOR	Urine color	2= brown
		3= red
		9= unknown
		1= no
DEBRIS	Urine debris	3= yes
		9= unknown
		1= negative
		2= non-hemolyzed trace
		3= non-hemolyzed moderate
BLOOD	Urine blood	4= hemolyzed trace
DLOOD	Shine blood	5= small
		6= moderate
		7= large
		9= unknown
		1= negative
		3= small/ trace
BILIRUBN	Urine bilirubin	4= moderate
		5= large
		9= unknown
		1= negative
		2= 1/10 (trace)
		3= 1/4
GLUCURN	Glucose in urine	4= 1/2
		5= 1
		6= 2 or more
		9= unknown
	Urine ketones	1= 1(negative)
		2=5(trace)
		3= 15(small)
KETONES		4= 40(moderate)
		5= 80
		6= 160
		9= unknown
		1= negative
		2= trace
		3= 30
PROTEIN	Urine protein	4= 100
		5= 300
		6= >2000
	Sorum turbidity	9= unknown
TURBID	Serum turbidity	

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UROBILI Urine urobilinogen 1= 0.2   UROBILI Urine urobilinogen 3= 2   4= 4 5= 8   9= unknown	
BL_SD Blood sample drawn 3= yes 9= don't know	
FASTFasting sample3= yesI = no1= no9= don't know	
ALBX Albumin g/dL (x.x)	
ALKX Alakaline phosphatase IU/L (xxx)	
BILIX Total bilirubin mg/dl (x.x)	
BUN BUN mg/dL (xx)	
BUNCREAX Bun/creatining ratio (xx.x)	
CALCX Calcium mg/dl (xx.x)	
CHYL Chlyomicrons	
CLX Chloride mEq/L (xxx)	
CREATX Creatinine mg/dl (x.x)	
GGTX Gamma G Transferase IU/L (xx)	
GLOBX Globulin g/dl (x.x)	
GLUCOSE Blood Glucose in our lab	
HB_QUAN Hemoglobin (xx.x)	
HC_PCT Hematocrit (xx.x)	
HDL_C High-density Lipoprotein cholesterol	
INSULIN Fasting Plasma Insulin	
IRON Iron mcg/dL (xxx)	
KAX Potassium mEq/L (x.x)	
LDL_C Low-density lipoprotein cholesterol	
NAX Sodium mEq/L (xxx)	
PHOSX Phosphorus mg/dl (x.x)	
PL_CNT Platelet count (xxx)	
RBC Red blood cells (x.xx)	
RPRDX Total protein g/dl (x.x)	
SGOTX SGOT IU/L (xx)	
SGPTX SGPT IU/L (xx)	
TOT_C1 Total cholesterol	
TRIGLY1 Triglycerides	
URICX Uric acid mg/dl (xx.x)	
VLDL_C 0.222*PREBP_LP	
WBC White blood cells (xx.x)	
WBCBA % WBC that are BA (xx.x)	
WBCEO % WBC that are EO (xx.x)	
WBCLY % WBC that are LY (xx.x)	
WBCMO % WBC that are MO (xx.x)	
WBCNE % WBC that are NE (xx.x)	