

Data Set Name: disc06_data.sas7bdat

Num	Variable	Type	Len	Format	Informat	Label
1	FASTING	Num	8	BEST12.	BEST32.	fasting at blood collection (0=no, 1=yes)
2	HORM_USE	Num	8	BEST12.	BEST32.	hormonal contraceptives use (1=never, 2=former, 3=current)
3	SMOKE_STATUS	Num	8	BEST12.	BEST32.	smoking status (1=never, 2=former, 3=current)
4	DRINK_STATUS	Num	8	BEST12.	BEST32.	alcoholic beverage use (1=never, 2=former, 3=current)
5	LUTEAL1	Num	8	BEST12.	BEST32.	luteal phase of menstrual cycle at blood collection (0=no, 1=yes)
6	BFYN	Num	8	BEST12.	BEST32.	ever breastfed (1=yes, 2=no)
7	RACE2	Num	8	BEST12.	BEST32.	race (1=white, 2=other)
8	EDUCATN2	Num	8	BEST12.	BEST32.	education (1=graduate degree, 2=bachelor degree, 3=not college grad)
9	MARITAL_STATUS	Num	8	BEST12.	BEST32.	marital status (0=single/separated/divorced, 1=married/living as married)
10	TIMESMOKE_CAT	Num	8	BEST12.	BEST32.	duration smoked (1= >0 and <5 yrs, 2= >=5 and <10 yrs, 3= 10+ yrs)
11	NUMCIGC_CAT	Num	8	BEST12.	BEST32.	number cigarettes/day (0=0 cigs/day, 1= >0 and <=5 cigs/day, 2= >5 cigs/day)
12	CURRENT_DRINK	Num	8	BEST12.	BEST32.	currently drinks alcoholic beverages (0=no, 1=yes)
13	INCOME_CAT	Num	8	BEST12.	BEST32.	income category (0= <\$50,000, 1= \$50,000-\$74,999, 3=\$75,000-\$99,999, 4=\$100,000+)
14	BR_REDUCTION_IMPLANT	Num	8	BEST12.	BEST32.	had breast reduction or implant surgery (0=no, 1=yes)
15	NUMLB_C	Num	8	BEST12.	BEST32.	number of live births - categorical (0=0, 1=1, 2=2, 3=3+)
16	DRINK_WKC	Num	8	BEST12.	BEST32.	current number alcoholic drinks per week - continuous
17	AGE	Num	8	BEST12.	BEST32.	age (yrs)
18	HEIGHT	Num	8	BEST12.	BEST32.	height (cm)
19	WEIGHT	Num	8	BEST12.	BEST32.	weight (kg)
20	WAIST	Num	8	BEST12.	BEST32.	waist circumference (cm)
21	BMI	Num	8	BEST12.	BEST32.	BMI
22	SYSBP	Num	8	BEST12.	BEST32.	systolic blood pressure (mmHg)
23	DIABP	Num	8	BEST12.	BEST32.	diastolic blood pressure (mmHg)
24	MDAYS_LAST	Num	8	BEST12.	BEST32.	days since last menses at blood draw
25	MDAYS_NEXT	Num	8	BEST12.	BEST32.	days until next menses at blood draw
26	MESSAGE	Num	8	BEST12.	BEST32.	age at menarche (yrs)
27	METSCORENEW	Num	8	BEST12.	BEST32.	Physical activity (DISC questionnaire - MET-hrs/wk)
28	START_HORM	Num	8	BEST12.	BEST32.	Age started using hormonal contraceptives (yrs)
29	DURATION_HORM	Num	8	BEST12.	BEST32.	Duration used hormonal contraceptives (yrs)
30	TIMESINCEHORM	Num	8	BEST12.	BEST32.	Duration since last used hormonal contraceptives (yrs)
31	CESD	Num	8	BEST12.	BEST32.	CES-D depression index
32	STAI	Num	8	BEST12.	BEST32.	State-Trait Anxiety Inventory
33	METS_PYR50	Num	8	BEST12.	BEST32.	Leisure Physical Activity in Past Year (MET-hrs/wk)

Num	Variable	Type	Len	Format	Informat	Label
34	METSIM_PYR50	Num	8	BEST12.	BEST32.	Leisure Moderate and Intense Physical Activity in Past Year (MET-hrs/wk)
35	BMIZ	Num	8	BEST12.	BEST32.	BMI at DISC randomization normalized using CDC Growth Charts (Z-score)
36	MODISCORENEW	Num	8	BEST12.	BEST32.	Moderate and intense physical activity (DISC questionnaire - MET-hrs/wk)
37	PGLUCOSE	Num	8	BEST12.	BEST32.	Plasma glucose (mg/dl)
38	TRIG	Num	8	BEST12.	BEST32.	Serum triglycerides (mg/dl)
39	HDL	Num	8	BEST12.	BEST32.	Serum HDL (mg/dl)
40	LDL	Num	8	BEST12.	BEST32.	Serum LDL (mg/dl)
41	AGEFLB	Num	8	BEST12.	BEST32.	Age first live birth (yrs)
42	PROG	Num	8	BEST12.	BEST32.	Serum progesterone (ng/ml)
43	E2	Num	8	BEST12.	BEST32.	Serum estradiol (pg/ml)
44	FE2	Num	8	BEST12.	BEST32.	Serum free estradiol (pg/ml)
45	FE2_AE2	Num	8	BEST12.	BEST32.	Serum bioavailable estradiol (pg/ml)
46	TESTO	Num	8	BEST12.	BEST32.	Serum testosterone (ng/dl)
47	SHBG	Num	8	BEST12.	BEST32.	Serum sex hormone binding globulin (nmol/L)
48	FREE_TESTO	Num	8	BEST12.	BEST32.	Serum free testosterone (ng/dl)
49	NONSHBG_BOUND_TESTO	Num	8	BEST12.	BEST32.	Serum bioavailable testosterone (ng/dl)
50	ANDROIDFAT	Num	8	BEST12.	BEST32.	Android fat - DEXA (gms)
51	ANDROIDPFAT	Num	8	BEST12.	BEST32.	Android percent fat - DEXA (%)
52	GYNOIDFAT	Num	8	BEST12.	BEST32.	Gynoid fat - DEXA (gms)
53	GYNOIDPFAT	Num	8	BEST12.	BEST32.	Gynoid percent fat - DEXA (%)
54	TOTFAT	Num	8	BEST12.	BEST32.	Total fat - DEXA (gms)
55	DXAPFAT	Num	8	BEST12.	BEST32.	Total percent fat - DEXA (%)
56	TRUNKFAT	Num	8	BEST12.	BEST32.	Trunk fat - DEXA (gms)
57	TRUNKPFAT	Num	8	BEST12.	BEST32.	Trunk percent fat - DEXA (%)
58	TOTMASS	Num	8	BEST12.	BEST32.	Total mass - DEXA (gms)
59	TOTLEAN	Num	8	BEST12.	BEST32.	Total lean mass - DEXA (gms)
60	TOTPLEAN	Num	8	BEST12.	BEST32.	Total percent lean - DEXA (%)
61	AGFATR	Num	8	BEST12.	BEST32.	Android to gynoid fat ratio
62	FNBMD	Num	8	BEST12.	BEST32.	Femoral neck bone mineral density - DEXA (gm/cm ²)
63	FNBMC	Num	8	BEST12.	BEST32.	Femoral neck bone mineral content - DEXA (gms)
64	HIPBMD	Num	8	BEST12.	BEST32.	Hip bone mineral density - DEXA (gm/cm ²)
65	HIPBMC	Num	8	BEST12.	BEST32.	Hip bone mineral content - DEXA (gms)
66	APSPBMC	Num	8	BEST12.	BEST32.	Apical spine bone mineral content - DEXA (gms)
67	APSPBMD	Num	8	BEST12.	BEST32.	Apical spine bone mineral density - DEXA (gm/cm ²)
68	TOTBMC	Num	8	BEST12.	BEST32.	Total bone mineral content - DEXA (gms)
69	TOTBMD	Num	8	BEST12.	BEST32.	Total bone mineral density - DEXA (gm/cm ²)
70	VOLUMEAVG	Num	8	BEST12.	BEST32.	Breast dense tissue volume (cm ³)

Num	Variable	Type	Len	Format	Informat	Label
71	DENSITYAVG	Num	8	BEST12.	BEST32.	Percent breast dense tissue (%)
72	BRFATVOL	Num	8	BEST12.	BEST32.	Breast non-dense tissue volume (cm ³)
73	RIGRAMS	Num	8	BEST12.	BEST32.	Diet - total grams (gm)
74	RIKCAL	Num	8	BEST12.	BEST32.	Diet - energy (kcal)
75	RIFAT	Num	8	BEST12.	BEST32.	Diet - total fat (gm)
76	RITCHO	Num	8	BEST12.	BEST32.	Diet - total carbohydrate (gm)
77	RIPRO	Num	8	BEST12.	BEST32.	Diet - total protein (gm)
78	RIAPRO	Num	8	BEST12.	BEST32.	Diet - animal protein (gm)
79	RIVPRO	Num	8	BEST12.	BEST32.	Diet - vegetable protein (gm)
80	RIALC	Num	8	BEST12.	BEST32.	Diet - alcohol (gm)
81	RICHOL	Num	8	BEST12.	BEST32.	Diet - cholesterol (mg)
82	RISFA	Num	8	BEST12.	BEST32.	Diet - total saturated fatty acids (gm)
83	RIMFA	Num	8	BEST12.	BEST32.	Diet - total monounsaturated fatty acids (gm)
84	RIPFA	Num	8	BEST12.	BEST32.	Diet - total polyunsaturated fatty acids (gm)
85	RIFRUC	Num	8	BEST12.	BEST32.	Diet - fructose (gm)
86	RIGALA	Num	8	BEST12.	BEST32.	Diet - galactose (gm)
87	RIGLUC	Num	8	BEST12.	BEST32.	Diet - glucose (gm)
88	RILACT	Num	8	BEST12.	BEST32.	Diet - lactose (gm)
89	RIMALT	Num	8	BEST12.	BEST32.	Diet - maltose (gm)
90	RISUCR	Num	8	BEST12.	BEST32.	Diet - sucrose (gm)
91	RISTAR	Num	8	BEST12.	BEST32.	Diet - starch (gm)
92	RIDFIB	Num	8	BEST12.	BEST32.	Diet - total dietary fiber (gm)
93	RIWSDF	Num	8	BEST12.	BEST32.	Diet - soluble dietary fiber (gm)
94	RIIFIB	Num	8	BEST12.	BEST32.	Diet - insoluble dietary fiber (gm)
95	RIPECT	Num	8	BEST12.	BEST32.	Diet - pectins (gm)
96	RIVA	Num	8	BEST12.	BEST32.	Diet - total vitamin A activity (IU)
97	RIBCEQ	Num	8	BEST12.	BEST32.	Diet - beta carotene equivalents [from provitamin A carotenoids] (mcg)
98	RIRL	Num	8	BEST12.	BEST32.	Diet - retinol (mcg)
99	RIVD	Num	8	BEST12.	BEST32.	Diet - vitamin D [calciferol] (mcg)
100	RITTC	Num	8	BEST12.	BEST32.	Diet - total alpha-tocopherol equivalents (mg)
101	RIATC	Num	8	BEST12.	BEST32.	Diet - vitamin E [total alpha-tocopherol] (mg)
102	RIBTC	Num	8	BEST12.	BEST32.	Diet - beta-tocopherol (mg)
103	RIGTC	Num	8	BEST12.	BEST32.	Diet - gamma-tocopherol (mg)
104	RIDTC	Num	8	BEST12.	BEST32.	Diet - delta-tocopherol (mg)
105	RIVK	Num	8	BEST12.	BEST32.	Diet - vitamin K (mcg)
106	RIVC	Num	8	BEST12.	BEST32.	Diet - vitamin C (mg)
107	RITHI	Num	8	BEST12.	BEST32.	Diet - thiamin [vitamin B1] (mg)
108	RIRIB	Num	8	BEST12.	BEST32.	Diet - riboflavin [vitamin B2] (mg)

Num	Variable	Type	Len	Format	Informat	Label
109	RINIA	Num	8	BEST12.	BEST32.	Diet - niacin [vitamin B3] (mg)
110	RIPANT	Num	8	BEST12.	BEST32.	Diet - pantothenic acid (mg)
111	RIVB6	Num	8	BEST12.	BEST32.	Diet - vitamin B6 [pyridoxine, pyridoxyl, pyridoxamine] (mg)
112	RIFOL	Num	8	BEST12.	BEST32.	Diet - total folate (mcg)
113	RIVB12	Num	8	BEST12.	BEST32.	Diet - vitamin B12 [cobalamin] (mcg)
114	RICA	Num	8	BEST12.	BEST32.	Diet - calcium (mg)
115	RIP	Num	8	BEST12.	BEST32.	Diet - phosphorus (mg)
116	RIMG	Num	8	BEST12.	BEST32.	Diet - magnesium (mg)
117	RIFE	Num	8	BEST12.	BEST32.	Diet - iron (mg)
118	RIZN	Num	8	BEST12.	BEST32.	Diet - zinc (mg)
119	RICU	Num	8	BEST12.	BEST32.	Diet - copper (mg)
120	RISE	Num	8	BEST12.	BEST32.	Diet - selenium (mcg)
121	RINA	Num	8	BEST12.	BEST32.	Diet - sodium (mg)
122	RIK	Num	8	BEST12.	BEST32.	Diet - potassium (mg)
123	RIS04_0	Num	8	BEST12.	BEST32.	Diet SFA 4:0 [butyric acid] (gm)
124	RIS06_0	Num	8	BEST12.	BEST32.	Diet SFA 6:0 [caproic acid] (gm)
125	RIS08_0	Num	8	BEST12.	BEST32.	Diet SFA 8:0 [caprylic acid] (gm)
126	RIS10_0	Num	8	BEST12.	BEST32.	Diet SFA 10:0 [capric acid] (gm)
127	RIS12_0	Num	8	BEST12.	BEST32.	Diet SFA 12:0 [lauric acid] (gm)
128	RIS14_0	Num	8	BEST12.	BEST32.	Diet SFA 14:0 [myristic acid] (gm)
129	RIS16_0	Num	8	BEST12.	BEST32.	Diet SFA 16:0 [palmytic acid] (gm)
130	RIS17_0	Num	8	BEST12.	BEST32.	Diet SFA 17:0 [margaric acid] (gm)
131	RIS18_0	Num	8	BEST12.	BEST32.	Diet SFA 18:0 [stearic acid] (gm)
132	RIS20_0	Num	8	BEST12.	BEST32.	Diet SFA 20:0 [arachidic acid] (gm)
133	RIS22_0	Num	8	BEST12.	BEST32.	Diet SFA 22:0 [behenic acid] (gm)
134	RIM14_1	Num	8	BEST12.	BEST32.	Diet MUFA 14:1 [myristoleic acid] (gm)
135	RIM16_1	Num	8	BEST12.	BEST32.	Diet MUFA 16:1 [palmitoleic acid] (gm)
136	RIM18_1	Num	8	BEST12.	BEST32.	Diet MUFA 18:1 [oleic acid] (gm)
137	RIM20_1	Num	8	BEST12.	BEST32.	Diet MUFA 20:1 [gadoleic acid] (gm)
138	RIM22_1	Num	8	BEST12.	BEST32.	Diet MUFA 22:1 [erucic acid] (gm)
139	RIP18_2	Num	8	BEST12.	BEST32.	Diet PUFA 18:2 [linoleic acid] (gm)
140	RIP18_3	Num	8	BEST12.	BEST32.	Diet PUFA 18:3 [linolenic acid] (gm)
141	RIP18_4	Num	8	BEST12.	BEST32.	Diet PUFA 18:4 [parinaric acid] (gm)
142	RIP20_4	Num	8	BEST12.	BEST32.	Diet PUFA 20:4 [arachidonic acid] (gm)
143	RIP20_5	Num	8	BEST12.	BEST32.	Diet PUFA 20:5 [eicosapentaenoic acid, EPA] (gm)
144	RIP22_5	Num	8	BEST12.	BEST32.	Diet PUFA 22:5 [docosapentaenoic acid, DPA] (gm)
145	RIP22_6	Num	8	BEST12.	BEST32.	Diet PUFA 22:6 [docosahexaenoic acid, DHA] (gm)
146	RITRYP	Num	8	BEST12.	BEST32.	Diet - tryptophan (gm)
147	RITHRE	Num	8	BEST12.	BEST32.	Diet - threonine (gm)

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148	RIISOL	Num	8	BEST12.	BEST32.	Diet - isoleucine (gm)
149	RILEUC	Num	8	BEST12.	BEST32.	Diet - leucine (gm)
150	RILYSI	Num	8	BEST12.	BEST32.	Diet - lysine (gm)
151	RIMETH	Num	8	BEST12.	BEST32.	Diet - methionine (gm)
152	RICYST	Num	8	BEST12.	BEST32.	Diet - cystine (gm)
153	RIPHEN	Num	8	BEST12.	BEST32.	Diet - phenylalanine (gm)
154	RITYRO	Num	8	BEST12.	BEST32.	Diet - tyrosine (gm)
155	RIVALI	Num	8	BEST12.	BEST32.	Diet - valine (gm)
156	RIARGI	Num	8	BEST12.	BEST32.	Diet - arginine (gm)
157	RIHIST	Num	8	BEST12.	BEST32.	Diet - histidine (gm)
158	RIALAN	Num	8	BEST12.	BEST32.	Diet - alanine (gm)
159	RIASPA	Num	8	BEST12.	BEST32.	Diet - aspartic acid (gm)
160	RIGLUT	Num	8	BEST12.	BEST32.	Diet - glutamic acid (gm)
161	RIGLYC	Num	8	BEST12.	BEST32.	Diet - glycine (gm)
162	RIPROL	Num	8	BEST12.	BEST32.	Diet - proline (gm)
163	RISERI	Num	8	BEST12.	BEST32.	Diet - serine (gm)
164	RIASPT	Num	8	BEST12.	BEST32.	Diet - aspartame (mg)
165	RISACC	Num	8	BEST12.	BEST32.	Diet - saccharin (mg)
166	RICAF	Num	8	BEST12.	BEST32.	Diet - caffeine (mg)
167	RIPHYT	Num	8	BEST12.	BEST32.	Diet - phytic acid (mg)
168	RIOXAL	Num	8	BEST12.	BEST32.	Diet - oxalic acid (mg)
169	RIMH3	Num	8	BEST12.	BEST32.	Diet - 3-methylhistidine (mg)
170	RIASH	Num	8	BEST12.	BEST32.	Diet - ash (gm)
171	RIW	Num	8	BEST12.	BEST32.	Diet - water (gm)
172	RIPCTFAT	Num	8	BEST12.	BEST32.	Diet - % calories from fat (%)
173	RIPCTCHO	Num	8	BEST12.	BEST32.	Diet - % calories from carbohydrate (%)
174	RIPCTPRO	Num	8	BEST12.	BEST32.	Diet - % calories from protein (%)
175	RIPCTALC	Num	8	BEST12.	BEST32.	Diet - % calories from alcohol (%)
176	RIPCTSFA	Num	8	BEST12.	BEST32.	Diet - % calories from SFA (%)
177	RIPCTMFA	Num	8	BEST12.	BEST32.	Diet - % calories from MUFA (%)
178	RIPCTPFA	Num	8	BEST12.	BEST32.	Diet - % calories from PUFA (%)
179	RIPS	Num	8	BEST12.	BEST32.	Diet - polyunsaturated to saturated fat ratio
180	RICSI	Num	8	BEST12.	BEST32.	Diet - cholesterol to saturated fatty acid index
181	RIVARE	Num	8	BEST12.	BEST32.	Diet - total vitamin A activity [retinol equivalents] (mcg)
182	RIF181T	Num	8	BEST12.	BEST32.	Diet - TRANS 18:1 [trans-octadecenoic acid] (gm)
183	RIF182T	Num	8	BEST12.	BEST32.	Diet - TRANS 18:2 [trans-octadecadienoic acid] (gm)
184	RIF161T	Num	8	BEST12.	BEST32.	Diet - TRANS 16:1 [trans-hexadecenoic acid] (gm)
185	RITTFA	Num	8	BEST12.	BEST32.	Diet - total trans-fatty acids [TRANS] (gm)
186	RIBCAR	Num	8	BEST12.	BEST32.	Diet - beta-carotene [provitamin A carotenoid] (mcg)

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187	RIACAR	Num	8	BEST12.	BEST32.	Diet - alpha-carotene [provitamin A carotenoid] (mcg)
188	RIBCRY	Num	8	BEST12.	BEST32.	Diet - beta-cryptoxanthin [provitamin A carotenoid] (mcg)
189	RILZ	Num	8	BEST12.	BEST32.	Diet - lutein + zeaxanthin (mcg)
190	RILYCO	Num	8	BEST12.	BEST32.	Diet - lycopene (mcg)
191	RIDFE	Num	8	BEST12.	BEST32.	Diet - dietary folate equivalents (mcg)
192	RINFOL	Num	8	BEST12.	BEST32.	Diet - natural folate (mcg)
193	RISFOL	Num	8	BEST12.	BEST32.	Diet - synthetic folate (mcg)
194	RIVARAE	Num	8	BEST12.	BEST32.	Diet - total vitamin A activity [retinol activity equivalents] (mcg)
195	RIKJ	Num	8	BEST12.	BEST32.	Diet - energy in kilojoules (kj)
196	RINIAEQ	Num	8	BEST12.	BEST32.	Diet - niacin equivalents (mg)
197	RITSUGAR	Num	8	BEST12.	BEST32.	Diet - total sugars (g)
198	RIOMEGA3	Num	8	BEST12.	BEST32.	Diet - omega-2 fatty acids (g)
199	RIMN	Num	8	BEST12.	BEST32.	Diet - manganese (mg)
200	RIVITE	Num	8	BEST12.	BEST32.	Diet - vitamin E (IU)
201	RINATATOC	Num	8	BEST12.	BEST32.	Diet - natural alpha-tocopherol (mg)
202	RISYNATOC	Num	8	BEST12.	BEST32.	Diet - synthetic alpha-tocopherol (mg)
203	RID Aid	Num	8	BEST12.	BEST32.	Diet - daidzein (mg)
204	RIGENI	Num	8	BEST12.	BEST32.	Diet - genistein (mg)
205	RIGLYT	Num	8	BEST12.	BEST32.	Diet - glycitein (mg)
206	RICOUM	Num	8	BEST12.	BEST32.	Diet - coumestrol (mg)
207	RIBIOA	Num	8	BEST12.	BEST32.	Diet - biochanin A (mg)
208	RIFORMON	Num	8	BEST12.	BEST32.	Diet - formononetin (mg)
209	RIASUGAR	Num	8	BEST12.	BEST32.	Diet - added sugars (gm)
210	RIACESK	Num	8	BEST12.	BEST32.	Diet - acesulfame potassium (mg)
211	RISUCL	Num	8	BEST12.	BEST32.	Diet - sucralose (mg)
212	RIACHO	Num	8	BEST12.	BEST32.	Diet - available carbohydrate (gm)
213	RIGIG	Num	8	BEST12.	BEST32.	Diet - glycemic index (glucose reference)
214	RIGIB	Num	8	BEST12.	BEST32.	Diet - glycemic index (bread reference)
215	RIGLG	Num	8	BEST12.	BEST32.	Diet - glycemic load (glucose reference)
216	RIGLB	Num	8	BEST12.	BEST32.	Diet - glycemic load (bread reference)
217	RICHOLINE	Num	8	BEST12.	BEST32.	Diet - choline (mg)
218	RIBETAINE	Num	8	BEST12.	BEST32.	Diet - betaine (mg)
219	RIINOS	Num	8	BEST12.	BEST32.	Diet - inositol (gm)
220	RIMANI	Num	8	BEST12.	BEST32.	Diet - mannitol (gm)
221	RIPINI	Num	8	BEST12.	BEST32.	Diet - pinitol (gm)
222	RISORB	Num	8	BEST12.	BEST32.	Diet - sorbitol (gm)
223	RIXYLI	Num	8	BEST12.	BEST32.	Diet - xylitol (gm)
224	RKCAL	Num	8	BEST12.	BEST32.	Suppl - energy (kcal)

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225	RPRO	Num	8	BEST12.	BEST32.	Suppl - total protein (gm)
226	RFAT	Num	8	BEST12.	BEST32.	Suppl - total fat (gm)
227	RTCHO	Num	8	BEST12.	BEST32.	Suppl - total carbohydrate (gm)
228	RSFA	Num	8	BEST12.	BEST32.	Suppl - total saturated fatty acids (gm)
229	RMFA	Num	8	BEST12.	BEST32.	Suppl - total monounsaturated fatty acids (gm)
230	RPFA	Num	8	BEST12.	BEST32.	Suppl - total polyunsaturated fatty acids (gm)
231	ROMEGA3	Num	8	BEST12.	BEST32.	Suppl - omega-3 fatty acids (mg)
232	RCHOL	Num	8	BEST12.	BEST32.	Suppl - cholesterol (mg)
233	RM18_1	Num	8	BEST12.	BEST32.	Suppl MUFA 18:1 [oleic acid] (gm)
234	RP18_2	Num	8	BEST12.	BEST32.	Suppl PUFA 18:2 [linoleic acid] (gm)
235	RP18_3	Num	8	BEST12.	BEST32.	Suppl PUFA 18:3 [linolenic acid] (gm)
236	RP20_5	Num	8	BEST12.	BEST32.	Suppl PUFA 20:5 [eicosapentaenoic acid, EPA] (gm)
237	RP22_6	Num	8	BEST12.	BEST32.	Suppl PUFA 22:6 [docosahexaenoic acid, DHA] (gm)
238	RVA	Num	8	BEST12.	BEST32.	Suppl - total vitamin A activity (IU)
239	RVD	Num	8	BEST12.	BEST32.	Suppl - vitamin D [calciferol] (mcg)
240	RVITEIU	Num	8	BEST12.	BEST32.	Suppl - vitamin E [total alpha-tocopherol] (IU)
241	RSATC	Num	8	BEST12.	BEST32.	Suppl - synthetic alpha-tocopherol (mg)
242	RGTC	Num	8	BEST12.	BEST32.	Suppl - gamma-tocopherol (mg)
243	RVK	Num	8	BEST12.	BEST32.	Suppl - vitamin K [phylloquinone] (mcg)
244	RVC	Num	8	BEST12.	BEST32.	Suppl - vitamin C [ascorbic acid] (mg)
245	RTHI	Num	8	BEST12.	BEST32.	Suppl - thiamin [vitamin B1] (mg)
246	RRIB	Num	8	BEST12.	BEST32.	Suppl - riboflavin [vitamin B2] (mg)
247	RNIA	Num	8	BEST12.	BEST32.	Suppl - niacin [vitamin B3] (mg)
248	RPANT	Num	8	BEST12.	BEST32.	Suppl - pantothenic acid (mg)
249	RVB6	Num	8	BEST12.	BEST32.	Suppl - vitamin B6 (mg)
250	RSFOL	Num	8	BEST12.	BEST32.	Suppl - synthetic folate (mcg)
251	RVB12	Num	8	BEST12.	BEST32.	Suppl - vitamin B12 (mcg)
252	RBIOTIN	Num	8	BEST12.	BEST32.	Suppl - biotin (mcg)
253	RACAR	Num	8	BEST12.	BEST32.	Suppl - alpha-carotene (mcg)
254	RLZ	Num	8	BEST12.	BEST32.	Suppl - lutein + zeaxanthin (mcg)
255	RLYCO	Num	8	BEST12.	BEST32.	Suppl - lycopene(mcg)
256	RZEA	Num	8	BEST12.	BEST32.	Suppl - zeaxanthin (mcg)
257	RB	Num	8	BEST12.	BEST32.	Suppl - boron (mcg)
258	RCA	Num	8	BEST12.	BEST32.	Suppl - calcium (mg)
259	RCR	Num	8	BEST12.	BEST32.	Suppl - chromium (mcg)
260	RCU	Num	8	BEST12.	BEST32.	Suppl - copper (mg)
261	RI	Num	8	BEST12.	BEST32.	Suppl - iodine (mcg)
262	RFE	Num	8	BEST12.	BEST32.	Suppl - iron (mg)
263	RMG	Num	8	BEST12.	BEST32.	Suppl - magnisium (mg)

Num	Variable	Type	Len	Format	Informat	Label
264	RMN	Num	8	BEST12.	BEST32.	Suppl - manganese (mg)
265	RMO	Num	8	BEST12.	BEST32.	Suppl - molybdenum (mg)
266	RNI	Num	8	BEST12.	BEST32.	Suppl - nickel (mcg)
267	RP	Num	8	BEST12.	BEST32.	Suppl - phosphorous (mg)
268	RK	Num	8	BEST12.	BEST32.	Suppl - potassium (mg)
269	RSE	Num	8	BEST12.	BEST32.	Suppl - selenium (mcg)
270	RSI	Num	8	BEST12.	BEST32.	Suppl - silicon (mg)
271	RNA	Num	8	BEST12.	BEST32.	Suppl - sodium (mg)
272	RV	Num	8	BEST12.	BEST32.	Suppl - vanadium (mcg)
273	RZN	Num	8	BEST12.	BEST32.	Suppl - zinc (mg)
274	RTRYP	Num	8	BEST12.	BEST32.	Suppl - tryptophan (gm)
275	RTHRE	Num	8	BEST12.	BEST32.	Suppl - threonine (gm)
276	RISOL	Num	8	BEST12.	BEST32.	Suppl - isoleucine (gm)
277	RLEUC	Num	8	BEST12.	BEST32.	Suppl - leucine (gm)
278	RLYSI	Num	8	BEST12.	BEST32.	Suppl - lysine (gm)
279	RMETH	Num	8	BEST12.	BEST32.	Suppl - methionine (gm)
280	RCYST	Num	8	BEST12.	BEST32.	Suppl - cystine (gm)
281	RPHEN	Num	8	BEST12.	BEST32.	Suppl - phenylalanine (gm)
282	RTYRO	Num	8	BEST12.	BEST32.	Suppl - tyrosine (gm)
283	RVALI	Num	8	BEST12.	BEST32.	Suppl - valine (gm)
284	RARGI	Num	8	BEST12.	BEST32.	Suppl - arginine (gm)
285	RHIST	Num	8	BEST12.	BEST32.	Suppl - histidine (gm)
286	RALAN	Num	8	BEST12.	BEST32.	Suppl - alanine (gm)
287	RASPA	Num	8	BEST12.	BEST32.	Suppl - aspartic acid (gm)
288	RGLUT	Num	8	BEST12.	BEST32.	Suppl - glutamic acid (gm)
289	RGLYC	Num	8	BEST12.	BEST32.	Suppl - glycine (gm)
290	RPROL	Num	8	BEST12.	BEST32.	Suppl - proline (gm)
291	RSERI	Num	8	BEST12.	BEST32.	Suppl - serine (gm)
292	RDFIB	Num	8	BEST12.	BEST32.	Suppl - total dietary fiber (gm)
293	RWSDF	Num	8	BEST12.	BEST32.	Suppl - soluble dietary fiber(gm)
294	RBETAINE	Num	8	BEST12.	BEST32.	Suppl - betaine (mg)
295	RCHOLINE	Num	8	BEST12.	BEST32.	Suppl - choline (mg)
296	RCAFF	Num	8	BEST12.	BEST32.	Suppl - caffeine (mg)
297	RINOS	Num	8	BEST12.	BEST32.	Suppl - inositol (mcg)
298	NEWID	Num	8			Public ID